

RESEARCH PLAYBOOK BOOKS & COMPILATIONS



[www.americanfootballcentral.com](http://www.americanfootballcentral.com)

Company Profile:

**Formed in 2004 by football coaches for football coaches, American Football Central has quickly and firmly established itself as the one-stop source for great products and resources at discount prices.**

**Welcome to AMERICAN FOOTBALL CENTRAL, one of the world's largest distributor's of sport coaching and instruction books and videos.**

**AMERICAN FOOTBALL CENTRAL offers exceptional product lines and services:**

- 1. Instructional books & "Hands-on" teaching videos & DVDs**
- 2. Football Historical Game Film - Offense and Defense - on VHS & DVD**
- 3. Football Playbook Research Books and Compilations - on CD-ROM**
- 4. "In their own words" clinic lecture videos featuring edited presentations by some of the best known coaches in their sport - on VHS and DVD.**
- 5. The Web's most user-friendly and efficient trading platform.**
- 6. All the things a football coach requires and all contained at one site - from game jerseys to field equipment, weight room equipment, whistles, hats, and sunglasses - we want to be your one-stop home for all your needs!**

**ALL OF THIS AND GREAT PRICES, TOO!**

**Be sure to bookmark our site and come back often to see what's new.**

# **RESEARCH PLAYBOOK**

**00 RAMS  
MARTZ  
OFFENSE**



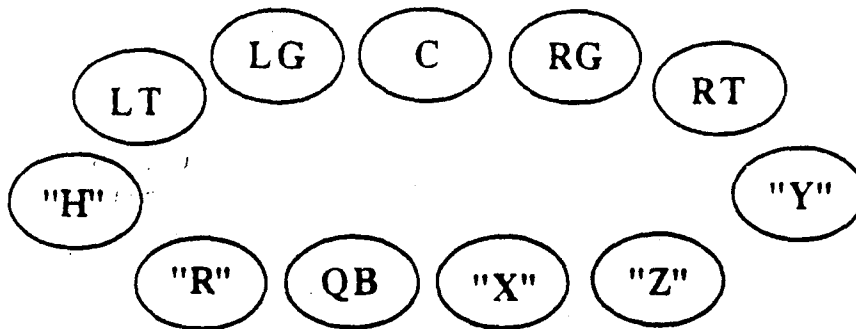
# ST. LOUIS RAMS

## OFFENSE



## V. GENERAL OFFENSE

### A. HUDDLE



#### 1. ALIGNMENT

- Front 5** -- Center and guards back parallel to L.O.S. Tackles turned in at approximate 45-degree angle! Good squared up position -- eyes on QB!
- Backline** -- Align in corresponding gaps created by the Front 5 -- good squared up position!
- Y and H** -- Close out huddle facing each other -- hands on knees -- good squared up position -- eyes on QB!

#### 2. PROCEDURE

- Center** -- Set huddle -- 7 yards deep directly behind the football!
- Quarterback** -- steps into the huddle and calls the formation -- movement, if any -- play and starting count!

#### 3. POINTS OF EMPHASIS: A clock located in each end zone and in full view of the players **will be** started on the referee's signal prior to each play designating 25/40 second **clock**!

- QB must constantly be aware of the amount of time remaining on the 25/40 second clock!
- Huddle discipline is of importance as this is where every successful play begins.
- Get in and out of the huddle as quickly as possible as we only have 25/40 seconds between each play.

## B. Method of Calling the Play and Starting Counts

### 1. NORMAL METHOD

a. QB will call the play in the following manner:

- 1) Deployment -- if any!
- 2) Formation and direction
- 3) Movement -- if any!
- 4) The play
- 5) The starting count

b. Example of Huddle Call:

- 1) Trips right
- 2) Whiz
- 3) 24 Belly
- 4) On Two; ( X & Z leave huddle), QB repeats cadence
- 5) Ready, Break

## C. Starting Count/Cadence

**Note:** Linemen will break huddle and get in a 3-point stance unless QB calls **up**; signifying that the play will start with the line in an up position.

### 1. SNAP COUNT

- a. Set - Go
- b. Color Number, Color Number
- c. Hut, Hut, Hut, Hut

### 2. CADENCE POSSIBILITIES

- a. Set -- 1st sound or sound up (line up).
- b. Go -- on Go or Go up (line up).
- c. Blue -- Color or Color up (line up).
- d. Hut -- on one (Rhythmical).
- e. Hut, **Hut** -- on two (Rhythmical).
- f. Hut, "**Hut**", Hut -- on three (Hard count, non-rhythmical).
- g. Hut, Hut, "**Hut**", Hut -- on four (Hard count, non-rhythmical).

### 3. SIMPLE CADENCE ON TWO

- a. Set - Go
- b. Blue 48, Blue 48
- c. Hut, Hut

#### 4. DOUBLE CADENCE

- a. Double count will be called in the huddle. Brown will be the double color.
  1. Double Count can be used to draw the defense offsides.
  2. It can also be used in our movement game to disguise a shift.
  3. Opportunity for QB to define defense.
- b. After the double cadence is called in the huddle, the QB will go through the entire cadence using the color and hard count. The QB starts the real count by using the colors again.
- c. Ball will always be snapped on two.

Example of a double cadence:

Set Go  
Brown 48, Brown 48  
Hut, "Hut", Hut  
Blue 30, Blue 30  
Hut, Hut

#### 5. CHECK SYSTEM

- a. Check With Me (CWM)

Grouping of two or more plays in order to attack the defense in its most vulnerable area. The plays will be given in the huddle as a check with me and the play to be run will be given at the L.O.S.

- 1) When using check with me, the snap count will always be on two.
- 2) The live play will be called after the color or number. It will be repeated twice.
- 3) Huddle procedure when using check with me

- a) Two Runs:

- (1) Huddle call: I Right Slot  
Check with me 22 Delta/25 Bob  
On two

**Example #1** QB LOS "Set Go" Green 30 (to RT) Green 30  
"Hut, Hut" (cadence will be on two)

Green tells direction of play, if QB wanted to go left he would have called :  
Yellow (any digit), Yellow (any digit)  
Hut, Hut

We could also use other codes to determine Lt or Rt (even-odd, even number & odd number).

Double cadence can be used in this situation.

g. Firm Call -- Ex: (Firm 28 Outside on two)

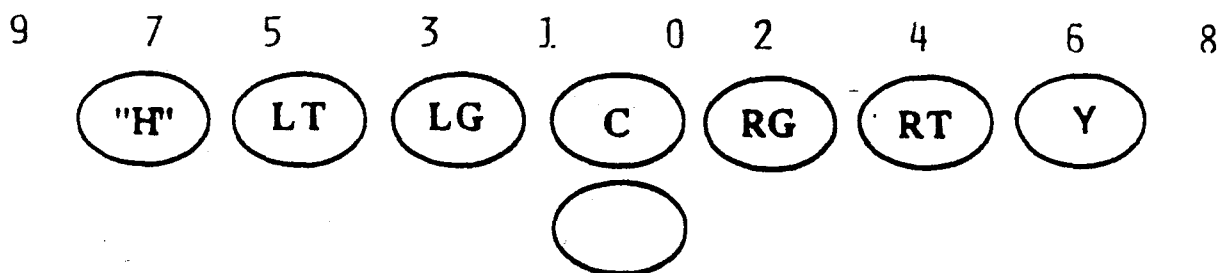
- 1) **Want** to use live color and act like we are checking
- 2) **Once** count starts all colors are dead
- 3) Use hold, holdd if check is necessary.

h. Stay Call -- Stay 26 Power on two

- 1) QB cannot check out of play.

## D. Hole Numbering System

We will number our holes according to the points of attack with **EVEN** numbers going to the **RIGHT** and **ODD** numbers going to the **LEFT**. The placement of backs or the spreading of Wide Receivers will have no effect on the points of attack.



1. A play hitting wide to the right will be an 8 hole play; over the butt of the **Tight End** will be a 6 hole play; over the **Right Tackle** will be a 4 hole play; and over the **Right Guard** will be a 2 hole play. **Odd Numbers** are always on the **left side** -- they are exactly the same as discussed above for the right side!
2. 01 - which is the 0 and 1 holes are directly over the center box!
3. We will **have** a variety of different blocking schemes and backfield actions for attacking each **hole**. Each play will have a descriptive word added to designate the backfield action.
4. We **will not** flip-flop our interior offensive line. However, other personnel such as Y, H, R, X, and Z will align according to formation call and movement!

## E. NUMBERING OF BACKS

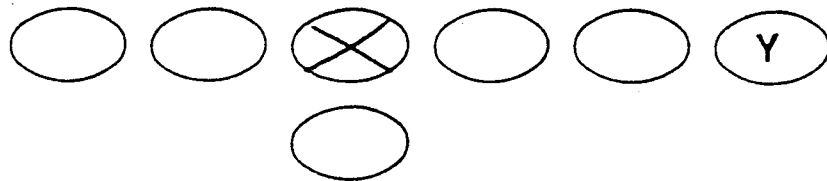
QB is #1

R is #2 regardless of set

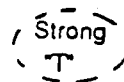
H is #3 regardless of set

## E. Splits and Alignment: (Line up)

### Basic I-Back Set



5 yds.



7 yds.

In order for our offense to be successful, there are certain "Little Things" that must be adhered to by our offensive football team.

1. Must have a perfect **LINE-UP!** (Alignment)
2. Take proper **SPLITS** -- STRETCH OUR OPPONENTS DEFENSES!

This will take concentration on each individual's part and a lot of "pride" in doing things the **right** way!

#### 1. LINE UP: (ALIGNMENT)

##### a. Offensive Line

- 1) The Front Six (Center-Guards-Tackles-Tight End) will take their stance immediately upon reaching the L.O.S.
- 2) **Guards** will be responsible for setting the line-up of the Front Six.

##### b. "R" Alignments

Line up directly behind the QB with your feet 7 yards from the back tip of the ball. This is referred to as the "Q" position. Certain plays will require you to align in a "A/T" position. The "A/T" position -- whether **weak** or **strong** -- is splitting the inside leg of the offensive tackle -- depth may vary according to play, but basically will be 5 yards from the back tip of the ball.

b. "Alert" -- allows the QB to call a pass and a run in the huddle with the final decision being made at the L.O.S.

1) Huddle call

Flex Right Alert 28 Outside on two (Blue 4 is automatic pass)

2) L.O.S. call

Set-Go Blue 4, Blue 4

S-Lug 484 is the play

c. Audibles

Are used to get the offense out of a bad play or to put the offense into a good play. We will use live colors to check out of a play:

1) Numbers are preceded by a live color

2) Live color is Purple

3) All audibles are on two

4) The live word indicates Blitz and can relate to protection.

d. Hold, Holdd, Holddd

If a quick count is being used Set, Go, or Color and the QB wants to check a play he uses the word hold, Holddd. He should say the word slow and draw it out so as not to draw the offense offsides. The count will automatically go to two and QB can change the play.

e. Zero, Zero, Zero

The QB can use these words at any time within the count. To indicate that the defense has left an eligible receiver open. The snap count will simply be "set go" following this command.

f. Mayday, Mayday

The QB can use this command if he is running short of time and he has a shift or a motion to take place. Mayday-Mayday tells the shifting or motioning players to line up in position they were going to move. The snap count will automatically convert to **set-go**.

## Disguising Our Audible System

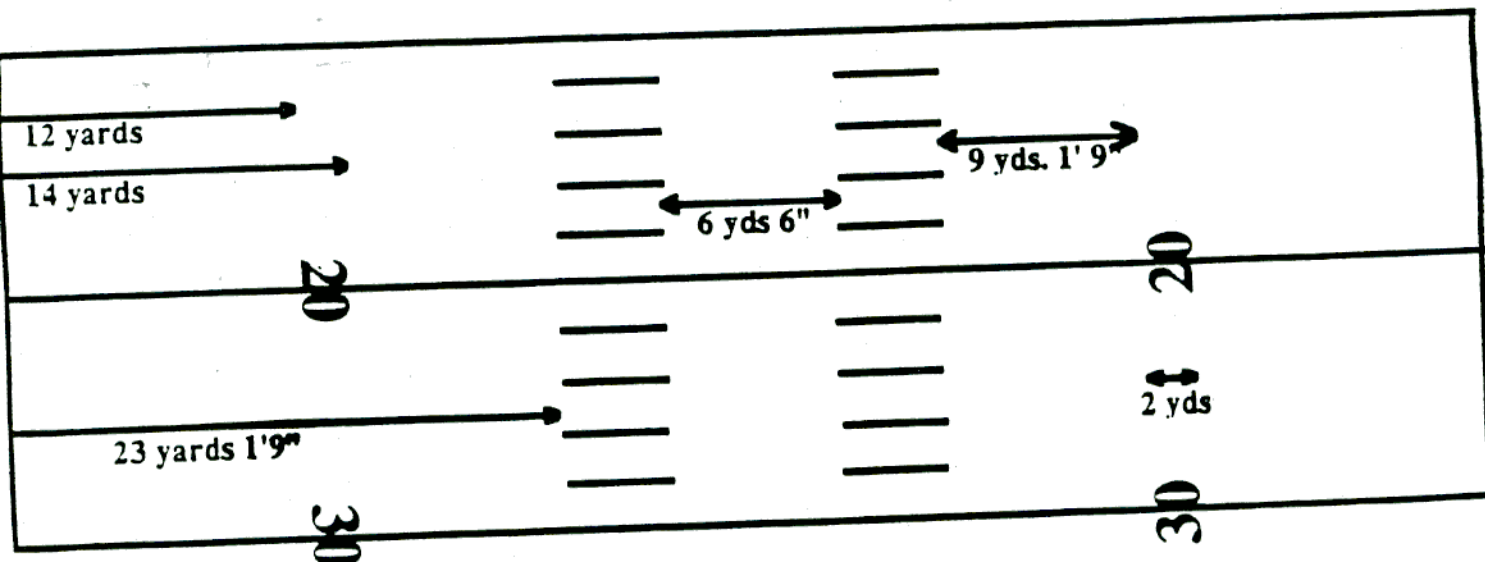
### Example #2:

To keep the defense honest with regards to our audible system, we will employ a dummy audible system. By utilizing the word **Firm**, which means that the play called in the huddle is the play that we will run, and the audible at the LOS will just be a Dummy audible and therefore, disregard it.

## Field Dimensions

*It is important for all players to know the exact size of the field. We must have a constant awareness of where we are on the field -- and where we are going -- at all times.*

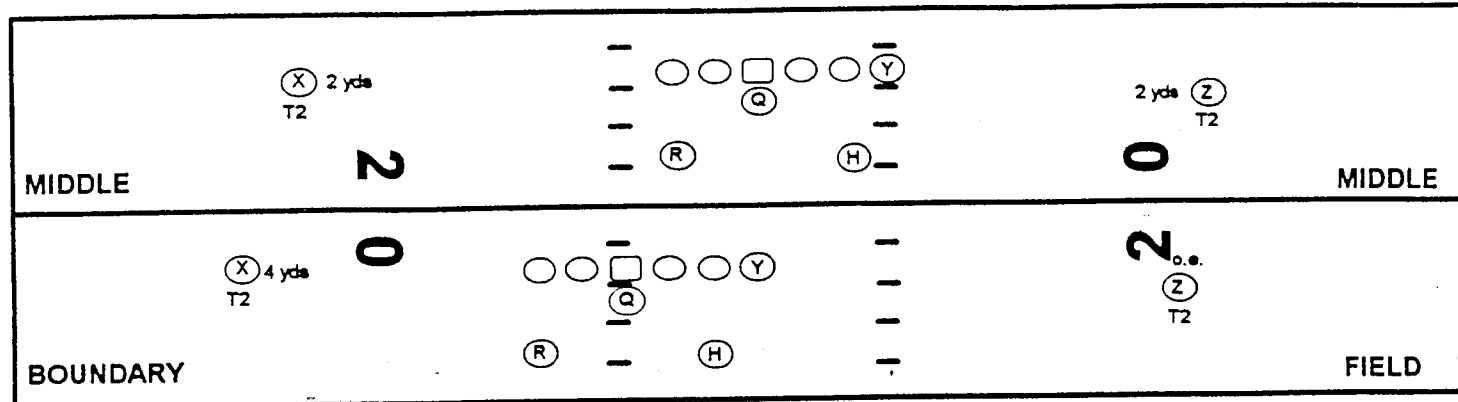
1. The field is  $53 \frac{1}{3}$  yards wide.
2. The bottom of the numbers start 12 yards in from the sideline and are two yards tall.
3. The distance from the top of the numbers to the hash marks is 9 yards, 1 foot, 9 inches. The distance from the sideline to the hash marks is 23 yards, 1 foot, 9 inches.
4. The distance between the hash marks is 6 yards, 6 inches. (The distance equals the width of the uprights of the goal post.)





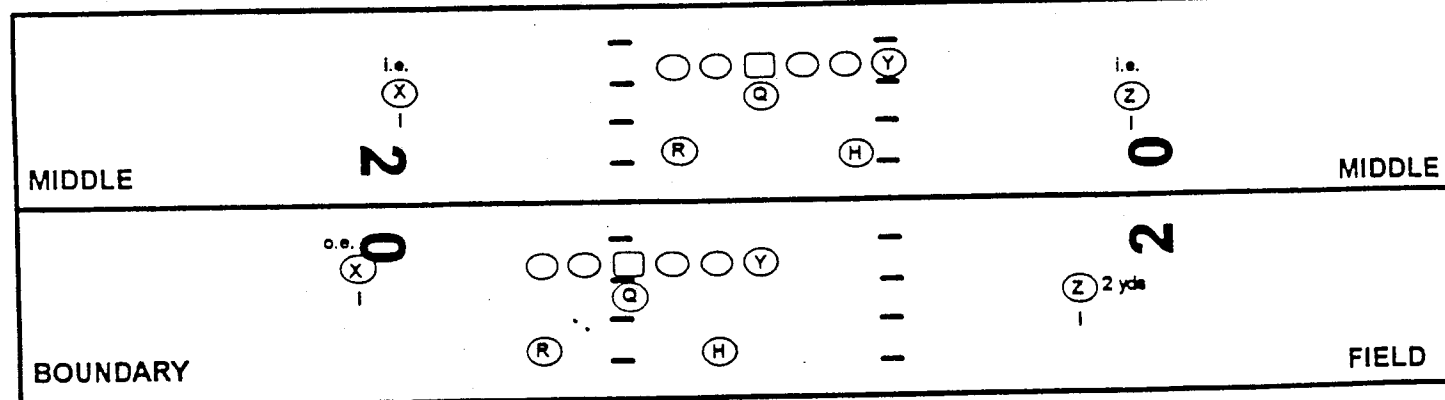
# C. TIGHT 2 ALIGNMENT (2 yards tighter than Base)

| ALIGNMENT | BALL PLACEMENT               |                         |                            |
|-----------|------------------------------|-------------------------|----------------------------|
|           | MIDDLE                       | FIELD                   | BOUNDARY                   |
| Tight 2   | 2 yards outside of the #'s   | outside edge of the #'s | 4 yards outside of the #'s |
| Routes    | 4, Deep 8, Quick 9 (Fade), 9 |                         |                            |



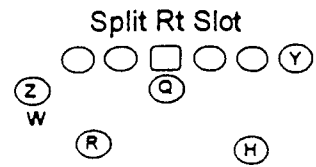
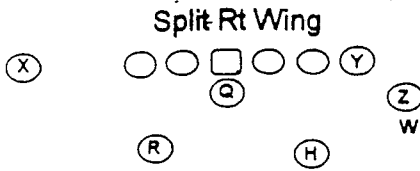
# D. INSIDE ALIGNMENT

| ALIGNMENT | BALL PLACEMENT         |                        |                         |
|-----------|------------------------|------------------------|-------------------------|
|           | MIDDLE                 | FIELD                  | BOUNDARY                |
| Inside    | inside edge of the #'s | 2 yards inside the #'s | outside edge of the #'s |
| Routes    | Quick 3, 3, 7, 8       |                        |                         |

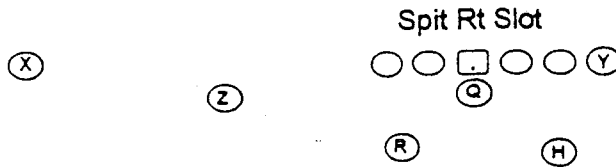


2. ALIGNMENTS IN RELATIONSHIP TO FORMATION.

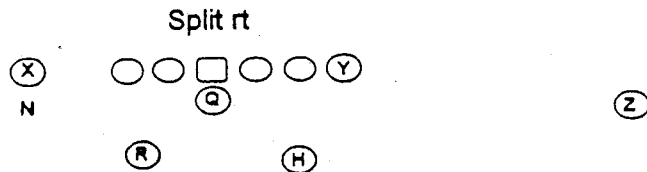
A. WING - one yard outside of the Y or WOT and off the LOS.



B. SLOT - splitting the difference between the X and the WOT in the Slot Formations.

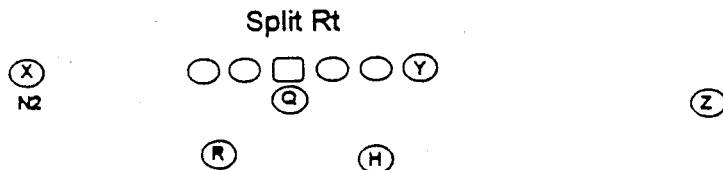


C. NASTY - a tight 5 yard split from the end man on the line of scrimmage.



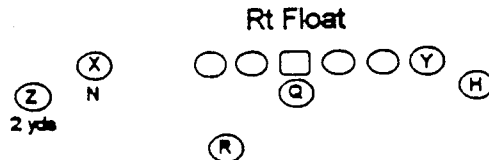
Routes: Scram 6, Scram 7, Scram 51

D. NASTY 2 - 2 yards wider than a Nasty.



Routes: 0, 2, the Hitch in Rok/Lug 844

E. FLOAT - a Nasty for X and a tight 2 yard split outside the X and off the ball for Z.



3. ALIGNMENT IN RELATIONSHIP TO THE FIELD.

A. MAX - 5 yards inside of the sideline

Routes: the 9s in Scat Double Pump



## CADENCE AND "CHECK WITH ME" SYSTEM

We are basically a non-rhythmic cadence team. Our cadence is broken into three (3) parts: 1.) SET COMMAND, 2.) AUDIBLE, COLOR and NUMBER, 3.) SNAP COUNT. An example of a full cadence at the line of scrimmage would be as follows: "SET - BLUE 80 - BLUE 80 - HUT-HUT-HUT".

1. Our offensive line will take a three-point stance immediately as they reach the line of scrimmage. The set command is a preparatory alerting command to initiate the cadence sequence.

2. We will have the ability to snap the ball on the following counts:

- |                  |  |
|------------------|--|
| A. First Sound   | -GO  |
| B. Second Sound  | -SET, HUT                                      |
| C. On One        | -SET, BLUE 80, BLUE 80, HUT                    |
| D. On Two (Hard) | -SET, BLUE 80, BLUE 80, HUT-HUT (Hut, Hut)     |
| E. On Hard Three | -SET, BLUE 80, BLUE 80, HUT-HUT, HUT           |
| F. On Hard Four  | -SET, BLUE 80, BLUE 80, HUT-HUT, HUT, HUT      |
| G. On Hard Five  | -SET, BLUE 80, BLUE 80, HUT-HUT, HUT, HUT, HUT |

3. "CHECK WITH ME" - We will have the ability to call two (2) plays in the huddle and select the play we prefer at the line of scrimmage. Example in the huddle the Quarterback calls - "CHECK WITH ME" 80 PRESS OR LIZ 585. At the line of scrimmage, he wants to run 80 PRESS. He calls:

"SET, GREEN 80, GREEN 80, HUT-HUT"

The number 80 designates the run 80 PRESS.

If the Quarterback wanted to run the pass, LIZ 585, he would call:

"SET, GREEN 85, GREEN 85, HUT-HUT"

The number 85 designates the pass, LIZ 585.

All "CHECK WITH ME" plays will be snapped on two.

"READY" is used before "SET" for TE movement. This allows the TE to start on the ball and step off before motion. "READY" will also be used in the cadence with all shifts.

Silent count.

## ALERTS

In the alert system, the play called in the huddle will be accompanied by an unspoken alternate play. The alternate play is checked to by using its play number in the cadence. The snap count will always be on 2. The term ""ALERT"" is used in the huddle call. For example:

### Huddle Call:

"I RT ALERT 20 ISO"

### Cadence:

"SET RED 50, RED 50 HUT, HUT"  
(20 ISO is run)

"SET RED 85, RED 85 HUT, HUT"  
(Act 4 585 is run)

## TYPES OF PERSONNEL

|     |                  |                    |        |        |
|-----|------------------|--------------------|--------|--------|
| 1.  | <u>"REGULAR"</u> | 2 BACKS            | 1 TE   | 2 WR'S |
| 2.  | <u>"2 BACKS"</u> | 2 HB'S             | 1 TE   | 2 WR'S |
| 3.  | <u>"DEUCE"</u>   | 1 BACK             | 2 TE'S | 2 WR'S |
| 4.  | <u>"NICKEL"</u>  | 1 BACK             | 1 TE   | 3 WR'S |
| 5.  | <u>"POSSE"</u>   | 1 BACK (1st dn HB) | 1 TE   | 3 WR'S |
| 6.  | <u>"TRIO"</u>    | 2 BACKS            | 0 TE'S | 3 WR'S |
| 7.  | <u>"QUADS"</u>   | 1 BACK             | 0 TE'S | 4 WR'S |
| 8.  | <u>"TANK"</u>    | 2 BACKS            | 2 TE'S | 1 WR   |
| 9.  | <u>"HEAVY"</u>   | 1 BACK             | 3 TE'S | 1 WR   |
| 10. | <u>"JUMBO"</u>   | 2 BACKS            | 3 TE'S | 0 WR'S |

WR

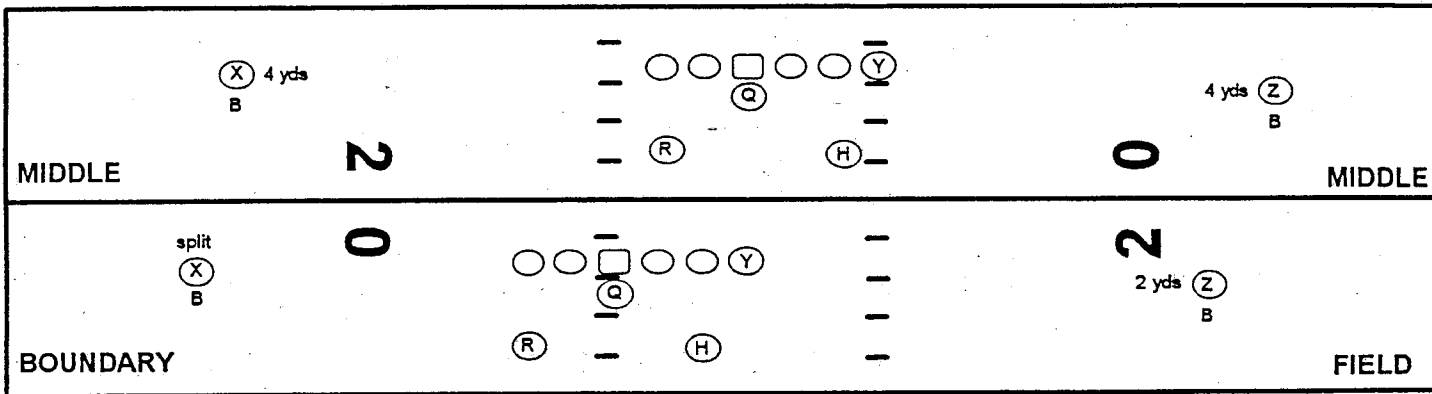
# WIDE RECEIVER ALIGNMENTS

## 1. ALIGNMENTS ACCORDING TO BALL PLACEMENT.

Note: The variance in alignments is 2 yards. This is a result of ball placement. Use the numbers that are painted on the field as a reference. They are 2 yards tall.

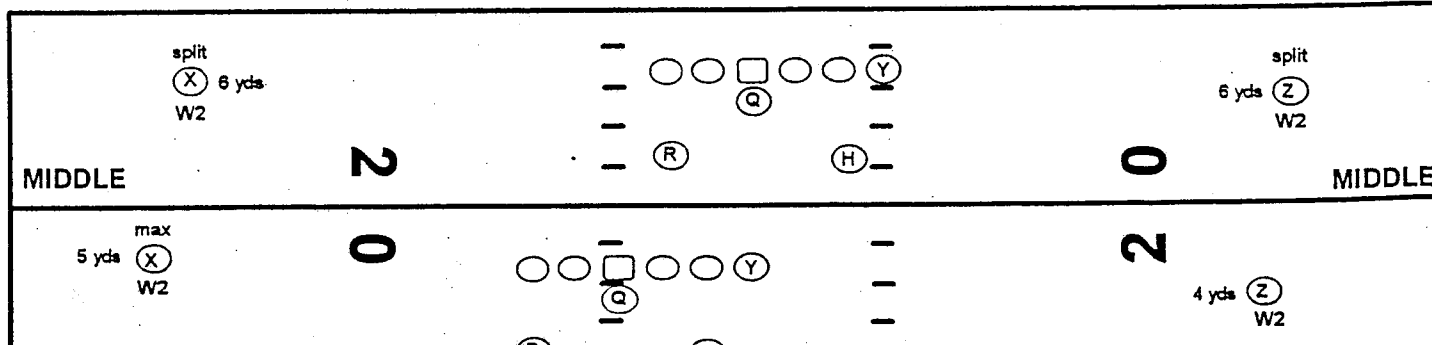
### A. BASE ALIGNMENT

| ALIGNMENT | BALL PLACEMENT   |                         |   |
|-----------|--|-------------------------|---|
|           | MIDDLE   | FIELD                   | BOUNDARY  |
| Base      | 4 yards outside of the #'s   | 2 yards outside the #'s | (6 yards outside the #'s)<br>split the hash and the #'s |
| Routes    | Play Action 4, Speed 4, Slot Quick 4, 5, 6, Quick 8 (Slant), All Slot 8s |                         |   |



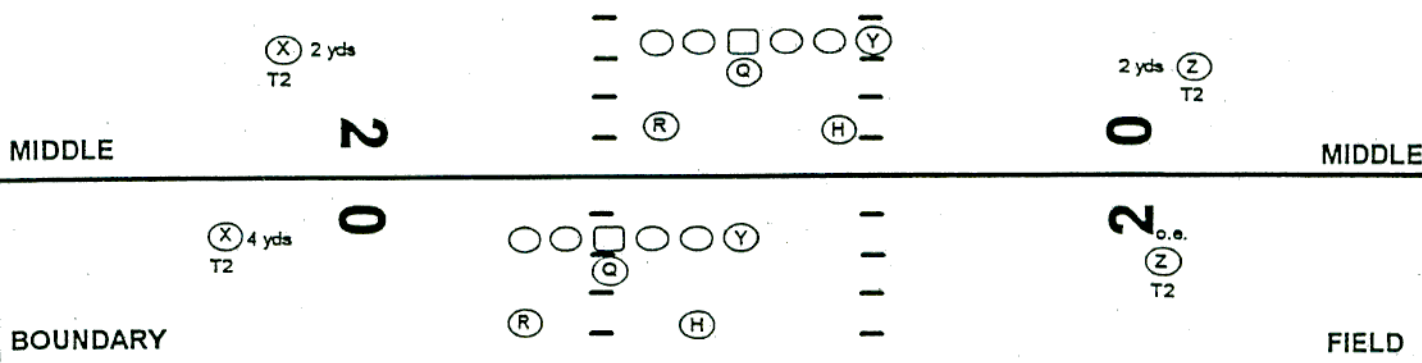
### B. WIDE 2 ALIGNMENT (2 yards wider than Base)

| ALIGNMENT | BALL PLACEMENT                                       |                         |                           |
|-----------|--|-------------------------|---------------------------|
|           | MIDDLE   | FIELD                   | BOUNDARY                  |
| Wide 2    | (6 yds outside of #'s)<br>split the #'s and the hash | 4 yards outside the #'s | Max (5 yds from sideline) |
| Routes    | Quick 4 (Hitch), Scram 4, Pivot 5, Squirrel          |                         |                           |



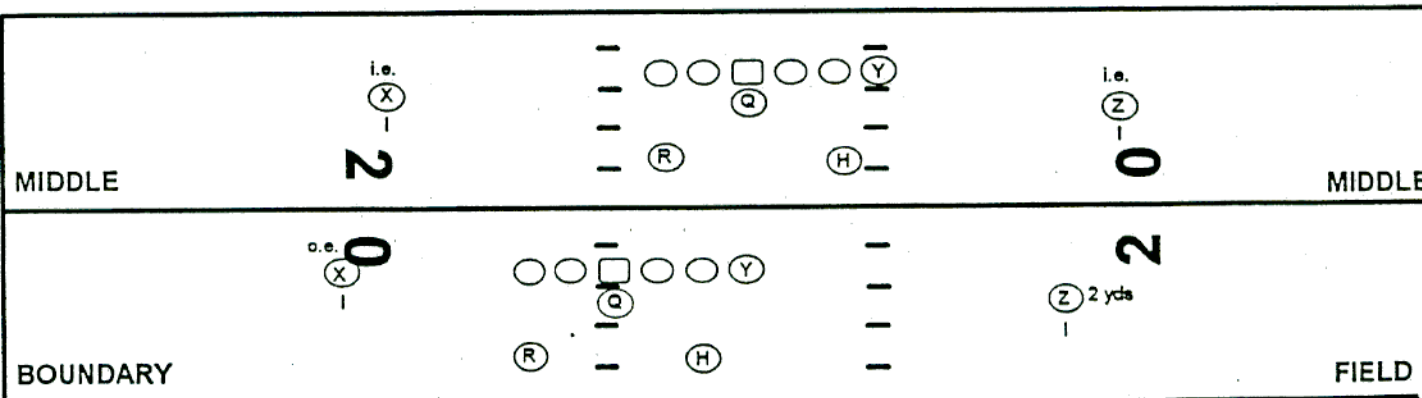
C. TIGHT 2 ALIGNMENT (2 yards tighter than Base)

| ALIGNMENT | BALL PLACEMENT               |                         |                            |
|-----------|------------------------------|-------------------------|----------------------------|
|           | MIDDLE                       | FIELD                   | BOUNDARY                   |
| Tight 2   | 2 yards outside of the #'s   | outside edge of the #'s | 4 yards outside of the #'s |
| Routes    | 4, Deep 8, Quick 9 (Fade), 9 |                         |                            |



D. INSIDE ALIGNMENT

| ALIGNMENT | BALL PLACEMENT         |                        |                         |
|-----------|------------------------|------------------------|-------------------------|
|           | MIDDLE                 | FIELD                  | BOUNDARY                |
| Inside    | inside edge of the #'s | 2 yards inside the #'s | outside edge of the #'s |
| Routes    | Quick 3, 3, 7, 8       |                        |                         |

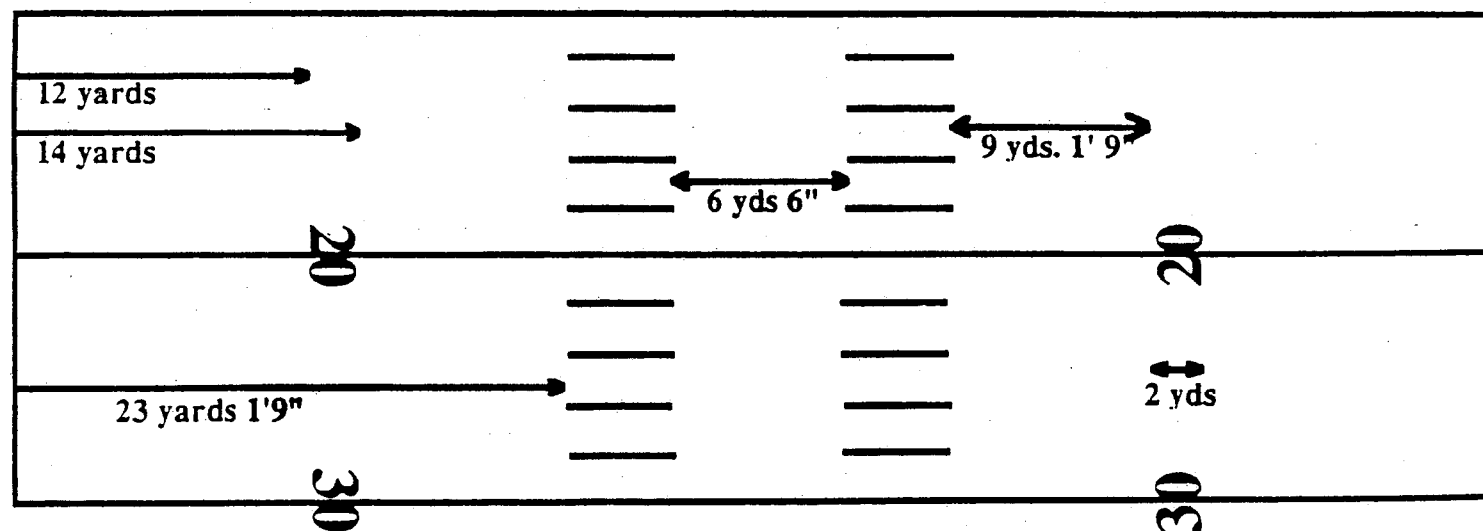




## Field Dimensions

*It is important for all players to know the exact size of the field. We must have a constant awareness of where we are on the field -- and where we are going -- at all times.*

1. *The field is 53  $\frac{1}{3}$  yards wide.*
2. *The bottom of the numbers start 12 yards in from the sideline and are two yards tall.*
3. *The distance from the top of the numbers to the hash marks is 9 yards, 1 foot, 9 inches. The distance from the sideline to the hash marks is 23 yards, 1 foot, 9 inches.*
4. *The distance between the hash marks is 6 yards, 6 inches. (The distance equals the width of the uprights of the goal post.)*

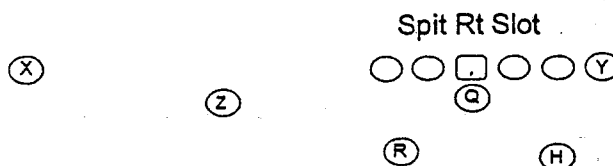


## 2. ALIGNMENTS IN RELATIONSHIP TO FORMATION.

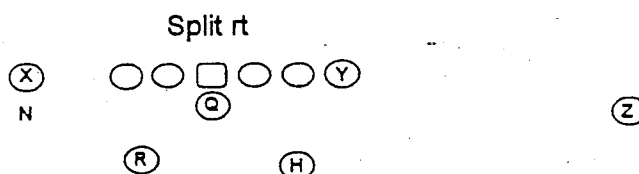
A. WING - one yard outside of the Y or WOT and off the LOS.



B. SLOT - splitting the difference between the X and the WOT in the Slot Formations.

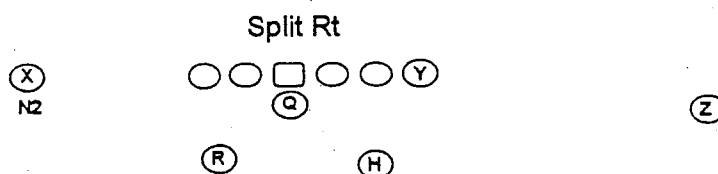


C. NASTY - a tight 5 yard split from the end man on the line of scrimmage.



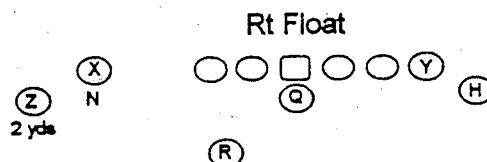
Routes: Scram 6, Scram 7, Scram 51

D. NASTY 2 - 2 yards wider than a Nasty.



Routes: 0, 2, the Hitch in Rok/Lug 844

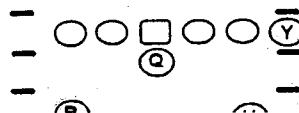
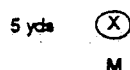
E. FLOAT - a Nasty for X and a tight 2 yard split outside the X and off the ball for Z.



## 3. ALIGNMENT IN RELATIONSHIP TO THE FIELD.

A. MAX - 5 yards inside of the sideline

Routes: the 9s in Scat Double Pump



## WIDE RECEIVER SPLIT RULES – 1999

Split rules for the wide receivers fall into two basic categories:

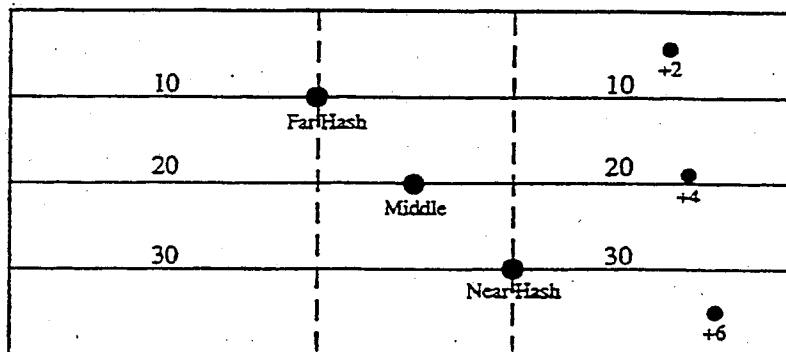
1. Splits that move according to the location of the ball:
  - a. Basic
  - b. Plus (+2)
  - c. Minus (-2)
  - d. Edge
2. Splits that are based on a specified distance from an adjacent offensive player and remain constant regardless of the location of the ball:
  - a. Close
  - b. Zero (Nasty)
  - c. Tight

### Basic Split

Ball on the far hash – align 2 yards outside the numbers

Ball in the middle – align 4 yards outside the numbers

Ball on the near hash – align 6 yards outside the numbers

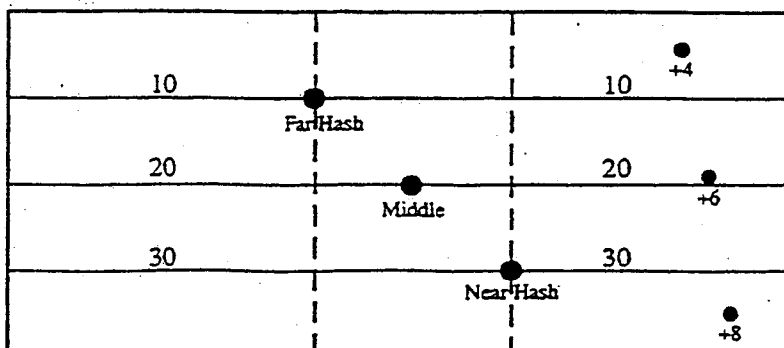


### Plus (+2) Split (align 2 yards wider than basic split)

Ball on the far hash – align 4 yards outside the numbers

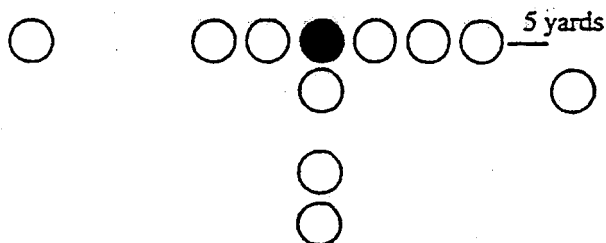
Ball in the middle – align 6 yards outside the numbers

Ball on the near hash – align 8 yards outside the numbers

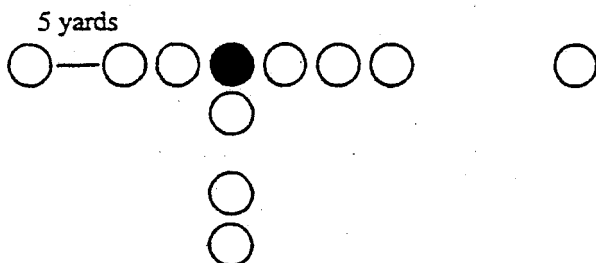


# WR SPLIT RULES con't

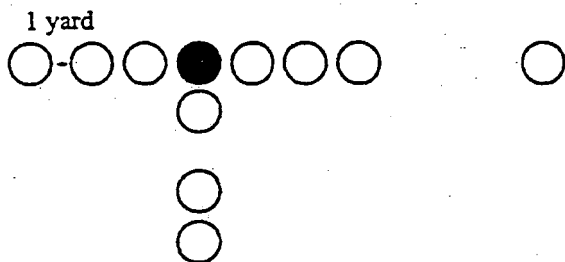
## Close Split (5 yards outside tight end's alignment)



## Zero (Nasty) Split (5 yards outside weak tackle's alignment)



## Tight Split (tight end positions 1 yard outside weak tackle)



BASIC RUN BLOCKING RULES  
FOR WIDE RECEIVERS

SLOT FORMATION RUNS – VARIED SPLITS

1. On all runs the outside receiver on the slot side will block MAN OVER regardless of the hole or the run direction.
2. On all runs the inside receiver on the slot side will block MDM if the run is toward you and convoy if the run is away.
3. On all runs the single side receiver will block MDM if the run is toward you and convoy if the run is away.

\* Some exceptions to the slot rules will occur with special situations, game plan preparation and specific fronts. As with the normal formation runs, they will be handled on an individual basis.

BASIC SCREEN RULES  
FOR WIDE RECEIVERS

1. Run the routes called in conjunction with the screen

Scat 839 HB Leo  
Rip 085 HB Roger  
Ace 940 HB Screen

2. Turn upfield or work crossfield to block the first color that shows.

BASIC REVERSE-AROUND RULES  
FOR WIDE RECEIVERS

1. On all AROUNDS, the QB will hand the ball to the receiver.

Fake Bob Z Around

2. On all REVERSES the ball will be handed to the receiver by someone other than the QB.

Fake Toss X Reverse

start here w/new system  
passing

## PASS CALLING SYSTEM

We will use names to call our protections, and numbers to call our specific routes. With each name, we will give the protection, and the direction of the protection.

Example: Scat Right – The protection is Scat, the side of the line that is scattng is the right side. In some cases, the protection call will include the direction.

Example: Liz – The protection is Liz, the direction is left.

We will use a three digit numbering system to call our passes. Each number designates a receiver's route. We will number from the single receiver side to the two receiver side. The back's routes will be named. The fullback's route will be called first, the halfback's route will follow.

Pass Call example:

Liz  
(Protection)

989  
(Routes)

F Rub  
(FB Route)

Sneak  
(HB Route)

## 2. PATTERN CALL

- A. The odd numbers are outside breaking route while the inside numbers are the opposite. The deeper the route, the deeper the numbers. (See route trees.)
- B. The various route trees that apply to the pattern call are:
- 1) WR Outside Routes
  - 2) WR slot Routes
  - 3) Y Routes
- C. Individual pass routes are grouped into a team pattern by calling all three of the individual numbered routes in sequence. This starts from the weakside of the formation working strong regardless of the formation!

### EXAMPLE:

#### PRO

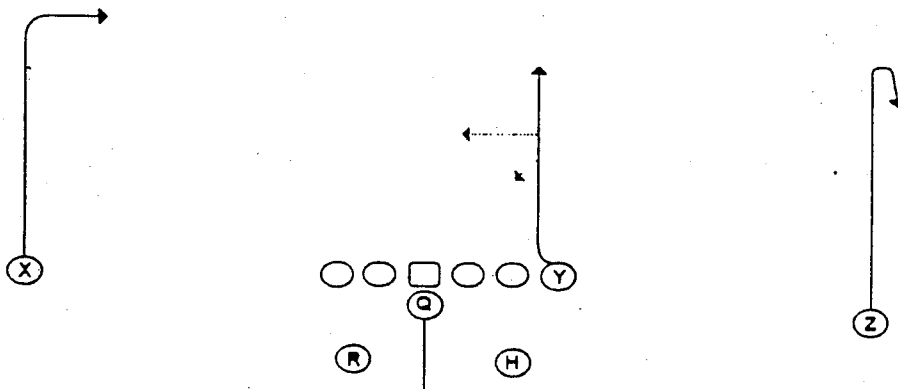
- 1) X = First number called
- 2) Y = Second number called
- 3) Z = Third number called

#### SLOT

- 1) Y = First number called
- 2) Z = Second number called
- 3) X = Third number called

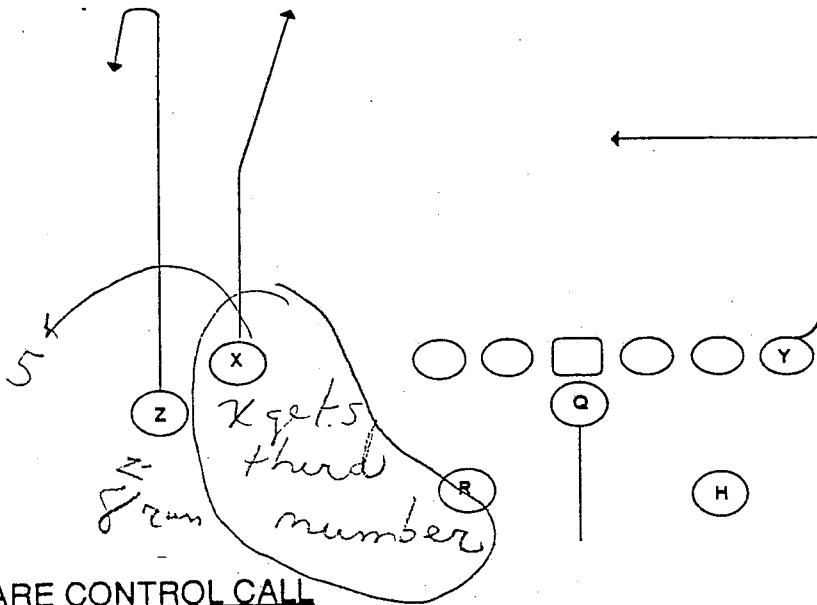
- D. Example of a call is as follows:

Split Rt 685. X would run a 6 route, Y an 8 route and Z a 5 route.



This weak to strongside progression takes place regardless of both the alignment and formation positions of the X, Y, and Z.

EXAMPLE: Float Rt 685



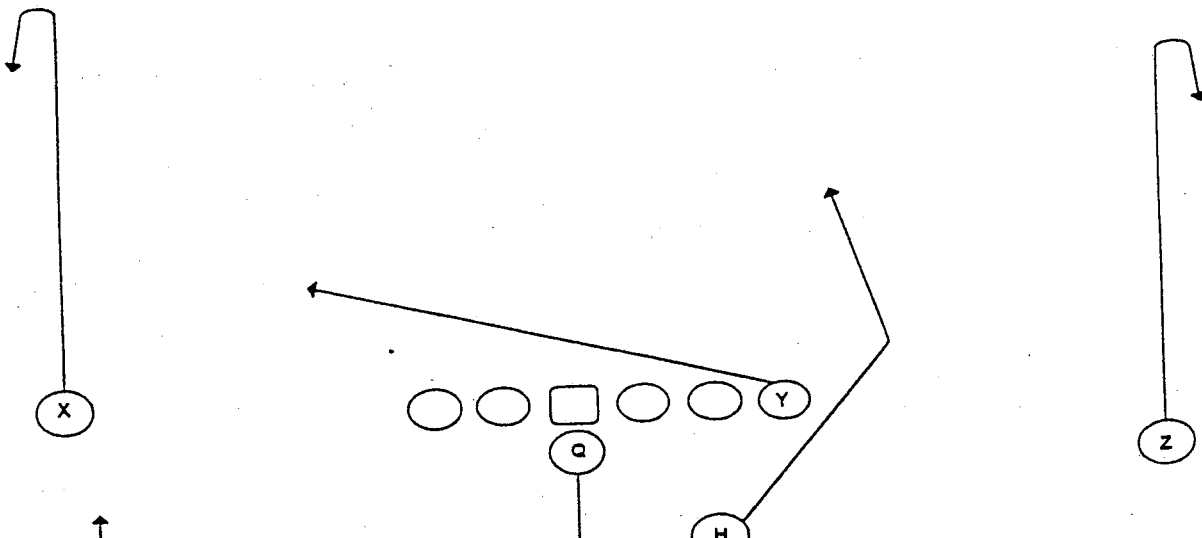
### 3. FLARE CONTROL CALL

- A. This final call indicates what route the H and/or R is to run if the protection call hasn't already done so.
- B. If both H and R are to run the same route, then "Backs" is called, then the route.

EXAMPLE: 444 "Backs" Flat

- C. If H and R's routes differ, H will be described first, then R. H will be indicated, R understood. R also could be first with H understood.

EXAMPLE: 525 H Post/Swing

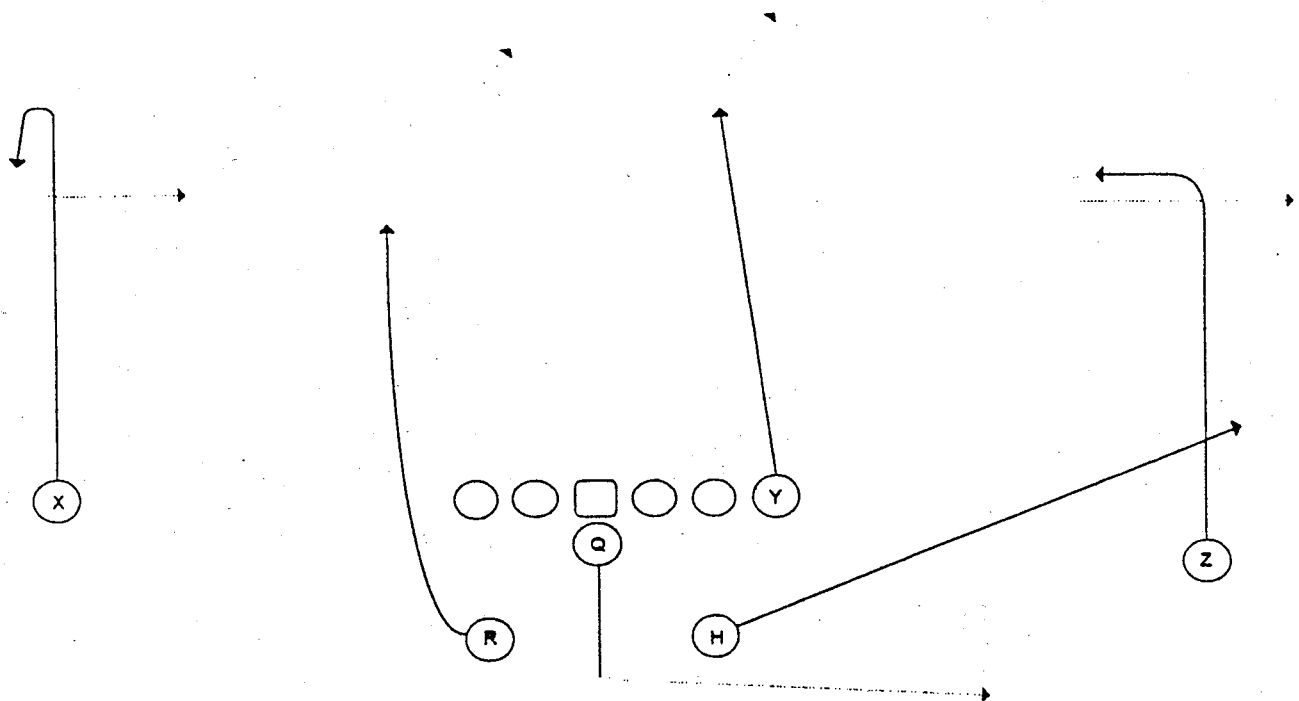




# SCRAMBLE MECHANICS

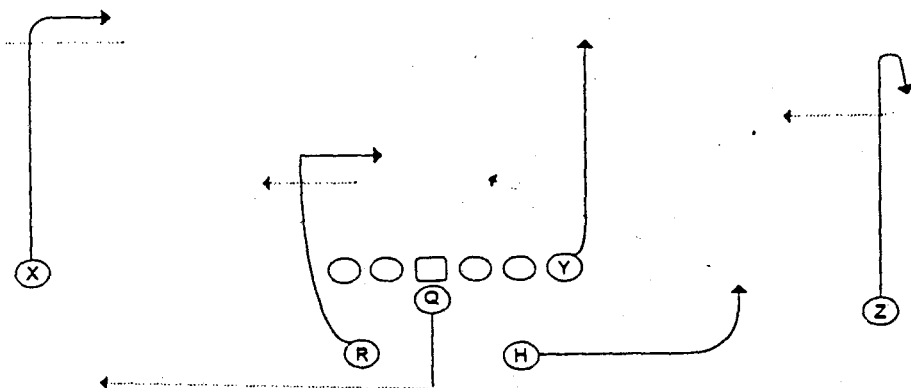
If the QB is forced out of the pocket due to defensive pressure, the receivers observe the following rules:

1. If the QB comes to your side:
  - a. Deep men in the pattern continue deep but change direction to run the same direction the QB is running!
  - b. Short and medium receivers should stay short and medium but also change their direction to run with the QB!
  - c. Example: Deep 596 Close/Fan



2. If the QB scrambles out to the opposite side, change your course to a cross pattern parallel to your breaking point.

Example: Deep 685 In/Wide



### 3. BASIC RULE TO REMEMBER

- B backs who block or fake should run a course parallel to the LOS with the QB!
- RBs running flare routes should change their courses and run in the same direction as the QB, looking for an open spot!
- All receivers should keep vertical balance depth-wise on the field and keep running!
- If you approach the sideline, short men start moseying back into the field area! Deep men turn up for QB!
- If **you are** a medium route receiver and approach sideline, turn up!
- If the passer decides to run, rally around him and peel off!
- LOAFS HURT SCRAMBLES!

# WIDE RECEIVER SIGHT ADJUSTMENTS

## Base Protection Rules

| <u>Protection</u> | <u>Sight Responsibility</u>                                 |
|-------------------|---|
| Rip/Liz           | Weak side   |
| Scat              | Away from call side   |
| Ace               | Away from call side   |
| Slide             | No sight adjustments  |
| Actions           | No sight adjustments<br>(possible game plan exception weak) |
| Charlie           | No sight adjustments<br>(possible game plan exception weak) |
| Fire Pass         | No sight adjustments  |
| Bubble Pass       | No sight adjustments  |
| Fakes/Nakeds      | No sight adjustments  |
| Sprint            | No sight adjustments  |
| Dash              | No sight adjustments  |

## General Route Rules

- \* Base sight adjustment route will be a Hitch vs free access
- \* Fade vs bump and run coverage
- \* Routes can be changed per game plan (Slant, etc.)
- \* In Slot situations the inside receiver has the sight responsibility – outside receiver run the route called
- \* Some sight adjustments will be build in based on the route/pattern called. Slants and Zeros are examples of these situations.

# SCRAMBLE RULES

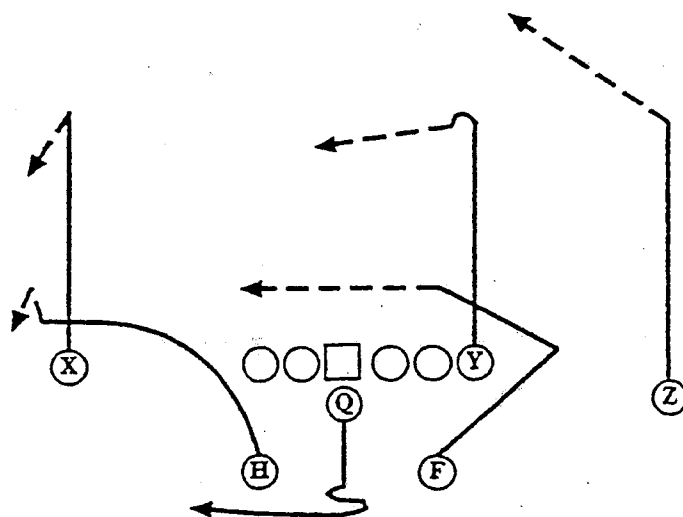
THE SCRAMBLE RULES ARE AN INTEGRAL PART OF THE PASSING GAME AND PROVIDE US AN OPPORTUNITY TO MAKE BIG PLAYS OR, AT THE VERY LEAST, PREVENT US FROM TAKING A LOSS WHEN THE PROTECTION BREAKS DOWN.

EACH PLAYER MUST BE IN SYNC WITH THE QUARTERBACK SO THE ANGLES AND DIRECTION OF THE RECEIVERS WILL BE CONSISTENT. THESE ARE PLANNED AND DETAILED PATHS THAT MUST BE DISCIPLINED AND DESIGNED MUCH LIKE THE ORIGINATING PLAY.

EVERY RECEIVER MUST STAY ALIVE ON ALL ROUTES AT ALL TIMES. SOME OF THE BIGGEST PLAYS DURING THE SEASON WILL COME AS A RESULT OF THE QB FINISHING FROM THE POCKET AND OUR RESPONSES BEING ALERT AND AT FULL SPEED TO CREATE SEPERATION FROM THE DEFENDERS.

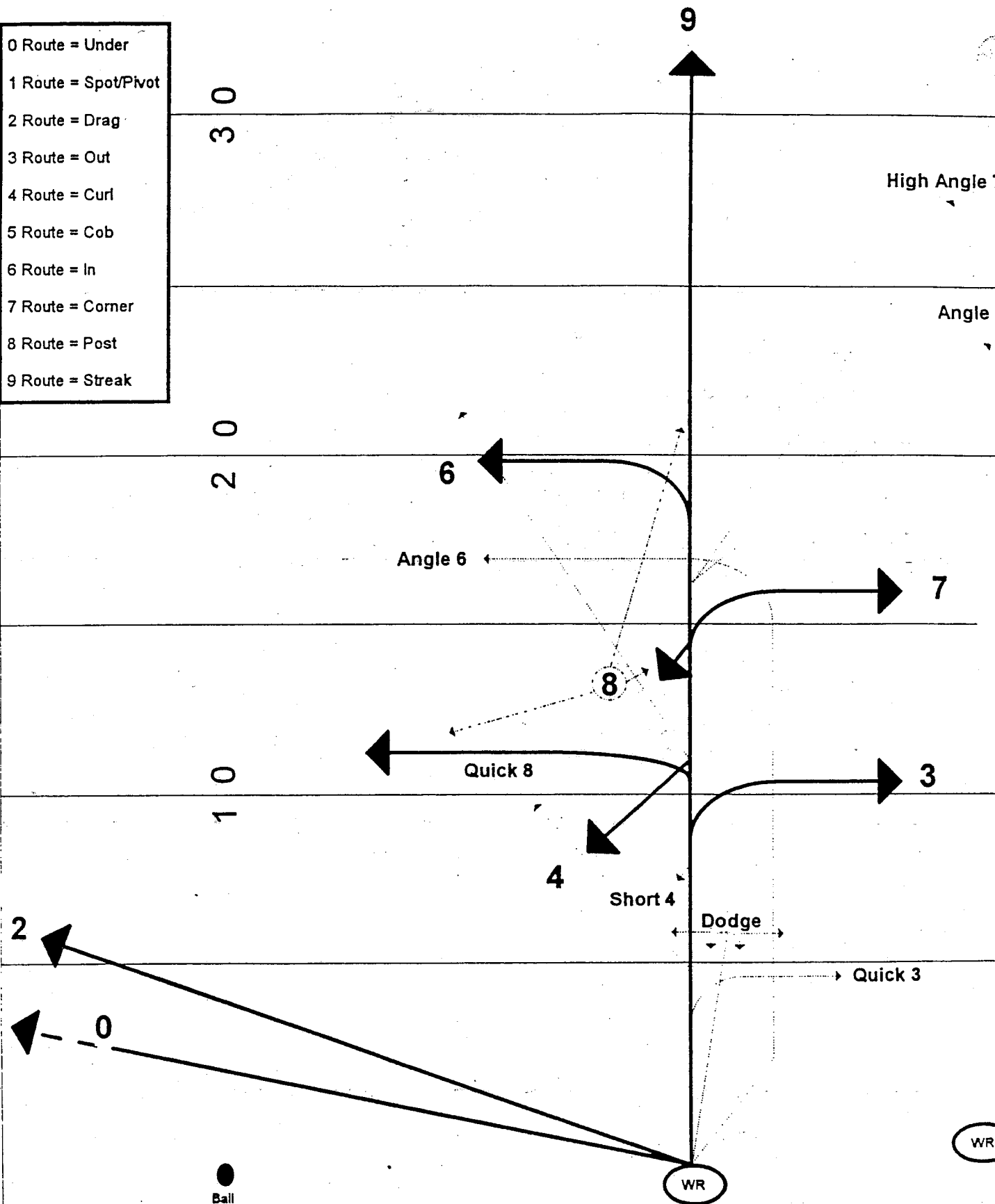
THE BASIC SCRAMBLE RULES ARE AS FOLLOWS:

1. DEEP PRIMARY OUTSIDE RECEIVERS TO THE SIDE OF THE QB MOVEMENT COME BACK TO THE QB ON A HARD ANGLE.
2. SHALLOW PRIMARY OUTSIDE RFCEIVERS TO THE SIDE OF THE QB MOVEMENT STICK AND GO VERTICAL.
3. FLARE CONTROL RECEIVERS TO THE SIDE OF THE OF THE QB STAIR STEP YOUR DEFENDER AND WORK ON A HARD ANGLE TO THE SIDELINE.
4. ALL BACKSIDE RECEIVERS WORK ON A FRIENDLY ANGLE TOWARD THE DIRECTION THE QB IS SCRAMBLING. FARTHEST BACKSIDE RECEIVER WORK TO POST.
5. DO NOT STAND STILL! KEEP RUNNING AT FULL SPEED. ONCE YOU GET SEPERATION FROM THE DEFENDER - KEEP THE SEPERATION - DO NOT "GLIDE".
6. WORK YOUR ANGLES TOWARD THE LINE OF SCRIMMAGE. DO NOT DRIFT UPFIELD AND ALLOW THE DEFENDER THE OPPORTUNITY TO COME UNDERNEATH YOU ON CROSSING ROUTES.



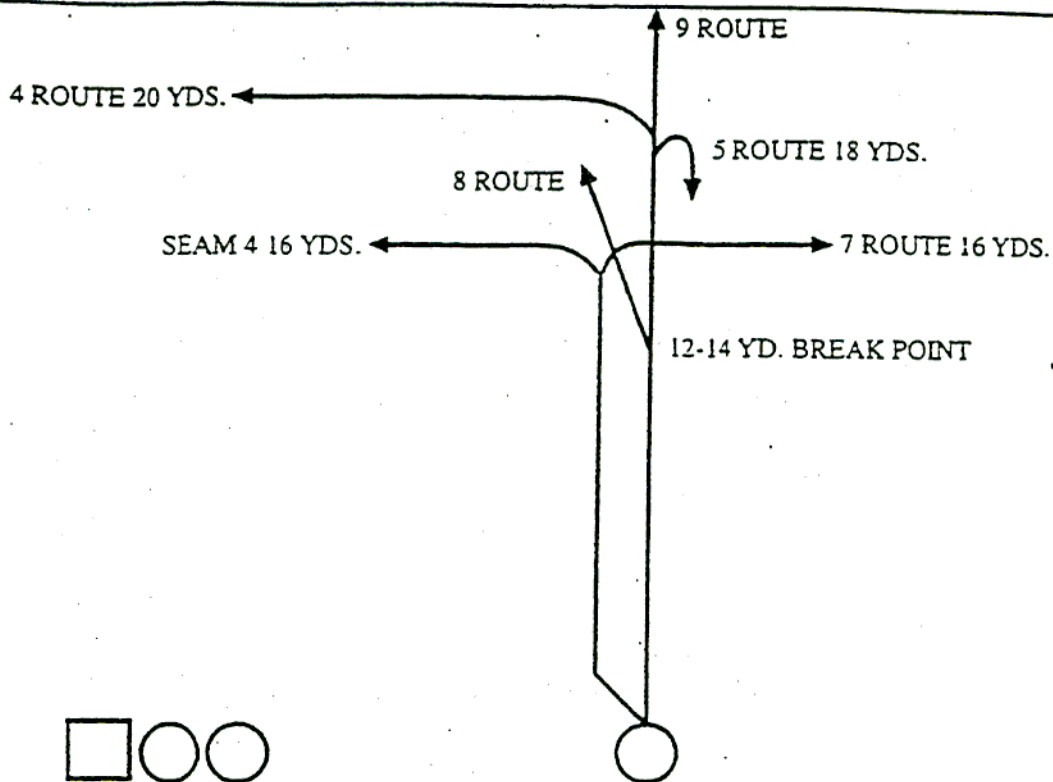
# WR SLOT RECEIVER ROUTE TREE

- 0 Route = Under
- 1 Route = Spot/Pivot
- 2 Route = Drag
- 3 Route = Out
- 4 Route = Curl
- 5 Route = Cob
- 6 Route = In
- 7 Route = Corner
- 8 Route = Post
- 9 Route = Streak



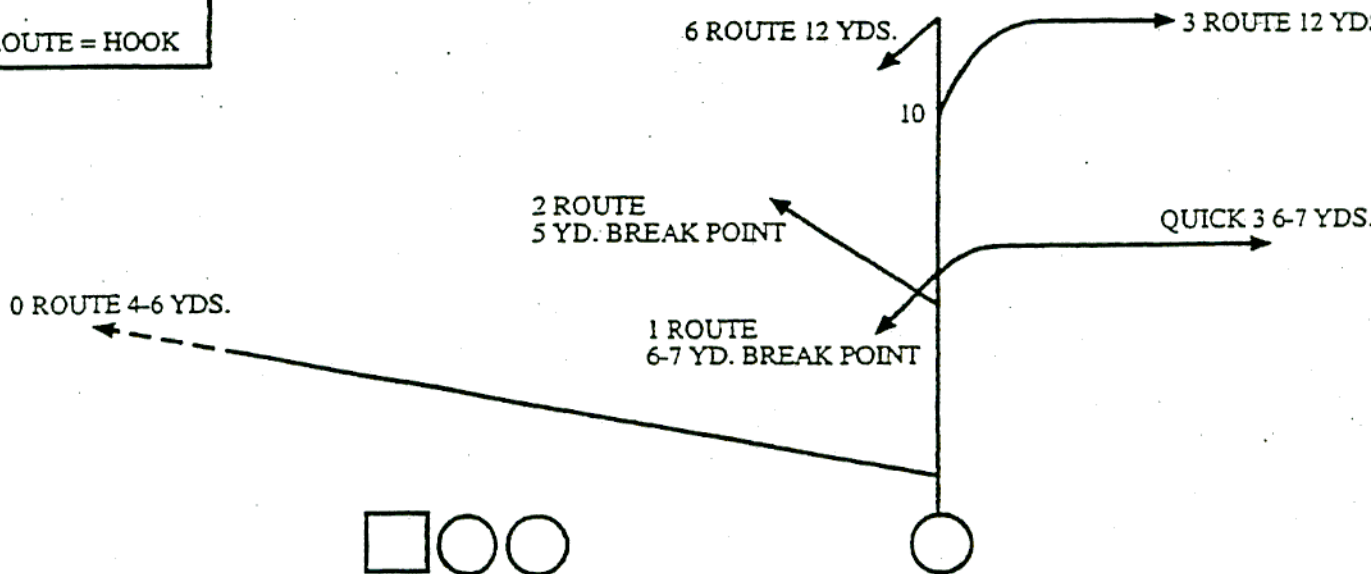
# WR PASS TREE - BASE ROUTES

- 4 ROUTE = IN
- 5 ROUTE = COMEBACK
- 7 ROUTE = DEEP OUT
- 8 ROUTE = POST
- 9 ROUTE = STREAK



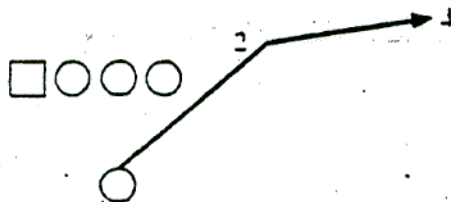
- 0 ROUTE = UNDER
- 1 ROUTE = HITCH
- 2 ROUTE = SLANT
- 3 ROUTE = OUT
- 6 ROUTE = HOOK

# WR PASS TREE - BASE ROUTES



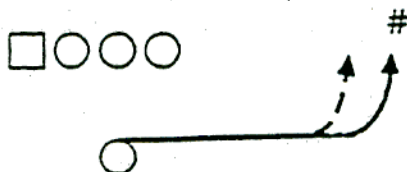
# H/F BACK ROUTES

## FLAT



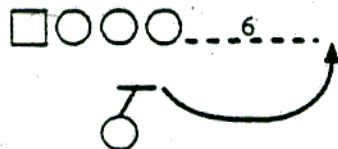
- EXPLODE - FULL SPEED
- AIM OUTSIDE Y 2X2
- GAIN GROUND TO 4 YDS.
- HOLD COURSE TO SIDELINE/SETTLE
- STICK OUT OF BREAK VS. MAN.
- STAIRSTEP TO PREVENT UNDERCUT.
- FOCUS ON BALL OUT OF BREAK.
- \* CATCH. CLUTCH. CONVERT

## SWING



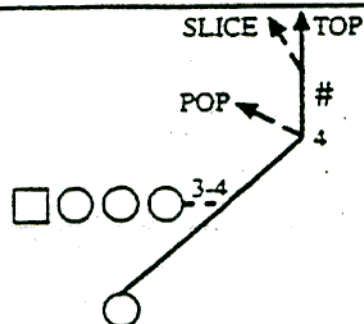
- EXPLODE - OPEN SPRINT
- AIM WIDE SIDE - 2 YDS. INSIDE NUMBERS.
- AIM SHORT SIDE - THROUGH NUMBERS.
- TURN UP VERTICALLY.
- FOCUS ON BALL PLACEMENT.
- ONE YD. FROM LOS.
- CCC

## CHECK LOOP



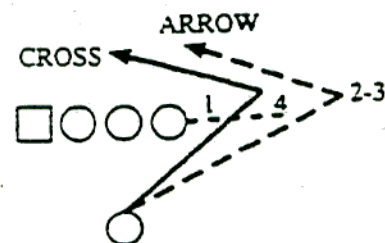
- CHECK RELEASE LOSE 1 YD.
- AIM - 6 YDS. OUTSIDE Y BOX
- TURN UP VERTICALLY.
- FOCUS ON BALL PLACEMENT.
- CCC

## POST



- READ ROUTE
- EXPLODE - READ ON THE RUN.
- AIM 1 YD INSIDE NUMBERS 4 YDS. DEEP.
- WORK OFF SEAM DEFENDER.
- OPPOSITE 1 - "POP" VS. WIDE DEFENDER.
- OPPOSITE 2 - "TOP" VS. WALL DEFENDER.
- OPPOSITE 3 - "SLICE" VS. SQUAT DEFENDER.
- MFO - MIDDLE OF FIELD OPEN - THIN POST
- MFC - MIDDLE OF FIELD CLOSED - VERTICAL
- CCC

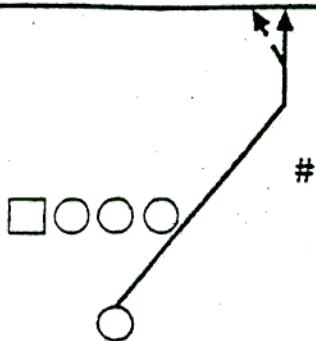
## CROSS - ARROW



- CROSS
- AIM 1 YD. OUTSIDE Y BOX AND 2-3 YDS. UP FIELD.
- PLANT AND UNDERCUT THE DEFENDER.
- BALL CAUGHT OVER TACKLE BOX.
- ARROW
- AIM 4 YDS. OUTSIDE Y BOX AND 2-3 YDS. UP FIELD.
- PLANT AND UNDERCUT THE DEFENDER.
- SELL THE FLAT.
- BREAK AT APPROXIMATELY 30 - 40 DEGREE ANGLE.
- MFO - ADJUST VERTICALLY.
- AVOID 2ND DEFENDER - DO NOT SLOW UP.
- CCC

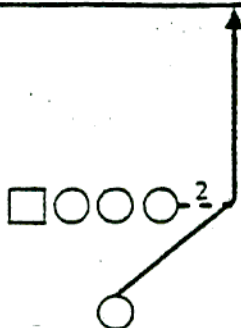
# H/F BACK ROUTES

SEAM



- RELEASE GAINING WIDTH.
- AIM - INSIDE EDGE OF NUMBERS.
- CLEAR UNDER COVERAGE / CONTINUE VERTICALLY.
- MFO - ADJUST. LOOK FOR BALL.
- MFC - CLEAR OUT COVERAGE.
- MAN - NOD AND SEPERATE.
- FOCUS ON BALL.

CREASE

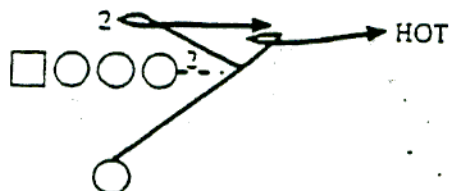


- TIGHT SEAM ROUTE.
- DRIVE OUTSIDE Y BOX.
- NOD AND PUSH VERTICALLY.
- READ COVERAGE
- MFO - LOOK FOR BALL
- MFC - CLEAR COVERAGE
- FOCUS ON BALL.



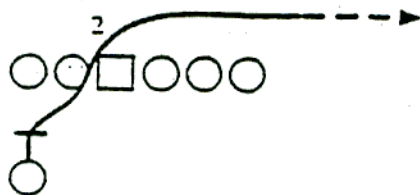
# H/F BACK ROUTES

## FAKE CROSS



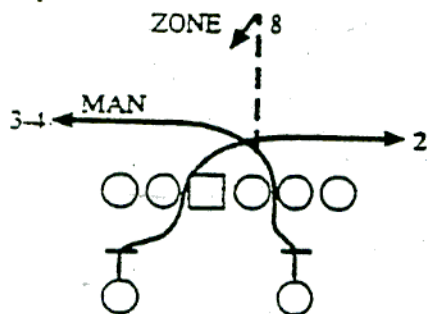
- THINK CROSS - SELL IT.
- PLANT - TAKE 2 STEPS IN AND PIVOT OUT.
- BREAK FLAT - PARALLEL TO LOS.
- STAY FRIENDLY
- ALERT BLITZ OR DOG - "HOT" - NOD AND BREAK.
- CCC

## SNEAK



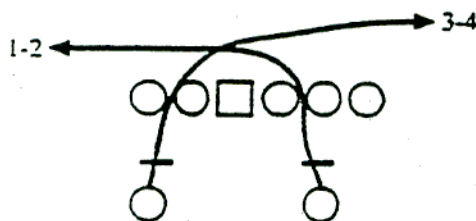
- CHECK RELEASE
- BEST RELEASE (B PREFERRED)
- ALERT "SNAKE EYES"
- PUSH UPFIELD 2 YDS.
- SHAKE DEFENDER AND BREAK INSIDE.
- VS. ZONE - THROTTLE 6-7 YDS. OUTSIDE TACKLE BC
- VS. MAN - RUN AWAY. STAIR STEP.
- CCC

## RUB



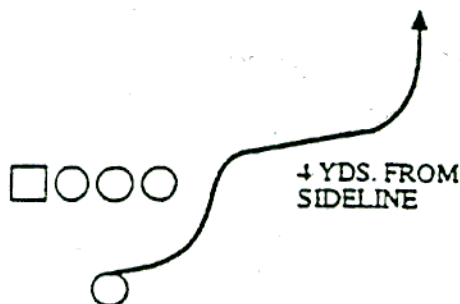
- RUB OFF PIVOT ROUTE.
- ALERT "SNAKE EYES"
- BEST RELEASE
- PUSH UPFIELD 3-4 YDS.
- SHAKE AND BREAK INSIDE.
- ZONE/MAN READ
- CCC

## BACKS CROSS



- F - BEST RELEASE 3 YDS. DEPTH.
- BREAK INSIDE (CRISS - CROSS)
- H - BEST RELEASE 1-2 YDS. DEPTH.
- BREAK INSIDE (CRISS - CROSS)
- ZONE/MAN READ
- CCC

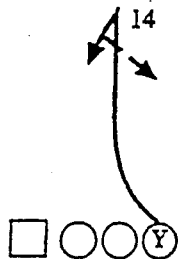
## SHOOT



- SELL FLAT ROUTE - LOOK FOR BALL.
- AIM TOWARD NUMBERS GAINING 2 YDS. DEPTH.
- BREAK VERTICALLY 4 YDS. FROM SIDELINE.
- GAIN DEPTH AND WIDTH AS YOU GO.
- KEEP 5 YD. BOX FROM SIDELINE.
- ADJUST TO FLIGHT OF BALL.
- FOCUS AND FUNNEL BALL IN.
- KEEP FEET IN BOUNDS.

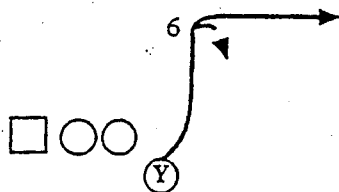
# TE PASS ROUTES

## Y STICK



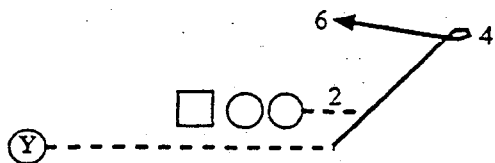
- BEST RELEASE
- PUSH VERTICALLY 14 YDS.
- ZONE - ANGLE BACK TO QB.
- MAN - AT THE TOP OF STEM PLANT AND SLIDE OUTSIDE.
- VS. BLITZ - HOOK UP AT 8 YDS.
- LOCATE QB, FACE UP TARGET.
- CCC

## Y OPTION








- BEST RELEASE
- MAN - PUSH UP FIELD 6 YDS.  
GOOD HEAD, SHOULDER FAKE INSIDE AND BREAK OUT.
- ZONE - TURN OUTSIDE, FIND OPEN AREA.
- IF HOT BREAK OUT AT 4 YDS.
- LOCATE QB, FACE UP TARGET.
- CCC

## Y UNDER



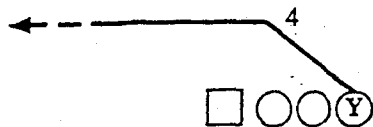
- GO PAST ORIGINAL TE ALIGNMENT 2 YDS. ANGLE UP FIELD TO 4 YDS.
- PIVOT, UNDER CUT COVERAGE GAINING GROUND TO 6 YDS.
- EXPECT TO CATCH THE BALL OVER THE ORIGINAL TE ALIGNMENT.
- LOCATE QB
- CCC

**BASIC ROUTE TREE**  
**RECEIVER ROUTE GRID**

| <u>ROUTE</u> | <u>VISUAL</u>   | <u>DEPTH</u>                       | <u>ADJUSTMENTS</u>  | <u>POINTS OF EMPHASIS</u>  |
|--------------|---|------------------------------------|---|--|
| ACTION 8     |    | 15 YARD<br>BREAK POINT             | RUN IT ROUTE STAYS<br>ON VS ALL CORNER<br>ALIGNMENTS                                | TRUE POST ROUTE. VERTICAL RELEASE 1<br>15 YARD DEPTH. NEAR FOOT/SHOULDER<br>HINT AND FINISH AT THE NEAR UPRIGHT<br>(HASH). VS PRESS PREFER ON INSIDE<br>RELEASE, KEEP THE ANGLE HIGH AT THE<br>FINISH.   |
| INSIDE 8     |    | 10-12 YARD<br>BREAK POINT          | MIDDLE OF THE FIELD<br>OPEN RUN POST,<br>MIDDLE OF THE FIELD<br>CLOSED RUN INSIDE 4 | MIDDLE OF THE FIELD OPEN VERTICAL<br>RELEASE AND GIVE QB INDICATOR AT 10-<br>12 YARD DEPTH. KEEP THE POST ANGLE<br>HIGH ON THE FAR SIDE OF THE HASH INSIDE<br>THE COVER 2 CORNER. LET THE BALL<br>DETERMINE YOUR INSIDE ANGLE. MIDDLE<br>OF THE FIELD CLOSED RUN AN INSIDE 4<br>ROUTE. VS ZONE UNDER CONTROL VS MAN<br>RUN AWAY. |
| CROSSING 8   |   | 30 YARDS ON<br>FAR NUMBERS<br>AREA | RUN IT ROUTE STAYS<br>ON VS ALL CORNER<br>ALIGNMENTS                                | GET ACROSS THE FIELD WITH SPEED AT AN<br>AIMING POINT OF 30 YARDS DEEP ON THE<br>FAR NUMBERS. CROSS A MIDDLE SAFETY'S<br>FACE. THE ANGLE WILL DEPEND ON THE<br>SAFETY POSITION.  |
| INSIDE 6     |  | 8-10 YARDS<br>DEPENDING ON<br>PLAY | RUN AWAY VERSUS<br>BUMP AND RUN   | INSIDE ANGLE RELEASE TO A DEPTH OF 8-<br>10 YARDS DEPENDING ON THE PLAY<br>CALLED. SIT DOWN AND UNCOVER IN<br>ZONE. RUN AWAY VS MAN BUMP AND RUN.  |
| ACTION 6     |  | 15 YARDS                           | RUN IT ROUTE STAYS<br>ON VS ALL CORNER<br>ALIGNMENTS                                | VERTICAL RELEASE TO A DEPTH OF 15<br>YARDS. REDIRECT YOUR HIPS AND WORK<br>BACK TO THE QB. VS INSIDE SNUG CORNER<br>RETRACE YOUR FOOTSTEPS DOWN THE<br>STEM AND LET THE BALL BRING YOU AWAY<br>FROM THE DEFENDER.  |

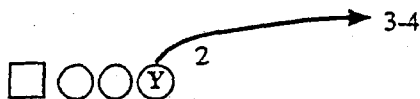
# TE PASS ROUTES

## ROUTE - SHALLOW CROSS



- CROSSING ROUTE NO DEEPER THAN 4 YDS.
- ZONE - INSIDE RELEASE  
ANGLE IN TOWARDS FRONTSIDE LB AND BREAK UNDER HIM.  
RUN PAST BACKSIDE TACKLE BOX.  
FIND THE OPEN AREA, KEEP YOURSELF OPEN.
- MAN - INSIDE RELEASE  
PUSH UP FIELD NO DEEPER THAN 4 YDS.  
BREAK INSIDE AND SEPARATE.
- CATCH, CLUTCH, CONVERT

## ROUTE - FLAT



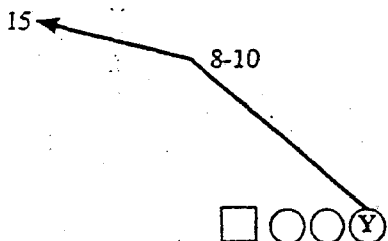
- ZONE - OUTSIDE RELEASE  
PUSH UP FIELD 2 YDS. GAINING WIDTH AND DEPTH TO 3-4 YDS. (DEPTH DETERMINED BY COMBO ROUTE.)  
SIT DOWN 3 YDS. FROM SIDELINE IF BALL HAS NOT BEEN THROWN.
- MAN - OUTSIDE RELEASE  
GIVE A GOOD HEAD SHOULDER FAKE, BREAK OUT AND RUN AWAY.
- FOCUS ON BALL.
- CCC

## ROUTE - CROSS



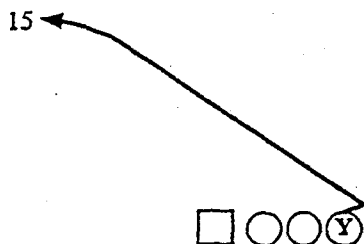
- CROSSING ROUTE 6-8 YDS. DEEP.
- ZONE - INSIDE RELEASE  
ANGLE IN TOWARDS FRONTSIDE LB GAINING DEPTH TO 4 YDS.  
BREAK INSIDE  
AFTER CROSSING THE BACKSIDE TACKLE BOX FIND THE OPEN AREA, KEEP YOURSELF OPEN.
- MAN - INSIDE RELEASE  
PUSH UP FIELD 6-8 YDS. AND BREAK INSIDE.  
SEPARATE

## CTION 2 ROUTE



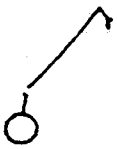

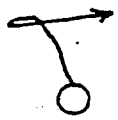

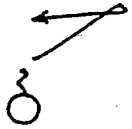
- INSIDE RELEASE
- ANGLE INSIDE PUSHING UP FIELD 8-10 YDS.
- AFTER CROSSING BALL ANGLE TO 15 YDS.
- EXPECT TO CATCH BALL AROUND OPPOSITE HASH.
- ZONE - THROTTLE DOWN
- MAN - KEEP GOING
- FOCUS ON BALL.

## AKED 2 ROUTE





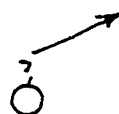


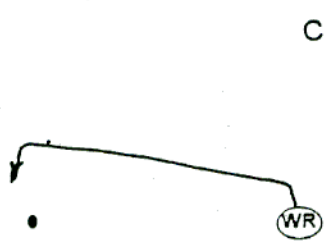
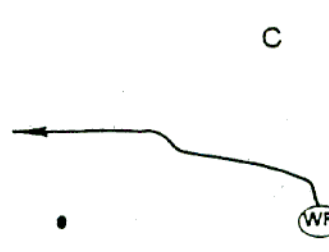
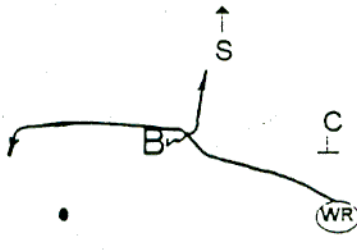
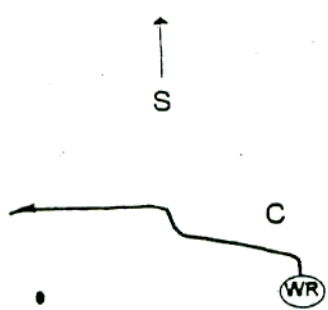
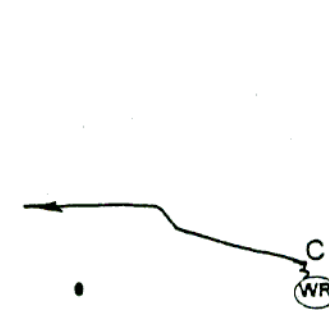
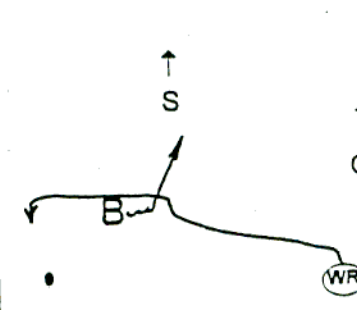
- INFLUENCE STEP, INSIDE RELEASE.
- ANGLE INSIDE GRADUALLY GAINING DEPTH TO 15 YDS.
- GET TO OPPOSITE NUMBERS.
- IF BALL IS NOT THROWN STOP AT NUMBERS AND KEEP YOURSELF OPEN.
- FOCUS ON BALL.

**BASIC ROUTE TREE**  
**RECEIVER ROUTE GRID**

| <u>ROUTE</u>                | <u>VISUAL</u>   | <u>DEPTH</u>                 | <u>ADJUSTMENTS</u>                                   | <u>POINTS OF EMPHASIS</u>  |
|-----------------------------|---|------------------------------|--|--|
| 2 STOP                      |    | 12 YARDS<br>OVER THE<br>BALL | RUN IT ROUTE STAYS<br>ON VS ALL<br>COVERAGES         | INSIDE RELEASE PUSH TO A DEPTH OF 12<br>YARDS OVER THE BALL. SIT DOWN IN ZONE<br>AND MOVE BACK TO THE BALL. VS MAN<br>STICK AT THE TOP OF THE ROUTE AND<br>RETURN TO THE QB.   |
| PIGEON<br>(SLANT AND<br>GO) |    | 5 YARD BREAK<br>POINT        | RUN IT ROUTE STAYS<br>ON VS ALL CORNER<br>ALIGNMENTS | RUN SLANT COURSE - 3 STEP VERTICAL<br>ROUTE AND SELL HARD INSIDE MOVE.<br>REDIRECT HIPS AND RUN A GO COURSE.<br>MOVE FROM THE SAFETY. VS NO<br>CHALLENGE TAKES 3 STEPS INSIDE <u>MAX</u> .<br>VS WALL CORNER, MAKE A SIGNIFICANT<br>HINT INSIDE (MAY ONLY NEED 1 STEP)<br>BEFORE UPFIELD ACCELERATION. |
| UNDER                       |  | 6-8 YARDS                    | RUN IT ROUTE STAYS<br>ON VS ALL<br>COVERAGES         | INITIATE ROUTE LIKE A FLAT ROUTE.<br>CLIMB TO A DEPTH OF 4-6 YARDS. PLANT<br>AND PIVOT TOWARD THE LOS AND FINISH<br>BACK INSIDE CLIMBING TO A DEPTH OF 8<br>YARDS.   |
| ARROW                       |  | 3-4 YARDS                    | RUN IT ROUTE STAYS<br>ON VS ALL<br>COVERAGES         | INITIATE ROUTE LIKE A FLAT ROUTE. SELL<br>FLAT FOR A FEW STEPS THEN PLANT AND<br>COME BACK INSIDE ON A FLAT ANGLE. DO<br>NOT LOOP.   |
| TEEN                        |  | 6 YARDS                      | RUN IT ROUTE STAYS<br>ON VS ALL<br>COVERAGES         | BEGIN ROUTE LIKE A ZERO TO A POINT 6<br>YARDS DEEP OVER THE BALL. PLANT AND<br>PIVOT TOWARD THE LOS AND RETURN<br>BACK. THIS IS AN UNDER ROUTE FARTHER<br>INSIDE.  |

**BASIC ROUTE TREE**  
**RECEIVER ROUTE GRID**


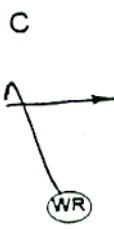

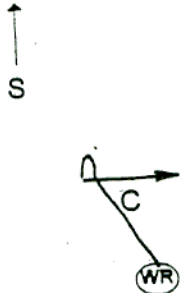
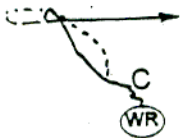

| <u>ROUTE</u>          | <u>VISUAL</u>   | <u>DEPTH</u>                                | <u>ADJUSTMENTS</u>   | <u>POINTS OF EMPHASIS</u>   |
|-----------------------|---|---|--|---|
| 6 ROUTE<br>(HOOK)     |    | 12 YARDS                                    | RUN IT ROUTE STAYS ON VS ALL CORNER ALIGNMENTS   | VS FREE ACCESS ACCELERATE ON A VERTICAL RELEASE TO A 12 YD DEPTH. REDIRECT YOUR HIPS AND RETURN TO THE QB ON A HARD ANGLE. VS A SNUG INSIDE TECHNIQUE AT THE TOP OF THE BREAK RETURN DOWN THE STEM AWAY FROM PRESSURE. VS COVER 2 WIDEN THE CORNER ON YOUR RELEASE. VS PRESS FINISH ON THE MOVE.                            |
| 7 ROUTE<br>(DEEP OUT) |    | 16 YARDS<br>(8 STEPS)                       | RUN IT ROUTE STAYS ON VS ALL CORNER ALIGNMENTS. FINISH BASED ON THE CORNER POSITION. BURST VS TOUGH CORNER | VS FREE ACCESS BURST RELEASE TO A VERTICAL PATH TO A 16 YARD DEPTH. STICK THE TOP OF THE ROUTE AND FINISH LIKE A 3. SPEED CUT AND GET LATERAL SEPARATION. VS PRESS BURST RELEASE AND FINISH FLAT OR ON A HIGH ANGLE DEPENDING ON CORNERS POSITION. VS C/2 ROLL FINISH ON AN ANGLE FROM 15 TO 20 YDS.                        |
| 8 ROUTE<br>(POST)     |   | 14 YARDS AT<br>BREAK POINT<br>(7 STEPS)     | FADE VS ANY TOUGH CORNER   | VS FREE ACCESS OFF OUTSIDE CORNER TECHNIQUE, ACCELERATE TO A DEPTH OF 14 YDS (7 STEPS) ON A SLIGHT ANGLE AT THE DEFENDERS SHOULDER. FINISH THE ROUTE UP THE SEAM. VS INSIDE TECHNIQUE STAY VERTICAL AND CROSS THE DEFENDERS FACE AT ANY ANGLE NECESSARY. FADE ANY TOUGH CORNER.   |
| 9 ROUTE<br>(STREAK)   |  | CLOSE<br>CUSHION ON<br>CORNER WITH<br>SPEED | RUN IT ROUTE STAYS ON VS ALL CORNER ALIGNMENTS   | ACCELERATE TO CLOSE THE CUSHION ON THE CORNER. RUN THE CORNER DOWN - AN OUTSIDE FINISH IS PREFERRED. IF THE CORNER MAINTAINS A WIDE OUTSIDE RELATIONSHIP, STICK HIM AND FINISH INSIDE. WORK YOUR HIPS IN FRONT TO STACK THE DB. DO NOT FOOL THE QB BY DOUBLE WORKING THE ROUTE. LEAVE ROOM IN THE BOX ON AN OUTSIDE FINISH. |
| 0 ROUTE<br>(UNDER)    |  | 4-6 YARDS                                   | RUN IT ROUTE STAYS ON VS ALL CORNER ALIGNMENTS   | CROSSING ROUTE TO A DEPTH OF 4 TO 6 YDS. VS ZONE READ DROP OF LBERS. DO WHAT YOU SEE IN FRONT OF YOU - IF A DEFENDER IS WAITING ON THE OTHER SIDE SIT DOWN AT THE FAR TIGHT END AREA OR WIDER. NO DEFENDER, KEEP ON THE MOVE. VS MAN RUN AWAY, YOU MAY HAVE TO STAIRSTEP TO GET SEPARATION.                                 |

| vs RETREAT ZONE  | vs RETREAT MAN   | vs CLOUD  |
|--|--|---|
|    |   |    |
| <ul style="list-style-type: none"> <li>-Take one step upfield and release flat towards the ball.</li> <li>-Keep your eyes on the under coverage.</li> <li>-Work off of the far side hook defender.</li> <li>-Hook-up in open area, 4-6 yds deep.</li> <li>-You must at least get over center or further.</li> <li>-Snap around and sit, give the QB your numbers.</li> </ul> | <ul style="list-style-type: none"> <li>-Take one step upfield and release flat towards the ball.</li> <li>-Get the corner going and make a staircase move.</li> <li>-Come out of the staircase flat and accelerate across the field.</li> <li>-Staircase around the tackle box area to your side.</li> </ul> | <p>Same as retreat zone.</p> <ul style="list-style-type: none"> <li>-Be alert for a wall tech. by the IL</li> <li>-Vs. wall, make a move upfield and slip underneath the LB'er.</li> <li>-Continue to your spot, working c of the location of the offside hook defender.</li> </ul> |
| vs TRAIL   | vs BUMP  | vs QUADS  |
|    |   |    |
| <ul style="list-style-type: none"> <li>-Take one step-upfield and flatten hard under the corner.</li> <li>-Staircase the corner.</li> <li>-Flatten and accelerate across the field.</li> <li>-If the corner is in a press trail, challenge inside. If you get, take it. If he jumps hard inside, get over the top.</li> </ul>  | <ul style="list-style-type: none"> <li>-Press the corner off the ball with several steps.</li> <li>-Undercut him and release flat inside.</li> <li>-Staircase the corner.</li> <li>-Flatten and accelerate across the field.</li> <li>-May use stutter instead of staircase.</li> </ul>                      | <p>-Same as cloud.</p>  |



# ROUTE: 1 (Spot)

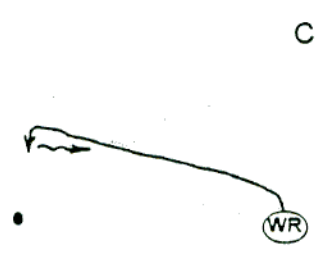
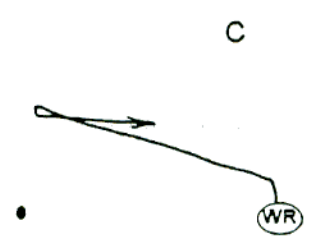
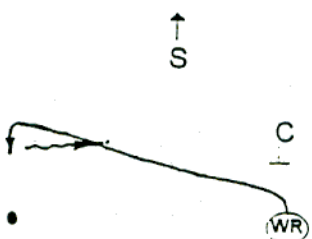
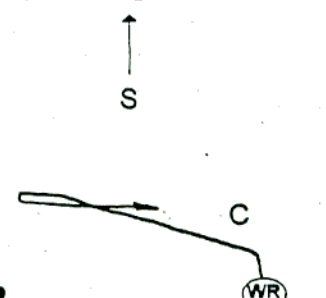

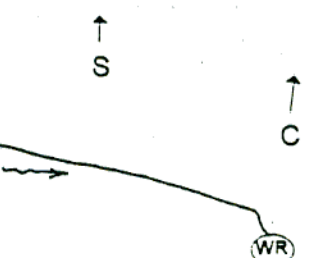
# ALIGNMENT: Nasty (movement)

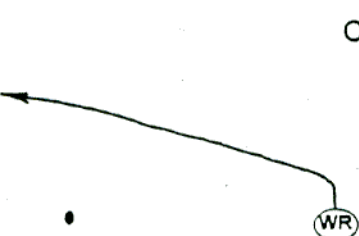

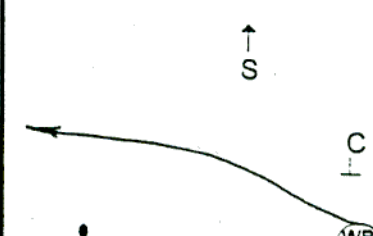
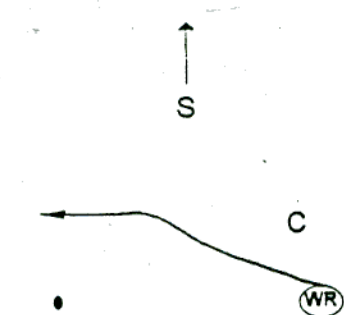
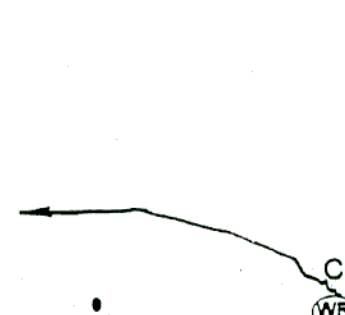
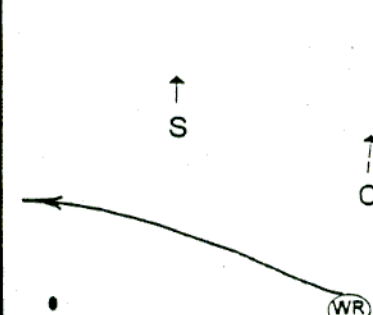
| vs RETREAT ZONE   | vs RETREAT MAN  | vs CLOUD   |
|---|---|--|
|  <ul style="list-style-type: none"> <li>-Angle release inside to a point 4-6 yds. deep and 2-3 yds. inside your alignment.</li> <li>-Find the "hole".</li> <li>-Snap around to the QB and give him your numbers.</li> </ul>            |  <ul style="list-style-type: none"> <li>-Angle release inside to a point 4-6 yds. deep and 2-3 yds. inside your alignment.</li> <li>-Snap around to the QB, pause slightly and accelerate flat outside.</li> </ul>   |  <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>   |
| vs TRAIL  | vs BUMP   | vs QUADS   |
|  <ul style="list-style-type: none"> <li>-Angle release inside to a depth of 4-6 yds.</li> <li>-Undercut a soft tech.</li> <li>-Stutter and go over the top of a press trail.</li> <li>-Pivot and accelerate flat outside.</li> </ul> |  <ul style="list-style-type: none"> <li>-Start to angle release as on a "O" route.</li> <li>-If you get inside, stay on angle course, don't flatten.</li> <li>-If he blocks you off, go over the top and flatten inside.</li> <li>-Pivot and accelerate flat outside.</li> </ul> |  <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul> |

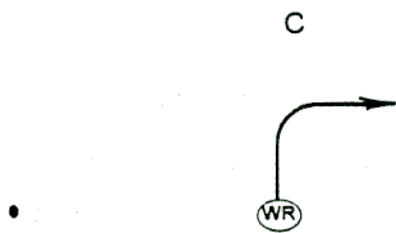
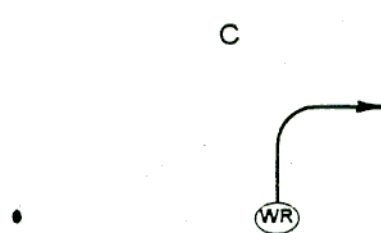
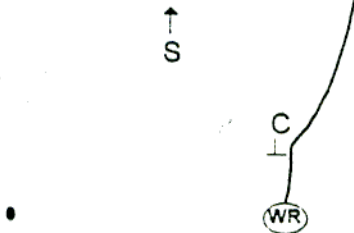
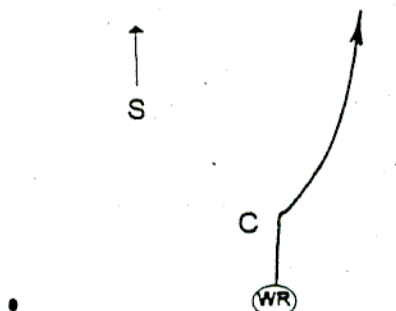
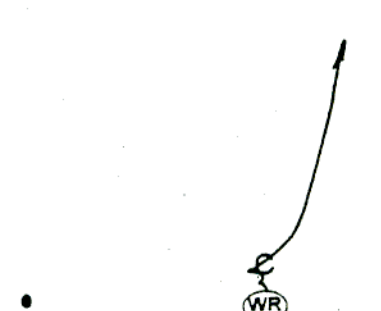
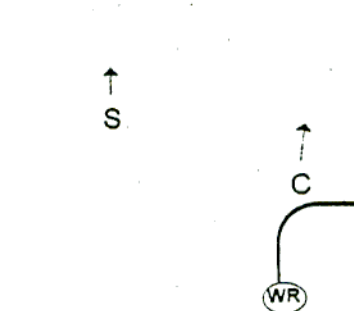



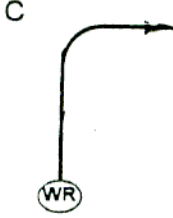
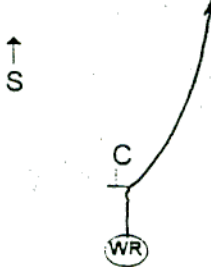
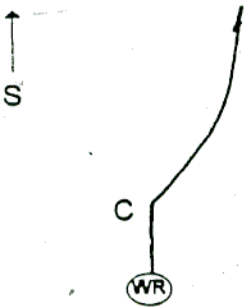

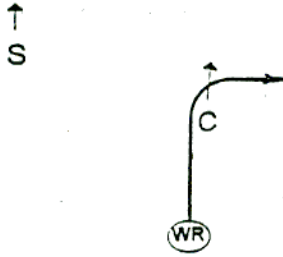
# ROUTE: 1 (PIVOT)



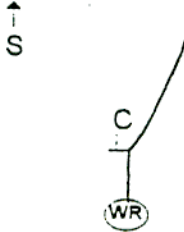


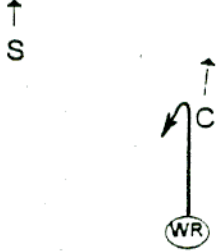
# ALIGNMENT: NASTY (Movement)

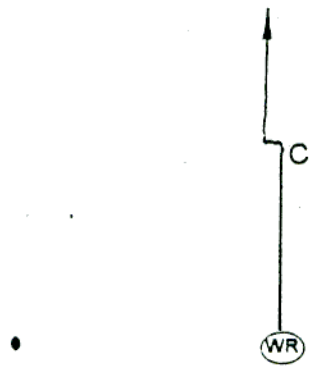
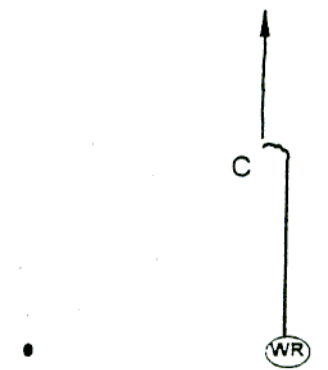
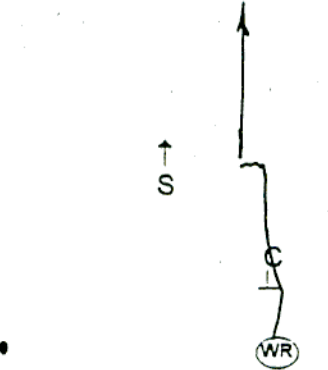
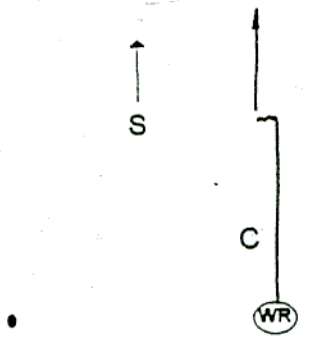
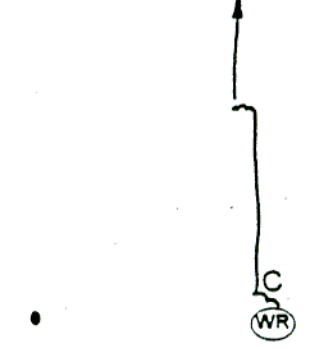
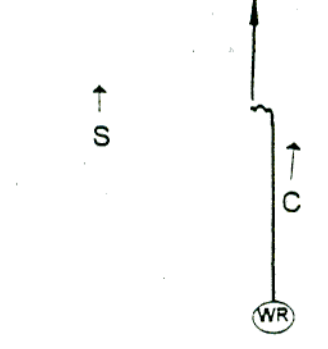
| vs RETREAT ZONE   | vs RETREAT MAN  | vs CLOUD  |
|---|---|---|
|   |    |    |
| <ul style="list-style-type: none"> <li>-Release on a flat crossing angle.</li> <li>-Hook-up over the ball 6-8 yds. deep.</li> <li>-Snap around to the QB.</li> <li>-Press a wall LB'er and work back outside and get open.</li> </ul>                                     | <ul style="list-style-type: none"> <li>-Release on a flat crossing angle.</li> <li>-Pivot over the ball 6-8 yds. and accelerate flat outside.</li> </ul>  | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>              |
| vs TRAIL  | vs BUMP   | vs QUADS  |
|   |    |  |
| <ul style="list-style-type: none"> <li>-Release inside on a crossing angle.</li> <li>-Pivot over the ball and accelerate flat outside.</li> <li>-Vs. press trail, may go over the top. Flatten across to the ball 6-8 yds., pivot and accelerate flat outside.</li> </ul> | <ul style="list-style-type: none"> <li>-Release hard inside on a crossing angle.</li> <li>-Pivot over the ball 6-8 yds. and accelerate flat outside.</li> <li>-If he blocks you off, go over the top and flatten to the ball. Pivot and accelerate flat outside.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>              |

| vs RETREAT ZONE  | vs RETREAT MAN   | vs CLOUD   |
|--|--|--|
|    |   |            |
| <p>-Take one step upfield and run across the field 6-8 yds deep.</p>               | <p>-Same as retreat zone.<br/>-When crossing opposite an "O" route, flatten and squeeze the "O".</p>   | <p>-Same as retreat zone.<br/>-Be alert for wall LB'er. Set him and work over the top.</p>   |
| vs TRAIL   | vs BUMP  | vs QUADS   |
|  |   |          |
| <p>-Inside release and start on crossing route.<br/>-Level off at 6-8 yds.</p>     | <p>-Inside release and start on crossing route.<br/>-Level off at 6-8 yds.<br/>-If corner blocks you off, go over the top and level off.</p> | <p>-Same as retreat corner.<br/>-Be alert for wall LB'er. Set him and work over the top.</p> |

| vs RETREAT ZONE   | vs RETREAT MAN   | vs CLOUD  |
|---|--|---|
|   |   |                      |
| <p>-Stem release.</p> <p>-Speed cut out on the first inside step</p> <p>-The route should level off at about 5 yds.</p>       | <p>-Same as retreat zone.</p>  | <p>Conversion</p> <p>-Short stem, no deeper than 5 yds</p> <p>-Squeeze the corner outside and fade.</p> |
| vs TRAIL  | vs BUMP  | vs QUADS  |
|   |   |                    |
| <p>Conversion</p> <p>-Short stem no deeper than 5 yds.</p> <p>-Fade to a point 20 yds. deep and 2 yds. from the sideline.</p> | <p>Conversion</p> <p>-Move the corner inside and fade.</p> <p>-Fade to a point 20 yds. deep and 2 yds. from the sideline if the corner has help.</p> | <p>-Same as retreat corner.</p>   |

| vs RETREAT ZONE  | vs RETREAT MAN   | vs CLOUD  |
|--|--|---|
|   |   |                      |
| <p>-Stem release.</p> <p>-Speed cut out on the third inside step.</p> <p>-Be tight in the turn.</p>                            | <p>-Same as retreat zone.</p>  | <p>Conversion</p> <p>-Short stem, no deeper than 5 yds</p> <p>-Squeeze the corner outside and fade.</p> |
| vs TRAIL   | vs BUMP  | vs QUADS  |
|   |   |                    |
| <p>Conversion</p> <p>-Short stem and deeper than 5 yds.</p> <p>-Fade to a point 20 yds. deep and 2 yds. from the sideline.</p> | <p>Conversion</p> <p>-Move the corner inside and fade.</p> <p>-Fade to a point 20 yds. deep and 2 yds. from the sideline if the corner has help.</p> | <p>-Same as retreat corner.</p>   |

| vs RETREAT ZONE  | vs RETREAT MAN  | vs CLOUD  |
|--|---|---|
|   |    |                      |
| <p>-Stem to 6 yds. deep.</p> <p>-Sink the hips and plant the outside feet.</p> <p>-Snap around to the QB.</p> <p>-Think outside after the catch.</p> | <p>-Same as retreat zone.</p>   | <p>Conversion</p> <p>-Short stem no deeper than 5 yds.</p> <p>-Squeeze the corner outside and fade.</p> |
| vs TRAIL   | vs BUMP   | vs QUADS  |
|   |    |                    |
| <p>Conversion</p> <p>-Short stem no deeper than 5 yds.</p> <p>-Fade to a point 20 yds. deep and 2 yds. from the sideline.</p>                        | <p>Conversion</p> <p>-Move the corner inside and fade.</p> <p>-Fade to a point 20 yds. deep and 2 yds. from the sideline if the corner has help.</p> <p>-Stay steep if no help.</p> | <p>-Same as retreat corner.</p>   |

| vs RETREAT ZONE  | vs RETREAT MAN  | vs CLOUD   |
|--|---|--|
|    |                          |   |
| <ul style="list-style-type: none"> <li>-Stem to 13 yds.</li> <li>-Chop your feet and turn your eyes and shoulders to the QB.</li> <li>-Slight pause and explode upfield.</li> <li>-Be alert, avoid jam.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>                                  | <ul style="list-style-type: none"> <li>-Short stem and squeeze inside the corner.</li> <li>-Same technique as retreat zone.</li> </ul> |
| vs TRAIL   | vs BUMP   | vs QUADS   |
|    |                        |   |
| <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>   | <ul style="list-style-type: none"> <li>-Set the corner inside.</li> <li>-Same as retreat zone.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>   |

# ROUTE: 4

# ALIGNMENT: TIGHT 2

\*Play Action 4's- Deepen the route 2 yards (15 yds). They are "Run-it" 4's.

## vs RETREAT ZONE



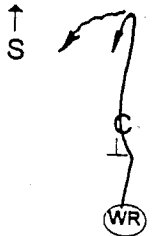
- Stem to 12 yds. deep.
- Sink the hips and plant the outside foot.
- Snap around to the QB. Move under control to the ball.
- Move to the next hole inside vs. wide defender.
- Be alert during stem of a wide defender.

## vs RETREAT MAN



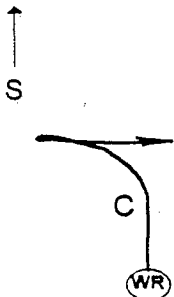
- Stem to 12 yds. deep.
- Sink the hips and plant the outside foot.
- Snap around and work back down the stem.

## vs CLOUD



- Release at the outside number widen him.
- Squeeze the corner inside.
- Angle slightly out to a spot 12 yds deep over original alignment.
- Sink the hips, plant the outside foot.
- Snap around to the QB.

## vs TRAIL



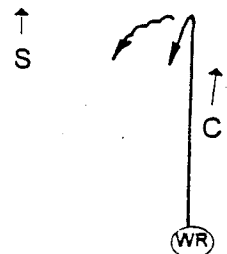
- Short stem, get over the top and flatten inside at a depth of 10 yds.
- Pivot and explode back outside.
- Lose a little ground coming out.

## vs BUMP



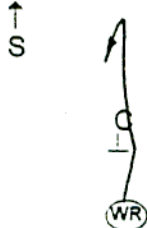
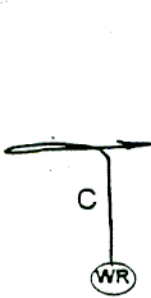
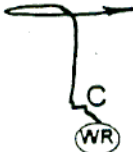



- Use retreat man tech. vs. a corner on the same level (hip-to-hip).
- Use trail tech. vs. a corner trailing.






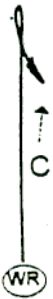
## vs QUADS


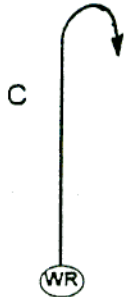
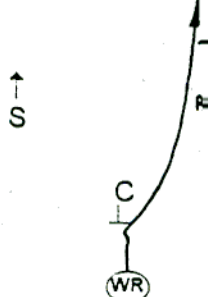
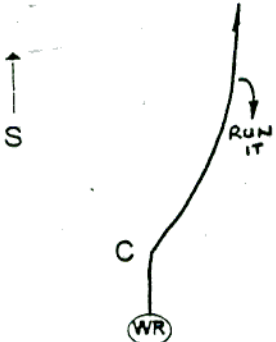

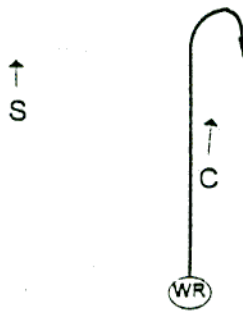


- Same as retreat zone.

| vs RETREAT ZONE  | vs RETREAT MAN  | vs CLOUD   |
|--|---|--|
|   |    |   |
| <ul style="list-style-type: none"> <li>-Stem to 8 yds. deep.</li> <li>-Sink the hips and plant the outside foot.</li> <li>-Snap around to the QB.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>            | <ul style="list-style-type: none"> <li>-Release to the outside number of the corner to widen him.</li> <li>-Squeeze the corner inside.</li> <li>-At 8 yds. sink the hips and plant the outside foot.</li> <li>-Snap around to the QB.</li> </ul> |
| vs TRAIL   | vs BUMP   | vs QUADS   |
|   |  |   |
| <ul style="list-style-type: none"> <li>-Use "juke" tech.</li> </ul>  | <ul style="list-style-type: none"> <li>-Use "juke" tech.</li> </ul>                 | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>   |



| vs RETREAT ZONE  | vs RETREAT MAN  | vs CLOUD   |
|--|---|--|
|   |    |   |
| <p>-Stem release.</p> <p>-At 15 yds. sink your hips, plant with the outside foot and snap around.</p> <p>-Don't "back" out of the break. Come back down the stem and work outside.</p> | <p>-Same as retreat zone.</p>   | <p>-Short stem, no deeper than 5 yd</p> <p>-Outside release, squeeze the corner and finish the route as if retreat zone.</p> <p>*No conversion. All pivot 5's are run-its.</p> |
| vs TRAIL   | vs BUMP   | vs QUADS   |
|   |  |   |
| <p>-Same as cloud.</p>   | <p>-Same as cloud.</p> <p>-Sell the fade.</p>                                       | <p>-Same as retreat zone.</p>  |

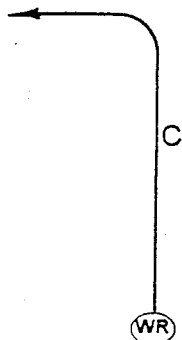
| vs RETREAT ZONE   | vs RETREAT MAN  | vs CLOUD  |
|---|---|---|
|    |    |    |
| <ul style="list-style-type: none"> <li>-Stem release, hold your line. Sell the route as a 9.</li> <li>-Break out at 18 yds. run out of the cut.</li> <li>-Don't lean into cut or chop your feet.</li> <li>-Finish hard back down the sideline.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>            | <ul style="list-style-type: none"> <li>-Short stem, no deeper than 5 yd</li> <li>-Squeeze the corner outside and fade.</li> </ul> <p>*If it is a "run-it", outside release, squeeze the corner and finish the route as if retreat zone.</p> |
| vs TRAIL  | vs BUMP   | vs QUADS  |
|    |  |    |
| <ul style="list-style-type: none"> <li>-Short stem, no deeper than 5 yds.</li> <li>-Fade to a point 20 yds. deep and 2 yds. from the sideline.</li> </ul> <p>*If it is a "run-it", outside release and run the route - no conversion.</p>                 | <ul style="list-style-type: none"> <li>-Same as trail.</li> </ul>                   | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>  |

# ROUTE: 6

# ALIGNMENT: BASE

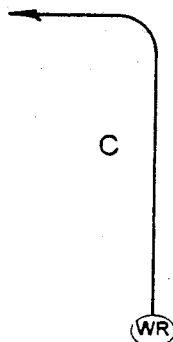
\*Play Action 6's- use inside angle release and shorten the route by 2 yds- (18yds)

## vs RETREAT ZONE



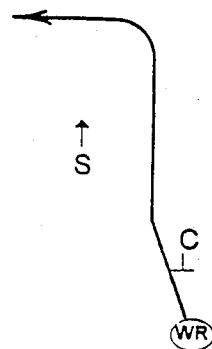
- Stem release.
- Initiate speed cut in at 17-18 yds. Finish at 20 yds.
- BE TIGHT IN THE TURN, lose 1 yd. back to QB after leveling at 20 yds.
- Be alert for the ball immediately out of break.
- May use outside move at top of stem as change-up.

## vs RETREAT MAN



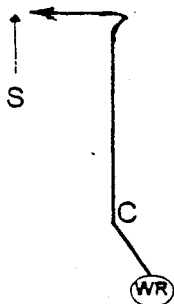
- Same as retreat zone.

## vs CLOUD



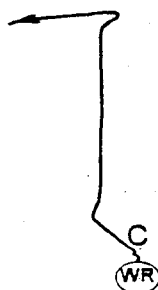
- Inside angle release.
- Stem and speed cut in at 17-18 yds. Finish at 20 yds.
- Be tight in the turn, lose 1 yd. back to the QB after leveling at 20 yds.
- Be alert for the ball immediately out of the break.

## vs TRAIL



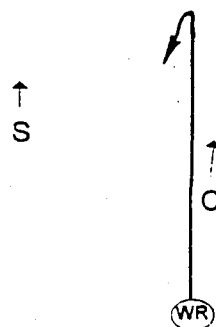
- Inside angle release, get inside the corner if you can - otherwise, work over the top and stem to 17-18 yds.
- Set him with an outside move or stutter.
- Break in and accelerate across losing 1 yd. back towards the QB.

## vs BUMP

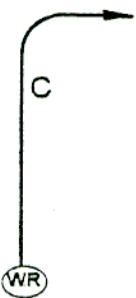
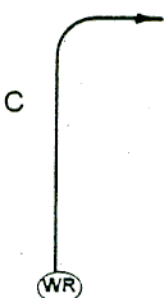
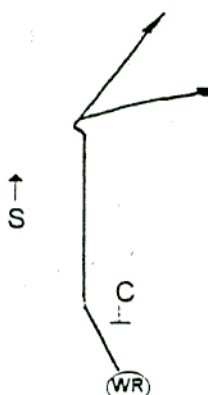
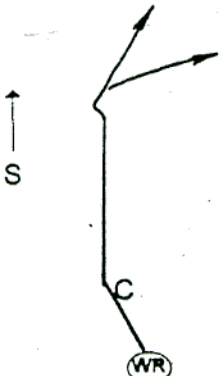

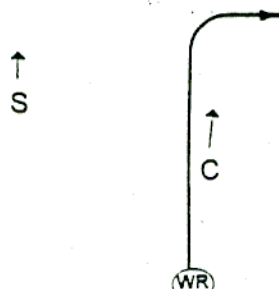


- Same as trail.
- Must move the corner!

## vs QUADS



- Conversion
- Stem release.
- Confirm the coverage.
- At 18-20 yds. sink your hips, plant with your outside feet and snap around to QB.
- May take inside angle release if un sure coverage.

| vs RETREAT ZONE   | vs RETREAT MAN  | vs CLOUD   |
|---|---|--|
|    |    |   |
| <ul style="list-style-type: none"> <li>-Stem release (unless play dictates other-wise).</li> <li>-Speed cut out on the fourth inside step.</li> <li>-Be tight in the turn.</li> <li>-No body language, or lean.</li> </ul>  | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>  | <p>Conversion</p> <ul style="list-style-type: none"> <li>-Inside angle release.</li> <li>-Stem to 15 yds.</li> <li>-Locate the safety. If he is inside your stem take a high angle to the corner (front flag). If he is a head-up or outside, flatten your angle out to a spot 20-22 yds. deep on the sideline.</li> <li>-Set the safety with inside move at top of stem.</li> </ul> |
| vs TRAIL  | vs BUMP   | vs QUADS   |
|    |    |   |
| <p>Conversion</p> <ul style="list-style-type: none"> <li>-Inside angle release. If the corner blocks you off, work back over the top.</li> <li>-Stem to 15 yds. and set him with an inside move.</li> <li>-Locate the safety. If he is inside your stem, take a high angle to the corner (front flag). If he is head-up or outside, flatten your angle to a spot 20-22 yds. on sideline.</li> </ul> | <p>Conversion</p> <ul style="list-style-type: none"> <li>-Same as trail on release and stem. Take high angle to the corner (front flag).</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> <li>-If the coverage is misread as corner roll, run speed cut from inside angle release.</li> </ul>   |

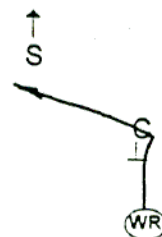
## vs RETREAT ZONE



## vs RETREAT MAN



## vs CLOUD



- Stem release.
- Break in on a 45 degree angle off of the second outside step.
- Adjust the angle of the Slant according to the undercoverage. Stay behind the undercoverage defenders.

- Stem release.
- Break in on a flat angle off of the second outside step. Be sudden!

- Release at the outside number of the corner.
- Break in on a Slant course at 5-6 yds.
- Take an angle that puts you under the safety and behind the undercoverage.

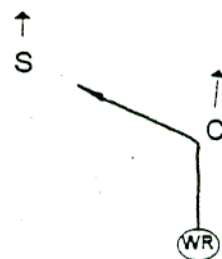
## vs TRAIL



## vs BUMP



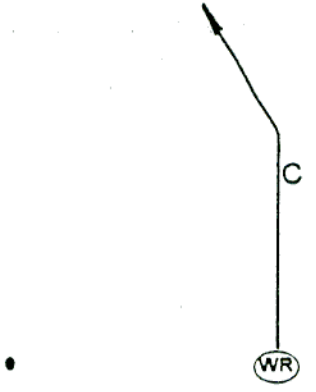
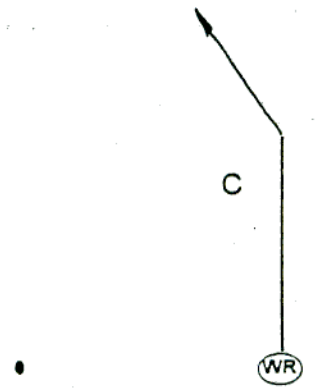
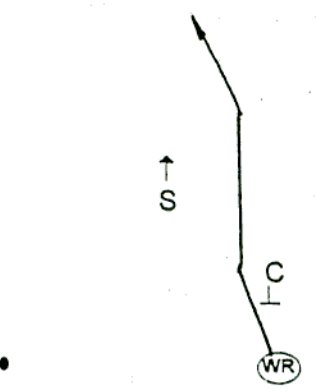
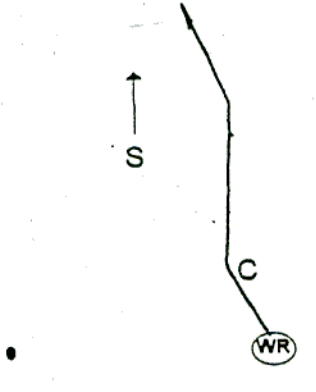
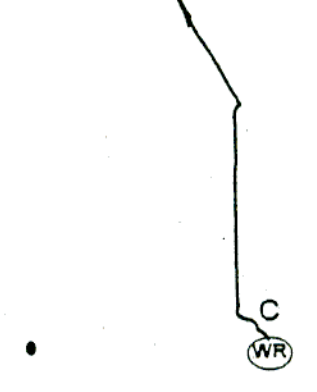
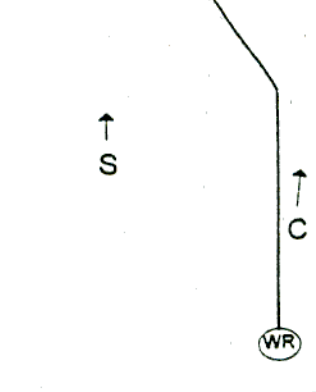
## vs QUADS

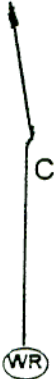
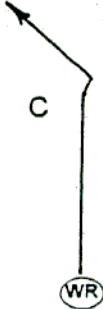
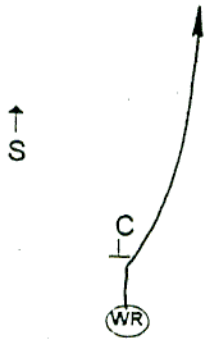
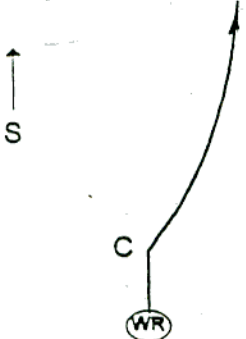

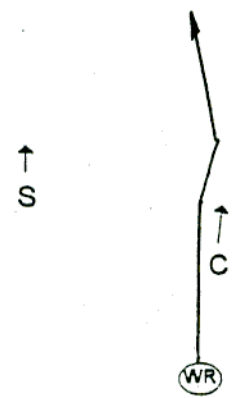


- Take a slight outside release and sell the fade.
- Undercut the corner on a flat slant course at 5-6 yds.
- If the corner is in a press trailo, set him outside and go over the top. Cut him off.

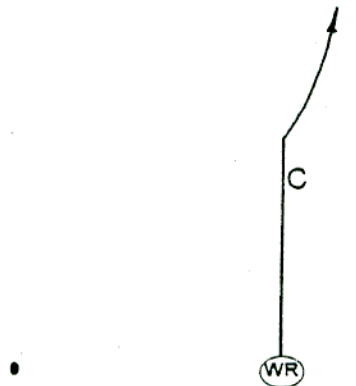
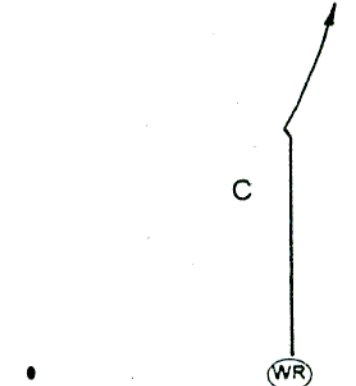
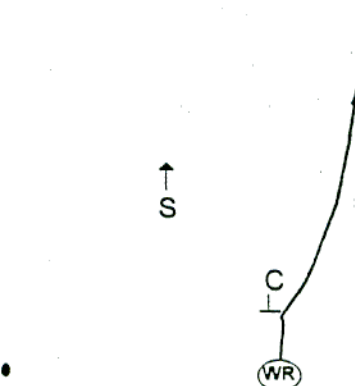
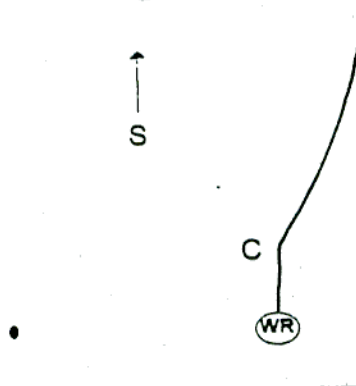
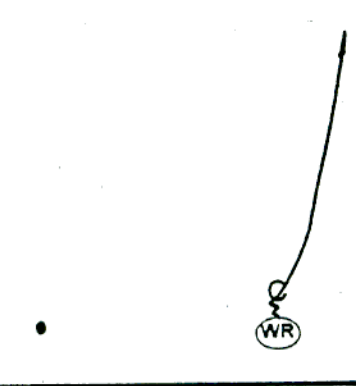
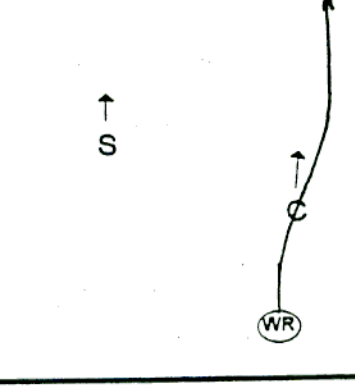
- Take a slight outside release and sell the fade.
- Undercut the corner on a flat slant course.
- If you can get inside immediately, do-so.

- Stem release.
- Break on Slant on the second outside step.
- Take an angle that puts you under the safety and behind the undercoverage.

| vs RETREAT ZONE  | vs RETREAT MAN  | vs CLOUD   |
|--|---|--|
|   |   |   |
| <p>M.F.C.</p> <ul style="list-style-type: none"> <li>-Stem release.</li> <li>-At 15 yds. break in on an angle to the far upright.</li> <li>-You must collect the safety or expect the ball deep.</li> </ul>        | <p>-Same as retreat zone.</p>   | <p>M.F.O.</p> <ul style="list-style-type: none"> <li>-Inside angle release.</li> <li>-Break in on an angle through the outside shoulder of the safety.</li> <li>-You must collect the safety or expect the ball deep.</li> </ul> |
| vs TRAIL   | vs BUMP   | vs QUADS   |
|   |   |   |
| <ul style="list-style-type: none"> <li>-Inside angle release.</li> <li>-Break in on an angle through the outside shoulder of the safety.</li> <li>-You must collect the safety or expect the ball deep.</li> </ul> | <ul style="list-style-type: none"> <li>-Move the corner inside.</li> <li>-Stem to 15 yds. and break in on an angle to the far upright.</li> </ul> | <p>-Same as retreat zone.</p>  |

| vs RETREAT ZONE  | vs RETREAT MAN  | vs CLOUD  |
|--|---|---|
|   |    |                      |
| <p>-Stem release.</p> <p>-On the 4th outside step break in on a skinny post.</p> <p>-Snap the head around, and locate the ball. This is a firm throw.</p> <p>-Should catch the ball 2 yds. inside original alignment 22-24 yds. deep.</p> <p>-May set the corner with outside nod on 4th step.</p> | <p>-Stem release.</p> <p>-On the 4th outside step break in on a post.</p> <p>-Take an angle enough to get underneath the corner.</p> <p>-May set the corner with an outside move.</p> | <p>Conversion</p> <p>-Short stem no deeper than 5 yds.</p> <p>-Squeeze the corner outside and fade.</p> |
| vs TRAIL   | vs BUMP   | vs QUADS  |
|   |    |                    |
| <p>Conversion</p> <p>-Short stem no deeper than 5 yds.</p> <p>-Fade to a point 20 yds. deep and 2 yds. from the sideline.</p>  | <p>Conversion</p> <p>-Move the corner inside and fade.</p> <p>-Fade to a point 20 yds. deep and 2 yds. from the sideline if the corner has help.</p>                                  | <p>-Same as retreat zone.</p> <p>-May widen the corner at the top of the stem.</p>                      |

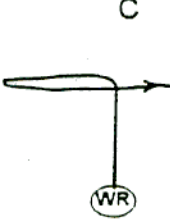

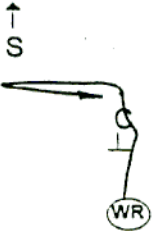
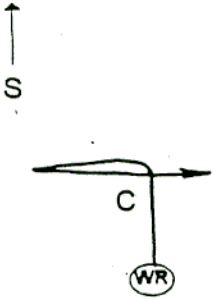
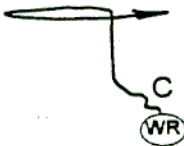
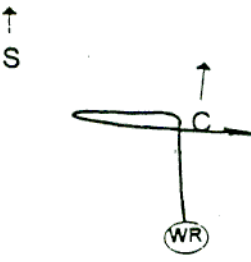


| vs RETREAT ZONE  | vs RETREAT MAN   | vs CLOUD  |
|--|--|---|
|    |   |    |
| <ul style="list-style-type: none"> <li>-Stem release.</li> <li>-At 14 yds. set the corner with slight inside move.</li> <li>-Squeeze the corner outside. (If you can't get outside - redirect inside and slightly fade).</li> <li>-Fade slightly and find the ball.</li> <li>-The stem can't be any deeper than 15 yds.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>   | <ul style="list-style-type: none"> <li>-Short stem and squeeze the corner outside.</li> <li>-Fade to a spot 20 yds. deep and 2 yds. from the sideline.</li> <li>*If fastest release squeeze the corner inside or outside. If inside you must fade back outside to a point 20 yds. deep and 2 yds. from the sideline.</li> </ul> |
| vs TRAIL   | vs BUMP  | vs QUADS  |
|    |   |    |
| <ul style="list-style-type: none"> <li>-Short stem to the same level as the corner. Fade to a point 20 yds. deep and 2 yds. from the sideline.</li> </ul>  | <ul style="list-style-type: none"> <li>-Set the corner inside, take a short stem and fade to a point 20 yds. deep and 2 yds. from the sideline.</li> </ul> | <ul style="list-style-type: none"> <li>-Release at the outside number of the corner. Stretch him.</li> <li>-Stay on stretch course to 14 yds.</li> <li>-Squeeze the corner inside and stay vertical.</li> </ul>   |



# ROUTE: JUKE

# ALIGNMENT: BASE

| vs RETREAT ZONE  | vs RETREAT MAN   | vs CLOUD   |
|--|--|--|
|   |   |   |
| <ul style="list-style-type: none"> <li>-Stem release to 6 yds.</li> <li>-Break inside off of the outside feet.</li> <li>-The 4th time the outside foot hits, pivot and slide back outside losing 1 yd.</li> <li>-Sell the route as a run-a-way.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> <li>-Look at QB on inside break to sell run-a-way to corner.</li> </ul>   | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> <li>-May use release to outside number of corner to sell fade.</li> </ul> |
| vs TRAIL   | vs BUMP  | vs QUADS   |
|   |   |   |
| <ul style="list-style-type: none"> <li>-Same as retreat man.</li> </ul>  | <ul style="list-style-type: none"> <li>-Set the corner inside.</li> <li>-Short stem upfield and break in.</li> <li>-Sell the run-a-way.</li> <li>-Pivot (be sudden), and slide out.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>   |

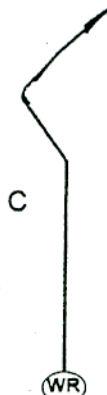
# ROUTE: SHAKE

# ALIGNMENT: INSIDE

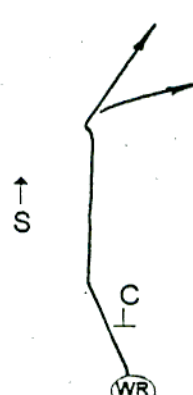
## vs RETREAT ZONE



## vs RETREAT MAN



## vs CLOUD

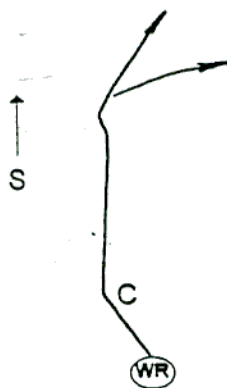


- Stem release and break to the post on 4th outside step. Angle a little flatter than firm 8.
- Snap eyes to QB to sell post. Take no more than 3 steps to the post.
- Break back to the corner. Take high angle if corner commits to the Post.
- Flatten to 20-22 yds. on sideline if corner stays over the top or outside.

- Stem release and break to the Post on 4th outside step. Take a flat angle as if to get under the corner.
- Snaps eyes to QB, and break back to corner on high angle.
- If you close quickly, the Post move may be abbreviated.

- Inside angle release.
- Stem to 15 yds.
- Locate the safety. If he is inside your stem, take a high angle to the corner (front flag). If he is head-up or outside, flatten your angle outside to a spot 20-22 yds. Deep on the sideline.
- Set the safety with inside move the top of the stem.

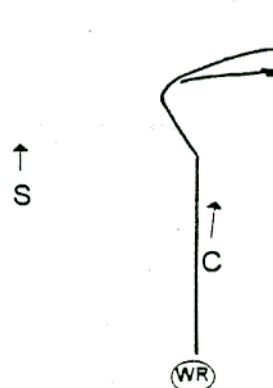
## vs TRAIL



## vs BUMP



## vs QUADS





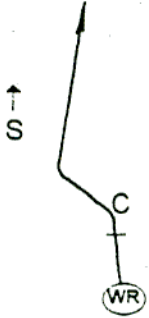
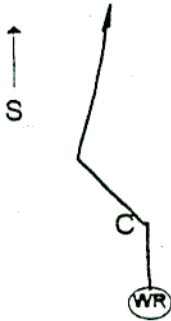


- Inside angle release. If the corner blocks you off, work back over the top.
- Stem to 15 yds. and set him with an inside move.
- Locate the safety. If he is inside your stem take a high angle to the corner (front flag). If he is head-up or outside, flatten your angle to a spot 20-22 yds. deep on the sideline.

- Same as trail on release and stem. Take high angle to the corner (front flag).

- Same as retreat zone. The corner angle will be flat coming out of the post (outside leverage corner).

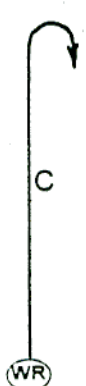
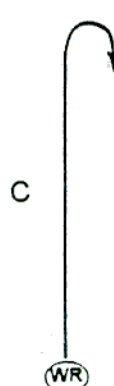
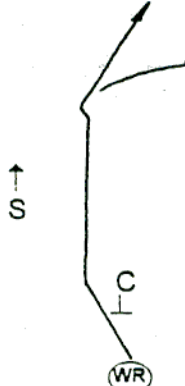
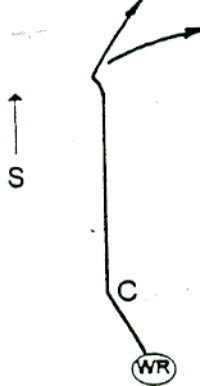


# ROUTE: PIDGEON



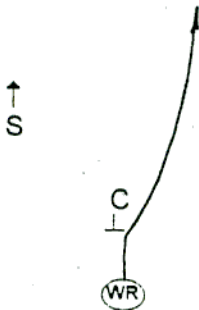
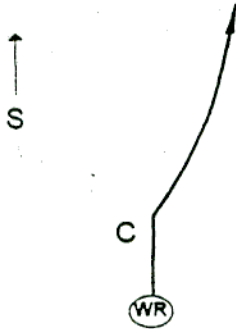

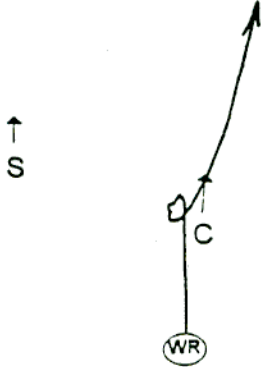
# ALIGNMENT: BASE

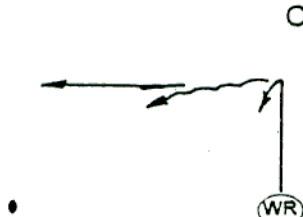
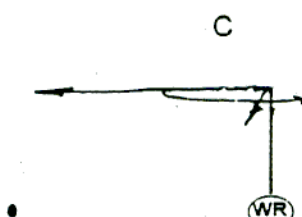
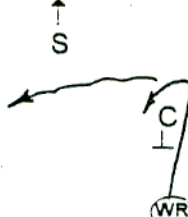
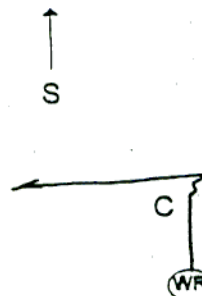

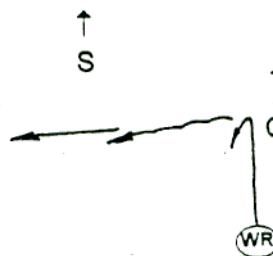
| vs RETREAT ZONE  | vs RETREAT MAN  | vs CLOUD  |
|--|---|---|
|   |    |    |
| <ul style="list-style-type: none"> <li>-Run quick 8.</li> <li>-Angle in 45 degrees on slant portion of the route.</li> <li>-Snap the head around.</li> <li>-On the 3rd step into the slant explode upfield and fade slightly.</li> <li>-Be alert to position of corner. Avoid being jammed.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>  | <ul style="list-style-type: none"> <li>-Use normal qk 8 tech.</li> <li>-Angle in 45 degrees on slant portion of the route.</li> <li>-Snap the head around.</li> <li>-On the 3rd step into slant explode upfield and fade slightly.</li> <li>-Be alert to location of safety.</li> </ul> |
| vs TRAIL   | vs BUMP   | vs QUADS  |
|   |    |    |
| <ul style="list-style-type: none"> <li>-Same as cloud tech.</li> </ul>   | <ul style="list-style-type: none"> <li>-Use qk. 8 tech.</li> <li>-Sell the slant, snap the head and eyes.</li> <li>-On the 3rd step explode upfield and fade slightly.</li> </ul> | <ul style="list-style-type: none"> <li>-Use retreat zone tech.</li> </ul>   |

# ROUTE: STOP

# ALIGNMENT: BASE







| vs RETREAT ZONE  | vs RETREAT MAN  | vs CLOUD  |
|--|---|---|
|   |    |    |
| <p>-Stem release, hold your line, sell the route as a 9.</p> <p>-Break out at 20 yds., run out of the cut.</p> <p>-Don't lean or chop your feet.</p> <p>-Finish hard back down the sideline.</p> | <p>-Same as retreat zone.</p>   | <p>Conversion</p> <p>-Inside angle release.</p> <p>-Stem to 15 yds. and set the safety with an inside move.</p> <p>-Take a high angle to the corner if the safety is inside the stem. Take a flat angle if the safety is over the top or outside.</p> |
| vs TRAIL   | vs BUMP   | vs QUADS  |
|   |  |    |
| <p>Conversion</p> <p>-Same as cloud.</p>   | <p>-Same as retreat zone.</p>   | <p>-Same as retreat zone.</p>   |

| vs RETREAT ZONE   | vs RETREAT MAN   | vs CLOUD   |
|---|--|--|
|    |   |   |
| <ul style="list-style-type: none"> <li>-Stem to 6 yds. deep.</li> <li>-Sink the hips and plant the outside foot.</li> <li>-Snap around to the QB and PAUSE BRIEFLY. Flash your hands.</li> <li>-Pivot outside and get upfield.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>   | <p>Conversion</p> <ul style="list-style-type: none"> <li>-Short stem no deeper than 5 yds.</li> <li>-Squeeze the corner outside and</li> </ul>       |
| vs TRAIL  | vs BUMP  | vs QUADS   |
|    |   |   |
| <p>Conversion</p> <ul style="list-style-type: none"> <li>-Short stem no deeper than 5 yds.</li> <li>-Fade to a point 20 yds. deep and 2 yds. from the sideline.</li> </ul>  | <p>Conversion</p> <ul style="list-style-type: none"> <li>-Move the corner and fade.</li> <li>-Fade to a point 20 yds. deep and 2 yds. from sideline, if corner has help.</li> <li>-Stay steep if no help.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> <li>-Be alert for heavy outside leverage by the corner. Avoid contact.</li> </ul> |

| vs RETREAT ZONE   | vs RETREAT MAN  | vs CLOUD   |
|---|---|--|
|   |    |   |
| <ul style="list-style-type: none"> <li>-Stem to 6 yds. and hitch. If no color stay.</li> <li>-If color shows. Hunt the first hole inside. Sit down - Be definitive. Continue across field parallel, if no inside color.</li> <li>-If color is on the same level, start inside and set him, slide back outside.</li> </ul> | <ul style="list-style-type: none"> <li>-Stem 6 yds. and hitch.</li> <li>-Hold the hitch vs. soft corner.</li> <li>-Use run-away inside vs. tight corner.</li> <li>-If corner cuts you off you may slide back out.</li> </ul>  | <ul style="list-style-type: none"> <li>-Release at the outside number of the corner to widen him.</li> <li>-Break in at 6 yds. and hunt the first hole.</li> </ul> |
| vs TRAIL  | vs BUMP   | vs QUADS   |
|    |    |   |
| <ul style="list-style-type: none"> <li>-Stem to 6 yds.</li> <li>-Set the defender and break inside on run-a-way.</li> <li>-No slide back out.</li> </ul>  | <ul style="list-style-type: none"> <li>-Inside release.</li> <li>-If you get inside, take short stem to straighten the corner. Set him and run-a-way inside.</li> <li>-If the corner blocks you off, work up over the top 4-5 yds. Set the corner and run-a-way inside.</li> <li>-Stay flat.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>   |

# ROUTE: SQUIRREL

# ALIGNMENT: NASTY

| vs RETREAT ZONE  | vs RETREAT MAN  | vs CLOUD  |
|--|---|---|
|   |    |    |
| <ul style="list-style-type: none"> <li>-Stem release.</li> <li>-Stutter-break down at 13 yds.</li> <li>-Explode upfield to 20 yds. and break out. (5-route).</li> <li>-Don't lean or stutter stem.</li> <li>-Run out of the cut back down the sideline.</li> </ul> | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>            | <ul style="list-style-type: none"> <li>-Short stem and squeeze the corner outside.</li> <li>-Stem to 20 yds. and break as in retreat zone.</li> </ul> |
| vs TRAIL   | vs BUMP   | vs QUADS  |
|   |  |    |
| <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> <li>-After stutter may use eyes to QB to sell as 9.</li> </ul>  | <ul style="list-style-type: none"> <li>-Same as trail.</li> </ul>                   | <ul style="list-style-type: none"> <li>-Same as retreat zone.</li> </ul>  |

# FORMATIONS

Page #

|                     |      |
|---------------------|------|
| EXPLANATION         | 6-1  |
| TWO BACK FORMATIONS | 6-2  |
| D FORMATIONS        | 6-4  |
| T FORMATIONS        | 6-5  |
| F FORMATIONS        | 6-7  |
| ALIGNMENT TERMS     | 6-8  |
| D VARIATIONS        | 6-10 |
| T VARIATIONS        | 6-11 |
| F VARIATIONS        | 6-12 |
| OTHER FORMATIONS    | 6-13 |
| JUMBO FORMATIONS    | 6-14 |



# FORMATIONS

Our formations will *all* have several distinct parts:

## 1. **FORMATION**

This dictates backfield set and possibly receiver (X, Y, & Z) alignment.

## 2. **STRENGTH DIRECTION**

Always to Y except in Spread & possibly when Y's alignment has been altered.

## 3. **ALIGNMENT TERM**

Used only as a variation of the base formation. In many of our formations, there will not be an Alignment Term.

Our Formations are separated into two categories: One Back & Two Back.

### 1. **TWO BACK**

Both RBs are in the backfield and no wider than our OTs.

### 2. **ONE BACK**

One RB is in the backfield while the other is on either side edge or wider. A substituted WR or TE could assume the detached RB's identity (F).

One Back Formations are placed into the following groupings:

#### 1. **D FORMATIONS**

The formations are balanced. X & F are aligned weak while Z & Y are aligned strong.

#### 2. **T FORMATIONS**

These formations are unbalanced creating three strong (Z, F, & Y) and one (X) aligned weak.

#### 3. **F FORMATIONS**

This is another balanced grouping. The difference is X & Z are weakside and Y & F are strongside.

#### 4. **OTHER FORMATIONS**

Formations that do not fit into the previous three groupings. This is mostly Bunches.

THE FOLLOWING PAGES ILLUSTRATE:

A. TWO BACK FORMATIONS

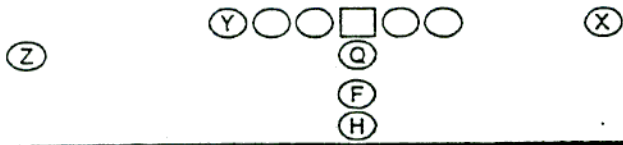
B. ONE BACK FORMATIONS (by groupings)

C. ALIGNMENT TERMS

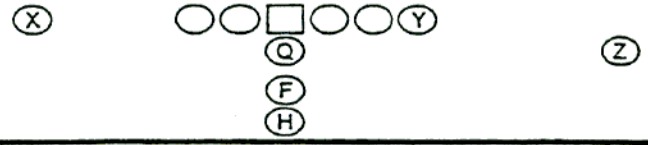
D. FORMATION VARIATIONS

# TWO BACK FORMATIONS

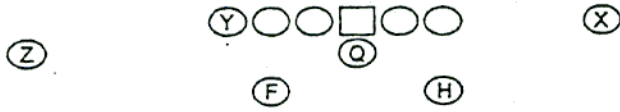
ILT



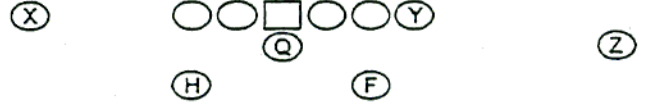
IRT



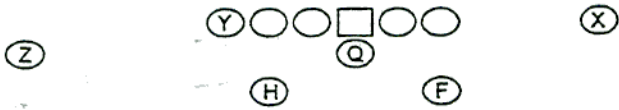
SPLIT LT



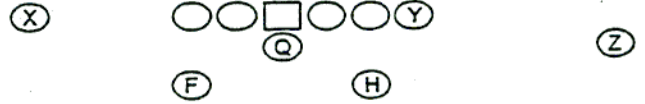
SPLIT RT



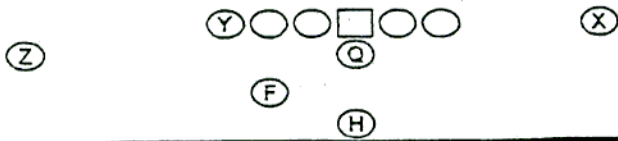
FULL LT



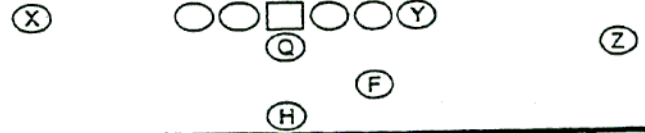
FULL RT



JACK LT



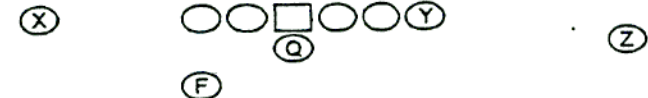
JACK RT



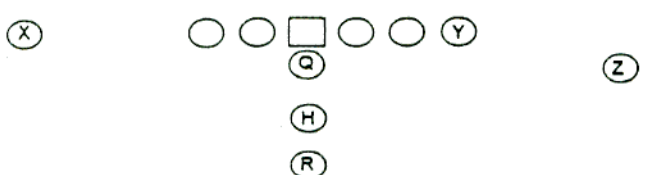
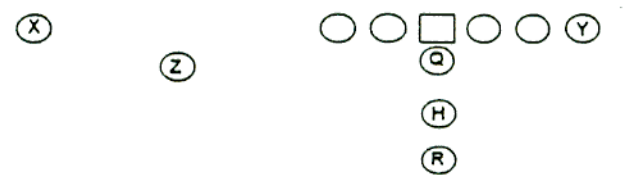
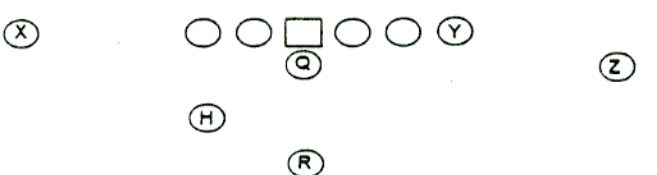
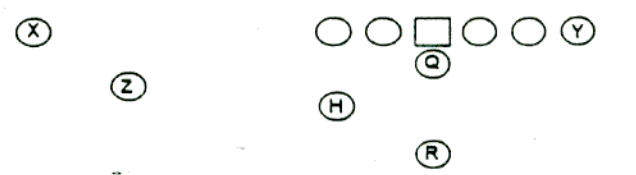
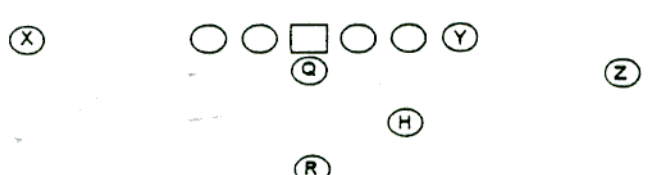
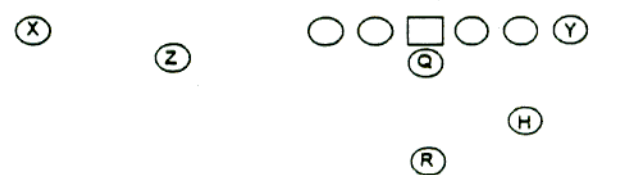
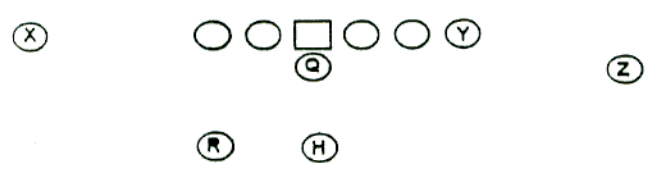
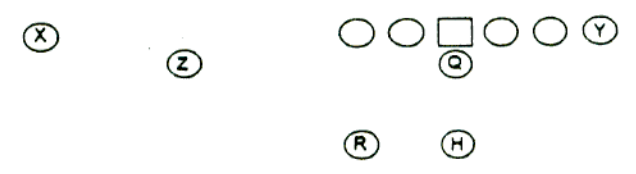
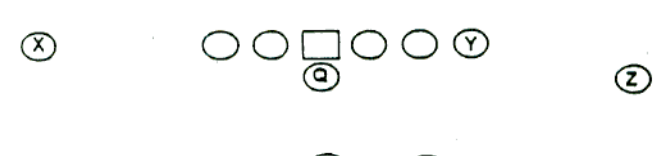
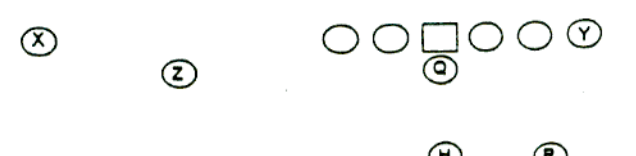
QUEEN LT



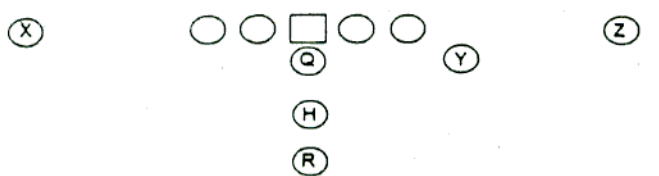
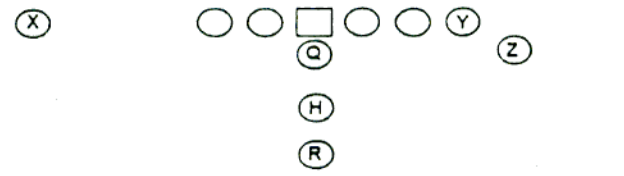
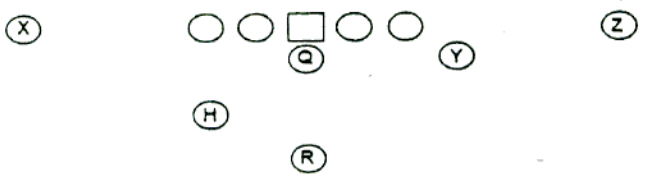
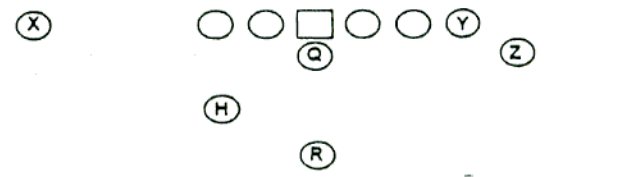
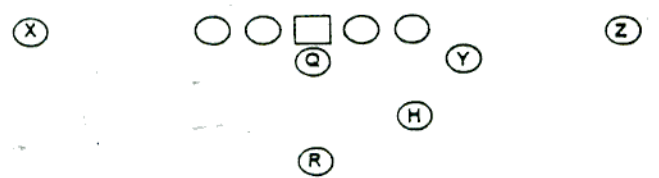
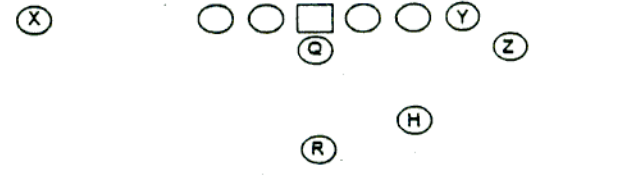
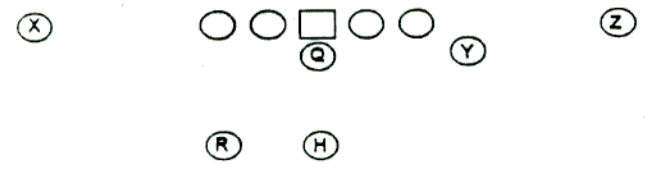
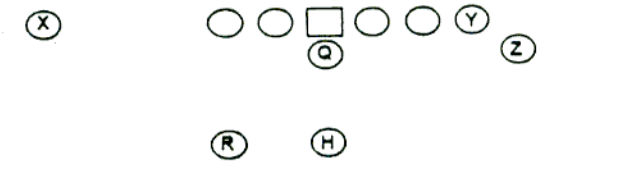
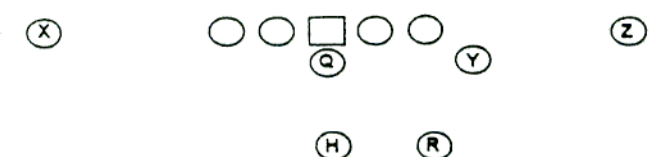
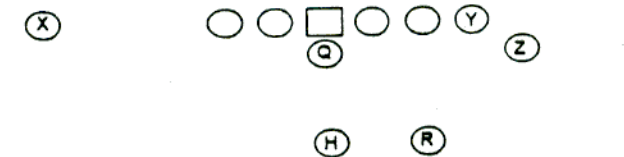
QUEEN RT



# TWO BACK FORMATIONS

|   |  |
|---|--|
| <p>IRT</p>          | <p>IRT SLOT</p>          |
| <p>FAR RT</p>       | <p>FAR RT SLOT</p>       |
| <p>NEAR RT</p>    | <p>NEAR RT SLOT</p>    |
| <p>WEAK RT</p>    | <p>WEAK RT SLOT</p>    |
| <p>STRONG RT</p>  | <p>STRONG RT SLOT</p>  |

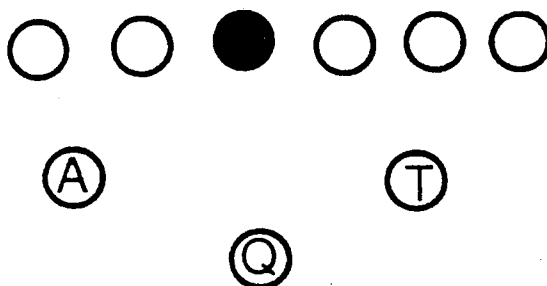
# TWO BACK FORMATIONS

|  |  |
|--|--|
| <p><b>1 RT OFF</b></p>         | <p><b>1 RT WNG</b></p>         |
| <p><b>FAR RT OFF</b></p>       | <p><b>FAR RT WNG</b></p>       |
| <p><b>NEAR RT OFF</b></p>    | <p><b>NEAR RT WNG</b></p>    |
| <p><b>WEAK RT OFF</b></p>    | <p><b>WEAK RT WNG</b></p>    |
| <p><b>STRONG RT OFF</b></p>  | <p><b>STRONG RT WNG</b></p>  |

## ONE BACK FORMATIONS

I The position of the one back will be described by the letters Q, A T.

- A. The Q position will represent the normal one back position 6-1/2 yards deep behind the center.
- B. The A position will be approximately 5 yards deep splitting the inside leg of the offensive tackle to the split end side.
- C. The T position will be approximately 5 yards deep splitting the inside leg of the offensive tackle to the tight end side.



II The one back formations are divided into four categories:

- a. The "D" Formations  
These formations all have two receivers on either side of the center. This is referred to as "Doubles".
- B. The "T" Formations  
These are the trips formations formed by Z, Y, and H.
- C. "F" Formations  
These are the slot formations in which X and Z are on the same side. They can be either doubles or trips.
- D. The ~~last~~ category are the bastard formations. These are the formations that don't fit in the ~~previous~~ three categories.

## III FORMATION TERMINOLOGY

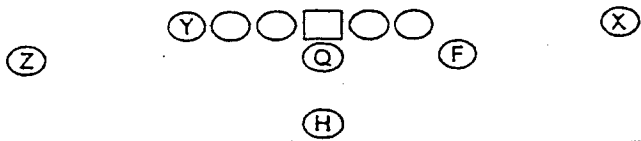
- Change - H & R exchange positions
- Switch - X & Z exchange positions
- Swap - Y & Z exchange positions

# ONE BACK FORMATIONS

Ds

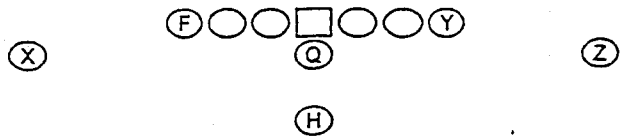
## DEUCE LT

\*In Deuce, F or X is on LOS according to play!

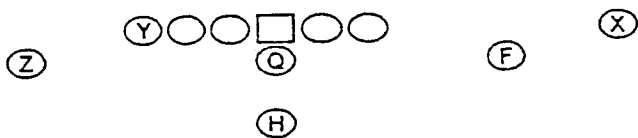


## DEUCE RT

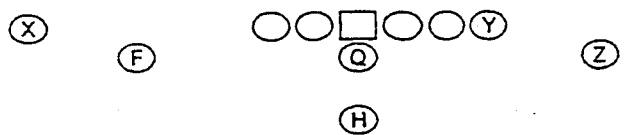
\*In Deuce, F or X is on LOS according to play!



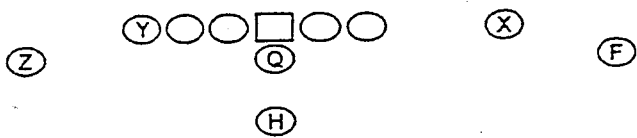
## DOUBLE LT



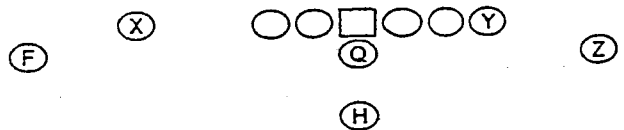
## DOUBLE RT



## DUAL LT



## DUAL RT



# ONE BACK FORMATIONS

## Ts Continued

TRAILER LT

(Z) (F) (Y) ( ) ( ) ( ) ( ) ( ) (H) (X)

TRAILER RT

(X) (H) ( ) ( ) ( ) ( ) ( ) (Y) (F) (Z)

# ALIGNMENT TERMS

\*THEY APPLY TO ANY FORMATION CALLED!

|                                   |                                     |
|-----------------------------------|-------------------------------------|
| <p>JACK RT SLOT</p> <p>SLOT</p>   | <p>JACK RT SLIP</p> <p>SLIP</p>     |
| <p>JACK RT FLOAT</p> <p>FLOAT</p> | <p>JACK RT SPREAD</p> <p>SPREAD</p> |
| <p>JACK RT CLOSE</p> <p>CLOSE</p> | <p>TWINS RT NASTY</p> <p>NASTY</p>  |
| <p>JACK RT WING</p> <p>WING</p>   | <p>DEUCE RT EDGE</p> <p>EDGE</p>    |
| <p>JACK RT TIGHT</p> <p>TIGHT</p> | <p>JACK RT OFF</p> <p>OFF</p>       |

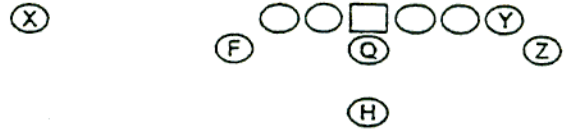


# ONE BACK FORMATIONS D VARIATIONS

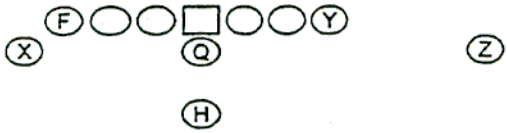
DEUCE LT SLOT



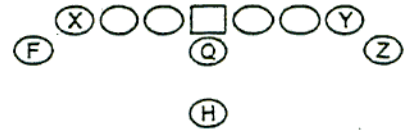
DEUCE RT WING



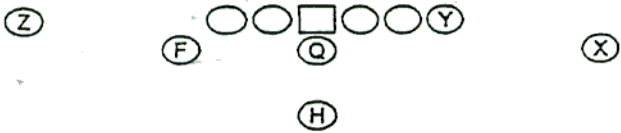
DEUCE RT EDGE



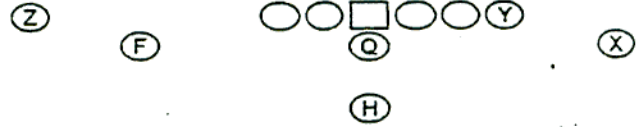
DEUCE RT TITE WING



TRADE DEUCE RT



TRADE DOUBLE RT

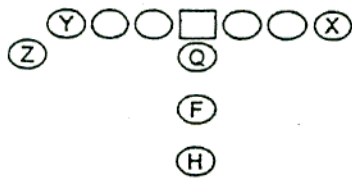


DUAL RT WING

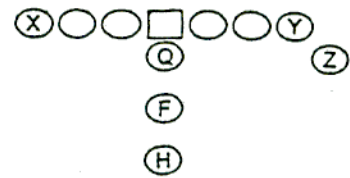


# JUMBO FORMATIONS

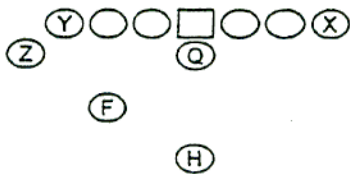
ILT



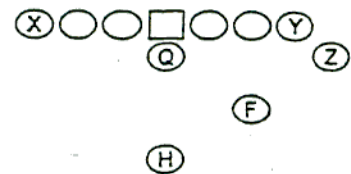
IRT



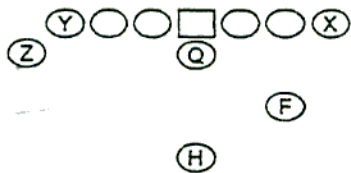
JACK LT



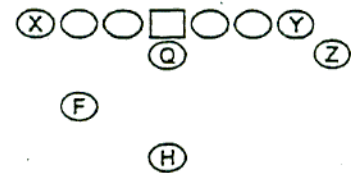
JACK RT



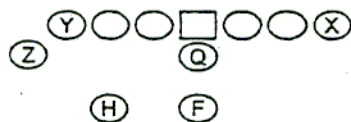
QUEEN LT



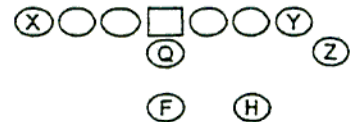
QUEEN RT



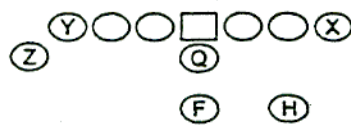
NEAR LT



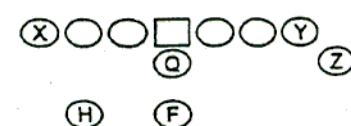
NEAR RT



FAR LT

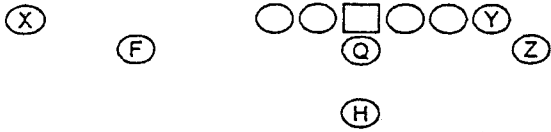


FAR RT

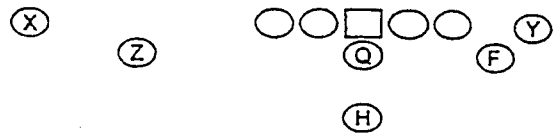


# ONE BACK FORMATIONS F VARIATIONS

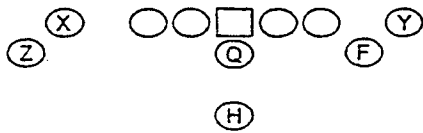
FLANK RT FUZZ



FLANK RT FAY



FLOAT RT FAY



# DEFINITIONS OF TYPES OF MOTIONS

| <u>PLAYER</u> | <u>CALL</u> | <u>DESCRIPTION</u>   |
|---------------|-------------|--|
| Z Motions     | "Zoom"      | Tells the Z to line up opposite and motion back across the formation into the formation called.  |
|               | "Z Orbit"   | Tells the Z to align in the formation called and motion to the outside hip of the end man on the LOS then reverse his motion toward the direction from which he came, turning toward the defense. He does not cross the formation. |
|               | "Zap"       | Tells the Z to line up opposite and motion across the formation to the X or open side to a hold off position.  |
|               | "Zing"      | Tells the Z to line up opposite and motion across into the formation called, to a hold off position next to Y.   |
|               | "Zip"       | Tells the Z to align in the formation called and motion to the hip of the end man on the LOS. Z does not cross the formation.  |
|               | X "Zeke"    | Tells the Z to align in the formation called and motion out of it while crossing the formation. The resulting formations could be unusual.   |
|               | "Zag"       | Tells the Z to align opposite the call motion to the far guard, return past the center then reverse to a hold off position into the formation called.  |
| X Motions     | X "Buzz"    | Same as "Zoom" except that Z will extend his motion until he becomes the widest receiver to his side.  |
|               | "Ox"        | Tells X to align opposite the formation called and motion across the formation to the call.  |
|               | "X Orbit"   | Tells X to align to the side of the call and motion into the formation to the hip of the end man on the LOS, then reverse back out to his original starting point, turning towards the defense. He does not cross the formation.   |
|               | "Exit"      | Tells X to motion out of the formation called crossing the formation. This will result in unusual formations.  |

\*H must always align on the ball on X motions

| <u>PLAYER</u>  | <u>CALL</u>    | <u>DESCRIPTION</u>   |
|--|----------------|--|
| <b>Y Motions</b><br>Z must be on the LOS<br>on all Y motions | "Fly"          | Y aligns off the ball and motions across the formation into the formation called.  |
|  | "Long Fly"     | Same as "Fly" except Y motions outside of the widest receiver.   |
|  | "Leap"         | Y aligns off the ball to the formation called and motions out of the formation while crossing the formation.   |
|  | "Long Leap"    | Same as "Leap" except Y continues his motion outside of the widest receiver.   |
|  | "Yin"          | Y aligns off the ball to the side of the call outside the widest receiver and motions towards the formation and his normal alignment.<br>*Cannon formation is an exception for Y's initial starting point. |
|  | "Jump"         | Y aligns off the ball in his normal alignment and short motions inside to the near A or B gap.   |
| <b>H Motions</b>   | "Whiz"         | H aligns in the formation called and motions out of the formation away from Y. His ending point will be determined by the play called.   |
|  | "Quick Whiz"   | Same as "Whiz" but only a one or two step motion. H will leave on the QB's foot on "quick whiz" motion.  |
|  | "Long Whiz"    | Same as "Whiz" only H will extend his motion outside the widest receiver to that side.   |
|  | "Motion"       | H aligns in the formation called and motions out of the formation towards the Y. His ending point will be determined by the play called.   |
|  | "Quick Motion" | Same as "Motion" but only a one or two step motion. H will leave on the QB's foot.   |
|  | "Long Motion"  | Same as "Motion" only H will extend his motion outside the widest receiver to his side.  |

| <u>PLAYER</u>     | <u>CALL</u>                            | <u>DESCRIPTION</u>   |
|-------------------|--|--|
| H Motion (Cont'd) | "Orbit"<br>(H is understood)           | H will align in the formation called and motion across the formation to the off guard then reverse back facing the defense to his original starting point.                   |
|                   | "Hump"                                 | H aligns in the formation called and short motions inside to the near A or B gap.  |
|                   | "Hammer"<br>(can also apply to Y or U) | H aligns in the formation called and motions across the formation to the outside leg of the tackle and reverses facing the defense.  |
|                   | "Hip"                                  | H aligns outside the widest receiver in the formation called and motions towards the outside hip of the end man on the LOS nearest him. H does not cross the formation.      |
| R Motions         | "Rex"                                  | R aligns in the formation called and short motions away from Y. He will begin his motion by going towards the LOS to the opposite side of the QB than which he is motioning. |
|                   | "Long Rex"                             | Same as "Rex" only R will extend his motion to outside of the widest receiver to that side.  |
|                   | "Roy"                                  | R will align in the formation called and short motion to Y. As with "Rex" he begins by starting towards the LOS to the opposite side of the QB, than which he is motioning.  |
|                   | "Long Roy"                             | Same as "Roy" only R will extend his motion to outside of the widest receiver to that side.  |

**BASIC RULE** On "One" Short Movement --  
On "Two" Long Movement, Alerts, Check-With-We, Short yards and Goalline.

# 1995 MOVEMENT AND SNAP COUNT

| <u>'Z'</u> | <u>COLOR</u> | <u>SNAP COUNT</u> |
|------------|--------------|-------------------|
| Zip        | 2nd          | 2                 |
| Zoom       | 1st          | 2 or 4            |
| Zap        | 1st          | 2                 |
| Zing       | 1st          | 1                 |
| Zeke       | 1st          | 1 & 2             |
| Zag        | 1st          | 2                 |
| Z Orbit    | 1st          | 2 or 4            |
| Fake Zap   | 1st          | 2                 |

| <u>'X'</u> | <u>COLOR</u> | <u>SNAP COUNT</u> |
|------------|--------------|-------------------|
| Ox         | 1st          | 2                 |
| X Orbit    | 1ST          | 2                 |
| Exit       | 1st          | 2                 |

| <u>'Y'</u> | <u>COLOR</u> | <u>SNAP COUNT</u> |
|------------|--------------|-------------------|
| Leap       | 1st          | 1 or 3            |
| Fly        | 1st          | 1 or 3            |
| Y Orbit    | 1st          | 2 or 3            |
| Jump       | 2nd          | 1                 |
| Lg Leap    | 1st          | 2 or 4            |
| Lg Fly     | 1st          | 2 or 4            |
| Yin        | 1st          | 2                 |

| <u>'H'</u> | <u>COLOR</u> | <u>SNAP COUNT</u> |
|------------|--------------|-------------------|
| Qk Motion  | 2nd          | 1                 |
| Qk Whiz    | 2nd          | 1                 |
| Whiz       | 1st          | 1 or 3            |
| Motion     | 1st          | 1 or 3            |
| Orbit      | 1st          | 2 or 3            |
| Lg Whiz    | 1st          | 2 or 4            |
| Lg Mot     | 1st          | 2 or 4            |
| Hip        | 1st          | 1 or 2            |
| Hump       | 2nd          | 1                 |
| Dual Mot   | 1st          | 2 or 4            |
| DBL Mot    | 1st          | 2 or 4            |
| Hammer     | 1st          | 2                 |

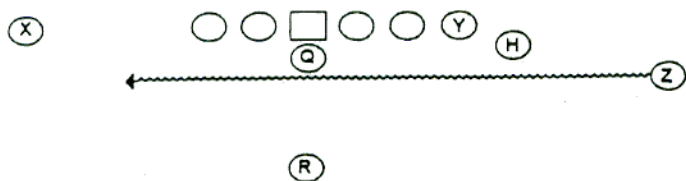
| <u>'R'</u> | <u>COLOR</u> | <u>SNAP</u> |
|------------|--------------|-------------|
| Rex        | 1st          | 1           |
| Roy        | 1st          | 1           |
| Lg Rex     | 1st          | 2 or 4      |
| Lg Roy     | 1st          | 2 or 4      |

# Z MOTIONS

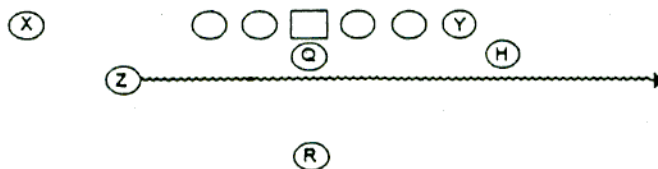
## ZOOM

Z crosses into the formation called.

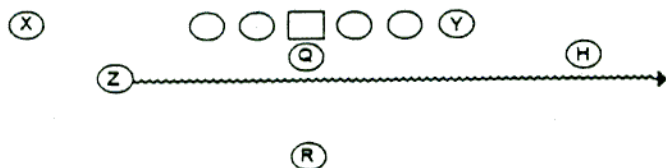
### FLANK RT ZOOM



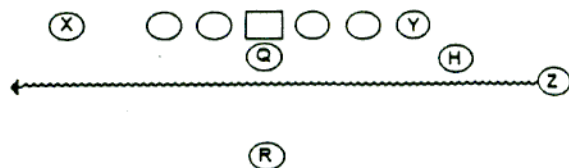
## TRIPS RT ZOOM



## TRIPLE RT ZOOM



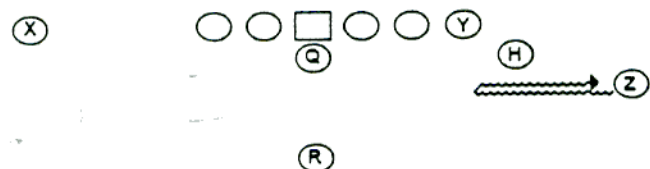
## FLOAT RT ZOOM



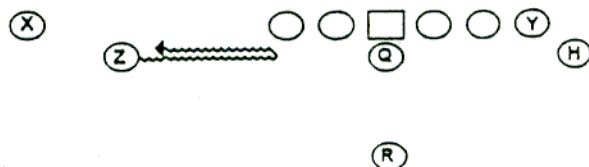
## Z ORBIT

Motion down to the end man on line of scrimmage then reverse back out.

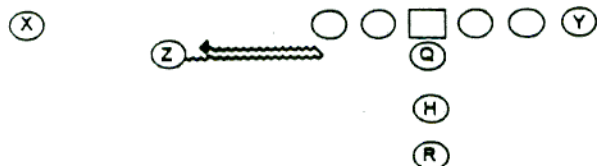
### TRIPS RT Z ORBIT



### FLANK RT Z ORBIT



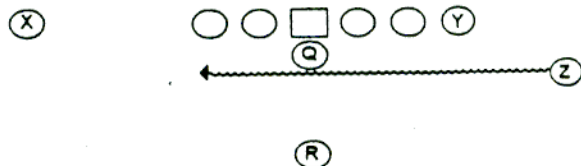
### I RT SLOT Z ORBIT



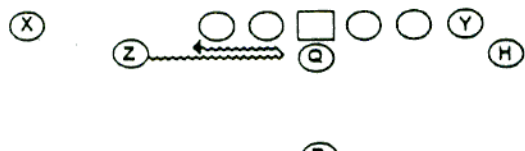
## ZAP

Cross formation to the X side hold off position.

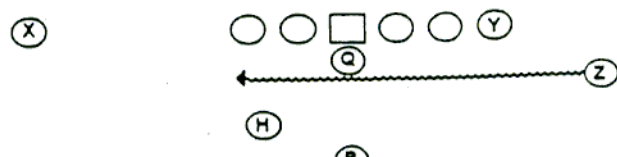
### FLEX RT ZAP



### FLANK RT FAKE ZAP



### FAR RT SLOT ZAP



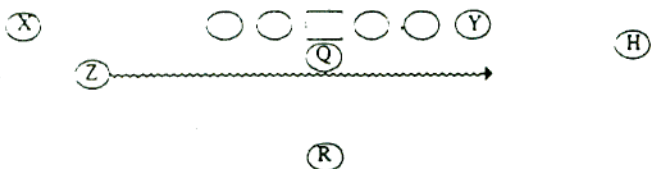


# Z MOTIONS

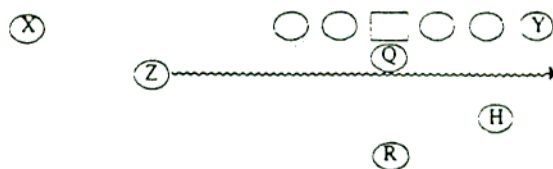
## ZING

Cross formation to the Y side hold off position.

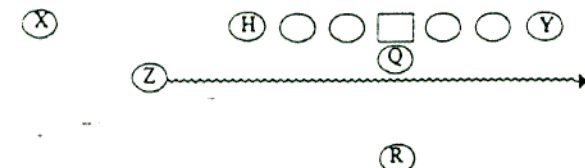
### TWINS RT ZING



## NEAR RT ZING



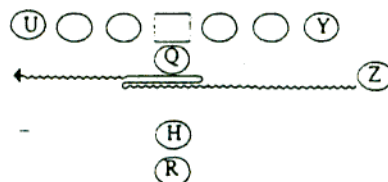
## DEUCE RT ZING



## ZAG

Motion to far guard, return past center, then reverse back to hold off position.

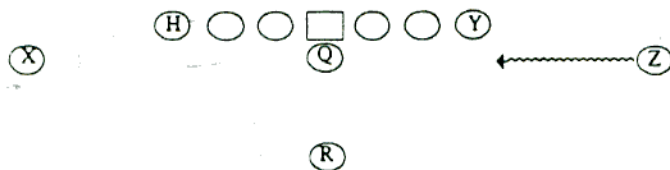
### I LT JUMBO ZAG *tite wing reg*



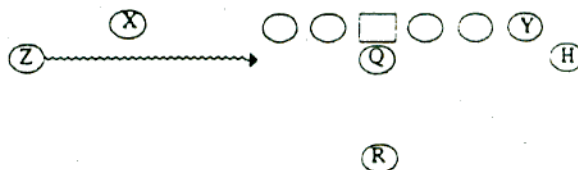
## ZIP

Motion to the hip of the end man on the LOS from the widest receiver alignment.

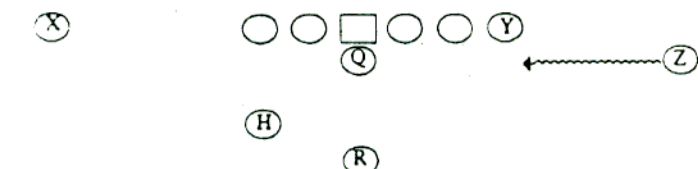
### DEUCE RT ZIP



## FLANK RT ZIP



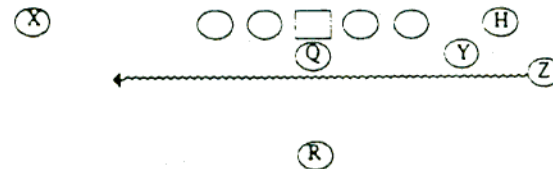
## FAR RT ZIP



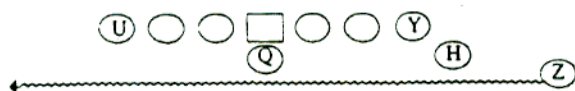
## ZEKE

Motion out of the formation called while crossing the formation.

### BUNCH RT ZEKE



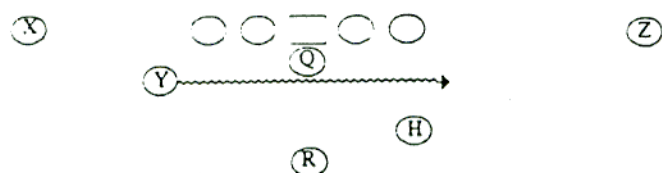
## TRIPS RT TITE ZEKE



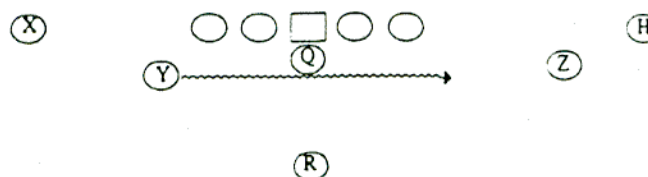
# Y MOTIONS

**FLY**  
Y crosses into the formation called.

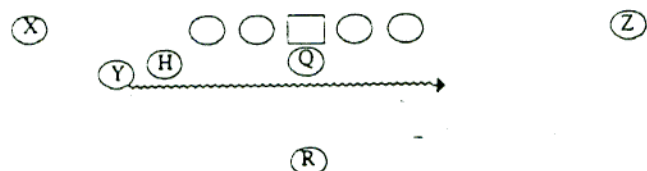
**NEAR RT FLY**



**TWINS RT FLY**

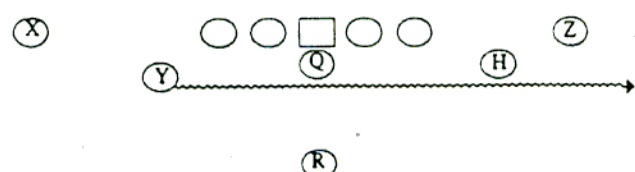


**DOC RT FLY**

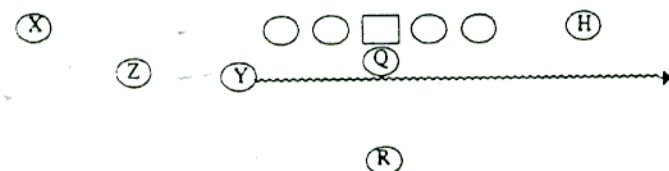


**LONG FLY**  
FLY outside of the widest receiver.  
(Formation may not end up exact.)

**TRIPLE RT LONG FLY**

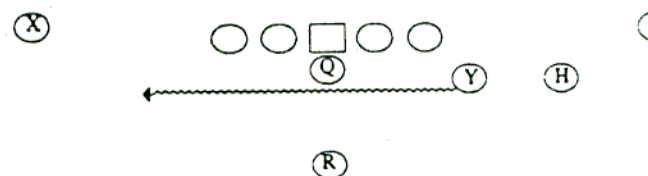


**FLANK RT LONG FLY**

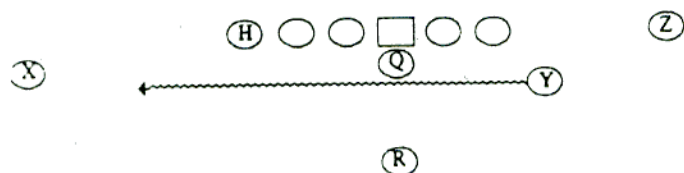


**LEAP**  
Motion out of the formation called while  
crossing the formation.

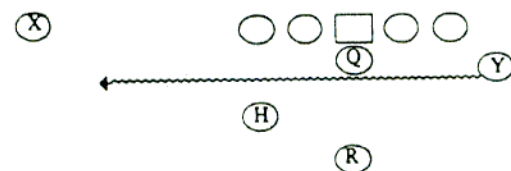
**TRIPLE RT LEAP**



**DEUCE RT LEAP**

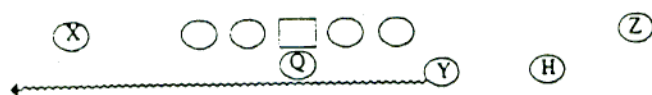


**FAR RT LEAP**



**LONG LEAP**  
Motion out of formation and outside of the  
widest receiver.

**TRIPLE RT LONG LEAP**

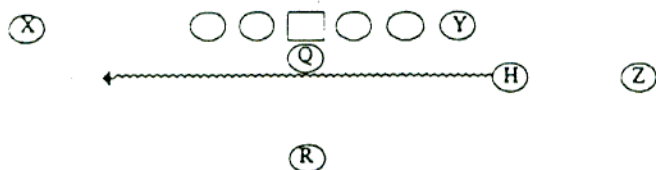


# H MOTIONS

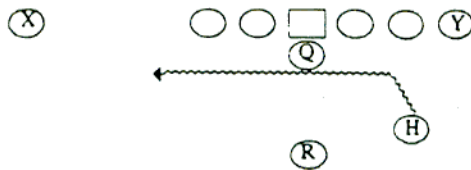
(Always motion out of the formation called)

**WHIZ**  
H motions away from Y

**TRIPS RT WHIZ**

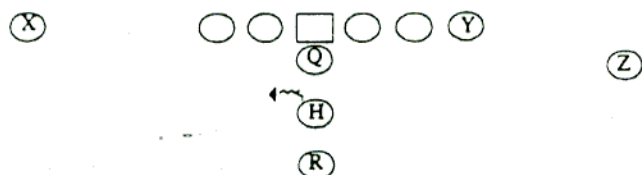


**NEAR RT WHIZ**



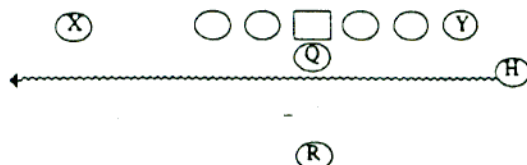
**QUICK WHIZ**  
Whiz with one or two step motion leaving on QB's foot.

**I RT QUICK WHIZ**

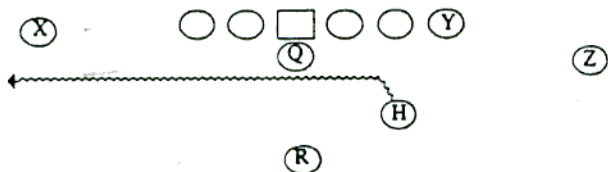


**LONG WHIZ**  
Whiz outside of the widest receiver.

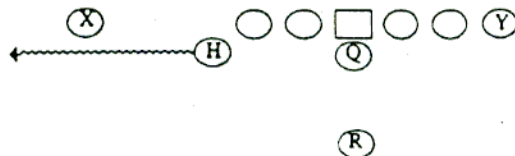
**TRIPS RT LONG WHIZ**



**NEAR RT LONG WHIZ**

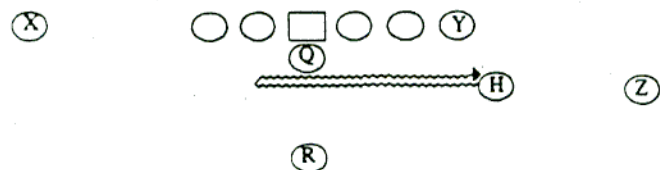


**DOC RT LONG WHIZ**

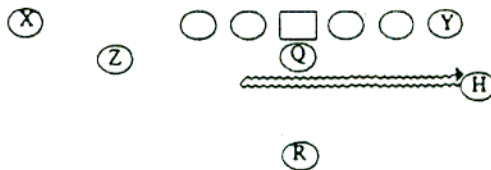


**ORBIT**  
Motion to the off guard then reverse back to your original alignment.

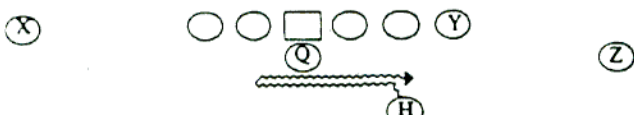
**TRIPS RT ORBIT**



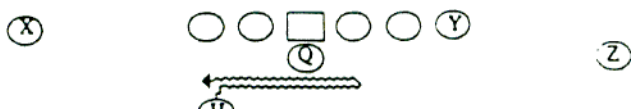
**FLANK RT ORBIT**



**NEAR RT ORBIT**



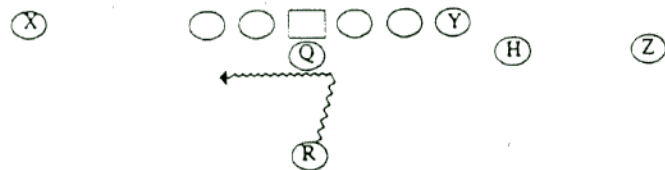
**FAR RT ORBIT**



# R MOTIONS

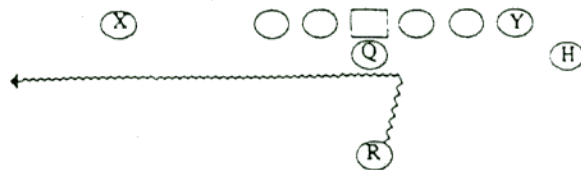
**REX**  
R short motion away from Y.

TRIPS RT REX



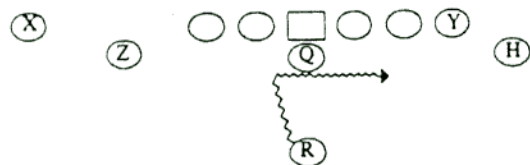
**LONG REX**  
Rex outside of the widest receiver.

TRIPS RT LONG REX



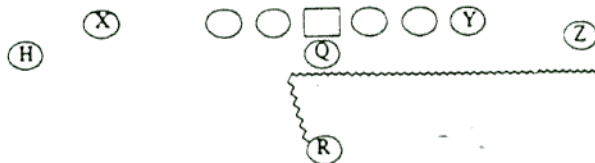
**ROY**  
R short motion to the Y side.

FLANK RT ROY



**LONG ROY**  
Roy outside of the widest receiver.

DUAL RT LONG ROY



# MOVEMENT

Page #

|              |      |
|--------------|------|
| EXPLANATION  | 7-1  |
| DESCRIPTIONS | 7-2  |
| Z MOVEMENTS  | 7-5  |
| X MOVEMENTS  | 7-7  |
| Y MOVEMENTS  | 7-8  |
| F MOVEMENTS  | 7-9  |
| H MOVEMENTS  | 7-11 |
| SHIFTS       | 7-12 |

## MOVEMENT

Movement is very important to our total offensive system. There are several reasons for movement in our offense; among the most prominent reasons are:

1. To create a personnel advantage by creating coverage mismatches on our receivers or backs.
2. To create a personnel advantage by effecting changes in run support and force responsibilities.
3. To create secondary movement in an effort to better enable our quarterbacks to recognize coverages.
4. To get our personnel in better position to execute their given assignment.
5. To create problems for the defense in man under coverages when attempting to hold or bump receivers at the line of scrimmage.
6. To create an opportunity for indecision, confusion, and/or misalignment by the secondary.
7. To cause movement on the part of the defense in an effort to realign their personnel with the coverage calls and changes, and not allow them to set themselves and react to familiar offensive patterns. Make the defense play "on the move."
8. To force opponents to spend practice time and effort on adjusting to movement patterns rather than improving defensive skills and schemes.
9. To create a visual complexity to the defense, yet be able to run the same basic plays from a variety of looks.

# DEFINITIONS OF TYPES OF MOTIONS

| <u>PLAYER</u>   | <u>CALL</u> | <u>DESCRIPTION</u>   |
|---|-------------|--|
| <b>Z Motions</b>  | "Zoom"      | Tells the Z to line up opposite and motion back across the formation into the formation called.  |
|   | "Z Orbit"   | Tells the Z to align in the formation called and motion to the outside hip of the end man on the LOS then reverse his motion toward the direction from which he came, turning toward the defense. He does not cross the formation. |
|   | "Zap"       | Tells the Z to line up opposite and motion across the formation to the X or open side to a hold off position.  |
|   | "Zing"      | Tells the Z to line up opposite and motion across into the formation called, to a hold off position next to Y.   |
|   | "Zip"       | Tells the Z to align in the formation called and motion to the hip of the end man on the LOS. Z does not cross the formation.  |
|   | "Zeke"      | Tells the Z to align in the formation called and motion out of it while crossing the formation. The resulting formations could be unusual.   |
|   | "Zag"       | Tells the Z to align opposite the call motion to the far guard, return past the center then reverse to a hold off position into the formation called.  |
| <b>X Motions</b><br>*H must always align on the ball on X motions | "Buzz"      | Same as "Zoom" except that Z will extend his motion until he becomes the widest receiver to his side.  |
|   | "Ox"        | Tells X to align opposite the formation called and motion across the formation to the call.  |
|   | "X Orbit"   | Tells X to align to the side of the call and motion into the formation to the hip of the end man on the LOS, then reverse back out to his original starting point, turning towards the defense. He does not cross the formation.   |
|   | "Exit"      | Tells X to motion out of the formation called crossing the formation. This will result in unusual formations.  |

| <u>PLAYERS</u>         | <u>CALL</u>       | <u>DESCRIPTIONS</u>  |
|------------------------|-------------------|--|
| <b>F MOTIONS</b> con't | "Buzz"            | Same as "Motion" only F will extend his movement outside the widest receiver from the formation called.  |
|                        | "Orbit"           | F will align in the formation called and motion across the formation to the off guard then reverses  |
|                        | (F is understood) | back to his original starting point while facing the defense.  |
|                        | "Bang"            | F aligns in the formation called and motions inside to the near A or B gap.  |
| <b>H MOTIONS</b>       | "Flip"            | F aligns outside the widest receiver in the formation called and motions toward the outside hip of the end man on the LOS nearest him. F does not cross the formation. |
|                        | "Tex"             | H aligns in formation called and motions out past X.   |
|                        | "Toy"             | H aligns in formation called and motions out past Z.   |

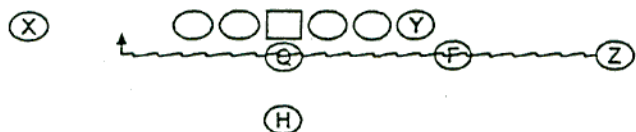


# Z MOVEMENTS

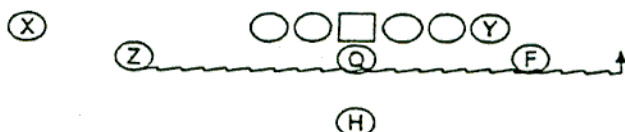
## ZOOM

Z crosses into formation called.

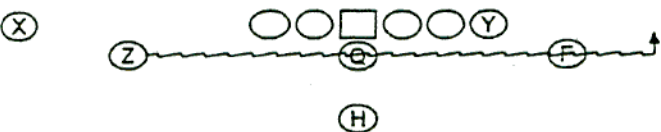
### FLANK RT ZOOM



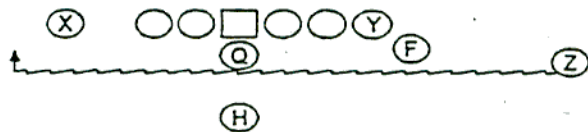
## TRIPS RT ZOOM



### TREY RT ZOOM



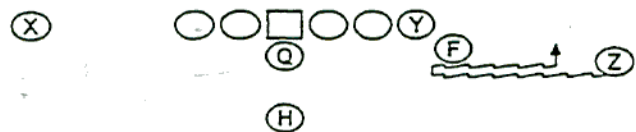
### FLOAT RT ZOOM



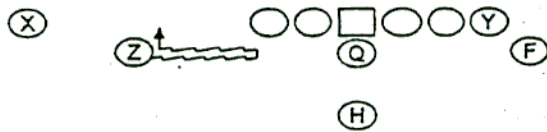
## Z ORBIT

Motion down to the end man on the LOS then reverse back out.

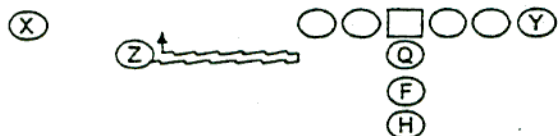
### TRIPS RT Z ORBIT



### FLANK RT Z ORBIT



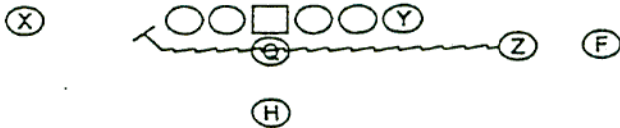
### I RT SLOT Z ORBIT



## ZAP

Cross formation to the open side hold off position.

### FLEX RT ZAP



### QUEEN RT SLOT ZAP



## ZORRO

Reverse motion to the openside hold off position.

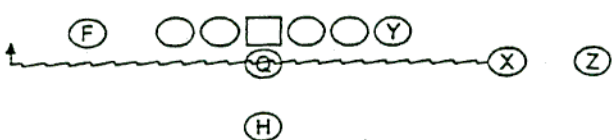
### FLANK RT ZORRO



# X MOVEMENTS

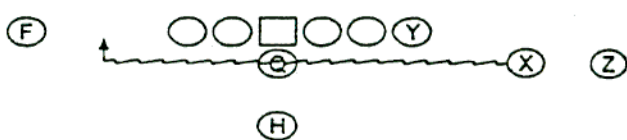
**OX**  
X crosses into the formation called.

**DOUBLE RT OX**



The diagram shows a horizontal line representing a formation. Above the line, from left to right, are a circle labeled 'F', two empty circles, a square, two empty circles, and a circle labeled 'Y'. Below the line, from left to right, are a circle labeled 'Q' (positioned under the square), a circle labeled 'X' (positioned at the end of the line), and a circle labeled 'Z' (positioned further to the right). An arrow points upwards from the left end of the line. Below the line, centered under the square, is a circle labeled 'H'.

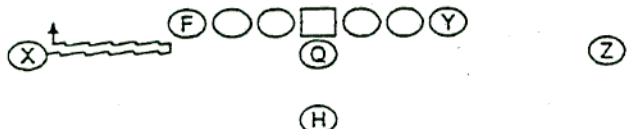
**DUAL RT OX**



The diagram shows a horizontal line representing a formation. Above the line, from left to right, are a circle labeled 'F', two empty circles, a square, two empty circles, and a circle labeled 'Y'. Below the line, from left to right, are a circle labeled 'Q' (positioned under the square), a circle labeled 'X' (positioned at the end of the line), and a circle labeled 'Z' (positioned further to the right). An arrow points upwards from the left end of the line. Below the line, centered under the square, is a circle labeled 'H'.

**X ORBIT**  
Motion down to the end man on the LOS.

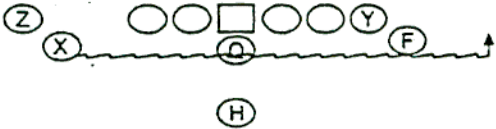
**DEUCE RT X ORBIT**



The diagram shows a horizontal line representing a formation. Above the line, from left to right, are a circle labeled 'F', two empty circles, a square, two empty circles, and a circle labeled 'Y'. Below the line, from left to right, are a circle labeled 'Q' (positioned under the square), a circle labeled 'X' (positioned at the end of the line), and a circle labeled 'Z' (positioned further to the right). An arrow points upwards from the left end of the line. Below the line, centered under the square, is a circle labeled 'H'.

**EXIT**  
Motion out of the formation called while crossing the formation.

**FLOAT RT EXIT**



The diagram shows a horizontal line representing a formation. Above the line, from left to right, are two empty circles, a square, two empty circles, and a circle labeled 'Y'. Below the line, from left to right, are a circle labeled 'Z' (positioned at the start of the line), a circle labeled 'X' (positioned at the end of the line), a circle labeled 'Q' (positioned under the square), and a circle labeled 'F' (positioned further to the right). An arrow points upwards from the left end of the line. Below the line, centered under the square, is a circle labeled 'H'.

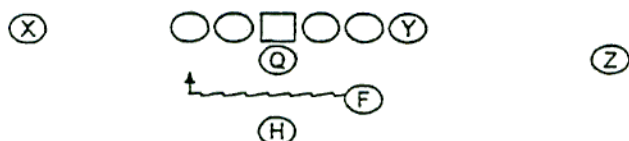
# F MOVEMENTS

## JAM

F motions away from Y.

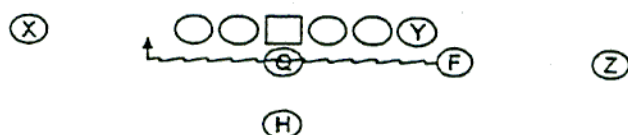
### JACK RT JAM

\*If the F is in the backfield, his movement will initiate out of the formation called and end according to assignment!



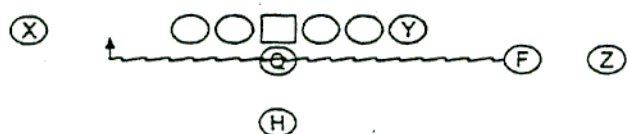
## DEUCE RT JAM

\*If the F is on the edge, his movement will initiate out of Trips and end up in the formation called!



## DOUBLE RT JAM

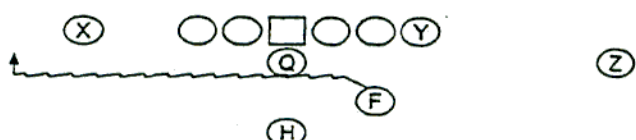
\*If the F is detached, his movement will initiate out of Twins and end up in the formation called.



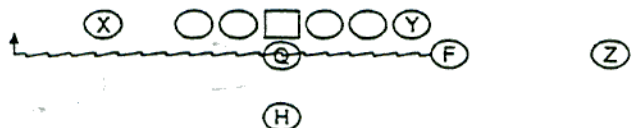
## JET

Jam outside of the widest receiver from the formation called.

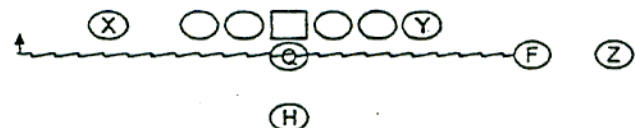
### JACK RT JET



## TRIP RT JET



## TWINS RT JET

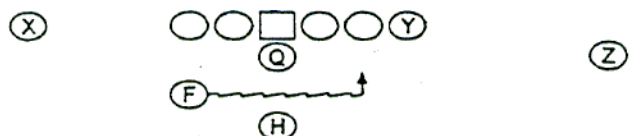


## MOTION

F motions toward Y.

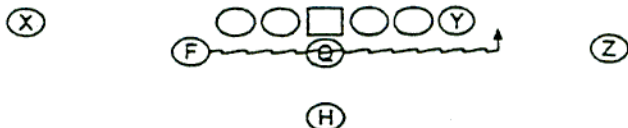
### QUEEN RT MOTION

\*If the F is in the backfield, his movement will initiate out of the formation called and end according to assignment!



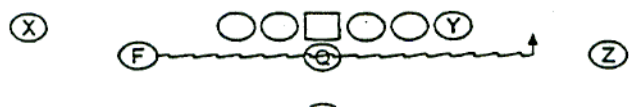
## TRIPS RT MOTION

\*If the F is on the edge, his movement will initiate out of Deuce and end up in the formation called!



## TWINS RT MOTION

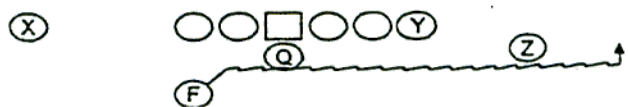
\*If the F is detached, his movement will initiate out of Double and end up in the formation called.



## BUZZ

Motion outside of the widest receiver from the formation called.

### QUEEN RT BUZZ

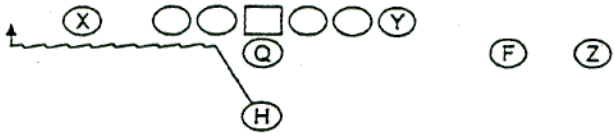


# H MOVEMENT

TEX

Extended movement out of the formation called away from Y.

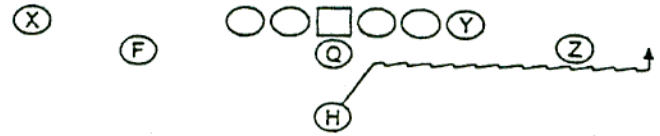
TWINS RT TEX



TOY

Y side extended movement out of the formation called.

DOUBLE RT TOY



# SHIFTS

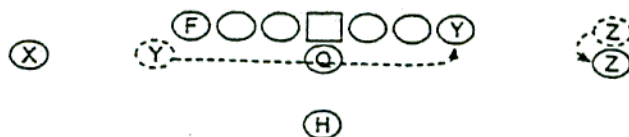
## "LEAP"

"LEAP" is a term used to shift the Y into the formation called. It's equivalent in motion is Fly

Example: "Leap" Deuce Rt

At the LOS the QB says "Ready". At that point, F shifts to the Deuce and Z steps off.

## "LEAP" DEUCE RT



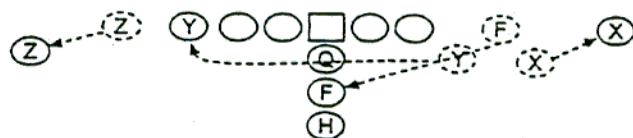
## "SCATTER"

"SCATTER" is a term used to shift the X,Y, Z, F, & H from Bunch into the formation called.

Example: "Scatter" I Lt

At the LOS the QB says "Ready". At that point, F-H-X-Y-Z all shift form Bunch Rt to I Lt. There is always a formation strenght change in "Scatter".

## "SCATTER" I LT



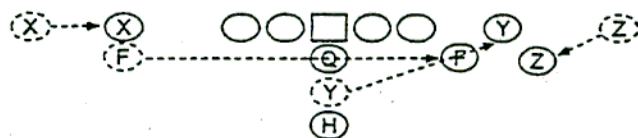
## "SHRINK"

"SHRINK" is a term used to shift the X,Y, Z, F, & H from I into Bunch.

Example: "Shrink" Bunch Rt

At the LOS the QB says "Ready". At that point, F-H-X-Y-Z all shift from Double Lt into Bunch Rt. For Y & F this shift is similar to "Stem".

## "SHRINK" BUNCH RT



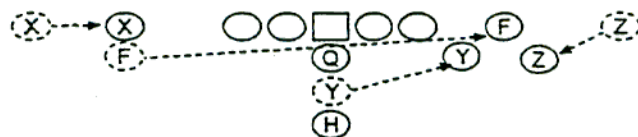
## "SHRINK" (Nickel)

"SHRINK" with Nickel people switches the Y & F as in all Nickel Bunch formations.

Example: "Shrink" Bunch Rt

At the LOS the QB says "Ready". At that point, F-H-X-Y-Z all shift from Double Lt into Bunch Rt.

## "SHRINK" BUNCH RT



## "HOP"

"HOP" is a term used to shift H into the formation called with an automatic Switch (H & F switch alignments and assignments).

Example: "Hop" Flex Rt

At the LOS the QB says "Ready". At that point H shifts out to where F would align if was in Flex.

## "HOP" FLEX RT

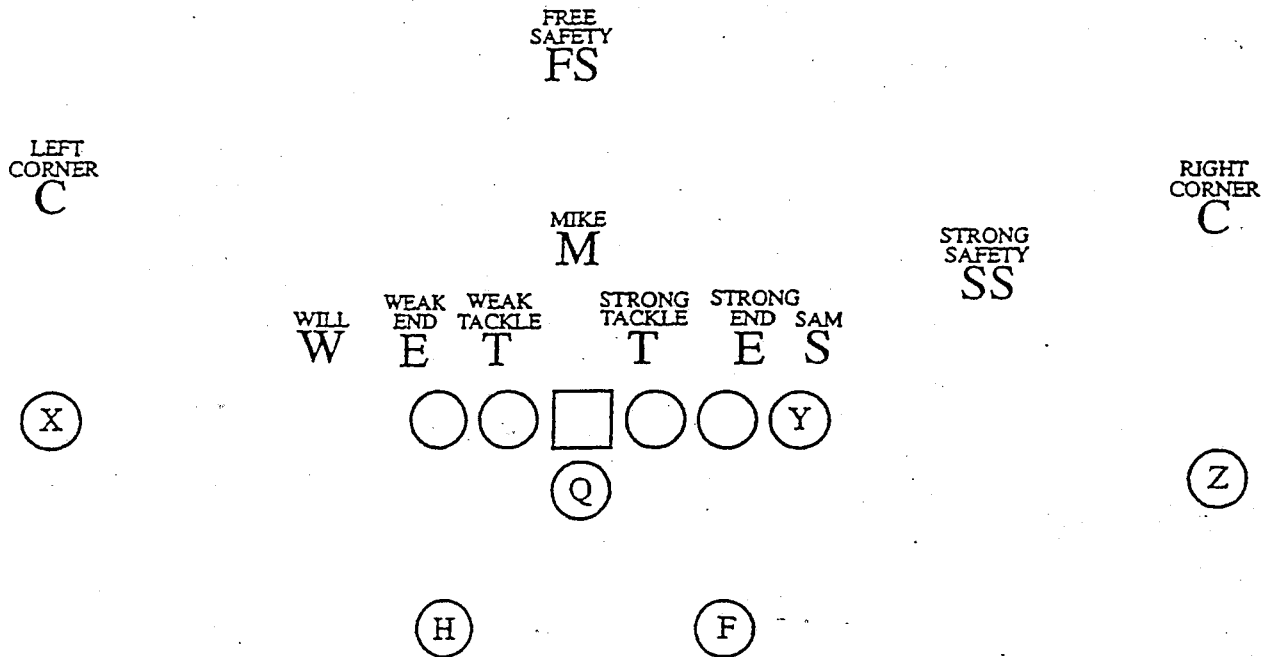


# DEFENSIVE FRONTS

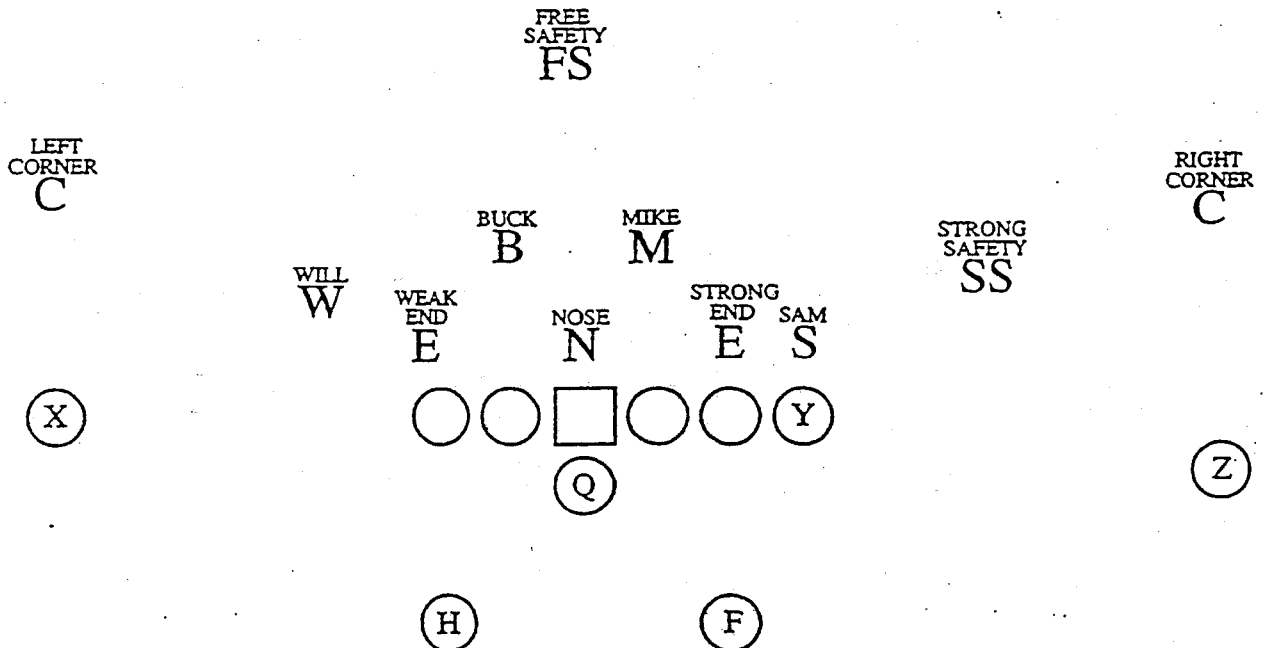
|                                       | <u>Page #</u> |
|---------------------------------------|---------------|
| IDENTIFICATION OF DEFENSIVE PERSONNEL | 8-1           |
| FRONT TERMINOLOGY                     | 8-5           |
| 40 FRONTS                             | 8-7           |
| 30 FRONTS                             | 8-9           |
| NICKEL 40 FRONTS                      | 8-10          |
| NICKEL 30 FRONTS                      | 8-11          |
| STUNTS                                | 8-12          |
| DOGS                                  | 8-17          |
| LINEBACKER ALIGNMENTS                 | 8-18          |

# IDENTIFICATION OF DEFENSIVE PERSONNEL

## 43 REGULAR PERSONNEL

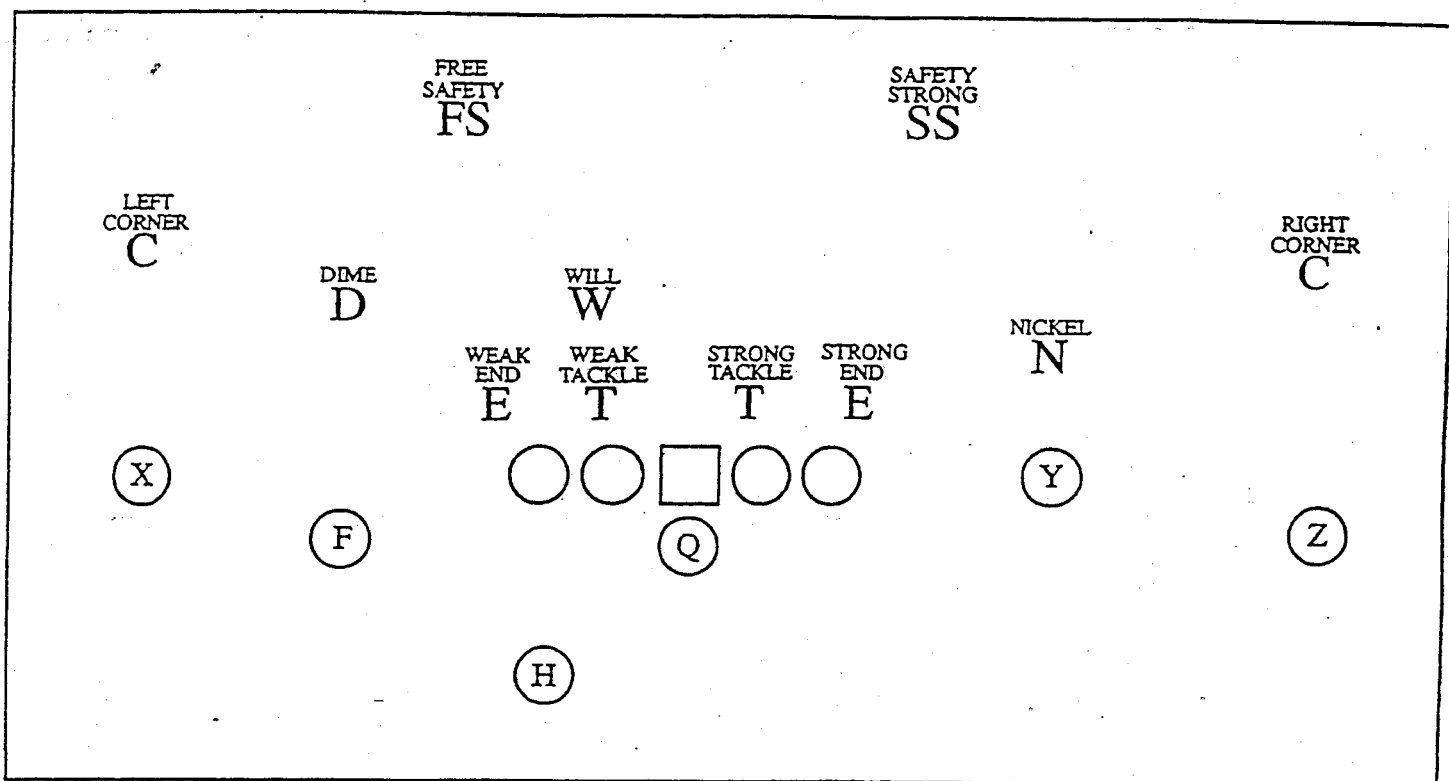


## 34 REGULAR PERSONNEL

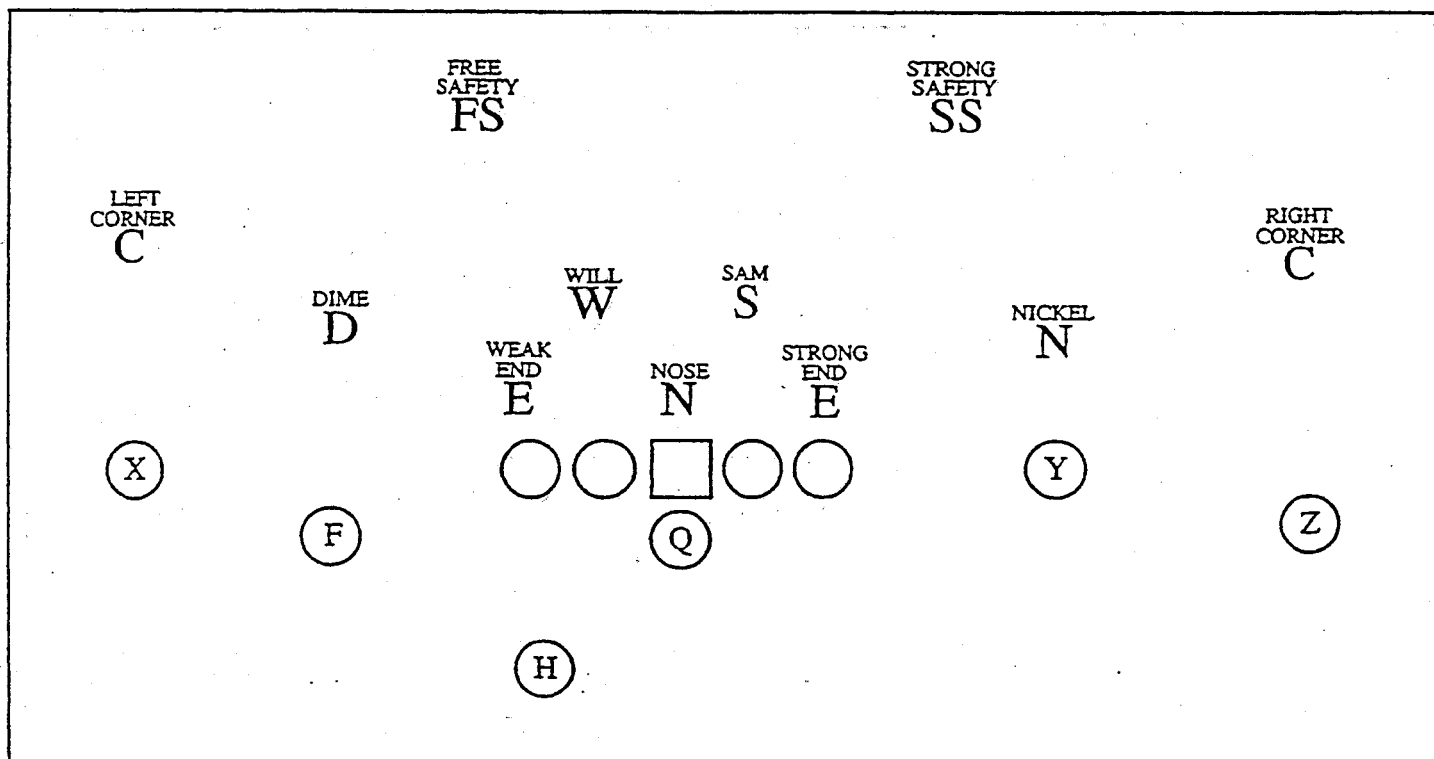


# IDENTIFICATION OF DEFENSIVE PERSONNEL

## 41 DIME PERSONNEL



## 32 DIME PERSONNEL



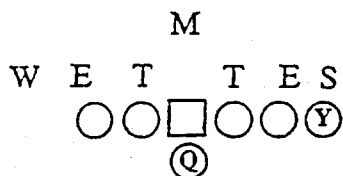


## FRONT TERMINOLOGY

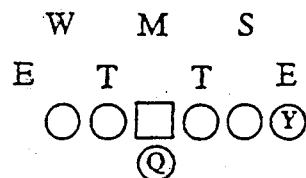
- BOS** - LINEBACKERS SLIDE STRONG TO TIGHT END.
- EXCHANGE** - WHEN THE STRONG END ALIGNS OUTSIDE THE SAM. SAM WILL USUALLY BE IN A 7 TECHNIQUE AND MIKE AND WILL BOS.
- S** - LINEBACKER ALIGNED OVER THE OFFENSIVE STRONG TACKLE.
- STACK** - IN A 43 FRONT WHEN SAM, MIKE AND WILL ALIGN IN THE BUBBLES.
- BOW** - LINEBACKERS SLIDE WEAK.
- UNDER** - THE DEFENSIVE LINE SLIDES AWAY FROM THE TIGHT END IN A 43 SCHEME, OR REDUCES OVER THE WEAK GUARD IN A 34 SCHEME.
- OVER** - THE DEFENSIVE LINE SLIDES TOWARDS THE TIGHT END IN A 43 SCHEME, OR REDUCES OVER THE STRONG GUARD IN A 34 SCHEME.
- W** - LINEBACKER ALIGNED OVER THE OFFENSIVE WEAK TACKLE.
- KC** - WHEN THE DEFENSIVE TACKLE IN A 43 SCHEME ALIGNS ON THE END OUTSIDE IN EITHER AN UNDER OR OVER LOOK.
- BEAR** - AN 8 MAN FRONT WITH A SOLID AND EXCHANGE TYPE LOOK OVER THE TIGHT END. IF THE DEFENDER OUTSIDE OF THE TIGHT END IS A DEFENSIVE LINEMAN IT IS AN OVER. IF THE DEFENDER IS A LINEBACKER OR DEFENSIVE BACK IT IS AN UNDER.
- CUB** - A 7 MAN BEAR FRONT.
- SOLID** - WHEN THE CENTER AND GUARDS ARE COVERED BY DEFENDERS ON THE LOS.
- WIDE** - THE STRONG END ALIGNS ON THE TIGHT END WITH THE SAM ON THE LOS OUTSIDE OF HIM.

# FOUR DOWN LINEMAN BASIC FRONTS

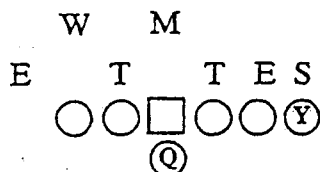
43



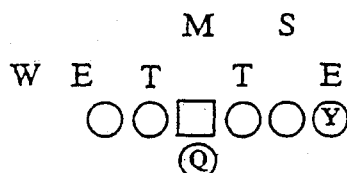
43 STACK



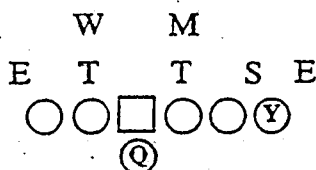
43 W



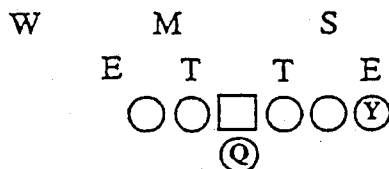
43 S



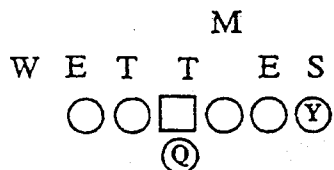
43 BOS EXCHANGE



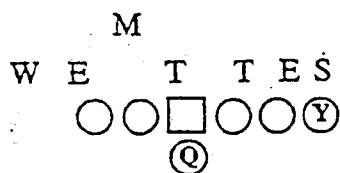
43 BOW



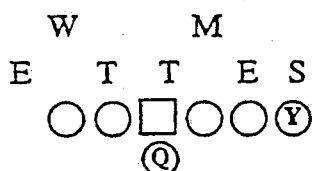
43 UNDER



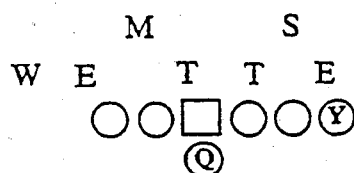
43 OVER



43 UNDER W

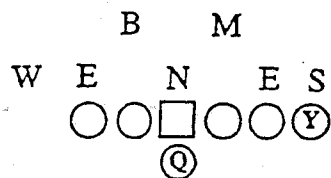


43 OVER S

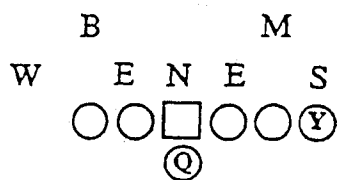


# THREE DOWN LINEMAN BASIC FRONTS

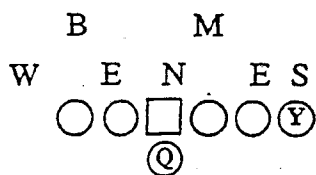
34



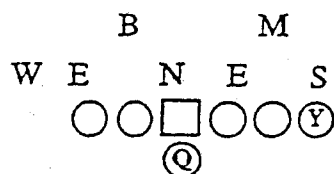
34 SOLID



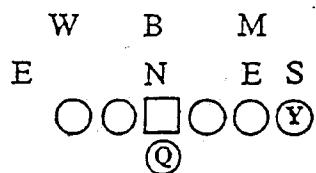
34 UNDER W



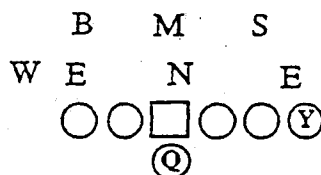
34 OVER S



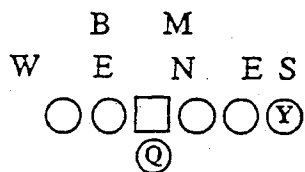
34 BOS



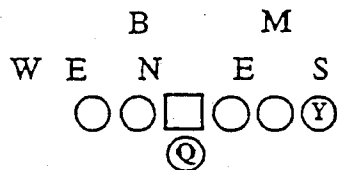
34 BOW



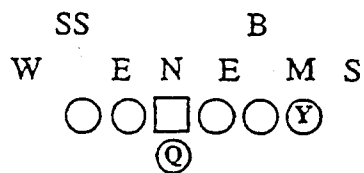
34 G



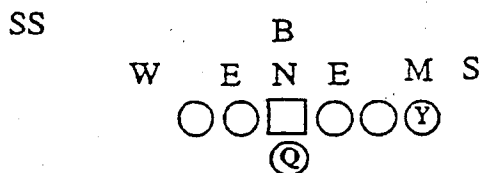
34 WEAK G



34 BEAR



34 CUB VS ONE BACK

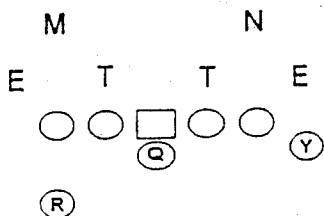


## NICKEL FRONTS

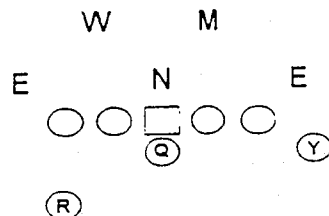
## FOUR DOWN LINEMAN

## THREE DOWN LINEMAN

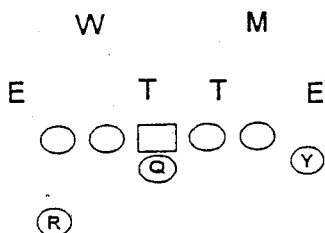
42



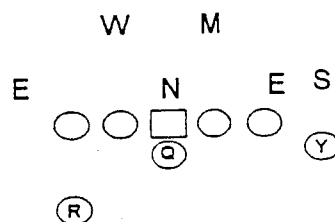
32



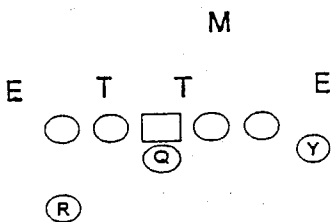
42 OVER (OV)



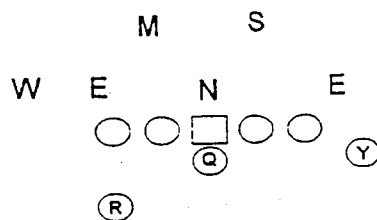
32 STRONG



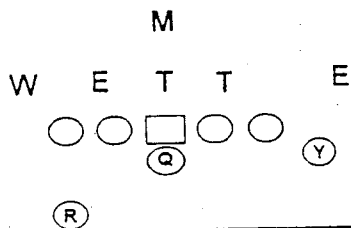
41 UNDER (UN)



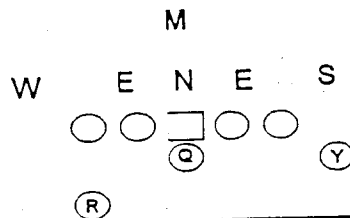
32 WEAK



41 SOLID



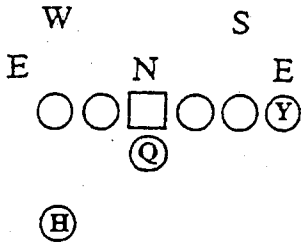
31 SOLID



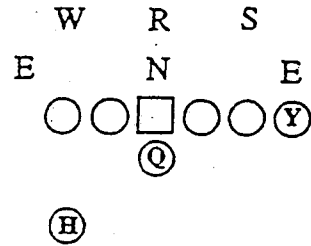
# NICKEL FRONTS

## THREE DOWN LINEMAN

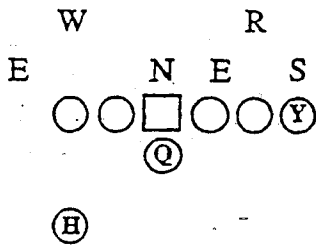
32



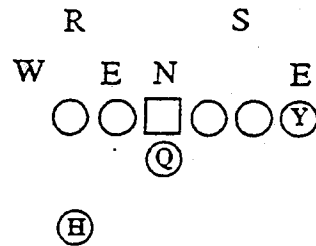
33



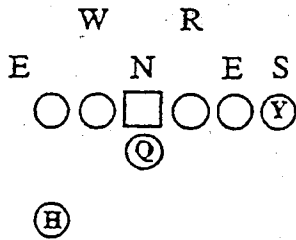
33 S



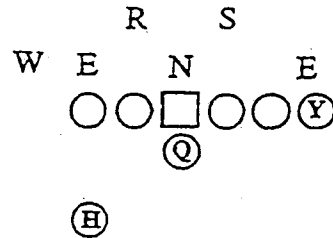
33 W



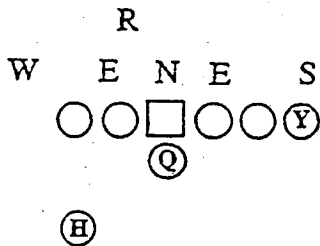
33 STRONG KC



33 WEAK KC



33 SOLID



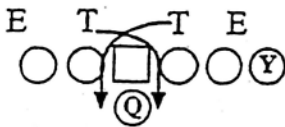
# STUNTS

43

## DIAGRAM

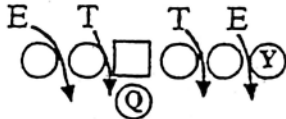
## EXPLANATION

43 WTT



DEFENSIVE TACKLES TWIST WITH THE WEAK TACKLE GOING FIRST.

43 SLANT



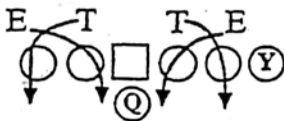
DEFENSIVE LINE PENETRATES CONTROLLING THE STRONG GAPS.

43 ANGLE



DEFENSIVE LINE PENETRATES CONTROLLING THE WEAK GAPS.

43 DOUBLE ET



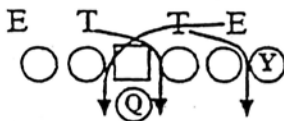
DEFENSIVE TACKLE AND END TWIST WITH THE END GOING FIRST.

43 DOUBLE TE



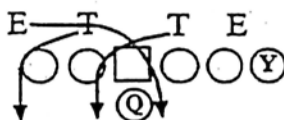
DEFENSIVE TACKLE AND END TWIST WITH THE TACKLE GOING FIRST.

43 STTE



THREE MAN GAME WITH THE STRONG END GOING FIRST.

43 WTTE



THREE MAN GAME WITH THE WEAK END GOING FIRST.

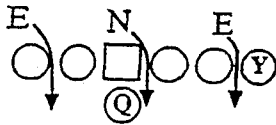
# STUNTS

34

DIAGRAM

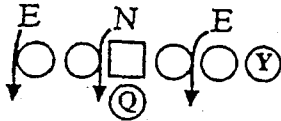
EXPLANATION

34 SLANT



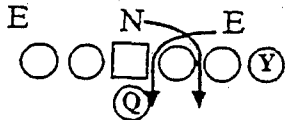
DEFENSIVE LINE PENETRATES  
CONTROLLING THE STRONG GAPS.

34 ANGLE



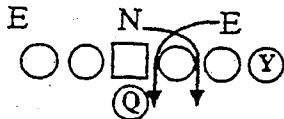
DEFENSIVE LINE PENETRATES  
CONTROLLING THE WEAK GAPS.

34 SEN



NOSE AND THE STRONG END TWIST  
WITH THE END GOING FIRST.

34 SNE



NOSE AND THE STRONG END TWIST  
WITH THE NOSE GOING FIRST.

34 WEN



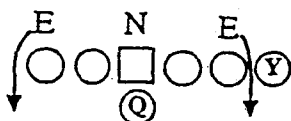
NOSE AND THE WEAK END TWIST  
WITH THE END GOING FIRST.

34 WNE



NOSE AND THE WEAK END TWIST  
WITH THE NOSE GOING FIRST.

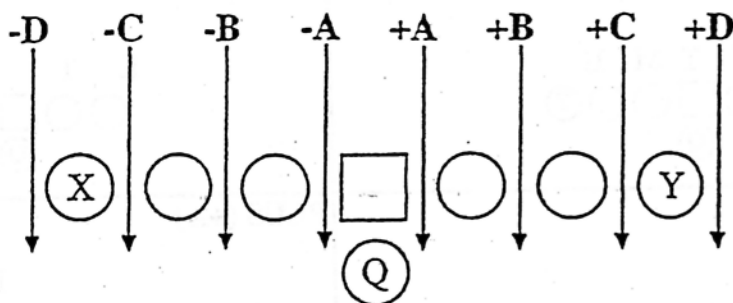
34 OUT



DEFENSIVE ENDS PENETRATE  
TO THE OUTSIDE GAPS.

# DOGS (LINEBACKER PENETRATION)

DOGS ARE IDENTIFIED BY THE NAME OF THE PENETRATING LINEBACKER AND THE GAP HE IS GOING THROUGH. WEAKSIDE GAPS ARE INDICATED BY THE MINUS LETTERS AND THE STRONGSIDE GAPS BY THE PLUS LETTERS. THE ORDER OF IDENTIFICATION IS SAM-MIKE-WILL. IN NICKEL, THE ORDER IS NICKEL-SAM-WILL. CROSS DOGS ARE INDICATED BY SWITCHING THE ORDER.

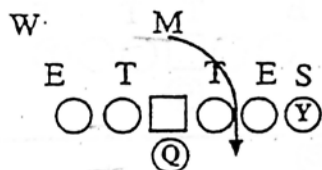


(H)

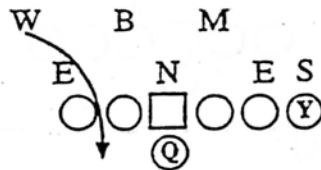
(F)

(Z)

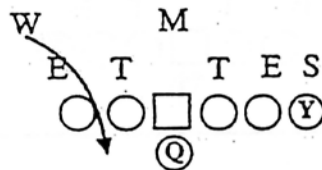
43 MIKE +B (M +B)



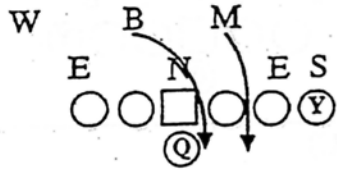
34 WILL -B (W -B)



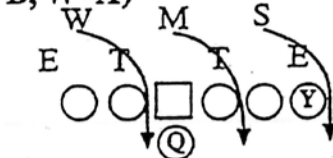
43 WILL -B (W -B)



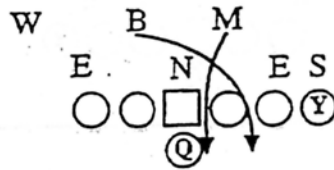
34 MIKE +B, BUCK +A (M +B, B +A)



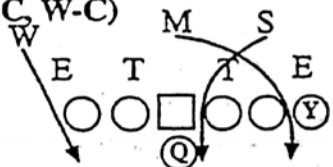
43 SAM +D, MIKE +B, WILL -A  
(S +D, M +B, W -A)



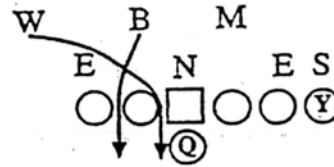
34 MIKE +A, BUCK +B (M +A, W +B)



43 SAM +A, MIKE +C, WILL -C  
(S +A, M +C, W -C)



34 BUCK -B, WILL -A (B -B, W -A)

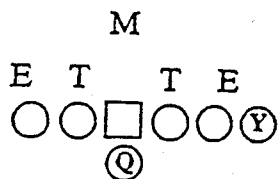




# LINEBACKER ALIGNMENTS

## MIKE

NORMAL



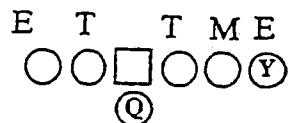
MIC



MUG



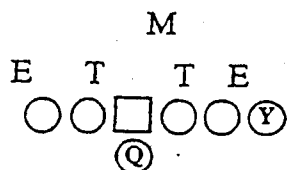
MUT



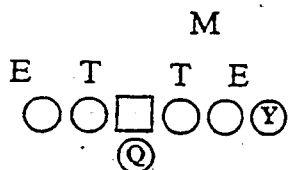
GAP



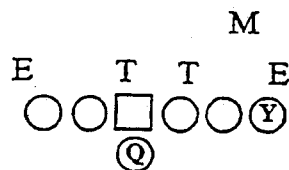
PLUS (+A)



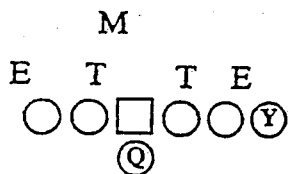
PLUS B (+B)



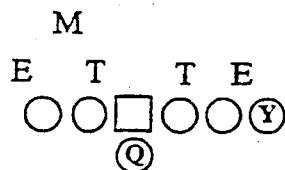
PLUS C (+C)



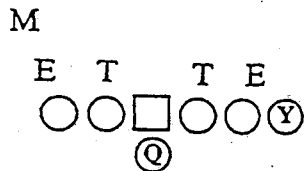
MINUS A (-A)



MINUS B (-B)



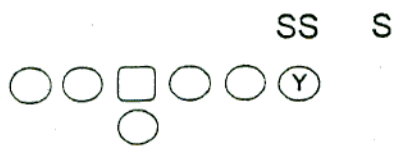
MINUS C (-C)



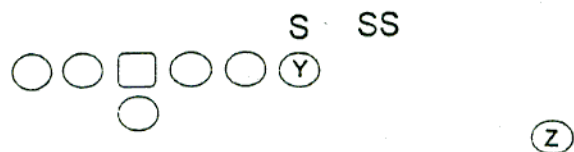
# SPECIAL SAFETY ALIGNMENTS

93

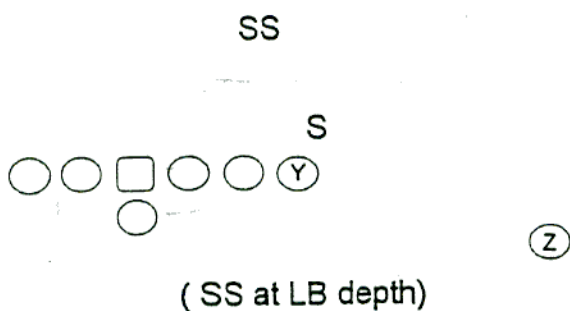
## STRONG SAFETY CHOKE



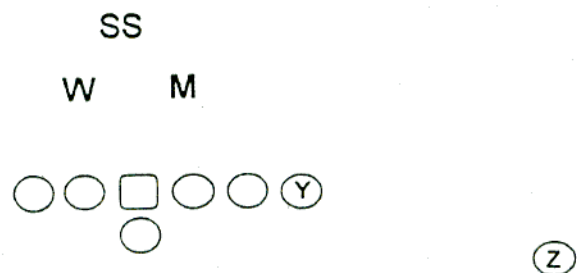
## STRONG SAFETY TUFF



## STRONG SAFETY UP



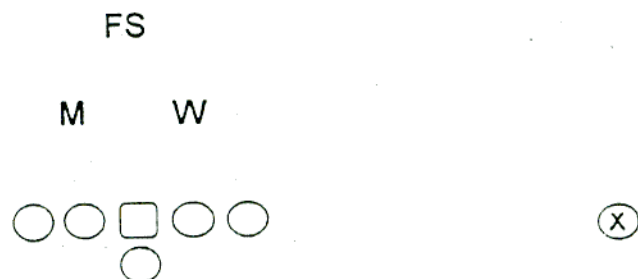
## STRONG SAFETY Q



## FREE SAFETY TUFF



## FREE SAFETY Q



# DEFENSIVE COVERAGES

## Page #

|                      |      |
|----------------------|------|
| COVERAGE DESCRIPTION | 9-1  |
| DEFENSIVE GROUPINGS  | 9-1  |
| COVERAGE TERMINOLOGY | 9-2  |
| CALLING COVERAGES    | 9-3  |
| REGULAR COVERAGES:   |      |
| COVER 0              | 9-4  |
| COVER 1              | 9-5  |
| COVER 1 WEAK         | 9-6  |
| COVER 2              | 9-7  |
| COVER 3              | 9-8  |
| COVER 4              | 9-9  |
| COVER 5              | 9-10 |
| COVER 6              | 9-11 |
| COVER 7              | 9-12 |
| COVER 8              | 9-13 |
| COVER 9              | 9-14 |
| NICKEL COVERAGES:    |      |
| COVER 00             | 9-15 |
| COVER 10             | 9-16 |
| COVER 11             | 9-17 |
| COVER 22             | 9-18 |
| COVER 34             | 9-19 |
| COVER 55             | 9-20 |
| COVER 66             | 9-21 |
| COVER 88             | 9-22 |
| COVER 97             | 9-23 |
| PENNY COVERAGES      | 9-24 |
| ZONE DOG COVERAGES   | 9-25 |
| BLITZES              | 9-26 |
| SAFETY ALIGNMENTS    | 9-27 |

# CALLING COVERAGES

USE THE FOLLOWING SEQUENCE TO CALL COVERAGES BASED ON OUR  
COVERAGE NUMBERS AND TERMS.

- ZONE:**
- 1ST; COVERAGE NUMBER
  - 2ND; SKY, CLOUD OR BUZZ TO INDICATE PRIMARY  
FORCE/FLAT RESPONSIBILITY.
  - 3RD; DESCRIPTIVE TERM FOR SPECIAL SECONDARY  
TECHNIQUE. (i.e. CATCH) OR SECONARY ZONE  
ASSIGNMENTS (i.e. QUADS) IF NECESSARY.
  - 4TH; MAX OR CINCO TO INDICATE NUMBER OF RUSHERS  
IF NECESSARY.
  - 5TH; ANY DOG OR BLITZ

**EXAMPLES:**

- 3 SKY MAX
- 7 ACE
- 2 CATCH
- 3 BUZZ CINCO
- (S+D, M+A, W-C)

\*NICKEL, DIME AND DOLLAR COVERAGES ARE INDICATED BY TWO DIGITS. THE  
FIRST IS THE STRONGSIDE AND THE SECOND IS THE WEAKSIDE.

**EXAMPLE:**

- 3 SKY/4 BUZZ
- 9 DEUCE/2 YALE
- 11 ROBBER
- 22 YALE

## BASIC COVERAGE PRINCIPLES

### I COVERAGE DESCRIPTIONS:

|         |   |  |
|---------|---|--|
| Cover 0 | = | Man coverage, SS is free, 4 man rush   |
| Cover 1 | = | Man coverage, FS is free, 4 man rush   |
| Cover 2 | = | 2 deep zone balanced, 4 man rush   |
| Cover 3 | = | 3 deep zone rotated strong, 4 man rush   |
| Cover 4 | = | 3 deep zone rotated weak, 4 man rush   |
| Cover 5 | = | 2 deep zone unbalance strong, 4 man rush   |
| Cover 6 | = | Man coverage with six defenders rushing with a dog and/or blitz                    |
| Cover 7 | = | Man coverage with weakside over play usually with a double coverage of some type   |
| Cover 8 | = | 1/4-1/4-1/2 configuration, or 4 deep zone (Quads)                                  |
| Cover 9 | = | Man coverage with strongside over play usually with a double coverage of some type |

### II DEFENSIVE GROUPINGS:

|        |   |        |
|--------|---|--------|
| Penny  | = | 3 DB's |
| Nickel | = | 5 DB's |
| Dime   | = | 6 DB's |
| Dollar | = | 7 DB's |

The application of the coverage descriptions to the different groupings are as follows:

Basic 4 DB's and Penny utilize the single number indicating the coverage. Nickel, Dime and Dollar all use a double digit. The first digit defines the strongside of the coverage. The second digit defines the weakside.

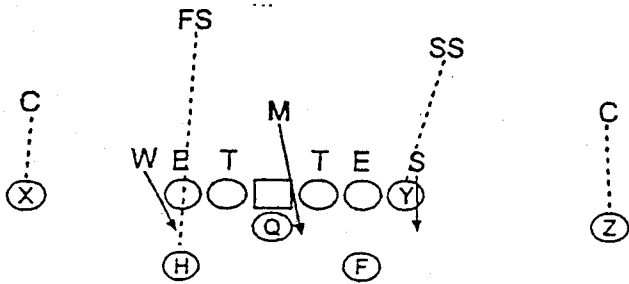
### III COVERAGE TERMINOLOGY

1. ACE - double coverage on widest receiver.
2. BUZZ - OLB with flat and force responsibility.
3. CATCH - a corner technique in which he has flat responsibility while playing level off at around five yards.
4. CHOKE - an alignment placing the SS on the LOS in front of Y with an outside rusher on the LOS.
5. CINCO - five man rush.
6. CLOUD - corner having flat and force responsibility.

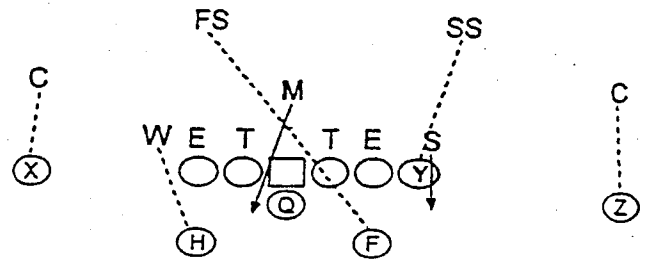
# COVER 0

Dog/Blitz coverage, 6 or more pressure, M.F.O.

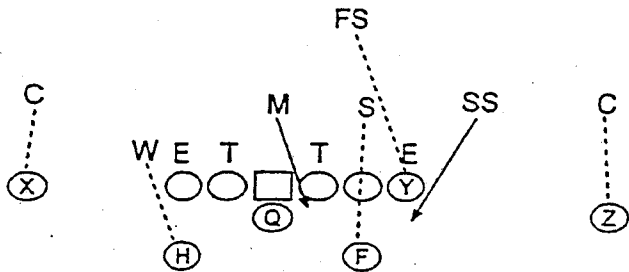
## COVER 0 (S+D, M+A, W-C)



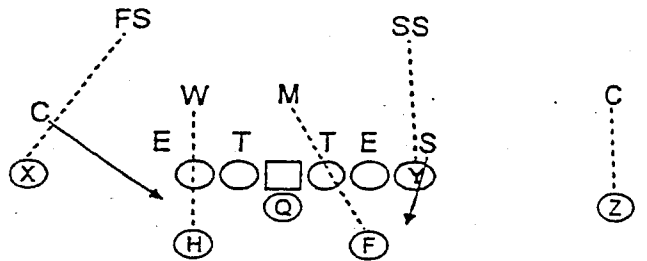
## COVER 0 (S+D, M-A)



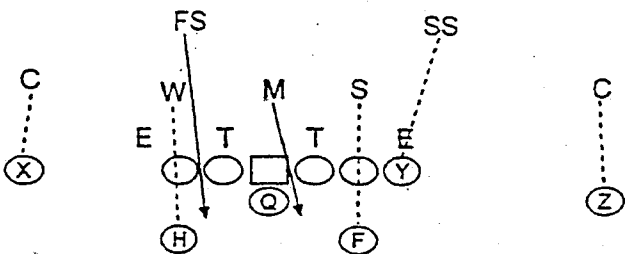
## 0 PISTOL (SS+D, M+A)



## 0 CRASH (S+D, C-C)



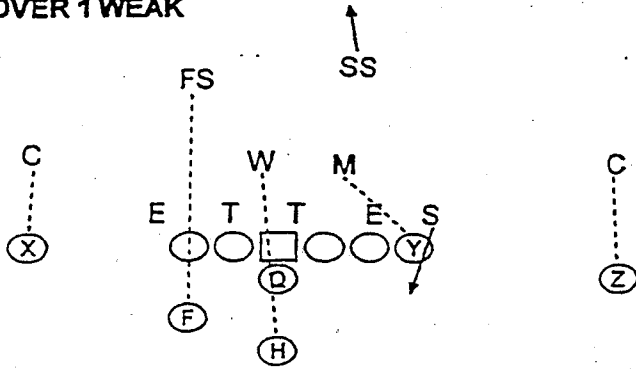
## 0 STING (M+A, FS-B)



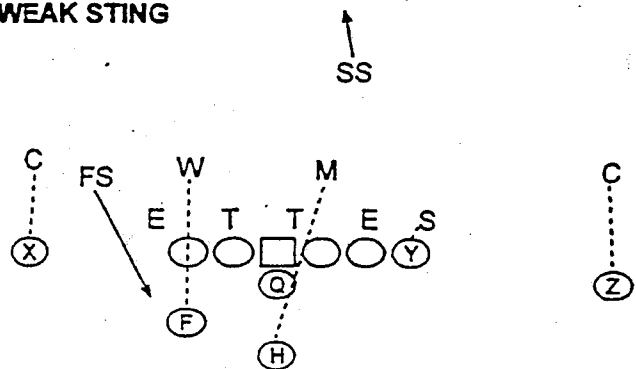
# COVER 1 WEAK

Man coverage, SS is free, 5 man rush, M.F.C.

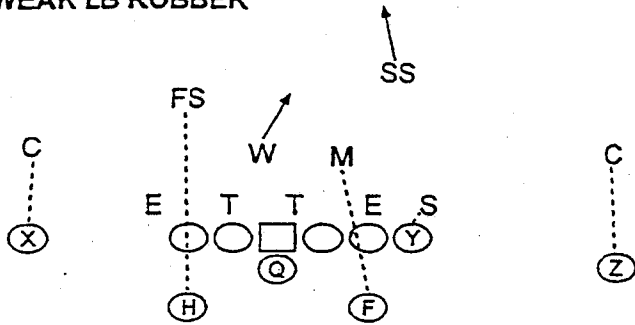
## COVER 1 WEAK



## 1 WEAK STING

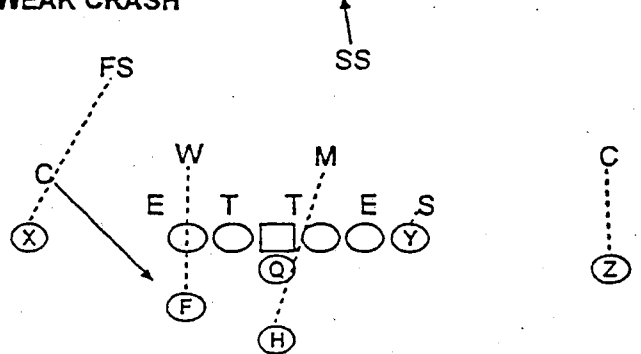


## 1 WEAK LB ROBBER

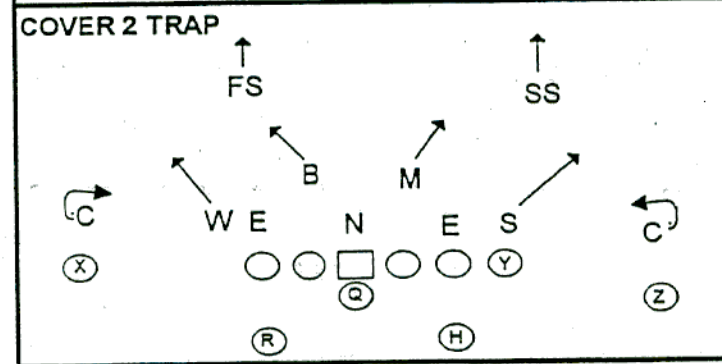
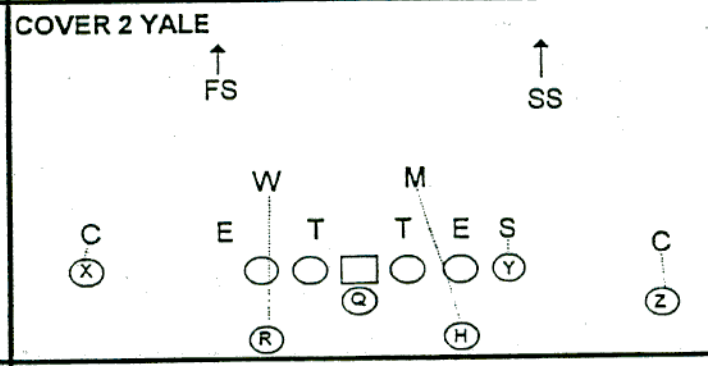
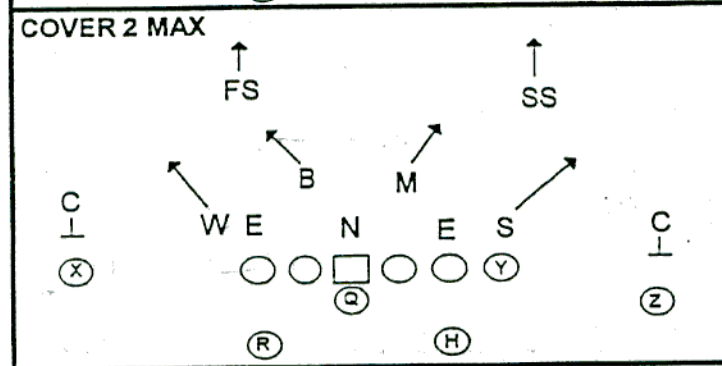
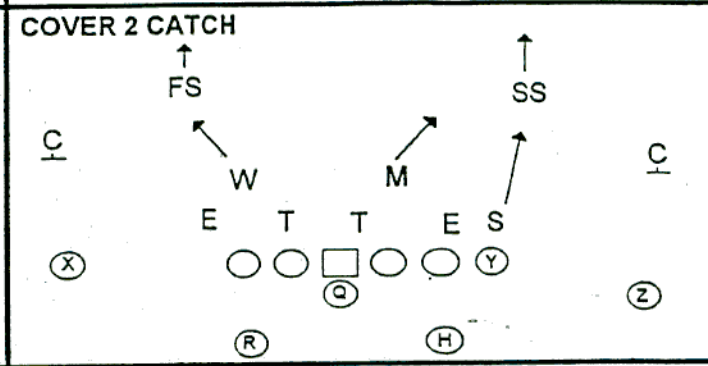
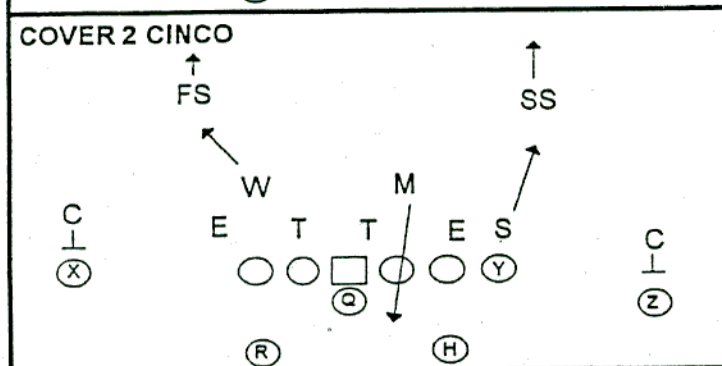
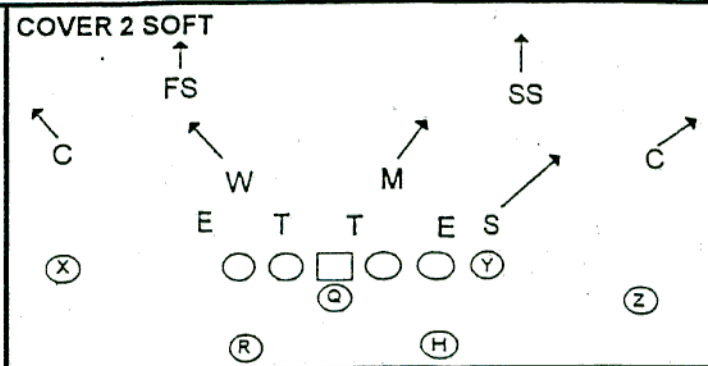
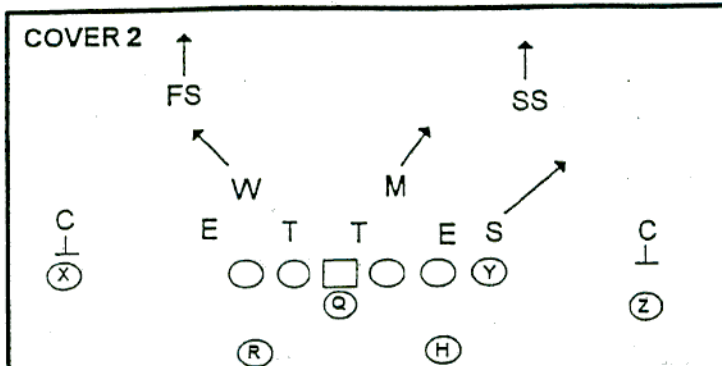


\*S-M-W combo F & Y with one becoming the Robber!

## 1 WEAK CRASH



**COVER 2**

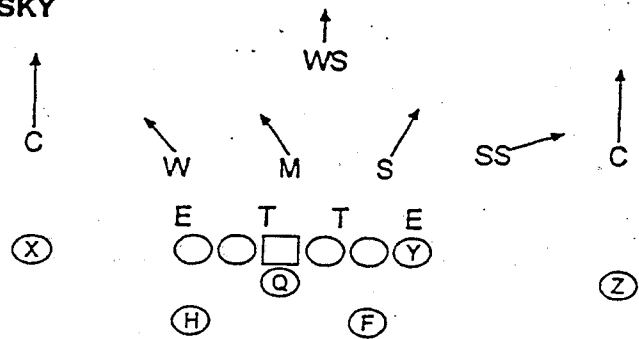




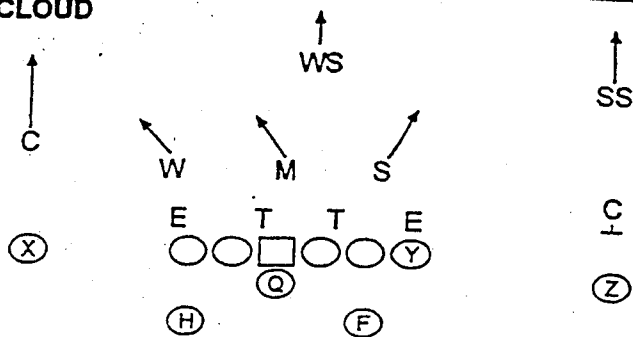
# COVER 3

3 deep zone rotated strong, 4 man rush, M.F.C.

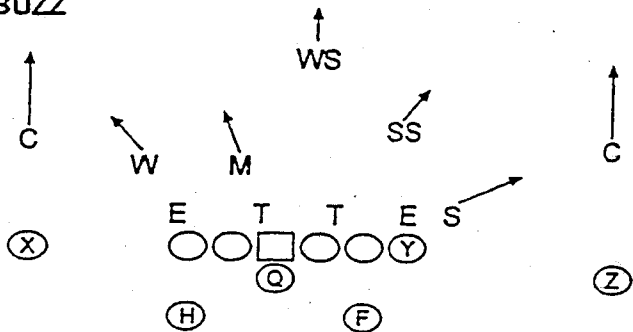
3 SKY



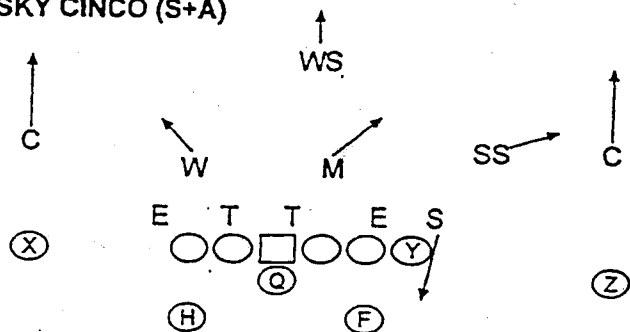
3 CLOUD



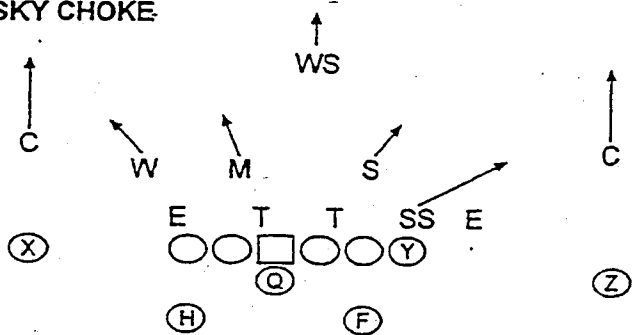
3 BUZZ



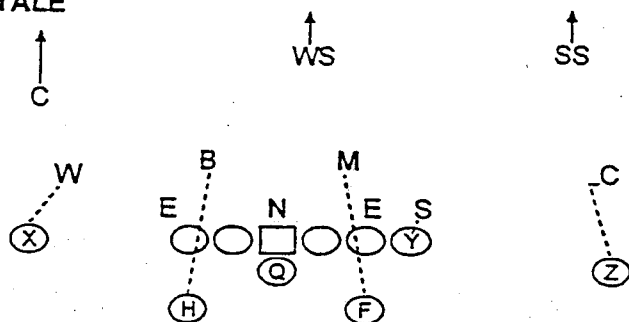
3 SKY CINCO (S+A)



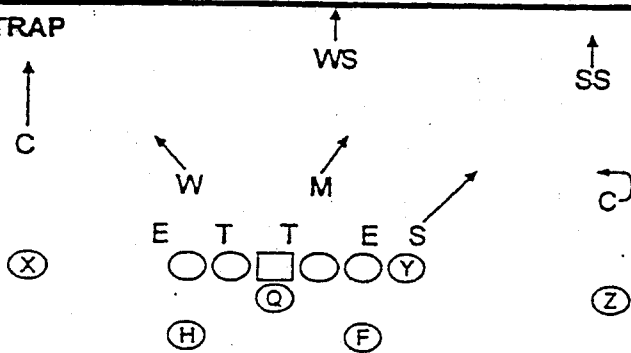
3 SKY CHOKE



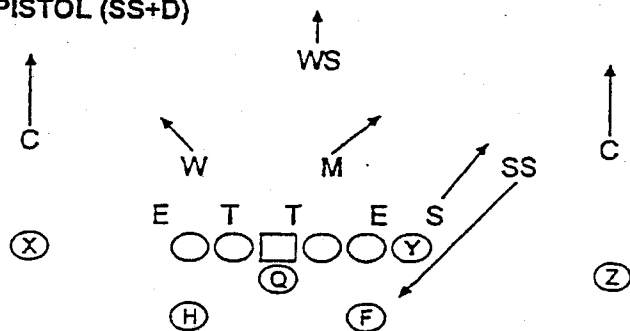
3 YALE



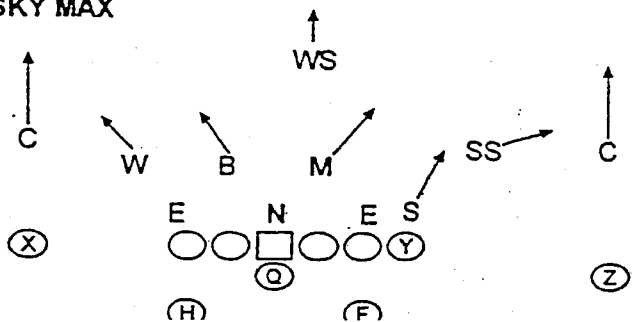
3 TRAP



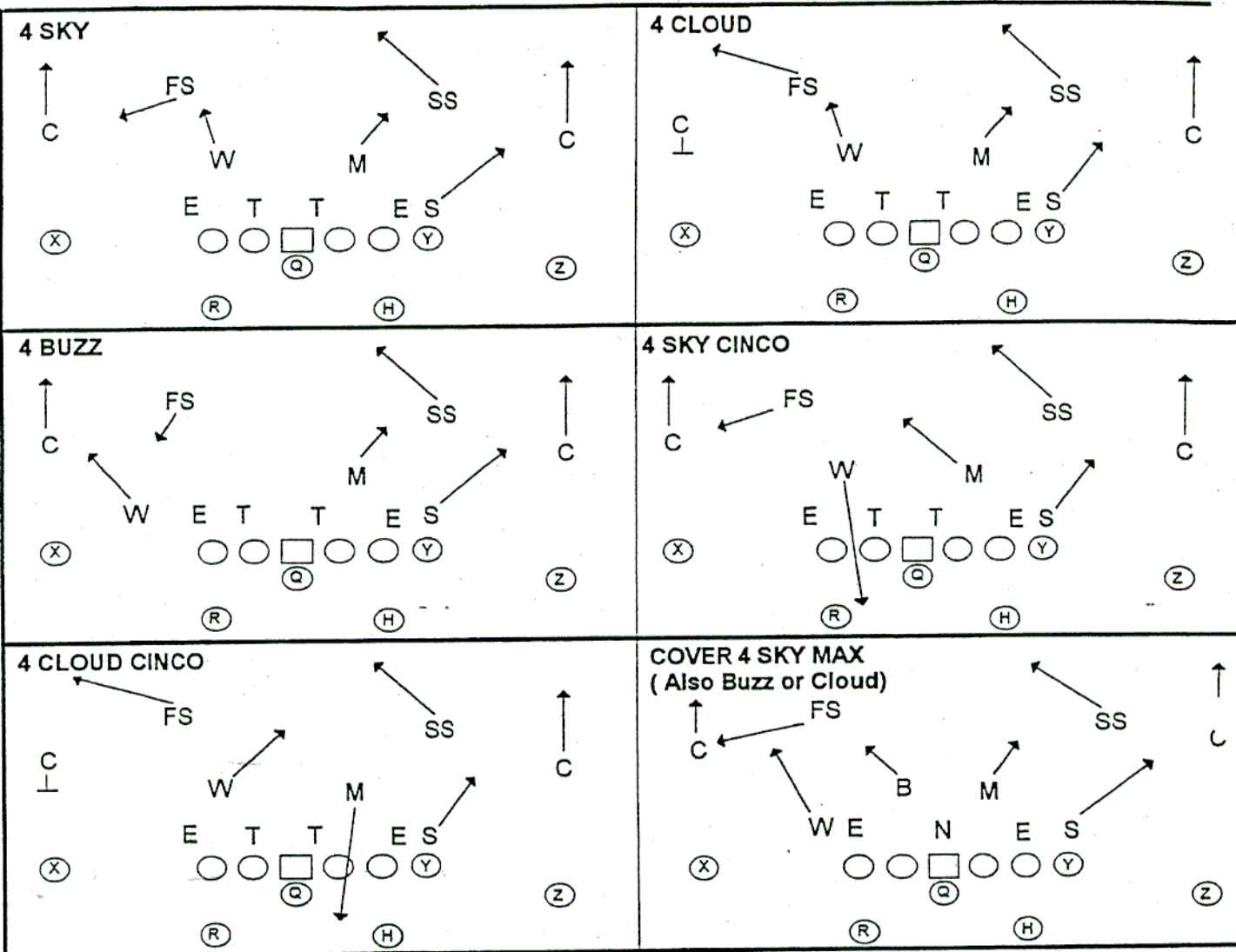
3 PISTOL (SS+D)



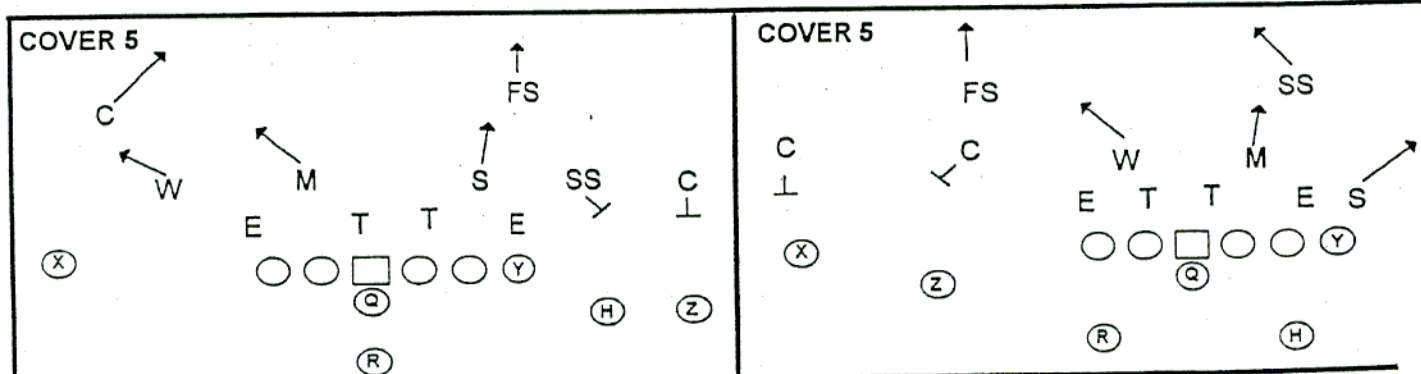
3 SKY MAX



# COVER 4



# COVER 5



Strongside zone, cloud force strong, 1/4-1/4 coverage weak, M.F.O.

Strongside zone, cloud force strong, 1/4-1/4 coverage weak, M.F.O.

COVER 5

Diagram illustrating a word search puzzle grid. The grid is 5x5. The letters in the grid are: Row 1: X, E, T, T, E; Row 2: empty circle, empty circle, square, empty circle, empty circle; Row 3: empty circle, empty circle, Q, empty circle, Y; Row 4: empty circle, F, empty circle, H, empty circle; Row 5: empty circle, empty circle, empty circle, empty circle, empty circle. Arrows point to various letters: C points to X, W points to E, WS points to T, M points to T, S points to E, SS points to E, and C points to Y. A circled Z is at the bottom right.

**5 CATCH**

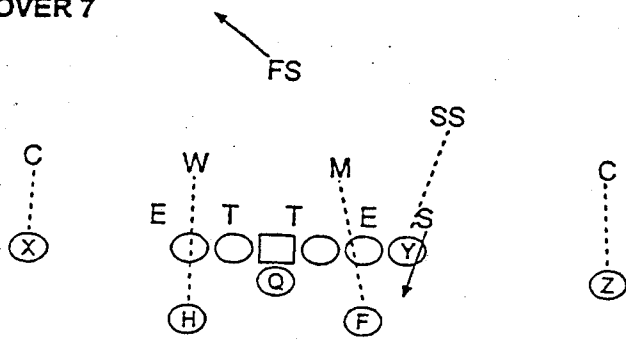
Diagram illustrating the 5 CATCH task. The sequence of shapes is: E (circle), T (square), T (square), E (circle), and Y (circle). The sequence is flanked by X (circle) on the left and Z (circle) on the right. The sequence is labeled with E, T, T, E, and Y above the shapes. The sequence is labeled with W, M, and S above the arrows. The sequence is labeled with C, WS, and SS above the arrows. The sequence is labeled with F, H, and Q below the shapes.

---

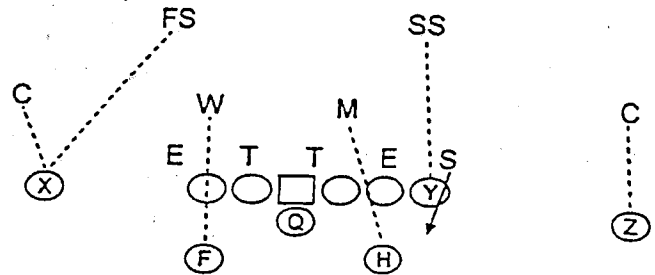
# COVER 7

Man coverage with weakside over play usually with a double coverage of some type, M.F.O.

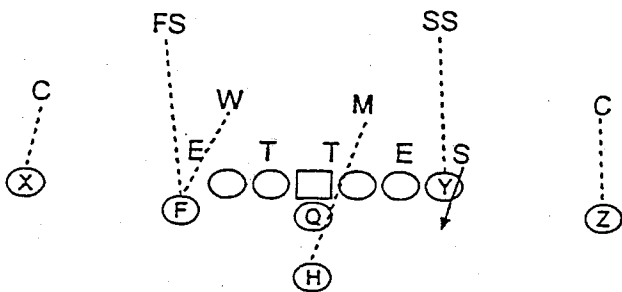
## COVER 7



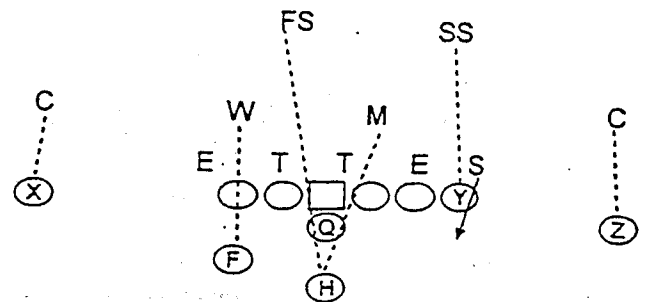
## 7 ACE



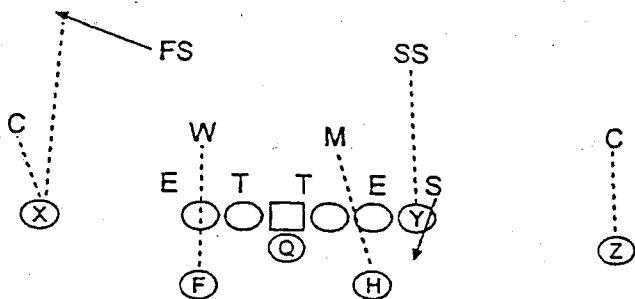
## 7 DEUCE



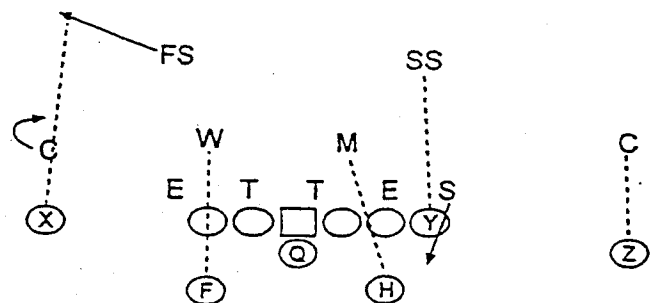
## 7 TREY



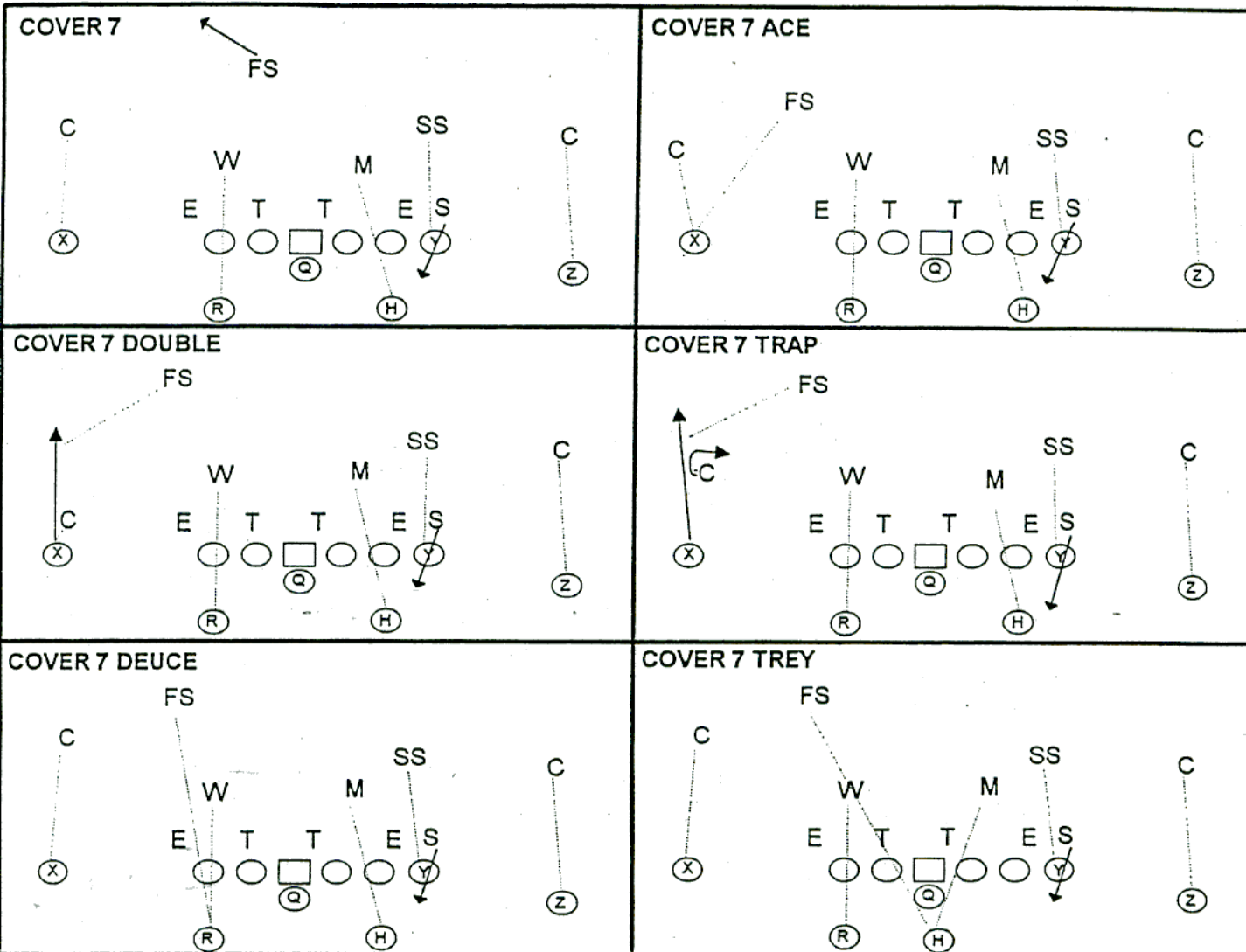
## 7 DOUBLE



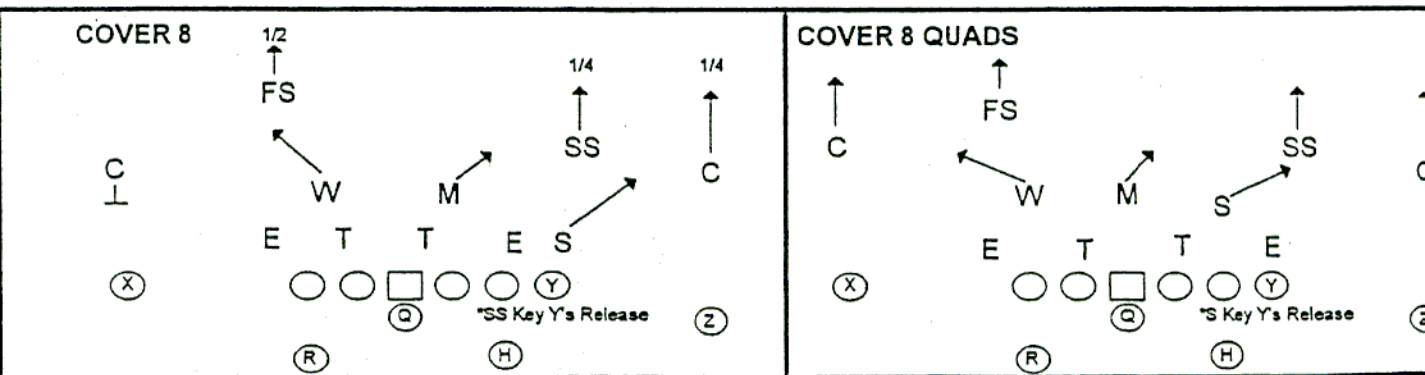
## 7 TRAP



# COVER 7



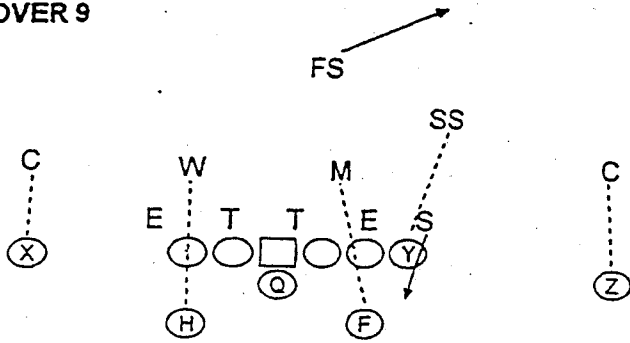
# COVER 8



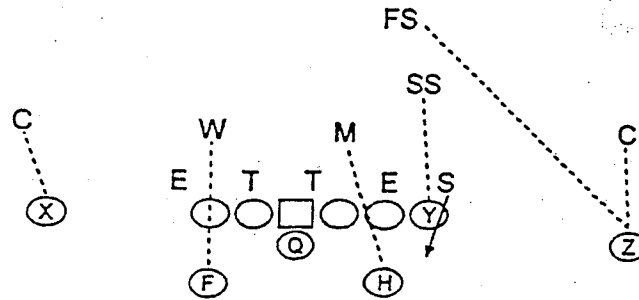
# COVER 9

Man coverage with weakside over play usually with a double coverage of some type, M.F.O.

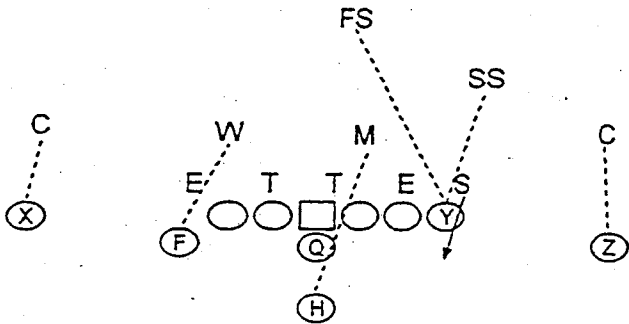
## COVER 9



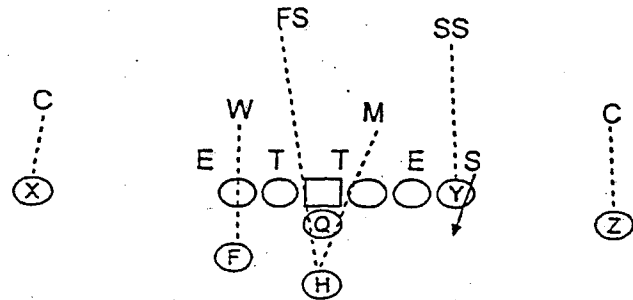
## 9 ACE



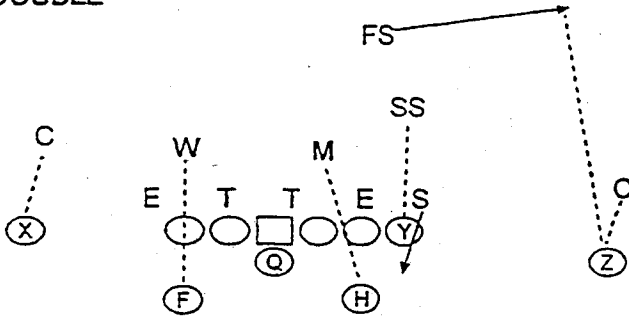
## 9 DEUCE



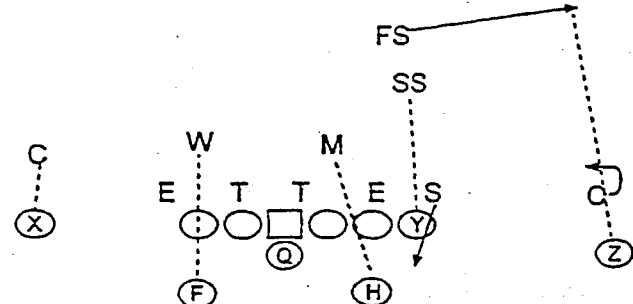
## 9 TREY



## 9 DOUBLE



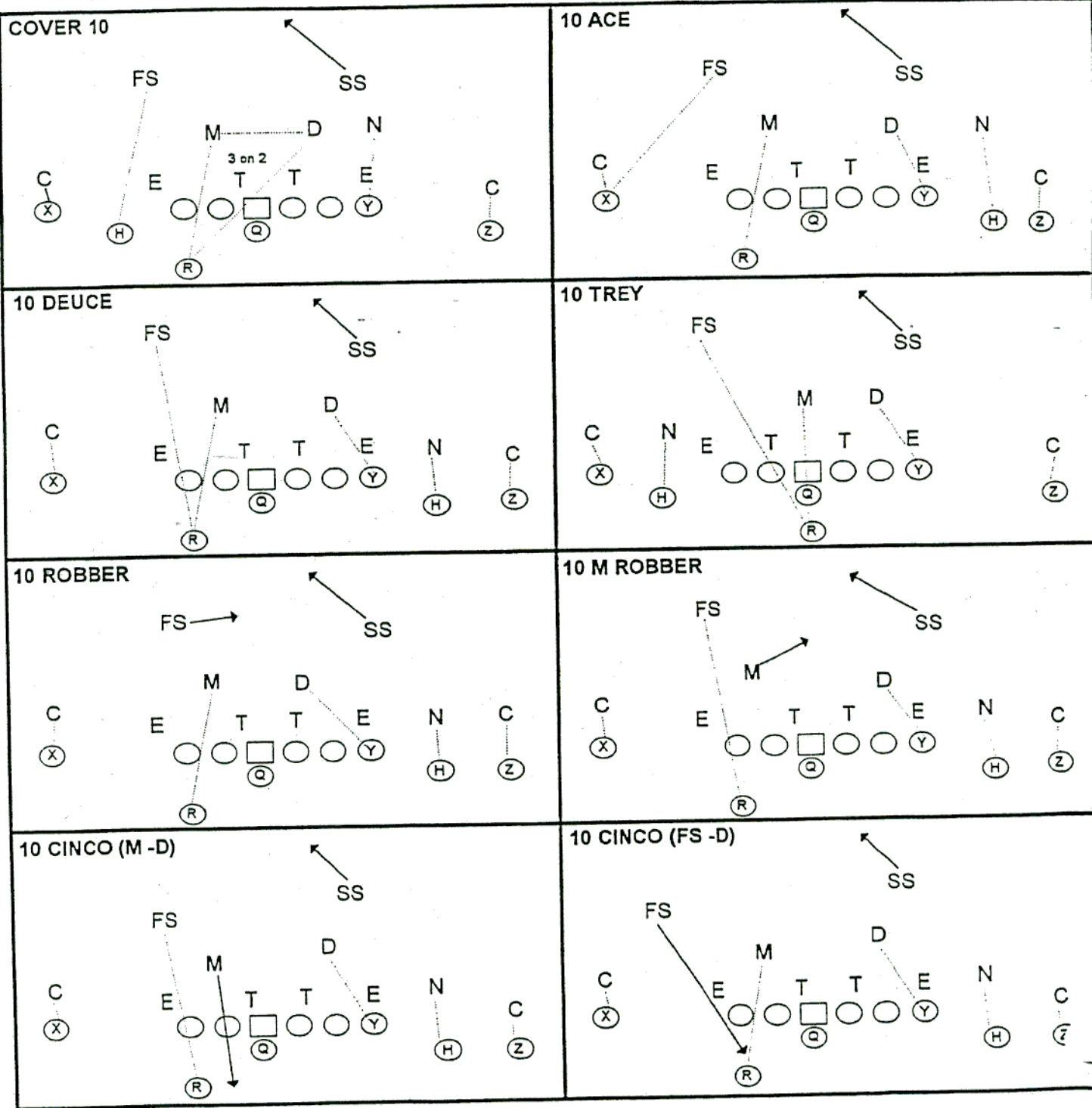
## 9 TRAP



# NICKEL, DIME, AND DOLLAR COVERAGES

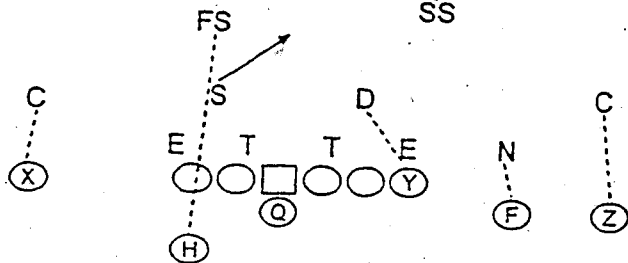
107

## COVER 10

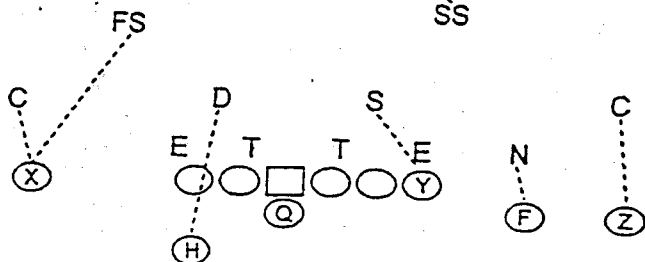


Nickel man coverage, SS is free, FS is M/M on #2 weak, M.F.C.

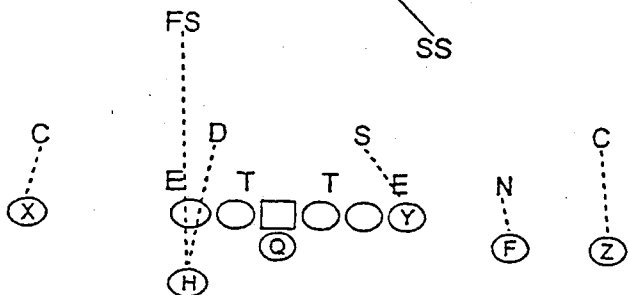
SS



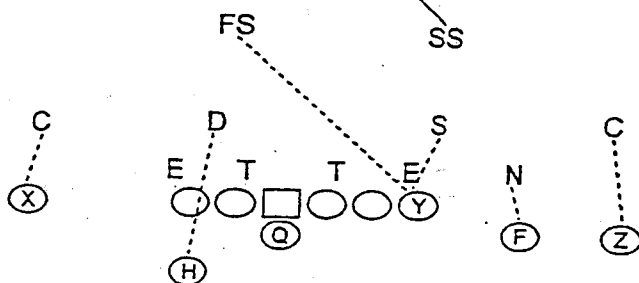
၆၆



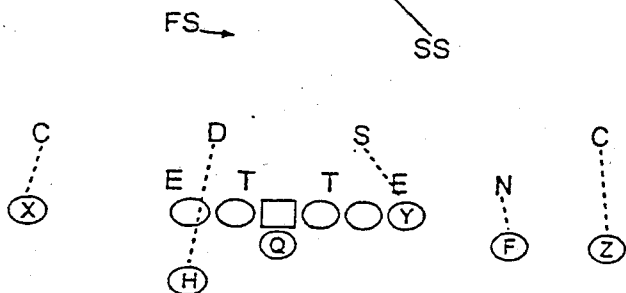
SS



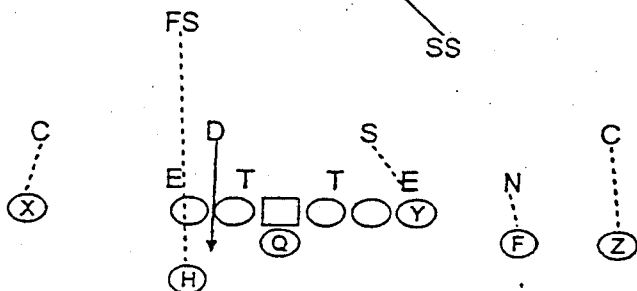
53



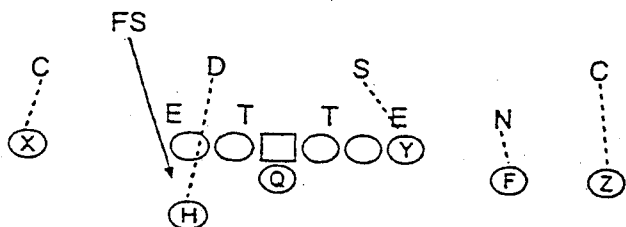
SS



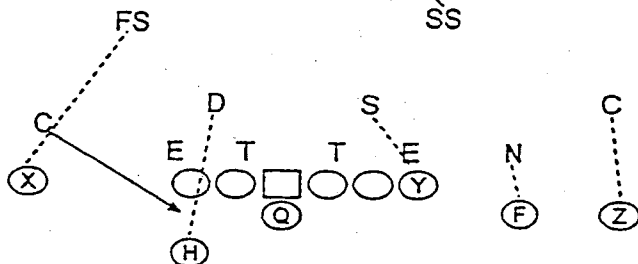
SS



SS



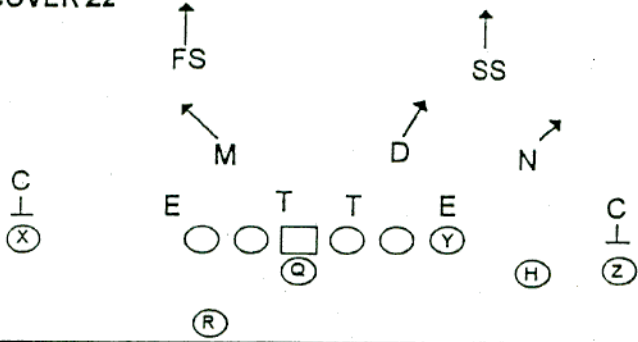
55



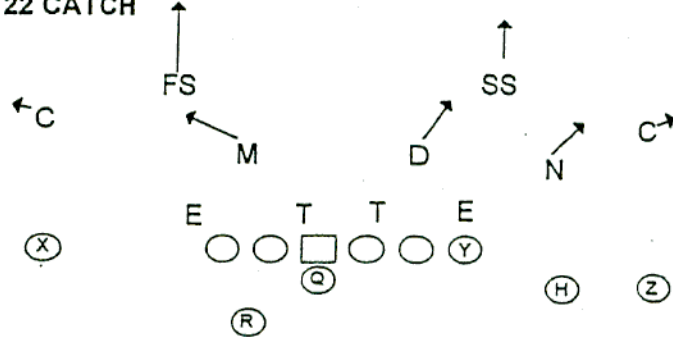


# COVER 22

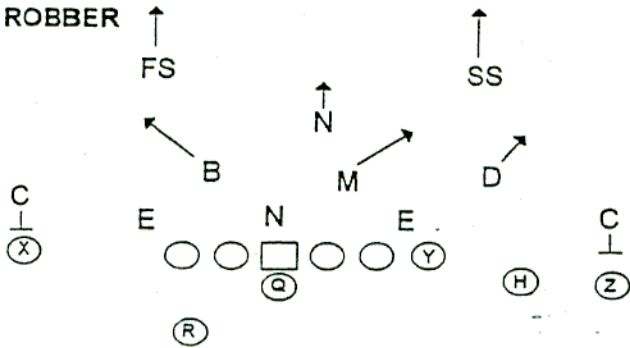
COVER 22



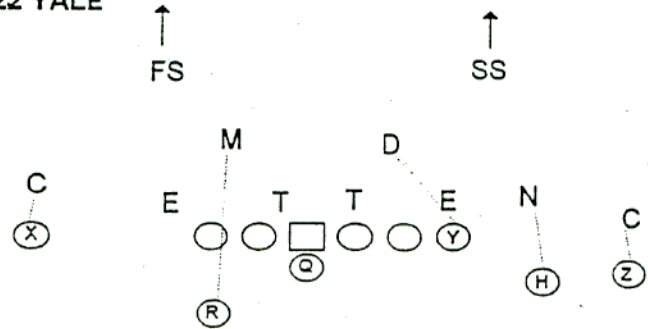
22 CATCH



22 ROBBER

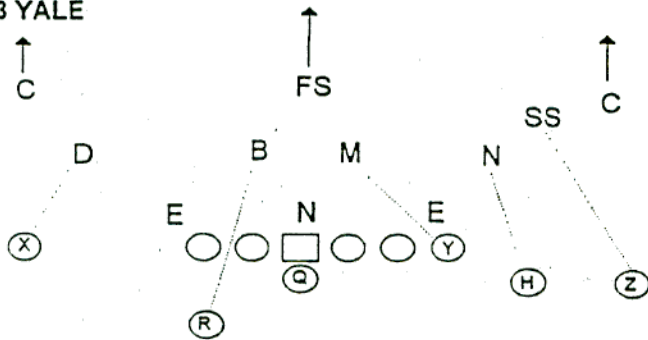


22 YALE



# COVER 33

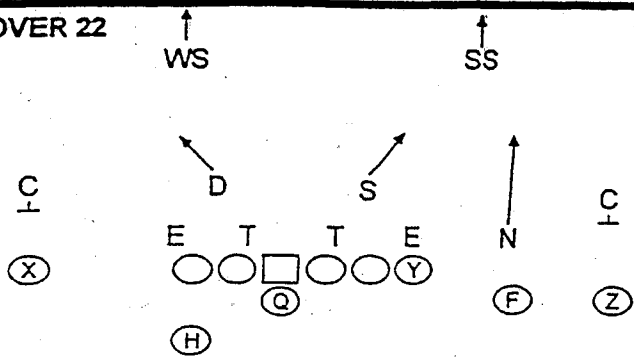
33 YALE



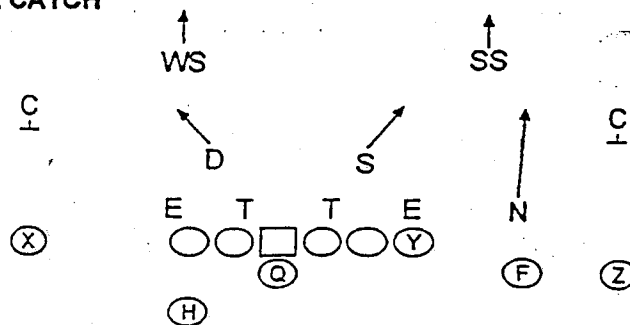
# COVER 22

Nickel zone coverage, 2 deep zone, M.F.O.

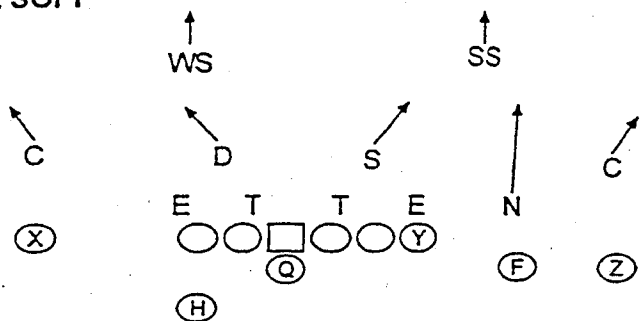
## COVER 22



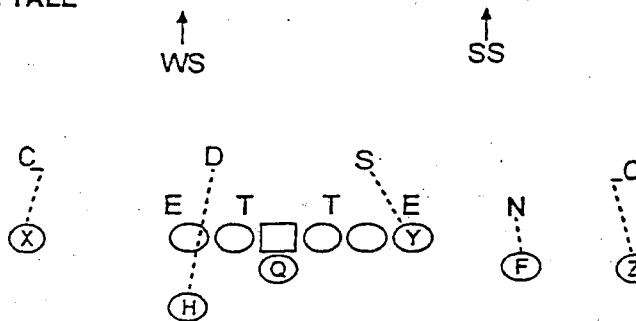
## 22 CATCH



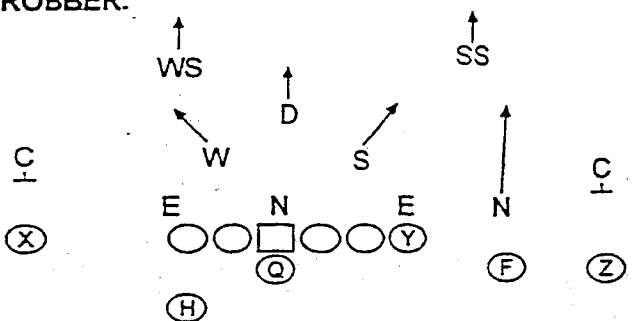
## 22 SOFT



## 22 YALE



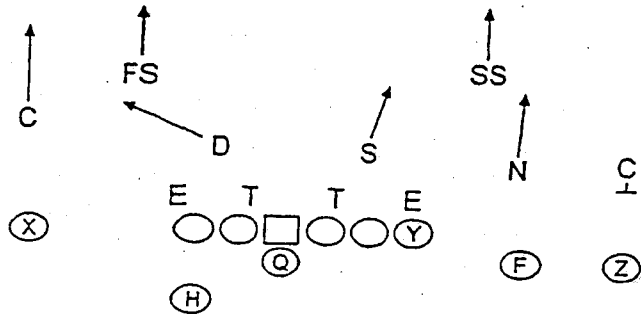
## 22 ROBBER.



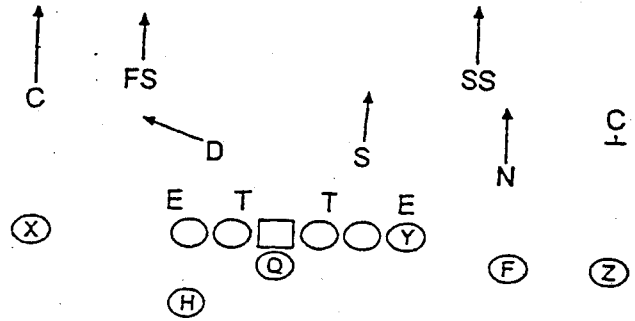
# COVER 55

Nickel strongside zone coverage, cloud strong, 14-14 weak, M.F.O.

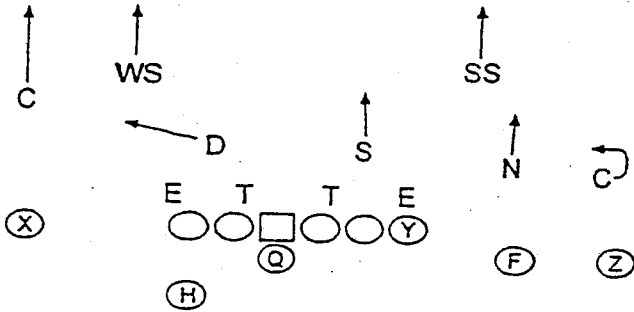
## COVER 55



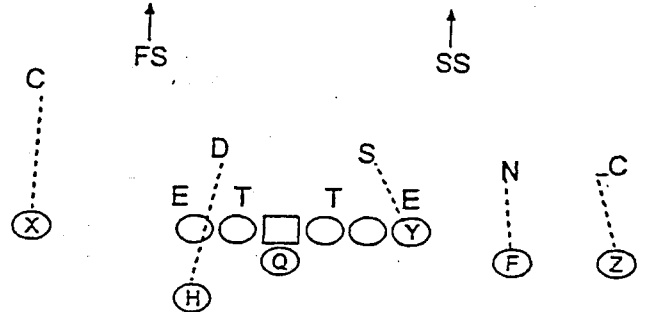
## 55 CATCH



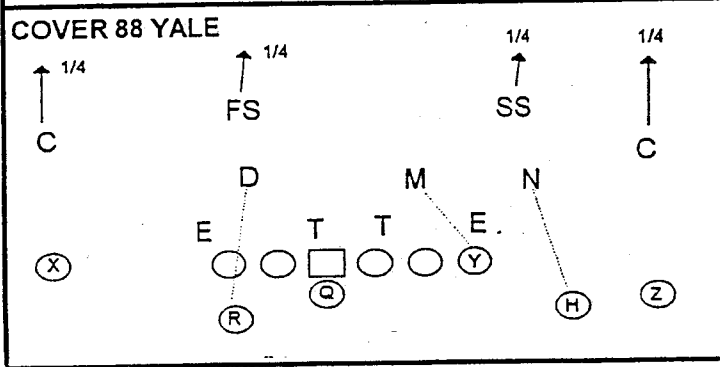
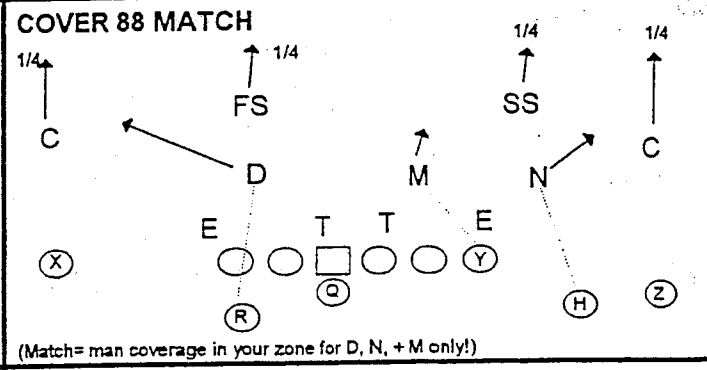
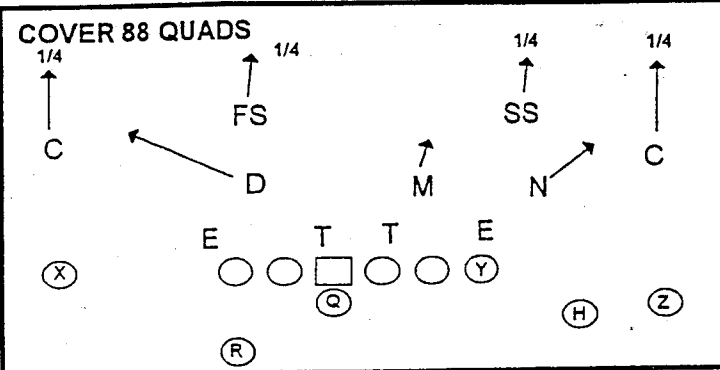
## 55 TRAP



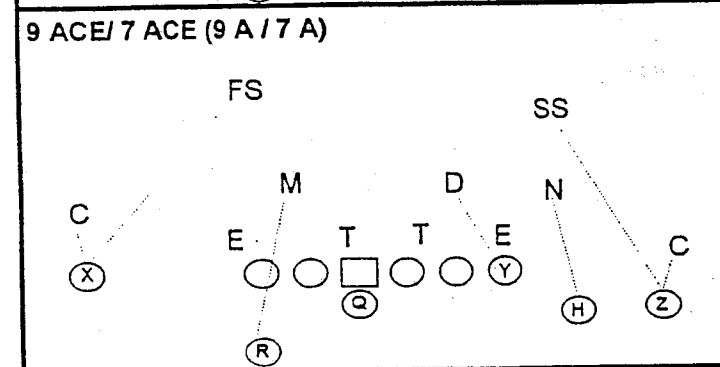
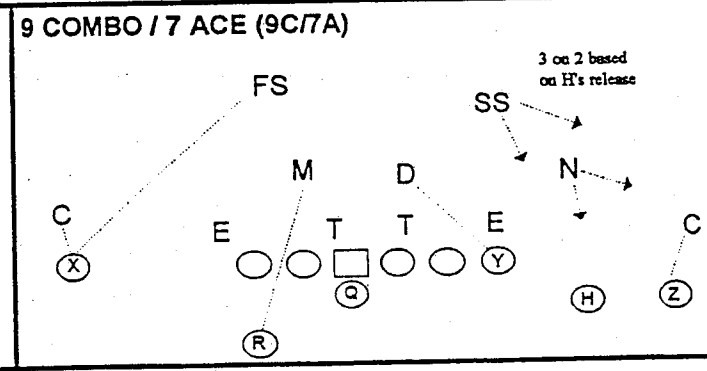
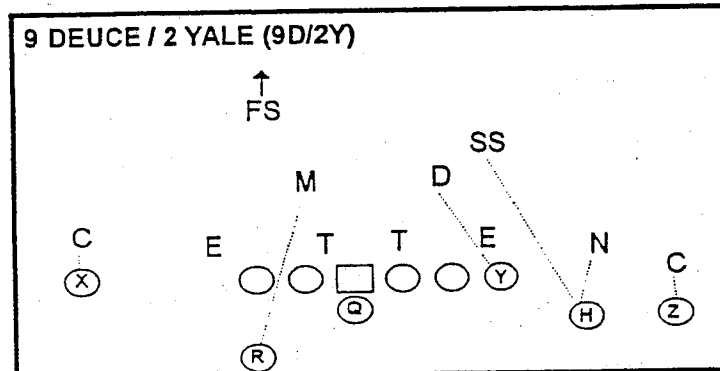
## 55 YALE



# COVER 88 QUADS



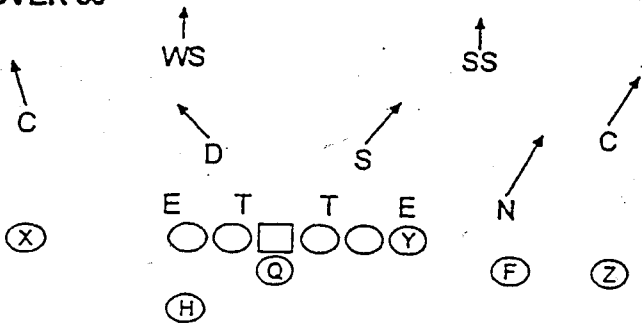
## COVER 90'S COMBINATIONS



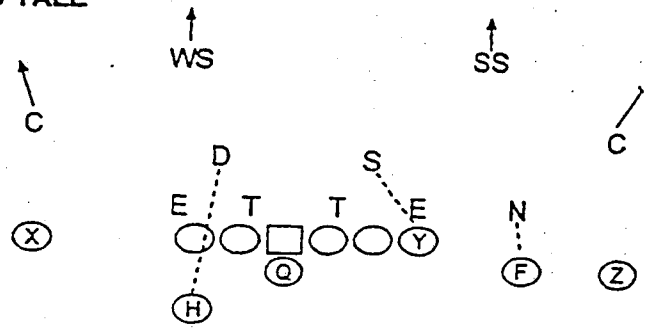
# COVER 88

Nickel zone coverage, 4 deep zone, M.F.O.

COVER 88

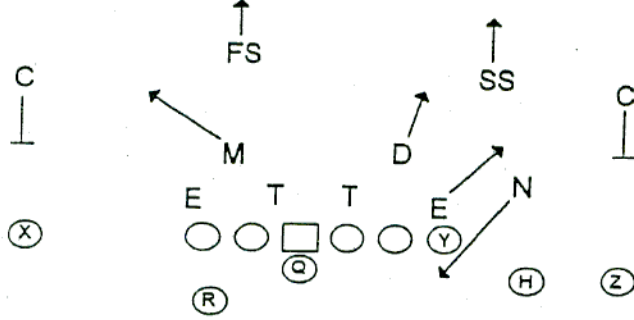


88 YALE



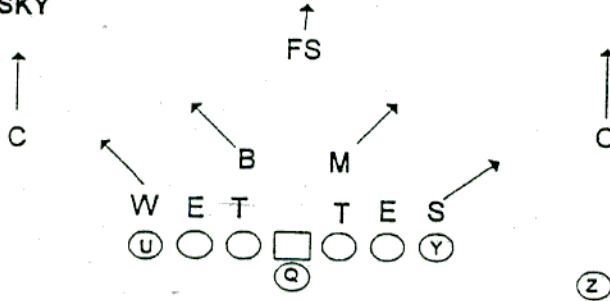
# ZONE DOG COVERAGES

22 ZONE DOG N + D

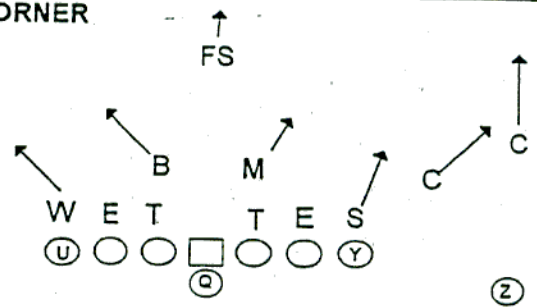


# PENNY COVERAGES

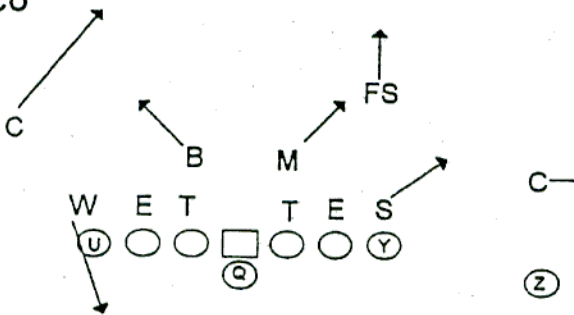
3 SKY



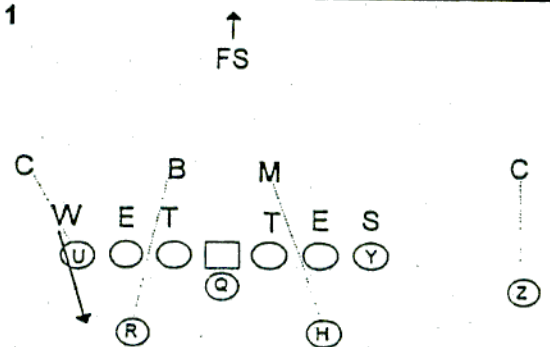
3 SKY CORNER



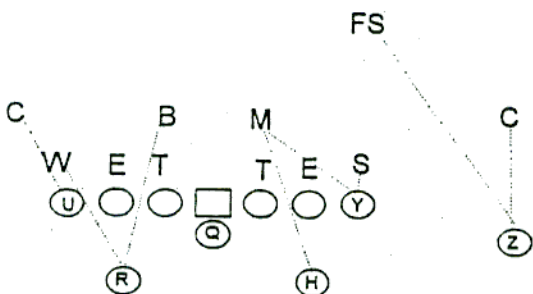
2 CINCO



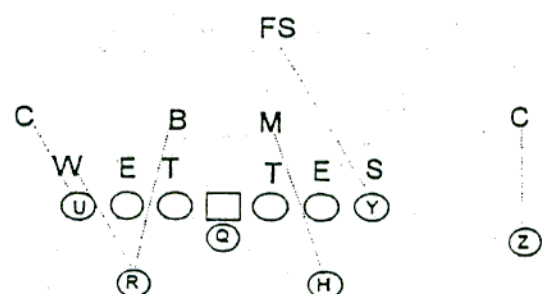
COVER 1



9 ACE DEUCE



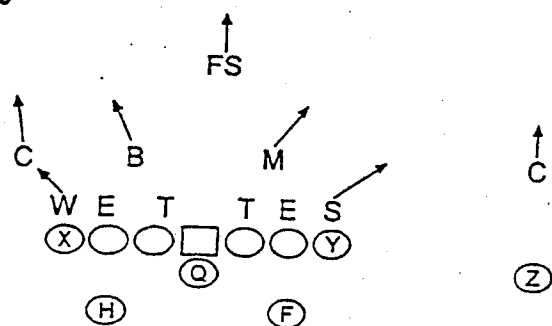
9 DEUCE/ 7 DEUCE



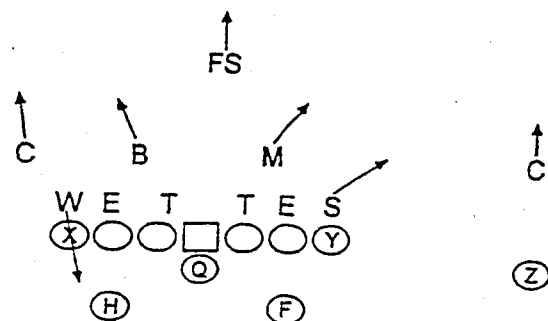
# PENNY COVERAGES

Any coverages with only 3 DBs, eight man fronts, usually associated with S.Y., G.L., and four minute

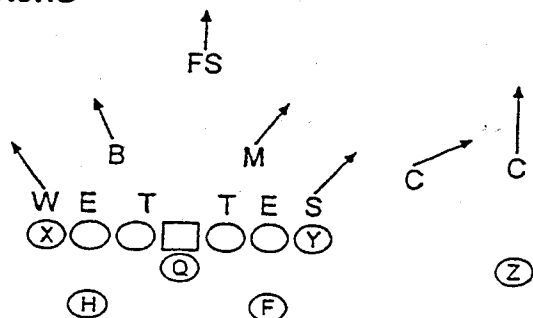
COVER 3



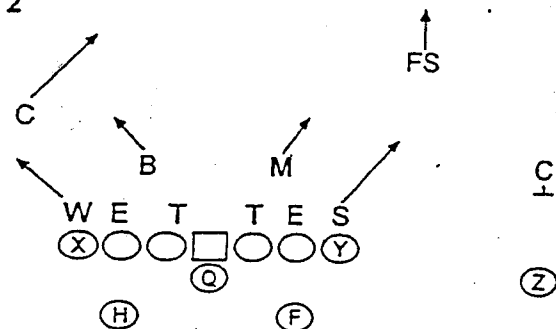
3 CINCO



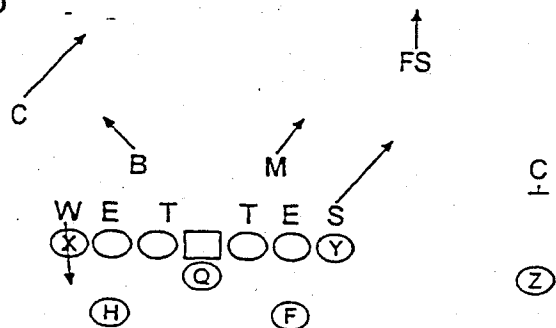
3 SKY STRONG



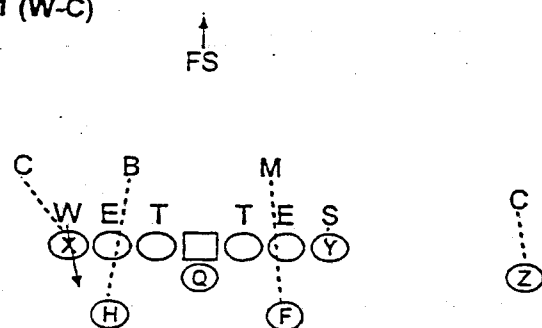
COVER 2



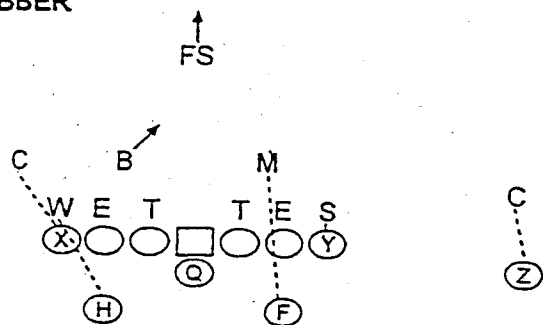
2 CINCO



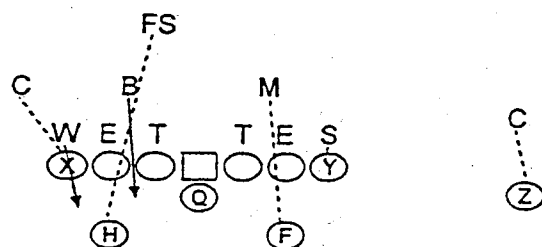
COVER 1 (W-C)



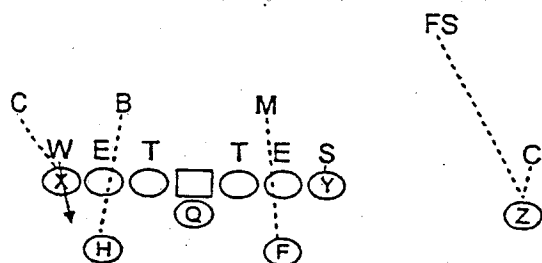
1 LB ROBBER



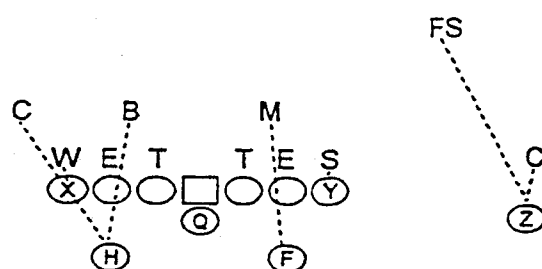
COVER 0 (B-B, W-C)



9 ACE

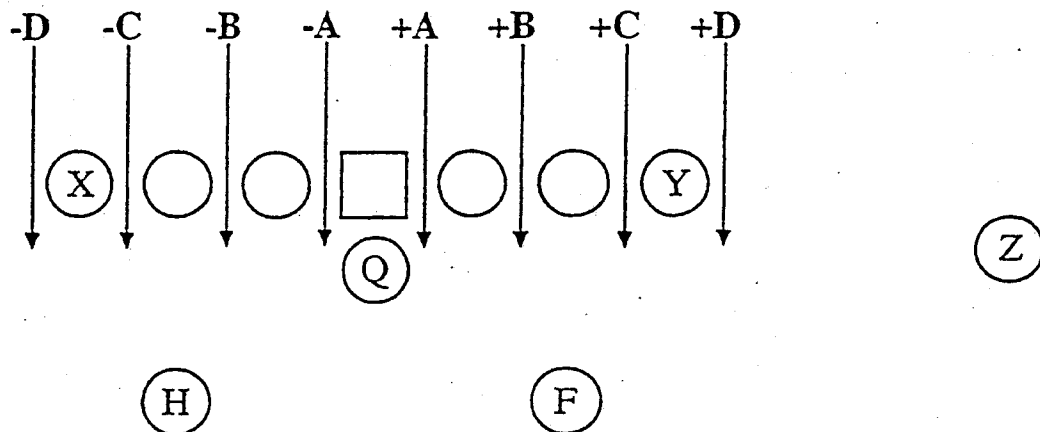


9 ACE 7 DEUCE



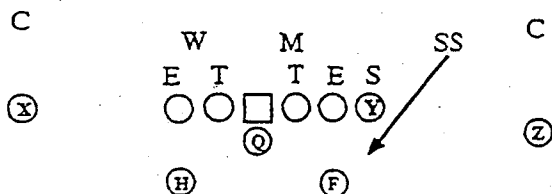
# BLITZ (DEFENSIVE BACK PENETRATION)

BLITZES ARE IDENTIFIED BY THE NAME OF THE PENETRATING DEFENSIVE BACK AND THE GAP HE IS GOING THROUGH. WEAKSIDE GAPS ARE INDICATED BY THE MINUS LETTERS AND THE STRONGSIDE GAPS BY THE PLUS LETTERS.



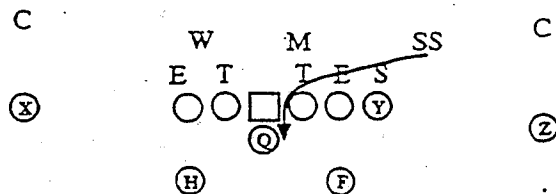
PISTOL +D (SS +D)

FS



PISTOL +A (SS +A)

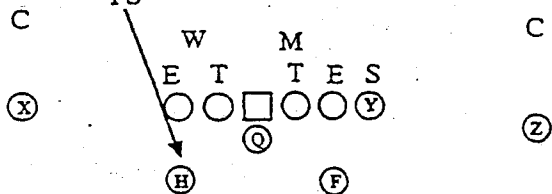
FS



STING -C (FS -C)

FS

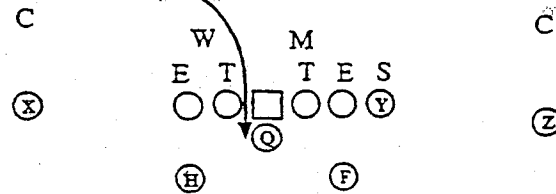
SS



STING -A (FS -A)

FS

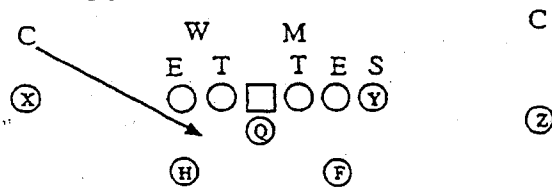
SS



CRASH -D (C -D)

FS

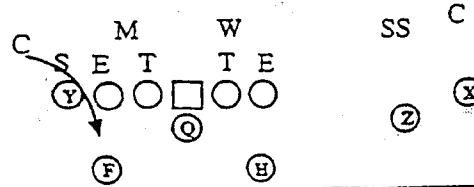
SS



CRASH -C (WC -C)

FS

SS



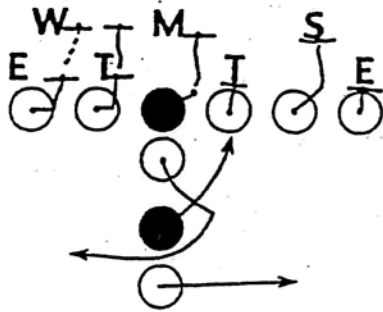


RUN

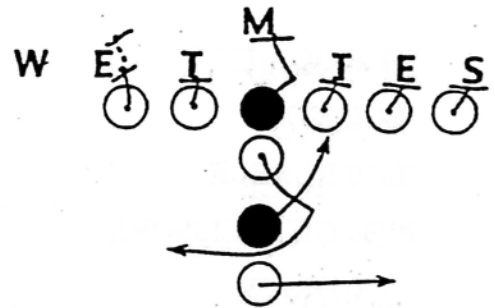
GAME

## INSIDE RUNS

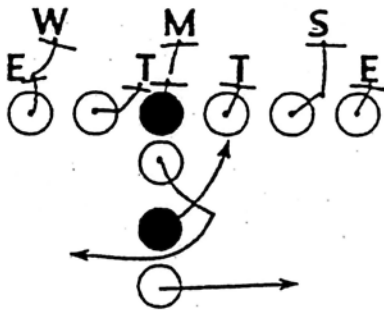
|                    | <u>Page #</u> |
|--------------------|---------------|
| FB 20/30 BELLY     | 10-1          |
| 20/30 ISO          | 10-3          |
| 20/30 BUBBLE       | 10-5          |
| 20/30 GUT SCISSORS | 10-7          |
| 30/20 DRAW         | 10-9          |
| 40/50 GUT          | 10-11         |
| 40/50 BOSS         | 10-13         |
| 50/40 BOB          | 10-15         |
| 50/40 BOB SCISSORS | 10-17         |
| 50/40 BRUSH        | 10-19         |



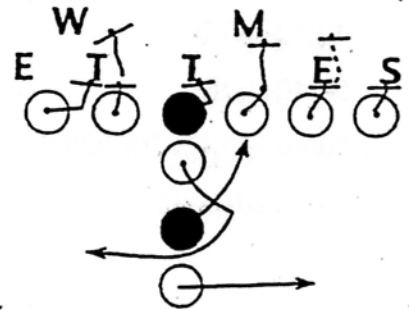
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

DESCRIPTION:

QUICK HITTING STRONGSIDE ZONE RUN. - LENDS TO HARD COUNT.

QB

REVERSE PIVOT - GIVE TO FB AS DEEP AS POSSIBLE. FINISH ON NAKED WEAK.

F

OPEN - DOWN HILL CROSSOVER READ 1ST DOWN LINEMAN FROM CENTER OVER.

H

RUN PITCH COURSE.

BACKSIDE

FRONTSIDE

BLOCK #1. ALERT SWAP, SLIP, SWOOP, CUTOFF.

BLOCK #2. ALERT SLIP, COMBO, SIFT, SWOOP, AND CUTOFF.

CONVOY

C

BLOCK "O" TO MIKE. ALERT SWAP, RAY, LENNY, SWOOP, BACKSIDE CALLS.

G

BLOCK #1. ALERT READ, RAY, LENNY, DEUCE CAL

T

BLOCK #2. ALERT READ, DEUCE, OUT CALLS.

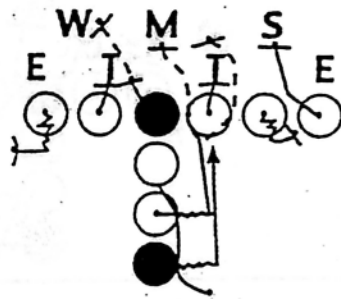
Y

DRIVE BLOCK MAN OVER - READ ZONE IF TACKL UNCOVERED. ALERT FOR DEUCE CALL.

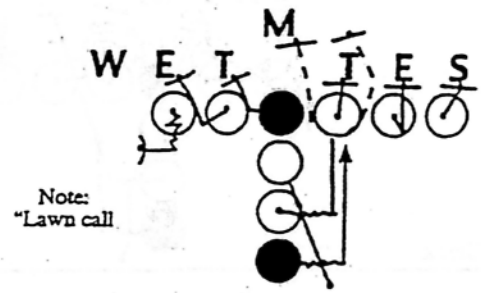
Z

MDM.

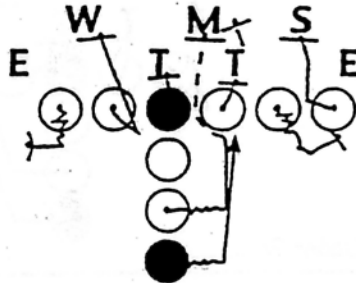
X



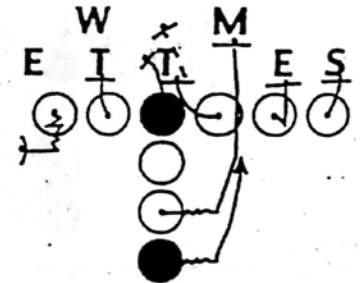
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

QB

SHOW PASS AND GET THE BALL DEEP TO HB.

F

SLIDE - BLOCK MIKE LBER - SQUARE CONTACT. DON'T CUT MIKE LBER IN HOLE.

H

SLIDE JPLAYSIDE. READ ON GUARD. IF ON GUARD UNCOVERED, READ TACKLE. ALERT TO FB'S BLOCK.

## BACKSIDE

## FRONTSIDE

BLOCK #1 AGGRESSIVELY IF COVERED. IF UNCOVERED "FAN" BLOCK DE/WILL LBER ALERT LAWN/RAKE CALLS.

PASS SET AND BLOCK #2. IF BSG IS UNCOVERED "FAN" BLOCK DE/WILL LBER. ALERT LAWN/RAKE CALLS. VS BEAR DEFENSE, G.P. - BLOCK WILL/SS.

C

BLOCK "O" TO #1 AWAY. ALERT TO COME OFF FOR WILL LBER. ALERT ACE BLOCK.

G

BLOCK #1 IF COVERED. IF UNCOVERED, BLOCK DOWN ON #0 WITH ACE CALL TO BACKSIDE LBER.

T

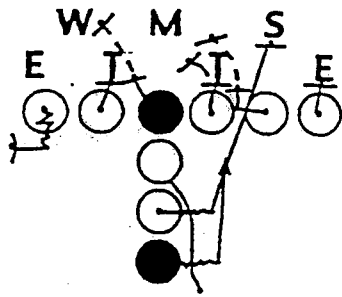
AGGRESSIVE PASS SET &amp; BLOCK #2 IF COVERED. IF UNCOVERED, READ ZONE OR SWAP BLOCK WITH TE. VS BEAR LOOKS, BLOCK OUT W/TE.

Y

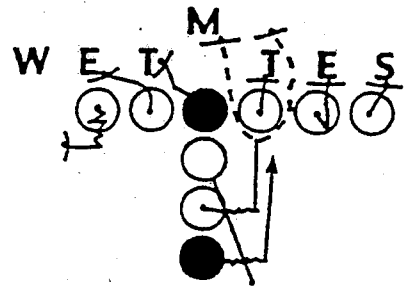
BLOCK #3. IF TACKLE UNCOVERED WORK READ ZONE OR SWAP BLOCK. VS BEAR LOOKS, BLOCK OUT.

Z

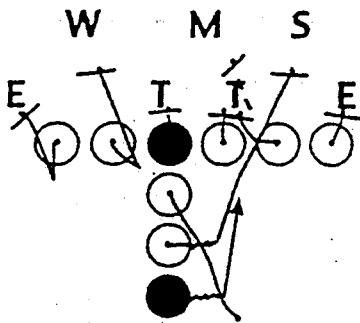
MDM.



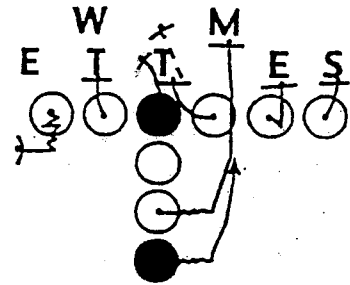
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

DESCRIPTION:

QB

F

H

BACKSIDE

BLOCK #1 AGGRESSIVELY IF COVERED. IF UNCOVERED, "FAN" BLOCK DE/WILL LBER. ALERT LAWN/RAKE CALLS.

PASS SET AND BLOCK #2. IF BACKSIDE GUARD IS UNCOVERED FAN BLOCK DE/WILL LBER. ALERT LAWN/RAKE CALLS. VS BEAR DEFENSE, G.P. BLOCK WILL/SS.

FRONTSIDE

C

BLOCK "O" TO #1 AWAY. ALERT TO COME OFF FOR WILL LBER. ALERT ACE BLOCK.

G

IF COVERED AND TACKLE COVERED, BLOCK #1. IF COVERED AND TACKLE UNCOVERED, DEUCE BLOCK DT TO MIKE LBER. IF UNCOVERED, BLOCK DOWN TO BACKSIDE LBER. VS BEAR, BLOCK #1.

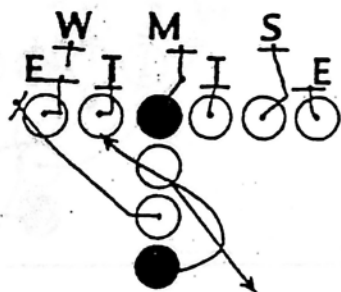
T

IF COVERED, BLOCK #2. IF UNCOVERED, DEUCE BLOCK DT TO MIKE LBER. ALERT "OUT" CALLS VS BEAR DEFENSE AND OVER WIDES.

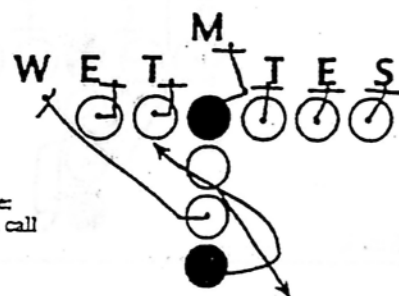
Y

BLOCK #3. ALERT FOR "OUT" CALL VS BEAR AND OVER WIDE DEFENSE.

# 20/30 GUT SCISSORS

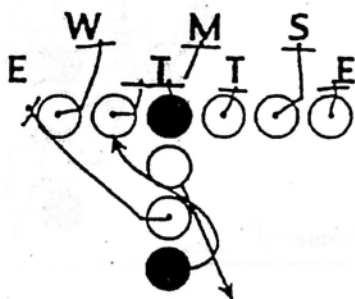


4-3 Stack

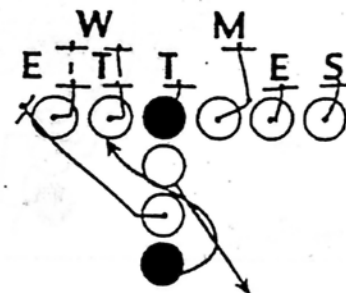


Note:  
"Lawn call"

4-3



4-3 Over Stack



4-3 Under W

DESCRIPTION:  
CUTBACK PLAY.

QB

RUN 20/30 GUT. HAND OFF OVER THE TOP TO HB.

F

SAME AS 20/30 GUT.

H

START GUT FOOTWORK - CUTBACK WEAK.

BACKSIDE

FRONTSIDE

BLOCK 20/30 GUT (40/50 GUT).

BLOCK 20/30 GUT (40/50 GUT).

C

BLOCK 20/30 GUT (40/50 GUT).

G

BLOCK 20/30 GUT (40/50 GUT).

T

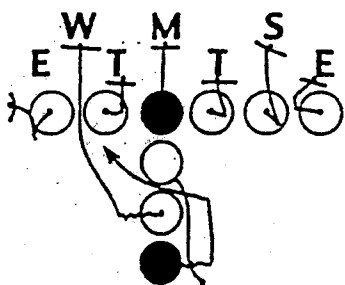
BLOCK 20/30 GUT (40/50 GUT).

Y

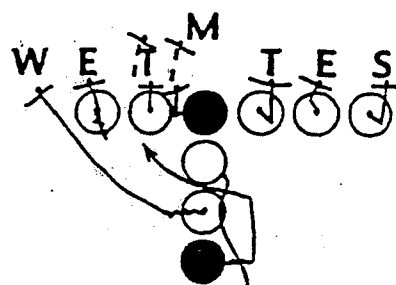
BLOCK 20/30 GUT (40/50 GUT).

Z

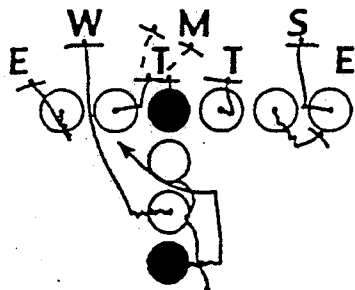
CONVOY



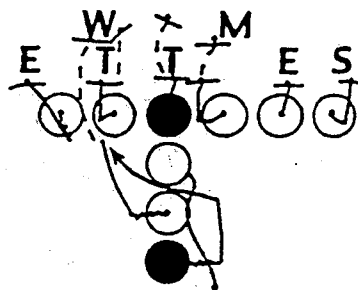
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

DESCRIPTION:  
LEAD DRAW WEAK.

QB

SHOW PASS, TURN AND EXCHANGE ON 3RD STEP.

F

BLOCK WILL LBER. CUT OUTSIDE LEG OF LBER IF GUARD UNCOVERED.

H

DOWN HILL SLIDE STRONG IF IN "Q." SHUFFLE IN FROM SPLIT. READ ONSIDE TO BACK SIDE.

## BACKSIDE

## FRONTSIDE

AGGRESSIVE PASS SET & BLOCK #1. ALERT RAY/LENNY, ZORRO, SLIP CALLS.

AGGRESSIVE PASS SET & BLOCK #2. ALERT SLIP, COMBO, MINGO, SWAP, SUP CALLS.

AGGRESSIVE PASS SET & BLOCK #3. ALERT SLIP, COMBO, MINGO, SWAP, SUP CALLS. VS BEAR FRONT, DOUBLE BUMP.

MDM

C

BLOCK "O". ALERT RAY/LENNY &amp; ZORRO CALLS.

G

AGGRESSIVE PASS SET &amp; BLOCK #1. ALERT RAY/LENNY, ZORRO, SLIP, READ CALLS.

T

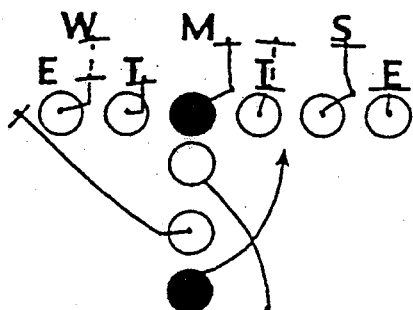
AGGRESSIVE PASS SET &amp; BLOCK #2. ALERT READ, MINGO, FAN CALLS.

Y

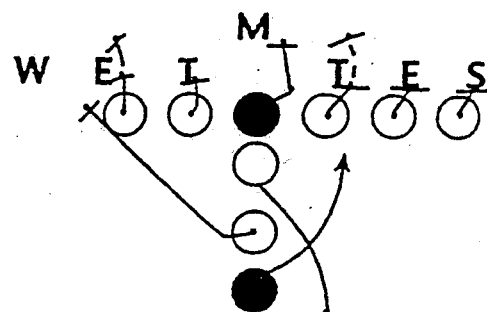
Z

MDM.

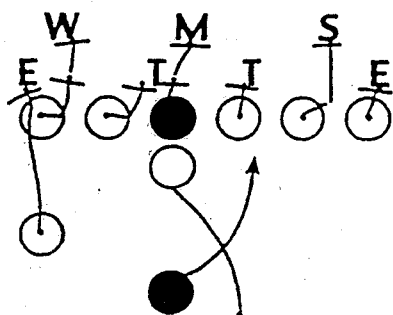
X



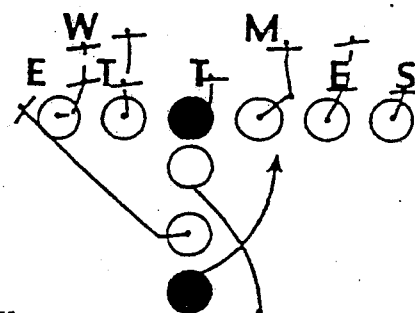
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

### DESCRIPTION:

STRONG SIDE ZONE RUN.

8 MAN - ALERT CWM

S.A. - CAN FIND

\* 20/30 GUT:

OL & F = BLOCK 40/50 GUT

H - BOB FOOTWORK, THINK CUTBACK.

QB

OPEN - SPRINT DRAW COURSE - DEEP EXCHANGE  
FINISH ON NAKED.

F

COMBO BLOCK WITH BACKSIDE TACKLE.

H

OPEN - CROSSOVER - ROLL - SPRINT SPOT INSIDE  
LEG OF TACKLE. KEY FIRST DOWN LINEMAN  
ON SIDE ALIGNMENT - 7 1/2.

## BACKSIDE

## FRONTSIDE

BLOCK #1. ALERT SWAP, SLIP, SWOOP, CUTOFF.

BLOCK #2. ALERT SLIP, COMBO, SIFT, SWOOP, AND  
CUTOFF.

CONVOY

C

BLOCK "O" TO MIKE. ALERT SWAP, RAY, LENNY  
SWOOP, BACKSIDE CALLS.

G

BLOCK #1. ALERT READ, RAY, LENNY, DEUCE CALLS.

T

BLOCK #2. ALERT READ, DEUCE, OUT CALLS.

Y

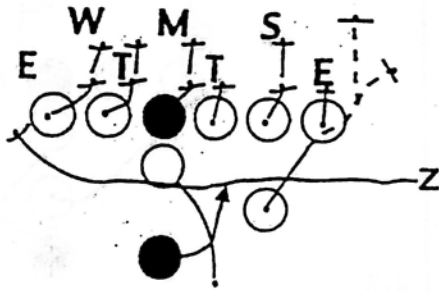
DRIVE BLOCK MAN OVER - READ ZONE IF TACKLE  
UNCOVERED. ALERT FOR DEUCE CALL.

Z

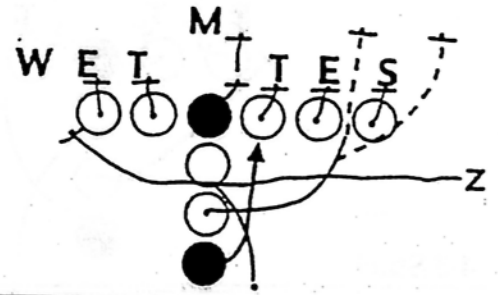
MDM.

X

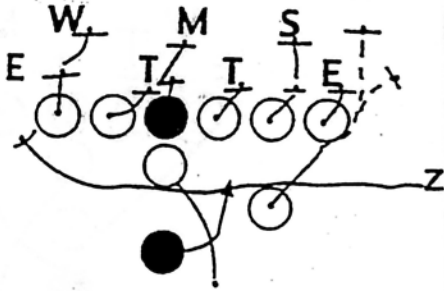




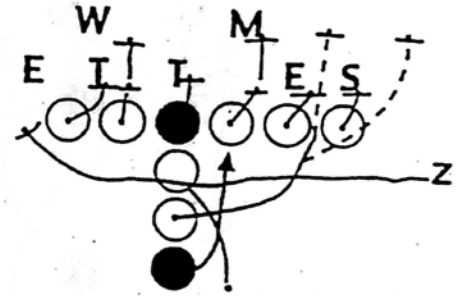
4-3 Stack



4-3



43 Over Stack



4-3 Under W

**DESCRIPTION:**

40/50 GUT WITH FB LEADING ONSIDE FOR FORCE  
WITH Z HOLDING OFF BACKSIDE. NEED IN RED  
AREA.

**QB**

40/50 GUT COURSE.

**F**

LEAD ON 4TH DEFENDER STRONG.

**H**

40/50 GUT FOOTWORK READ ONSIDE TO BOUNCE.

**BACKSIDE**

GUT BLOCKING.

GUT BLOCKING

SEAL 1ST DEFENDER OUTSIDE THE BACKSIDE  
TACKLE.

MDM

**FRONTSIDE****C**

GUT BLOCKING.

**G**

GUT BLOCKING.

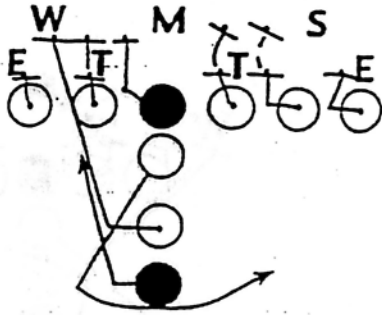
**T**

GUT BLOCKING.

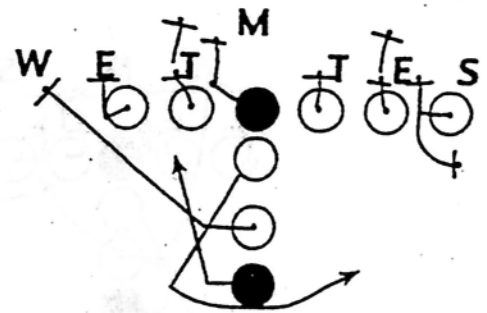
**Y**

GUT BLOCKING.

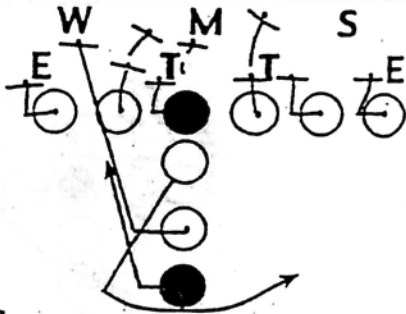
**Z****X**



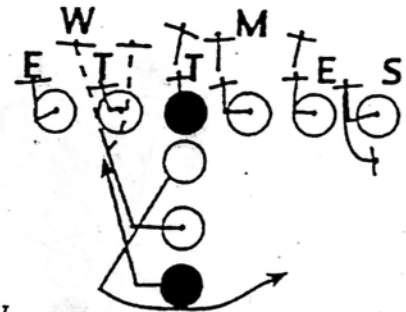
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

**DESCRIPTION:**

WEAKSIDE LEAD ZONE.

8 MAN - ALERT - CWM OR BUD BLOCK OR S.A.

QB READ ON SIDE TO OUTSIDE VS BEAR FRONTS.

**QB**

OPEN - STEEP SPRINT DRAW COURSE - DEEP EXCHANGE, FINISH ON NAKED STRONG.

**F**

OPEN - LEAD ON 1ST LBER TYPE. IF LBER STACKED READ OG'S BLOCK.

**H**

OPEN - DOWN HILL STEP - SPRINT SPOT IS OUTSIDE LEG OF OG. READ 1ST DOWN LINEMAN ONSIDE.

**BACKSIDE****FRONTSIDE**

BLOCK #1. ALERT SWAP, SLIP, SUP CALLS.

BLOCK #2. ALERT COMBO, SUP, SLIP, SWOOP, OUT CALLS.

BLOCK #3. ALERT COMBO, SUP, SLIP, SWOOP, OUT CALLS. VS BEAR FRONTS - DOUBLE BUMP.

CONVOY

**C**

BLOCK "O" TO MIKE. ALERT CHIP, SWAP, RAY, LENNY, SWOOP, BACKSIDE CALLS.

**G**

BLOCK #1. ALERT READ, CHIP, MINGO.

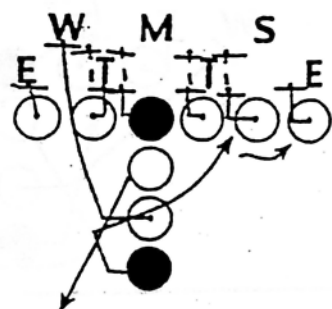
**T**

BLOCK #2. ALERT READ, MINGO CALLS.

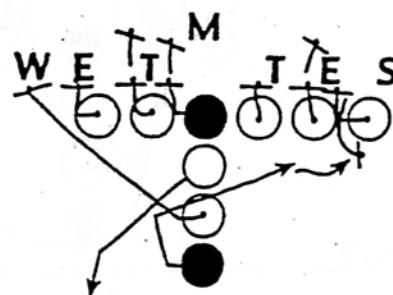
**Y****Z****X**

MDM.

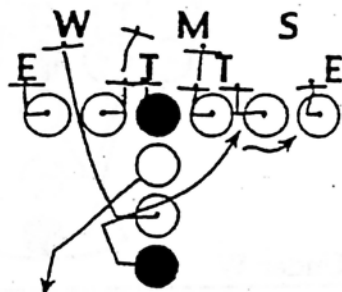
# 50/40 BOB SCISSORS



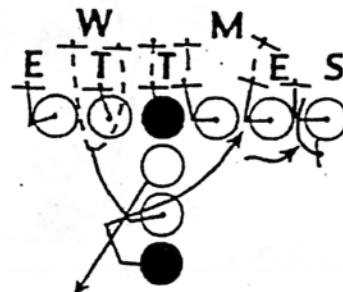
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

DESCRIPTION:  
OUTBACK PLAY.

QB

RUN 50/40 BOB - HAND OFF OVER THE TOP TO HB.

F

BLOCK 50/40 BOB.

H

START BOB FOOTWORK - CUT BACK STRONG.

BACKSIDE

FRONTSIDE

BLOCK 50/40 BOB.

BLOCK 50/40 BOB.

BLOCK 50/40 BOB.

C

BLOCK 50/40 BOB.

G

BLOCK 50/40 BOB.

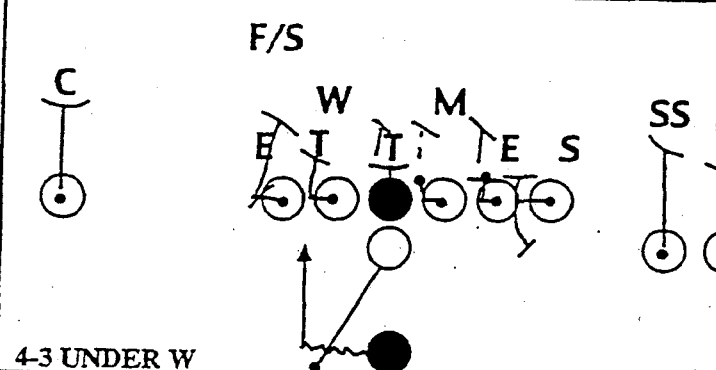
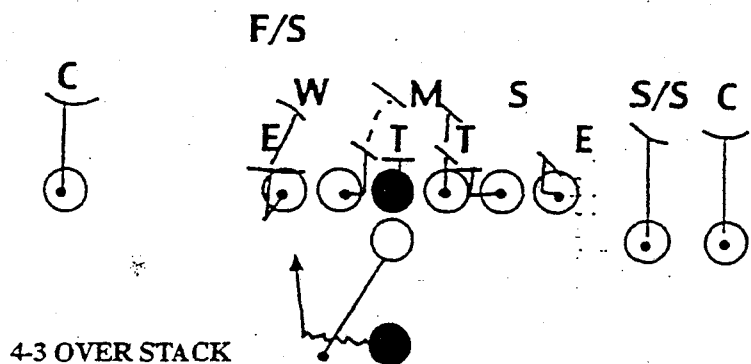
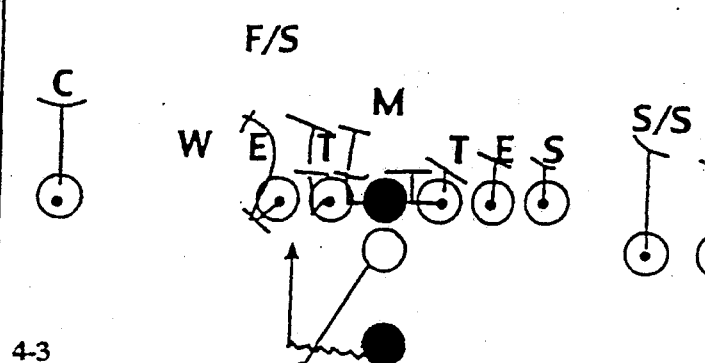
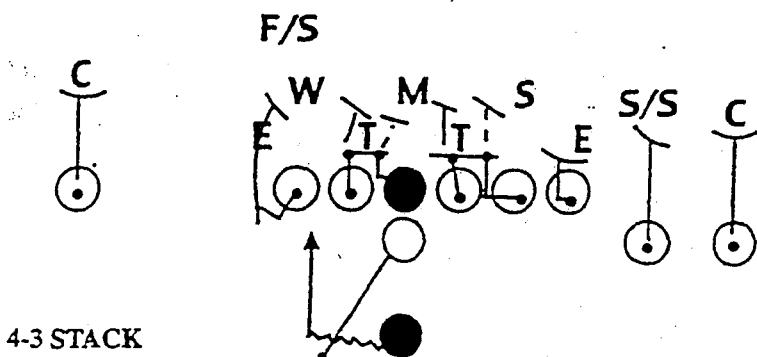
T

BLOCK 50/40 BOB.

Y

Z

V



## DESCRIPTION:

WEAKSIDE DRAW. CALLSIDE TACKLE HAS TWO DEFENDERS TO BLOCK.

QB

SPRINT BACK - GIVE BALL DEEP TO "H".

F

BLOCK #4.

H

SLIDE STEP WEAKSIDE. READ 1ST COVERED LINEMAN.

## BACKSIDE

## FRONTSIDE

BLOCK #1. ALERT SLIP, SUP, SWAP CALLS. ALERT "SWOOP" CALL VS OVER FRONTS.

BLOCK #2. ALERT SLIP, SUP, COMBO CALLS. ALERT "SWOOP" CALL VS. OVER FRONTS.

BLOCK #3. CUT-OFF OR COMBO BLOCK. ALERT "SWOOP" CALL.

C

BLOCK "O". ALERT LENNY, RAY, COB, ZORRO CALLS. ALERT "SWOOP" CALL TO MIKE LB VS. OV FRONTS.

G

BLOCK #1. ALERT RAY / LENNY, COB, ZORRO CALL VS. UNDER W-OVER SET DT. ALERT FAN - READ VS OVER FRONTS.

T

BLOCK #2. TO WILL LB'ER. SHORT SET - CLUB DE THEN UPFIELD. ALERT FAN - READ VS. OVER FRON

Y

## COUNTERS / TRAPS

Page #

20/30 FB (HB) TRAP

11-1

40/50 WHEEL

11-3

50/40 BLUNT

11-5

60/70 COUNTER

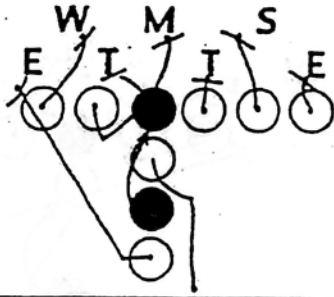
11-7

60/70 POWER

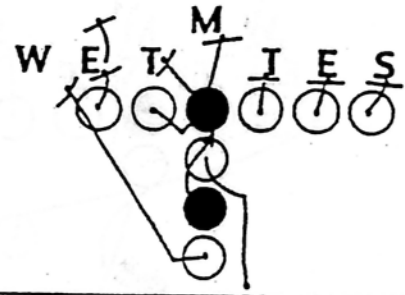
11-9

90/80 BIM

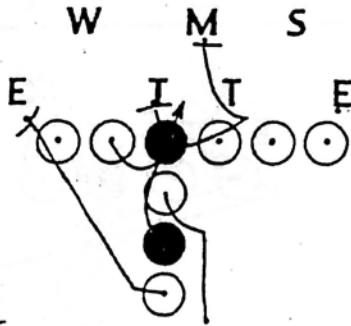
11-11



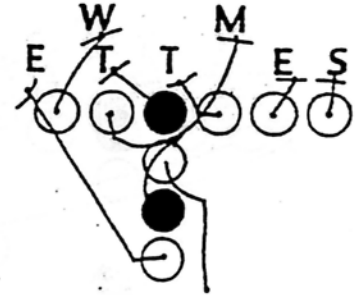
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

### DESCRIPTION:

INSIDE TRAP STRONG TO FB (OR HB) TRAP  
BLOCKING SCHEME.

QB

DROP STEP AND OPEN AWAY FROM HOLE. GET THE  
BALL DEEP TO BALL CARRIER.

F

KEY TRAPPING GUARD'S BLOCK.

H

BLOCK BACKSIDE.

## BACKSIDE

## FRONTSIDE

PULL - TRAP 1ST DL PAST CENTER. ALERT VS EVEN  
FRONT - CHOKER IT - BLOCK MIKE LBER.

BLOCK #2. ALERT SIFT.

C

BLOCK #0 TO #1 AWAY. ALERT ACE & OFF CALLS.

G

COVERED, BLOCK #1, INFLUENCE BLOCK. COVERE  
AND CENTER COVERED, QUICK HEAP FAKE ON DT  
THEN UPFIELD FOR MIKE LBER. UNCOVERED, ACE  
AND CUT OFF CALLS.

T

COVERED AND OSG COVERED, CUT OFF BLOCK.  
COVERED AND OSG UNCOVERED, INFLUENCE  
BLOCK MAN OVER. POSSIBLE SHORTY CALL.  
UNCOVERED, CUT OFF BLOCK ON LBER.

Y

BLOCK #3.

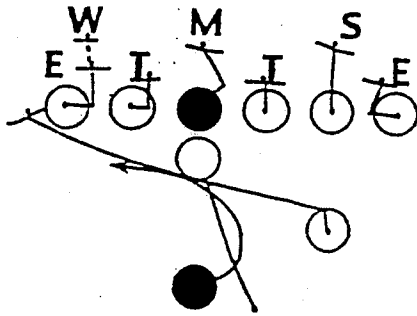
Z

MDM.

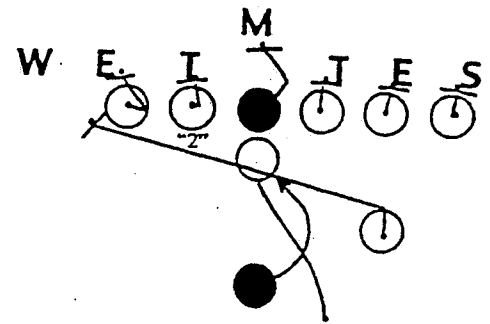
X

CONVOY

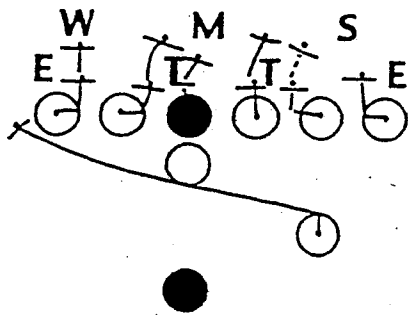
40/50 WHEEL



### 4-3 Stack

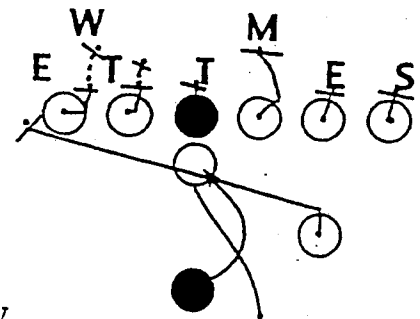


4-3



### 4-3 Over Stack

Note:  
"Slip"



4-3 Under W

DESCRIPTION:

THIS IS A PRESS THE HOLE BEND BACK PLAY TO THE WEAK SIDE. HAS POWER ZONE PRINCIPLES.

AN USE IN POSSE WITH Y OFF AND DOING THE TRAPPING. CAN USE IN TANK

QB

OPEN GUT COURSE. GET BALL DEEP TO HB.

F

BLOCK B BACKSIDE - EM LOS. PREFER CUT.

H

GUT FOOTWORK. READ BACKSIDE ON BEND  
COURSE.

# PLAYSIDE

# CALLSIDE

BLOCK #1. IF TACKLE UNCOVERED DOUBLE TEAM  
DT TO LBER.

BLOCK #2. "TWO" CALL; IF UNCOVERED WORK DB  
WITH GUARD ON DT TO LBER.

C

GUT BLOCKING - ALLOW NO PENETRATION

G

GUT BLOCKING, ALERT SLIP CALL.

T

GUT BLOCKING; SLIP; MINGO CALL.

Y

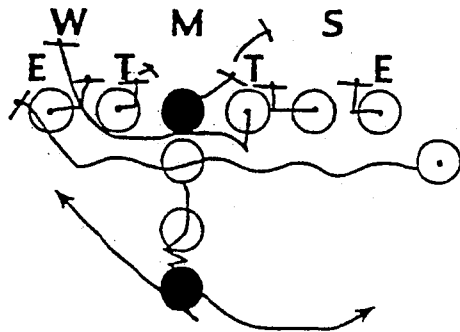
BLOCK #3. VS BEAR FRONT, DOUBLE BUMP.

Z

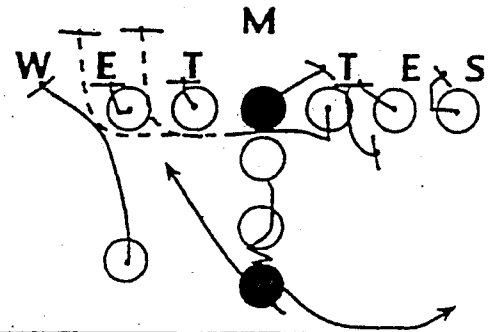
MDM.

X

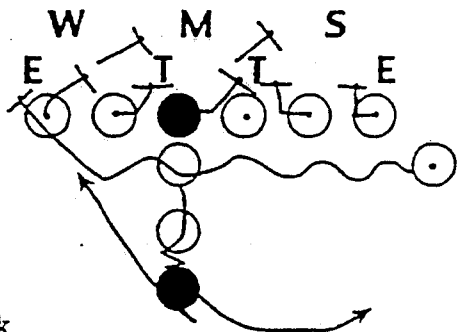
MDM



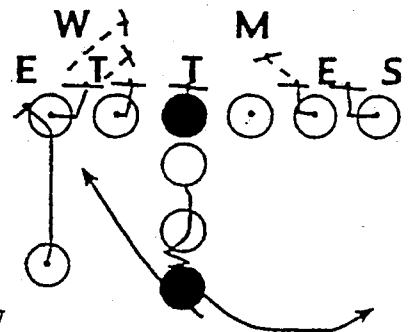
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

POWER PLAY WEAKSIDE.

QB

COUNTER FOOTWORK WEAK. FINISH NAKED STRONG.

F

BLOCK EM LOS.

H

COUNTER FOOTWORK WEAK. DOWN HILL PATH.

## BACKSIDE

PULL - READ FB'S BLOCK ON EM LOS.

SEAL BACKSIDE DT. ALERT "CAL" CALL. IF BACKSIDE GUARD UNCOVERED WORK CUTOFF OR COMBO BLOCK WITH TE.

INSURE INSIDE AREA (MIKE).

## FRONTSIDE

C

BLOCK "O" TO BACKSIDE DT. ALERT OFF, ANGLE CAL, ACE, SLAM CALLS.

G

BLOCK INSIDE AREA. TO MIKE LBER ALERT DEUC TWO, ACE, OFF, ANGLE CALLS.

T

BLOCK INSIDE AREA TO MIKE LBER. ALERT DEUC TWO, ANGLE CALLS. IF BUBBLE OVER GUARD, QUICK INFLUENCE ON MAN OVER TO MIKE LBER.

Y

Z

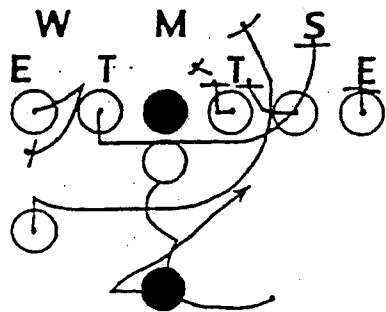
CONVOY.

X

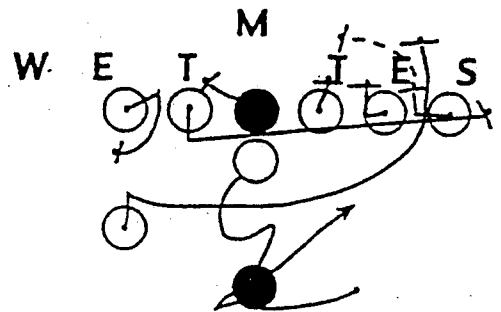
MDM.



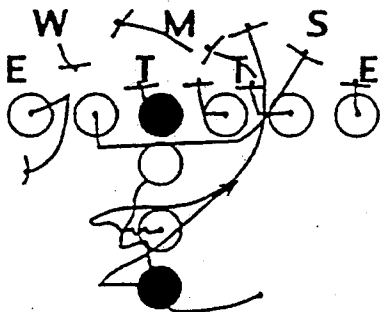
# 60/70 COUNTER



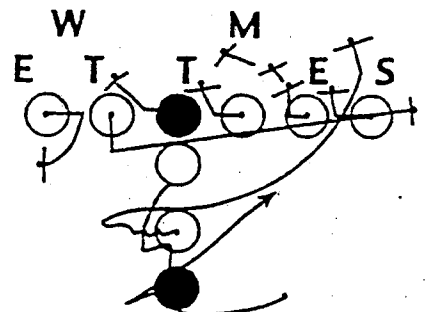
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

MISDIRECTIN OFFTACKLE PLAY WITH BACKSIDE GUARD AND FB PULLING TO POINT OF ATTACK. DOWNHILL PLAY GAP BLOCKING SCHEME.

QB

COUNTER, FOOTWORK STRONG.

F

PULL, TAKE TIMING STEP. BLOCK MIKE LBER PLASIDE. WRAP TO 1ST DAYLIGHT.

H

TAKE COUNTER STEPS, DOWN HILL. FOLLOW FB.

## BACKSIDE

## FRONTSIDE

PULL TRAP SAM. ALERT "STUB" CALL. VS OVER LOOKS TURN UP 1ST DAYLIGHT.

STEP INSIDE - INSURE AREA - VS 3RD DT. SLAM DT THEN SEAL AREA. ALERT FOR ANGLE CALL, THEN SLAM DE AND HINGE ON WILL LB.

C

BLOCK BACKSIDE AREA. ALERT OFF, ANGLE, DEUCE CALLS. IF WILLOW LOS VS OVER LOOK CALL ANGLE.

G

BLOCK INSIDE AREA TO MIKE/BACKSIDE LBER. POSSIBLE BLOCK MAN #1 WITH TREY CALL. ALERT OFF, DEUCE, ANGLE CALLS.

T

BLOCK INSIDE AREA TO MIKE/BACK SIDE LBER. ALERT TREY, DEUCE, ANGLE.

Y

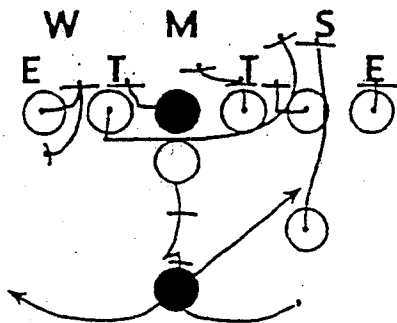
BLOCK INSIDE AREA TO BACKSIDE LB. ALERT TREY, ANGLE, DEUCE.

Z

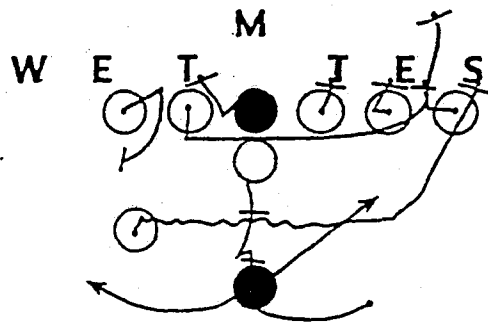
MDM.

X

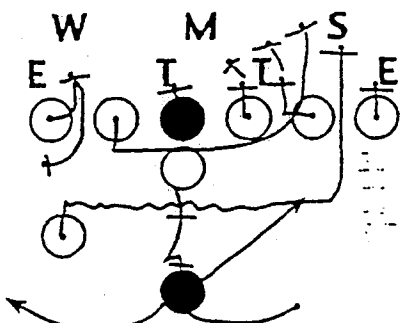
CONVOY



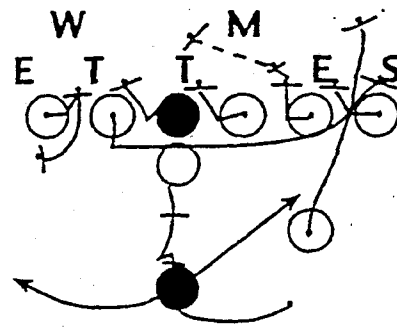
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

**DESCRIPTION:**

STRONG SIDE POWER OFF TACKLE. PLAY WITH BACKSIDE GUARD PULLING TO BLOCK MIKE LBER.

DOUBLE TEAM BLOCKING AT THE P.O.A. AND GAP BLOCKING SCHEMES.

QB

COUNTER, FOOTWORK IF HB IS IN "Q". OPEN TO HB IF OFFSET IN "A" POSITION. FINISH ON NAKE

F

LEAD ON SAM LBER.

H

COUNTER FOOTWORK FROM "Q". COME ACROSS SET FROM "A" POSITION.

**BACKSIDE****FRONTSIDE**

PULL & BLOCK MIKE LBER. REAM THE HOLE INSIDE OR OUTSIDE OF FB'S BLOCK IF TE SINGLED. READ HIS BLOCK, HAVE NO HESITATION. ATTACK.

STEP INSIDE, INSURE AREA. VS 3RD DT SLAM DT THEN SEAL AREA. ALERT FOR ANGLE CALL, SLAM DE AND HINGE ON WILL LBER.

CONVOY

C

BLOCK #0 TO BACKSIDE AREA. ALERT ACE, OFF, ANGLE, DEUCE CALLS.

G

BLOCK INSIDE AREA TO MIDDLE/BACKSIDE. ALL ACE, OFF, DEUCE, TREY, ANGLE CALL.

T

BLOCK INSIDE AREA TO MIDDLE/BACKSIDE. ALL TREY, DEUCE, ANGLE, GAP CALLS.

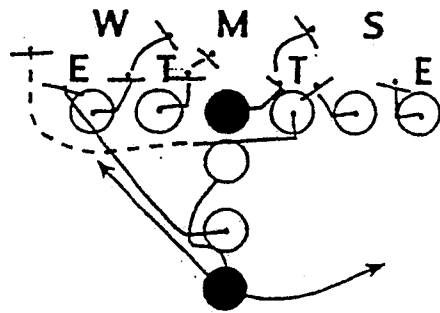
Y

BLOCK INSIDE AREA TO MIDDLE/BACKSIDE. ALL TREY, GAP, DEUCE CALLS. VS OVER DEFENDER, DRIVE BLOCK MAN OVER.

Z

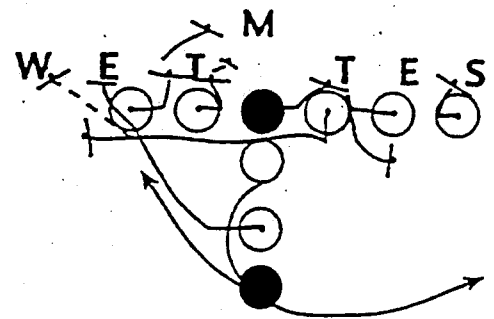
MDM.

X

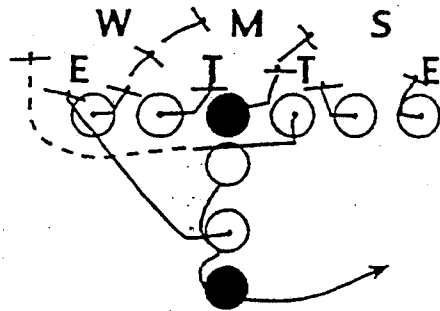


4-3 Stack

Note:  
"Cal"  
Call

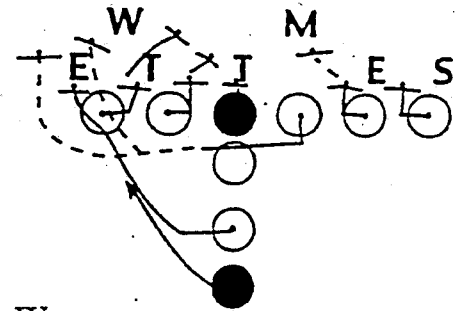


4-3



4-3 Over Stack

Note:  
"Cal"  
Call



4-3 Under W

## DESCRIPTION:

QB

COUNTER FOOTWORK WEAK. FINISH NAKED STRONG.

F

BLOCK EM LOS - CUT HIM.

H

COUNTER FOOTWORK, READ FB AND PULLING GUARD'S BLOCKS.

## FRONTSIDE

## BACKSIDE

BLOCK INSIDE AREA TO MIKE LBER. ALERT DEUCE, OFF, ANGLE.

BLOCK INSIDE AREA TO MIKE LBER. ALERT DEUCE, OFF, ANGLE. COVERED AND ONSIDE GUARD UNCOVERED, INFLUENCE BLOCK ON DE. BE ALERT FOR LBER RUN THROUGH.

C

BLOCK "O" TO BACKSIDE DT. ALERT ACE, OFF ANGLE CALL. ALERT "CAL" CALL BY BACKSIDE TACKLE.

G

PULL - READ FB'S BLOCK ON EM LOS GO INSIDE OR OUTSIDE, GET UPFIELD.

T

BACKSIDE COVERED, SEAL ON DT, THEN WORK BACK ON DE. ALERT "CAL" CALL BY CENTER. BACKSIDE UNCOVERED, WORK CUTOFF OR COMBO BLOCK W/TE. INSURE INSIDE AREA (MIKE).

Y

BLOCK #3. COMBO BLOCK WITH TACKLE. INSURE INSIDE AREA. VS BEAR DOUBLE BUMP.

Z

CONVOY.

X

## OUTSIDE RUNS

Page #

50/40 BOUNCE

12-1

80/90 PRESS

12-3

80/90 PRESS-FORCE

12-5

80/90 TAKE

12-7

80/90 PITCH

12-9

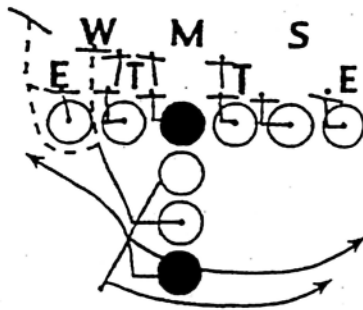
90/80 TOSS

12-11

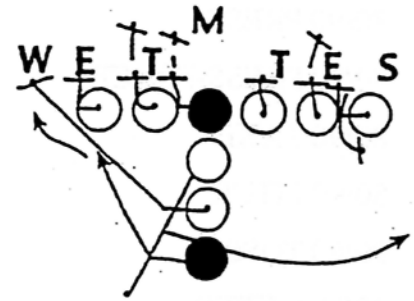
90/80 SWEEP

12-13

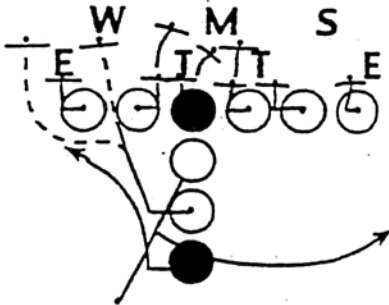
# 50/40 BOUNCE



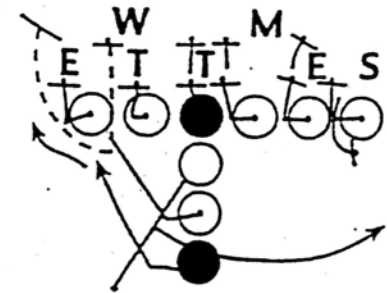
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION: --

SHOW 50/40 BOB BUT SETTING UP BOUNCING TO HE OUTSIDE.

QB

BOB FOOTWORK. FINISH ON NAKED STRONG.

F

H

## BACKSIDE

## FRONTSIDE

BLOCK 50/40 BOB RULES.

BLOCK 50/40 BOB RULES.

BLOCK 50/40 BOB RULES.

C

BLOCK 50/40 BOB RULES.

G

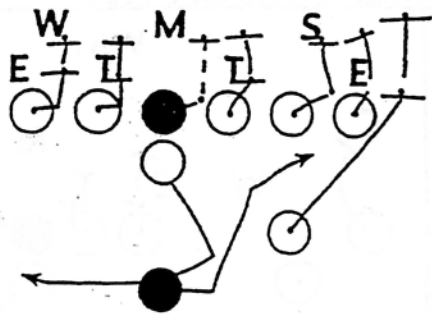
BLOCK 50/40 BOB RULES.

T

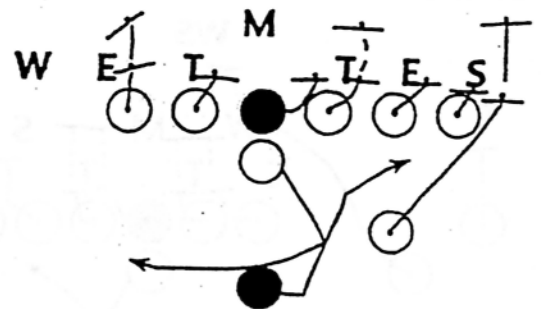
BLOCK 50/40 BOB RULES.

Y

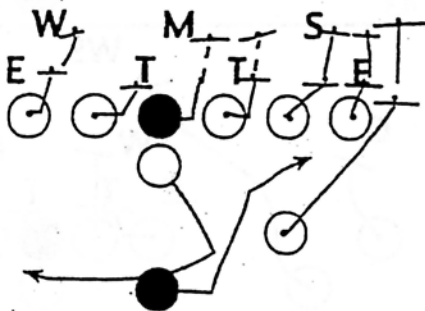
Z



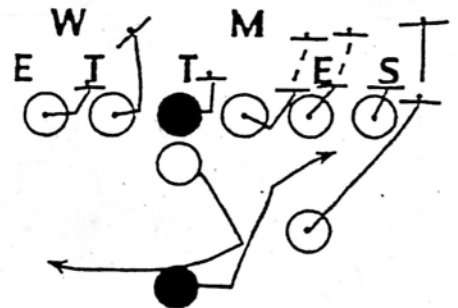
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

OUTSIDE PLAY STRONG.

QB

OPEN STRONG. WIDE EXCHANGE FINISH ON NAKED WEAK.

F

BLOCK #4. CHIP #3 IF SAFETY DEEP. COURSE IS ONE YARD OUTSIDE OF TE.

H

TIMER - AIMING POINT - BUTT OF TIGHT END.

## BACKSIDE

BLOCK #1. ALERT LOOSE SLIP, SWOOP.

BLOCK #2. ALERT SIFT, LOOSE SLIP, SWOOP.

CONVOY

## FRONTSIDE

C

BLOCK "O" TO MIKE LBER. ALERT RAY, LENNY, BIG RAY/LENNY, SWAP.

G

BLOCK #1. ALERT READ, RAY/LENNY, BIG RAY/LENNY CALLS. POSSIBLE SWOOP.

T

BLOCK #2. ALERT READ, GANG CALLS.

Y

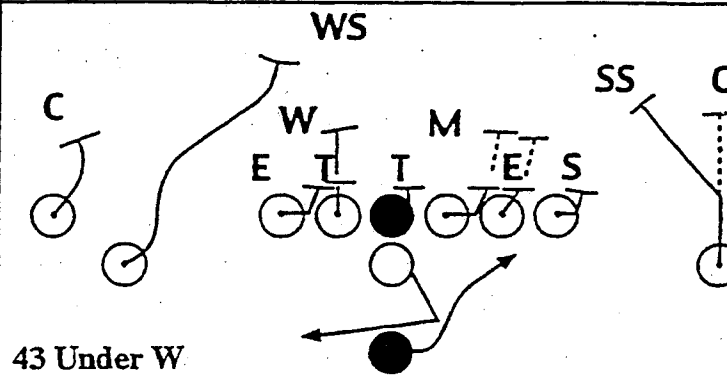
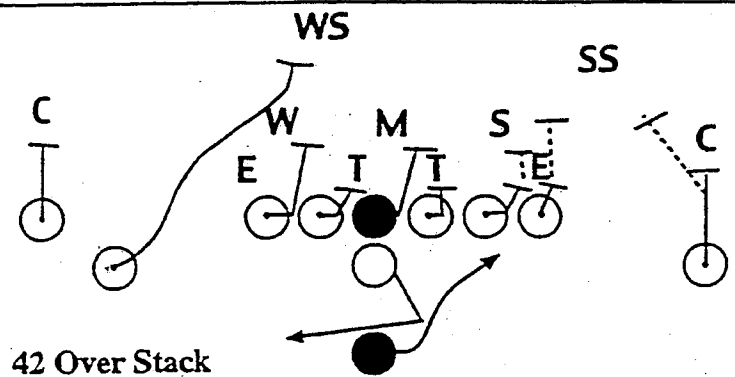
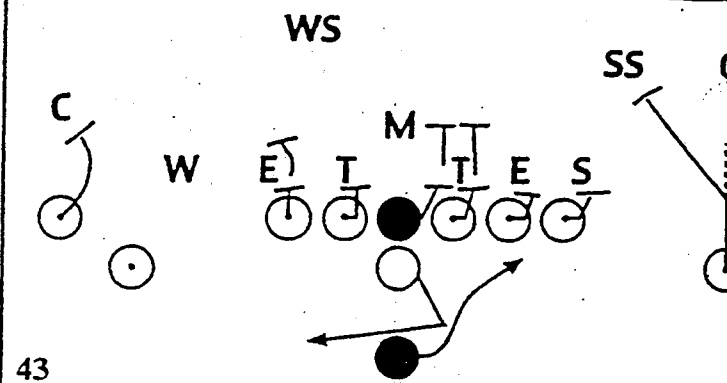
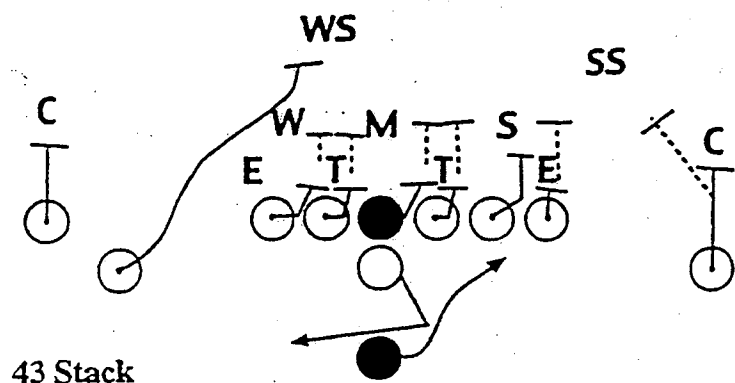
BLOCK #3. ALERT READ, GANG CALL.

Z

BLOCK MAN OVER.

X

# 80/90 PRESS-FORCE (ONE BACK)



DESCRIPTION:

QB

SAME AS IN REGULAR.

F

BLOCK SAFETY.

H

SAME AS IN REGULAR.

BACKSIDE

FRONTSIDE

SAME AS IN REGULAR.

SAME AS IN REGULAR.

C

SAME AS IN REGULAR.

G

SAME AS IN REGULAR.

T

SAME AS IN REGULAR. vs BEAR & OVER WIDE FRONTS - "OUT" CALL.

Y

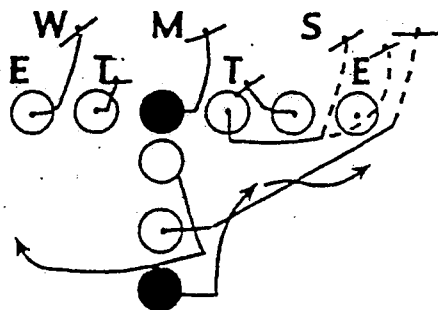
SAME AS IN REGULAR. vs BEAR & OVER WIDE FRONTS - "OUT" CALL.

Z

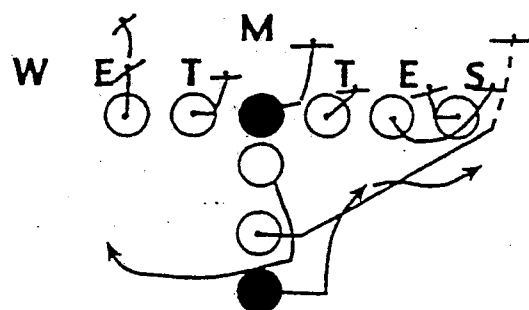
MDM.

V

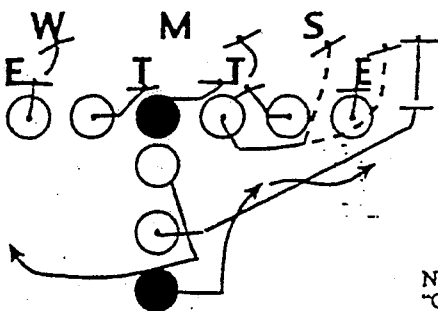
BLOCK CORNER



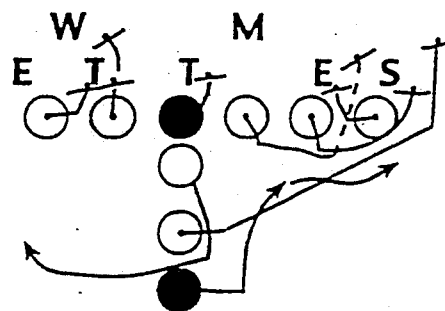
4-3 Stack



4-3

Note:  
Take


4-3 Over Stack

Note:  
"Car"  
call


4-3 Under W

Note:  
Take

### DESCRIPTION:

OFF TACKLE PLAY WITH COMBINATION BLOCKING BY TIGHT END, TACKLE AND GUARD.

QB

BOB FOOTWORK. FINISH WEAK ON NAKED.

F

ARC FOOTWORK INFLUENCE BLOCK #3. BLOCK SUPPORT. IF #3 FLASHES ACROSS YOUR FACE TAKE HIM.

H

BOB FOOTWORK. READ B, C, D GAPS.

## BACKSIDE

## FRONTSIDE

BLOCK #1. ALERT SWAP, SLIP.

BLOCK #2. ALERT SIFT, SLIP.

C

BLOCK "O". ALERT FOR SWAP, COB, SKIN, OR CAT CALLS.

G

PULL SKIP IT. BLOCK INSIDE LBER. ALERT FOR SKIN, TAKE, GEE, COB CALLS.

T

IF BOTH YOU AND GUARD COVERED WORK "TAKE" BLOCK WITH TE. IF GUARD UNCOVERED, WORK TAKE BLOCK WITH TE. IF UNCOVERED, BLOCK DOWN. ALERT FOR CAT CALL.

Y

IF TACKLE COVERED, WORK TAKE BLOCK. IF TACKLE UNCOVERED, BLOCK MAN OVER.

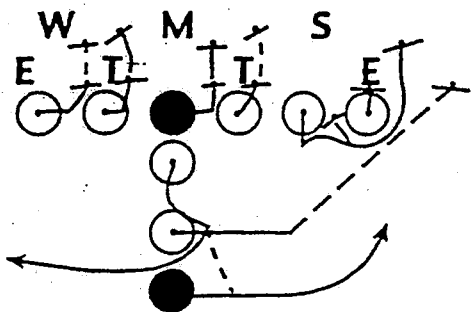
Z

MDM.

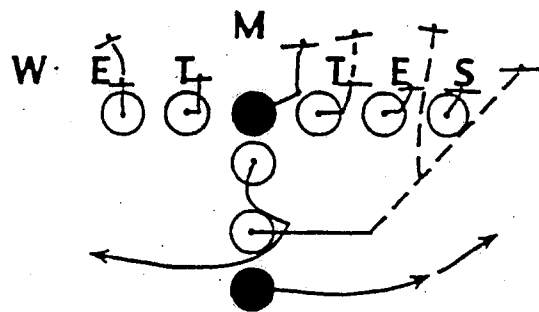
X

CONVOY

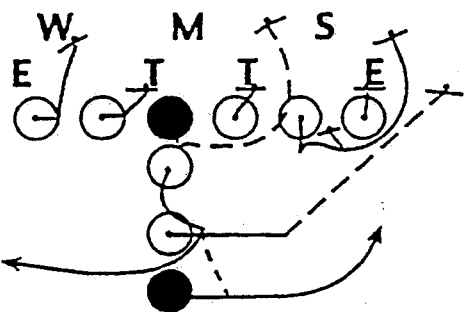




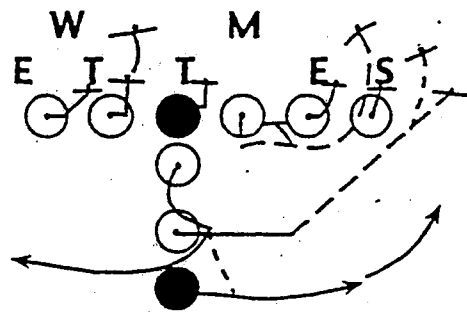
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

**DESCRIPTION:**

OUTSIDE PITCH PLAY WITH HB'S FIRST CHOICE OUTSIDE.

QB

REVERSE PIVOT - SOFT PITCH, FINISH WITH NAKED WEAK.

F

RUN PARALLEL FOR 5 YDS - READ FORCE, BLOCK FORCE. VS BEAR OR EXCHANGE LOOKS, BLOCK OUTSIDE DEFENDER.

H

QUICK JAB - RUN PARALLEL - TAKE PITCH, READ FORCE. 1ST CHOICE - RUN OUTSIDE.

**BACKSIDE****FRONTSIDE**

BLOCK #1. ALERT SLIP, SWAP, SWOOP CALLS.

BLOCK #2. ALERT SLIP, SWOOP CALL. ALERT SIFT BLOCK.

C

BLOCK "O" TO MIKE. ALERT RAY/LENNY, SWAP; B RAY, BIG LENNY, POSS. SWOOP, SKIN CALLS.

G

BLOCK #1. ALERT RAY, LENNY, SKIN, BIG RAY/LENNY CALLS; POSS TAG BLOCK IF UNCOVERED PULL - READ OT'S BLOCK.

T

BLOCK #2. REACH #. IF UNCOVERED, PULL AROUND TE'S BLOCK FOR SAM LBER. POSS TAG BLOCK.

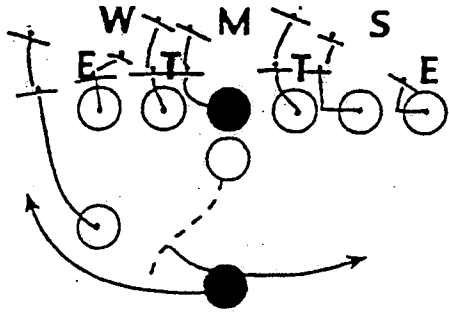
Y

BLOCK #3. REACH #.

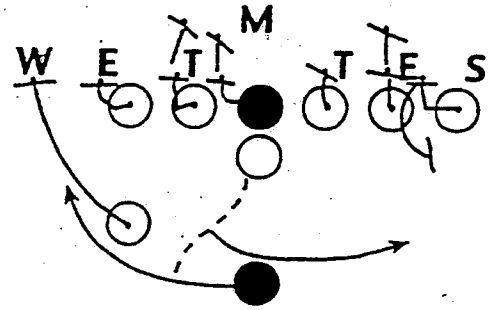
Z

MDM.

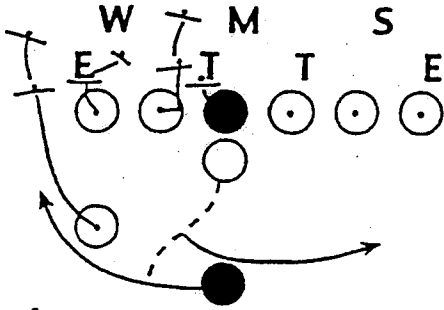
X



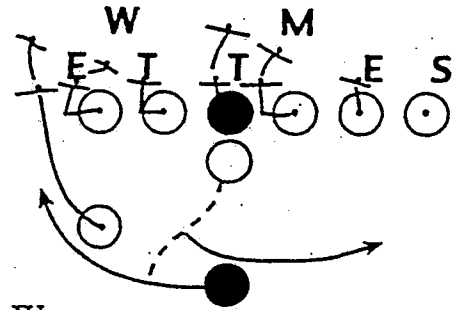
### 4-3 Stack



4-3



### 4-3 Over Stack



4-3 Under W

DESCRIPTION:

TOSS OUTSIDE PLAY WEAK. ZONE BLOCKING BY  
LINE AND FB BLOCKING WILL.

A STRETCH AND CUT PLAY BY DESIGN.

QB

REVERSE PIVOT, TOSS BALL TO HB QUICKLY.  
FINISH NAKED STRONG.

F

BLOCK OUTSIDE SHOULDER OF END MAN ON LOS

H

SLIDE STEP, TAKE PITCH ON A SLIGHT DOWNHILL  
COURSE. READ FB'S BLOCK.

# BACKSIDE

BLOCK #2. ALERT RAY/LENNY, CHIP, MINGO, READ CALLS. TAG CALL VS SOLIDS.

BLOCK #2. IF GUARD UNCOVERED WORK "READ"  
ZONE. ALERT MINGO CALL. IF UNCOVERED, 40'  
STEP AT EM LOS. CHIP IN ROUTE UPFIELD FOR  
LBER. VS SOLIDS TAG BLOCK.

FRONTSIDE

C

BLOCK "O". ALERT FOR RAY/LENNY, SWAP,  
POSSIBLE SKIN.

G

**BLOCK #1. ALERT SWAP, SLIP, SWOOP CALLS.**

T

BLOCK #2. ALERT SLIP, COMBO, SUP CALLS.

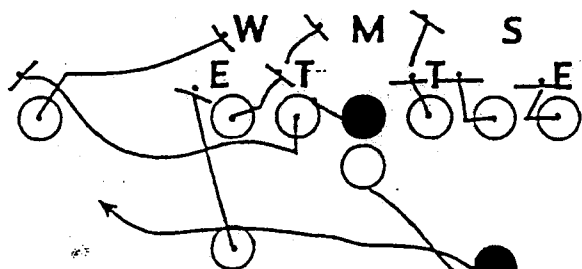
Y

BLOCK #3. ALERT COMBO, SUP CALLS.

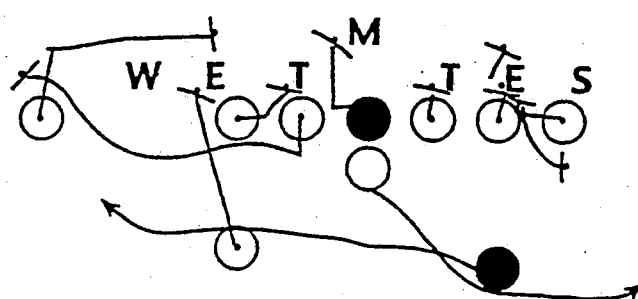
Z

X

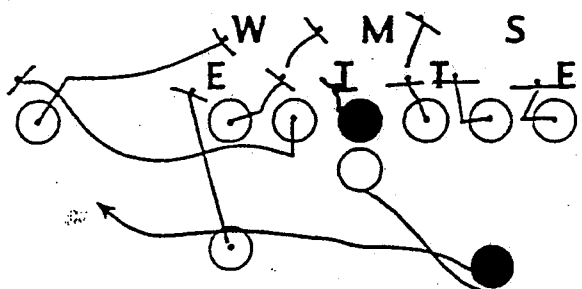
# 90/80 SWEEP



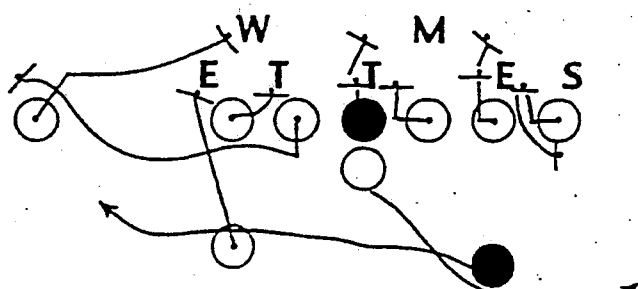
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

SWEEP PLAY WEAK WITH WEAK GUARD PULLING. CRACK BY X ON 1ST LBER OFF LOS.

TWO DEFENDERS OUTSIDE OF TACKLE AND ON LOS AUDIBLE OUT OF

WILL LBER IN FORCE POSITION & ON TACKLE, GUARD COVERED AUDIBLE OUT OF

QB

OPEN TO OFFSET BACK AND EXCHANGE WIDE. CENTER FOOTWORK IF H IS IN "Q".

F

AIM HAT OUTSIDE HIP OF DEFENDER'S HEAD TO OUTSIDE.

H

COME ACROSS THE SET. TAKE THE BALL AND GET ON THE HIP OF THE GUARD.

## PLAYSIDE

## BACKSIDE

PULL, BLOCK FORCE.

BLOCK INSIDE AREA TO MIDDLE TO BACKSIDE LBER. ALERT TAG, ODD CALLS.

CRACKLE 1ST LB TO INSIDE OFF LOS.

C

BLOCK "O" - IF ON DT IN 1 TECH CALL ODD, REAG HIM: ALERT SWAP, SWOOP.

G

BLOCK #1. ALERT SWAP, SLIP, SWOOP CALLS.

T

BLOCK #2. ALERT SLIP, COMBO SUP CALLS.

Y

BLOCK #3. ALERT COMBO, SUP CALLS.

Z

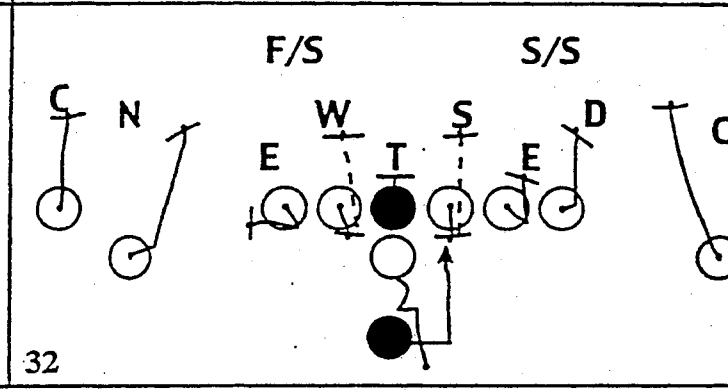
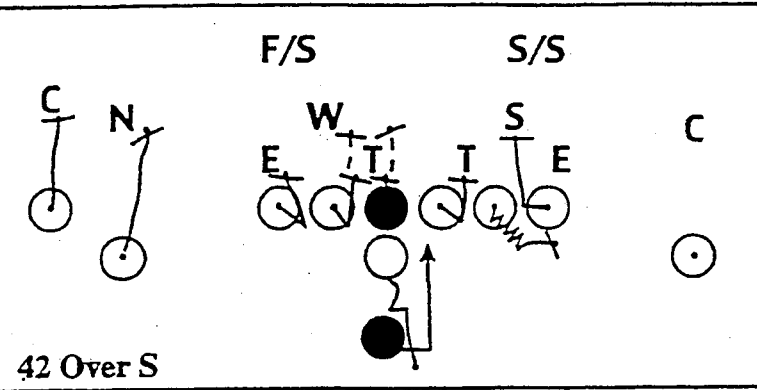
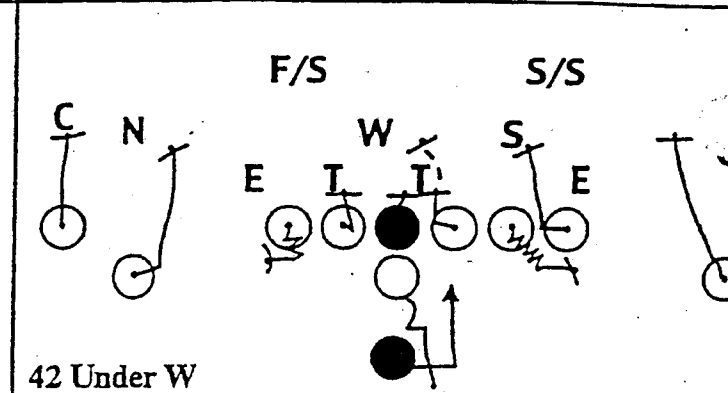
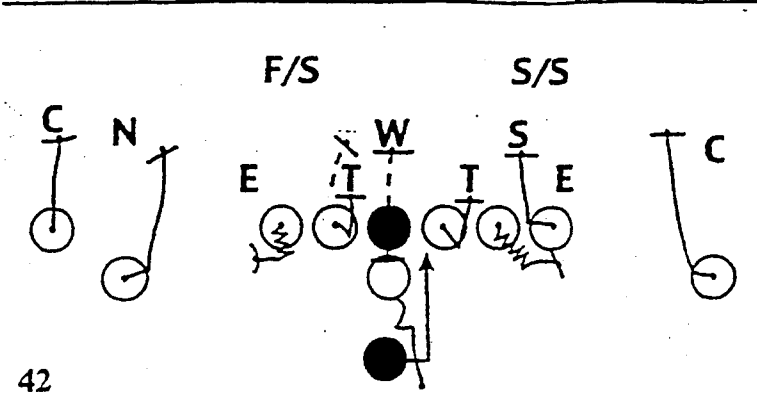
CONVOY.

X

# NICKEL RUNS

## Page #

|                    |       |
|--------------------|-------|
| 20/30 PAINT        | 13-1  |
| 20/30 TRAP         | 13-3  |
| 30/20 TOM          | 13-5  |
| 20/30 VEER         | 13-7  |
| 50/40 BRUSH        | 13-9  |
| 60/70 POST         | 13-11 |
| 80/90 TAKE         | 13-13 |
| 80/90 PRESS-FORCE  | 13-15 |
| 90/80 SWEEP        | 13-17 |
| 90/80 TRUCK        | 13-19 |
| 80/90 CAB          | 13-21 |
| SAME 99/88 STUTTER | 13-23 |



DESCRIPTION:

QB  
F  
H

RBACK OUT - SHOW PASS.  
BLOCK MDM.  
SLIDE STEP. CAN BE IN "Q" OR "T" POSITION.

## BACKSIDE

BLOCK #1. SHORT SET & CLIMB. ZONE OFF ALL GAMES. IF UNCOVERED WORK ZORRO BLOCK W/CTR ON DT TO LBER. POSSIBLE READ OR FAN CALL. ALERT FOR LAWN/RAKE CALL.

BLOCK #2. POSSIBLE SIFT. ALERT FOR ZORRO OR READ CALLS. ALERT LAWN/RAKE OR FAN CALLS.

## FRONTSIDE

C  
G  
T  
Y  
Z  
X

BLOCK #0. ZONE OFF ALL GAMES. IF COVERED & EITHER GUARD UNCOVERED, WORK ZORRO BLOCK ON DT TO LBER. ALERT FOR LAWN/RAKE, ACE; RALPH/LESTER CALLS.

BLOCK #1. SHORT SET & CLIMB. ZONE OFF ALL GAMES. IF UNCOVERED, WORK ZORRO BLOCK ON DT TO C. ALERT DEUCE, READ, LAWN/RAKE; ACE; RALPH/LESTER AND FAN CALLS.

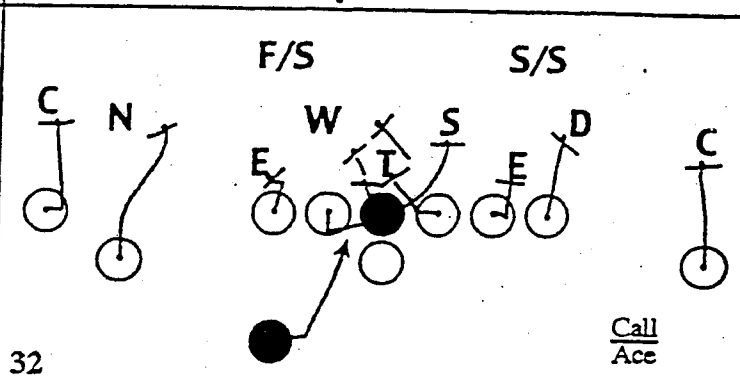
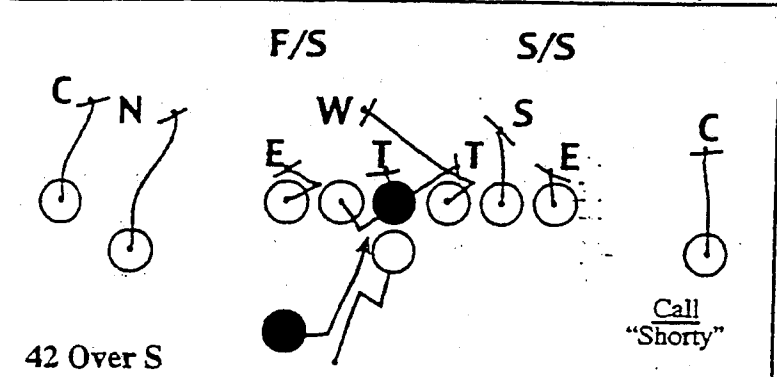
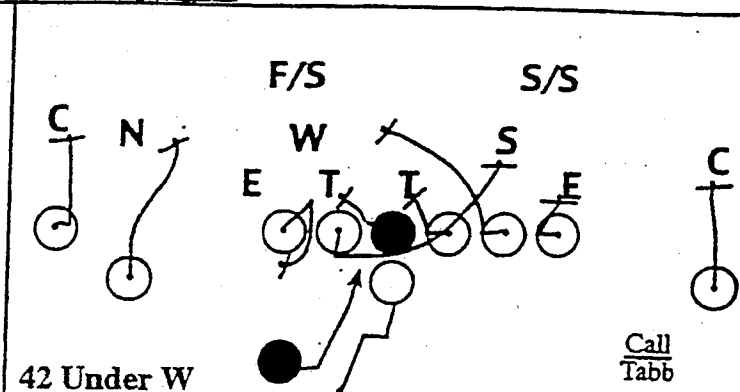
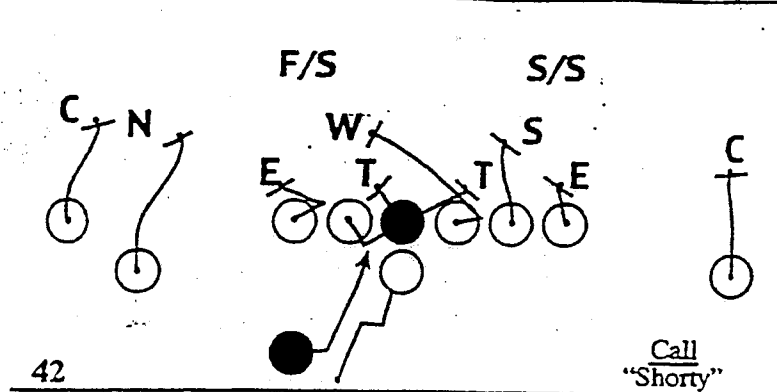
BLOCK #2. POSSIBLE SWAP W/TE. ALERT DEUCE - READ, OUT, LAWN/RAKE, RALPH, LESTER CALLS.

BLOCK #3. POSSIBLE SWAP W/OST. ALERT DEUCE - READ, OUT CALLS.

BLOCK MDM.

BLOCK MAN OVER.

# 20/30 TRAP vs NICKEL



DESCRIPTION:

QB

TRAP FOOTWORK

F

BLOCK MDM.

H

INSIDE JAB STEP. AIMING POINT IS FAR LEG OF THE CENTER. 5 YARD DEPTH.

## BACKSIDE

## FRONTSIDE

PULL - TRAP 1ST DL PAST CENTER.

BLOCK #2. INSURE INSIDE AREA. IF BSG COVERED, SLAM DT THEN BACK OUT ON DE.

C

BLOCK #0 TO #1 AWAY. ALERT ACE & OFF CALLS.

G

BLOCK BACKSIDE LBER. ALERT TABB CALL. ALERT OFF, ACE CALLS.

T

BLOCK #2. ALERT TABB CALL - BLOCK BACKSIDE LBER.

Y

BLOCK #3.

Z

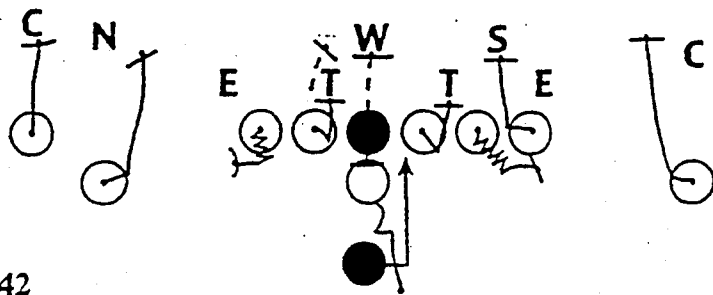
BLOCK MAN OVER.

X

BLOCK MAN OVER.

F/S

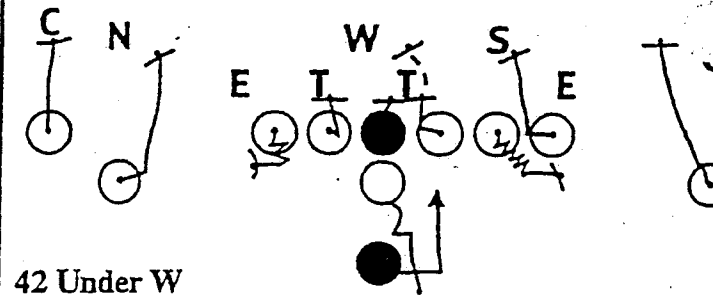
S/S



42

F/S

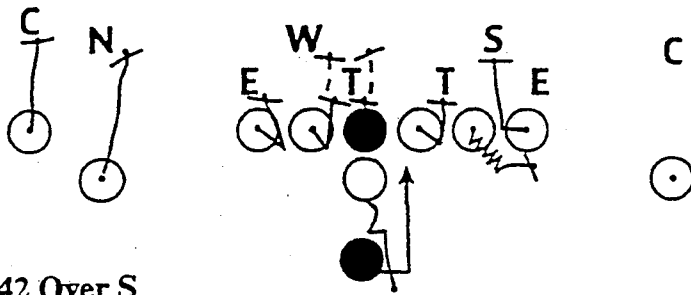
S/S



42 Under W

F/S

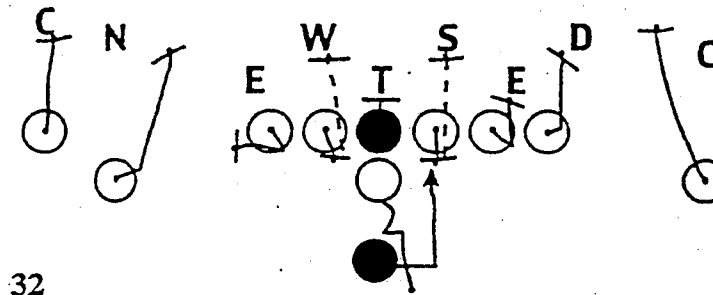
S/S



42 Over S

F/S

S/S



32

DESCRIPTION:

QB

RBACK OUT - SHOW PASS.

F

BLOCK MDM.

H

SLIDE STEP. CAN BE IN "Q" OR "T" POSITION.

## BACKSIDE

BLOCK #1. SHORT SET & CLIMB. ZONE OFF ALL GAMES. IF UNCOVERED WORK ZORRO BLOCK W/CTR ON DT TO LBER. POSSIBLE READ OR FAN CALL. ALERT FOR LAWN/RAKE CALL.

BLOCK #2. POSSIBLE SIFT. ALERT FOR ZORRO OR READ CALLS. ALERT LAWN/RAKE OR FAN CALLS.

## FRONTSIDE

BLOCK #0. ZONE OFF ALL GAMES. IF COVERED & EITHER GUARD UNCOVERED, WORK ZORRO BLOCK ON DT TO LBER. ALERT FOR LAWN/RAKE, ACE; RALPH/LESTER CALLS.

BLOCK #1. SHORT SET & CLIMB. ZONE OFF ALL GAMES. IF UNCOVERED, WORK ZORRO BLOCK ON DT TO C. ALERT DEUCE, READ, LAWN/RAKE; ACE; RALPH/LESTER AND FAN CALLS.

BLOCK #2. POSSIBLE SWAP W/TE. ALERT DEUCE - RE OUT, LAWN/RAKE, RALPH, LESTER CALLS.

BLOCK #3. POSSIBLE SWAP W/OST. ALERT DEUCE READ, OUT CALLS.

C

G

T

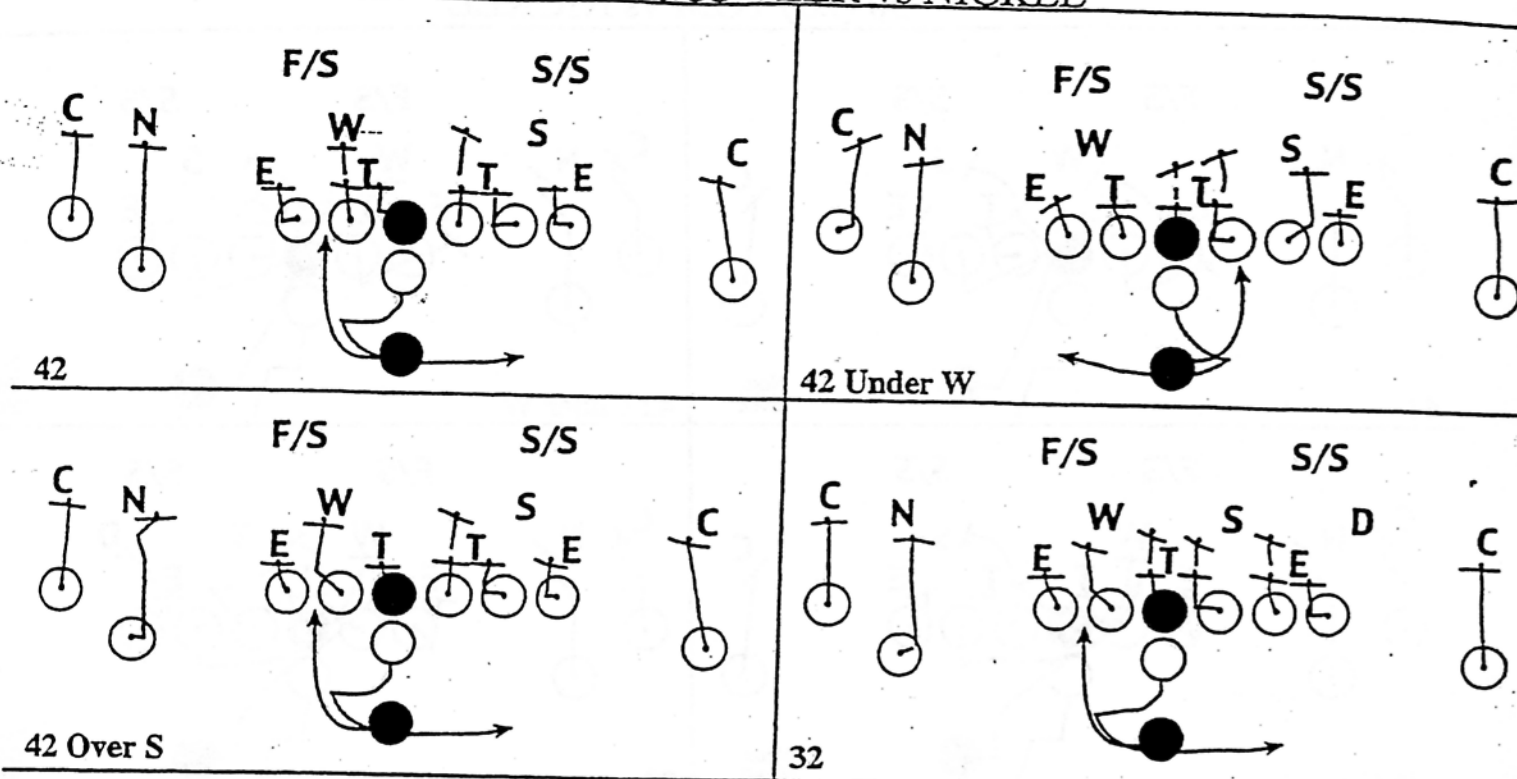
Y

Z

X

BLOCK MDM.

BLOCK MAN OVER.



DESCRIPTION:

QB

REVERSE PIVOT. FINISH WITH NAKED.

F

BLOCK MDM.

H

BELLY FOOTWORK.

BACKSIDE

FRONTSIDE

TO TE - BLOCK #1. POSSIBLE SWAP, SCOOP CALLS.  
TO OPEN SIDE - BLOCK #1, POSSIBLE SLIP CALL.

TO TE - BLOCK #2.  
TO OPEN SIDE - CUTOFF/COMBO BLOCK. IF  
UNCOVERED, SLIP BLOCK WITH BSG.

C

TO TE - COVERED, BLOCK #0. UNCOVERED, BACKSIDE  
CALL. WORK BACK TO BACKSIDE LBER. TO OPENSIDE -  
COVERED, BLOCK #0. POSSIBLE CHIP IF OSG IS  
UNCOVERED. UNCOVERED, LENNY/RAY W/OSG.

G

TO TE - COVERED, BLOCK #1. UNCOVERED, READ  
ZONE W/OST. TO OPENSIDE - COVERED, BLOCK #1,  
POSSIBLE LENNY/RAY. UNCOVERED, READ ZONE  
W/OST. ALERT MINGO/CHIP CALL.

T

TO TE - COVERED, BLOCK #2; IF OSG IS UNCOVERED,  
READ ZONE W/OSG. IF YOU'RE UNCOVERED, READ  
ZONE W/TE. ALERT DEUCE CALL. OT OPENSIDE -  
BLOCK #2; IF OSG IS UNCOVERED, READ ZONE; ALERT  
MINGO.

Y

ON SIDE - BLOCK #3. IF OST IS UNCOVERED, READ  
ZONE. TO OPENSIDE - CUT OFF OR COMBO BLOCK.

Z

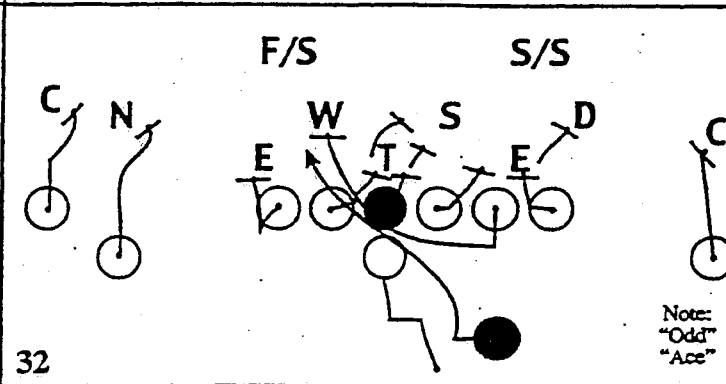
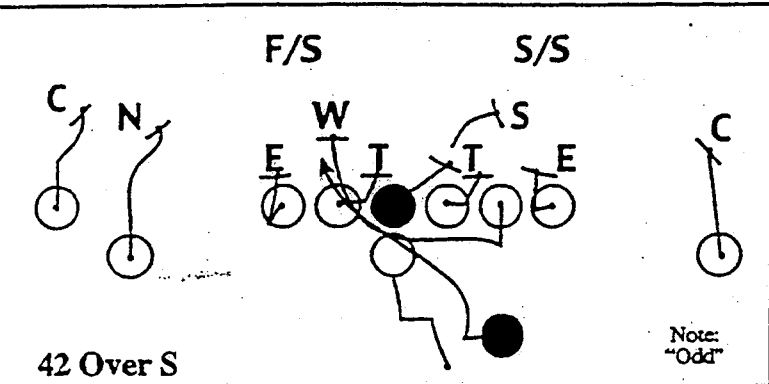
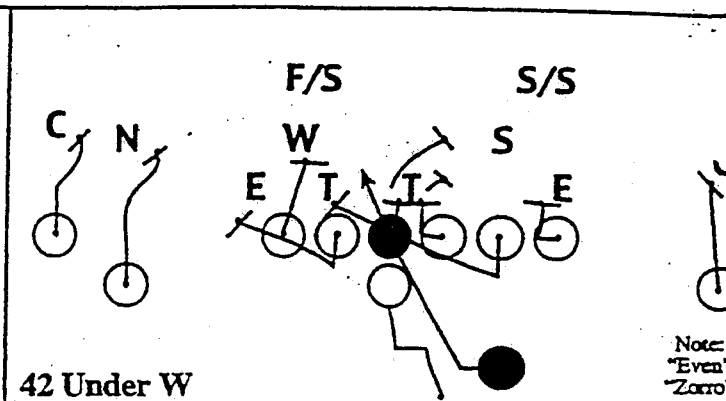
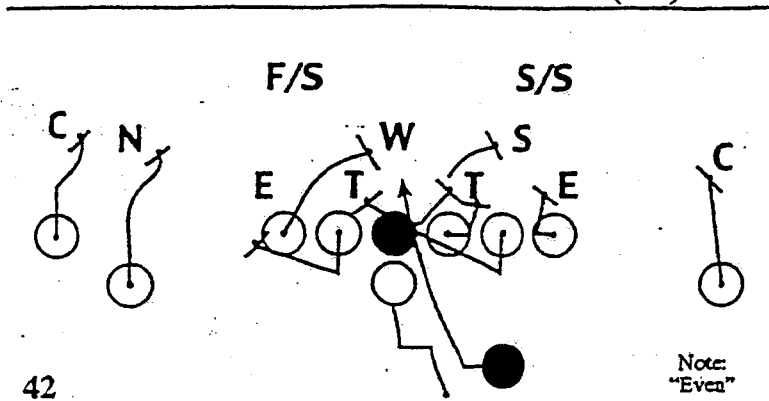
BLOCK MDM.

X

BLOCK MAN OVER.



# 30 (20) TOM vs NICKEL



DESCRIPTION:

QB  
F  
H

SHOW PASS, GIVE BALL TO "H" ON 3RD STEP.

BLOCK MAN OVER.

20/30 TRAP FOOTWORK.

## BACKSIDE

BLOCK #1. DBL TEAM DT TO LBER. ALERT ZORRO CALL. ALERT ACE CALL VS 32-33 NICKEL.

ALERT EVEN CALL, PULL-TRAP 1ST DL PAST CENTER. ALERT ODD CALL, PULL, READ TACKLE'S BLOCK LEAD UPFIELD ON LBER. ALERT SOLID, PULL-TRAP EM LOS.

BLOCK MAN OVER.

BLOCK MAN OVER.

## FRONTSIDE

C  
G  
T  
Y  
Z  
X

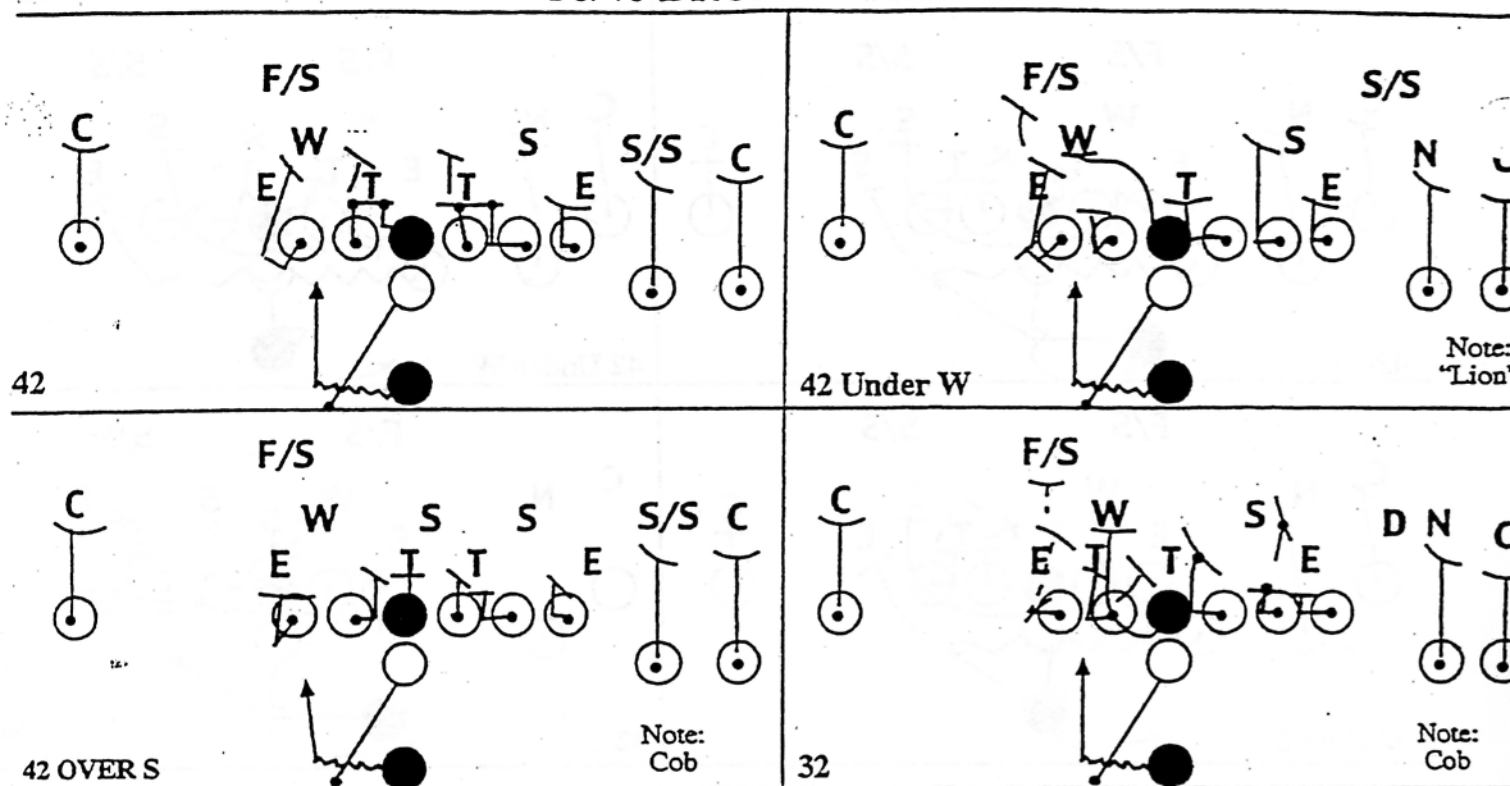
UNCOVERED, DBL TEAM W/OFF GUARD ON DT TO BACKS LBER. VS OVER 4-2, OFF CALL, DBL TEAM TO LB. VS UN ZORRO BLOCK W/OFF GUARD. ALERT ACE - OFF CALLS

VS EVEN, PULL-BLOCK DE. VS ODD, BLOCK DOWN ON N ALERT ODD, ACE CALLS. ALERT "FAN" CALL. ALERT SOLID DEUCE CALL.

ALERT EVEN CALL, BLOCK LBER. ALERT ODD, BLOCK MAN OVER. ALERT SOLID, DEUCE BLOCK TO LBER. ALERT FAN.

BLOCK MAN OVER.

# 50/40 BRUSH vs NICKEL



## DESCRIPTION:

WEAKSIDE DRAW. CALLSIDE TACKLE HAS TWO DEFENDERS TO BLOCK.

QB

SPRINT BACK - GIVE BALL DEEP TO "H".

F

BLOCK #4.

H

SLIDE STEP WEAKSIDE. READ 1ST COVERED LINEMAN.

## BACKSIDE

## FRONTSIDE

BLOCK #1. ALERT SLIP, SUP, SWAP CALLS. ALERT "SWOOP" CALL VS OVER FRONTS.

C

BLOCK "O". ALERT LENNY/RAY, COB, ZORRO LION/RAM CALLS. ALERT "SWOOP" CALL VS. SOLID VS. UNDER - LION / RAM CALL.

BLOCK #2. ALERT SLIP, SUP, COMO CALLS. ALERT "SWOOP" CALL VS. OVER FRONTS.

G

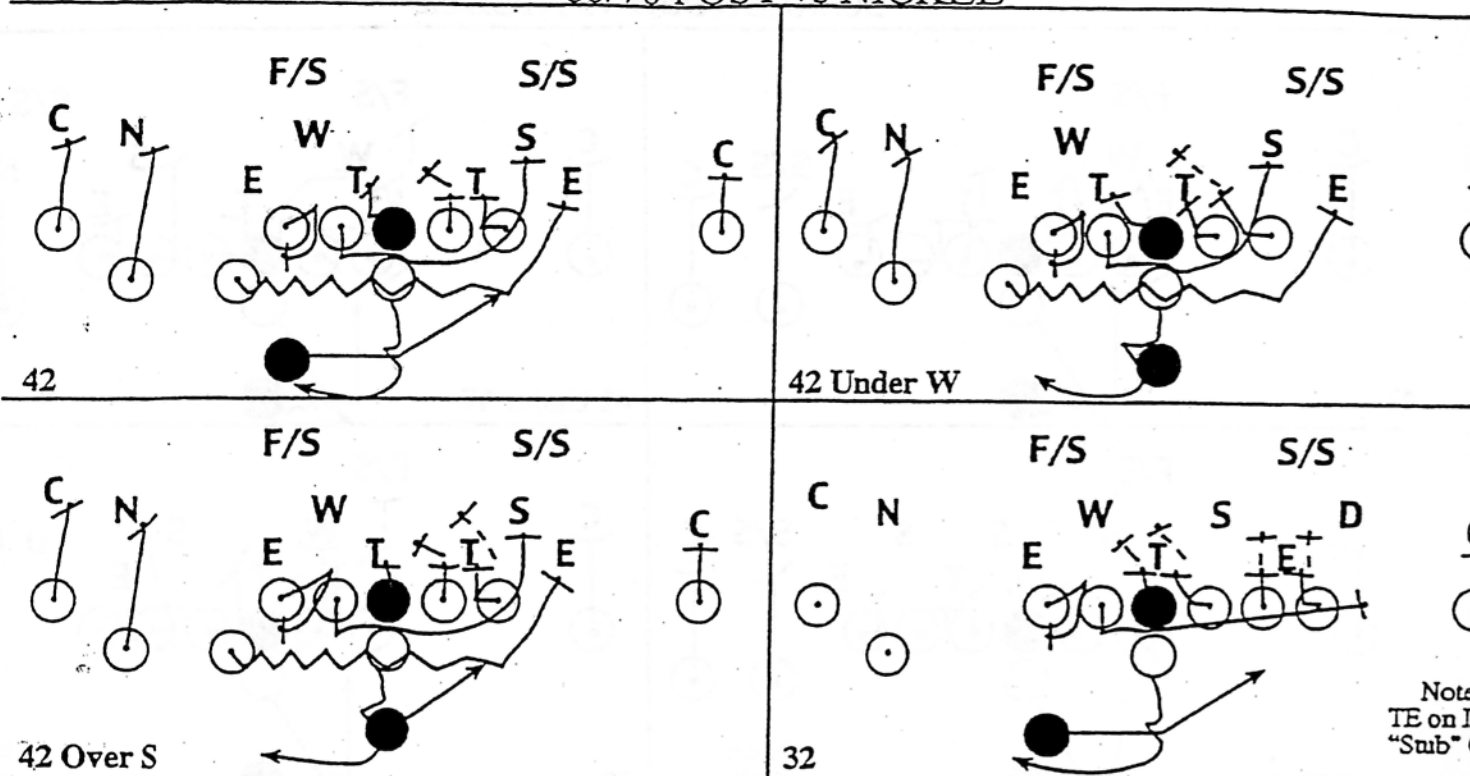
BLOCK #1. ALERT LENNY/RAY, COB, ZORRO CALL ALERT FAN CALL.

T

BLOCK #2. TO WILL LB'ER - IF BLOCKED - SET UP FIE FOR SAFETY. ALERT FAN CALL.

BLOCK #3. CUT-OFF OR COMBO BLOCK. ALERT "SWOOP" CALL.

Y



### DESCRIPTION:

NICKEL RUN - POWER OFF. TACKLE PLAY.

QB

POWER FOOTWORK.

F

BLOCK MDM.

H

POWER FOOTWORK. "Q" POSITION - 6 YARD DEP

### BACKSIDE

### FRONTSIDE

POWER BLOCKING RULES. ALERT STUB CALL.

POWER BLOCKING RULES.

C

BLOCK "O" TO BACKSIDE AREA. ALERT ACE, OFF, DEUCE, ANGLE CALLS.

G

BLOCK INSIDE AREA TO 1ST LBER BACKSIDE. ALERT ACE, OFF, DEUCE, ANGLE CALLS.

T

BLOCK INSIDE AREA TO 1ST LBER BACKSIDE. ALERT DEUCE, ANGLE, GAP CALLS. VS 3-2 & 3-3 NICKEL TACKLE BLOCK TO MIKE LBER.

Y

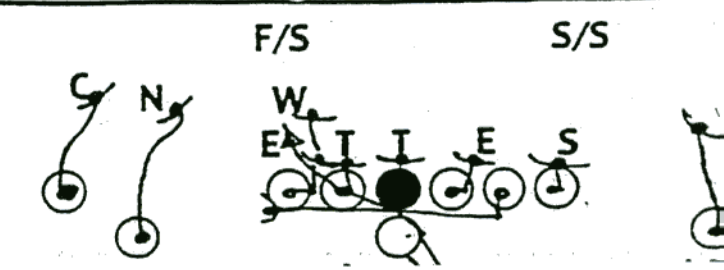
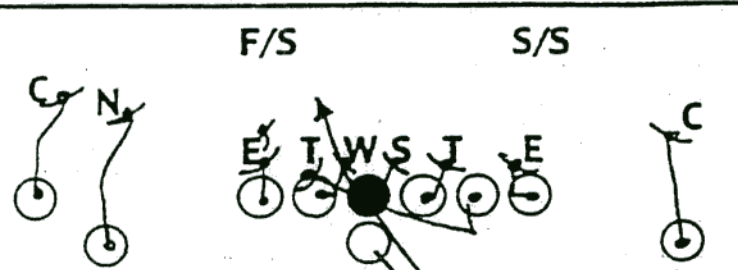
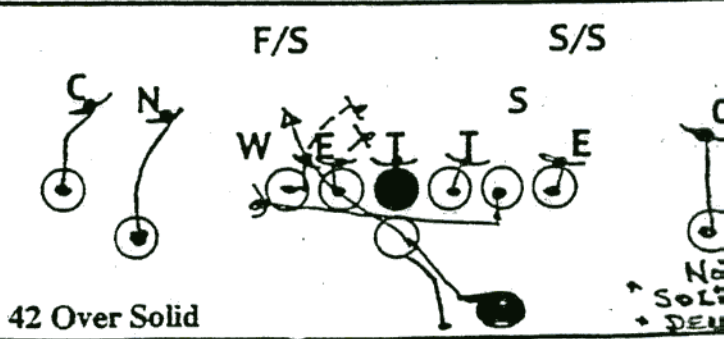
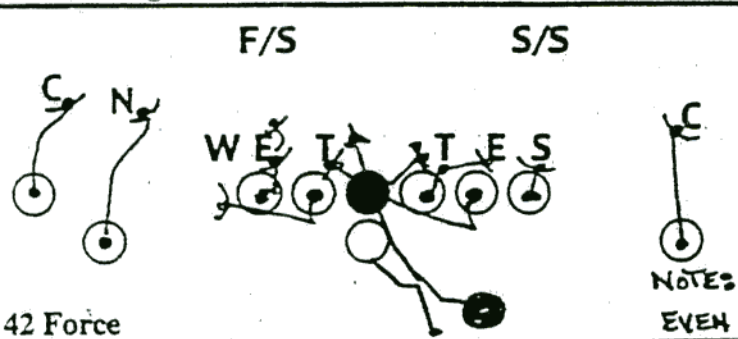
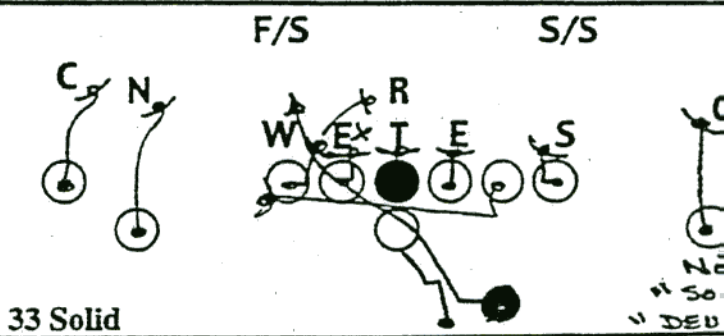
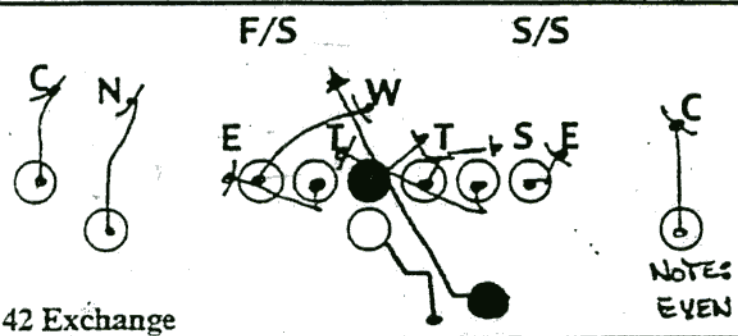
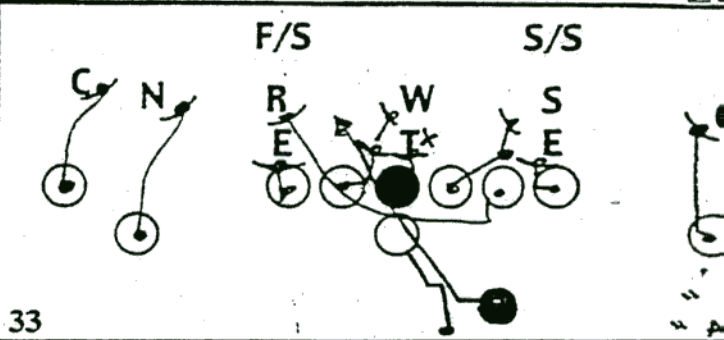
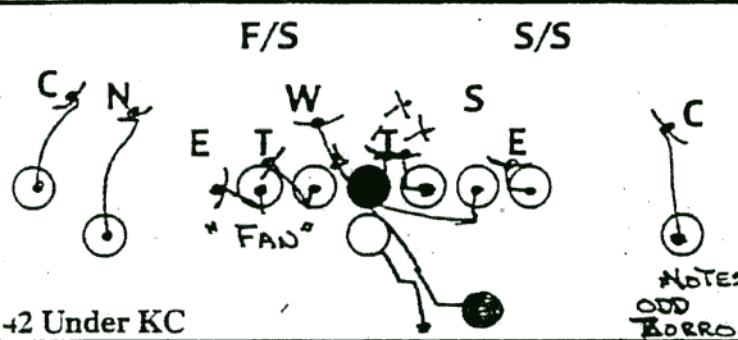
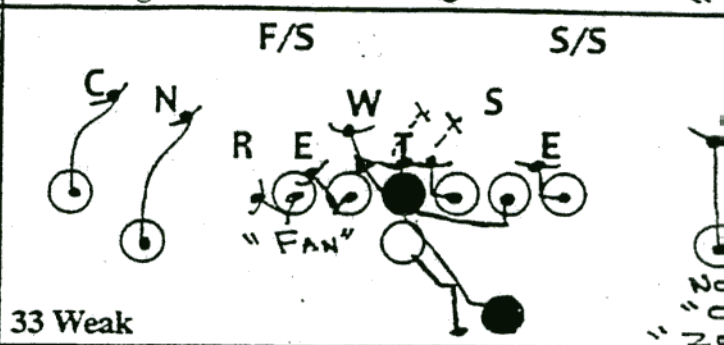
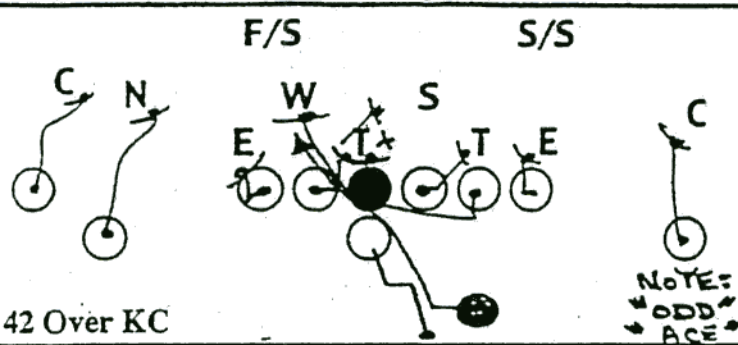
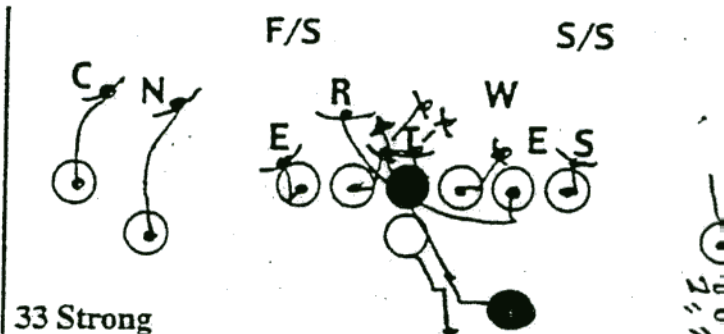
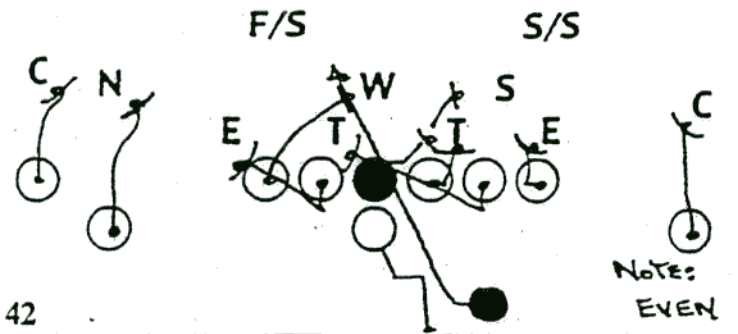
WHEN IN MOTION BLOCK EM LOS. VS 3-2 & 3-3 NICKEL TACKLE GET ON LOS - TREY BLOCK.

Z

BLOCK MDM.

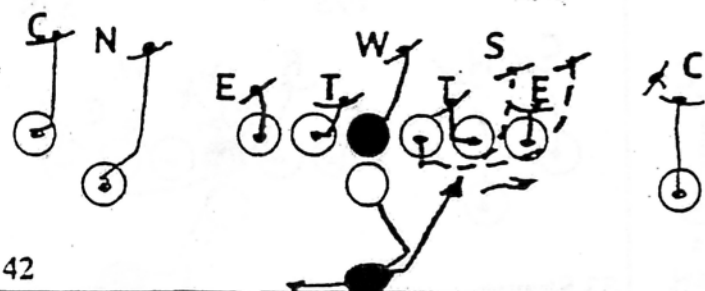
X

BLOCK MAN OVER.



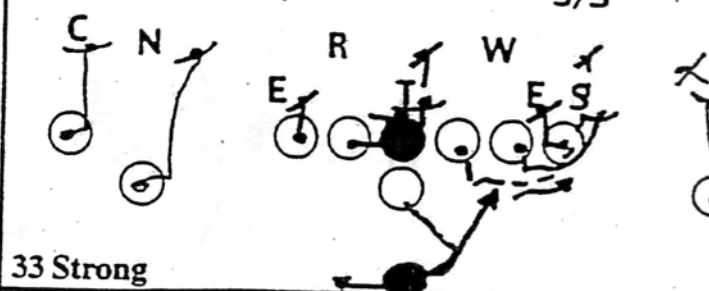
F/S

S/S



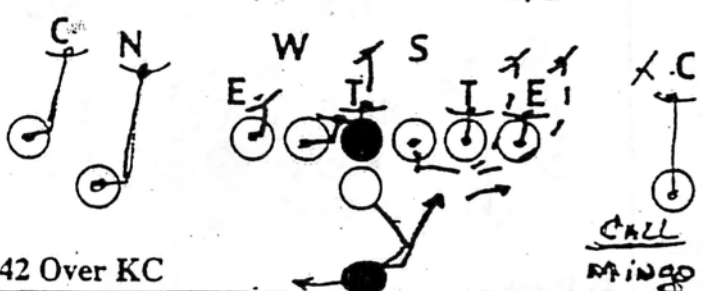
F/S

S/S



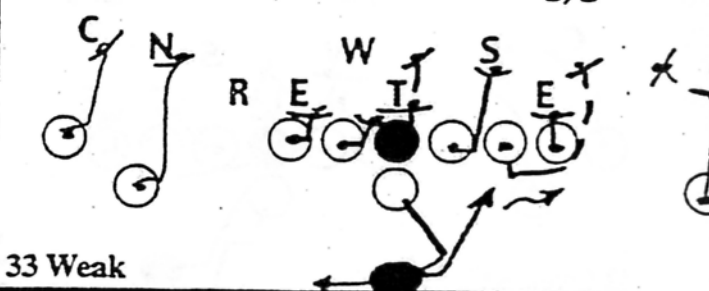
F/S

S/S



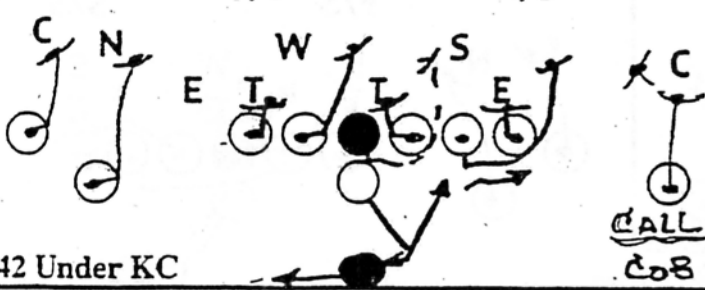
F/S

S/S



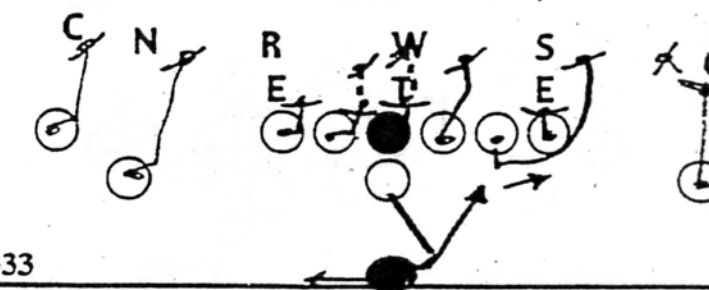
F/S

S/S



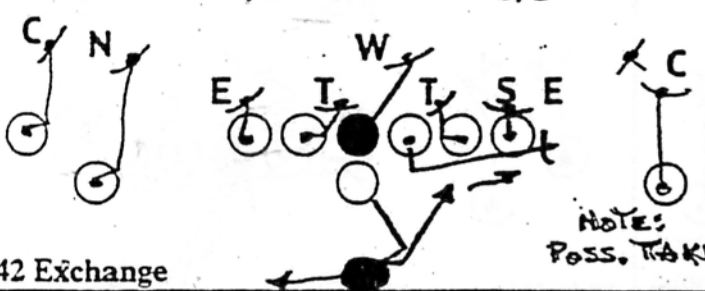
F/S

S/S



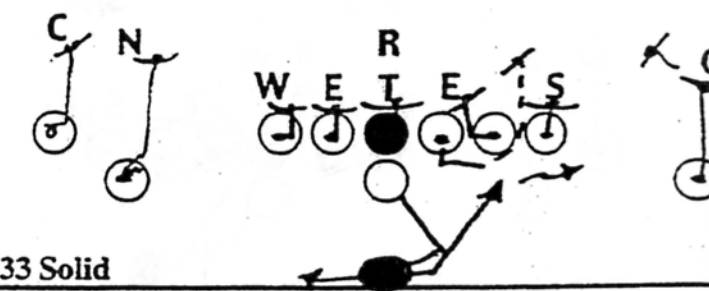
F/S

S/S



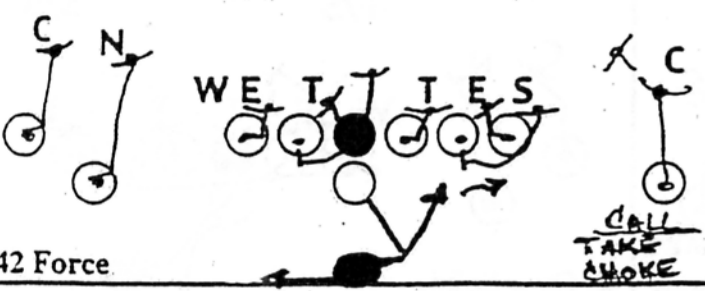
F/S

S/S



F/S

S/S



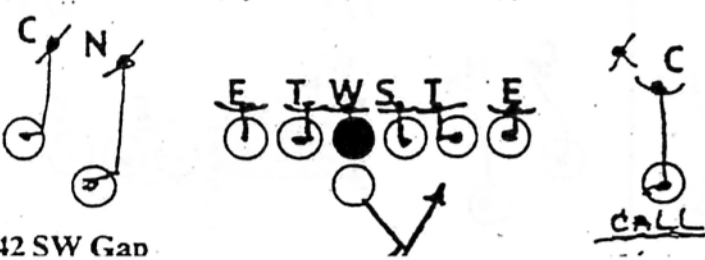
F/S

S/S



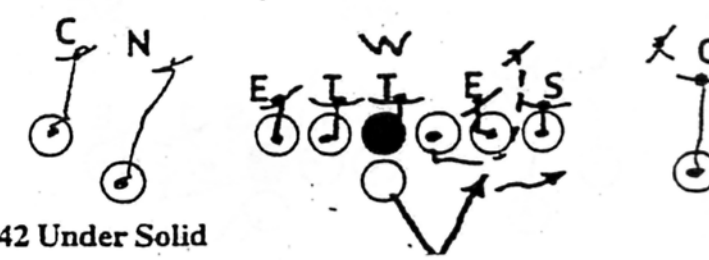
F/S

S/S



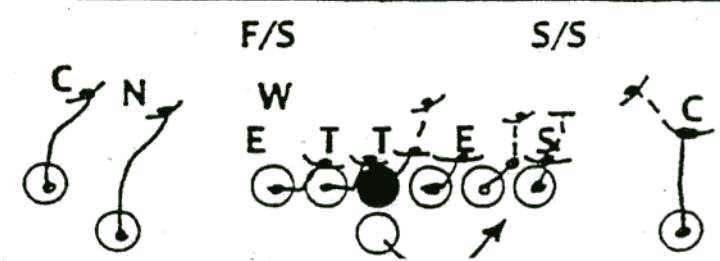
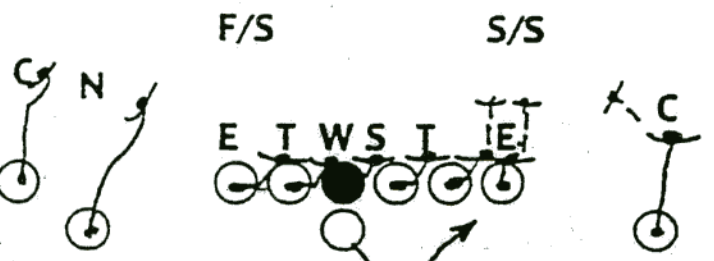
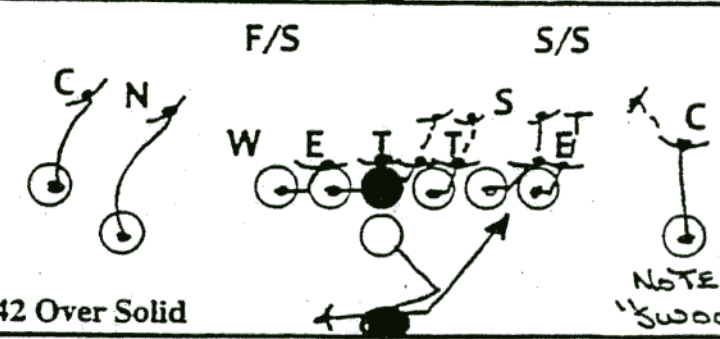
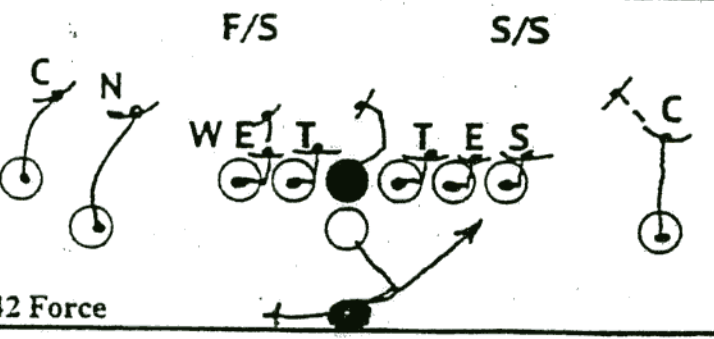
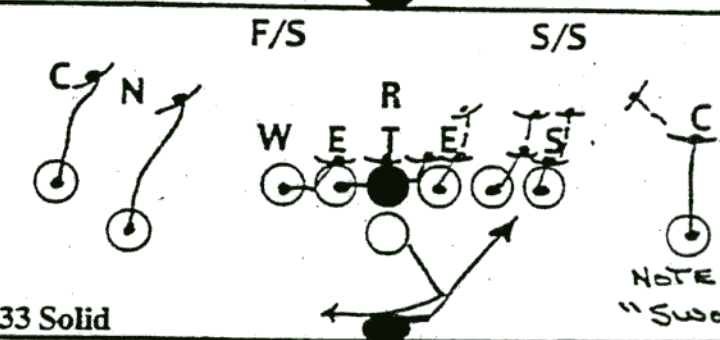
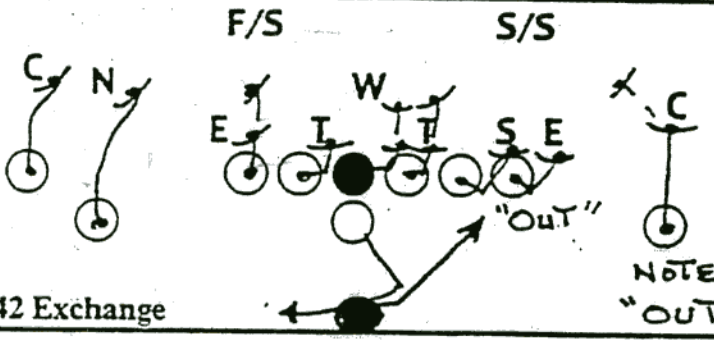
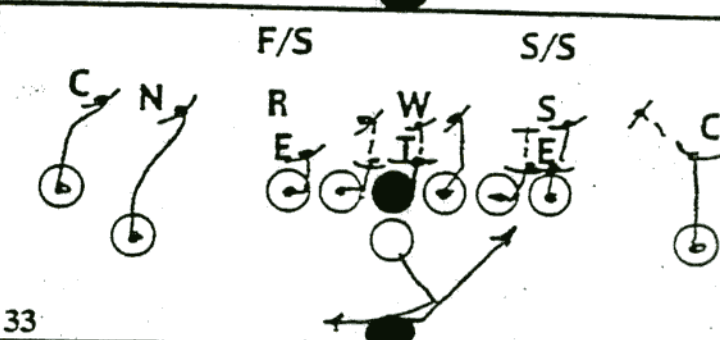
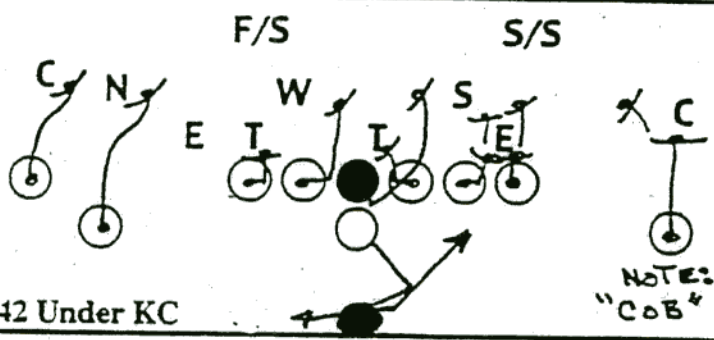
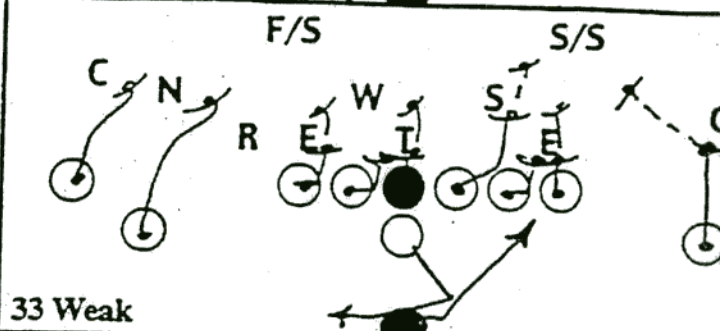
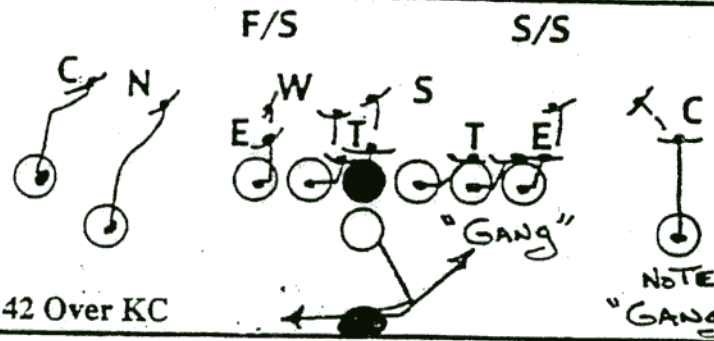
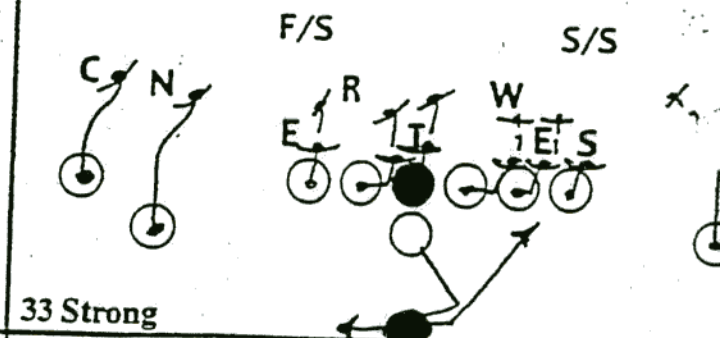
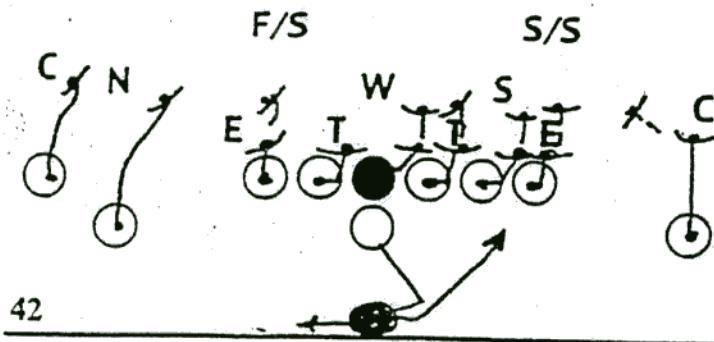
F/S

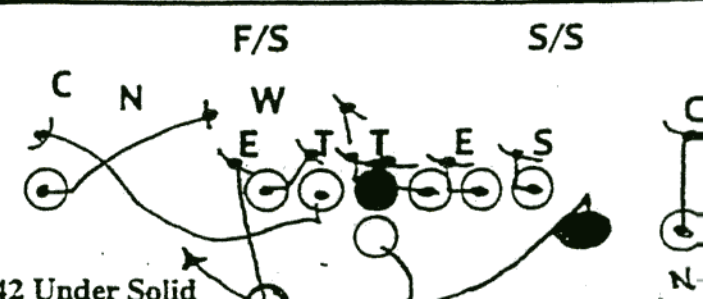
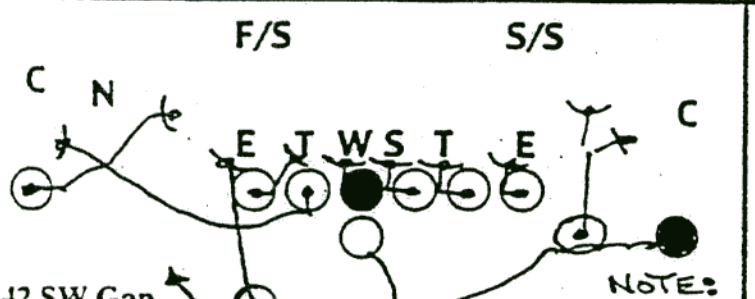
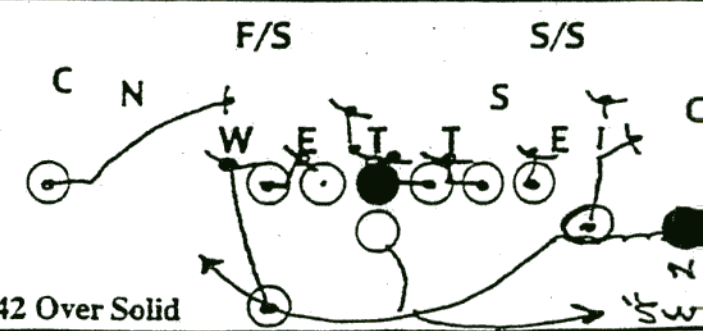
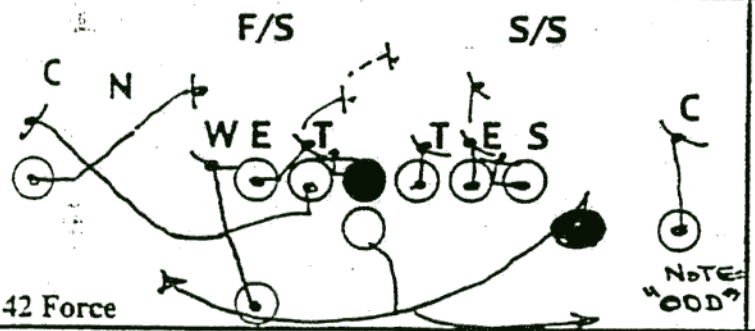
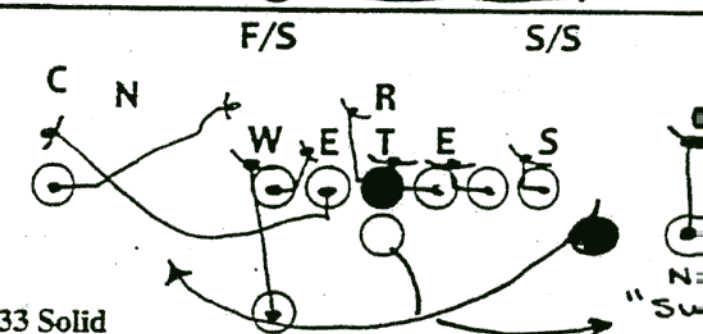
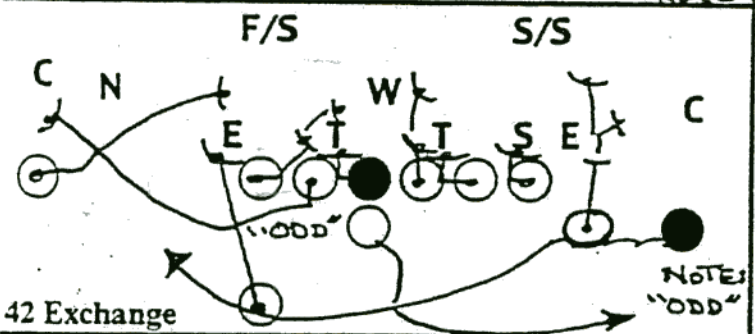
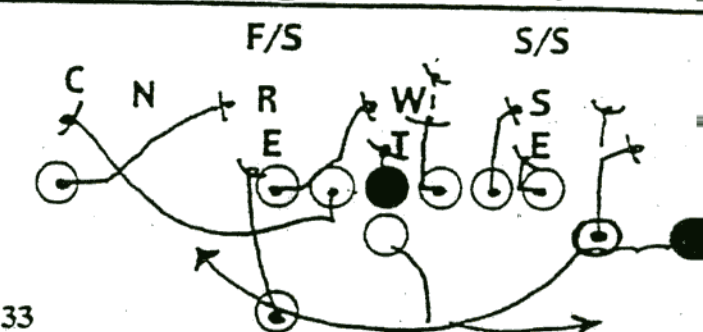
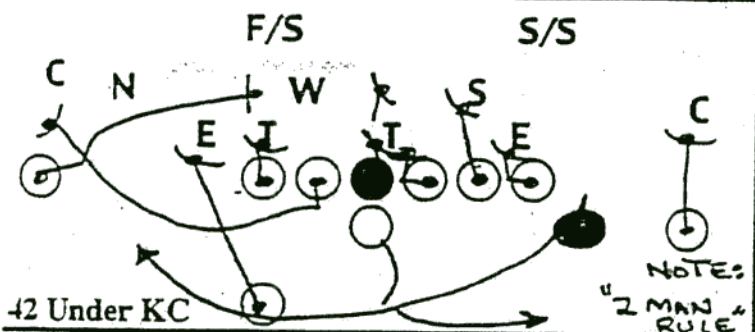
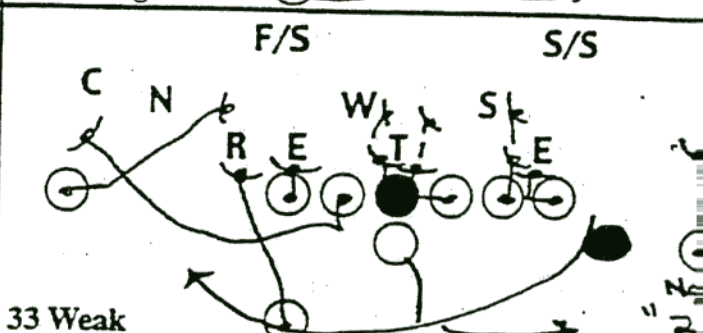
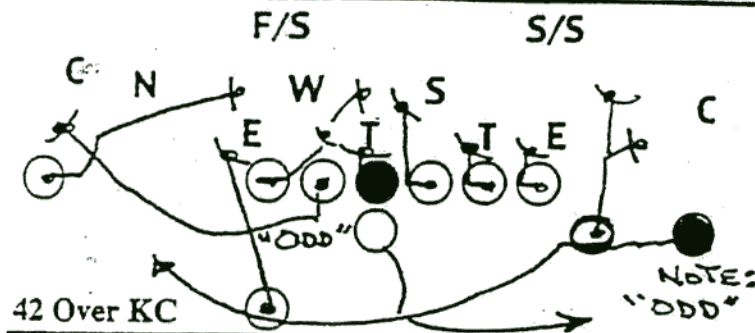
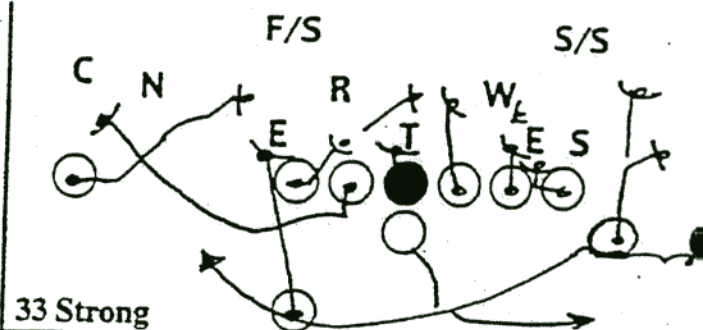
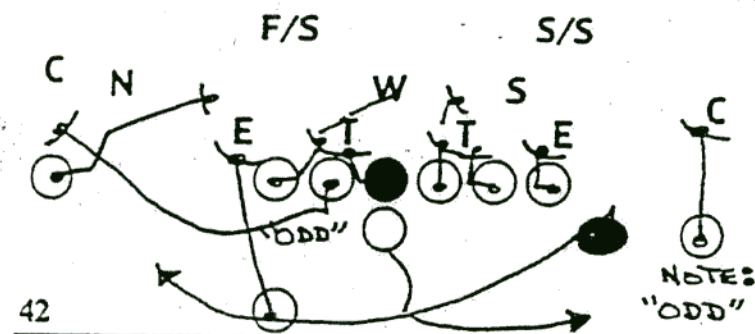
S/S

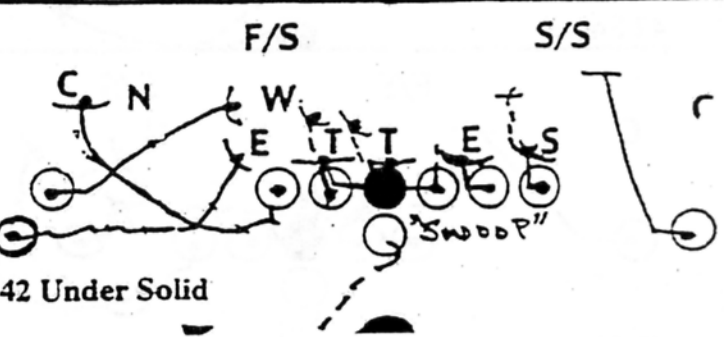
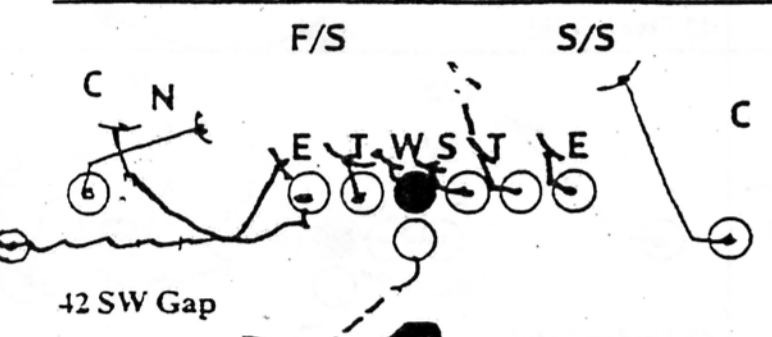
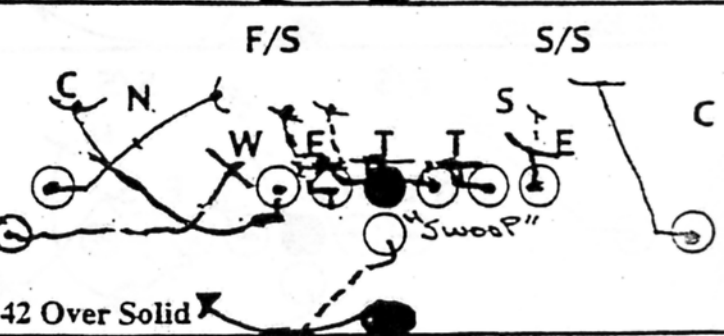
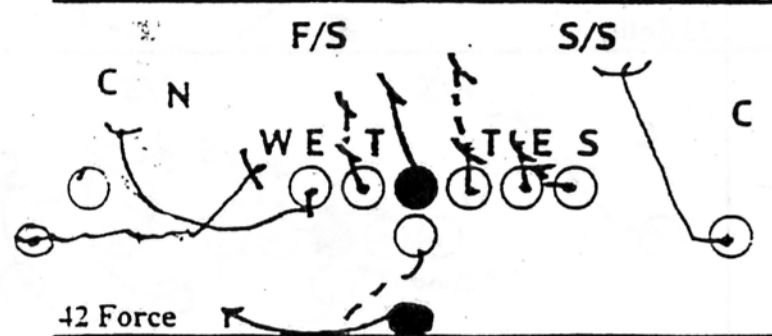
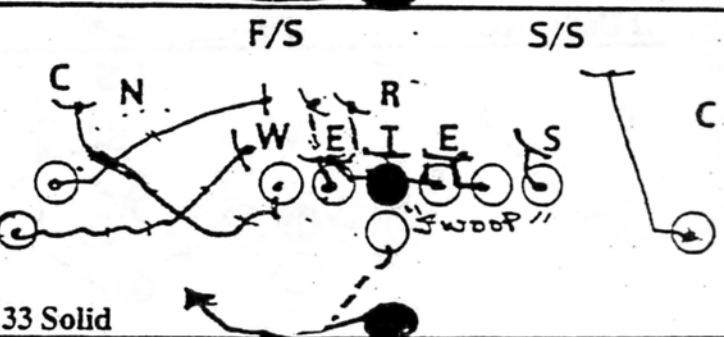
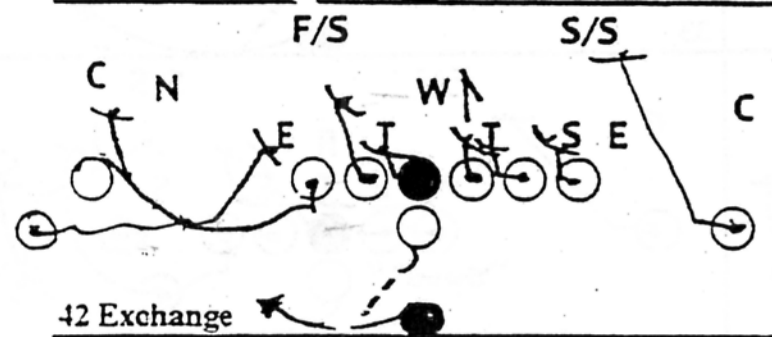
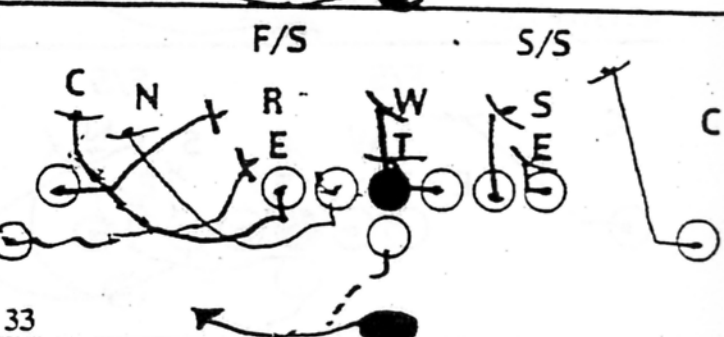
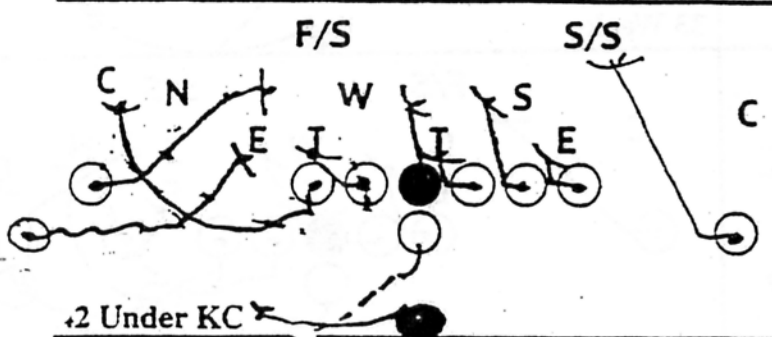
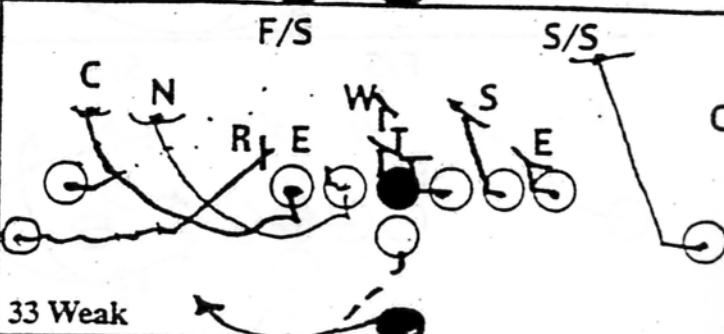
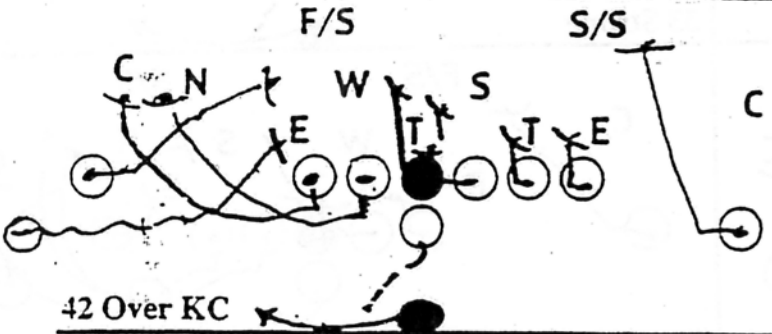
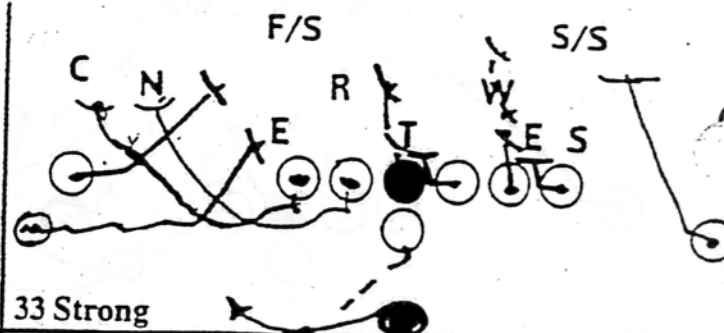
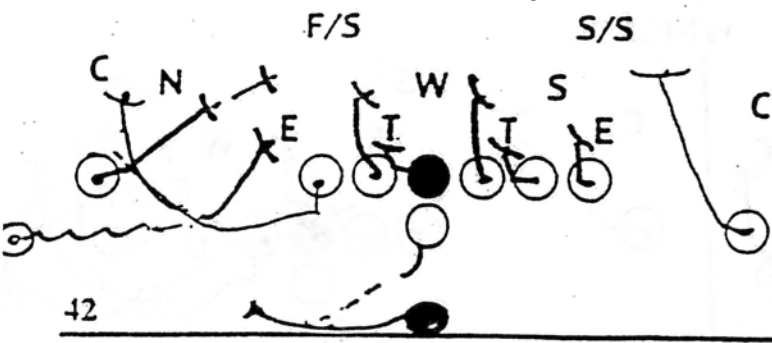




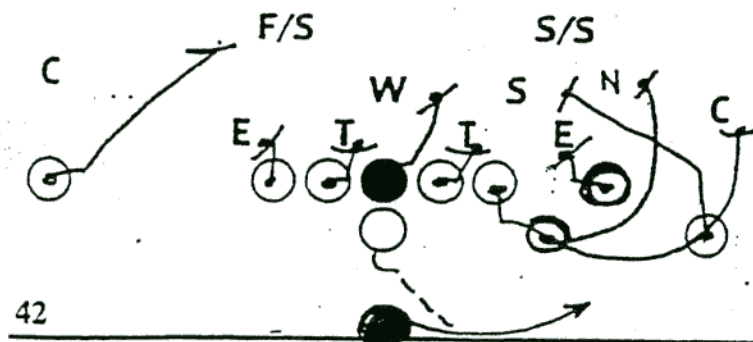
80 190 PRESS- FORCE  
A DBL vs NICKEL



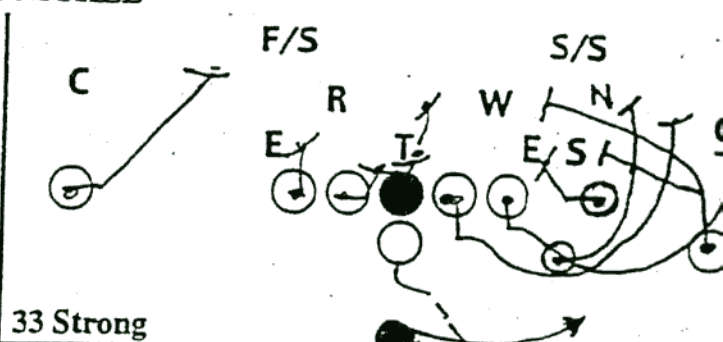




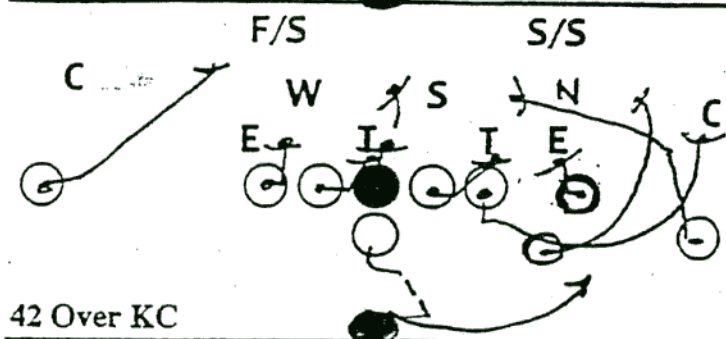




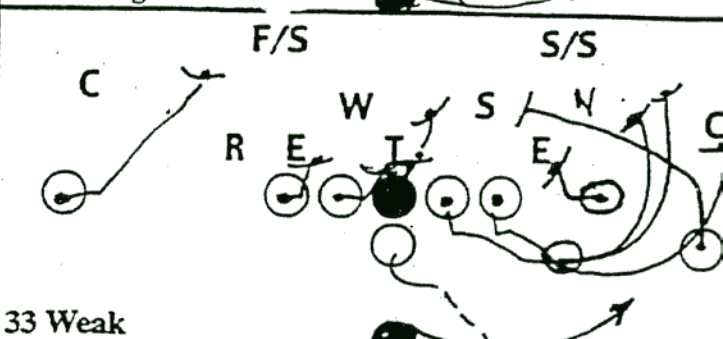
42



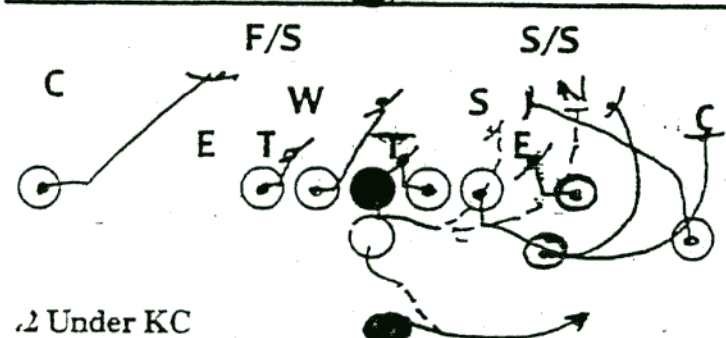
33 Strong



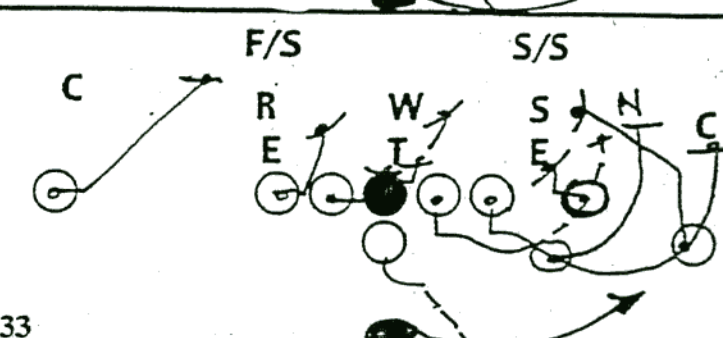
42 Over KC



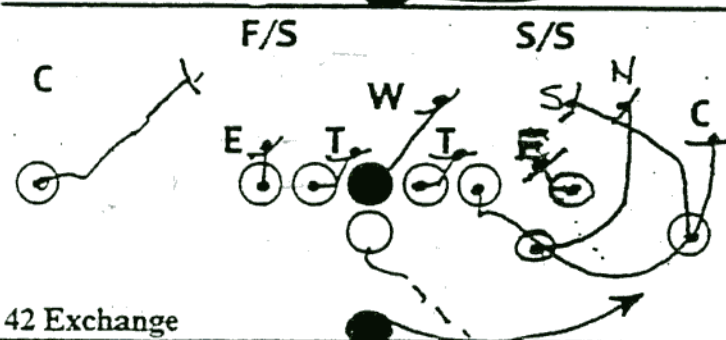
33 Weak



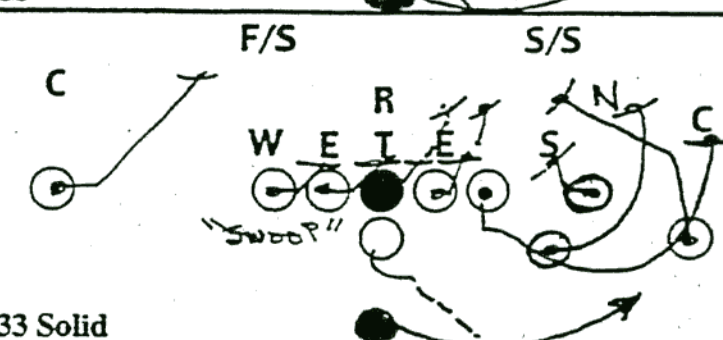
42 Under KC



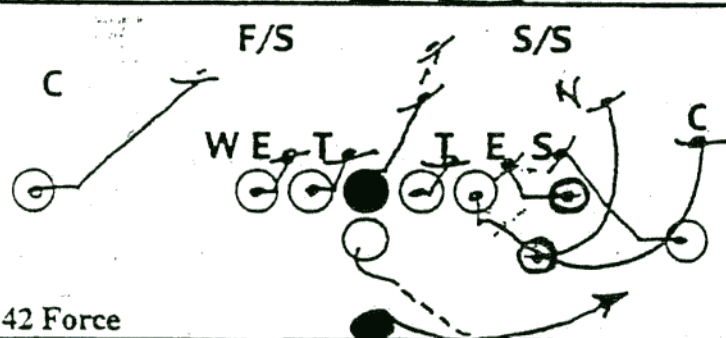
33



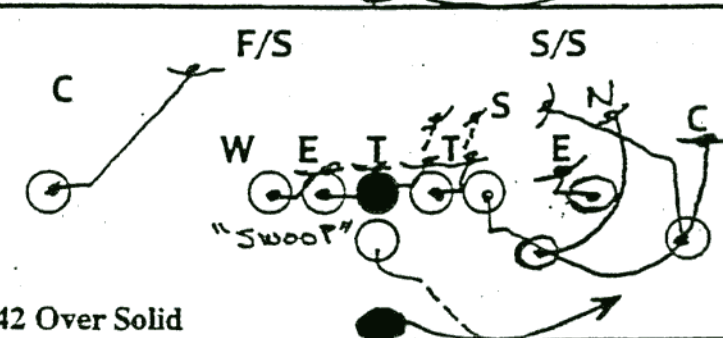
42 Exchange



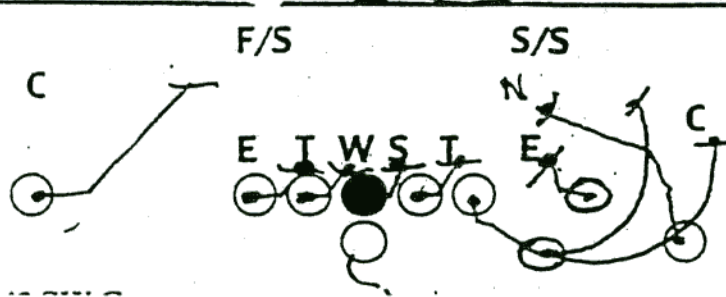
33 Solid



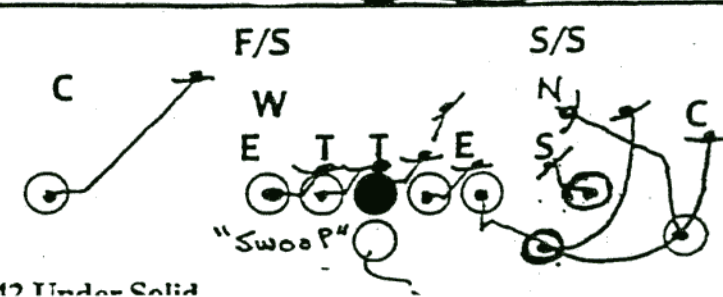
42 Force



42 Over Solid

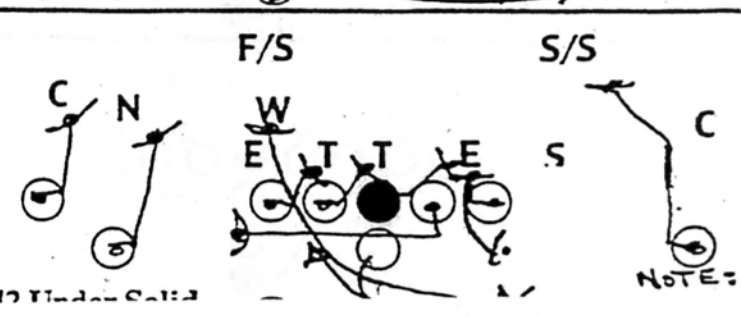
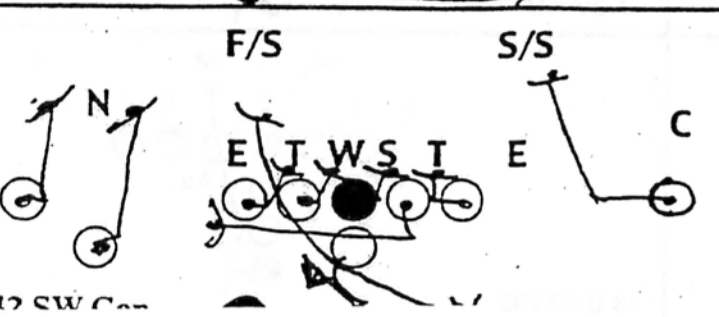
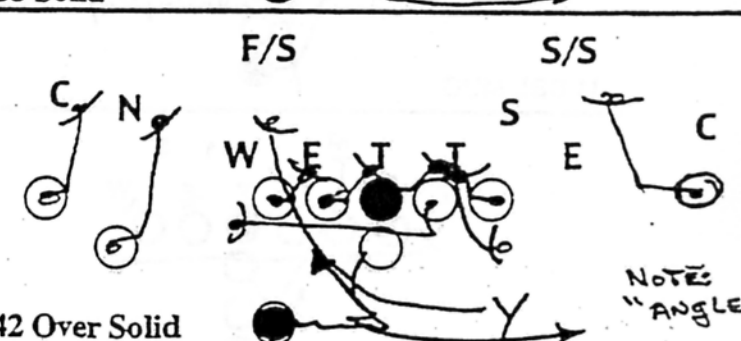
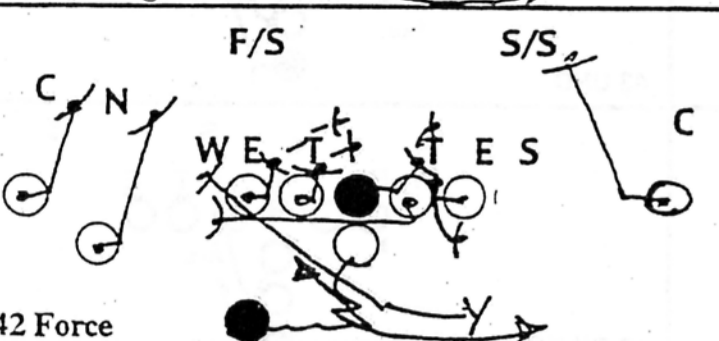
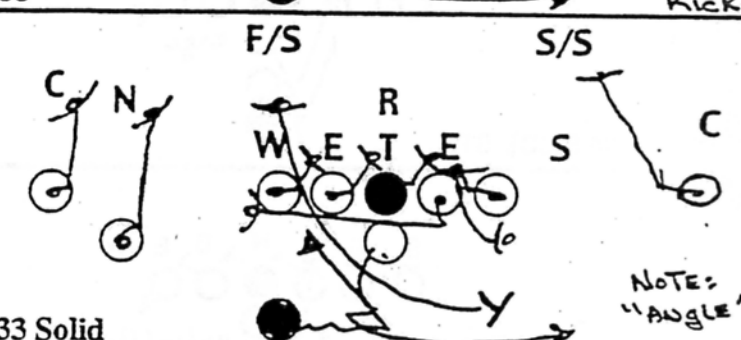
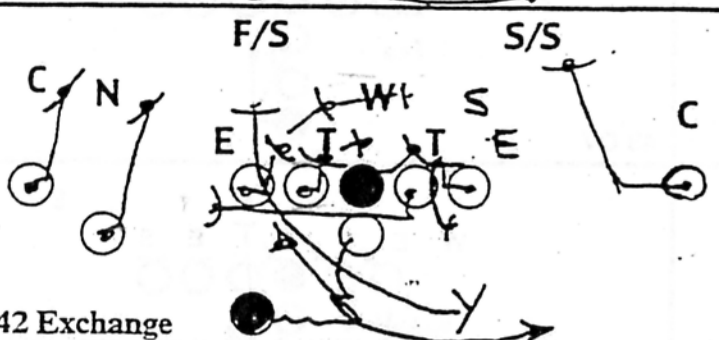
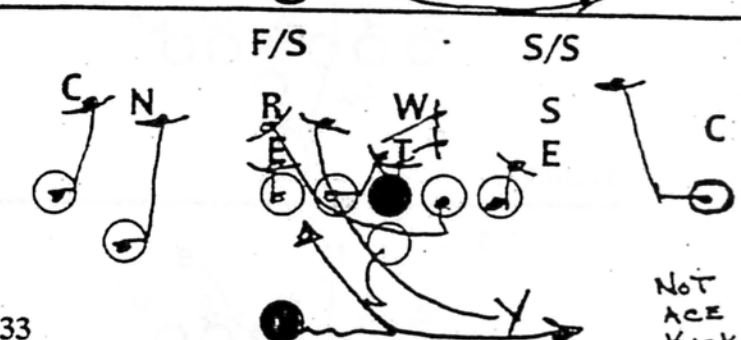
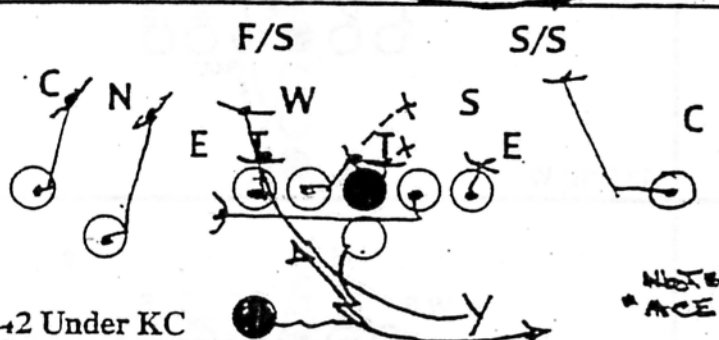
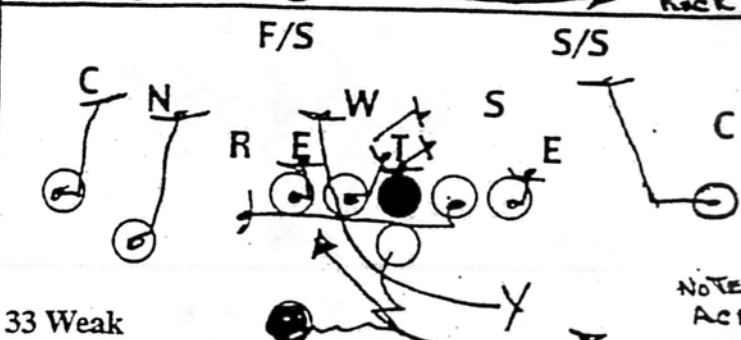
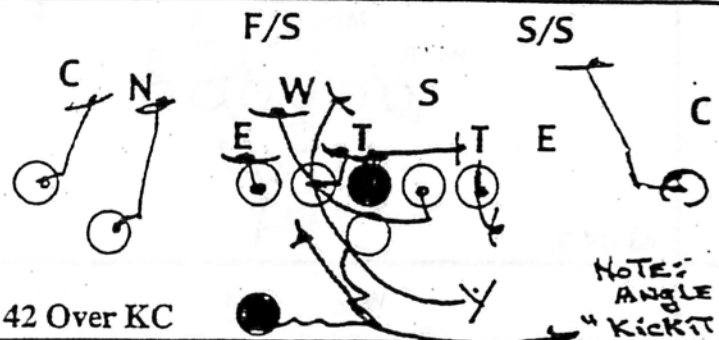
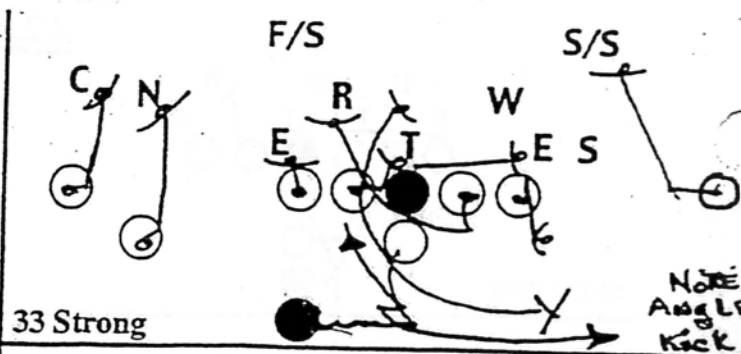
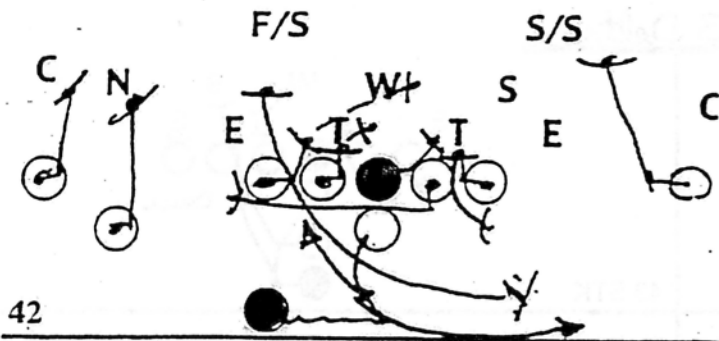


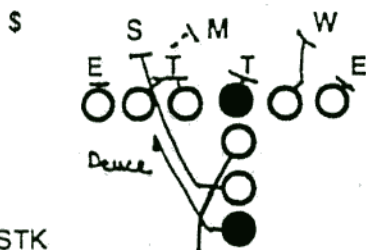
42 Under Solid



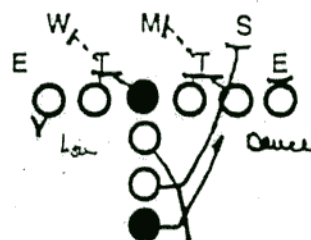
# SAME 99/88 STUTTER

vs NICKEL

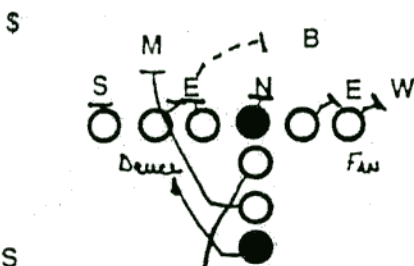




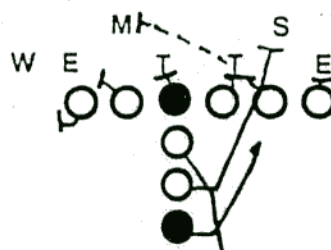
43 OV STK



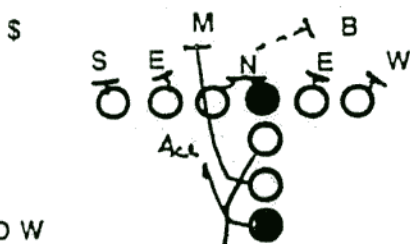
43 STK



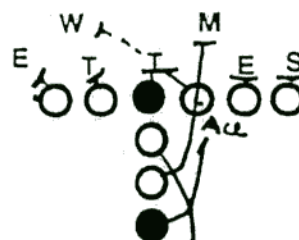
34 OV S



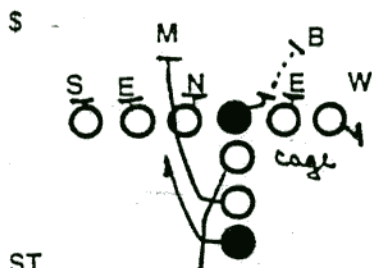
43 OV S



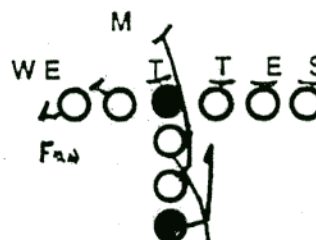
34 UND W



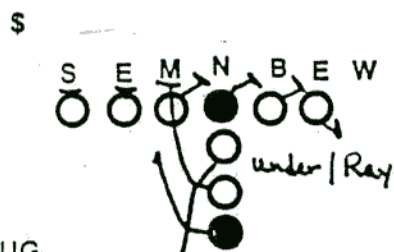
43 UND W



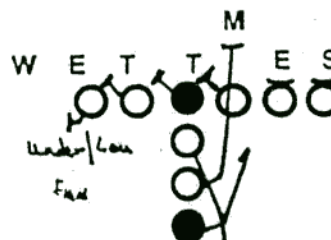
34 SLIDE ST



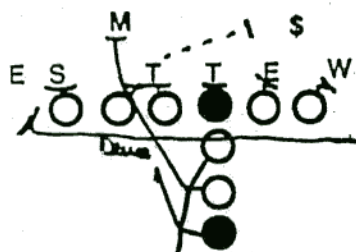
43 OV



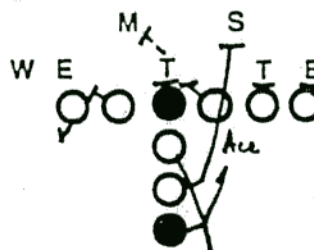
34 DBL MUG



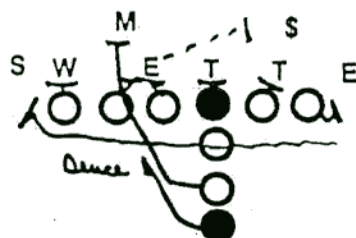
43 UND



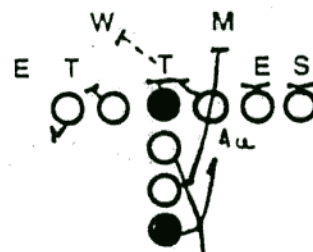
43 OV RAM



43 OV KC



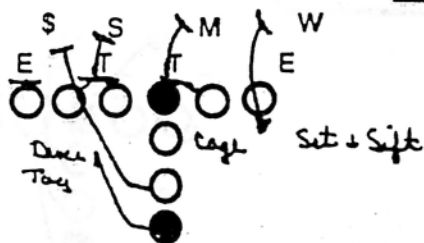
43 UND RAM



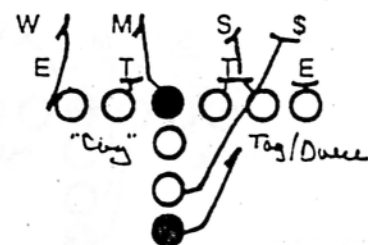
43 UND KC

# EXTRA'S

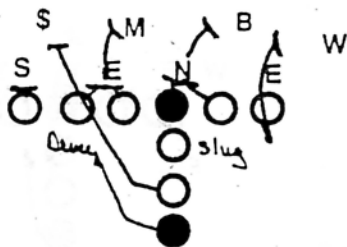
22-23 Delta



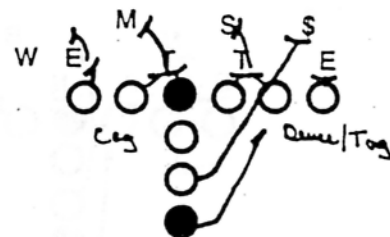
43 OV STK



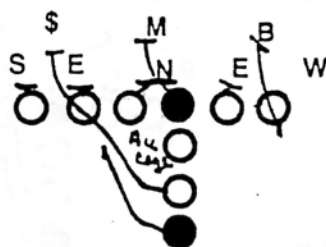
43 STK



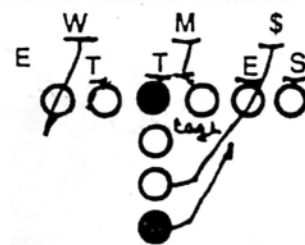
34 OV S



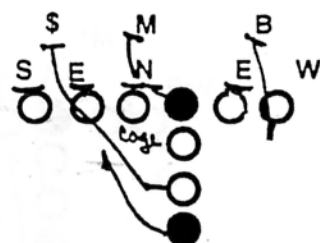
43 OV S



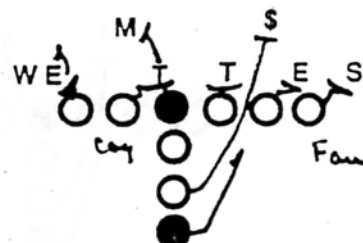
34 UND W



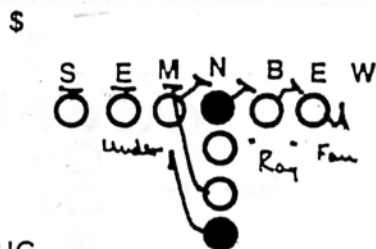
43 UND W



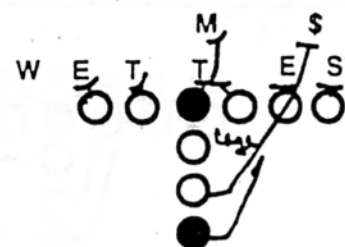
34 SLIDE ST



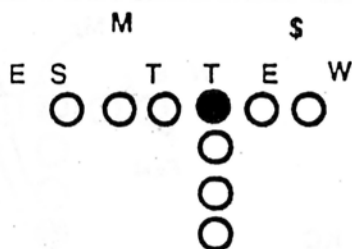
43 OV WIDE



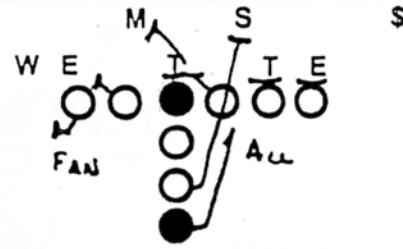
34 DBL MUG



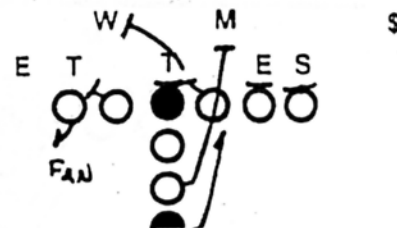
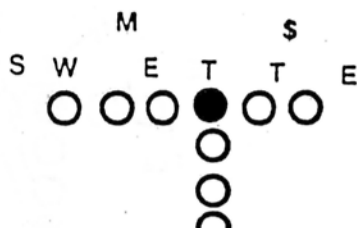
43 UND

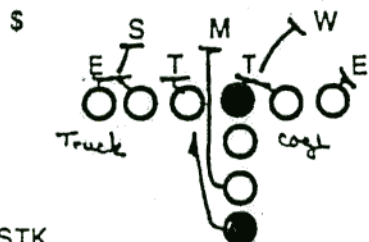


43 OV RAM

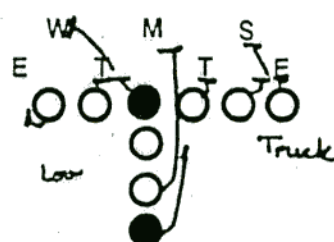


43 OV KC

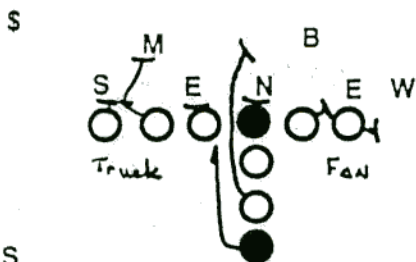




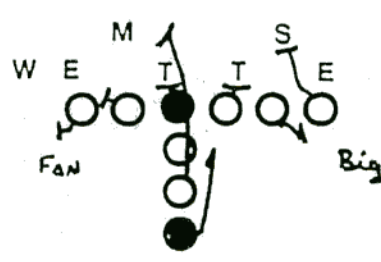
43 OV STK



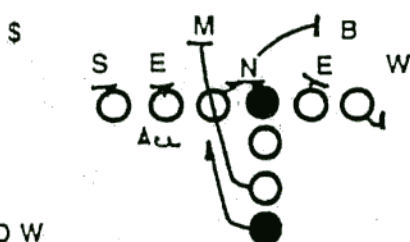
43 STK



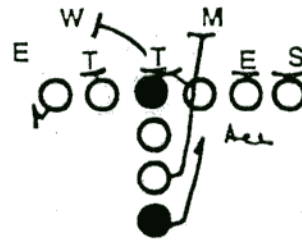
34 OV S



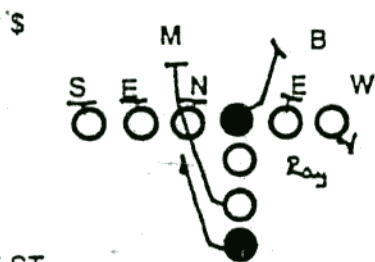
43 OV S



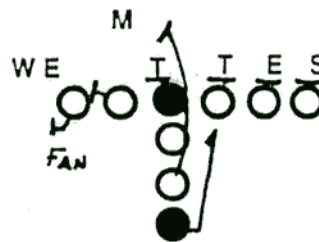
34 UND W



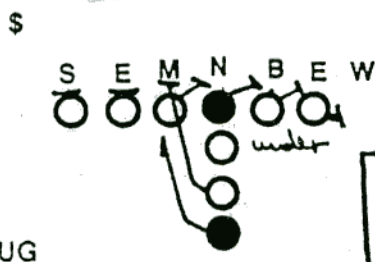
43 UND W



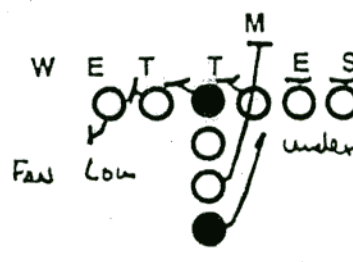
34 SLIDE ST



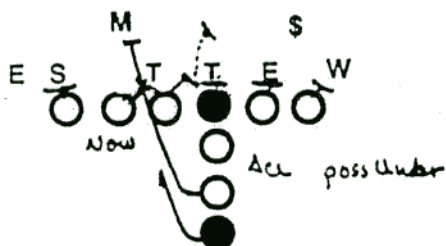
43 OV



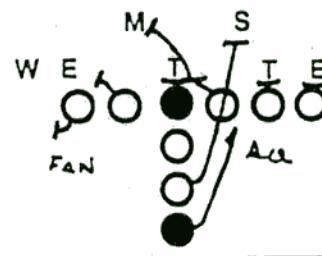
34 DBL MUG



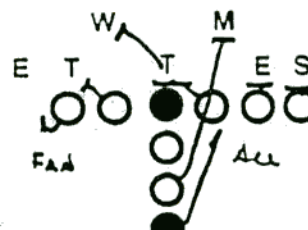
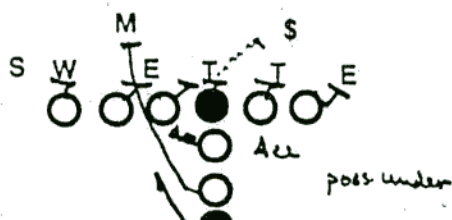
43 UND



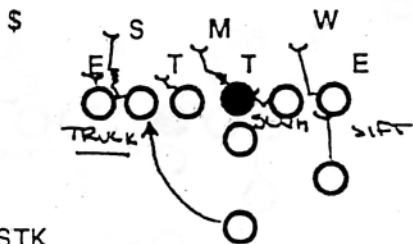
43 OV RAM



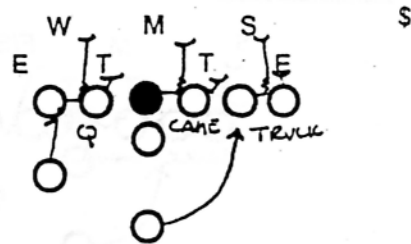
43 OV KC



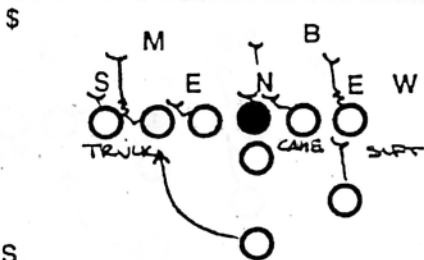




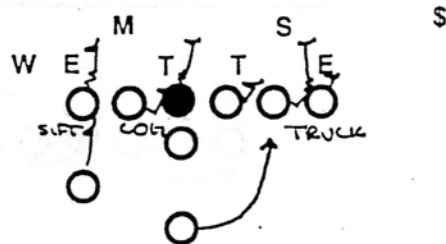
43 OV STK



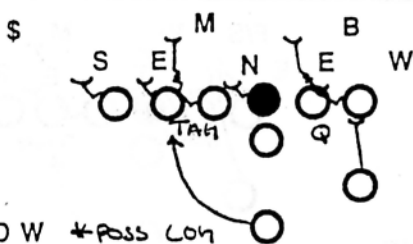
43 STK



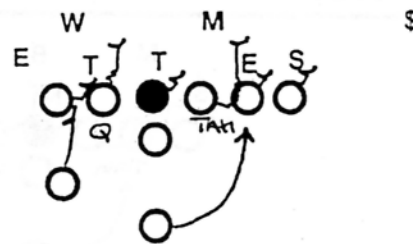
34 OV S



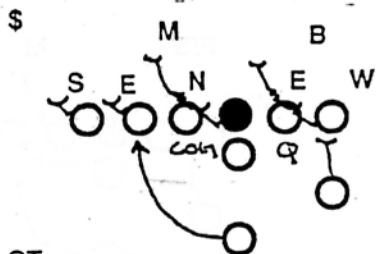
43 OV S



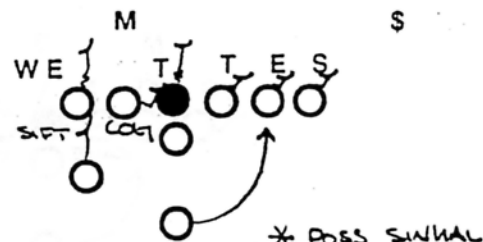
34 UND W \* POSS COH



43 UND W

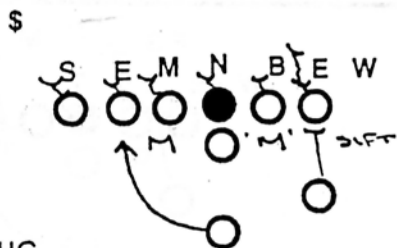


34 SLIDE ST

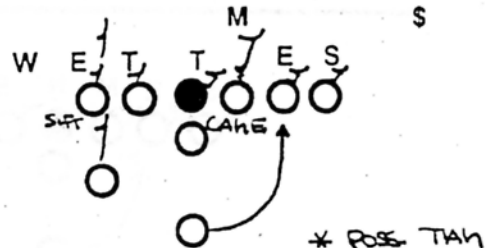


43 OV

\* POSS SIGNAL

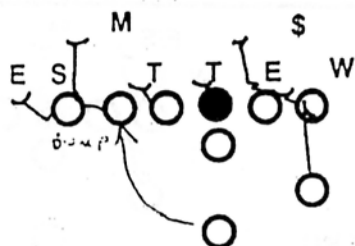


34 DBL MUG

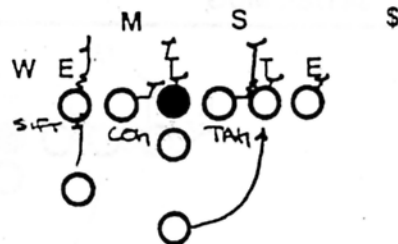


43 UND

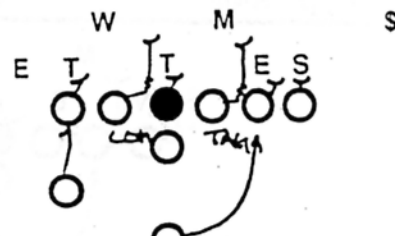
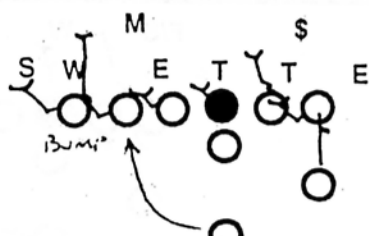
\* POSS TAKI



43 OV RAM

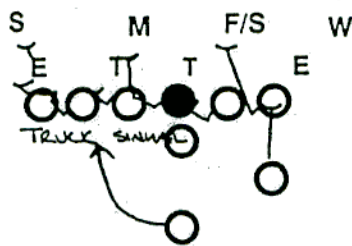


43 OV KC

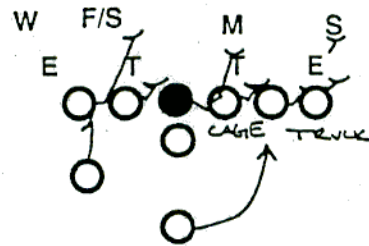


# EXTRA'S

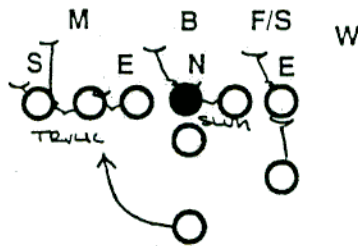
## 24-25 BELLY



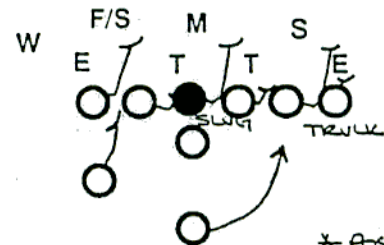
43 OV STK



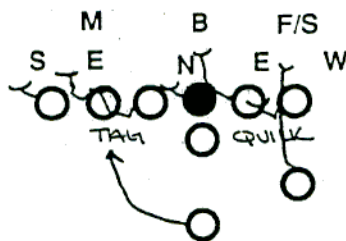
43 STK



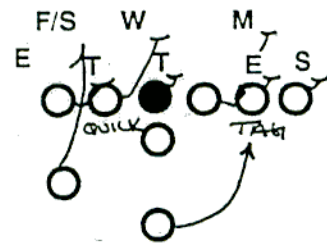
34 OV S



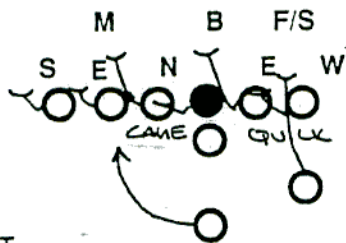
43 OV S



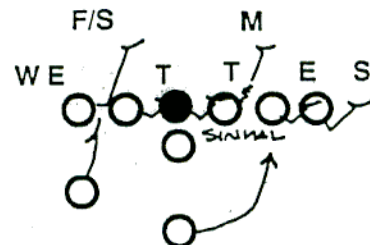
34 UND W



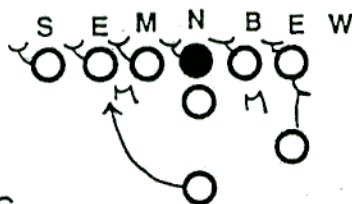
43 UND W



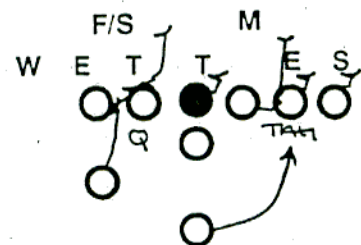
34 SLIDE ST



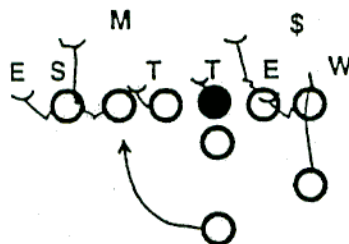
43 OV WIDE



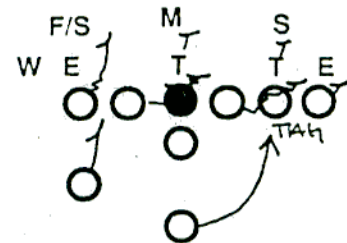
34 DBL MUG



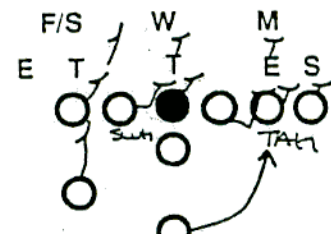
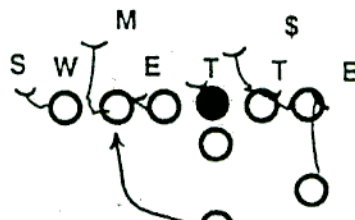
43 UND

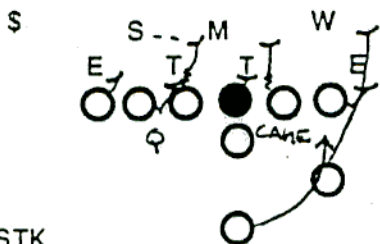


43 OV RAM

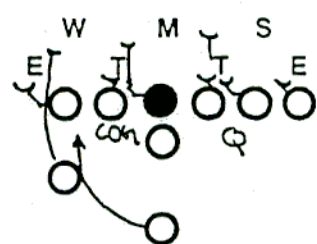


43 OV KC

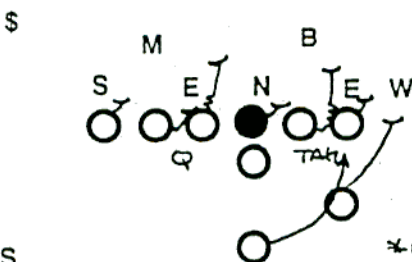




43 OV STK

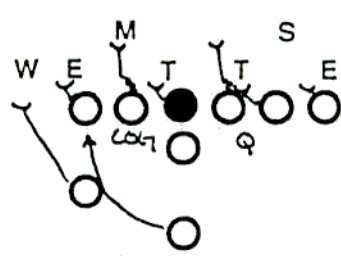


43 STK

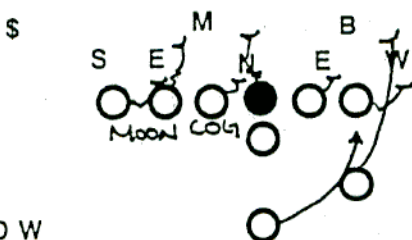


34 OV S

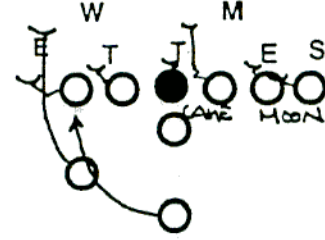
\*ROSS. CANE



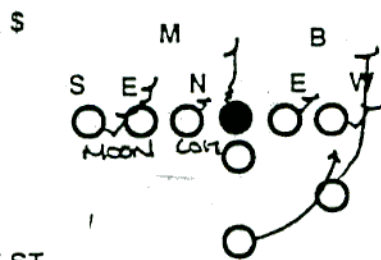
43 OV S



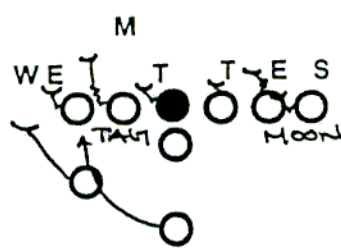
34 UND W



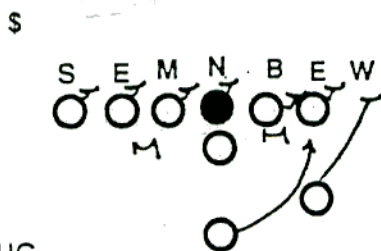
43 UND W



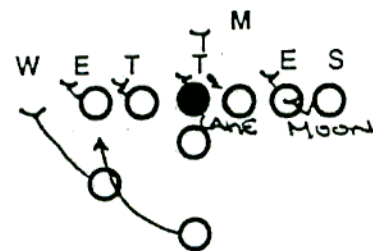
34 SLIDE ST



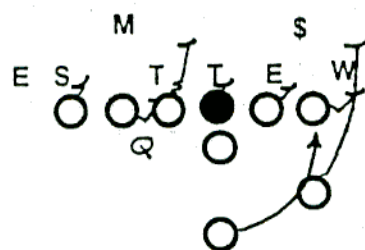
43 OV



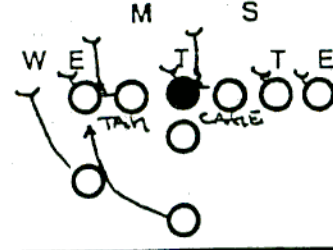
34 DBL MUG



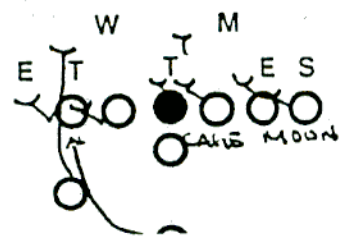
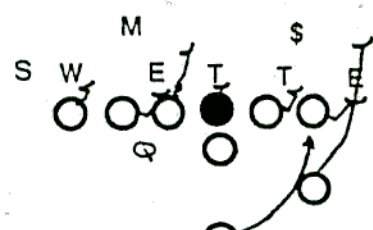
43 UND



43 OV RAM



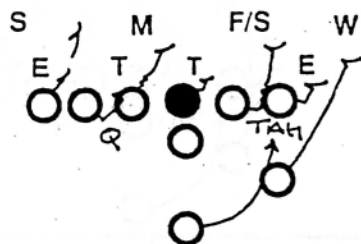
43 OV KC



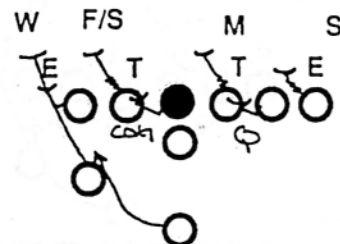


# EXTRA'S

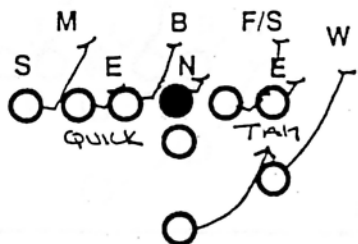
## 25-24 SLANT



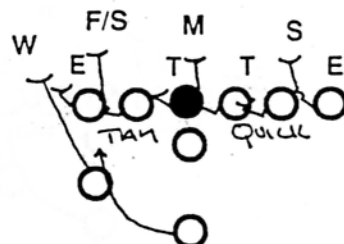
POSS. QUICK  
43 OV STK



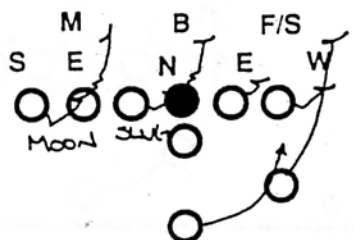
43 STK



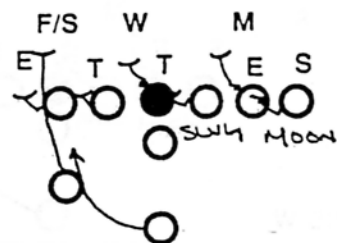
34 OV S



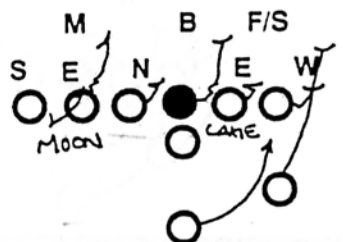
43 OV S



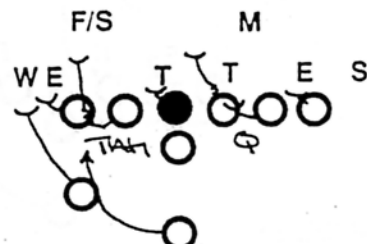
34 UND W



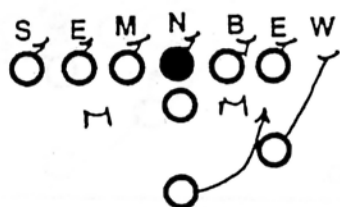
43 UND W



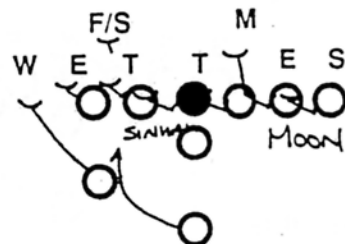
34 SLIDE ST



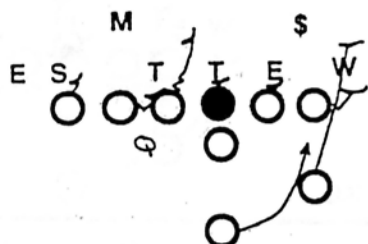
43 OV WIDE



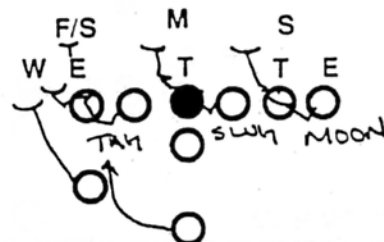
34 DBL MUG



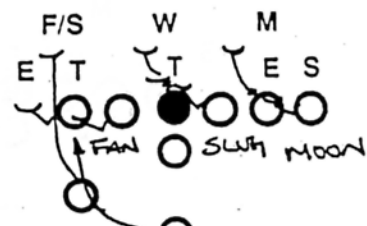
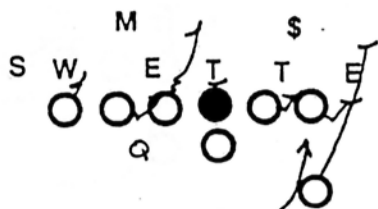
43 UND



43 OV RAM

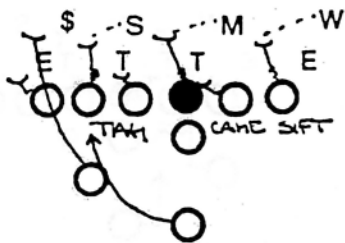


43 OV KC

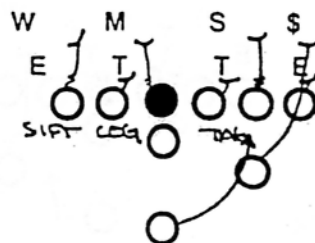


# EXTRA'S

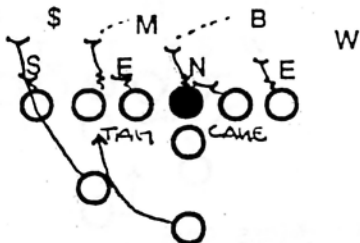
24/25 BELLY BOSS



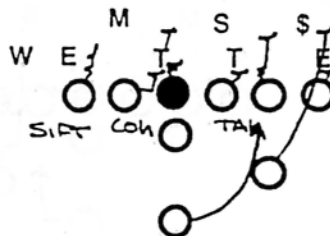
43 OV STK



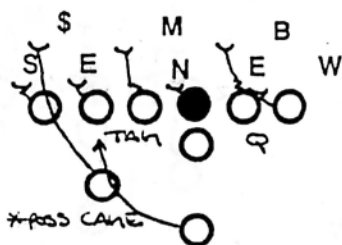
43 STK



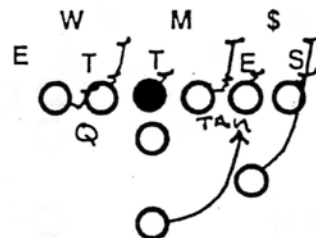
34 OV S



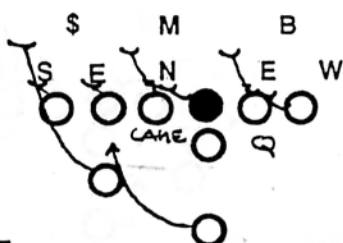
43 OV S



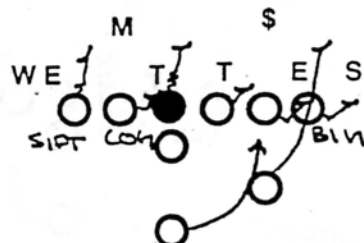
34 UND W



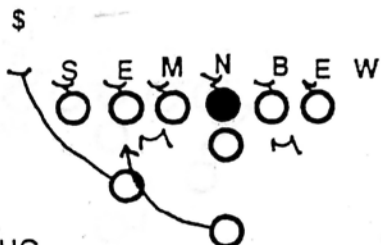
43 UND W



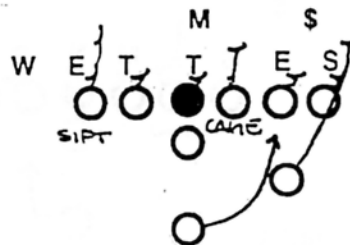
34 SLIDE ST



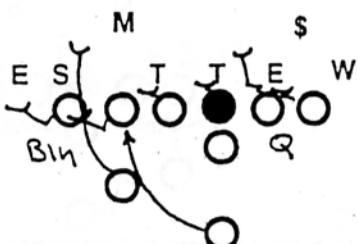
43 OV WIDE



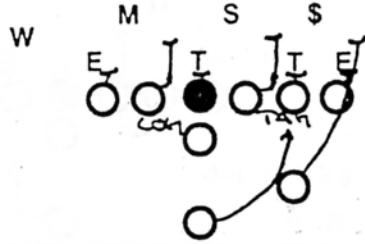
34 DBL MUG



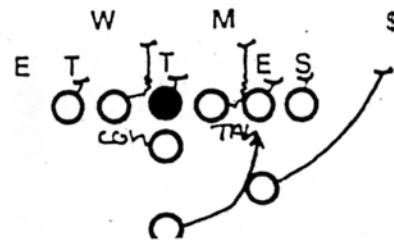
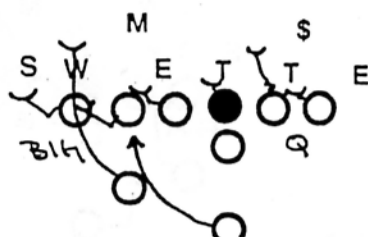
43 UND



43 OV RAM

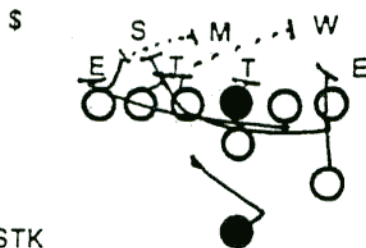


43 OV KC

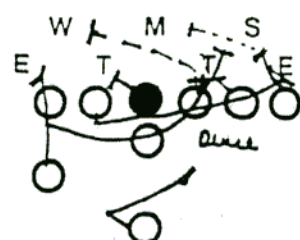


# 24-25 DRUM

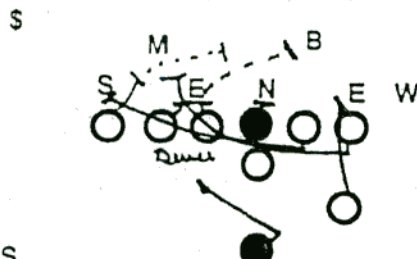
|  |                                     |
|--|-------------------------------------|
| <p>\$</p> <p>43 OV STK</p>                       | <p>\$</p> <p>43 STK</p>             |
| <p>\$</p> <p>34 OV S</p>                         | <p>\$</p> <p>43 OV S * POSS CON</p> |
| <p>\$</p> <p>34 UND W</p>                        | <p>\$</p> <p>43 UND W</p>           |
| <p>\$</p> <p>34 SLIDE ST</p>                     | <p>\$</p> <p>43 OV * POSS CON</p>   |
| <p>\$</p> <p>34 DBL MUG</p>                      | <p>\$</p> <p>43 UND</p>             |
| <p>\$</p> <p>* POSS SLICE</p> <p>43 OV RAM</p>   | <p>\$</p> <p>43 OV KC</p>           |
| <p>\$</p> <p>* POSS. SLICE</p> <p>43 UND RAM</p> | <p>\$</p> <p>43 UND KC</p>          |



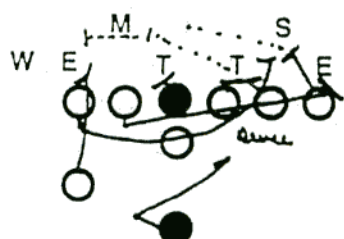
43 OV STK



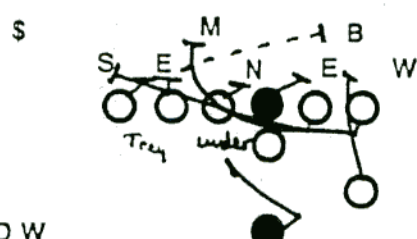
43 STK



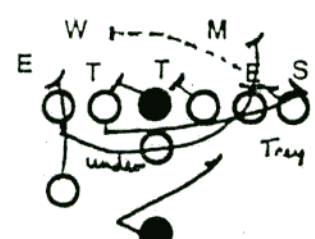
34 OV S



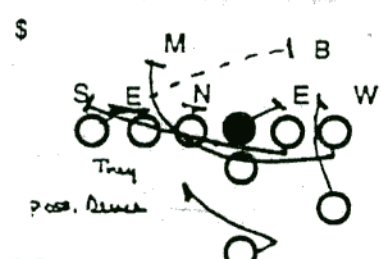
43 OV S



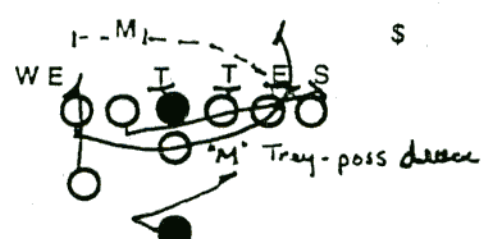
34 UND W



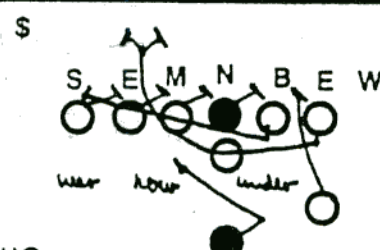
43 UND W



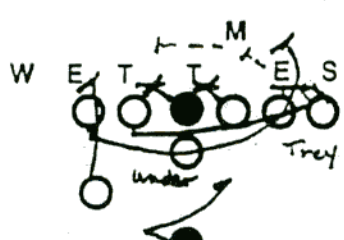
34 SLIDE ST



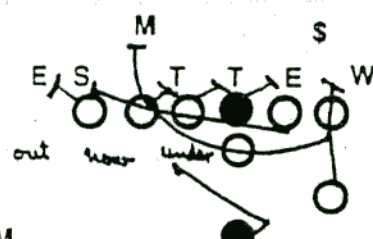
43 OV



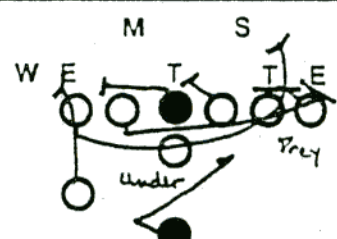
34 DBL MUG



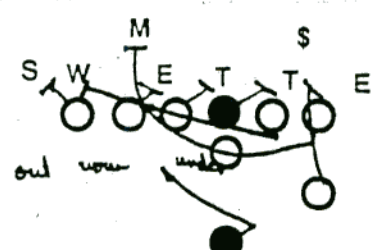
43 UND



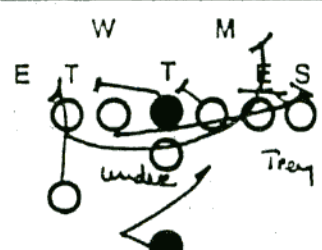
43 OV RAM



43 OV KC

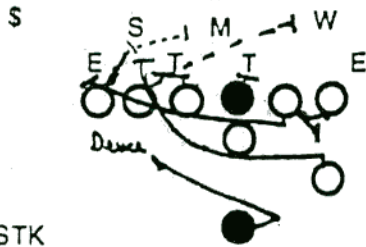


43 UND RAM

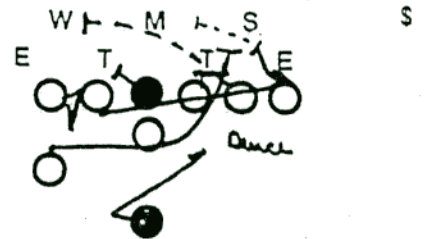


43 UND KC

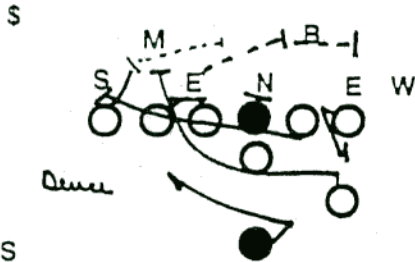
# May 26-27 Counter



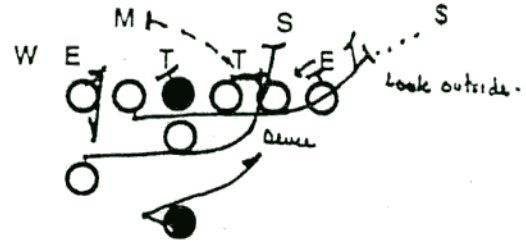
43 OV STK



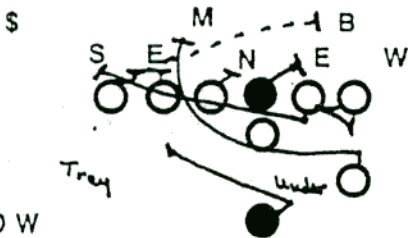
43 STK



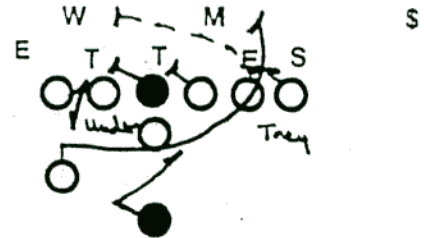
34 OV S



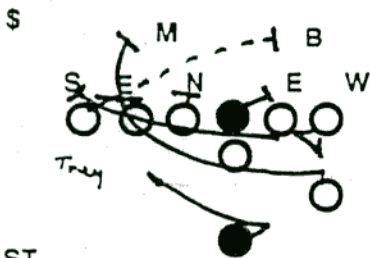
43 OV S



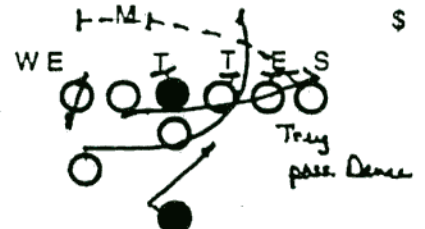
34 UND W



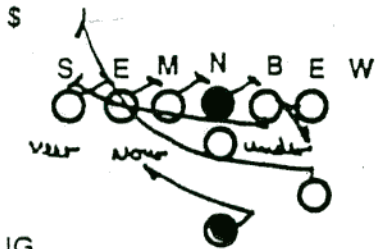
43 UND W



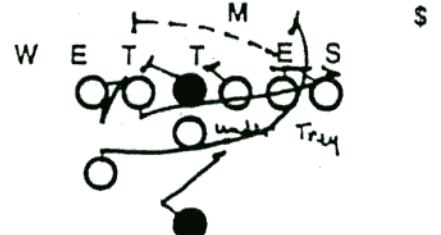
34 SLIDE ST



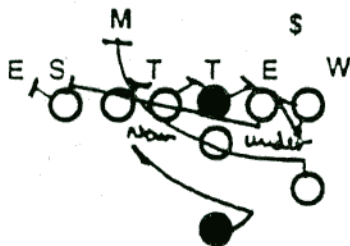
43 OV



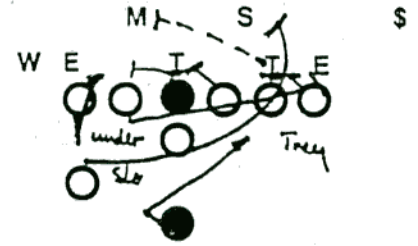
34 DBL MUG



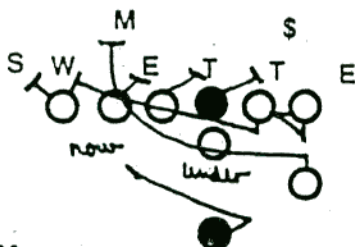
43 UND



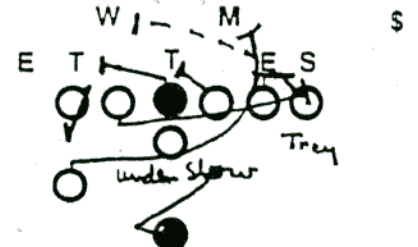
43 OV RAM



43 OV KC

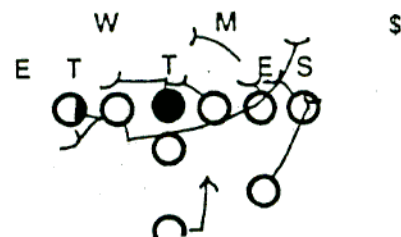
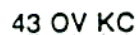
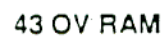
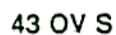
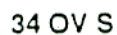
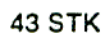


43 UND RAM



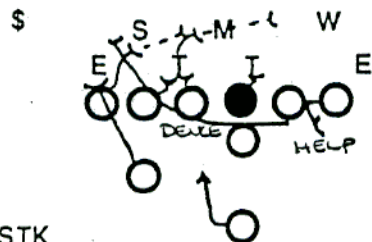
43 UND KC

26-27 POWER

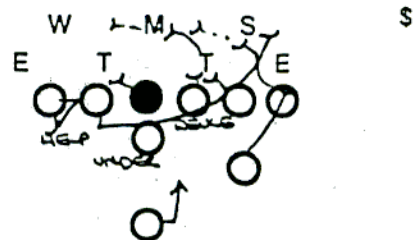




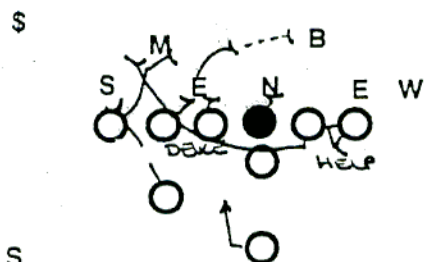
# 26-27 POWER



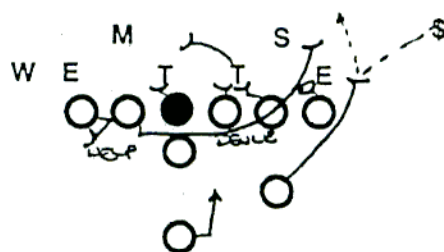
43 OV STK



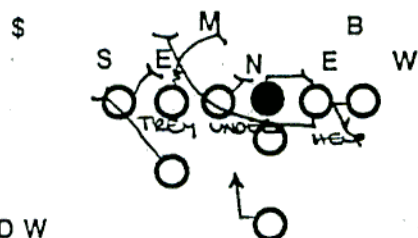
43 STK



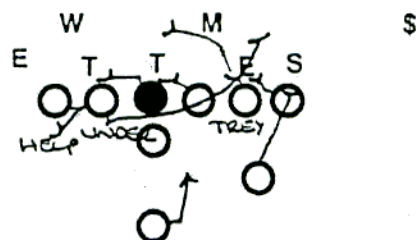
34 OV S



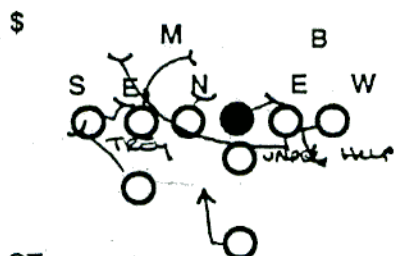
43 OV S



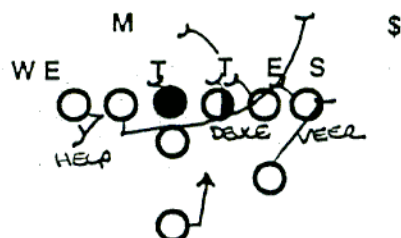
34 UND W



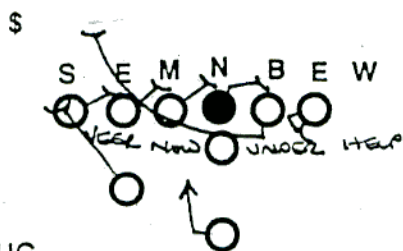
43 UND W



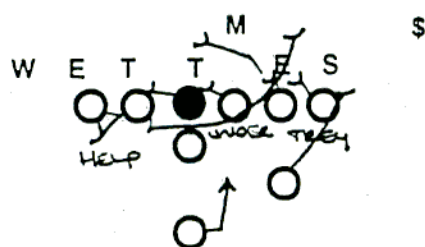
34 SLIDE ST



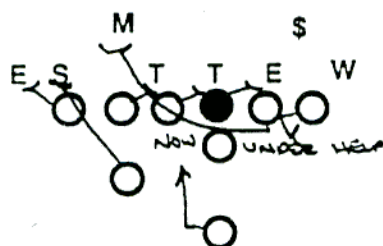
43 OV



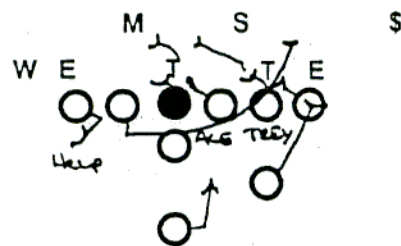
34 DBL MUG



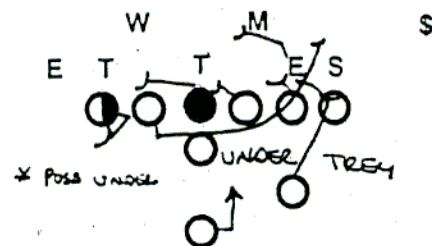
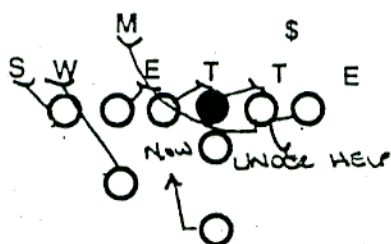
43 UND

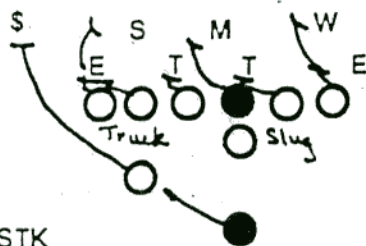


43 OV RAM

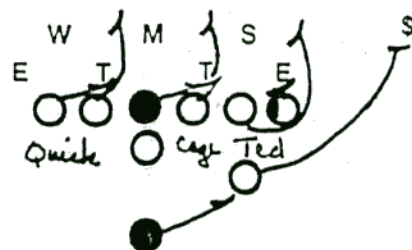


43 OV KC

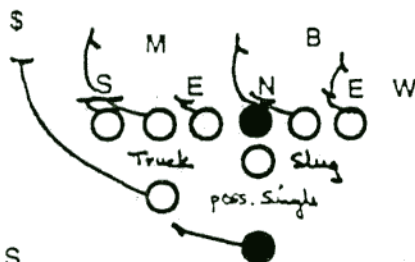




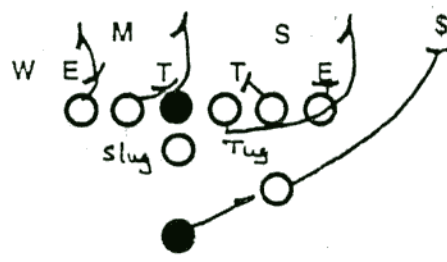
43 OV STK



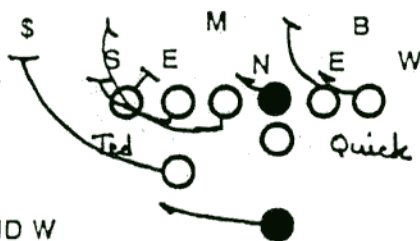
43 STK



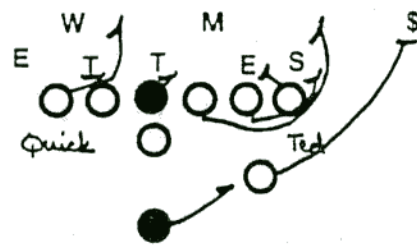
34 OV S



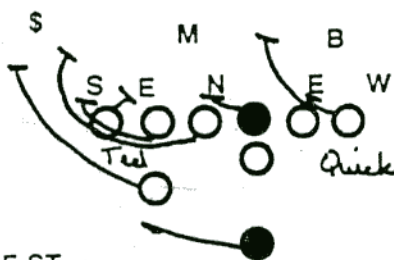
43 OV S



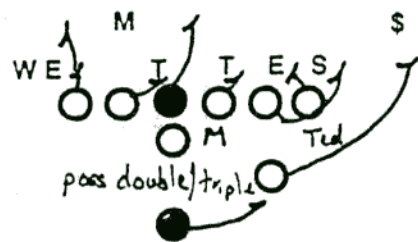
34 UND W



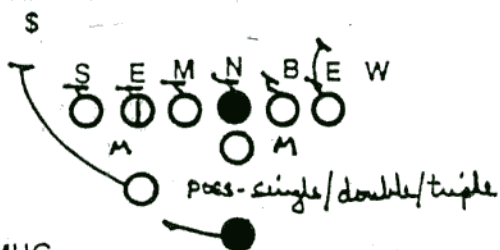
43 UND W



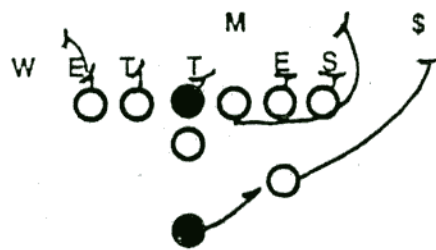
34 SLIDE ST



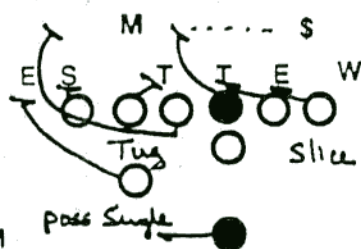
43 OV



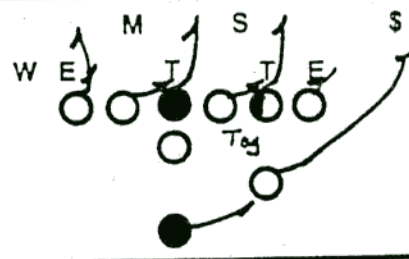
34 DBL MUG



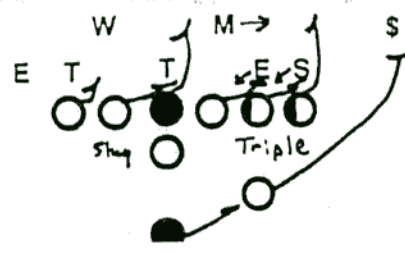
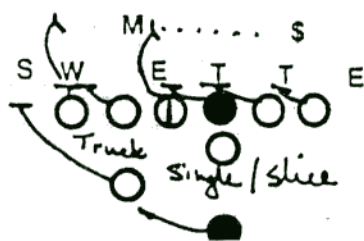
43 UND



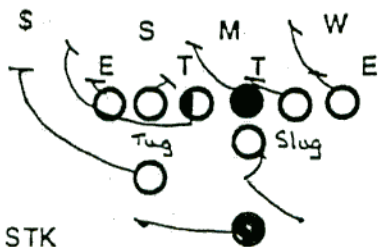
43 OV RAM



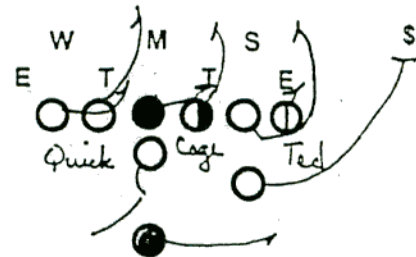
43 OV KC



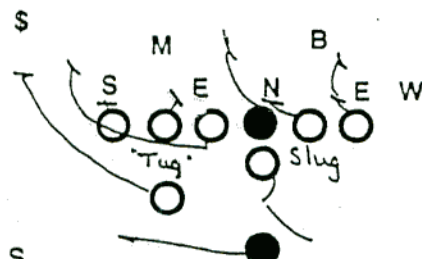




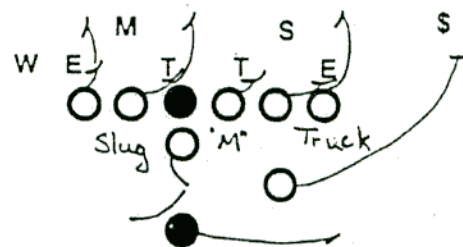
43 OV STK



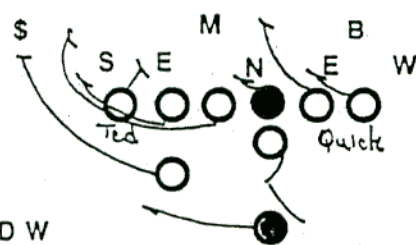
43 STK



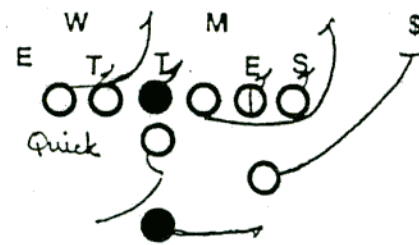
34 OV S



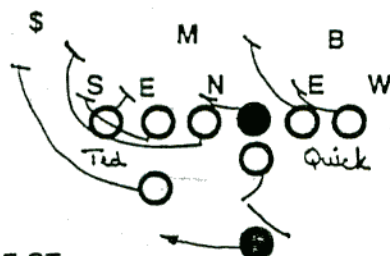
43 OV S



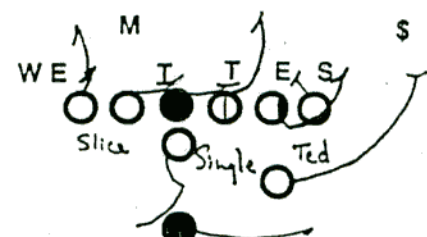
34 UND W



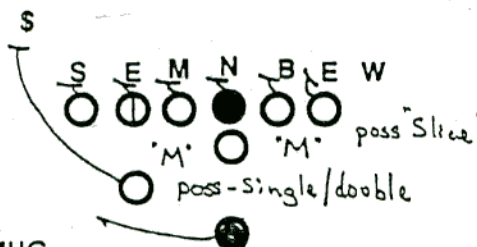
43 UND W



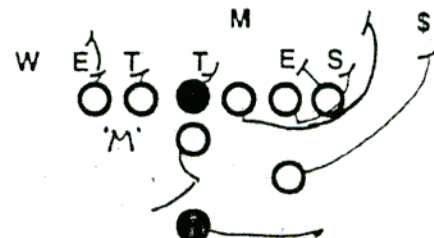
34 SLIDE ST



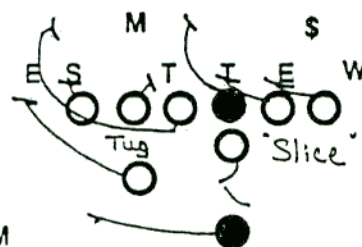
43 OV



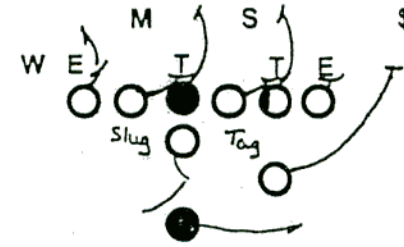
34 DBL MUG



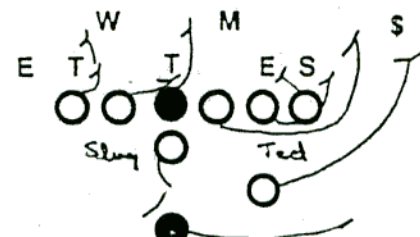
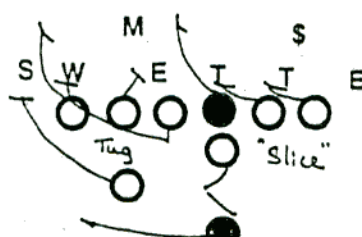
43 UND



43 OV RAM

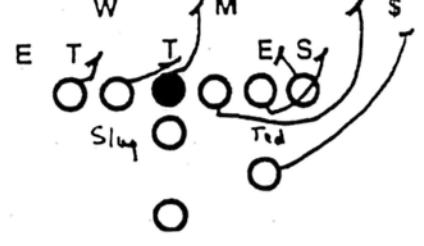
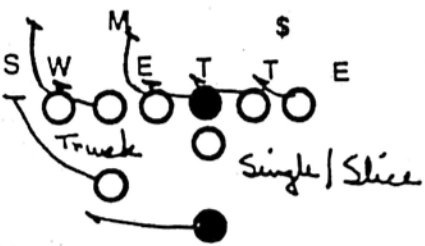
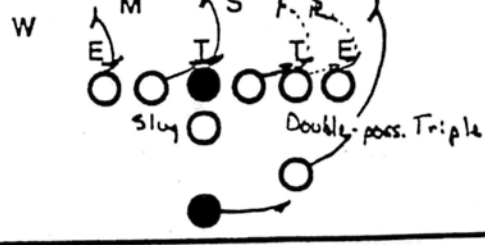
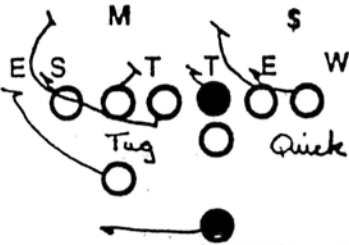
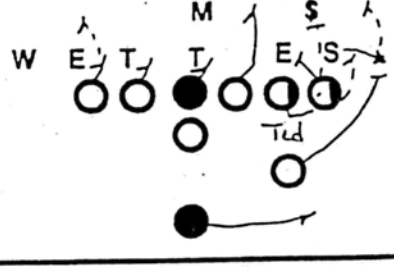
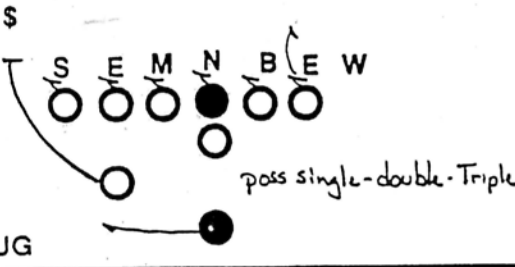
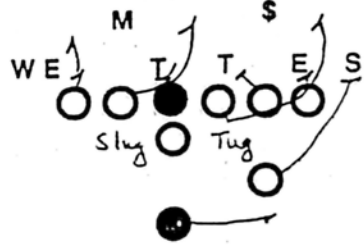
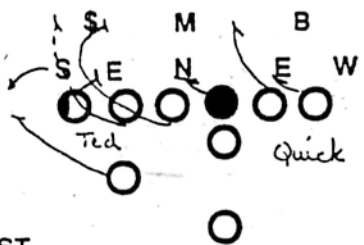
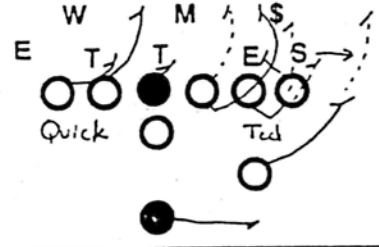
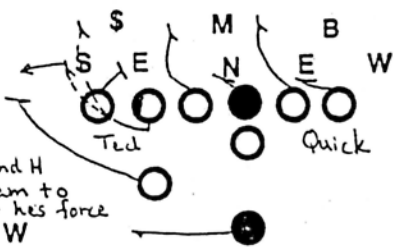
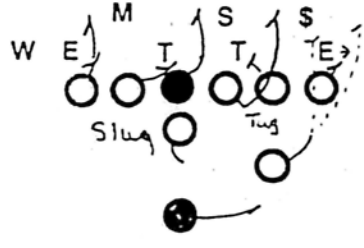
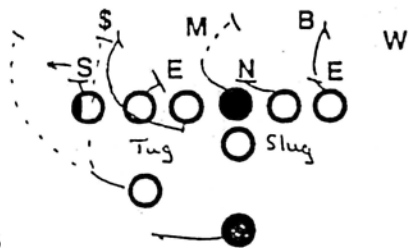
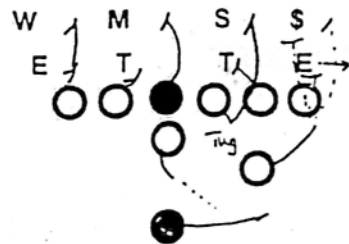
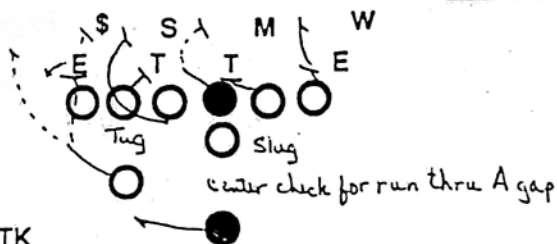


43 OV KC



# EXTRA'S

28-29 Pitch



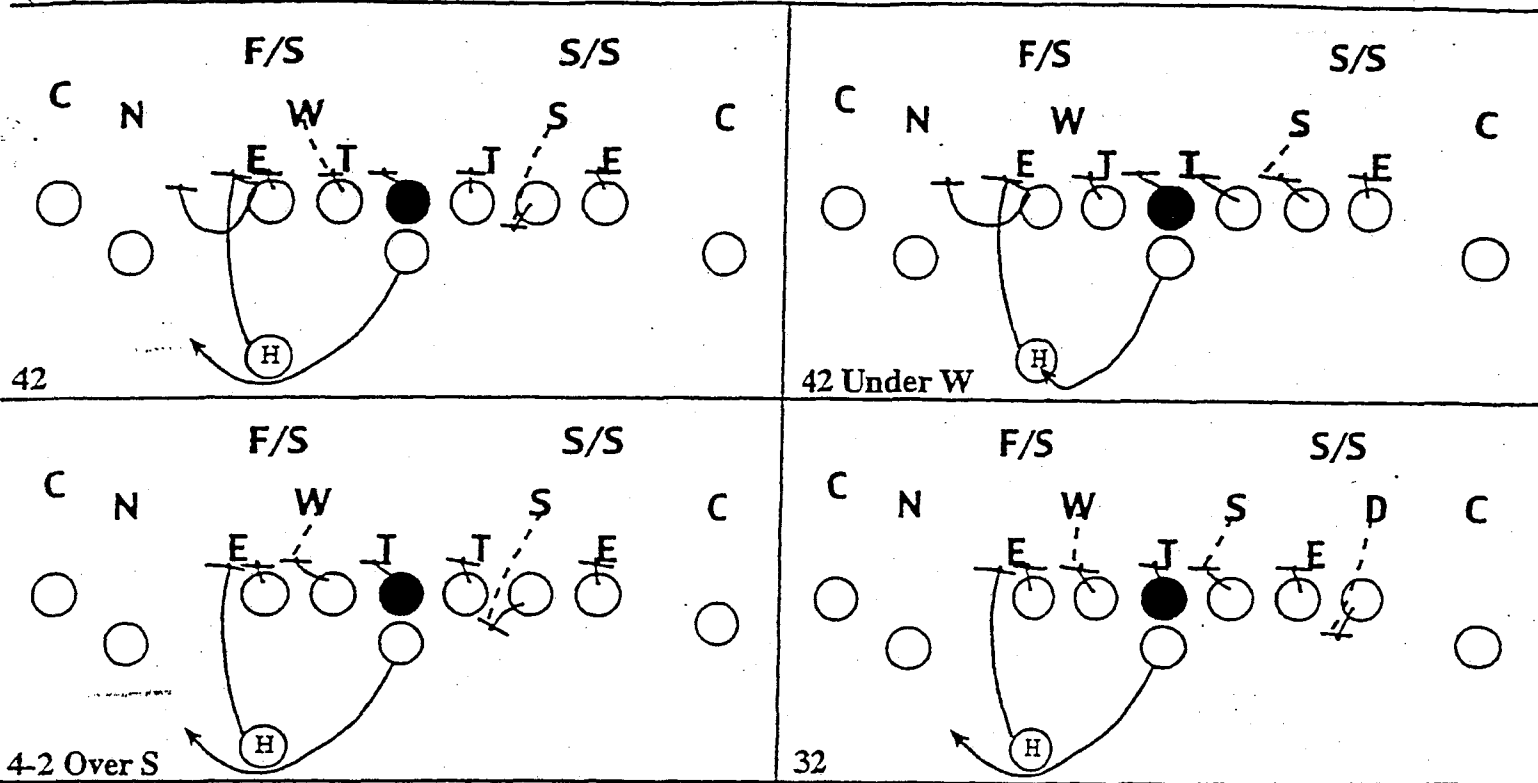
# *PROTECTIONS – SPRINT*

SPRINT LT/RT

Page #

20-1

# (N) PROTECTION: SPRINT LT/RT



## DESCRIPTION:

ACTION PASS WITH QB SPRINTING TO CALL SIDE AND THE H BLOCKING EM LOS STRONG, Y BLOCKING EM LOS WEAK. OL HARD STEP PLAYSIDE GAP, THE QB WILL SPRINT TO BREAK CONTAIN.

QB

TAKE SPEED COURSE 8-10 YARDS DEEP.

F

RUN ROUTE.

H

BLOCK EM LOS.

## BACKSIDE

BLOCK PLAYSIDE GAP. ALERT SWAP, SLIP, SWOOP CALLS. ZONE STUNTS AND BLITZES.

BLOCK PLAYSIDE GAP. ALERT SLIP, SWOOP & COMBO CALLS. ZONE STUNTS AND BLITZES.

BLOCK PLAYSIDE GAP. ZONE STUNTS AND BLITZES.

## FRONTSIDE

C

BLOCK PLAYSIDE GAP. ALERT SWAP, RAY/LENNY, RAM/LION, SWOOP CALLS. ZONE STUNTS AND BLITZES.

G

BLOCK PLAYSIDE GAP. ALERT RAY/LENNY, RAM/LION, READ. ZONE STUNTS AND BLITZES.

T

BLOCK PLAYSIDE GAP. ALERT READ, UNCOVERED BLOCK TAKE ZONE STUNTS AND BLITZES. ALERT LATE SCRAPER.

Y

# PROTECTIONS – PLAY ACTION

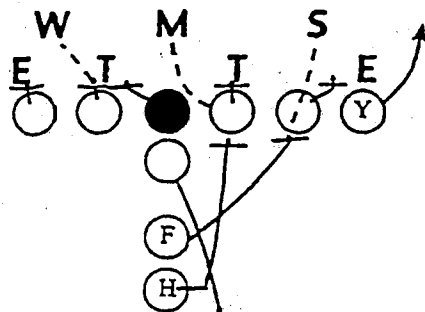
## Page #

|                    |       |
|--------------------|-------|
| ACT 4/5            | 19-1  |
| ACT 6/7            | 19-3  |
| CHARLIE 5/4        | 19-5  |
| FIRE PASS          | 19-7  |
| BUBBLE PASS        | 19-11 |
| FAKE GUT THROWBACK | 19-13 |
| TOSS PASS          | 19-15 |
| COUNTER PASS       | 19-17 |
| TRAP PASS          | 19-19 |
| DRAW PASS          | 19-21 |
| FAKE BOB PASS      | 19-23 |

# PROTECTION: ACT 4/5

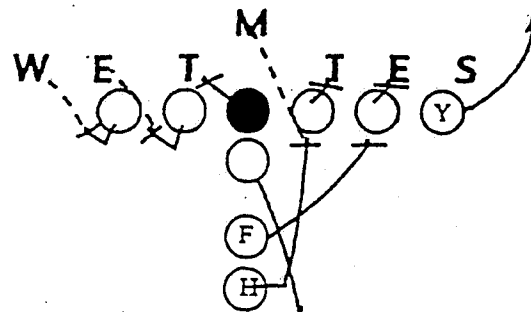
# PLAY ACTION TURN

LEO W



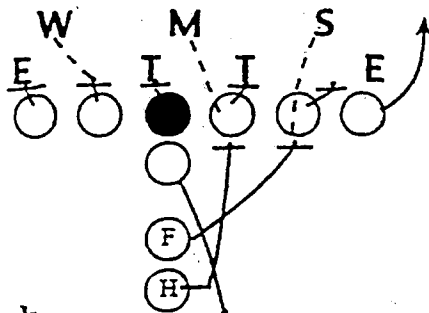
4-3 Stack

LAWN M



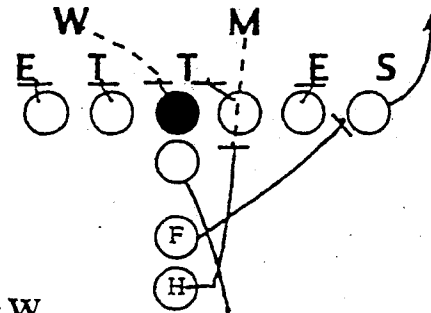
4-3

DRAG FAN W



4-3 Over Stack

LEO W



4-3 Under W

## DESCRIPTION:

ACT 4/5 IS A TWO BACK PLAY ACTION PASS PRIMARILY USED WITH THE 7 STEP DROP PASSING GAME. ONSIDE WE WANT TO SELL THE RUN BY BLOCKING AND FAKING AS AGGRESSIVELY AS WE CAN. THE F IS RESPONSIBLE FOR THE SAM AND THE H HAS THE MIKE. THE OFFENSIVE LINE PROTECTS THE SAME AS ACE. TURN AWAY FROM THE PLAYSIDE CALL. WEAKSIDE BLITZ ACCOUNTED FOR BY OFFENSIVE LINE.

QB

USUALLY 7 STEP DROP OFF OF DELIBERATE ISO FAKE. S.A. WEAKSIDE SECONDARY BLITZ.

F

PLAY FAKE - CHECK SAM.

H

PLAY FAKE - CHECK MIKE.

## BACKSIDE

BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

## FRONTSIDE

C

BLOCK #1 WEAK. ALERT ROCKO OR LEO. RAKE/LAWN. OVER DEFENSE BLOCK MAN. VS BEAR DBL BLOW ALERT FIRE CALL.

G

IF UNCOVERED BLOCK #0, UNLESS FAN CALL FROM TACKLE VS OVER K.C. IF COVERED, BLOCK #1. ALERT "HARD" CALL VS MIKE MUG WHEN COVERED.

T

BLOCK DE. FAN VS OVER K.C. ALERT ANGLE CALL VS DE INSIDE.

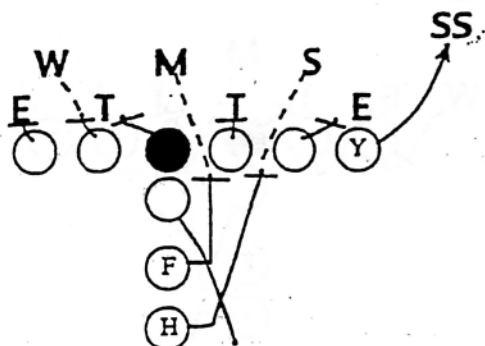
Y

RELEASE INTO ROUTE. BEAR DEFENSE BLOCK YOUR WAY OUT.

# PROTECTION: ACT 6/7

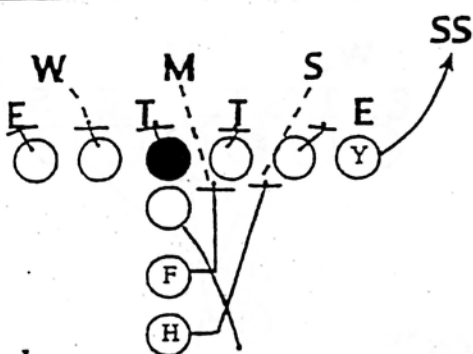
# PLAY ACTION TURN

LEO W



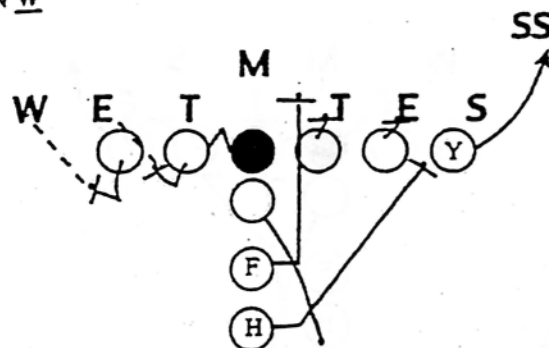
4-3 Stack

DRAG FAN W



4-3 Over Stack

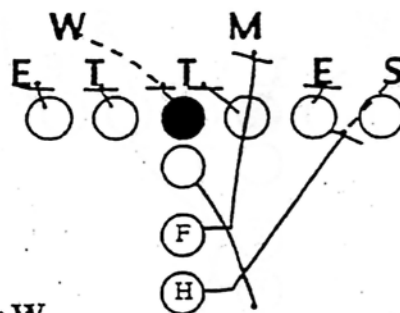
LAWN W



4-3

LEO W

SS



4-3 Under W

## DESCRIPTION:

ACT 6/7 IS A TWO BACK PLAY ACTION PASS PRIMARILY USED WITH THE 7 STEP DROP PASSING GAME. ON THE SIDE WE WANT TO SELL THE RUN BY BLOCKING AND FAKING AS AGGRESSIVELY AS WE CAN. THE F IS RESPONSIBLE FOR THE MIKE, AND THE H HAS THE SAM. THE OFFENSIVE LINE PROTECTS THE SAME AS ACE TURNING AWAY FROM THE PLAYSIDE CALL. WEAKSIDE BLITZ ACCOUNTED FOR BY OFFENSIVE LINE.

QB

USUALLY 7 STEP DROP. DELIBERATE ISO FAKE. S.A. WEAKSIDE SECONDARY BLITZ.

F

PLAY FAKE - CHECK MIKE. VS SOLID BLOCK ACT 4/5.

H

GOOD PLAY FAKE - CHECK SAM TO SS. VS SOLID BLOCK ACT 4/5.

## BACKSIDE

BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

## FRONTSIDE

C

BLOCK #1 WEAK. ALERT ROCKO OR LEO. RAKE/LAWN. OVER DEFENSE BLOCK MAN. VS BEAR DBL BLOW ALERT FIRE CALL.

G

IF UNCOVERED BLOCK #0, UNLESS FAN CALL FROM TACKLE VS OVER K.C. IF COVERED, BLOCK #1. ALERT "HARD" CALL VS MIKE MUG WHEN COVERED.

T

BLOCK DE. FAN VS OVER K.C. ALERT ANGLE CALL VS DE INSIDE.

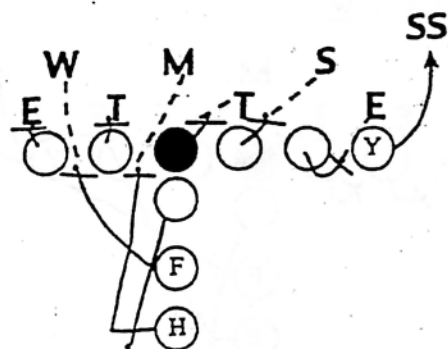
Y

RELEASE INTO ROUTE. BEAR DEFENSE BLOCK YOUR WAY OUT.

# PROTECTION: CHARLIE 5/4

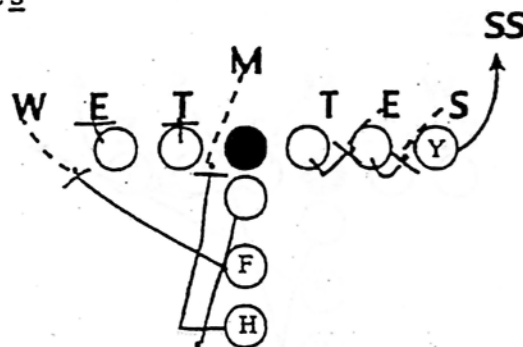
# PLAY ACTION TURN

ROCKO S



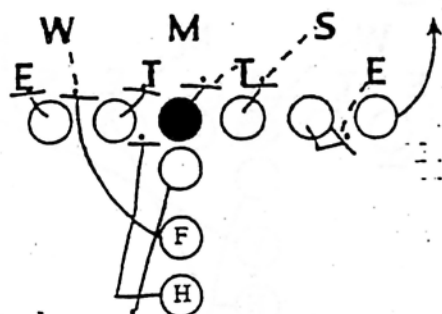
4-3 Stack

RAKE S



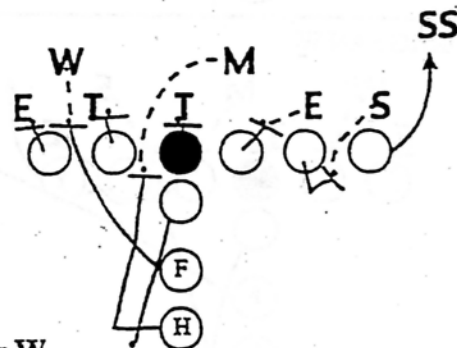
4-3

ROCKO S



4-3 Over Stack

FAN S



4-3 Under W

## DESCRIPTION:

CHARLIE 5/4 IS A TWO BACK PLAY ACTION PASS PRIMARILY USED WITH THE 7 STEP DROP PASSING A.M.E. WE WANT TO SELL THE RUN BY BLOCKING AND FAKING AS AGGRESSIVELY AS WE CAN. THE F IS RESPONSIBLE FOR THE WILL AND THE H HAS THE MIKE. THE OFFENSIVE LINE PROTECTS THE SAME AS ACE. TURN AWAY FROM THE PLAYSIDE CALL.

QB

USUALLY 7 STEP DROP. WEAKSIDE DELIBERATE ISO FAKE.

F

PLAY FAKE - CHECK. WILL TO FS OR CORNER.

H

PLAY FAKE - CHECK MIKE.

## BACKSIDE

## FRONTSIDE

BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

RELEASE INTO ROUTE. ALERT SS BLITZ. VS BEAR DEFENSE BLOCK YOUR WAY OUT.

C

BLOCK #1 STRONG. ALERT ROCKO OR LEO, RAKE/LAWN. UNDER DEFENSE BLOCK MAN. VS BEAR DBL BLOW ALERT FIRE CALL, RALPH/LESTER.

G

IF UNCOVERED BLOCK #0 UNLESS FAN CALL FROM TACKLE VS UNDER K.C. IF COVERED BLOCK #1. ALERT "HARD" CALL VS MIKE MUG WHEN COVERED.

T

BLOCK DE. FAN VS UNDER K.C. ALERT ANGLE CALL VS DE INSIDE.

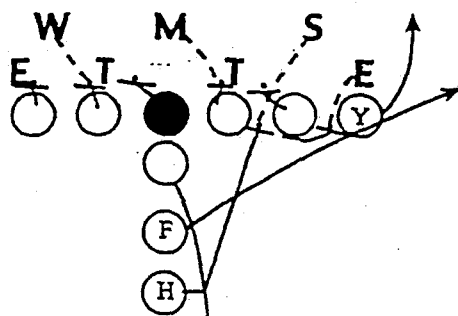
Y



# PROTECTION: FIRE PASS RT/LT

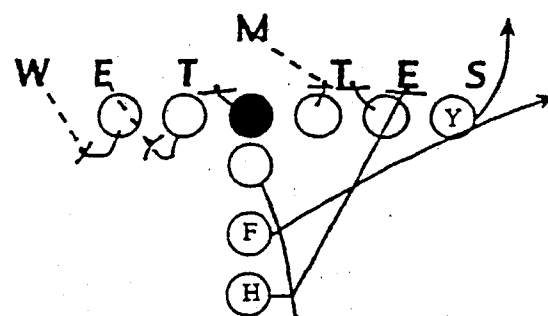
# PLAY ACTION FULL TURN

DEUCE M, LEO W



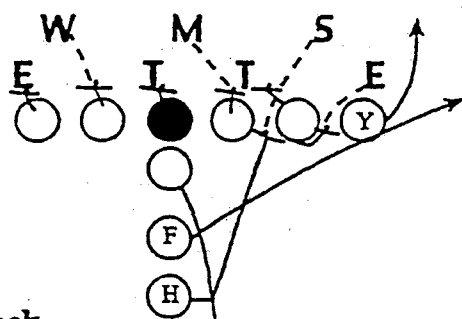
4-3 Stack

DEUCE M, LAWN W



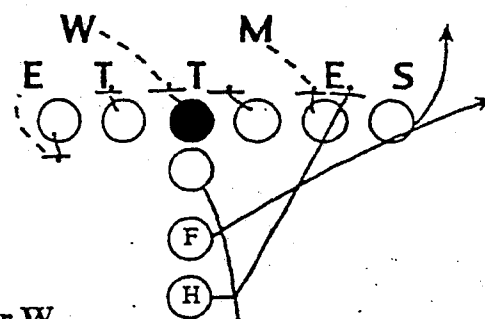
4-3

DEUCE M, DRAG FAN W



4-3 Over Stack

GAP IT, LEO W



4-3 Under W

## DESCRIPTION:

THIS IS A PLAY ACTION PASS, FULL TURN PROTECTION AWAY FROM THE CALL, WITH THE LINE ACCOUNTING FOR WILL AND MIKE. H IS RESPONSIBLE FOR THE FIRST DEFENDER ON OR TO THE OUTSIDE OF THE ONSIDE TACKLE. WE WANT TO SELL THE RUN BY BLOCKING AND FAKING AS AGGRESSIVELY AS WE CAN. OFF LINE ACCOUNTABLE FOR WEAKSIDE BLITZ.

QB

3-5 OR 7 STEP DROP. STEP DROP TOO PLAYSIDE WITH TOKEN FAKE. HOT FB IN FLAT VS M-S.

F

FREE RELEASE.

H

PLAY FAKE - CUT 1ST DEFENDER ON OR TO THE OUTSIDE OF THE ONSIDE TACKLE.

## BACKSIDE

## FRONTSIDE

BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

FREE RELEASE INTO ROUTE. ALERT SS BLITZ. VS BEAR MAKE A "STAY" CALL AND BLOCK OUT. ALERT STAY CALL BY GAME PLAN OR PLAY.

C

BLOCK #1 WEAK. ALERT ROCKO OR LEO, RAKE/LAWN. OVER DEFENSE & BEAR DEFENSE ALERT RALPH/LESTER.

G

BLOCK #0. IF COVERED CHIP DT TO MIKE. ALERT DEUCE, RALPH, LESTER.

T

BLOCK #1. IF OG BUBBLE SET ON INSIDE NUMBER OF 5 TECH AND BLOCK "B" GAP. ALERT DEUCE, RALPH, LESTER, GAP IT.

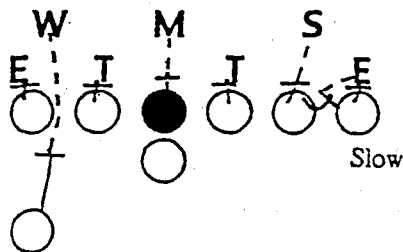
Y

FREE RELEASE.

## NICKEL PROTECTIONS

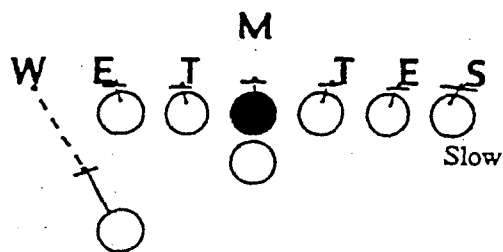
|                | <u>Page #</u> |
|----------------|---------------|
| BRONCO         | 22-1          |
| SMOKE          | 22-5          |
| SCAT (QK)      | 22-9          |
| ACE (QK)       | 22-13         |
| ACE HOT        | 22-17         |
| OTTO           | 22-19         |
| SCRAM          | 22-21         |
| GONE           | 22-23         |
| FIRE PASS      | 22-25         |
| RAY / LOU (QK) | 22-27         |
| SCAN           | 22-29         |
| ROCKET / LASER | 22-31         |

SQUEEZE S, HOLE



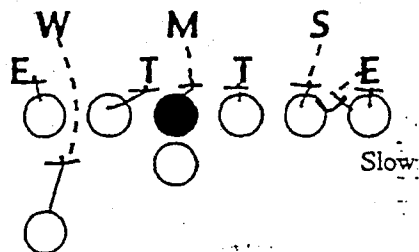
4-3 Stack

CHECK ZONE SS, HOLE



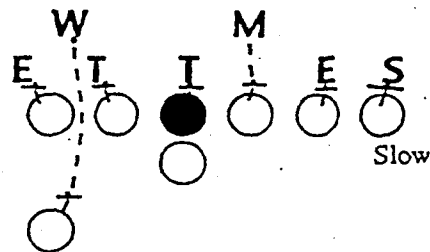
4-3

SQUEEZE S, HOLE RAM



4-3 Over Stack

CHECK ZONE SS, RIGGIN



4-3 Under W

DESCRIPTION:

THIS IS OUR BASIC PROTECTION WITH THE TE & REMAINING BACK HAVING BLOCKING RESPONSIBILITY FOR THE SAM & WILL. IF SAM AND/OR WILL DO NOT RUSH, TE AND REMAINING BACK ARE FREE TO RELEASE INTO THE PATTERN. THERE ARE NO DUAL READS OR HOT RECEIVER.

QB

USUALLY 7 STEP DROP. S.A. WEAKSIDE SECONDA BLITZ.

F

FREE RELEASE.

H

BLOCK WILL, TO F/S TO C. ALERT HARD, FAN.

BACKSIDE

FRONTSIDE

BLOCK #1. ALERT RIGGIN, LEGGIN. ALERT RAY, LENNY CALLS. ALERT SQUEEZE CALL. ALERT "D" CALL.

BLOCK #2. ALERT SQUEEZE AND OUT CALLS. CHECK ZONE SS AND SAM. ALERT "D" CALL.

BLOCK SAM (#3). GIVE "SLOW" CALL TO TACKLE. CHECK ZONE SAM TO S/S. ALERT SQUEEZE, OUT, AND "D" CALL. BLOCK M.D.M. VS. BEAR.

C

MAKE RIGHT/LEFT CALL TO PROTECTION SIDE. BLOCK #0 TO MIKE. IF UNCOVERED, BLOCK MIKE WITH HOLE, RAY, LENNY CALLS. IF COVERED, ALERT RIGGIN, LEGGIN.

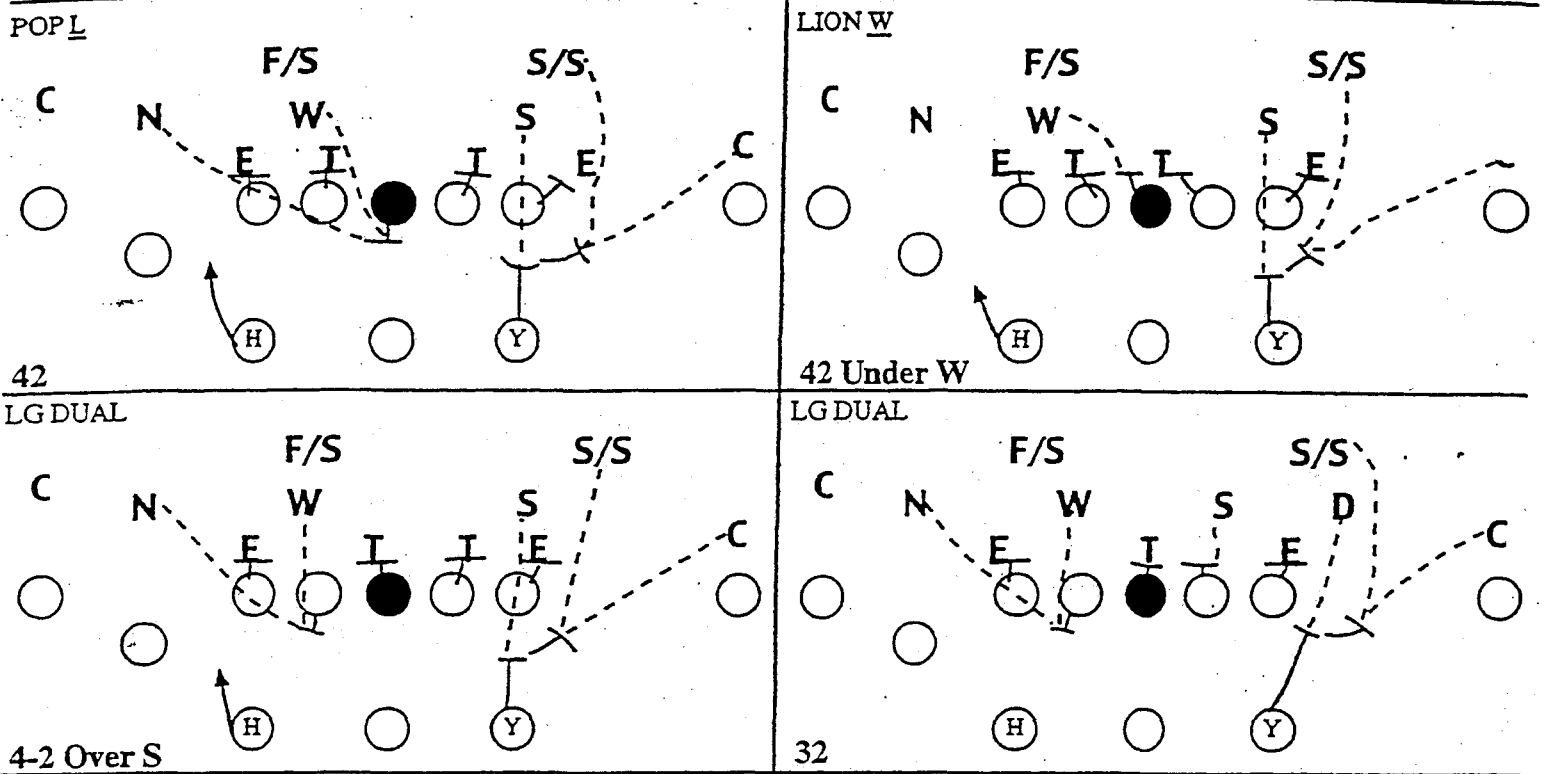
G

BLOCK #1. ALERT RIGGIN. LEGGIN RAY, LENNY CALLS. ALERT FAN. ALERT "HARD" CALL.

T

BLOCK #2. IF #2 LB CALL FAN AND BLOCK #3.

Y



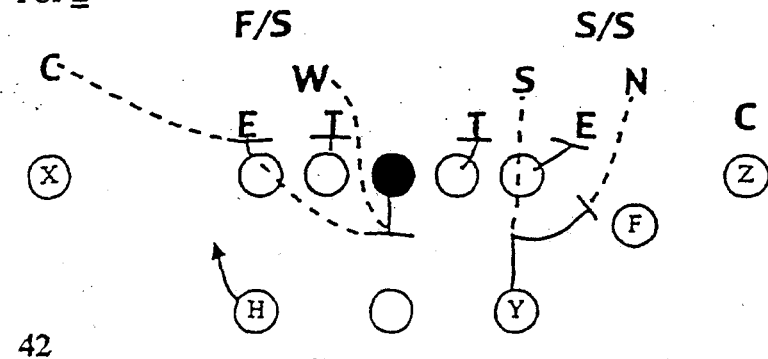
|  |    |                                |
|--|----|--------------------------------|
| DESCRIPTION:<br><br>THIS IS A 6 MAN NICKEL PROTECTION WITH A WEAKSIDE DUAL. H HAS A FREE RELEASE AND IS NOT. THE LINE WILL DUAL. THE 1ST TO 2ND DOGGER OR BLITZER, EXCLUDING MIKE. THIS IS A BRONCO HOT TO THE CALLSIDE. THE QB WILL TAKE A 5-7 STEP DROP. | QB | 5-7 STEP DROP. HOT 2 CALLSIDE. |
|  | F  | RELEASE IN ROUTE.              |
|  | H  | FREE RELEASE - ALERT HOT.      |

| BACKSIDE  | FRONTSIDE  |
|---|--|
| BLOCK #1. UNCOVERED, BLOCK 1ST LBER CALLSIDE, LEAVE 1 FOR THE BACK AND CALL RAM/LION (EXCLUDING MIKE).<br><br>BLOCK #2. IF #2 IS ALBER, BLOCK #3.<br><br>BLOCK 1ST TO 2ND DOGGER OR BLITZER INSIDE OUT EXCLUDING MIKE. VS SOLID BLOCK STACK BACK DOGGER OR BLITZER. | C<br>BLOCK #0 TO MIKE. UNCOVERED DUAL. 1ST TO 2ND DOGGER OR BLITZER CALL SIDE. ALERT HOLE, RAY, LENNY, RAM, LION, RAKE, LAWN, POP R/L. |
|   | G<br>BLOCK #1. IF UNCOVERED DUAL FROM 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. ALERT RAY, LENNY, RAM, LION, RAKE, LAWN.                  |
|   | T<br>BLOCK #2. ALERT BIG DUAL IF #2 IS LBER. ALERT RAM, LION, RAKE, LAWN.  |
|   | Y  |

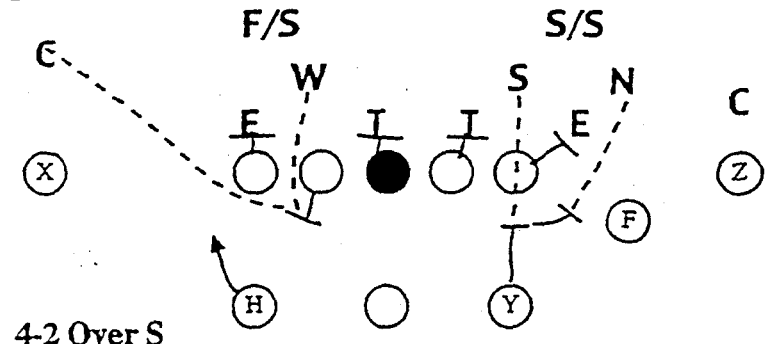
# PROTECTION: SMOKE LT/RT (TWIN)

# WEAKSIDE DUAL

POPL

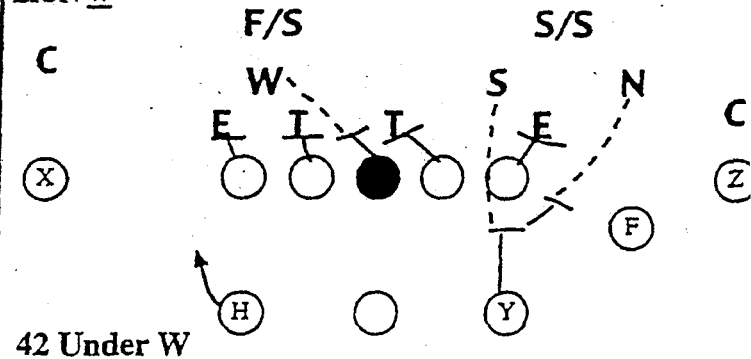


42

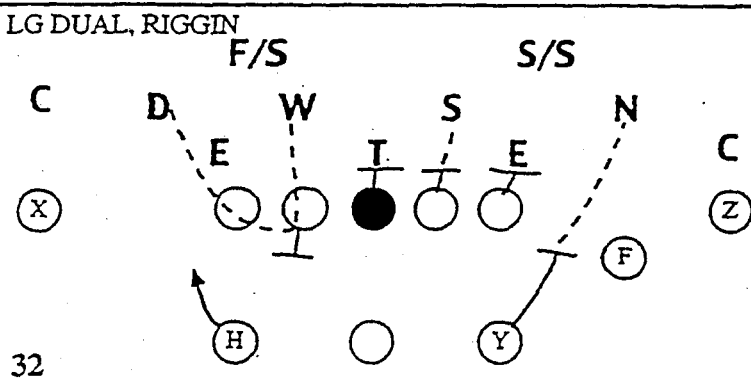


4-2 Over S

LION W



42 Under W



32

## DESCRIPTION:

THIS IS A 6 MAN NICKEL PROTECTION WITH A WEAKSIDE DUAL. H HAS A FREE RELEASE AND IS HOT. THE LINE WILL DUAL. THE 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. Y BLOCKS THE 1ST TO 2ND DOGGER OR BLITZER EXCLUDING MIKE. THIS IS A BRONCO HOT TO THE CALLSIDE. THE QB WILL TAKE A 5-7 STEP DROP.

QB

5-7 STEP DROP. HOT 2 CALLSIDE.

F

RELEASE IN ROUTE.

H

FREE RELEASE - ALERT HOT.

## BACKSIDE

BLOCK #1. UNCOVERED, BLOCK 1ST LB CALLSIDE, LEAVE I FOR THE BACK AND CALL RAM/LION (EXCLUDING MIKE).

BLOCK #2. IF #2 IS ALBER, BLOCK #3.

BLOCK 1ST TO 2ND DOGGER OR BLITZER INSIDE OUT, EXCLUDING MIKE. VS SOLID BLOCK STACK BACK DOGGER OR BLITZER.

## FRONTSIDE

C

BLOCK #0 TO MIKE. UNCOVERED DUAL. 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. ALERT HOLE, RAY, LENNY, RAM, LION, RAKE, LAWN, POP R/L.

G

BLOCK #1. IF UNCOVERED DUAL FROM 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. ALERT RAY, LENNY, RAM, LION, RAKE, LAWN.

T

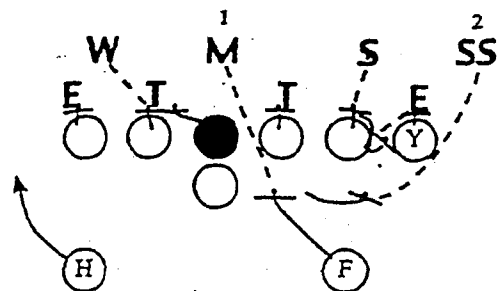
BLOCK #2. ALERT BIG DUAL IF #2 IS LBER. ALERT RAM, LION, RAKE, LAWN.

Y

# PROTECTION: SLIDE RT/LT

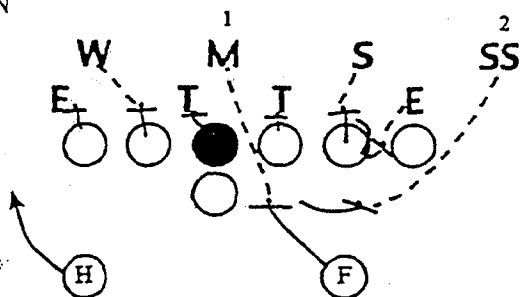
TUR

LEO W



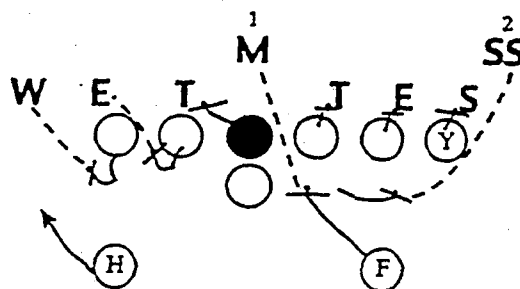
4-3 Stack

DRAG FAN



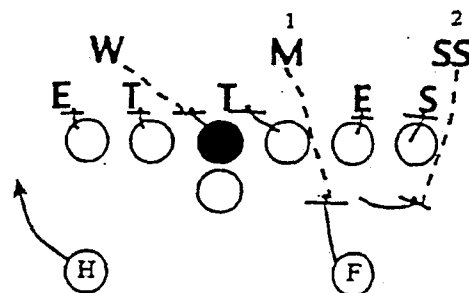
4-3 Over Stack

LAWN W



4-3

LEO W



4-3 Under W

## DESCRIPTION:

THIS IS A WEAKSIDE TURN AWAY FROM THE TE. THE TE HAS SAM (#3) AND THE REMAINING BACK HAS MIKE TO SS. THE LINE IS RESPONSIBLE FOR THE WILL. IF THE SAM DOES NOT RUSH THE TE IS FREE TO RELEASE. IF THE MIKE OR SS DO NOT RUSH THE BACK IS FREE TO RELEASE. POSSIBLE HB CHECK #4 WEAK. WEAKSIDE BLITZ ACCOUNTED FOR BY OFFENSIVE LINE. USED TO FREE RELEASE H.

QB

5-7 STEP DROP. POSSIBLE HOT VS SECONDARY BLI WEAK.

F

BLOCK MIKE TO SS.

H

FREE RELEASE. ALERT TO BLOCK #4 BY GAME PLA

## BACKSIDE

BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

## FRONTSIDE

C

BLOCK #1 WEAK. ALERT ROCKO OR LEO, RAKE/LAY OVER DEFENSE BLOCK MAN. VS BEAR ALERT RALPH/LESTER.

G

IF UNCOVERED BLOCK #0, UNLESS RIGGIN CALL FR TACKLE VS OVER K.C. IF COVERED BLOCK #1. AL "HARD" CALL VS MIKE MUG WHEN COVERED.

T

BLOCK DE. RIGGIN VS OVER K.C. ALERT ANGLE CA VS DE INSIDE.

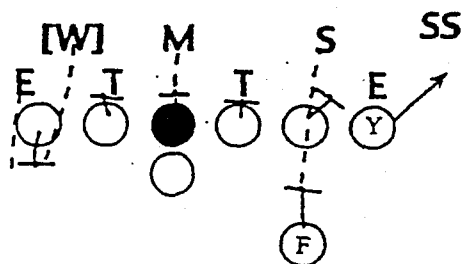
Y

BLOCK SAM (#3). GIVE "SLOW" CALL TO TACKLE CHECK ZONE SAM. ALERT SQUEEZE. ALERT TO BLOCK OUT VS. BEAR.

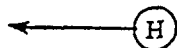
# PROTECTION: LOU/RAY

# DUAL READ WE

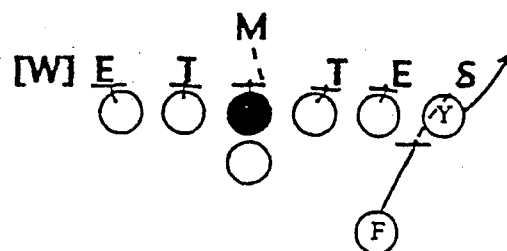
LOT BIG DUAL, HOLE



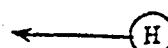
4-3 Stack



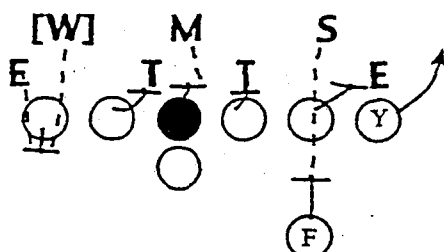
HOLE



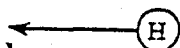
4-3



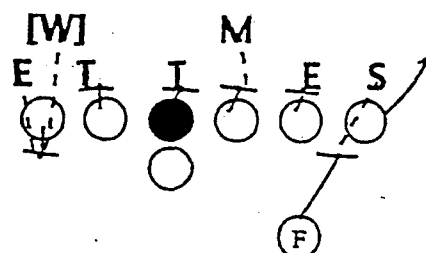
LOT BIG DUAL, HOLE RAM



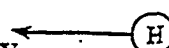
4-3 Over Stack



LOT BIG DUAL, HOLE RIGGIN



4-3 Under W



## DESCRIPTION:

THIS IS A DUAL PROTECTION TO THE CALLSIDE ALLOWING THE H TO FREE RELEASE. THE F IS RESPONSIBLE FOR SAM. IF HE DOES NOT RUSH HE IS FREE TO RELEASE. THE CALLSIDE GUARD, IF UNCOVERED, HAS A DUAL READ FROM MIKE TO WILL TO ANY BLITZING DB. THE H IS USUALLY THE HOT RECEIVER WHEN WE HAVE ONE MORE RUSHER THAN OFFENSIVE LINE PROTECTORS WEAK. HE COULD BE HOT OFF WILL OR MIKE & WILL. WITH REGULAR PEOPLE WE USUALLY DUAL WEAKSIDE.

QB

5 OR 7 STEP DROP. HOT OFF OF 1 UNLESS GUARD UNCOVERED.

F

BLOCK SAM TO SS. ALERT "HARD" CALL.

H

FREE RELEASE. ALERT HOT.

## BACKSIDE

BLOCK #1. ALERT RIGGIN, LEGGIN, RAY, LENNY CALLS. ALERT "HARD."

BLOCK #2. IF #2 IS LB, FAN TO DE.

RELEASE INTO ROUTE. ALERT SS BLITZ. VS BEAR DEFENSE BLOCK YOUR WAY OUT.

## FRONTSIDE

C

MAKE RIGHT OR LEFT CALL TO PROTECTION SIDE BLOCK #0 TO MIKE. IF UNCOVERED, BLOCK MIKE WITH HOLE, RAY, LENNY CALLS. IF COVERED, ALERT RIGGIN, LEGGIN CALLS.

G

BLOCK #1. IF #1 IS LB, DUAL. ALERT FOR RAY, LENN "TN" CALLS.

T

BLOCK #2. IF #2 IS LB, BIG DUAL. ALERT "TN."

Y



BRONCO TO, BLOCK THE 2ND DOGGER OR BLITZER.

BLOCK #2. IF #2 LBER BLOCK #3. ALERT RAKE, LAW.

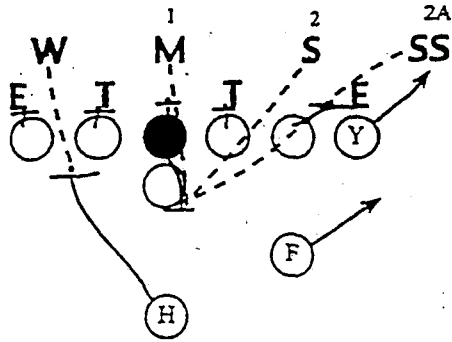




# PROTECTION: SCAT, QUICK SCAT RT/LT

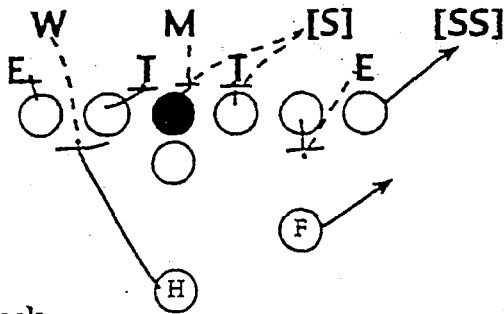
# DUAL READ STRONG

POP R



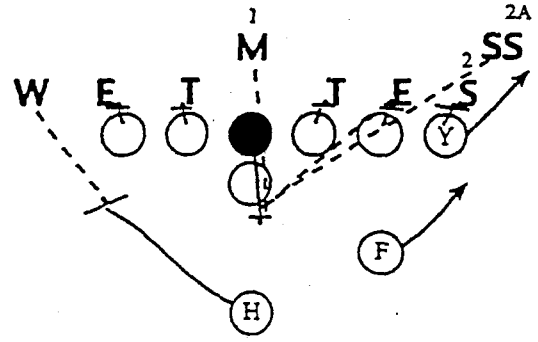
4-3 Stack

RAM



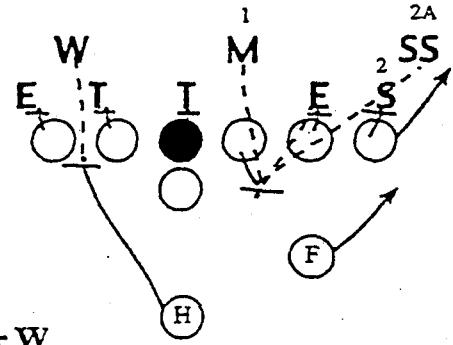
4-3 Over Stack

POP R



4-3

RG DUAL



4-3 Under W

## DESCRIPTION:

STRONGSIDE DUAL READ ALLOWING THE F TO FREE RELEASE. THE H'S BLOCKING RESPONSIBILITY IS HE WILL. WITH SOME 3-4 FRONTS IT IS BUCK. IF THE LB DOES NOT COME HE HAS A FREE RELEASE. THE OC, STRONGSIDE GUARD OR STRONGSIDE TACKLE, IF UNCOVERED, HAS A DUAL READ FROM THE MIKE TO SAM OR ANY BLITZING DB. THE FB OR TE IS THE HOT RECEIVER WHEN WE HAVE ONE MORE RUSHER THAN WE DO PROTECTOR STRONGSIDE. THE QB WILL TAKE A 5 STEP DROP. ON QUICK SCAT QB TAKES A 3 STEP DROP.

QB

USUALLY 5 STEP DROP. HOT PROTECTION STRONG VS M-S DOG. HOT SAM IF CENTER AND GUARD COVERED. S.A. WEAKSIDE SECONDARY BLITZ.

F

FREE RELEASE. ALERT HOT.

H

BLOCK WILL TO FS TO W.C. ALERT FAN, HARD CALLS.

## BACKSIDE

BLOCK #1. ALERT RIGGIN, LEGGIN, FAN. ALERT HARD. ALERT HARD RAM/LION. ALERT RAY/LENNY.

BLOCK #2. IF #2 IS LB, FAN.

## FRONTSIDE

C

MAKE RIGHT OR LEFT CALL TO PROTECTION SIDE. BLOCK #0 TO MIKE. IF UNCOVERED, POP FROM MIKE TO SAM TO SS. ALERT HOLE, RAY, LENNY, RAM, LION.

G

BLOCK #1. IF UNCOVERED, DUAL FROM MIKE TO SAM TO SS. ALERT "IN" CALL.

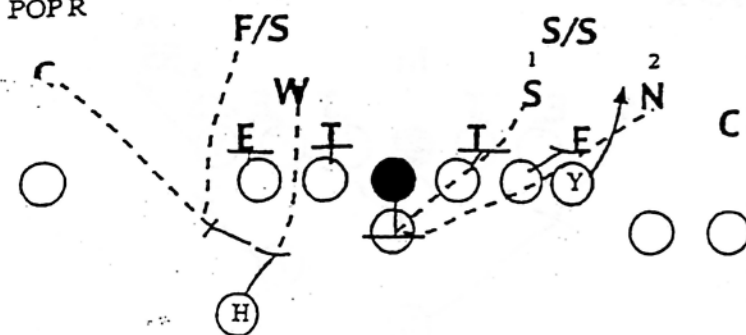
T

BLOCK #2. ALERT BIG DUAL IF #2 IS LB. ALERT IN IF LB MUGS INSIDE. ALERT M.D.M. VS RAM/LION. CALL WHEN SAM DOGS (A+) GAP INSIDE BLOCK.

Y

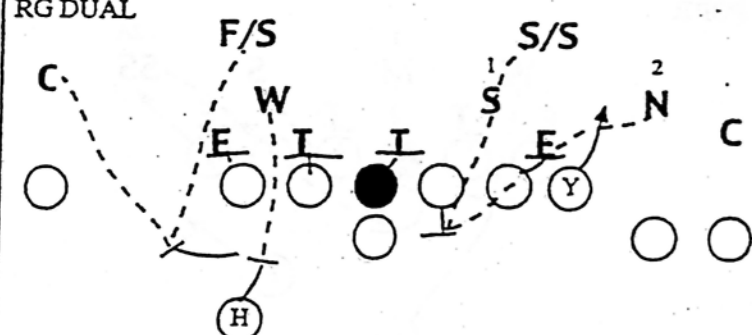
RELEASE INTO ROUTE. ALERT POSSIBLE HOT BY PATTERN.

POPR



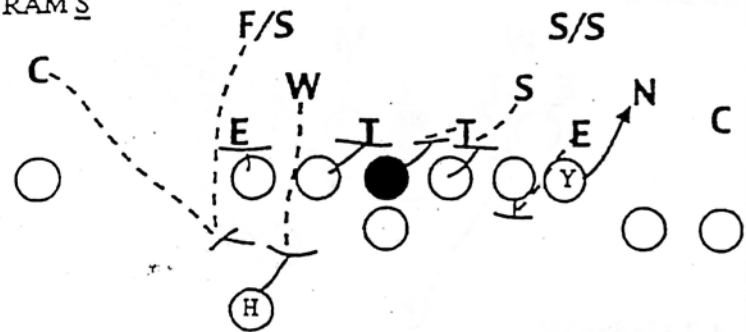
42

RG DUAL



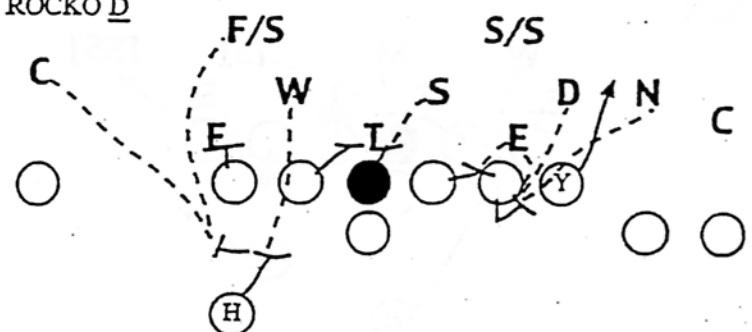
42 Under W

RAM S



4-2 Over S

ROCKO D



32

## DESCRIPTION:

THIS IS A 6 MAN NICKEL PROTECTION WITH A STRONGSIDE DUAL. F AND Y FREE RELEASE. H BLOCKS THE 1ST TO 2ND DOGGER OR BLITZER EXCLUDING MIKE. THE LINE WILL DUAL. THE 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. Y IS HOT. THE QB WILL TAKE A 5 OR 7 STEP DROP.

QB

5-7 STEP DROP. HOT 2 CALLSIDE. S.A. BACKSIDE.

F

RUN ROUTE.

H

BLOCK 1ST DOGGER OR BLITZER INSIDE OUT EXCLUDING MIKE. VS SOLID BLOCK STACK BACK DOGGER OR BLITZER.

## BACKSIDE

BLOCK #1. UNCOVERED, BLOCK 1ST LBER CALLSIDE, LEAVE 1 FOR THE BACK AND CALL RAM/LION (EXCLUDING MIKE).

BLOCK #2. IF #2 LBER BLOCK #3.

## FRONTSIDE

C

BLOCK #0 TO MIKE. UNCOVERED, DUAL. 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. ALERT HOLE, RAY, LENNY, RAM, LION, RAKE, LAWN, POP R/L.

G

BLOCK #1. IF UNCOVERED DUAL FROM 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. ALERT RAY, LENNY, RAM, LION, RAKE, LAWN.

T

BLOCK #2. ALERT BIG DUAL IF #2 IS LBER. ALERT RAM, LION, RAKE, LAWN.

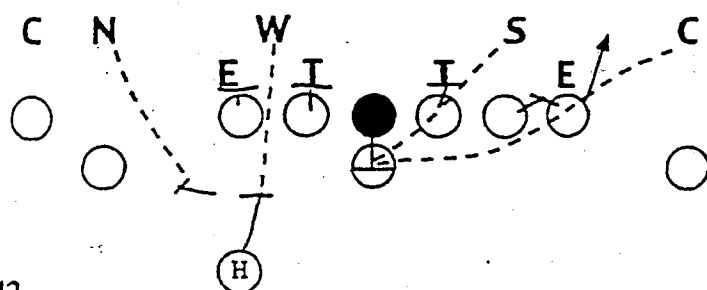
Y

RELEASE INTO ROUTE, ALERT POSSIBLE HOT BY PATTERN.

POPR

F/S

S/S

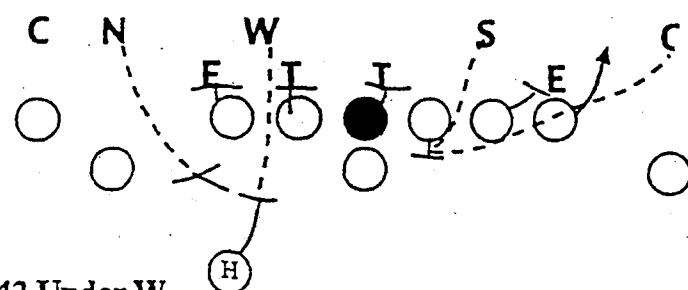


42

RG DUAL

F/S

S/S

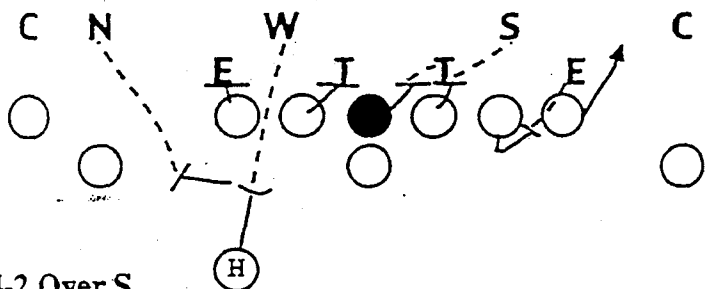


42 Under W

RAMS

F/S

S/S

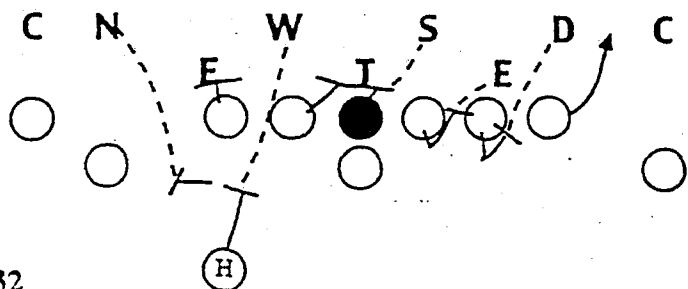


42 Over S

ROCKO D

F/S

S/S



32

## DESCRIPTION:

THIS IS A 6 MAN NICKEL PROTECTION WITH A STRONGSIDE DUAL. F AND Y FREE RELEASE. H BLOCKS THE 1ST TO 2ND DOGGER OR BLITZER EXCLUDING MIKE. THE LINE WILL DUAL FROM THE 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. Y IS HOT. THE QB WILL TAKE A 5 OR 7 STEP DROP.

QB

5-7 STEP DROP. HOT 2 CALLSIDE. S.A. 4 BACKSIDE.

F

RUN ROUTE.

H

BLOCK 1ST TO 2ND DOGGER OR BLITZER INSIDE OUT EXCLUDING MIKE. VS SOLID BLOCK STACK BACK DOGGER OR BLITZER.

## BACKSIDE

BLOCK #1. UNCOVERED, BLOCK 1ST LBER CALLSIDE, LEAVE 1 FOR THE BACK AND CALL RAM/LION (EXCLUDING MIKE).

BLOCK #2. IF #2 LBER BLOCK #3.

## FRONTSIDE

C

BLOCK #0 TO MIKE. UNCOVERED DUAL. 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. ALERT HOLE, RAY, LENNY, RAM, LION, RAKE, LAWN, POP R/L.

G

BLOCK #1. IF UNCOVERED DUAL FROM 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. ALERT RAY, LENNY, RAM, LION, RAKE, LAWN.

T

BLOCK #2. ALERT BIG DUAL IF #2 IS LB. ALERT RAM, LION, RAKE, LAWN.

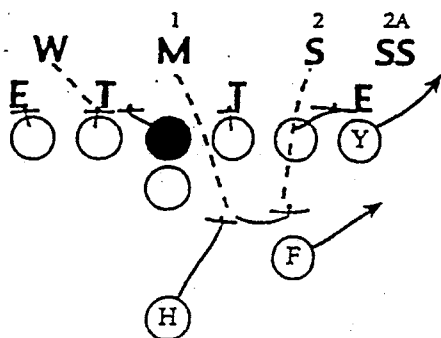
Y

RELEASE INTO ROUTE. ALERT POSSIBLE HOT BY PATTERN.

# PROTECTION: ACE RT/LT

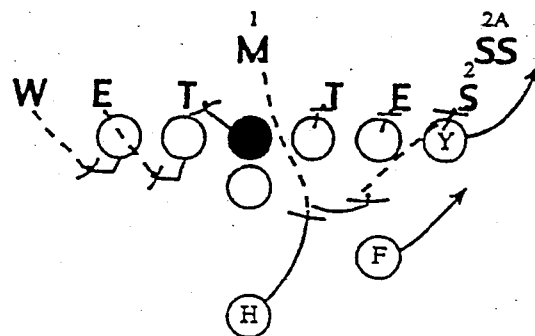
TUR

FAN, LEO W



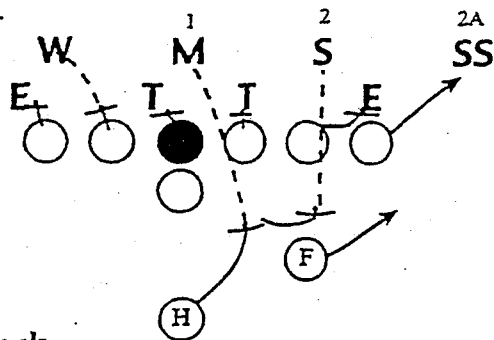
4-3 Stack

LAWN W



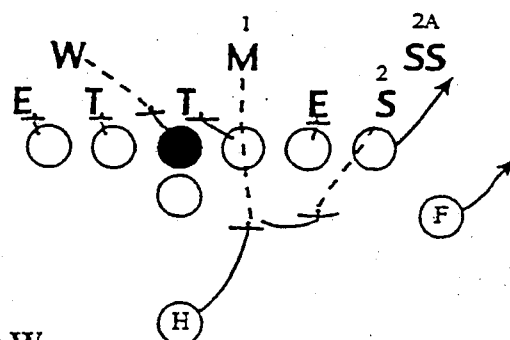
4-3

DRAG FAN W



4-3 Over Stack

LEO W



4-3 Under W

## DESCRIPTION:

THIS IS A WEAKSIDE TURN AWAY FROM THE TE, WITH THE LINE ACCOUNTING FOR THE WILL. THE TE HAS A DUAL READ FROM MIKE TO SAM TO SS. IF A LB DOES NOT RUSH HE IS FREE TO RELEASE. THE TE IS THE HOT WHEN MIKE & SAM RUSH. WEAKSIDE BLITZ ACCOUNTED FOR BY OFFENSIVE LINE.

QB

5 OR 7 STEP DROP. HOT PROTECTION STRONG VS M-S DOG. S.A. WEAKSIDE SECONDARY BLITZ.

F

FREE RELEASE, POSSIBLE HOT.

H

BLOCK MIKE TO SAM TO SS.

## BACKSIDE

BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

## FRONTSIDE

C

BLOCK #1 WEAK. ALERT ROCKO OR LEO. RAKE/LAWN. OVER DEFENSE BLOCK MAN. VS BEAR DBL BLOW FIRE CALL.

G

IF UNCOVERED BLOCK #0, UNLESS FAN CALL FROM TACKLE VS OVER K.C. IF COVERED, BLOCK #1. ALERT "HARD" CALL VS MIKE MUG WHEN COVERED.

T

BLOCK DE. FAN VS OVER K.C. ALERT ANGLE CALL VS DE INSIDE.

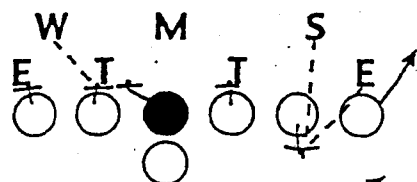
Y

RELEASE INTO ROUTE. HOT OFF SAM & MIKE.

# PROTECTION: ACE HOT RT

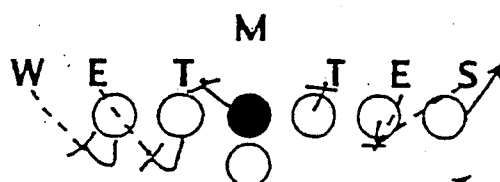
TURN HO

ROT BIG DUAL, LEO W



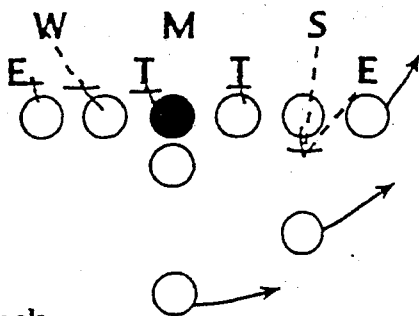
4-3 Stack

ROT BIG DUAL, LAWN W



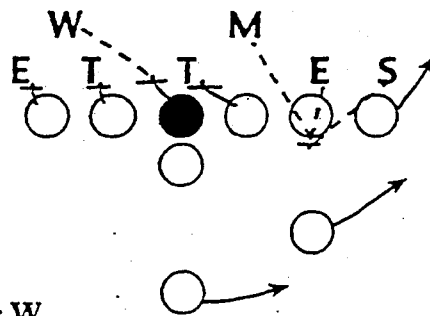
4-3

ROT BIG DUAL, DRAG FAN W



4-3 Over Stack

ROT BIG DUAL, LEO W



4-3 Under W

## DESCRIPTION:

THIS IS A WEAKSIDE TURN AWAY FROM THE TE WITH THE LINE ACCOUNTING FOR THE WILL, MIKE AND AM. THIS IS A 5 MAN PROTECTION WITH A IRONGSIDE HOT OFF OF ONE. Y, H AND F HAVE A FREE RELEASE.

QB

5-7 STEP DROP. HOT STRONG VS EITHER MIKE/SAL OR SS DOG.

F

FREE RELEASE.

H

FREE RELEASE.

## BACKSIDE

## FRONTSIDE

BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

C

BLOCK #1 WEAK. ALERT ROCKO OR LEO, RAKE/LAWN OVER DEFENSE BLOCK MAN. VS BEAR DBL BLOW FIRE CALL. VS OVER S MIKE THREATEN LESTER CALL.

G

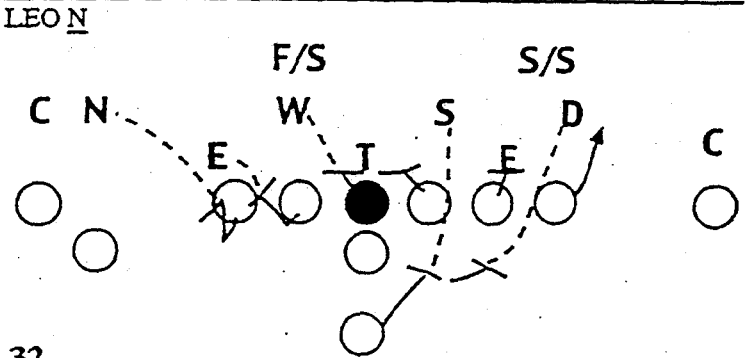
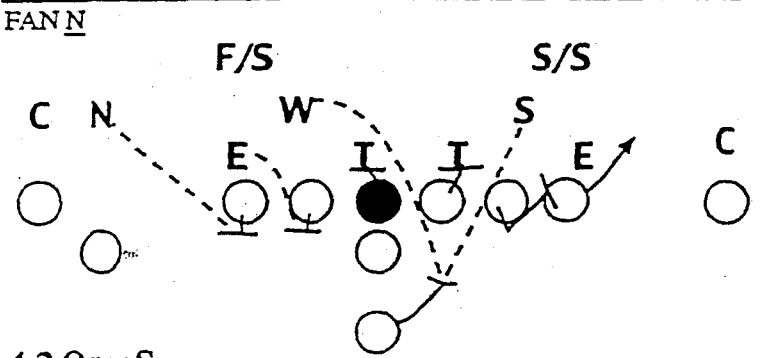
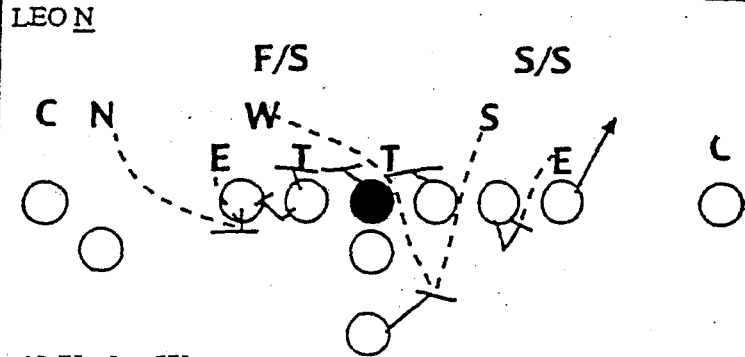
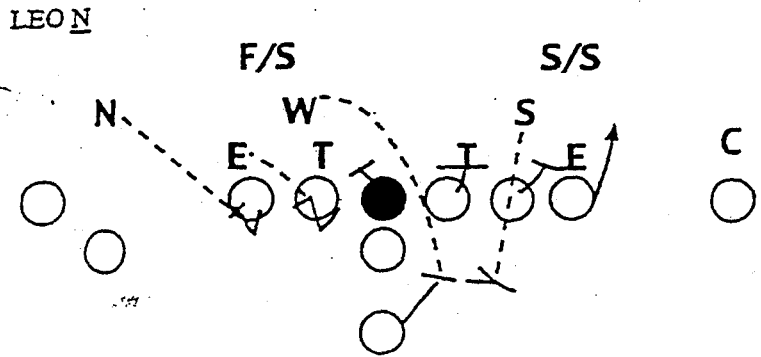
IF UNCOVERED BLOCK #0, UNLESS FAN CALL FROM TACKLE VS OVER K.C. IF COVERED BLOCK #1. ALERT "IN" CALL VS MIKE MUG WHEN COVERED.

T

BIG DUAL. FAN VS OVER K.C. ALERT LESTER, IN CALLS.

Y

RELEASE INTO ROUTE.



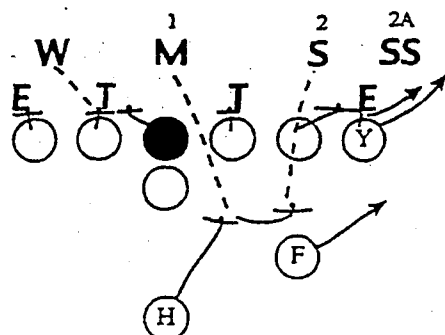
|  |    |   |
|--|----|---|
| DESCRIPTION:<br><br>THIS IS A 6 MAN NICKEL PROTECTION, A WEAKSIDE TURN AWAY FROM THE TE. IN FLEX AND DOUBLE, THE LINE BLOCKS THE SLOT DEFENDER AND THE H DUALS THE NEXT TWO DOGGERS OR BLITZERS. IN TWINS THE LINE BLOCKS THE 1ST DOGGER OR BLITZER WEAK AND H DUALS THE NEXT TWO DOGGERS OR BLITZERS. Y IS HOT. THE QB TAKES A 5-7 STEP DROP. | QB | 5-7 STEP DROP. HOT 2.   |
|  | F  | RUN ROUTE.  |
|  | H  | FLEX/DOUBLE - DUAL THE NEXT 2 DOGGERS OR BLITZERS INSIDE THE SLOT. TWINS - DUAL THE NEXT 2 DOGGERS OR BLITZERS INSIDE THE 1ST DOGGER OR BLITZER WEAK. |

BACKSIDE

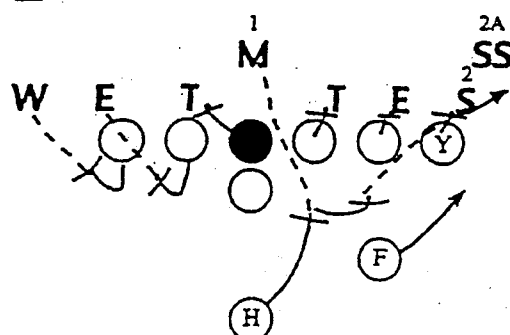
FRONTSIDE

|   |   |   |
|---|---|---|
| BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN TO SLOT.<br><br>BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN TO SLOT. | C | BLOCK #1 WEAK. ALERT ROCKO OR LEO, RAKE/LAWN. OVER DEFENSE BLOCK MAN. VS BEAR DOUBLE BLOW FIRE CALL.                              |
|   | G | IF UNCOVERED BLOCK #0, UNLESS FAN CALL FROM TACKLE VS OVER K.C. IF COVERED, BLOCK #1. ALERT "HARD" CALL VS MIKE MUG WHEN COVERED. |
|   | T | BLOCK DE. FAN VS OVER K.C. ALERT ANGLE CALL VS DE INSIDE.   |
|   | Y | RELEASE INTO ROUTE. HOT.  |

FAN, LEO W



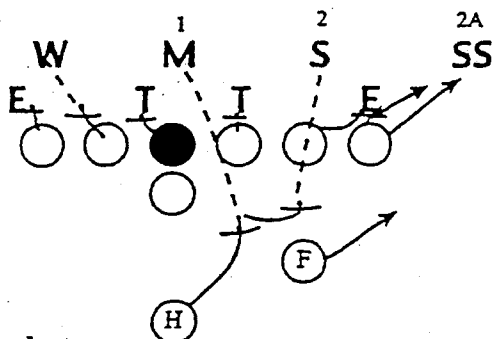
LAWN W



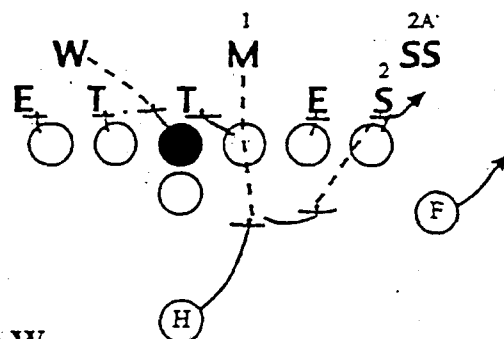
4-3 Stack

4-3

DRAG FAN W



M, LEO W



4-3 Over Stack

4-3 Under W

## DESCRIPTION:

THIS IS A WEAKSIDE TURN AWAY FROM THE TE WITH THE LINE ACCOUNTING FOR THE WILL. THE H HAS DUAL READ FROM MIKE TO SAM TO S/S. IF A LB JES NOT RUSH HE IS FREE TO RELEASE. THE TE WILL CHIP HIS WAY OUT. THE QB WILL TAKE A 3 STEP DROP. VS SOLID DEFENSE THE LINE WITH FULL TURN FROM THE ONSIDE TACKLE. THE H HAS THE 1ST DEFENDER OUTSIDE THE ONSIDE TACKLE.

QB

3 STEP DROP. NO S.A. HOT STRONG VS MIKE, SAM, DOG.

F

FREE RELEASE.

H

BLOCK MIKE TO SAM TO SS. VS SOLID BLOCK 1ST DEFENDER OUTSIDE THE ONSIDE TACKLE.

## BACKSIDE

## FRONTSIDE

BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, RALPH/LESTER, FAN.

BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, RALPH/LESTER, FAN.

C

BLOCK #1 WEAK. ALERT ROCKO OR LEO, RAKE/LAWN. OVER DEFENSE BLOCK MAN. VS BEAR ALERT RALPH/LESTER. VS BEAR DOUBLE BLOW FIRE

G

IF UNCOVERED BLOCK #0, UNLESS FAN CALL FROM TACKLE VS OVER K.C. IF COVERED BLOCK #1. ALERT "HARD" CALL VS MIKE MUG WHEN COVERED. VS BEAR ALERT RALPH/LESTER.

T

BLOCK DE. FAN VS OVER K.C. ALERT ANGLE CALL VS DE INSIDE. VS BEAR ALERT RALPH/LESTER.

Y

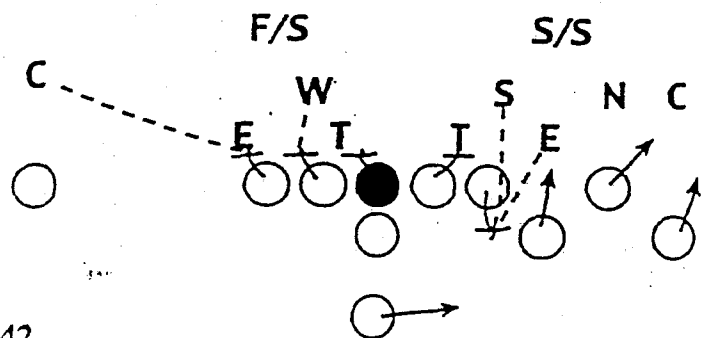
CHIP DEFENDER ON YOU ON YOUR WAY OUT. BEAR DEFENSE BLOCK YOUR WAY OUT.



# (N) PROTECTION: ACE HOT RT

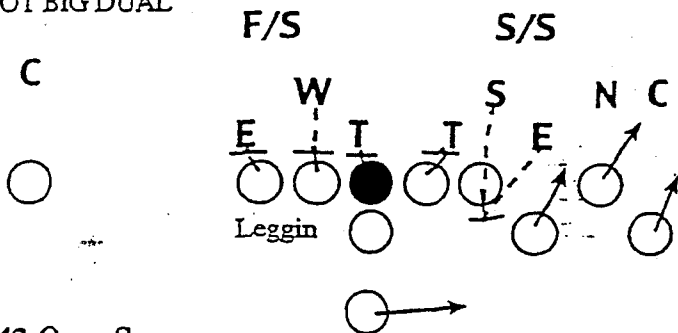
HOT

ROT BIG DUAL, LEO W



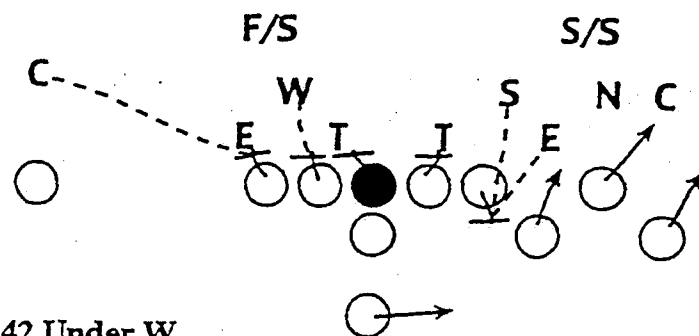
42

ROT BIG DUAL



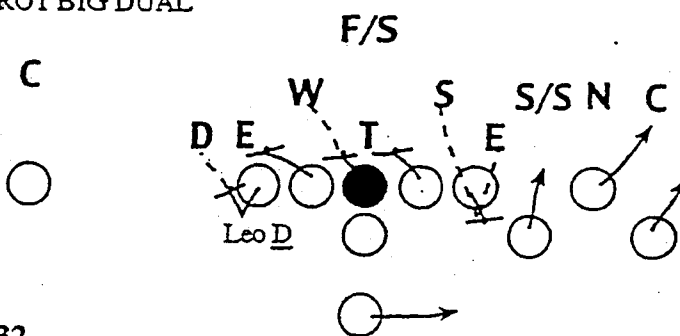
42 Over S

ROT BIG DUAL, LEO W



42 Under W

ROT BIG DUAL



32

## DESCRIPTION:

THIS IS A 5 MAN NICKEL PROTECTION. THE LINE BLOCKS THE 1ST DOGGER OR BLITZER WEAK AND THE ON GUARD AND TACKLE ARE RESPONSIBLE FOR THE 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. H, Y, AND F FREE RELEASE. THE QB IS HOT OFF OF ONE AND TAKES A 3-5 STEP DROP.

QB

3-5 STEP DROP. HOT 1 TO CALLSIDE.

F

RUN ROUTE.

H

FREE RELEASE.

## BACKSIDE

BLOCK #1. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN.

BLOCK #2. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN..

## FRONTSIDE

C

BLOCK #1 WEAK. ALERT ROCKO OR LEO, RAKE/LAWN. OVER DEFENSE BLOCK MAN. VS BEAR DOUBLE BLOW FIRE CALL.

G

IF UNCOVERED, BLOCK #0, UNLESS FAN CALL FROM TACKLE VS OVER K.C. IF COVERED, BLOCK #1. ALERT "IN" CALL VS 1ST OR 2ND DOGGER OR BLITZER MUG WHEN COVERED.

T

BIG DUAL. FAN VS OVER K.C. ALERT LESTER, IN CALLS.

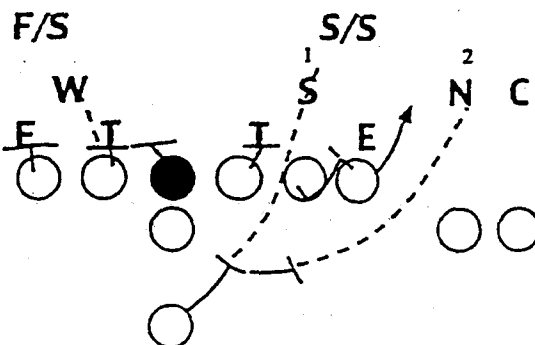
Y

RELEASE INTO ROUTE.

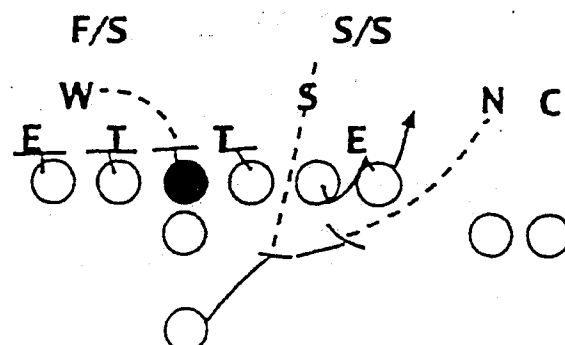
# PROTECTION: ACE RT/LT (TWINS)

TURN

LEO W



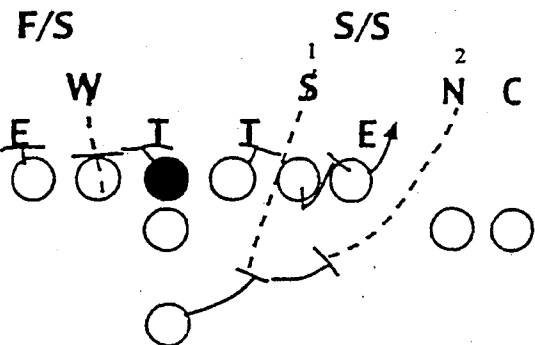
LEO W



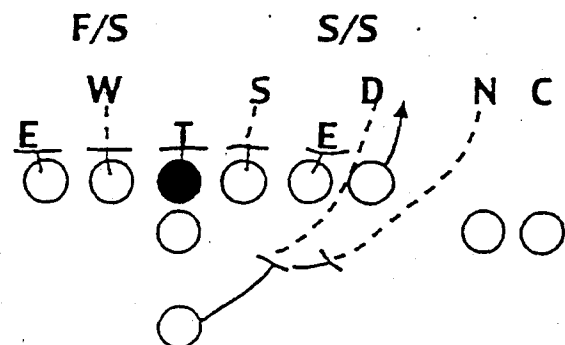
42

42 Under W

LEGGIN



LEGGIN



4-2 Over S

32

## DESCRIPTION:

THIS IS A 6 MAN NICKEL PROTECTION, A WEAK SIDE TURN AWAY FROM THE TE. IN FLEX AND DOUBLE - THE LINE BLOCKS THE SLOT DEFENDER AND THE H ALS THE NEXT TWO DOGGERS OR BLITZERS. IN WINS THE LINE BLOCKS THE 1ST DOGGER OR BLITZER WEAK AND H DUALS THE NEXT TWO DOGGERS OR BLITZERS. Y IS HOT. THE QB TAKES A 5 OR 7 STEP DROP.

QB

5-7 STEP DROP. HOT 2 CALLSIDE. S.A. 4 AWAY FROM CALL.

F

RUN ROUTE.

H

FLEX/DOUBLE - DUAL THE NEXT TWO DOGGERS OR BLITZERS INSIDE THE SLOT. TWINS - DUAL THE NEXT TWO DOGGERS OR BLITZERS INSIDE THE 1ST DOGGER OR BLITZER WEAK.

## BACKSIDE

## FRONTSIDE

BLOCK #2. ALERT TO HELP FROM CENTER. ALERT ROCKO/LEO, RAKE/LAWN, FAN TO SLOT.

C

BLOCK #1 WEAK. ALERT ROCKO OR LEO. RAKE/LAWN. OVER DEFENSE BLOCK MAN. VS BEAR DOUBLE BLOW FIRE CALL.

G

IF UNCOVERED BLOCK #0, UNLESS FAN CALL FROM TACKLE VS OVER K.C. IF COVERED, BLOCK #1. ALERT "HARD" CALL VS MIKE MUG WHEN COVERED.

T

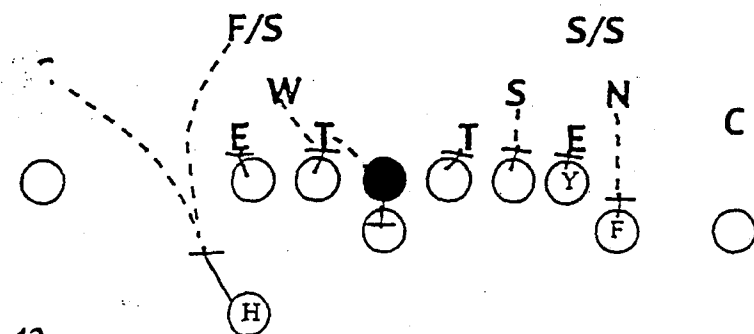
BLOCK DE. FAN VS OVER K.C. ALERT ANGLE CALL VS DE INSIDE.

Y

RELEASE INTO ROUTE. HOT

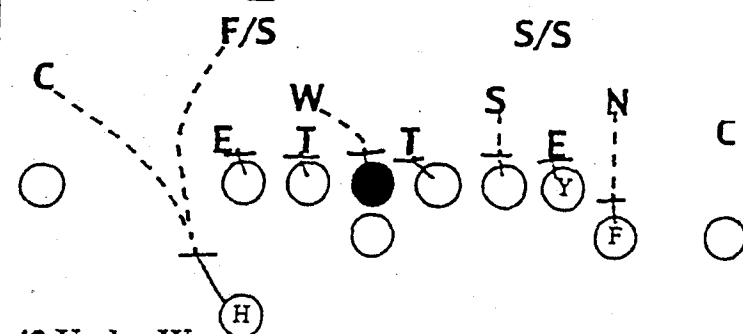
BLOCK #3. ALERT TO HELP FROM GUARD. ALERT ROCKO/LEO, RAKE/LAWN, FAN TO SLOT.

SQUEEZE S, HOLE W



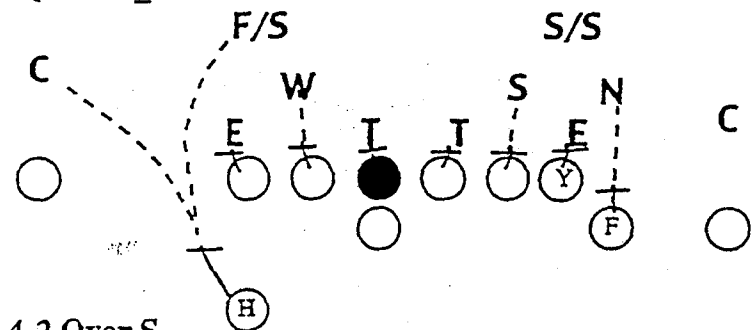
42

SQUEEZE S, LION W



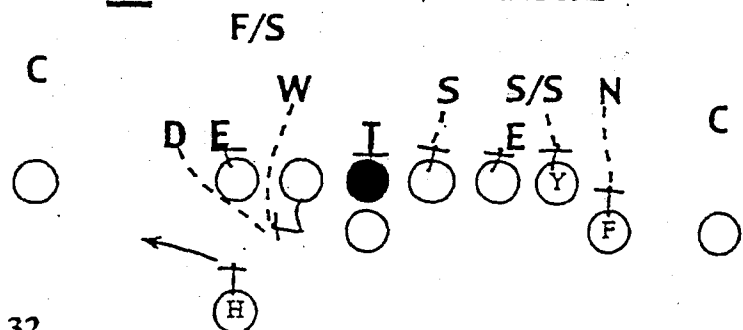
42 Under W

SQUEEZE S, LEGGIN



4-2 Over S

CHECK LIZ, H &amp; LOG DBL READ, CHECK ZONE



32

## DESCRIPTION:

THIS IS AN 8 MAN 'MAX' PROTECTION, CALLED TO THE WEAK SIDE. USED VS NICKEL AND 8 MAN FRONT PROBLEMS. THERE ARE NO HOTS OR SIGHT ADJUSTMENTS. THE LINE BLOCKS THE 1ST DOGGER OR BLITZER TO THE CALL SIDE AND H HAS THE 2ND. WITH A 7 MAN BOX THE OC WILL CALL CHECK LIZ/RIP AND FOLLOW THE MIKE. THE H BLOCKS THE WILL. WE COMMIT 4 BLOCKERS BACKSIDE. Y BLOCKS #3 AND F BLOCKS #4. THE QB WILL TAKE A 7 STEP DROP.

QB

7 STEP DROP. NO HOT OR S.A.

F

BLOCK #4.

H

BLOCK 2ND DOGGER OR BLITZER (#4). ALERT CHECK LIZ/RIP, BLOCK WILL.

## BACKSIDE

BLOCK #1. IF #1 IS A LB, ALERT RAM/LION, RIGGIN/LEGGIN. ALERT SQUEEZE, SWOOP CALLS. ALERT HARD.

BLOCK #2. ALERT SQUEEZE, CHECK ZONE, SWOOP CALLS.

BLOCK #3. ALERT SQUEEZE, CHECK ZONE, SWOOP CALLS.

C

BLOCK 1ST DOGGER OR BLITZER CALL SIDE. VS 7 MAN BOX CHECK LIZ/RIP AND BLOCK #0 TO MIKE.

G

BLOCK #1. ALERT DBL READ WITH H ON CHECK LIZ/RIP. ALERT RAY/LENNY, RAKE/LAWN CALLS. ALERT HARD.

T

BLOCK #2. IF #2 A LBER, BLOCK #3.

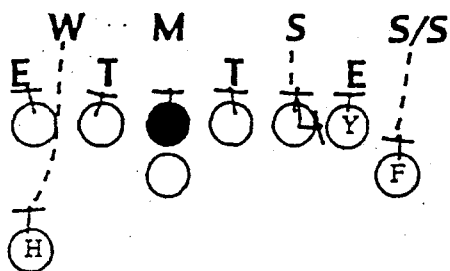
Y

## FRONTSIDE

# PROTECTION: OTTO LT/RT (CHECK LIZ/RIP)

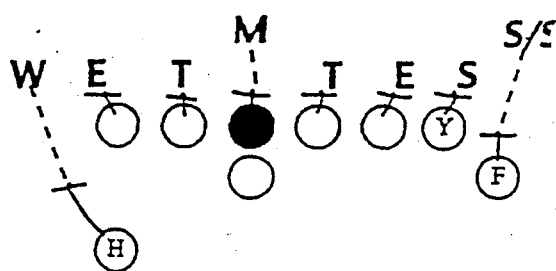
MA

CHECK LIZ, HOLE M, SQUEEZE S



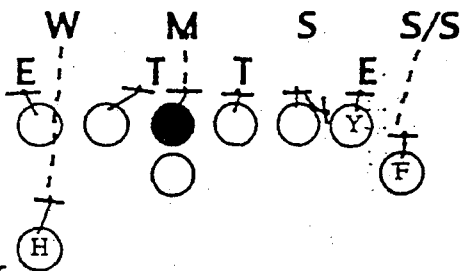
4-3 Stack

CHECK LIZ, HOLE M



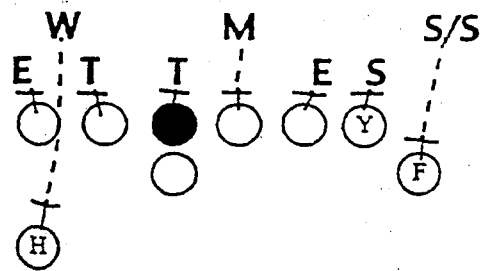
4-3

CHECK LIZ, RAM M, SQUEEZE S



4-3 Over Stack

CHECK LIZ, RIGGIN, CHECK ZONE



4-3 Under W

## DESCRIPTION:

THIS IS AN 8 MAN 'MAX' PROTECTION, CALLED TO THE WEAK SIDE. USED VS NICKEL AND 8 MAN FRONT PROBLEMS. THERE ARE NO HOTS OR SIGHT ADJUSTMENTS. THE LINE BLOCKS THE 1ST DOGGER OR BLITZER TO THE CALL SIDE AND H HAS THE 2ND. WITH A 7 MAN BOX THE OC WILL CALL CHECK LIZ/RIP AND FOLLOW THE MIKE. THE H BLOCKS THE WILL. WE COMMIT 4 BLOCKERS BACKSIDE. Y BLOCKS #3 AND F BLOCKS #4. THE QB WILL TAKE A 7 STEP DROP.

QB

7 STEP DROP. NO HOT OR S.A.

F

BLOCK #4.

H

BLOCK WILL TO FS TO C. ALERT HARD, FAN.

## BACKSIDE

BLOCK #1. ALERT RIGGIN, LEGGIN. ALERT RAY, LENNY CALLS. ALERT SQUEEZE CALL.

BLOCK #2. ALERT SQUEEZE, CHECK ZONE, SWOOP CALLS.

BLOCK #3. ALERT SQUEEZE, CHECK ZONE, SWOOP CALLS.

## FRONTSIDE

C

BLOCK 1ST DOGGER OR BLITZER CALL SIDE. VS 7 MAN BOX CHECK LIZ/RIP AND BLOCK #0 TO MIKE

G

BLOCK #1. ALERT RIGGIN, LEGGIN, RAY, LENNY CALL. ALERT FAN. ALERT "HARD" CALL.

T

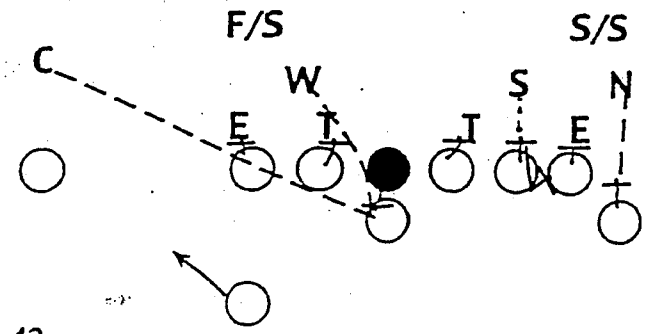
BLOCK #2. IF #2 A LBER, CALL FAN & BLOCK #3.

Y

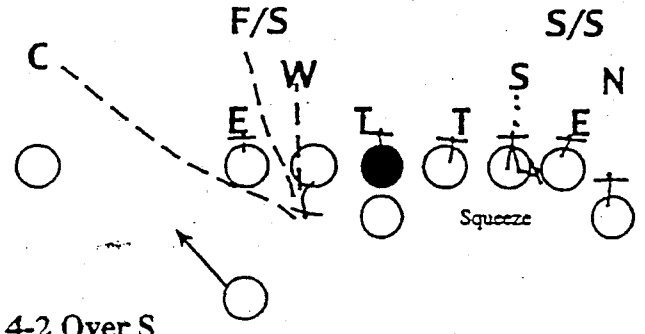
PROTECTION: SCRAM LT/RT

WEAKSIDE DUAL

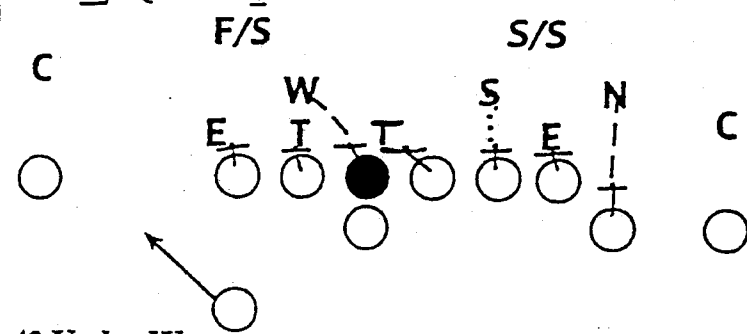
POP L, SQUEEZE S



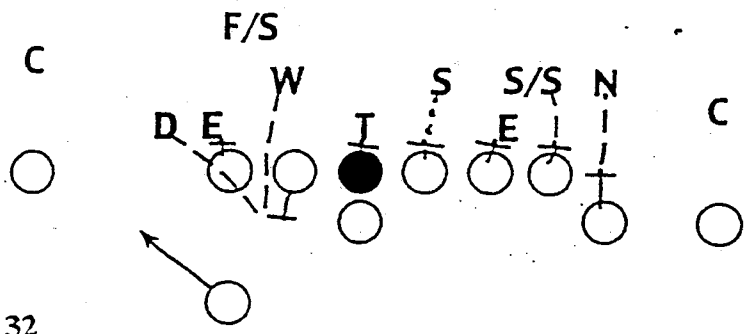
LG DUAL



LION W, SQUEEZE S



LG DUAL, RIGGIN, CHECK ZONE



DESCRIPTION:

THIS IS A 7 MAN NICKEL PROTECTION, WITH A WEAKSIDE DUAL BY THE UNCOVERED OFFENSIVE LINEMAN. H HAS A FREE RELEASE AND IS HOT. THE LINE WILL DUAL. THE 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. WE COMMIT 4 BLOCKERS BACKSIDE. Y BLOCKS #3, F BLOCKS #4. QB 5 STEP DROP.

QB

5 STEP DROP. HOT 2 WEAK.

F

BLOCK #4.

H

FREE RELEASE - HOT.

BACKSIDE

FRONTSIDE

BLOCK #1. IF #1 IS A LB, ALERT RAM/LION, RIGGIN/LEGGIN. ALERT SQUEEZE, SWOOP CALLS. ALERT HARD.

BLOCK #2. ALERT SQUEEZE, CHECK ZONE, SWOOP CALLS.

BLOCK #3. ALERT SQUEEZE, CHECK ZONE, SWOOP CALLS.

C

BLOCK #0 TO MIKE. UNCOVERED, DUAL. 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. ALERT HOLE, RAY, LENNY, RAM, LION, RAKE, LAWN, POP R/L.

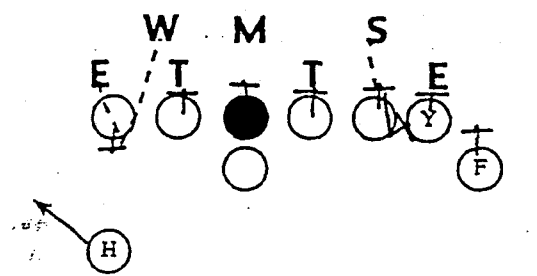
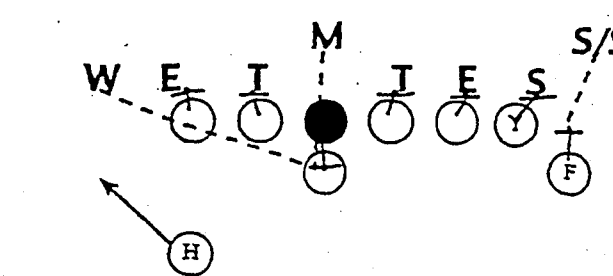
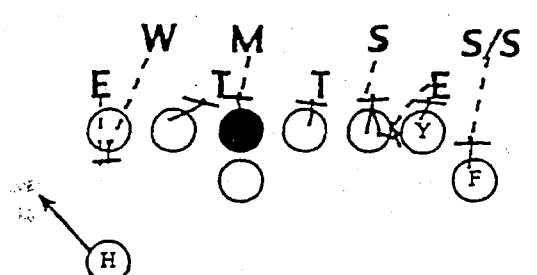
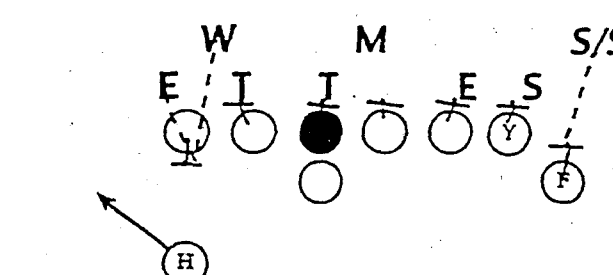
G

BLOCK #1. IF UNCOVERED DUAL FROM 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. ALERT RAY, LENNY, RAM, LION, RAKE, LAWN.

T

BLOCK #2. ALERT BIG DUAL IF #2 IS LBER. ALERT RAM, LION, RAKE, LAWN.

Y

| PROTECTION: SCRAM LT/RT   |  | WEAKSIDE DUAL  |  |
|---|--|--|--|
| LOT BIG DUAL, HOLE M, SQUEEZE <u>S</u><br><div style="text-align: right;">S/S</div>  |  | POP L, CHECK ZONE<br>    |  |
| 43 Stack  |  | 4-3  |  |
| LOT BIG DUAL, HOLE RAM, SQUEEZE <u>S</u><br>   |  | LOT BIG DUAL, RIGGIN<br> |  |
| 4-3 Over Stack  |  | 4-3 Under W  |  |

### DESCRIPTION:

THIS IS A 7 MAN PROTECTION, WITH A WEAKSIDE DUAL BY THE UNCOVERED OFFENSIVE LINEMAN. H WAS A FREE RELEASE AND IS HOT. UNCOVERED NEMAN WILL DUAL FROM MIKE TO WILL TO ANY BLITZING DB CALLSIDE. WE COMMIT 4 BLOCKERS BACKSIDE. Y BLOCKS #3, F BLOCKS #4. QB 5 STEP DROP.

QB

5 STEP DROP. HOT 2 WEAK.

F

BLOCK #4.

H

FREE RELEASE - HOT.

## BACKSIDE

BLOCK #1. ALERT RIGGIN, LEGGIN. ALERT RAY, LENNY CALLS. ALERT SQUEEZE CALL.

BLOCK #2. ALERT SQUEEZE, CHECK ZONE, SWOOP CALLS.

BLOCK #3. ALERT SQUEEZE, CHECK ZONE, SWOOP CALLS.

## FRONTSIDE

C

MAKE RIGHT OR LEFT CALL TO PROTECTION SIDE BLOCK #0 TO MIKE. IF UNCOVERED, POP FROM MIK TO WILL TO DB. ALERT HOLE, RAY, LENNY.

G

BLOCK #1. IF UNCOVERED DUAL FROM MIKE TO WILL TO DB. ALERT "IN" CALL.

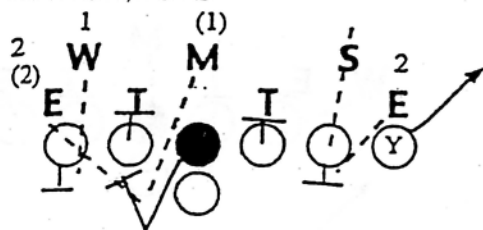
T

BLOCK #2. ALERT BIG DUAL IF #2 IS LBER. ALERT I IF LB MUGS INSIDE.

Y

HOT

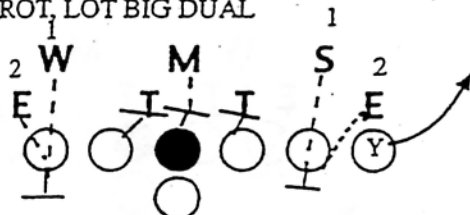
POP L.



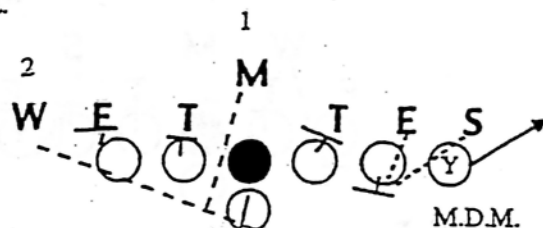
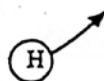
### 4-3 Stack



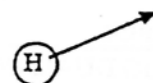
LEO W - ROT BIG DUAL



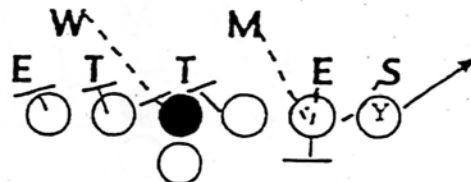
### 4-3 Over Stack



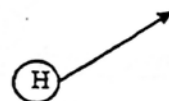
43



LEO W - ROT BIG DUAL



#### 4-3 Under W.



## QB

5 - 7 STEP DROP. POSSIBLE HOT TO BOTH SIDES.

F

FREE RELEASE.

H

FREE RELEASE.

## FRONTSIDE

C

G

COVERED - BLOCK COVERED. UNDER - VS. WILL  
BOX TURN TO WILL ROCKO/LEO VS. WILL OUT OF BC  
BLOCK. MAN AND ON G. DUAL. UNCOVERED-POP  
WEAK SOLID - BLOCK MAN, VS. MIKE OVER BALL.  
RALPH/LESTER

COVERED - BLOCK COVERED. UNCOVERED - DUAL  
ALERT DUAL OR ROCKO/LEO VS. UNDER.

T

COVERED BLOCK COVERED. ALERT M.D.M.  
UNCOVERED BIG DUAL.

Y

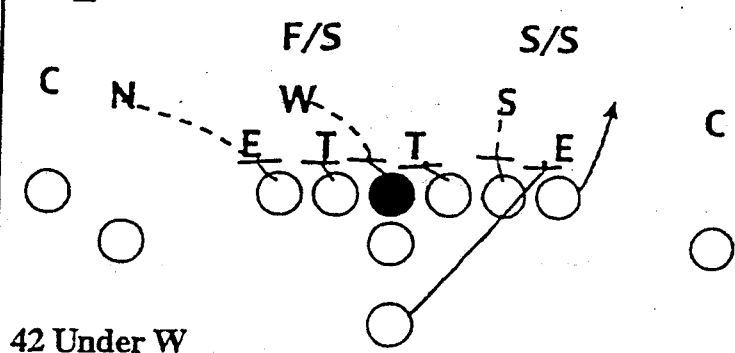
RELEASE INTO PATTERN.



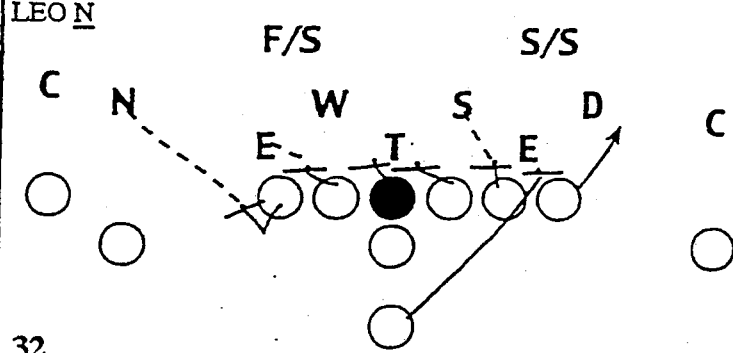


FULL TURN

LEO N



LEO N



## QB

### 3-5 STEP DROP.

F

RUN ROUTE. HOT.

H

CUT FIRST DEFENDER ON OR TO THE OUTSIDE OF THE ONSIDE TACKLE.

# FRONTSIDE

C

G

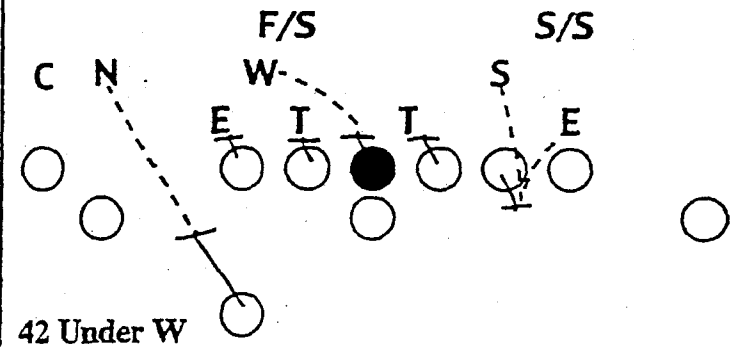
T

BLOCK #1. IF OG BUBBLE SET ON INSIDE NUMBER  
OF 5 TECH AND BLOCK "B" GAP. ALERT DEUCE,  
RALPH, LESTER, GAP IT.

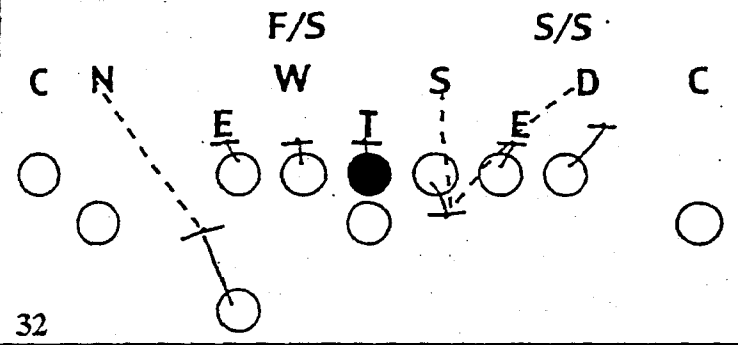
Y

FREE RELEASE

ROT BIG DUAL, LION W



RG DUAL, LEGGIN



QB

5-7 STEP DROP. HOT 1 TO CALLSIDE.

F

RUN ROUTE.

H

BLOCK THE 2ND DOGGER OR BLITZER VS SOLID  
BLOCK STACK BACK DOGGER OR BLITZER.

# BACKSIDE

C

BLOCK #2. IF #2 LBER, BLOCK #3. ALERT RAKE,  
LAWN.

# FRONTSIDE

BLOCK #0 TO MIKE. UNCOVERED, BLOCK 1ST  
DOGGIE OR BLITZER AWAY FROM CALLSIDE. ALERT  
HOLE, RAY, LENNY, RAM, LION, RAKE, LAWN,  
RIGGIN, LEGGIN.

# G

BLOCK #1. UNCOVERED, BLOCK 1ST LBER AWAY FROM CALLSIDE, LEAVE 1 FOR HOT AND CALL RAM/LION (EXCLUDING MIKE). VS 32 DUAL.

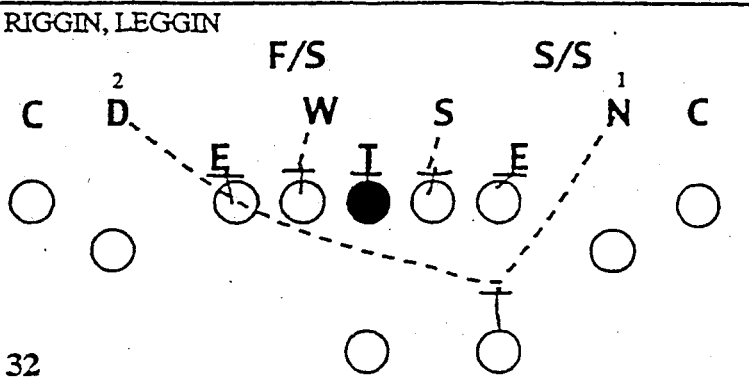
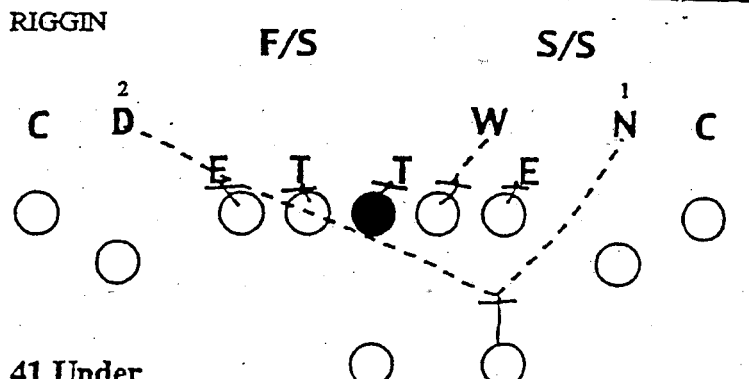
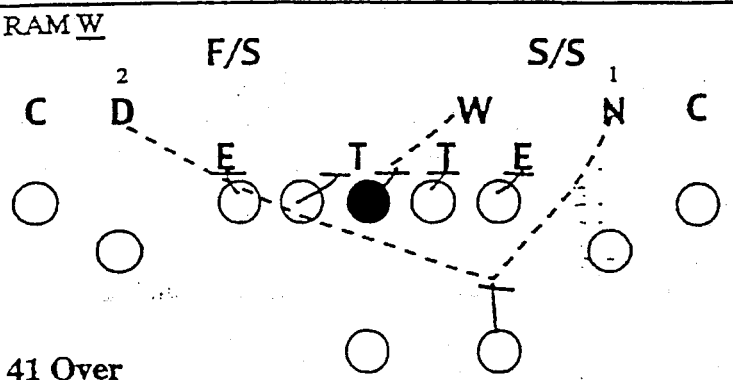
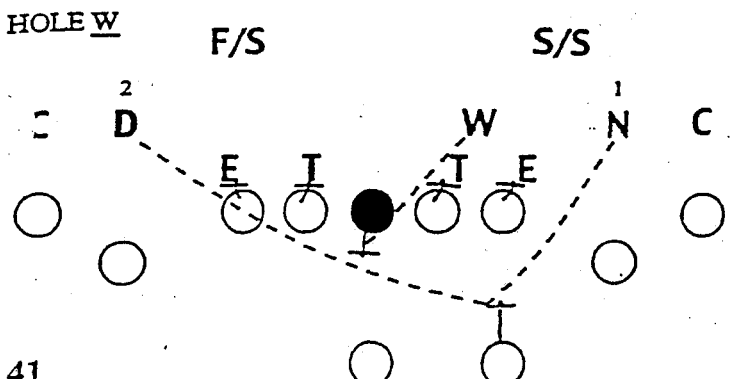
T

COVERED, BLOCK COVERED. ALERT M.D.M.  
UNCOVERED, BIG DUAL.

Y

FREE RELEASE. ALERT HOT.

# (N) PROTECTION: SCAN RT/LT



**DESCRIPTION:**  
 THIS IS A 6 MAN NICKEL PROTECTION. THE LINE IS RESPONSIBLE FOR THE 4 DOWN & WILL. H SCANS THE 1ST OUTSIDE DOGGER OR BLITZER CALLSIDE TO THE 1ST OUTSIDE DOGGER OR BLITZER BACKSIDE. THE PRIMARY SIGHT ADJUST IS AWAY FROM THE CALL. VERSUS 42 DEFENSE THE LINE IS RESPONSIBLE FOR THE BACKSIDE DEFENDER AT LBER LEVEL. H BLOCKS THE 1ST TO 2ND DOGGER OR BLITZER CALLSIDE TO THE 1ST OUTSIDE DOGGER OR BLITZER BACKSIDE. THE QB WILL TAKE 3, 5, 7 STEP DROP.

**QB** 3, 5, 7 STEP DROP.  
**F** RUN ROUTE.  
**H** SCAN THE 1ST OUTSIDE DOGGER OR BLITZER CALLSIDE TO THE 1ST OUTSIDE DOGGER OR BLITZER BACKSIDE. VERSUS SOLID BLOCK STACK BACK DOGGER OR BLITZER.

## BACKSIDE

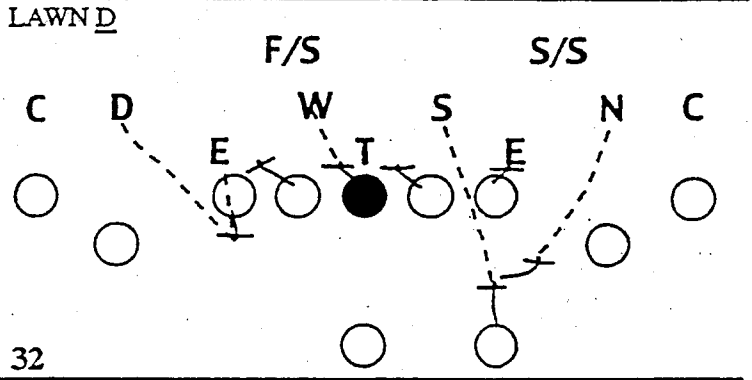
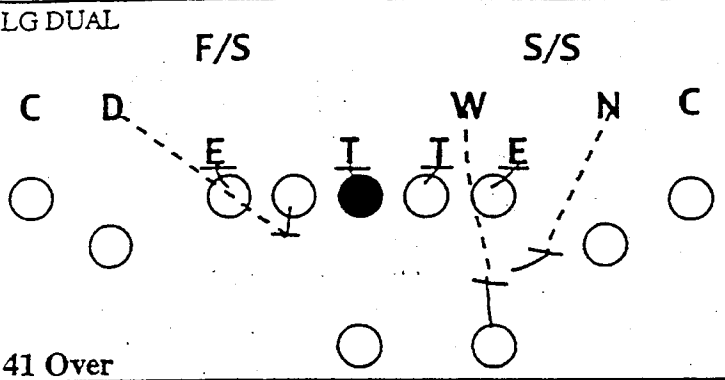
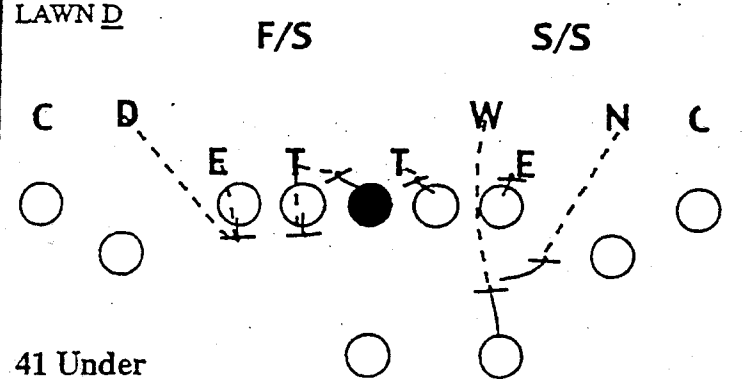
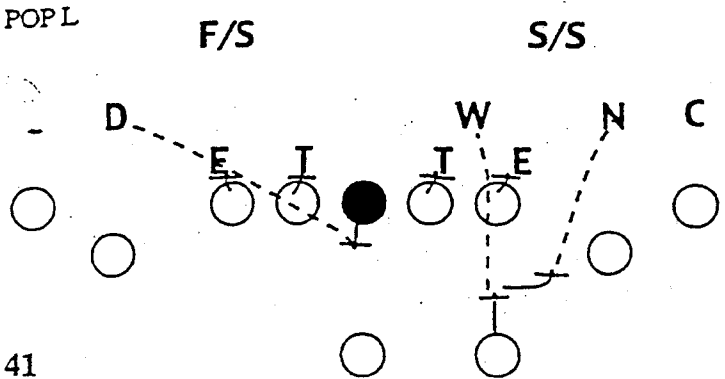
## FRONTSIDE

**C** BLOCK #1. ALERT HOLE, RAY/LENNY, RAM/LION, RAKE/LAWN, RIGGIN/LEGGIN.  
**G** BLOCK #1. ALERT HOLE, RAY/LENNY, RAM/LION, RAKE/LAWN, RIGGIN/LEGGIN.  
**T** BLOCK #2. IF #2 IS ALBER, BLOCK #3. ALERT RAM/LION, RAKE/LAWN.  
**Y** RUN ROUTE.

**C** BLOCK #0 TO WILL. ALERT HOLE, RAY/LENNY, RAM/LION, RAKE/LAWN.  
**G** BLOCK #1, ALERT HOLE, RAY/LENNY, RAM/LION, RAKE/LAWN, RIGGIN/LEGGIN.  
**T** BLOCK #2. IF #2 A LBER, BLOCK #3. ALERT RAM/LION, RAKE/LAWN.  
**Y** RUN ROUTE.

(N) PROTECTION: ROCKET/LASER

WEAKSIDE DUAL



DESCRIPTION:  
THIS IS A 6 MAN NICKEL PROTECTION WITH A WEAKSIDE DUAL. THE LINE WILL DUAL THE 1ST & 2ND DOGGER OR BLITZER AWAY FROM CALLSIDE. VS 3-2 AND UNDER DEFENSE THE LINE WILL TURN TO THE SLOT DEFENDER. H BLOCKS THE 1ST TO 2ND DOGGER OR BLITZER CALLSIDE. Y PRIMARY SIGHT ADJUST OFF OF EITHER SAFETY HIS SIDE. F SIGHT ADJUST OFF OF 2ND SAFETY HIS SIDE. VS 41 DEFENSE WITH WILL ALIGNED BACKSIDE AWAY FROM THE CALL. HE BELONGS TO THE LINE, H WILL SCAN FROM 1ST SAFETY HIS SIDE TO THE 1ST SAFETY OPPOSITE SIDE. THE QB POINTS TO F AND MAKES HIM THE PRIMARY SIGHT ADJUST SIDE. THE QB WILL TAKE A 3, 5, 7 STEP DROP.

|    |   |
|----|---|
| QB | 3, 5, 7 STEP DROP.  |
| F  | RUN ROUTE.  |
| H  | BLOCK 1ST TO 2ND DOGGER OR BLITZER. VS 41 WITH WILL BACKSIDE SCAN THE 1ST SAFETY CALLSIDE TO THE 1ST SAFETY BACKSIDE. |

BACKSIDE

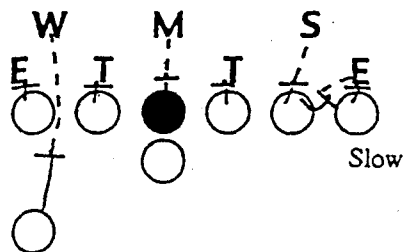
FRONTSIDE

BLOCK #1. IF UNCOVERED DUAL FROM 1ST TO 2ND DOGGER OR BLITZER. ALERT RAY, LENNY, RAM, LION, RAKE, LAWN.

BLOCK #2. ALERT BIG DUAL IF #2 IS LBER. ALERT RAM, LION, RAKE, LAWN.

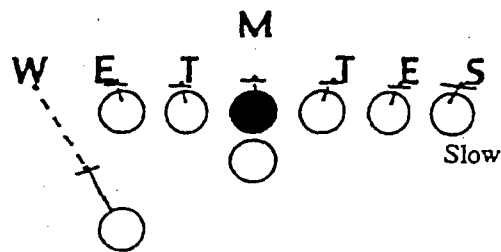
|   |   |
|---|---|
| C | UNCOVERED, DUAL 1ST TO 2ND DOGGER OR BLITZER AWAY FROM CALLSIDE. VS OVER BLOCK MAN. VS 32 AND UNDER TURN TO SLOT. ALERT POP R/L, RAY/LENNY, ROCKO/LEO, RAKE/LAWN. |
| G | BLOCK #1. UNCOVERED BLOCK 1ST LBER BACKSIDE, LEAVE I FOR THE BACK AND CALL RAM/LION.  |
| T | BLOCK #2. IF #2 IS A LBER, BLOCK #3.  |
| Y | RUN ROUTE.  |

SQUEEZE S, HOLE



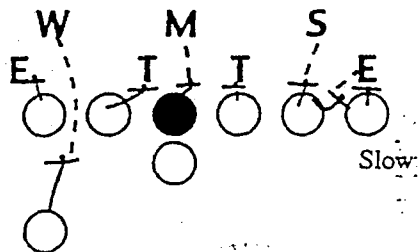
4-3 Stack

CHECK ZONE SS, HOLE



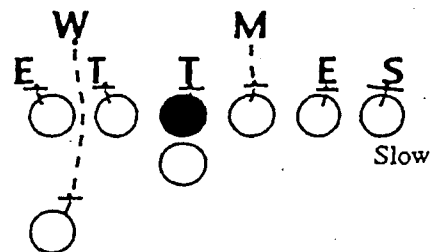
4-3

SQUEEZE S, HOLE RAM



4-3 Over Stack

CHECK ZONE SS, RIGGIN



4-3 Under W

## DESCRIPTION:

THIS IS OUR BASIC PROTECTION WITH THE TE & REMAINING BACK HAVING BLOCKING RESPONSIBILITY FOR THE SAM & WILL. IF SAM AND/OR WILL DO NOT RUSH, TE AND REMAINING BACK ARE FREE TO RELEASE INTO THE PATTERN. THERE ARE NO DUAL READS OR HOT RECEIVER.

QB

USUALLY 7 STEP DROP. S.A. WEAKSIDE SECONDARY BLITZ.

F

FREE RELEASE.

H

BLOCK WILL, TO F/S TO C. ALERT HARD, FAN.

## BACKSIDE

BLOCK #1. ALERT RIGGIN, LEGGIN. ALERT RAY, LENNY CALLS. ALERT SQUEEZE CALL. ALERT "D" CALL.

BLOCK #2. ALERT SQUEEZE AND OUT CALLS. CHECK ZONE SS AND SAM. ALERT "D" CALL.

BLOCK SAM (#3). GIVE "SLOW" CALL TO TACKLE. CHECK ZONE SAM TO S/S. ALERT SQUEEZE, OUT, AND "D" CALL. BLOCK M.D.M. VS. BEAR.

## FRONTSIDE

C

MAKE RIGHT/LEFT CALL TO PROTECTION SIDE. BLOCK #0 TO MIKE. IF UNCOVERED, BLOCK MIKE WITH HOLE, RAY, LENNY CALLS. IF COVERED, ALERT RIGGIN, LEGGIN.

G

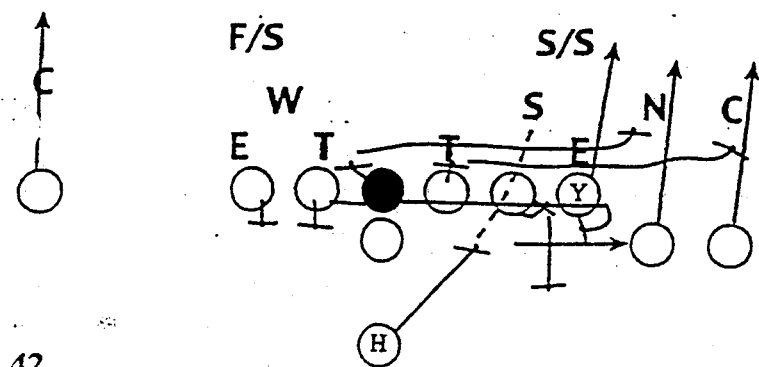
BLOCK #1. ALERT RIGGIN. LEGGIN RAY, LENNY CALLS. ALERT FAN. ALERT "HARD" CALL.

T

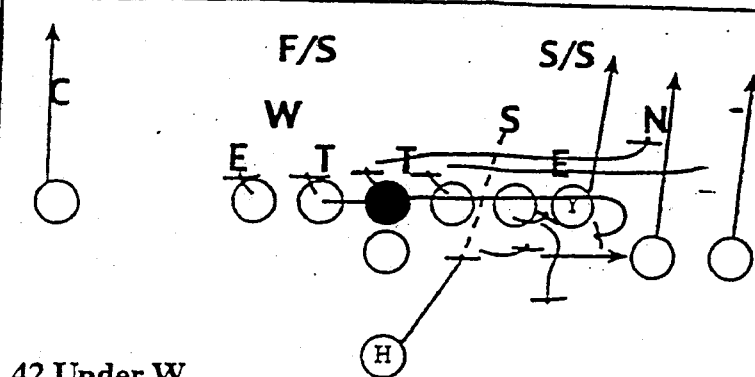
BLOCK #2. IF #2 LB CALL FAN AND BLOCK #3.

Y

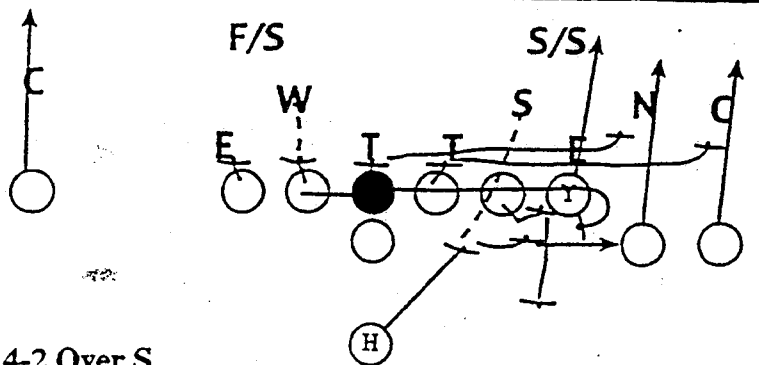
# PROTECTION: TWINS RT/LT ACE RT/LT 999 HB SCREEN RT/LT



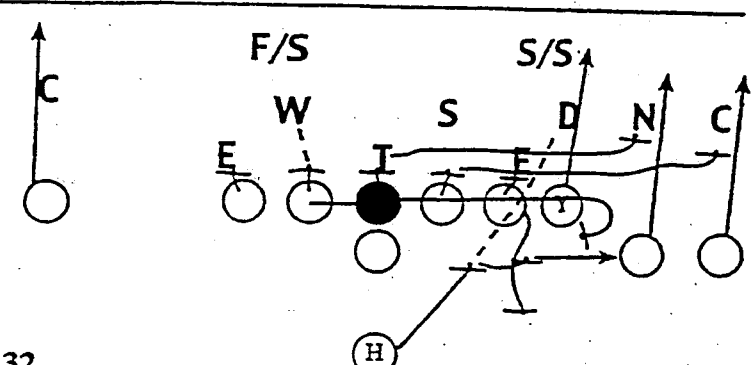
42



42 Under W



4-2 Over S



32

## DESCRIPTION:

TWO COUNT SCREEN USING ACE PROTECTION. THE DIRECTION OF SCREEN IS CALLED BY SCREEN RIGHT/LEFT.

QB

5 STEP DROP, BAIL AND SCREEN TO H.

F

9 ROUTE.

H

BLOCK ACE AND RELEASE ON SCREEN.

## BACKSIDE

## FRONTSIDE

BLOCK PROTECTION FOR 2 COUNT AND RELEASE. PEEL BACK TO TRAILING DEFENDER TO FAR LBER.

BLOCK PROTECTION.

C

BLOCK PROTECTION FOR 2 COUNT AND RELEASE. BLOCK 2ND DEFENDER (CURL AREA). CHECK MAN COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET OUT FIRST.

G

BLOCK PROTECTION FOR 2 COUNT & RELEASE BLOCK 1ST FLAT DEFENDER (WIDEST DEFENDER). BLOCK LB COVERING BACK IF MAN COVERAGE.

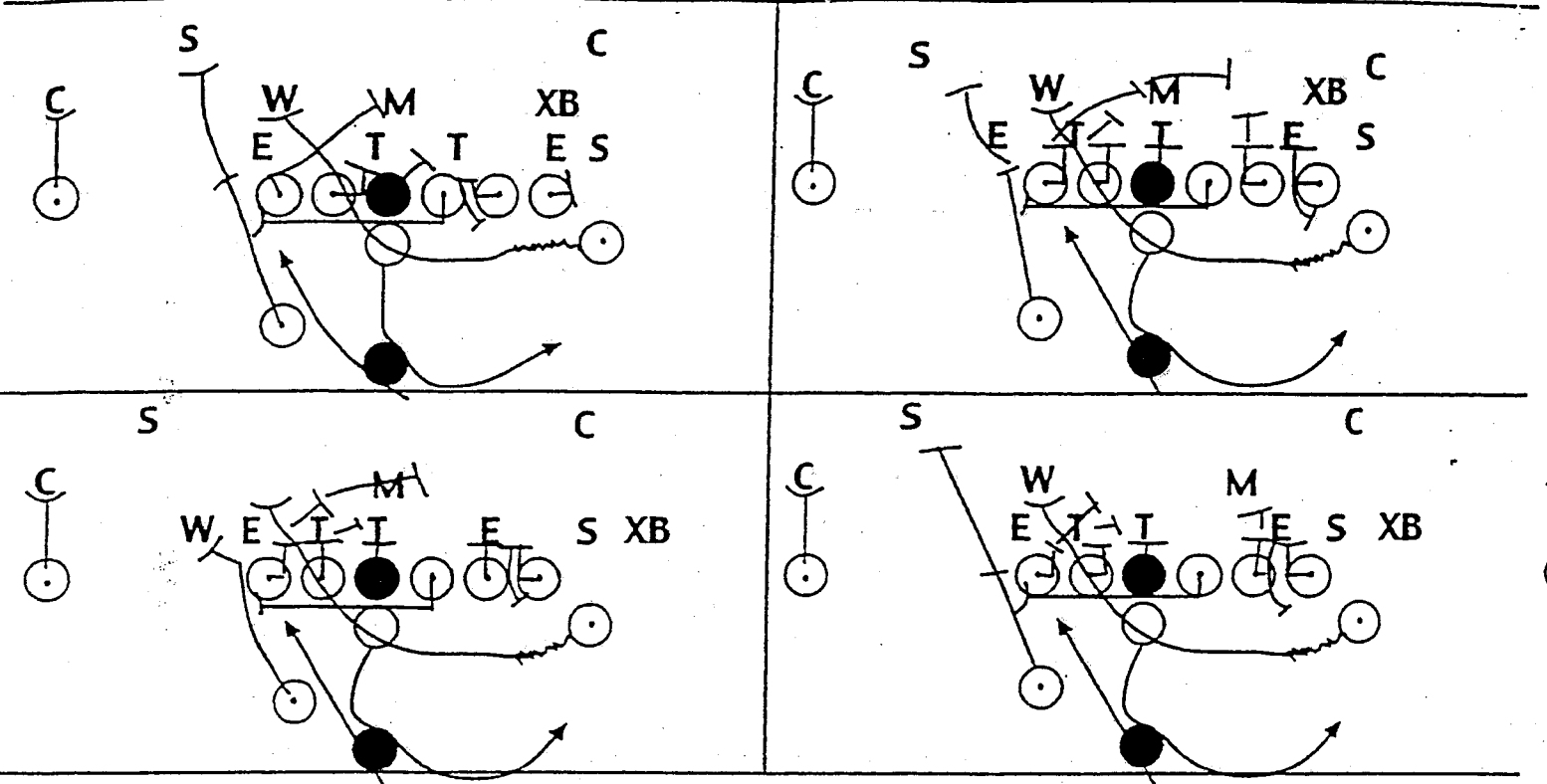
T

BLOCK PROTECTION. SET DEEP. CUT OR RIDE DEFENDER UPFIELD.

Y

9 ROUTE.

PLAY: BLUFF - 99 STUTTER (88 STUTTER)



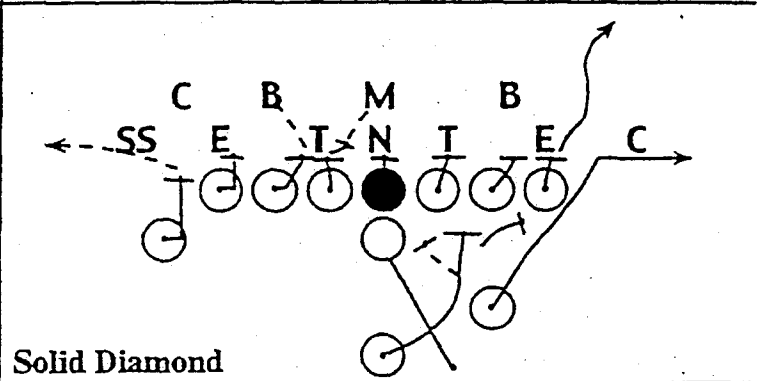
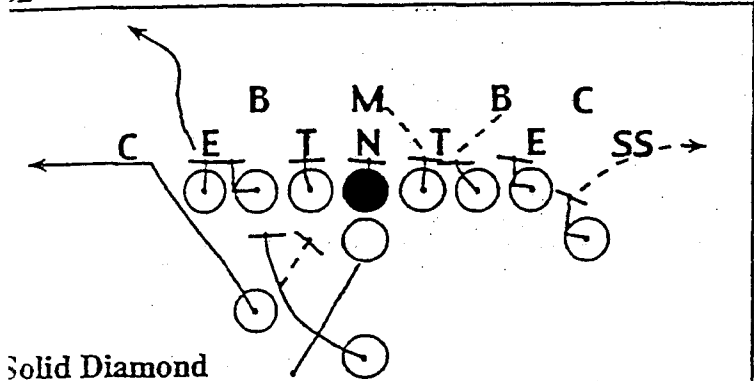
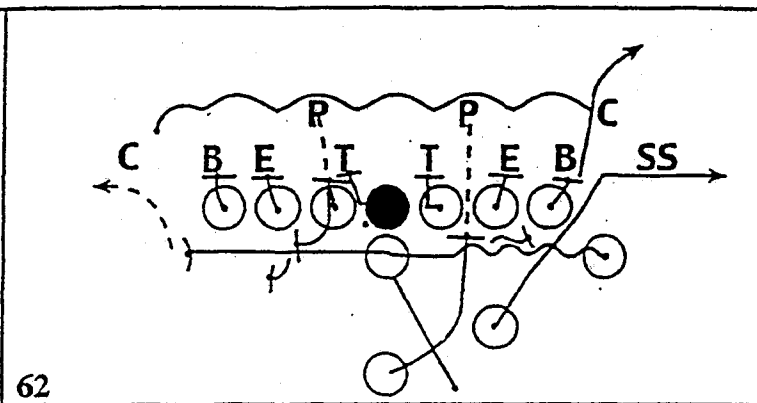
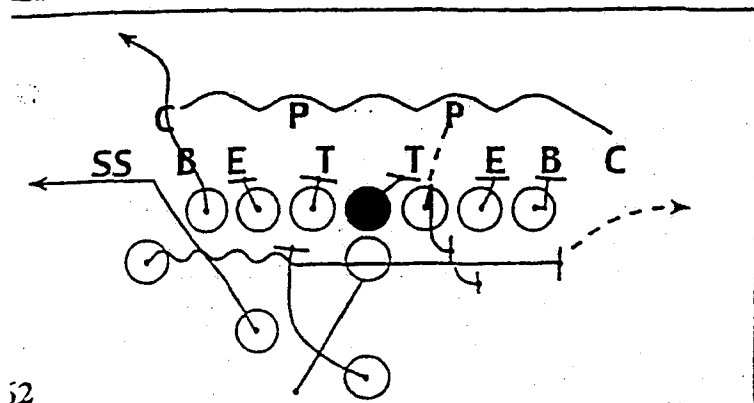
|              |    |  |
|--------------|----|--|
| DESCRIPTION: | QB | COUNTER FOOTWORK WEAK. FINISH NAKED STRONG.                                |
|              | F  | BLUFF DE THEN BLOCK FORCE. ALERT - WILL LBer IN FORCE POSITION- BLOCK HIM. |
|              | H  | COUNTER FOOTWORK. READ GUARD'S AND Y'S BLOCKS.                             |

BACKSIDE

PLAYSIDE

|                              |   |   |
|------------------------------|---|---|
| BLOCK MAN OVER. ALERT COMBO. | C | BLOCK "O" TO BACKSIDE DT. ALERT ACE, OFF, ANGLE, DEUCE, AND KICK CALLS.   |
|                              | G | BLOCK INSIDE AREA TO OFF LBer. ALERT DEUCE, OFF, ACE, ANGLE AND KICK CALLS.   |
|                              | T | BLOCK INSIDE AREA TO OFF LBER. ALERT DEUCE, OFF, OFF, ANGLE CALLS. IF OSG UNCOVERED - QUICK INFLUENCE ON DE THEN BLOCK MIKE LBER. |
|                              | Y | AT WING POSITION - BANG MOTION - LOSE GROUND PULL - READ GUARDS BLOCK ON DE - GET UP FIELD.                                       |
|                              | X |   |
|                              | Z | BLOCK MAN OVER.   |

# LAY: ROLL PASS LEFT ROLL PASS RIGHT X-7 F-FLAT



DESCRIPTION:

|    |   |
|----|---|
| QB | FIRE PASS COURSE. LOOK FOR F IN FLAT THEN TO X ON CORNER ROUTE. |
| F  | RUN FLAT ROUTE.   |
| H  | FILL ONSIDE, CHECK WILL LBER TO FORCE.                          |

VS EVEN, STAB DT. CHECK LBER TO BACKSIDE CORNER. VS SOLID, BLOCK #1.

VS EVEN, BLOCK #2. VS SOLID, BLOCK DOWN ON #1 WITH GUARD. CHECK LBER OVER YOU.

| PLAYSIDE |   |
|----------|---|
| C        | VS EVEN, BLOCK BACKSIDE DT. VS SOLID, BLOCK MAN OVER.         |
| G        | VS EVEN, BLOCK #1. VS SOLID, BLOCK #1.                        |
| T        | VS EVEN, BLOCK #2. VS SOLID, BLOCK #2 OVER X.                 |
| Y        | BLOCK #3.   |
| X        | BEST RELEASE, CORNER ROUTE.                                   |
| Z        | CHECK OUTSIDE FOR CORNER OR SS. NOTHING SHOWS, CHECK IN FLAT. |

BACKSIDE



# PROTECTIONS – BOOT / NAKED

Page #

FAKE PRESS NAKED (R.I.)

21-1

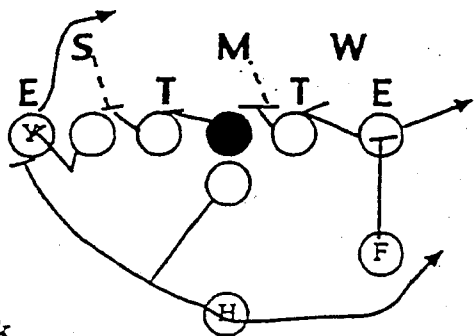
FAKE TOSS NAKED

21-3

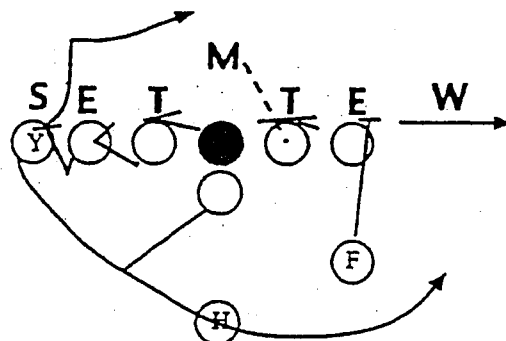
FAKE BIM NAKED

21-5

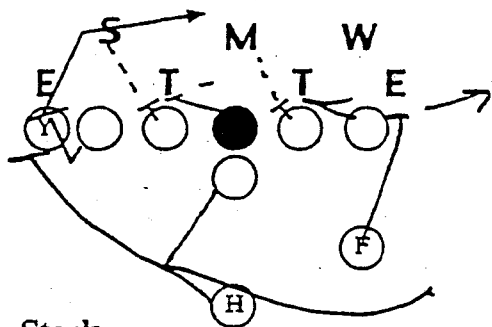
# PROTECTION: FAKE PRESS LEFT NAKED RIGHT



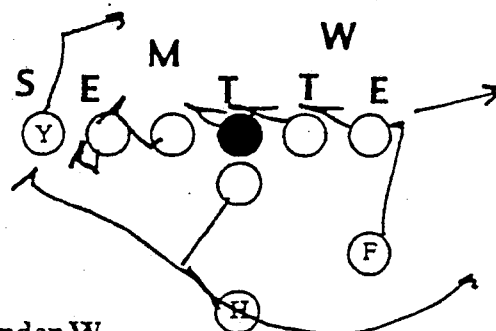
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

PLAY ACTION MISDIRECTION OFF THE PRESS PLAY.  
- THE LINE AND BACK MUST SELL 80 (90) PRESS.  
- AFTER THE BACK FAKES, HE IS RESPONSIBLE FOR  
- THE "D" GAP. R.I. (RUN IT) ALERTS F TO BLOCK TO  
- THE SAME SIZE AS H.

QB

FAKE PRESS SHOW THE BALL - FINISH ON NAKED  
COURSE WEAK.

F

BLUFF DE - RELEASE INTO PATTERN.

H

FAKE 80/90 PRESS - BLOCK "D" GAP.

## BACKSIDE

BLOCK 1 MAN OVER PLAYSIDE.

BLOCK 1 MAN OVER PLAYSIDE.

## FRONTSIDE

C

BLOCK 1 MAN OVER PLAYSIDE.

G

BLOCK 1 MAN OVER PLAYSIDE.

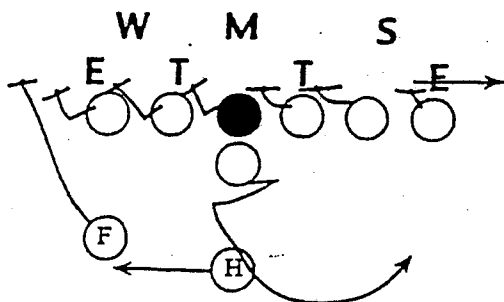
T

BLOCK 1 MAN OVER PLAYSIDE.

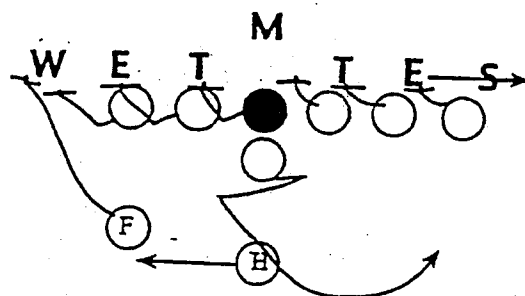
Y

FREE RELEASE.

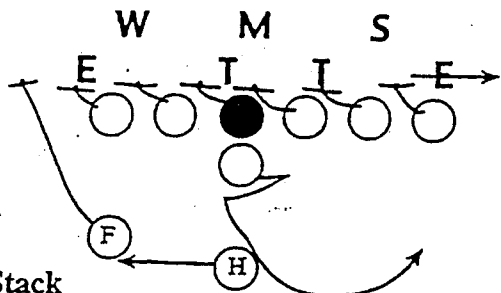
# PROTECTION: FAKE TOSS NAKED



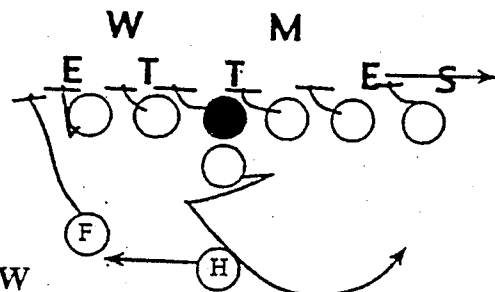
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

PLAY ACTION MISDIRECTION OFF THE TOSS PLAY.  
THE LINE AND BACKS MUST SELL 90 (80) TOSS.

QB

FAKE TOSS, FINISH ON NAKED STRONG.

F

BLOCK 90 (80) TOSS.

H

FAKE TOSS.

## BACKSIDE

BLOCK 1 MAN OVER PLAYSIDE.

BLOCK 1 MAN OVER PLAYSIDE.

## FRONTSIDE

C

BLOCK 1 MAN OVER PLAYSIDE.

G

BLOCK 1 MAN OVER PLAYSIDE.

T

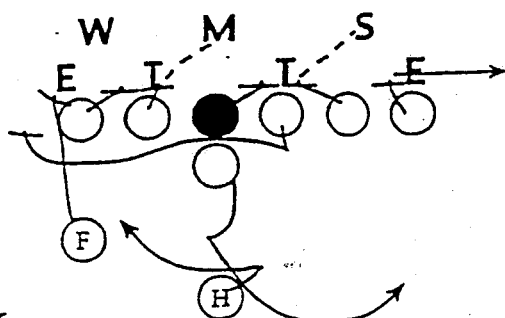
BLOCK 1 MAN OVER PLAYSIDE.

Y

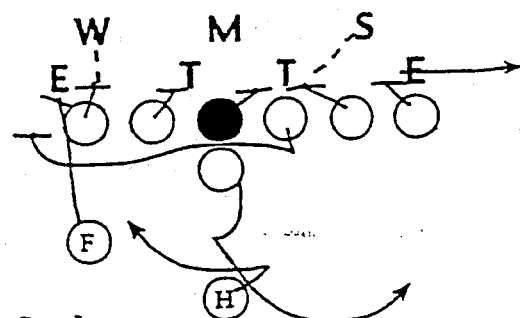
BLOCK DOWN. RELEASE ON FLAT ROUTE.

# PROTECTION: FAKE BIM LEFT NAKED RIGHT

DEUCE M

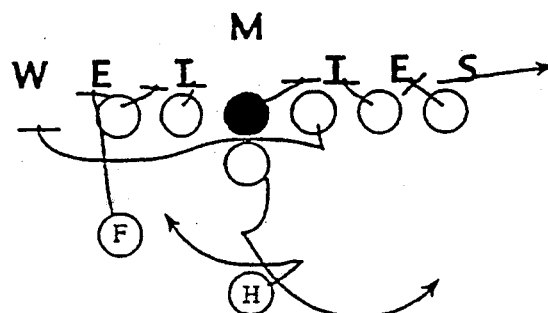


4-3 Stack  
GAP II, OFF



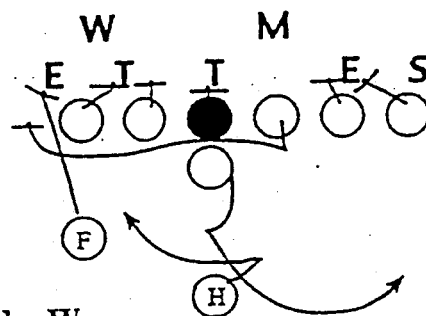
4-3 Over Stack

DEUCE M



4-3

DEUCE M



4-3 Under W

## DESCRIPTION:

PLAY ACTION MIS-DIRECTION OFF THE BIM PLAY.  
LINE AND BACKS MUST SELL (90/80) BIM.

QB

FAKE BIM. FINISH ON NAKED STRONG.

F

BLOCK BIM.

H

FAKE BIM.

BACKSIDE

FRONTSIDE

BLOCK BIM.

BLOCK ONE MAN OVER PLAYSIDE. VICE 3  
TECHNIQUE WITH OC. TIGHT CUT OFF ON 5  
TECHNIQUE WHEN BUBBLE OVER THE OG.

C

BLOCK BIM.

G

BLOCK BIM.

T

BLOCK BIM.

Y

BLOCK DOWN AND RELEASE ON FLAT ROUTE.

# *SPEED / SPRINT / SHOVEL*

Page #

SPEED

23-1

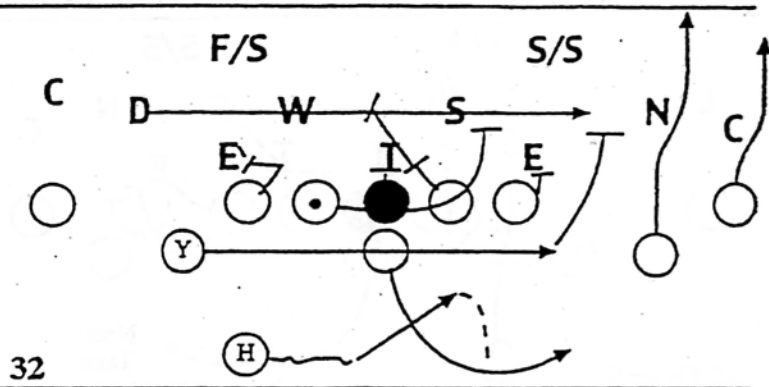
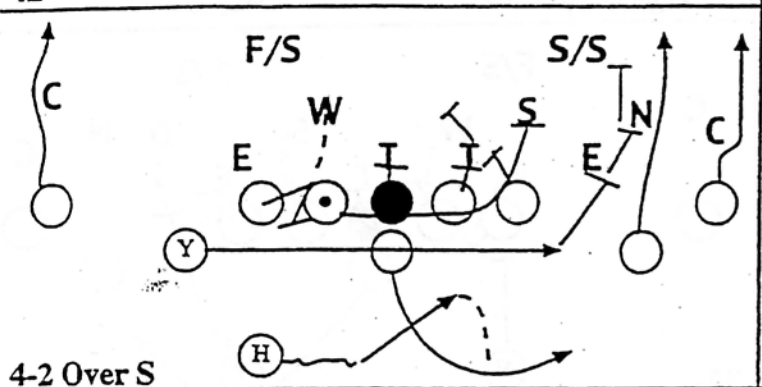
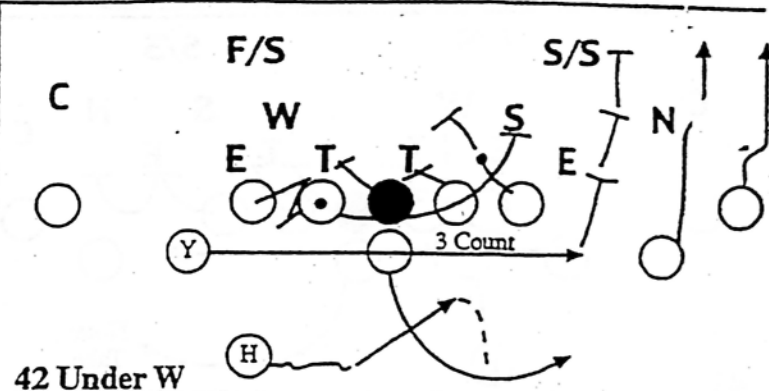
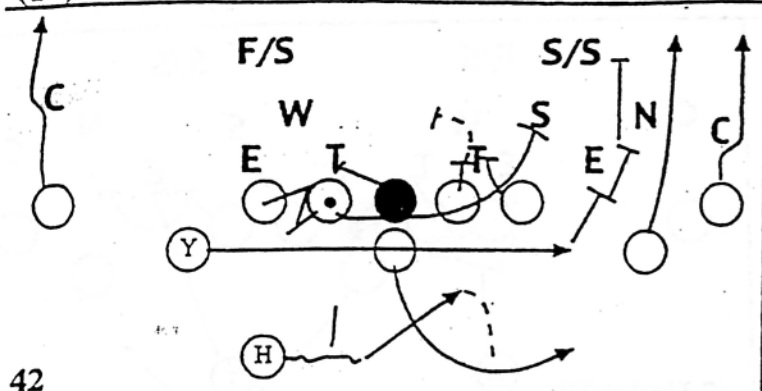
SPRINT

23-3

SHOVEL PASS

23-5

# (N) PROTECTION: SHOVEL PASS RT



## DESCRIPTION:

THIS IS A BLUFF PASS OFF OF SPEED. IT'S USED VS A DE WHO COMES UPFIELD. Y FLY'S AND BLUFFS THE DE AND BLOCKS QUICK SUPPORT TO INSIDE OUT SUPPORT. H QUICK SHUFFLE AND DOWNHILL COURSE. LINE BLOCKS BLUNT ASSIGNMENTS. BSG PULL FOR 1ST ILB TYPE CALLSIDE TO SS. QB START SPEED COURSE READ DE. IF DE UPFIELD, FLIP BALL TO H ON 3RD STEP. IF DE CLOSES, RUN QB SWEEP. ON T STAY ON LOS AT LEAST 3 COUNTS.

QB

START SPEED COURSE; READ DE. IF DE UPFIELD FLIP BALL TO H ON THIRD STEP. IF DE CLOSES, RUN QB SWEEP.

F

9 ROUTE.

H

QUICK SHUFFLE, DOWNHILL COURSE TO INSIDE HIP OF OT. LOOK BALL IN. GO NORTH AND SOUTH.

## BACKSIDE

PULL, BLOCK 1ST ILB TYPE CALL SIDE TO FS. BE ALERT TO TRAP EM LOS IF HE CROSSES YOUR FACE.

BLOCK BLUNT ASSIGNMENT.

## FRONTSIDE

C

BLOCK BLUNT ASSIGNMENT.

G

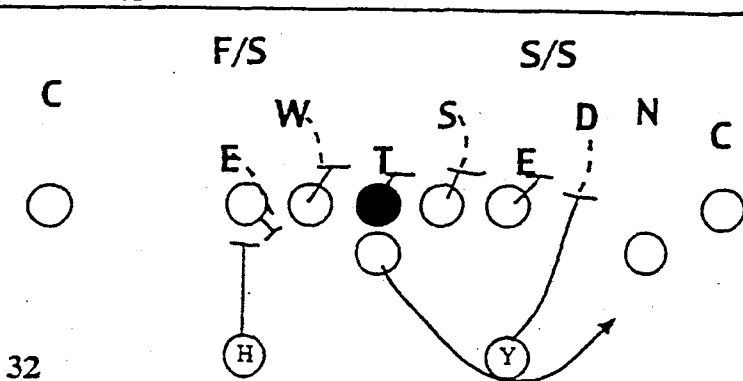
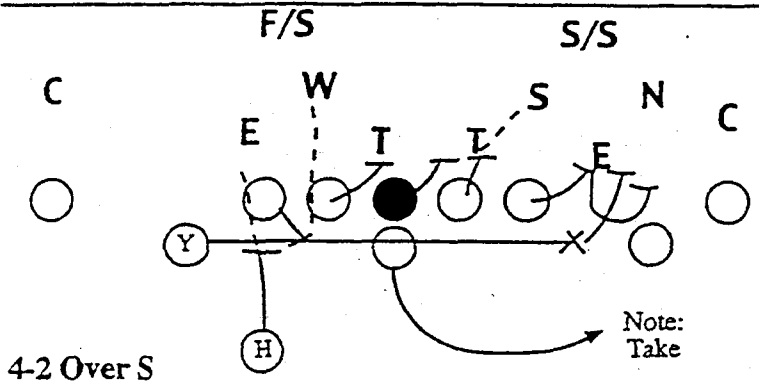
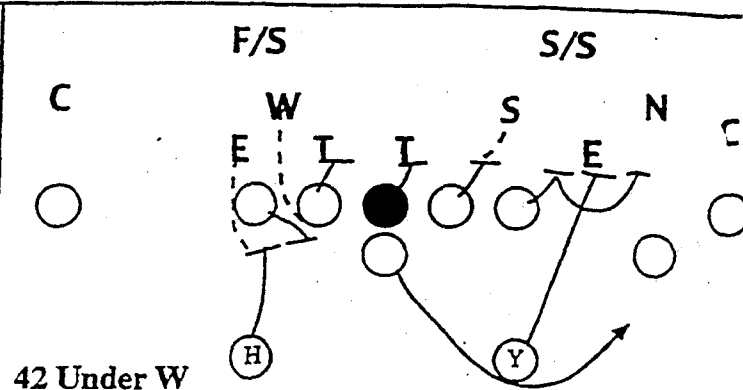
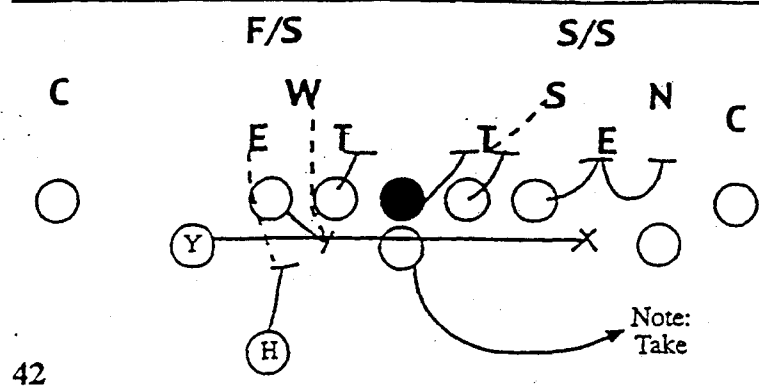
BLOCK BLUNT ASSIGNMENT. PATIENCE TO BSLB, STAY ON LOS AT LEASE FOR 3 COUNTS..

T

BLOCK BLUNT ASSIGNMENT. PATIENCE TO BSLB, STAY ON LOS AT LEAST FOR 3 COUNTS.

Y

BLUFF EM LOS. RELEASE OUTSIDE OF HIM - GET UPFIELD. BLOCK QUICK SUPPORT TO INSIDE SUPPORT.



### DESCRIPTION:

ACTION PASS WITH QB SPRINTING TO CALLSIDE, WITH THE Y BLOCKING EM LOS STRONG, H BLOCKING EM LOS WEAK. OL HARD STEP PLAYSIDE GAP. THE QB WILL SPRINT TO BREAK CONTAIN. ON SPEED "BOMB" THE QB WILL PULL UP OUTSIDE THE Y BOX.

QB

TAKE SPEED COURSE 8-10 YARDS DEEP.

F

RUN ROUTE.

H

BLOCK EM LOS.

### BACKSIDE

BLOCK PLAYSIDE GAP. ALERT SWAP, SLIP, SWOOP CALLS. ZONE STUNTS AND BLITZES.

BLOCK PLAYSIDE GAP. ALERT SLIP, SWOOP & COMBO CALLS. ZONE STUNTS AND BLITZES.

### FRONTSIDE

C

BLOCK PLAYSIDE GAP. ALERT SWAP, RAY/LENNY, RAM/LION, SWOOP CALLS. ZONE STUNTS AND BLITZES.

G

BLOCK PLAYSIDE GAP. ALERT RAY/LENNY, RAM/LION, READ. ZONE STUNTS AND BLITZES.

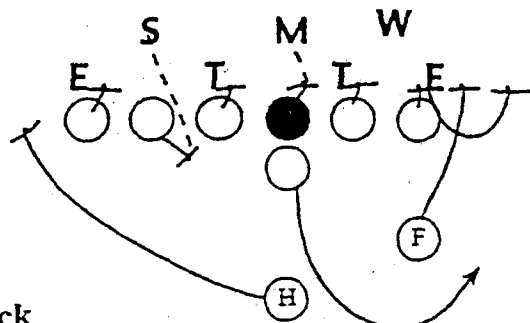
T

BLOCK PLAYSIDE GAP. ALERT READ, UNCOVERED BLOCK TAKE ZONE STUNTS AND BLITZES. ALERT LATE SCRAPER.

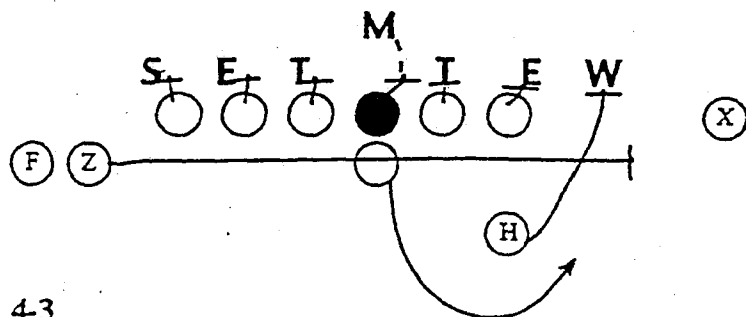
Y

BLOCK EM LOS.

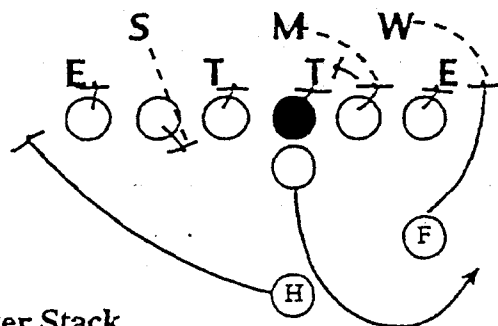
# PROTECTION: SPRINT LT/RT



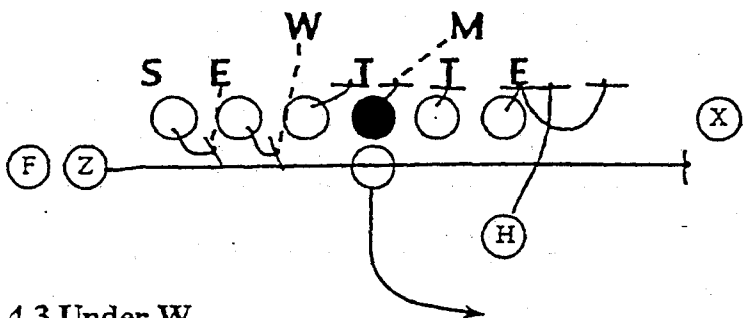
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

ACTION. PASS WITH QB SPRINTING TO CALL SIDE AND THE F OR H BLOCKING EM LOS STRONG. Y BLOCKING EM LOS WEAK. OL HARD STEP PLAYSIDE GAP, THE QB WILL SPRINT TO BREAK CONTAIN.

QB

TAKE SPEED COURSE 8-10 YARDS DEEP.

F

BLOCK EM LOS.

H

ON-SIDE - BLOCK EM LOS. BACKSIDE - BLOCK D GAP

## BACKSIDE

BLOCK PLAYSIDE GAP. ALERT SWAP, SLIP, SWOOP CALLS. ZONE STUNTS AND BLITZES.

BLOCK PLAYSIDE GAP. ALERT SLIP, SWOOP AND COMBO CALLS. ZONE STUNTS AND BLITZES.

BLOCK PLAYSIDE GAP. ZONE STUNTS AND BLITZES.

## FRONTSIDE

C

BLOCK PLAYSIDE GAP. ALERT RAY/LENNY, RAM/LION SWAP, SWOOP CALLS. ZONE STUNTS AND BLITZES.

G

BLOCK PLAYSIDE GAP. ALERT RAY/LENNY, RAM/LION READ. ZONE STUNTS AND BLITZES.

T

BLOCK PLAYSIDE GAP. ALERT READ, UNCOVERED BLOCK TAKE ZONE STUNTS AND BLITZES. ALERT LAI SCRAPER.

Y

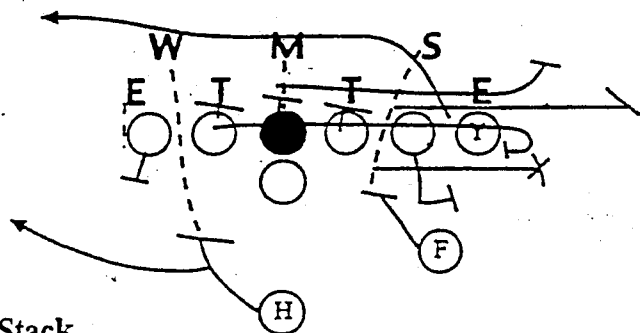


# SCREENS

|                                   | <u>Page #</u> |
|-----------------------------------|---------------|
| SCAT 839 HB LEO / ROGER           | 24-1          |
| LIZ / RIP 084 FB ROGER / LEO      | 24-3          |
| ACE (REGULAR) 940 HB SCREEN RT/LT | 24-5          |
| FAKE PITCH SCREEN TO Y            | 24-7          |
| ACT 6/7 DOUBLE SCREEN             | 24-9          |
| ACT 4/5 HB SCREEN                 | 24-11         |
| FAKE BOB HB SCREEN                | 24-13         |
| FAKE COUNTER RT FB SCREEN LT      | 24-15         |
| ACE 999 HB SCREEN RT/LT           | 24-17         |
| SPEED 055 HB SCREEN               | 24-19         |
| BRONCO RT/LT HB LEO / ROGER       | 24-21         |
| OTTO LT/RT 788 HB LEO / ROGER     | 24-23         |

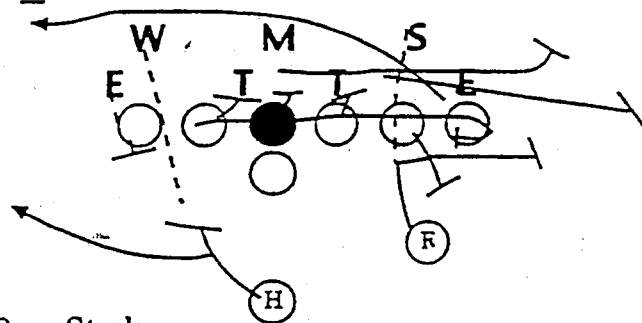
# SCREENS: LIZ/RIP 084 FB ROGER/LEO

HOLE M



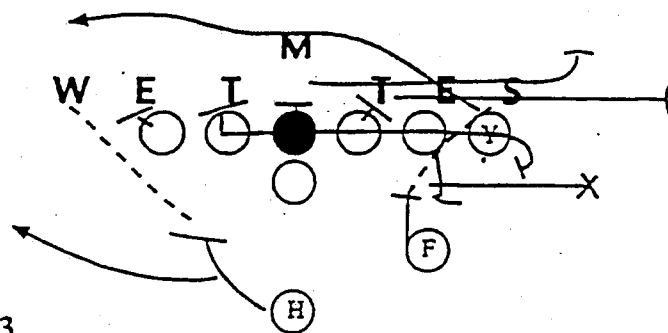
4-3 Stack

RAM M



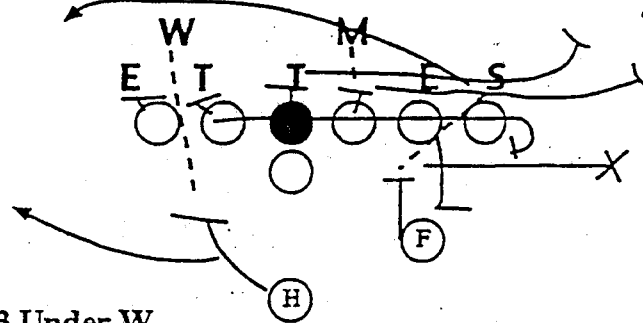
4-3 Over Stack

HOLE M



4-3

RIGGIN



4-3 Under W

## DESCRIPTION:

TWO COUNT SCREEN USING RIP/LIZ PROTECTION.  
ROGER ALERTS SCREEN RIGHT. LEO ALERTS SCREEN  
LEFT.

QB

5 STEP DROP, BAIL AND SCREEN TO FB.

F

BLOCK RIP / LIZ, RELEASE ON SCREEN.

H

BLOCK RIP/LIZ AND RELEASE ON SWING.

## BACKSIDE

BLOCK PROTECTION FOR 2-COUNT & RELEASE.  
PEEL BACK TO TRAILING DEFENDER TO FAR LB.

BLOCK PROTECTION.

## FRONTSIDE

C

BLOCK PROTECTION FOR 2 - COUNT & RELEASE.  
BLOCK 2nd DEFENDER (CURL AREA) CHECK MAN  
COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET  
OUT 1ST.

G

BLOCK PROTECTION FOR 2-COUNT & RELEASE.  
BLOCK 1ST FLAT DEFENDER. (WIDEST DEFENDER)  
BLOCK LB COVERING BACK IF MAN COVERAGE.

T

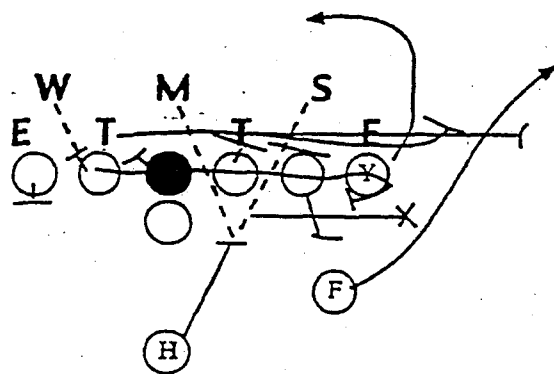
BLOCK PROTECTION. SET DEEP. CUT OR RIDE  
DEFENDER UPFIELD.

Y

"O" ROUTE.

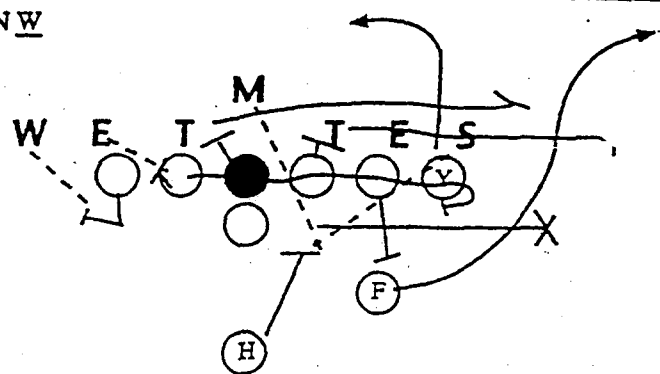
# SCREENS: ACE RT/LT 940 HB SCREEN RT /LT

LEO W



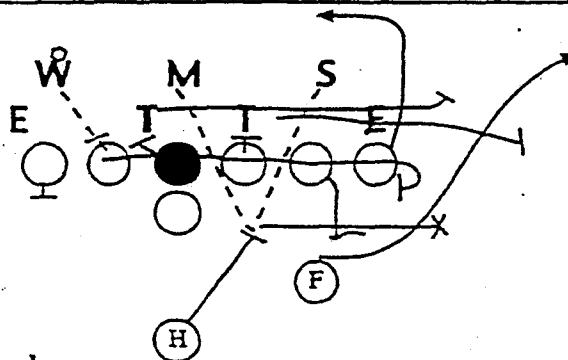
4-3 Stack

LAWN W



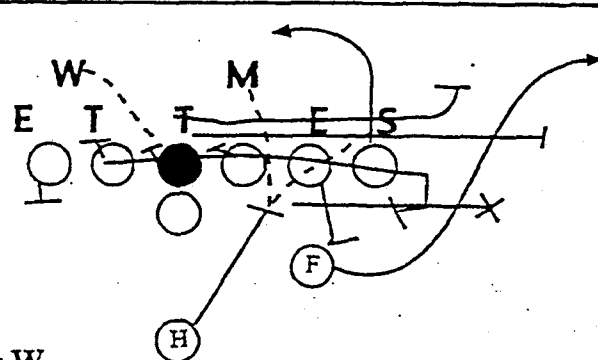
4-3

DRAG FAN



4-3 Over Stack

LEO W



4-3 Under W

## DESCRIPTION:

TWO COUNT SCREEN USING ACE PROTECTION. THE DIRECTION OF SCREEN IS CALLED, HB SCREEN RIGHT/LEFT.

QB

5 STEP DROP, BAIL AND SCREEN TO H.

F

CORNER ROUTE.

H

BLOCK ACE AND RELEASE ON SCREEN.

## BACKSIDE

BLOCK PROTECTION FOR 2-COUNT & RELEASE. PEEL BACK TO TRAILING DEFENDER TO FAR LB.

BLOCK PROTECTION.

## FRONTSIDE

C

BLOCK PROTECTION FOR 2-COUNT & RELEASE. BLOCK 2ND DEFENDER (CURL AREA) CHECK MAN COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET OUT 1ST.

G

BLOCK PROTECTION FOR 2-COUNT & RELEASE. BLOCK 1ST FLAT DEFENDER (WIDER DEFENDER) BLOCK LB COVERING BACK IF MAN COVERAGE.

T

BLOCK PROTECTION. SET DEEP. CUT OR RIDE DEFENDER UPFIELD.

Y

4 ROUTE.

SCREEN: FAKE PITCH RIGHT Y SCREEN LEFT



**DESCRIPTION:**

THIS IS THE "OH SHIT" SCREEN TO Y. THE BACKS  
FAKE PITCH. THE OFF T, Y, Z BLOCK DOWN. THE OFF  
Y, OG, AND ON T ALL GET ON THE GROUND, GET  
UP AND RELEASE INTO SCREEN. THE ON G PULLS  
AND WHEELS BACK TO PROTECT QB. THE OFF G  
PULLS AND PROTECTS THE QB LAUNCH POINT. THE  
QB FAKES PITCH AND ROLLS PITCH SIDE AND SETS  
UP 2 YARDS OUTSIDE OF Z'S ALIGNMENT AND 10  
YARDS DEEP.

QB

FAKE PITCH AND ROLL TO PITCH SIDE. PULL UP 2 YEARS OUTSIDE OF Z'S ALIGNMENT AND 10 YARDS DEEP. THROW BACK TO Y ON SCREEN.

F

## BLOCK PITCH

H

RUN PITCH COURSE. FAKE PITCH AND CONTINUE WIDE.

## BACKSIDE

PULL AND PROTECT QB LAUNCH POINT. BLOCK 1ST DEFENDER OUTSIDE OF Z'S BLOCK.

BLOCK DOWN. GET ON GROUND, GET UP AND  
RELEASE INTO SCREEN AND BLOCK THE CURL  
DEFENDER.

ACK DOWN.

# FRONTSIDE

C

UNCOVERED: BLOCK BACK. COVERED: CUT NOSE  
GET ON GROUND, GET UP, RELEASE INTO SCREEN  
AND BLOCK FLAT DEFENDER (WIDEST DEFENDER).

G

PULL 7 STEPS AND WHEEL BACK TO PROTECT QB.

T

CUT OFF 5 TECHNIQUE. VS OC AND OG. COVERED CUT OFF 3 TECHNIQUE. GET ON GROUND, GET UP, PEEL AND PROTECT THE RECEPTION. BLOCK TRAILING DEFENDER TO FAR LB.

Y

BLOCK DOWN. GET ON GROUND, GET UP AND  
RELEASE TO SCREEN AREA.

Z

X

NASTY SPLIT. RUN TO FAR CONE.

SCREEN: ACT 6/7 HB DOUBLE SCREEN RT/LT



DESCRIPTION:

TWO COUNT SCREEN USING ACT 6/7 PROTECTION.  
THE QB WILL FAKE THE SCREEN TO THE FB AND  
THROW THE SCREEN TO THE HB.

QB

PLAY FAKE TO HB. PUMP SCREEN TO F, SPIN &  
CONTINUE TO DROP. SCREEN TO HB.

F

BLOCK ACT 67. RELEASE OPPOSITE THE SCREEN  
CALL

H

BLOCK ACT 67. RELEASE ON SCREEN TO CALLSIDE.

## BACKSIDE

BLOCK PROTECTION FOR 2-COUNT & RELEASE.  
BLOCK 1ST FLAT DEFENDER (WIDEST DEFENDER).  
BLOCK LB COVERING BACK IF MAN COVERAGE.

BLOCK PROTECTION. SET DEEP. CUT OR RIDE  
DEFENDER UPFIELD.

# FRONTSIDE

C

BLOCK PROTECTION FOR 2-COUNT & RELEASE.  
BLOCK 2ND DEFENDER (CURL AREA). CHECK MAN  
COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET  
OUT FIRST.

G

**BLOCK PROTECTION FOR 2-COUNT & RELEASE.  
BLOCK 1ST FLAT DEFENDER (WIDEST DEFENDER).  
BLOCK LB COVERING BACK IF MAN COVERAGE.**

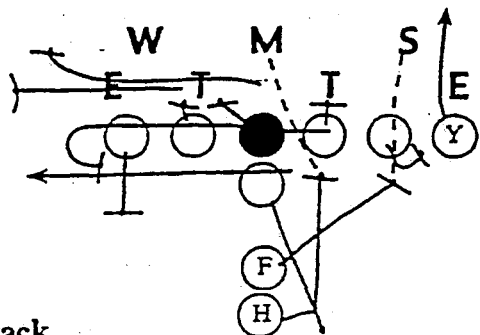
T

BLOCK PROTECTION. SET DEEP. CUT OR RIDE  
DEFENDER UPFIELD.

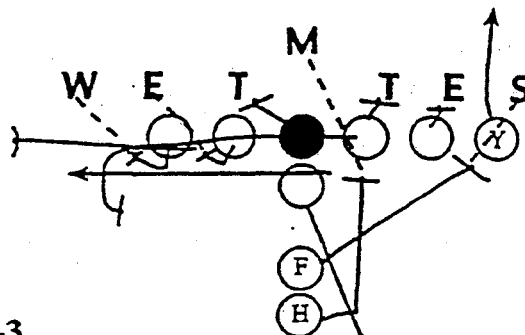
**Y**

**RUN 8 ROUTE.**

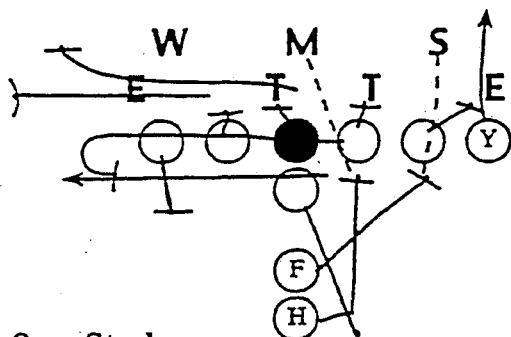
SCREEN: ACT 4/5 HB SCREEN LT/RT



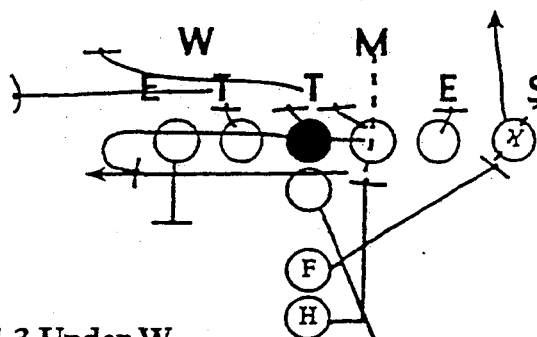
### 4-3 Stack



4-3



### 4-3 Over Stack



### 4-3 Under W

DESCRIPTION:

TWO COUNT SCREEN USING ACT 4/5 PROTECTION.  
WE WILL SCREEN TO THE CALLSIDE, HB SCREEN  
LEFT OR RIGHT.

QB

**FAKE ACT 4/5. SETTLE AFTER FAKE AND GET DEEP.**

F

BLOCK PROTECTION. RELEASE TO FLAT AND BLOCK  
FLAT DEFENDER.

H

FAKE ACT 4/5. HIDE INSIDE, RELEASE WITH LINEMAN  
(CHIP LBER DOG). GET INTO SCREEN AREA.

## BACKSIDE

BLOCK PROTECTION FOR 2-COUNT & RELEASE.  
PEEL BACK TO TRAILING DEFENDER TO FAR LB.

BLOCK PROTECTION.

# FRONTSIDE

C

BLOCK PROTECTION FOR 2-COUNT & RELEASE.  
BLOCK 2ND DEFENDER (CURL AREA). CHECK MAN  
COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET  
OUT FIRST.

# G

BLOCK PROTECTION FOR 2-COUNT & RELEASE.  
BLOCK 1ST FLAT DEFENDER (WIDEST DEFENDER).  
BLOCK LB COVERING BACK IF MAN COVERAGE.

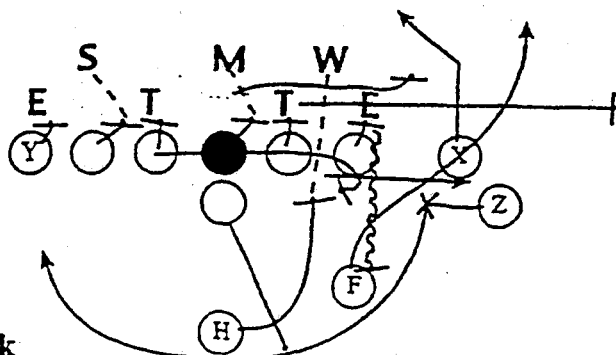
T

BLOCK PROTECTION. SET DEEP. CUT OR RIDE  
DEFENDER UPFIELD.

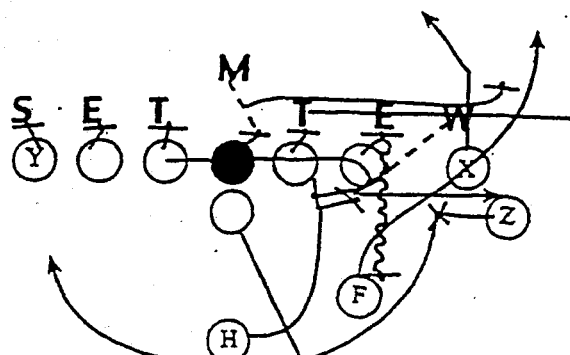
Y

8 ROUTE.

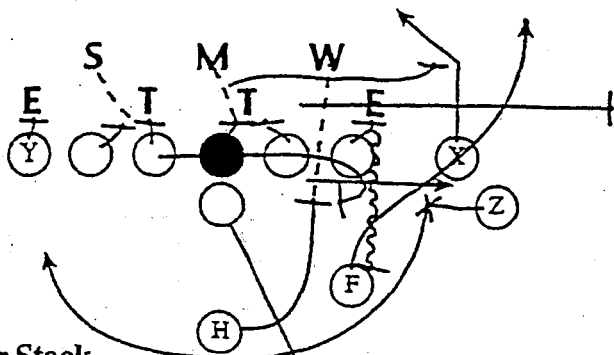
# SCREEN: FAKE BOB RIGHT HB SCREEN RT



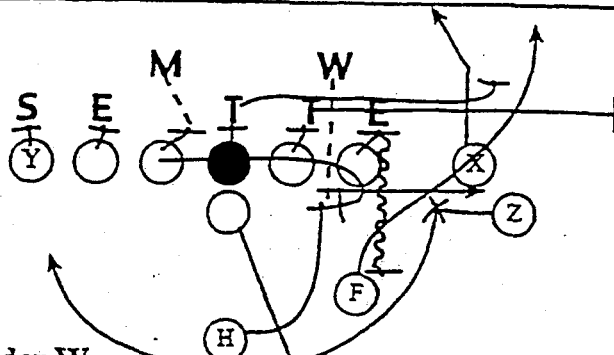
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

TWO COUNT SCREEN, FAKING THE BOB Z AROUND, USING BOB PASS PROTECTION.

QB

FAKE BOB AND Z AROUND. FINISH DROP & BAIL - THROW SCREEN TO HB.

F

SHOOT ROUTE.

H

FAKE BOB. BLOCK WILL. RELEASE INTO SCREEN.

## BACKSIDE

BLOCK PROTECTION FOR 2-COUNT & RELEASE. PEEL BACK TO TRAILING DEFENDER TO FAR LB.

BLOCK PROTECTION.

BLOCK PROTECTION.

FAKE Z AROUND. BLOCK #4. SHOOT ROUTE.

## FRONTSIDE

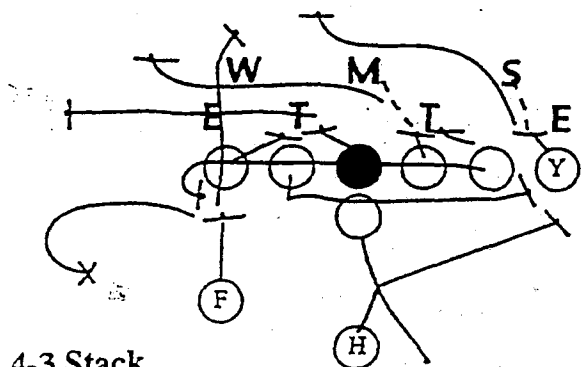
BLOCK PROTECTION FOR 2-COUNT & RELEASE. BLOCK 2ND DEFENDER (CURL AREA). CHECK MAN COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET OUR FIRST.

BLOCK PROTECTION FOR 2-COUNT & RELEASE. BLOCK 1ST FLAT DEFENDER (WIDEST DEFENDER). BLOCK LB COVERING BACK IF MAN COVERAGE.

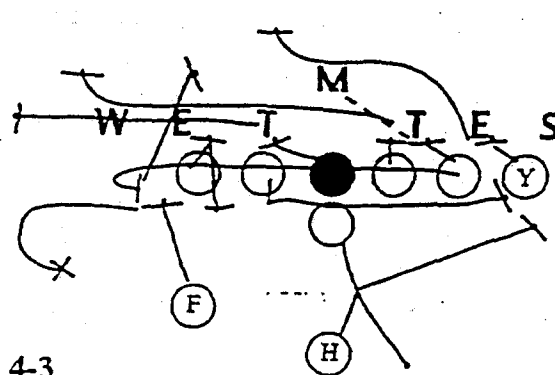
BLOCK PROTECTION. SET DEEP. CUT OR RIDE DEFENDER UPFIELD.

ACTION 8.

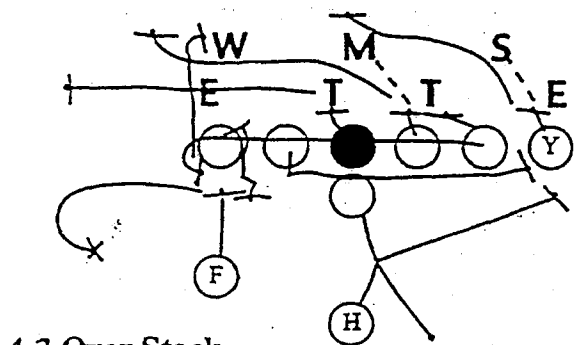
# SCREEN: FAKE COUNTER RIGHT FB SCREEN L1



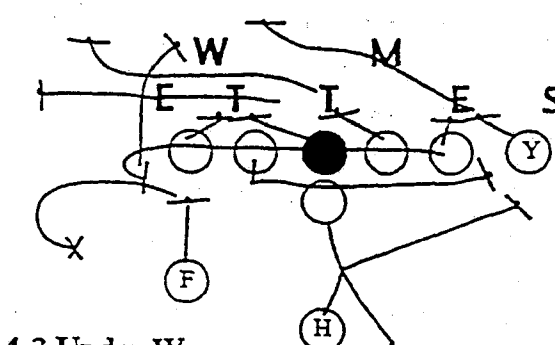
4-3 Stack



4-3



4-3 Over Stack



4-3 Under W

## DESCRIPTION:

TWO COUNT SCREEN, FAKING 60 COUNTER AND THROWING THE SCREEN TO F.

QB

FAKE COUNTER RT. DRIFT OVER RIGHT TACKLE, GET DEEP.

F

BLOCK 60 COUNTER FOR 2-COUNT & RELEASE INTO SCREEN.

H

BLOCK 60 COUNTER.

## BACKSIDE

BLOCK 60 COUNTER.

BLOCK 60 COUNTER.

## FRONTSIDE

C

BLOCK 60 COUNTER FOR 2-COUNT & RELEASE. BLOCK 1ST FLAT DEFENDER. BLOCK LB COVERING BACK IF MAN COVERABLE.

G

BLOCK 60 COUNTER FOR 2-COUNT & RELEASE. BLOCK 2ND DEFENDER CURL AREA. POSSIBLE SWITCH WITH OC IF YOU GET OUT FIRST.

T

BLOCK 60 COUNTER FOR 2-COUNT & RELEASE. PEEL BACK TO TRAILING DEFENDER TO FAR LB.

Y

BLOCK 60 COUNTER FOR 2-COUNT & RELEASE TO BLOCK MIKE TO FS.

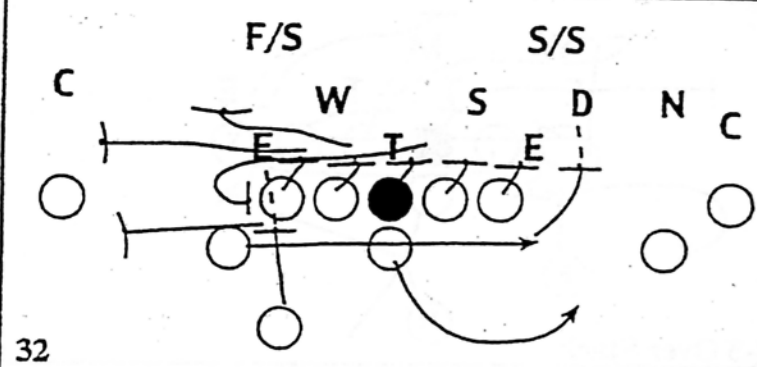
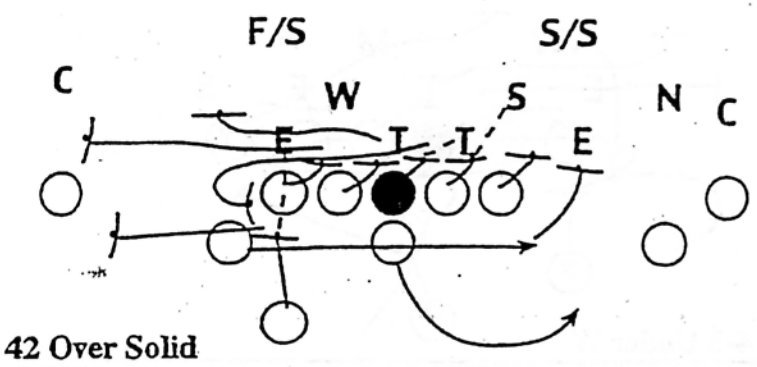
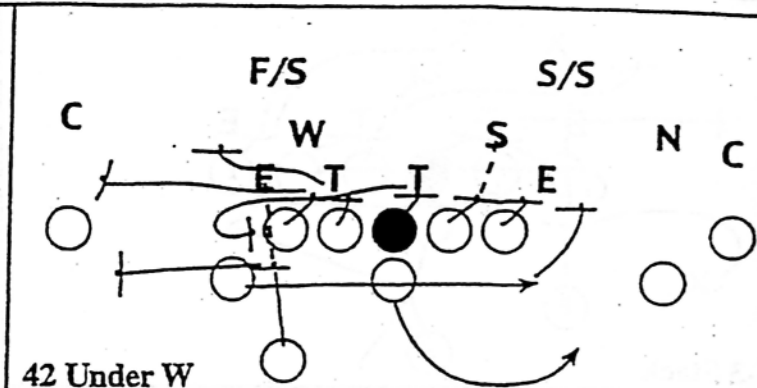
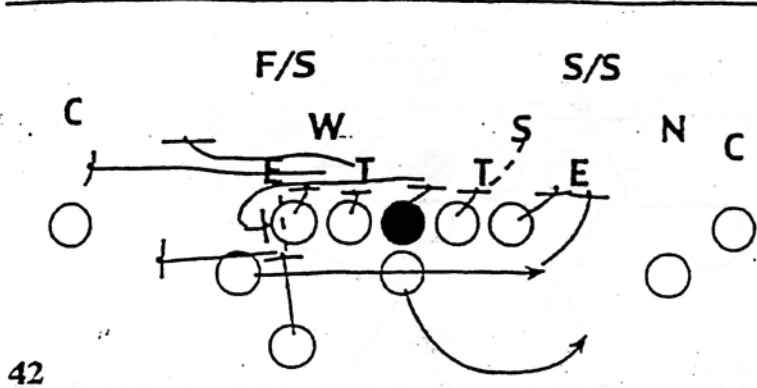
Z

9 ROUTE.

X

9 ROUTE





### DESCRIPTION:

TWO COUNT SCREEN USING SPEED PROTECTION.  
THE QB WILL SPRINT OUT AND THROW BACK TO H.

QB

TAKE SPEED COURSE. SET 2-4 YARDS OUTSIDE  
HASH, 8-10 YARDS DEEP.

F

RUN 5 ROUTE.

H

EXECUTE SPEED PROTECTION FOR 2 COUNTS.  
RELEASE INTO OPENING BEHIND SCREEN. GIVE "GO"  
CALL AS YOU RECEIVE THE BALL.

### BACKSIDE

### FRONTSIDE

BLOCK PROTECTION.

C

BLOCK PROTECTION FOR 2-COUNT AND RELEASE.  
PEEL BACK TO TRAILING DEFENDER TO FAR LB.

G

BLOCK PROTECTION FOR 2-COUNT AND RELEASE.  
BLOCK 2ND DEFENDER (CURL AREA), CHECK MAN  
COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET  
OUT FIRST.

T

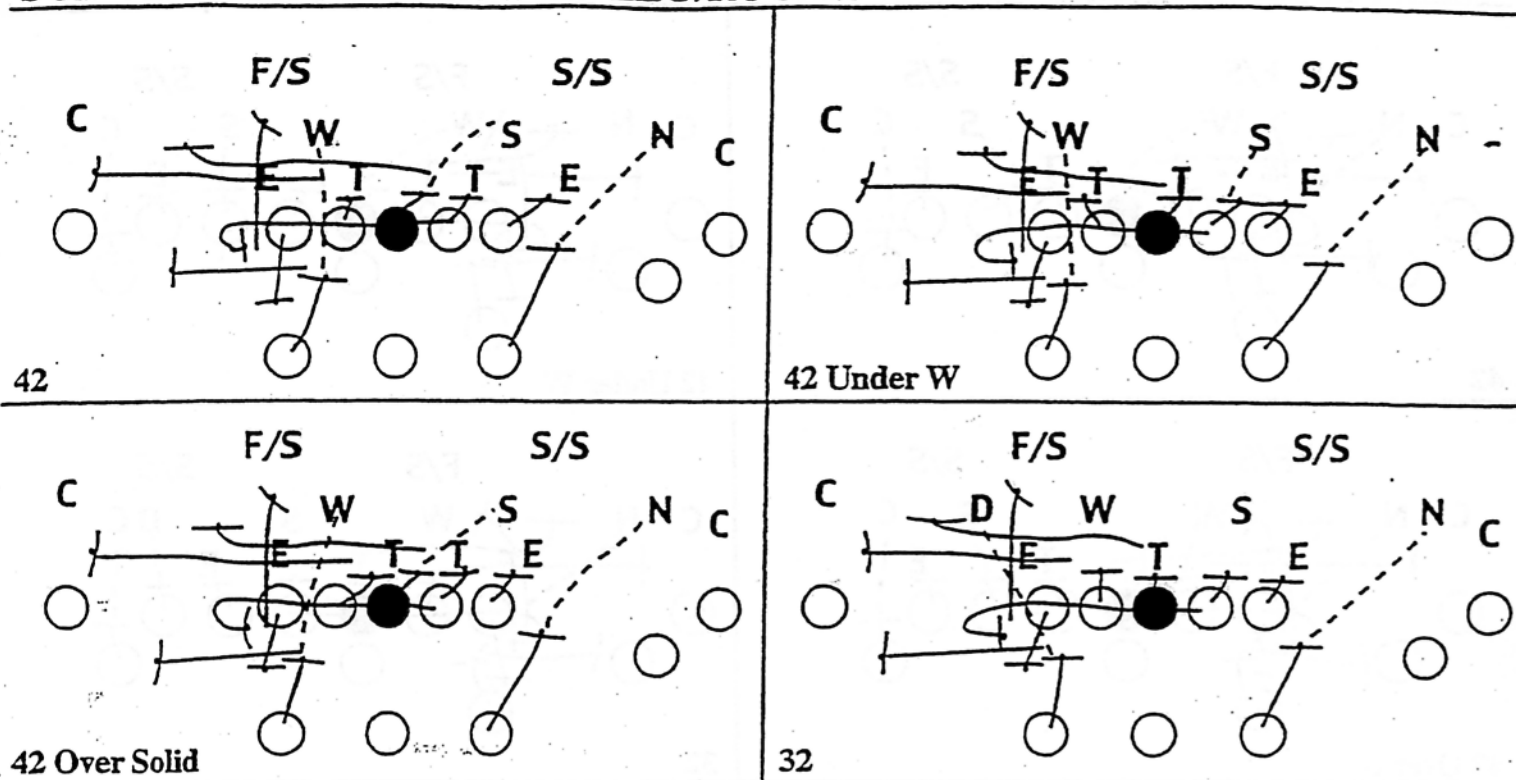
BLOCK PROTECTION FOR 2-COUNT AND RELEASE.  
BLOCK 1ST FLAT DEFENDER (WIDEST DEFENDER).  
BLOCK LB COVERING BACK IF MAN COVERAGE.

Y

BLOCK PROTECTION.

BLOCK PROTECTION.

# SCREEN: BRONCO RT/LT HB LEO/ROGER



## DESCRIPTION:

TWO COUNT SCREEN USING BRONCO PROTECTION. ROGER ALERTS SCREEN RIGHT. LEO ALERTS SCREEN LEFT.

QB

5 STEP DROP, BAIL AND SCREEN TO HB.

F

RUN 9 ROUTE.

H

BLOCK BRONCO PROTECTION. RELEASE ON SCREEN.

## BACKSIDE

## FRONTSIDE

BLOCK PROTECTION FOR 2-COUNT AND RELEASE. PEEL BACK TO TRAILING DEFENDER TO FAR LB.

BLOCK PROTECTION.

C

BLOCK PROTECTION FOR 2-COUNT AND RELEASE. BLOCK 2ND DEFENDER (CURL AREA), CHECK MAN COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET OUT FIRST.

G

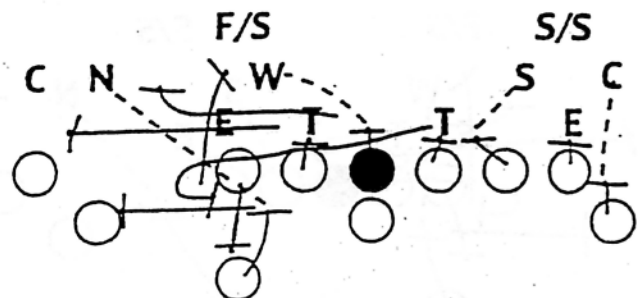
BLOCK PROTECTION FOR 2-COUNT AND RELEASE. BLOCK 1ST FLAT DEFENDER (WIDEST DEFENDER). BLOCK LB COVERING BACK IF MAN COVERAGE.

T

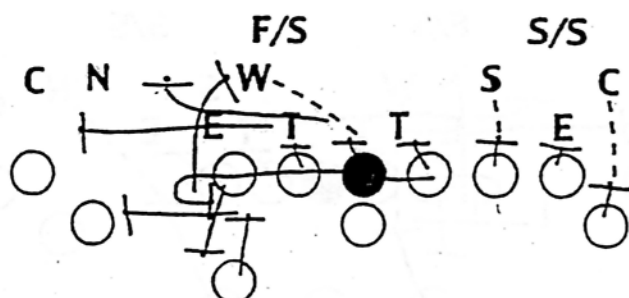
BLOCK PROTECTION. SET DEEP. CUT OR RIDE DEFENDER UPFIELD.

Y

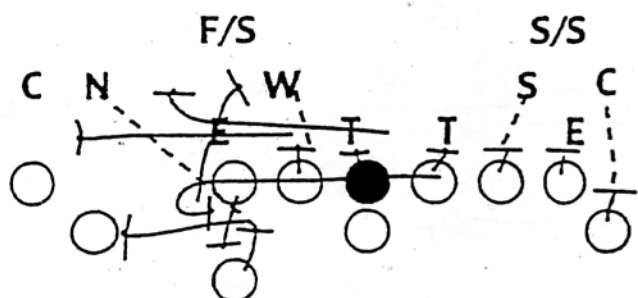
BLOCK PROTECTION.



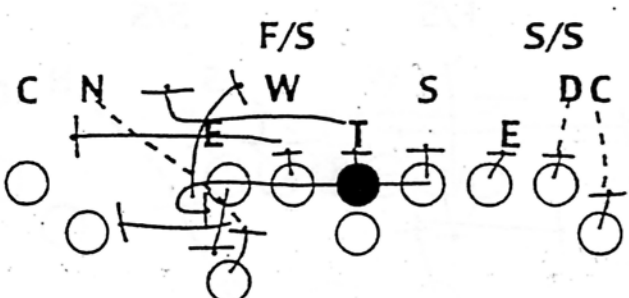
42



42 Under W



42 Over S



32

DESCRIPTION:

TWO COUNT SCREEN USING OTTO PROTECTION. ROGER ALERTS SCREEN RIGHT. LEO ALERTS SCREEN LEFT.

QB

5 STEP DROP, BAIL AND SCREEN TO HB.

F

BLOCK #4.

H

BLOCK OTTO PROTECTION. RELEASE ON SCREEN.

BACKSIDE

BLOCK PROTECTION FOR 2-COUNT AND RELEASE. PEEL BACK TO TRAILING DEFENDER TO FAR LB.

BLOCK PROTECTION.

FRONTSIDE

C

BLOCK PROTECTION FOR 2-COUNT AND RELEASE. BLOCK 2ND DEFENDER (CURL AREA). CHECK MAN COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET OUT FIRST.

G

BLOCK PROTECTION FOR 2-COUNT AND RELEASE. BLOCK 1ST FLAT DEFENDER (WIDEST DEFENDER). BLOCK LB COVERING BACK IF MAN COVERAGE.

T

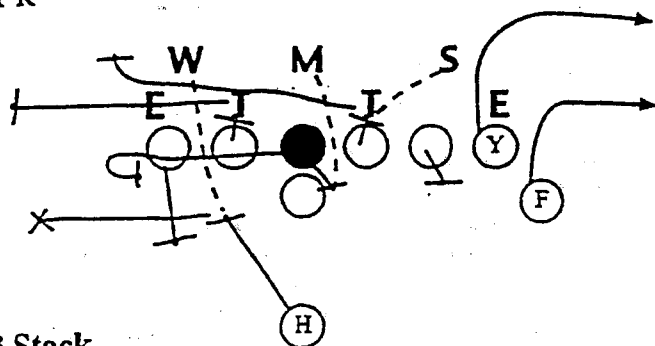
BLOCK PROTECTIN. SET DEEP. CUT OR RIDE DEFENDER UPFIELD.

Y

BLOCK PROTECTION.

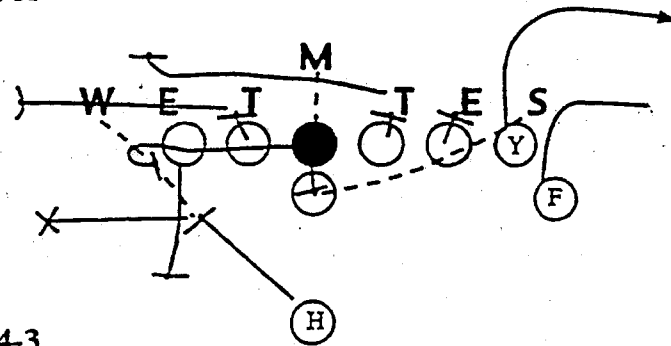
# SCREEN: SCAT RT/LT 839 HB LEO/ROGER

POPR



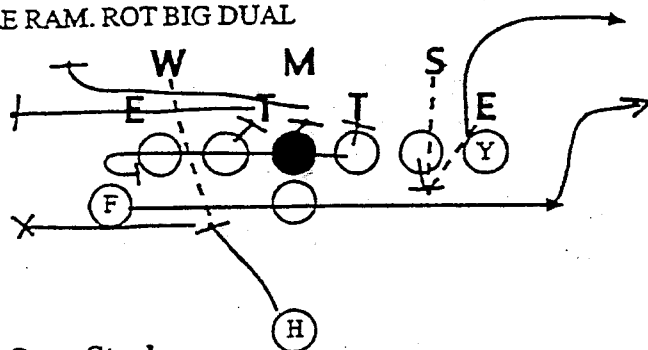
4-3 Stack

POPR



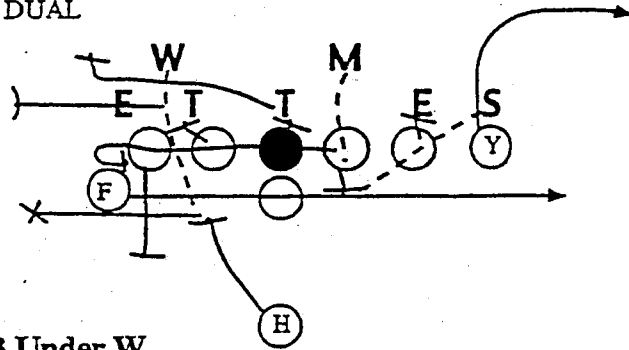
4-3

HOLE RAM. ROT BIG DUAL



4-3 Over Stack

RG DUAL



4-3 Under W

## DESCRIPTION:

TWO COUNT SCREEN USING SCAT PROTECTION. LEO ALERTS SCREEN LEFT. ROGER ALERTS SCREEN RT.

QB

5 STEP DROP; BAIL AND SCREEN TO H.

F

FLAT ROUTE.

H

BLOCK SCAT AND RELEASE INTO SCREEN.

## BACKSIDE

## FRONTSIDE

BLOCK PROTECTION FOR 2-COUNT & RELEASE. PEEL BACK TO TRAILING DEFENDER TO FAR LB.

BLOCK PROTECTION.

C

BLOCK PROTECTION FOR 2-COUNT & RELEASE. BLOCK 2ND DEFENDER (CURL AREA) CHECK MAN COVERAGE. POSSIBLE SWITCH WITH OG IF YOU GET OUT 1ST.

G

BLOCK PROTECTION FOR 2-COUNT & RELEASE. BLOCK 1ST FLAT DEFENDER. (WIDEST DEFENDER) BLOCK LB COVERING BACK IF MAN COVERAGE.

T

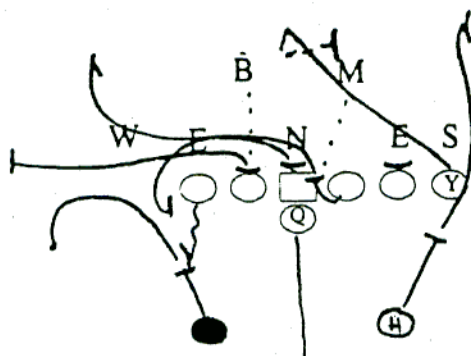
BLOCK PROTECTION. SET DEEP. CUT OR RIDE DEFENDER UPFIELD.

Y

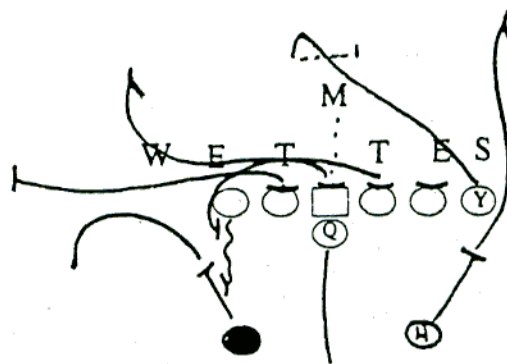
3 ROUTE.

# SCREEN LT TO R PROTECTION

34



43



## COACHING POINTS

3 Count screen

**QB**

5 step drop, reset, read T.E. No deep help  
Look to WR's.

**R**

Check assignment, run screen set up 5x5  
outside the tackle.

**H**

Pocket Pro - check assignment - run clear seal  
backside pursuit.

## BACKSIDE

## FRONTSIDE

**C**

Pocket Pro, 3 counts, block numbers (second  
widest defender) poss. Switch w Guard if you get  
out first.

**G**

Pocket Pro - 3 count lead screen block flat  
(widest defender). Block LB'er covering back  
if man coverage.

**T**

Pocket Pro set deep and cut or ride upfield.

**Y**

Release over ball (4 route). Look hot. If screen  
is thrown seal backside pursuit. Block Sam or  
S/S vs Pistol

**X**

Pattern, block if screen is thrown. S.A.

**Z**

Pattern, block if screen is thrown. S.A.

# SPLIT RT SCREEN LT TO R

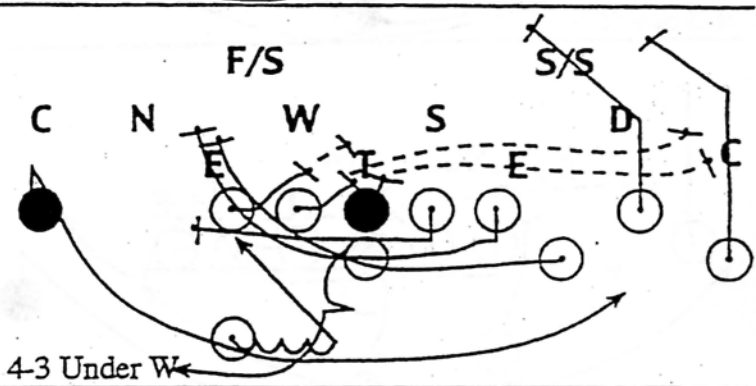
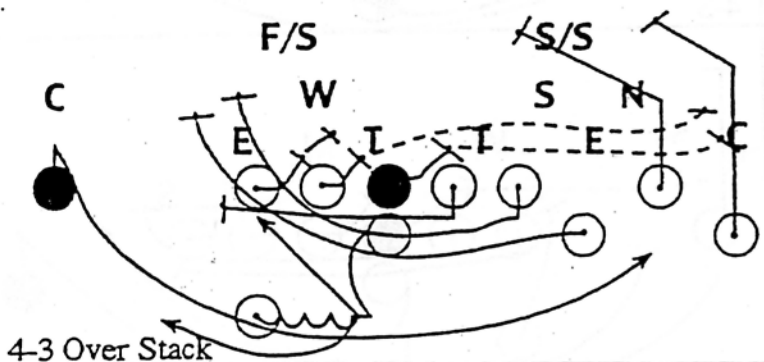
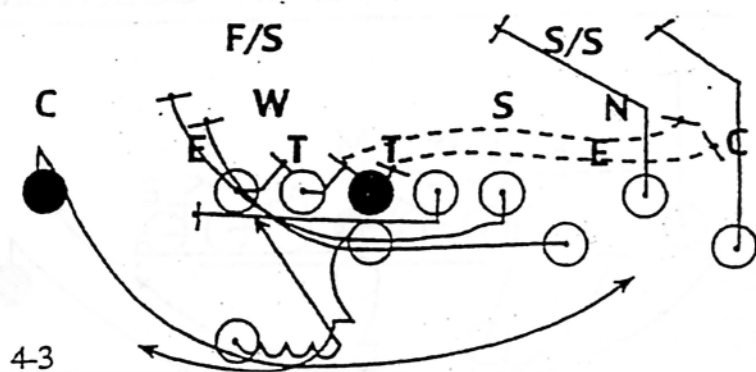
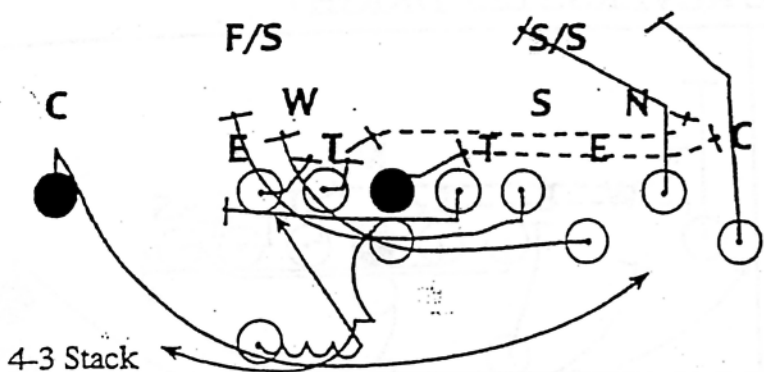
## 30 VARIATIONS

## 40 VARIATIONS

|                              |                       |
|------------------------------|-----------------------|
| <p>34 SLIDE STRONG FS SS</p> | <p>43 STACK FS SS</p> |
| <p>34 OVER S FS SS</p>       | <p>OVER S FS SS</p>   |
| <p>34 DBL MUG FS SS</p>      | <p>OVER KC FS SS</p>  |
| <p>34 MUG STR FS SS</p>      | <p>OVER FS SS</p>     |
| <p>34 UNDER W FS SS</p>      | <p>UNDER W FS SS</p>  |
| <p>34 SLIDE WK FS SS</p>     | <p>UNDER KC FS SS</p> |
| <p>34 MUG WK FS SS</p>       | <p>UNDER FS SS</p>    |

## SPECIAL PLAYS

|                                  | <u>Page #</u> |
|----------------------------------|---------------|
| FAKE BOB Z AROUND                | 25-1          |
| FAKE TOSS X REVERSE              | 25-3          |
| FAKE 60/70 COUNTER Z REVERSE     | 25-5          |
| FAKE BOB DOUBLE REVERSE          | 25-7          |
| FAKE SAME 99/88 STUTTER X BEHIND | 25-9          |



DESCRIPTION:

QB

SAME FOOTWORK AS 99/88 STUTTER. GOOD FAKE TO "H", HAND OFF TO X, CONTINUE FAKE.

F

RUN ROUTE - BLOCK

H

FAKE 99/88.

## BACKSIDE

SAME BLOCKING AS 99/88. PULL, BLOCK EM LOS.

PULL, READ GUARD'S BLOCK, THEN UPFIELD.

PULL, LEAD THROUGH HOLE.

# FRONTSIDE

C

SAME BLOCKING AS 99/88 OR 90/80 BIM, THEN SLIDE OUTSIDE, BLOCK DOWNFIELD.

G

SAME BLOCKING AS 99/88 OR 90/80 BIM, THEN SLIDE OUTSIDE. BLOCK DOWNFIELD.

T

Y

$$Z$$

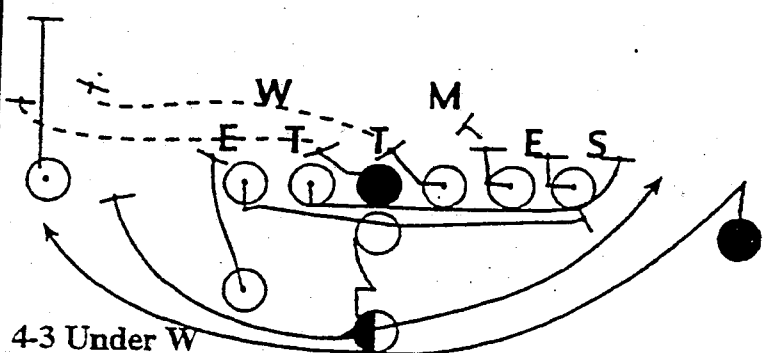
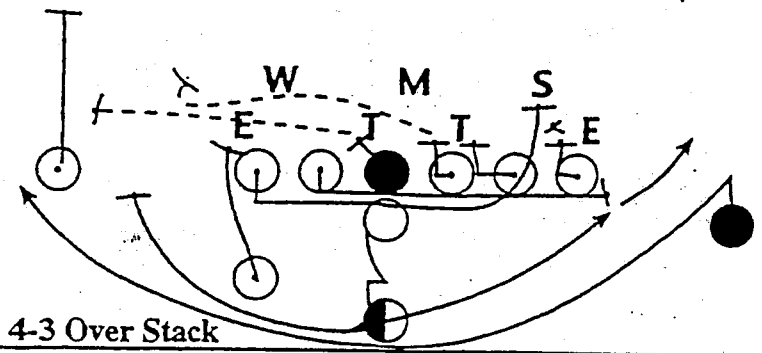
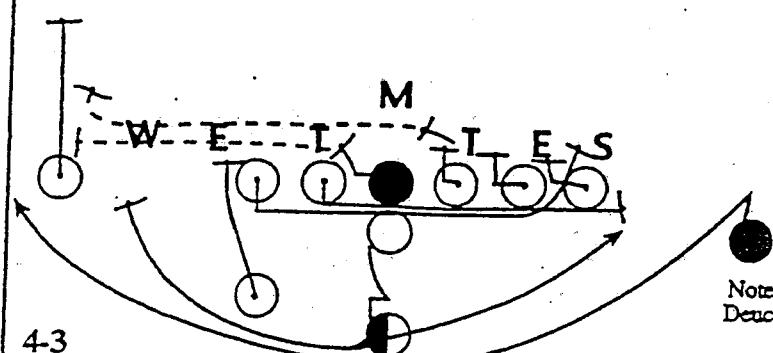
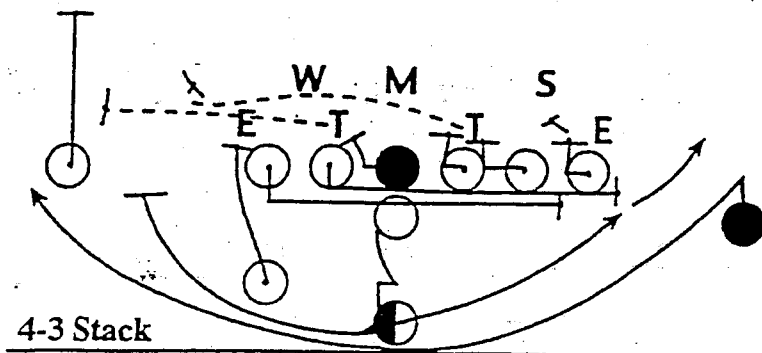
RUN ROUTE, BLOCK.

X

## BALL CARRIER.



# FAKE 60/70 COUNTER Z REVERSE LEFT/RIGHT



## DESCRIPTION:

QB

60/70 COUNTER BALL HANDLING. LEAD REVERSE.

F

BLOCK EM LOS.

H

RUN 60/70 COUNTER BUT TAKE A FLAT TRACK ACROSS BACKFIELD - HAND BALL OFF TO Z.

## BACKSIDE

## FRONTSIDE

PULL, BLOCK 60/70 COUNTER.

PULL, BLOCK 60/70 COUNTER.

C

BLOCK 60/70 COUNTER, THEN WORK OUT LATE.

G

BLOCK 60/70 COUNTER, THEN WORK OUT LATE.

T

BLOCK 60/70 COUNTER.

Y

BLOCK 60/70 COUNTER.

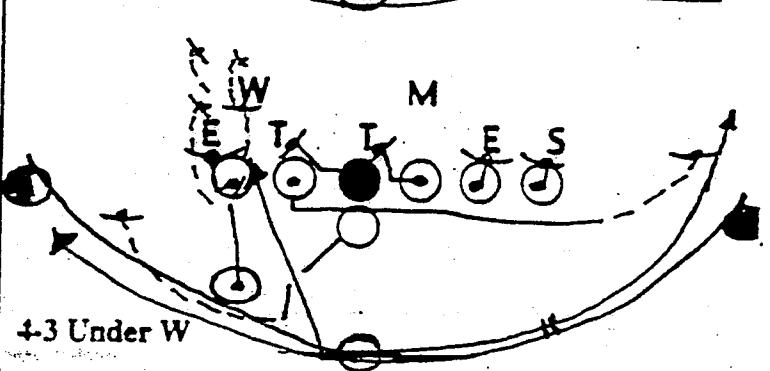
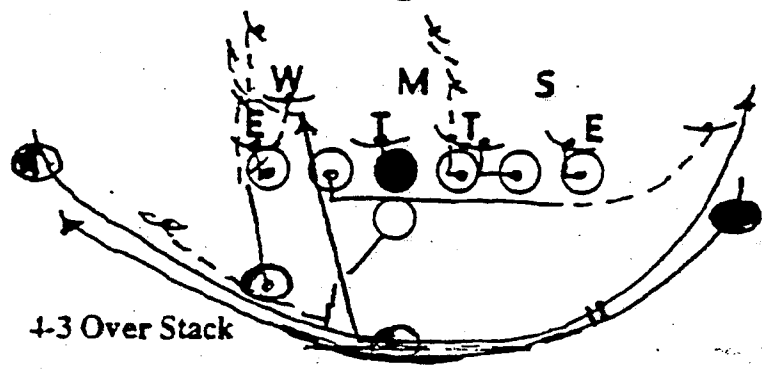
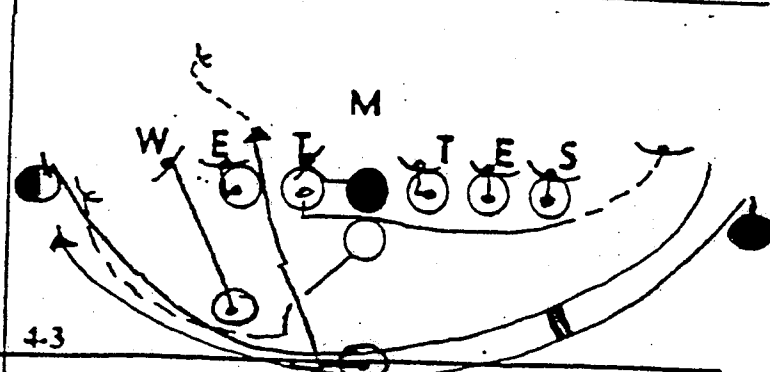
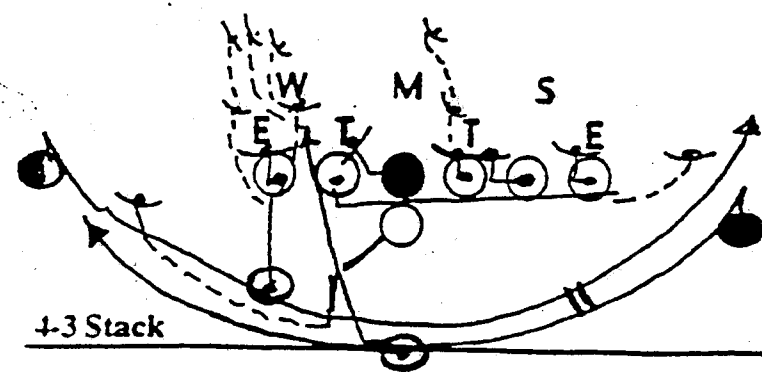
Z

BALL CARRIER.

X

BLOCK DEEP 1/3.

# FAKE 50/40 BOB DOUBLE REVERSE LEFT/RIGHT



## DESCRIPTION:

QB

FAKE HANDOFF TO "H" - HAND OFF TO "X" - DELAY, THEN BE READY TO FINISH OFF EM LOS.

F

BLOCK 50/40 BOB, THEN HELP DOWNFIELD.

H

GOOD FAKE OF 50/40 BOB, THEN HELP DOWNFIELD.

## BACKSIDE

## FRONTSIDE

IF UNCOVERED WORK SWAP OR ZORRO BLOCK WITH CENTER. ALERT "OFF" CALL. COVERED, BLOCK #1 OR WORK SLIP WITH TACKLE. ALERT "ANGLE" VS SOLIDS.

BLOCK #2. ALERT SLIP BLOCK. ALERT ANGLE VS SOLIDS.

C

COVERED, BLOCK MAN OVER. ALERT SWAP, ZORRO, ANGLE CALLS. IF UNCOVERED, BLOCK DT OVER CALLSIDE GUARD.

G

PULL, BLOCK FIRST DEFENDER OUTSIDE OF TE.

T

BLOCK 50/40 BOB.

Y

BLOCK MAN OVER.

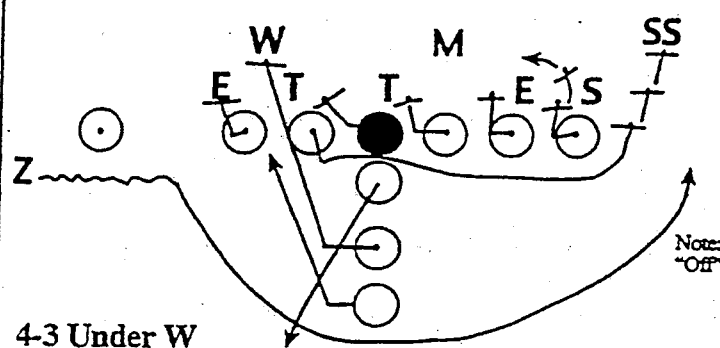
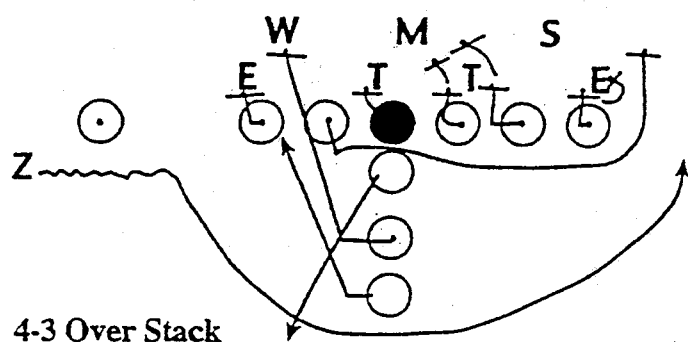
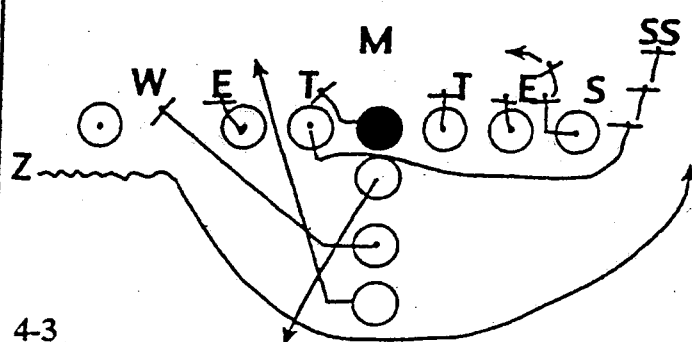
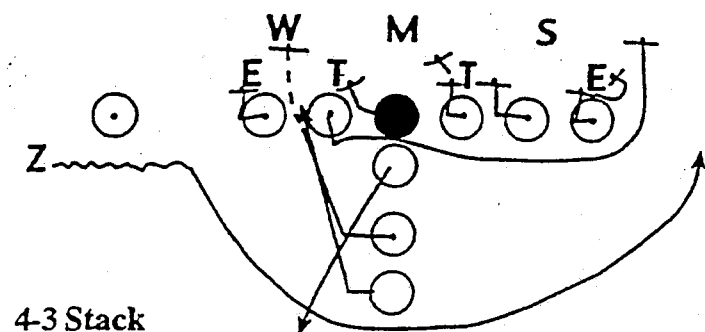
Z

BALL CARRIER.

X

RECEIVE BALL FROM QB, THEN HAND OFF TO Z COMING BEHIND YOU. CONTINUE OUTSIDE.

# FAKE 50 BOB Z AROUND RIGHT



DESCRIPTION:  
REVERSE

QB

BOB FOOTWORK - FAKE TO HB, HAND OFF TO Z.

F

BLOCK 50 BOB.

H

RUN 50 BOB. SELL IT.

## BACKSIDE

PULL - ALERT FOR SAM LBER - CHIP IN ROUTE TO SAFETY.

BLOCK #2.

## FRONTSIDE

C

BLOCK "O" TO BACKSIDE TACKLE. ALERT OFF, ANGLE, ACE CALLS.

G

BLOCK #1. ALERT TO OFF, ACE, ANGLE CALLS.

T

BLOCK #2. ALERT SLIP, ANGLE CALLS.

Y

BLOCK #3. FAKE COMBO THEN BLOCK SAM LBER.

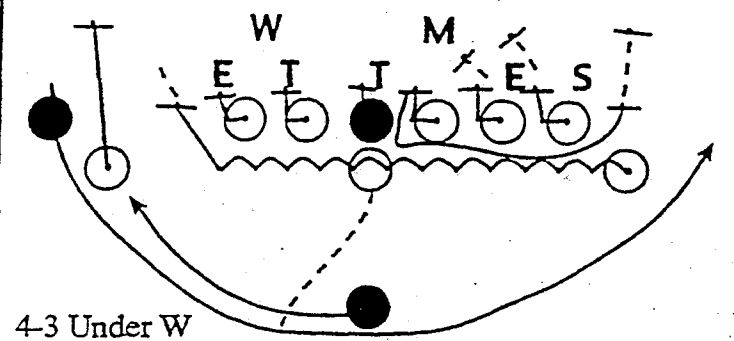
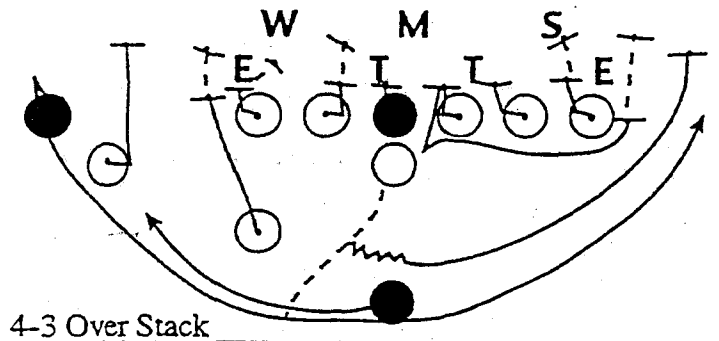
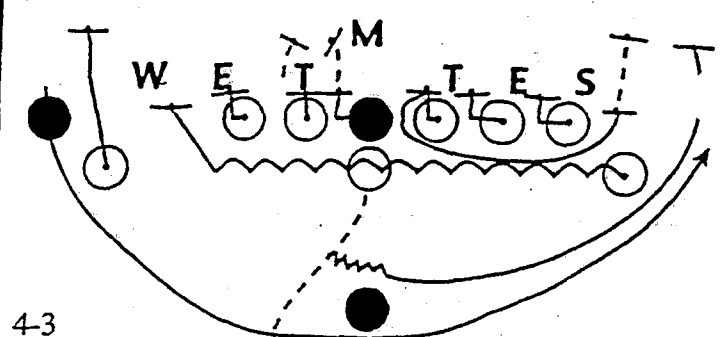
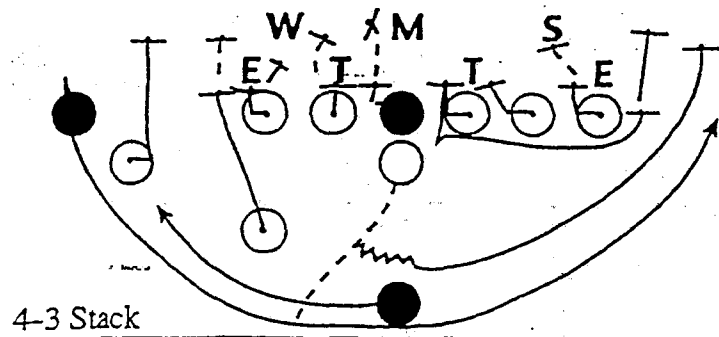
Z

POSSIBLE MOTION. RUN REVERSE.

X

BLOCK MAN OVER.

# FAKE 90 TOSS X REVERSE RIGHT



## DESCRIPTION:

QB

TOSS ACTION - SOFT PITCH. HESITATE THEN PEEL BACK. HELP ON FORCE. C.P. - DON'T TAKE BALL CARRIER TO SIDELINE.

F

BLOCK #3. IF IN MOTION, JAM, ATTACK #3.

H

ACCEPT BALL, HAVE DEPTH - HAND OFF TO X (Z), CONTINUE OUTSIDE - SEAL.

## BACKSIDE

## FRONTSIDE

TOSS BLOCKING - DON'T ALLOW PENETRATION.

TOSS BLOCKING - DON'T ALLOW PENETRATION.

C

BLOCK "O". WORK TOSS SIDE GAP - RAY/LENNY, THEN UPFIELD, PIN LBER.

G

FLAT GAP STEP INSIDE, FOUR COUNTS - LOSE GROUND INITIALLY. BE READY FOR QUICK FORCE. GET UPFIELD ASAP. DON'T STRING PLAY OUT.

T

IF UNCOVERED, BLOCK DOWN. IF COVERED AND ON GUARD COVERED, BLOCK DOWN. IF COVERED AND ON GUARD UNCOVERED, WORK TREY BLOCK WITH TIGHT END.

Y

IF TACKLE UNCOVERED, INFLUENCE BLOCK MAN OVER. IF BUBBLE OVER GUARD, TREY BLOCK. IF TACKLE, GUARD COVERED, BLOCK DOWN.

Z

BLOCK MDM.

X

BALL CARRIER.

**SPEED / SPRINT**

Page #

|                       |      |
|-----------------------|------|
| SPEED 39 PUMP         | 49-1 |
| SPEED 55 SQUIRREL     | 49-2 |
| SPEED 0 PICK COMEBACK |      |
| SPEED BOMB 729        | 49-3 |
| SPEED BOMB 529 PUMP   |      |
| SPRINT 16             | 49-4 |
| SPRINT 17             |      |

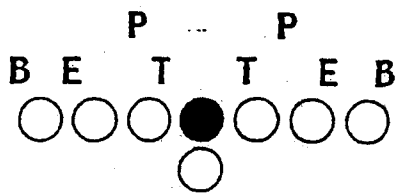
SHORT YARDAGE RUN / PASS

|                         | <u>Page #</u> |
|-------------------------|---------------|
| FB 20/30 BELLY          | 50-1          |
| 30/20 WRAP              | 50-2          |
| 40/50 BOSS              | 50-3          |
| 50/40 BOB               | 50-4          |
| 60/70 LOAD GEE          | 50-5          |
| 60/70 LOAD POWER        | 50-6          |
| I LT WING ZOOM 90 PITCH | 50-7          |
| I RT TITE-FLY 80 PITCH  | 50-8          |
| BLUFF 99-88 STUTTER     | 50-9          |
| FIRE PASS RT            | 50-10         |

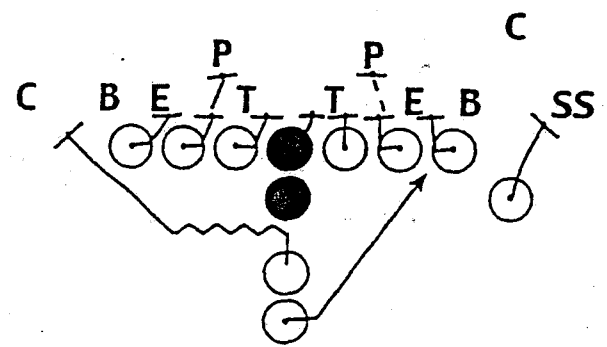
# GOAL LINE RUN / PASS

|                                | <u>Page #</u> |
|--------------------------------|---------------|
| QB SNEAK                       | 51-1          |
| ALERT QB SUCKER                | 51-2          |
| EXPLODE: BENGAL RIGHT 30 DIVE  | 51-3          |
| FB 20/30 BELLY                 | 51-4          |
| 20/30 LEAD - OH                | 51-5          |
| "BANG" 30/20 CRUNCH            | 51-6          |
| 40/50 CHIP                     | 51-7          |
| 40/50 CUT BACK                 | 51-8          |
| 60/70 LOAD GEE                 | 51-9          |
| 60/70 LOAD POWER               | 51-10         |
| "BANG" BLUFF 70/60 COUNTER     | 51-11         |
| 90/80 PRESS                    | 51-12         |
| 80/90 PITCH                    | 51-13         |
| ACT 4 HOT 204 F FLAT           | 51-14         |
| ROLL PASS                      | 51-15         |
| CHIP PASS                      | 51-16         |
| GEE PASS                       | 51-17         |
| "BANG" CRUNCH PASS RIGHT       | 51-18         |
| FAKE BANG BLUFF CTR PASS RIGHT | 51-19         |
| FAKE LEAD WAGGLE               | 51-20         |

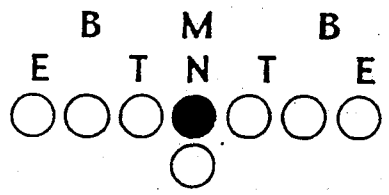
PLAY: QB SNEAK RIGHT



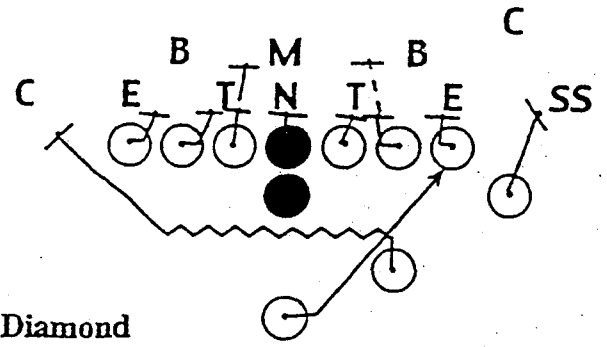
62



62



Solid Diamond



Solid Diamond

DESCRIPTION:

QB

TAKE SNAP, PAUSE, LOWER SHOULDER AND DRIVE.

F

BLOCK WEAKSIDE EDGE.

H

BLOCK STRONGSIDE EDGE.

BACKSIDE

PLAYSIDE

LOCK INSIDE GAP WITH SHOULDERS SQUARE. VS OLID - DOUBLE TEAM DT W/TACKLE.

BLOCK INSIDE GAP WITH SHOULDERS SQUARE. VS SOLID - DOUBLE TEAM DT W/GUARD.

INSIDE GAP WITH SHOULDERS SQUARE.

C

COVERED, DRIVE BLOCK THE NOSE TACKLE. UNCOVERED, DOUBLE TEAM DT TO THE SIDE OF CALL.

G

VS EVEN, DOUBLE TEAM DT W/CENTER. VS SOLID, DOUBLE TEAM DT W/TACKLE.

T

VS EVEN, BLOCK INSIDE GAP WITH SHOULDERS SQUARE.

Y

BLOCK INSIDE GAP WITH SHOULDERS SQUARE.

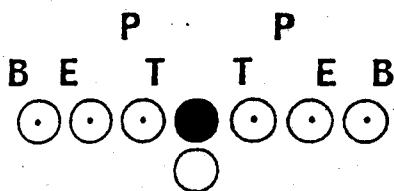
X

Z

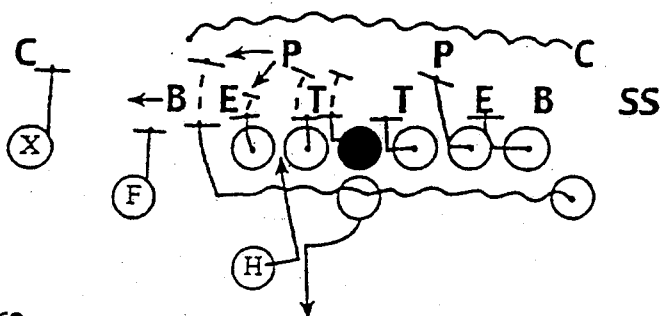
BLOCK INSIDE GAP WITH SHOULDERS SQUARE.



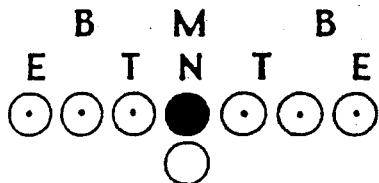
# PLAY: EXPLODE: BENGAL RIGHT 30 DIVE



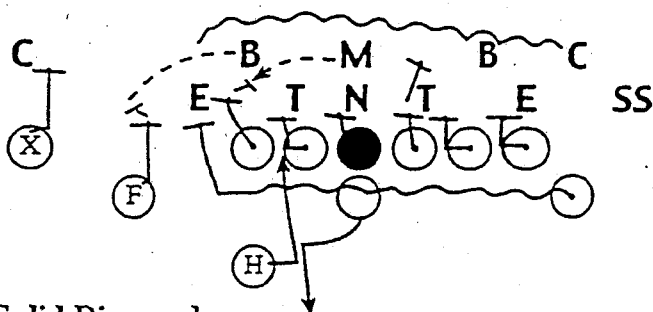
62



62



Solid Diamond



Solid Diamond

DESCRIPTION:

QB

REVERSE, HAND OFF TO H, CONTINUE OUTSIDE.

F

EXPLODE TO SLOT POSITION ON COMMAND, BLOCK MAN OVER.

H

EXPLODE TO HB POSITION ON COMMAND. QUICK SLIDE STEP INSIDE, ACCEPT BALL. READ DAYLIGHT.

BACKSIDE

PLAYSIDE

VS EVEN, "SWOOP." VS SOLID, WORK SLIP BLOCK WITH TACKLE.

VS EVEN, "SWOOP." VS SOLID, WORK SLIP BLOCK WITH GUARD.

VS EVEN, "SWOOP" BLOCK. VS SOLID, CUT OFF BLOCK.

C

VS EVEN, WORK LENNY BLOCK WITH ON GUARD. VS SOLID, BLOCK MAN OVER.

G

VS EVEN, WORK LENNY BLOCK WITH CENTER. VS SOLID, REACH BLOCK #1.

T

VS EVEN, WORK READ ZONE WITH "Z" ALERT FOR LBER RUN THRU. VS SOLID, WORK READ ZONE WITH "Z" ALERT FOR LBER RUN THRU.

Y

X

EXPLODE TO NUMBERS, BLOCK MAN OVER.

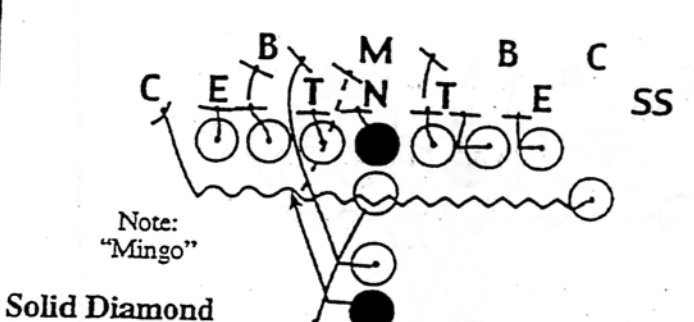
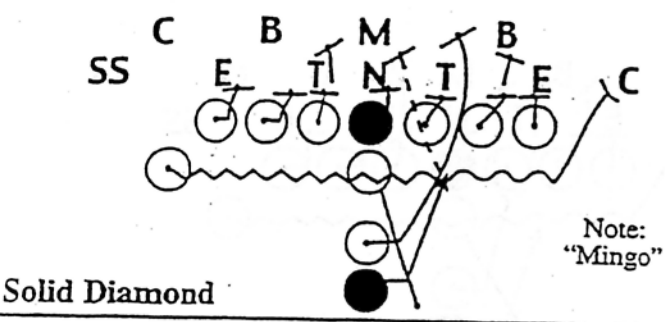
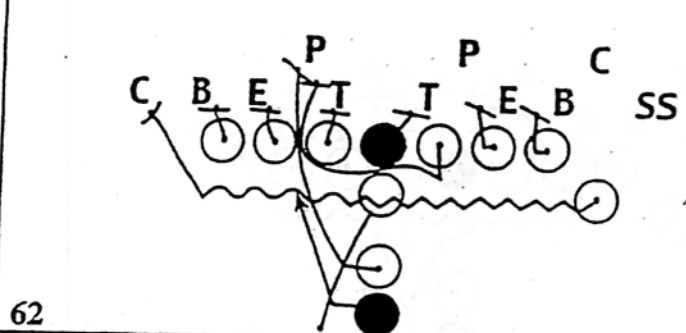
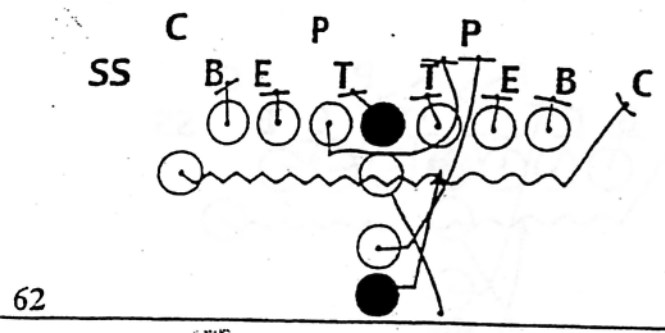
Z

MOTION TO HIP OF OFFENSIVE TACKLE, WORK IN COMBINATION WITH HIM. A READ ZONE BLOCK.

PLAY:

20 LEAD OH

30 LEAD OH



DESCRIPTION:

QB

SPRINT BACK, GIVE BALL DEEP TO BALL CARRIER. FINISH NAKED.

F

LEAD ON 1ST LBER INSIDE OUT. VS SOLID, BLOCK MIKE LBER.

H

BALL CARRIER READ ONSIDE LINE BLOCKING, FOLLOW "F".

BACKSIDE

PLAYSIDE

PULL, SKIN IT, READ ON GUARD'S BLOCK. VS SOLID, WORK SLIP WITH TACKLE - SURGE.

VS EVE, BLOCK #2. VS SOLID, WORK SLIP BLOCK WITH GUARD - SURGE.

OCK #3.

C

VS EVEN, BLOCK BACK ON DT. VS SOLID, ALERT MINGO, BLOCK MAN OVER.

G

BLOCK #1. VS SOLID, REACH BLOCK #1.

T

BLOCK #2. VS SOLID, READ ZONE WITH TE.

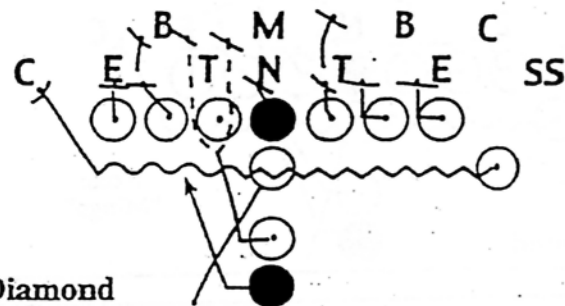
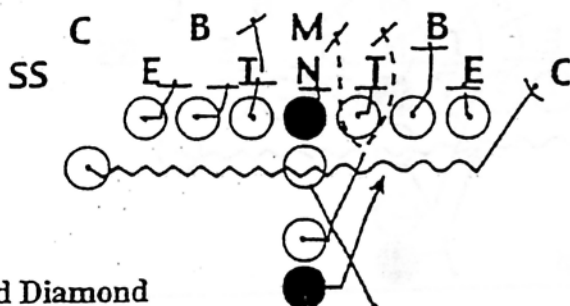
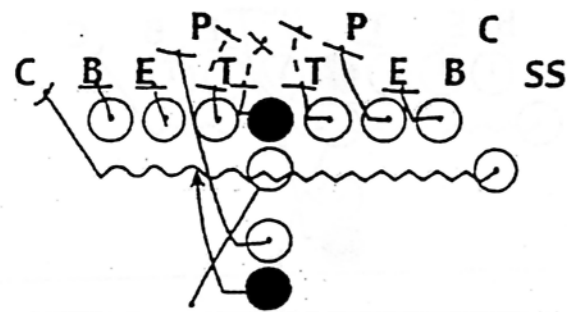
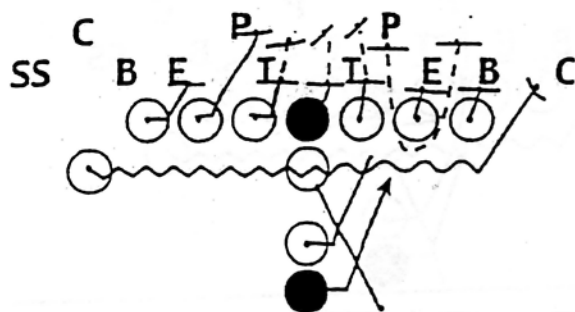
Y

BLOCK #3. VS SOLID, READ ZONE WITH TACKLE.

X

Z

BLOCK #4.



## DESCRIPTION:

QB

OPEN TO HOLE, GET BALL DEEP TO BALL CARRIER.

F

BLOCK FIRST LBER ONSIDE, READ ON TACKLE'S BLOCK.

H

READ PLAYSIDE GUARD/TACKLE'S BLOCK. ALERT "GANG" CALL.

## BACKSIDE

VS EVEN, "SWOOP" BLOCK. VS SOLID, WORK SLIP BLOCK WITH TACKLE, SURGE.

VS EVEN, "SWOOP" BLOCK. VS SOLID, WORK SLIP BLOCK WITH GUARD, SURGE.

VS EVEN, "SWOOP" BLOCK. VS SOLID, CUT OFF BLOCK ON #3.

## PLAYSIDE

C

VS EVEN, DOUBLE TEAM DT WITH ON GUARD TO OFF LBER, ALERT GANG CALL. VS SOLID, BLOCK MAN OVER.

G

VS EVEN, DOUBLE TEAM DT WITH CENTER TO OFF LBER, ALERT "GANG" CALL. VS SOLID, REACH BLOCK DT.

T

VS EVEN, BLOCK #2. ALERT "GANG" CALL. VS SOLID, READ ZONE WITH TE.

Y

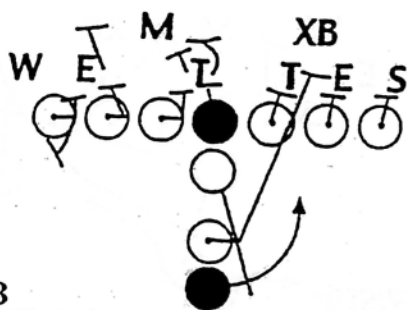
VS EVEN, BLOCK #2. ALERT "GANG" CALL.

X

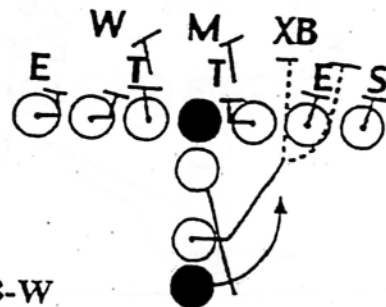
Z

BLOCK EM LOS. PROTECT INSIDE GAP.

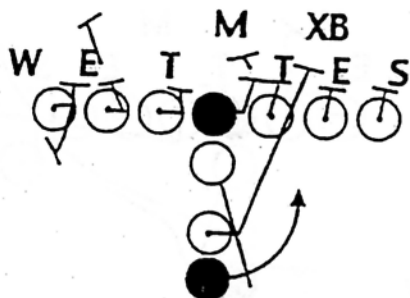
# PLAY: 40 / 50 BOSS



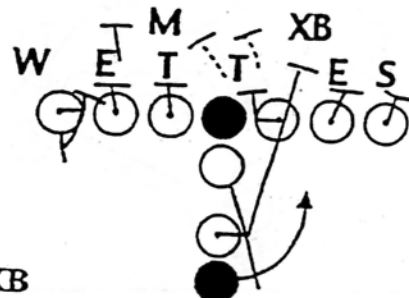
43 Over XB



43 Under XB-W



43 XB



43 Under XB

## DESCRIPTION:

### FORMATIONS:

TITE  
ITE FLY

QB

SAME AS REGULAR

F

SAME AS REGULAR

H

SAME AS REGULAR

## BACKSIDE

SAME AS REGULAR

SAME AS REGULAR

## PLAYSIDE

C

SAME AS REGULAR

G

SAME AS REGULAR

T

SAME AS REGULAR

Y

SAME AS REGULAR

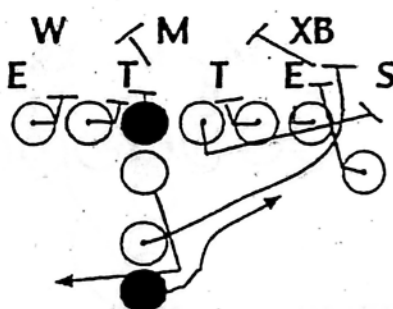
X

Z

MDM

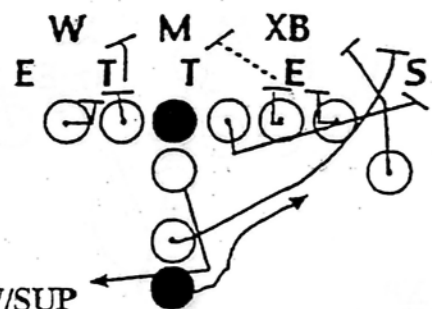
CUTOFF OR COMBO

PLAY: 60/70 LOAD GEE



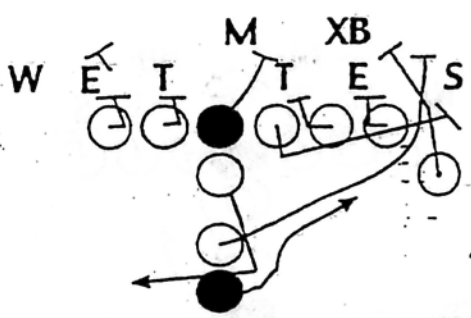
43 OVER XB

Note:  
Quad



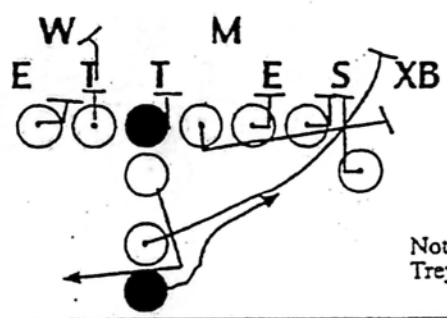
43 UNDER W/SUP

Note:  
Trey



43 XB

Note:  
"Mingo"  
by TE



43 UNDER W

Note:  
Trey

DESCRIPTION:

QB

BOB FOOTWORK. FINISH WEAK ON NAKED.

F

BLOCK SUPPORT. READ ON GUARD'S BLOCK.

H

BOB FOOTWORK.

BACKSIDE

PLAYSIDE

C

BLOCK "O" ALERT SWAP, SKIN, CAT CALLS.

G

PULL - BLOCK EM LOS.

T

BLOCK DOWN ON #1. IF OG UNCOVERED, WORK TREY BLOCK. ALERT QUAD CALL- BLOCK MAN OVER.

Y

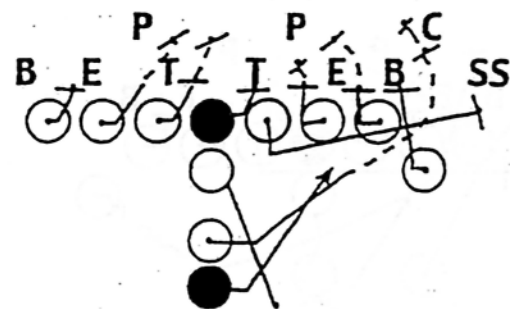
IN WING POSITION. ALERT TREY, QUAD CALLS. IF MINGO, CALL BLUFF LB & BLOCK FORCE

X

BLOCK #2. ALERT TREY, QUAD CALLS. CALL MINGO IF NEED NO HELP.

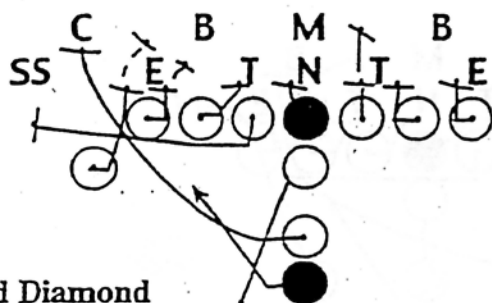
Z

LOCK MAN OVER.

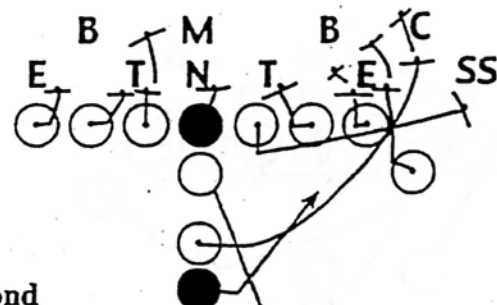


62

62



## Solid Diamond



## Solid Diamond

DESCRIPTION:

QB

OPEN TO HOLE, GET BALL DEEP AND QUICK TO H.

F

LEAD FOR INSIDE FORCE. READ ON GUARD'S BLOCK.

H

DOWN HILL PATH, READ ON GUARD'S BLOCK.

## BACKSIDE

VS EVEN, "SWOOP" BLOCK VS SOLID, WORK SLIP  
BLOCK WITH TACKLE.

VS EVEN, "SWOOP" BLOCK. VE SOLID, WORK SLIP  
BLOCK WITH GUARD.

OOOP, CUT OFF.

## PLAYSIDE

C

VS EVEN, REACH DT ONSIDE. VS SOLID, BLOCK  
MAN OVER.

# G

PULL, BLOCK EM LOS.

T

VS EVEN, BLOCK #2. POSSIBLE TREY BLOCK W/TE.  
ALERT GAP CALL. VS SOLID, BLOCK DOWN ON DT.

Y

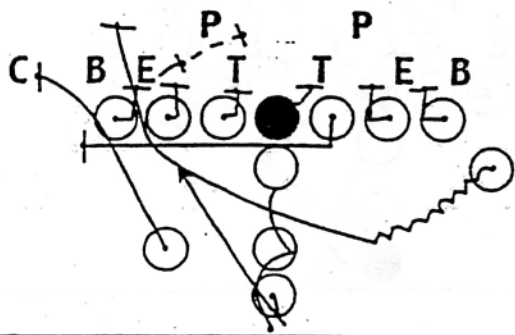
VS EVEN, POSSIBLE TREY BLOCK W/TACKLE OR  
QUAD BLOCK WITH Z. ALERT GAP CALL. VS SOLID,  
QUAD BLOCK WITH Z.

X

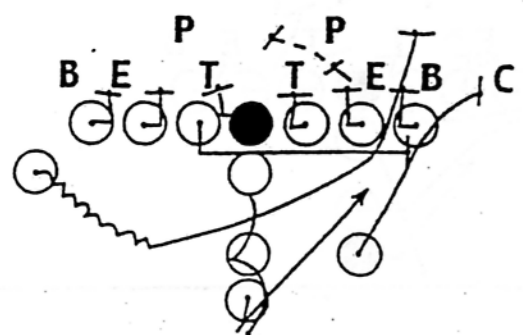
$$Z$$

BLOCK MAN OVER Y. BE ALERT FOR TREY OR  
QUAD BLOCK. ALERT GAP CALL.

2



62



Note:  
"Angle"

Solid Diamond

Note:  
"Angle"

Solid Diamond

DESCRIPTION:

QB  
  
F  
  
H

60/70 COUNTER ACTION.  
  
BLUFF LBER/DE, THEN BLOCK OUT ON CORNER.  
  
RUN 60/70 COUNTER.

## BACKSIDE

## PLAYSIDE

LL, BLOCK EM LOS.

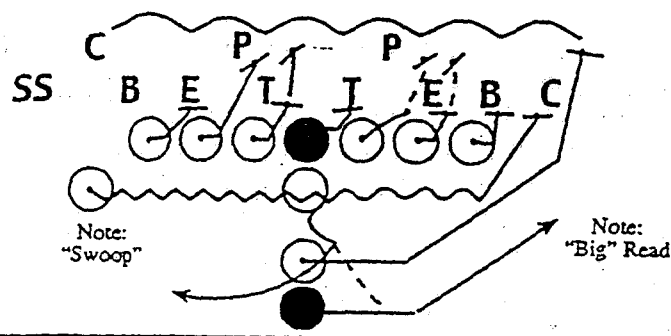
OCK #2. IF UNCOVERED, STEP INSIDE, SLAM  
FENSIVE TACKLE, THEN WORK BACK.

OCK MAN OVER.

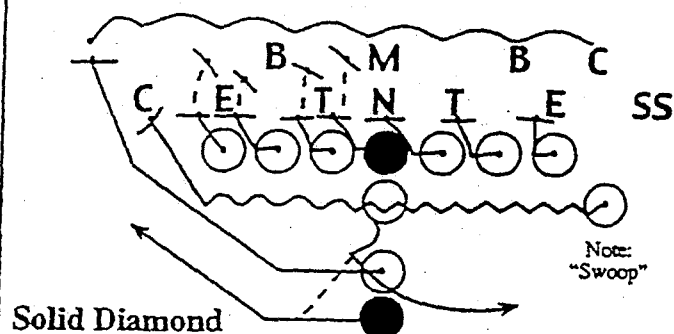
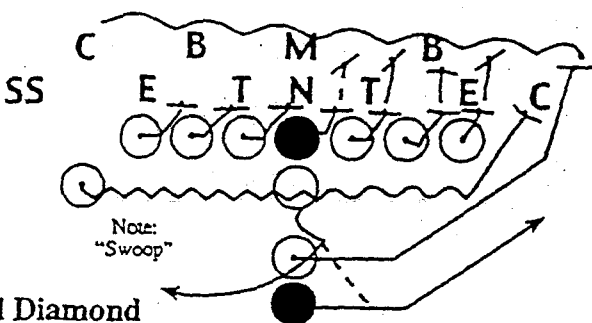
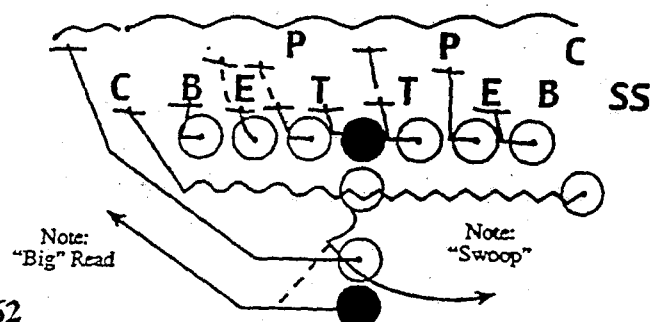
NG MOTION, LOSE GROUND, WRAP THROUGH  
ST DAYLIGHT.

C  
  
G  
  
T  
  
Y  
  
X  
  
Z

UNCOVERED, BLOCK BACK ON DT. COVERED,  
"SOLID" CALL, "ANGLE" CALL, THEN BLOCK DOWN  
ON NT!  
  
BLOCK #1. ALERT SOLID & ANGLE CALL, THEN  
BLOCK DOWN ON NT!  
  
TREY BLOCK WITH "X" ON DE TO BACKSIDE LBER.  
VS SOLID, ANGLE CALL, BLOCK DOWN ON DT.  
  
  
  
  
TREY BLOCK WITH TACKLE ON DE TO BACKSIDE  
LBER. VS SOLID, CHIP DE, BLOCK INSIDE AREA TO  
MIKE LBER.



62



SCRIPTION:

QB

REVERSE PIVOT, SOFT PITCH, FINISH WITH NAKED.

F

RUN PARALLEL FOR 5 YARDS. READ FORCE. BLOCK FORCE.

H

QUICK JAB. RUN PARALLEL, TAKE PITCH. READ FORCE. FIRST CHOICE, RUN OUTSIDE.

BACKSIDE

PLAYSIDE

C

VS EVEN, REACH PLAYSIDE GAP. VS SOLID, SWOOP BLOCK.

G

VS EVEN, WORK "BIG READ" WITH ON TACKLE. ALERT "GANG" CALL. ALERT PITCH, GEE, PULL AND BLOCK PLAYSIDE LBER. VS SOLID, REACH BLOCK DT. ALERT PITCH, GEE, PULL AND BLOCK PLAYSIDE LBER.

T

VS EVEN, WORK "BIG READ" WITH ON GUARD; ALERT "GANG" CALL. ALERT PITCH, "GEE", BLOCK #2. VS SOLID, WORK "READ ZONE" WITH Y. ALERT POSSIBLE "TAKE" CALL - G.P. ALERT PITCH "GEWE" - BLOCK DOWN ON DT.

Y

VS EVEN, BLOCK MAN OVER; ALERT "GANG" CALL. VS SOLID, WORK READ ZONE WITH ON TACKLE. ALERT POSSIBLE "TAKE" CALL - G.P.

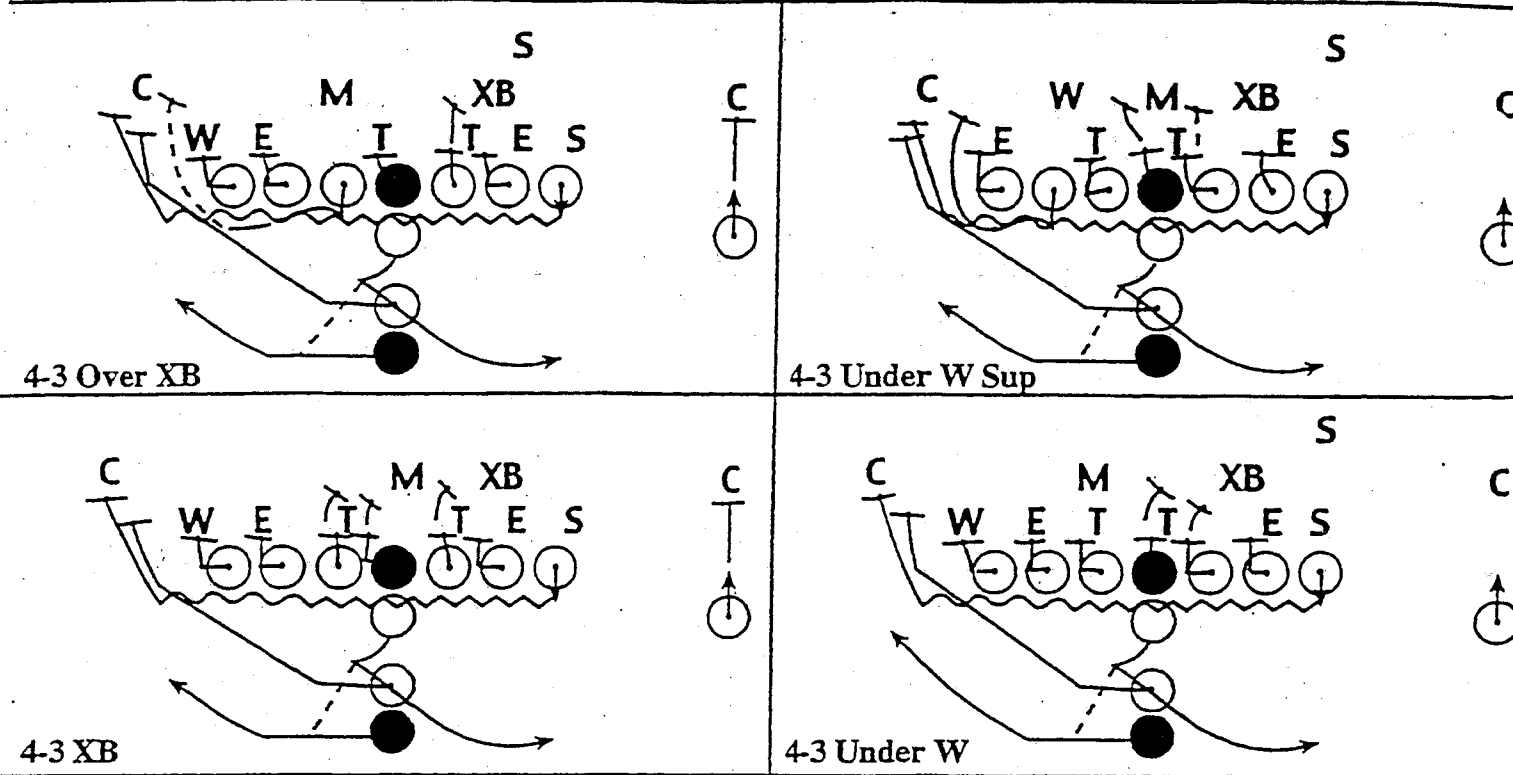
X

Z

PLAY TO - BLOCK EM LOS. PLAY AWAY - SWOOP.



# PLAY: I LEFT WING ZOOM 90 PITCH



|              |    |                  |
|--------------|----|------------------|
| DESCRIPTION: | QB | SAME AS REGULAR. |
|              | F  | SAME AS REGULAR. |
|              | H  | SAME AS REGULAR. |

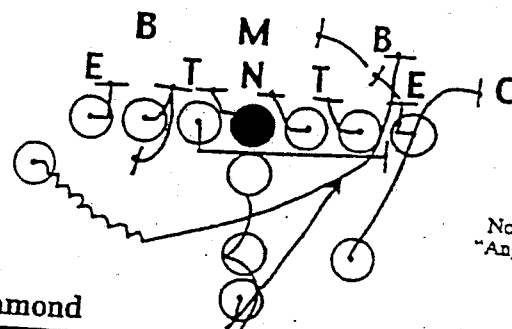
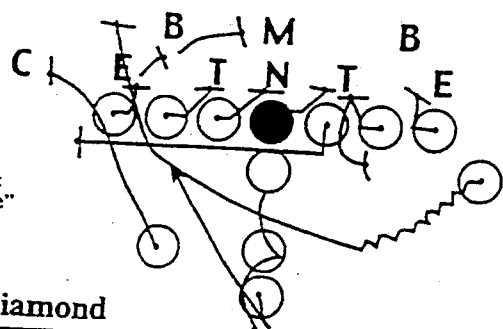
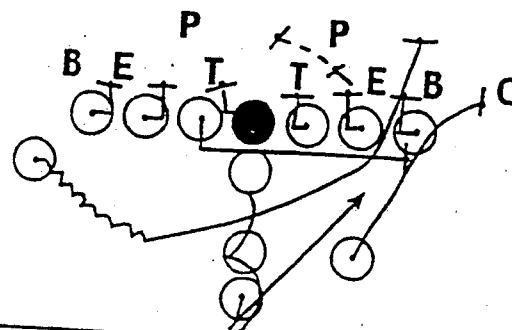
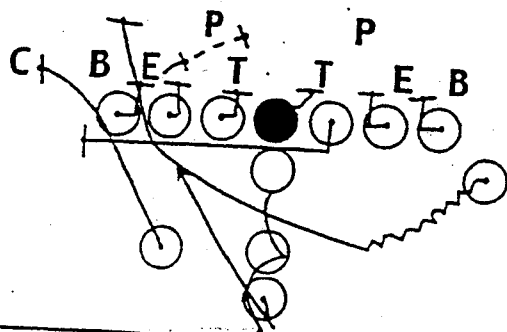
## BACKSIDE

## PLAYSIDE

|   |   |
|---|---|
| C | SAME AS REGULAR.                                    |
| G | SAME AS REGULAR.                                    |
| T | SAME AS REGULAR.                                    |
| Y | SAME AS REGULAR.                                    |
| X |   |
| Z | ON "READY" MOVE OFF LOS. MOTION ONSIDE BLOCK FORCE. |

# PLAY: BANG BLUFF 70 COUNTER

# BANG BLUFF 60 COUNTER



Solid Diamond

Solid Diamond

## DESCRIPTION:

QB

60/70 COUNTER ACTION.

F

BLUFF LBER/DE, THEN BLOCK OUT ON CORNER.

H

RUN 60/70 COUNTER.

## BACKSIDE

## PLAYSIDE

C

UNCOVERED, BLOCK BACK ON DT. COVERED, "SOLID" CALL, "ANGLE" CALL, THEN BLOCK DOWN ON NT!

G

BLOCK #1. ALERT SOLID & ANGLE CALL, THEN BLOCK DOWN ON NT!

T

TREY BLOCK WITH "X" ON DE TO BACKSIDE LBER. VS SOLID, ANGLE CALL, BLOCK DOWN ON DT.

Y

X

TREY BLOCK WITH TACKLE ON DE TO BACKSIDE LBER. VS SOLID, CHIP DE, BLOCK INSIDE AREA TO MIKE LBER.

Z

LL, BLOCK EM LOS.

DOCK #2. IF UNCOVERED, STEP INSIDE, SLAM OFFENSIVE TACKLE, THEN WORK BACK.

DOCK MAN OVER.

IN, LOSE GROUND, WRAP THROUGH DT.

# PLAY: GEE PASS LEFT

# GEE PASS RIGHT

62

62

Solid Diamond

Solid Diamond

DESCRIPTION:

QB

CHIP COURSE, MESH WITH "H" THROW TO X ON 7 ROUTE.

F

LEAD ON 1ST LBER ONSIDE.

H

GEE FOOTWORK, HIT "A" GAP TO BACKISDE. GO OVER THE TOP.

## BACKSIDE

## PLAYSIDE

VS EVEN, BLOCK #1. VS SOLID, BLOCK #1.

VS EVEN, BLOCK #2. VS SOLID, STEP DOWN, SLAM DT. CHECK LBER OVER YOU.

LOCK #3.

LOCK EM LOS.

C

VS EVEN, REACH PLAYSIDE GAP. VS SOLID, BLOCK MAN OVER.

G

PULL, BLOCK EM LOS AGGRESSIVELY.

T

VS EVEN, BLOCK #2. VS SOLID, BLOCK DOWN ON DT.

Y

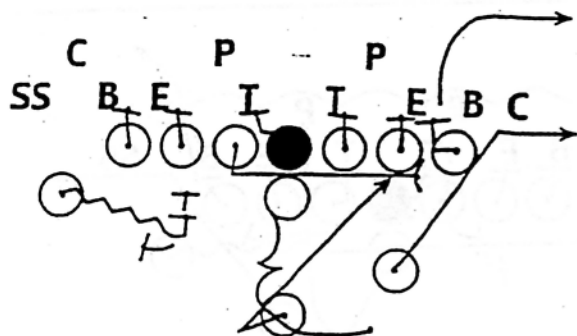
X

SLAM MAN OVER, BEST RELEASE. RUN 7 ROUTE.

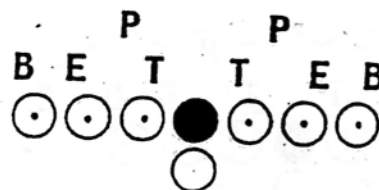
Z

# PLAY: FAKE BANG BLUFF CTR PASS RT X-7 F-FLAT

2



62



Solid Diamond

Solid Diamond

DESCRIPTION:

QB

60 COUNTER ACTION.

F

BLUFF LBER/DE, THEN RUN FLAT ROUTE.

H

FAKE 60 COUNTER.

BACKSIDE

PLAYSIDE

LL - BLOCK EM LOS.

OCK #2. IF UNCOVERED, STEP INSIDE, SLAM DEF CKLE, THEN WORK BACK.

OCK MAN OVER.

C

UNCOVERED, BLOCK BACK ON DEF TACKLE. UNCOVERED, ANGLE CALL, BLOCK OFF DEF TACKLE.

G

BLOCK #1. ALERT SOLID & ANGLE CALL THEN BLOCK DOWN ON NT.

T

BLOCK #2. ALERT SOLID & ANGLE CALL THEN BLOCK DOWN ON DT.

Y

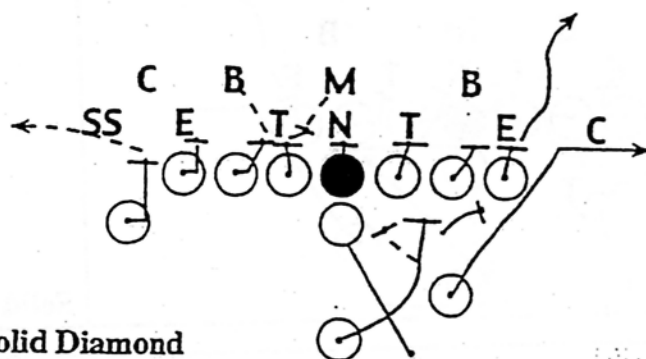
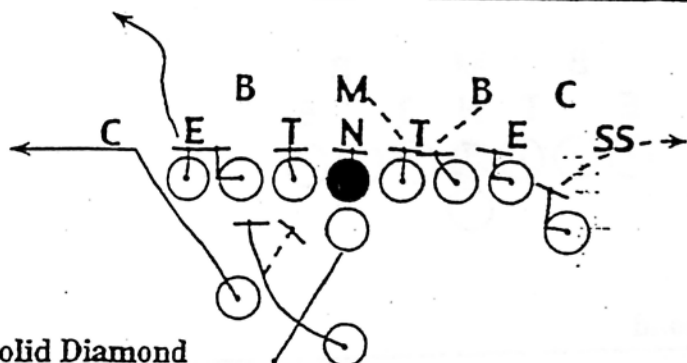
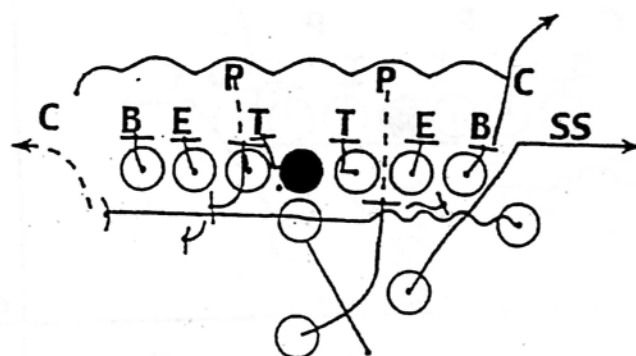
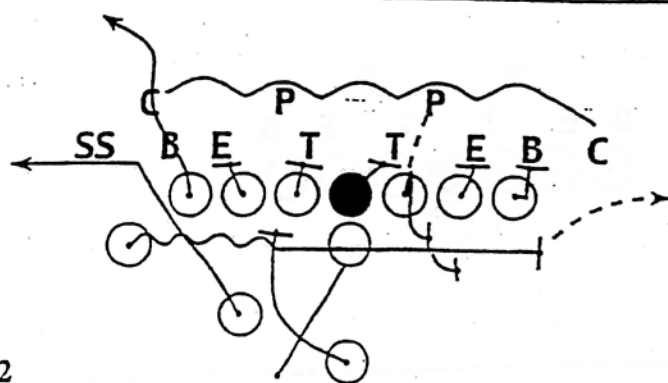
X

FAKE BANG, CHECK AREA OVER GUARD THEN WORK BACKSIDE.

Z

VS EVEN FRONT SIMULATE TREY BLOCK THEN RUN 7 PATTERN. VS SOLID, SLAM DE THEN 7 PATTERN.

PLAY: ROLL PASS LEFT ROLL PASS RIGHT X-7 F-FLAT



Solid Diamond

Solid Diamond

DESCRIPTION:

QB

FIRE PASS COURSE. LOOK FOR F IN FLAT THEN TO X ON CORNER ROUTE.

F

RUN FLAT ROUTE.

H

FILL ONSIDE, CHECK WILL LBER TO FORCE.

BACKSIDE

PLAYSIDE

S EVEN, STAB DT. CHECK LBER TO BACKSIDE ORNER. VS SOLID, BLOCK #1.

S EVEN, BLOCK #2. VS SOLID, BLOCK DOWN ON #1 TTH GUARD. CHECK LBER OVER YOU.

C

VS EVEN, BLOCK BACKSIDE DT. VS SOLID, BLOCK MAN OVER.

G

VS EVEN, BLOCK #1. VS SOLID, BLOCK #1.

T

VS EVEN, BLOCK #2. VS SOLID, BLOCK #2 OVER X.

Y

BLOCK #3.

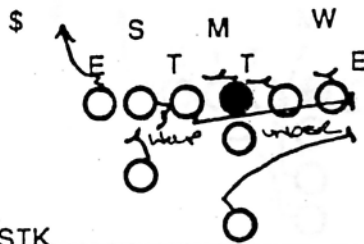
X

BEST RELEASE, CORNER ROUTE.

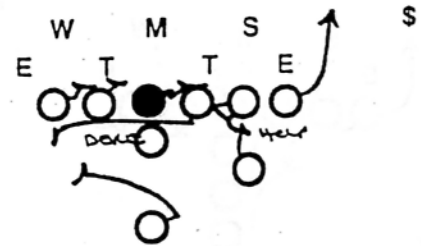
Z

CHECK OUTSIDE FOR CORNER OR SS. NOTHING SHOWS, CHECK IN FLAT.

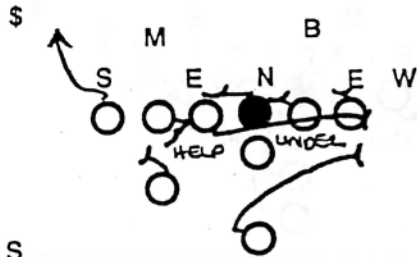
# FIRE COUNTER 24-25



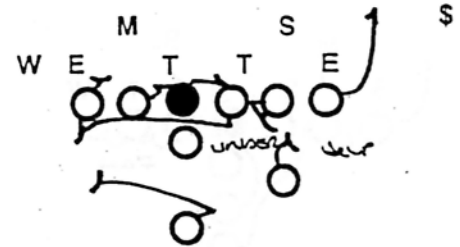
43 OV STK



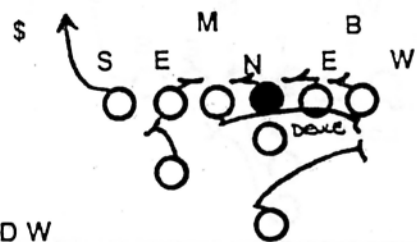
43 STK



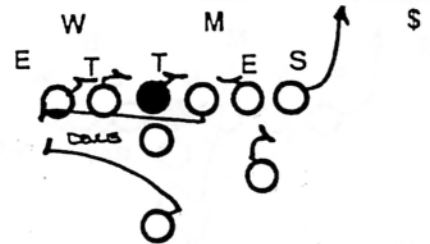
34 OV S



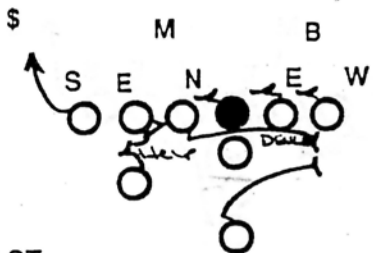
43 OV S



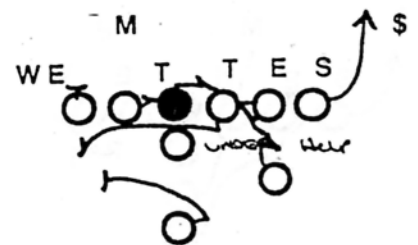
34 UND W



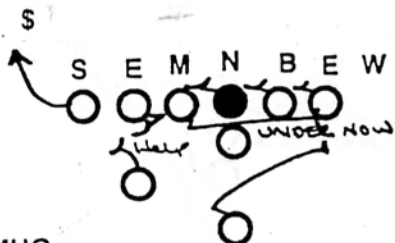
43 UND W



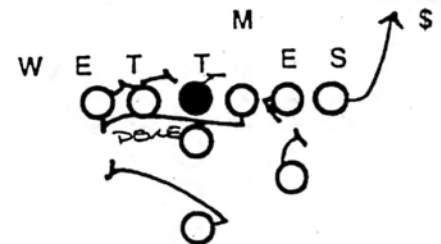
34 SLIDE ST



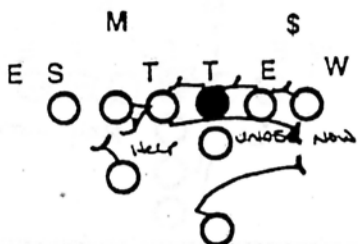
43 OV



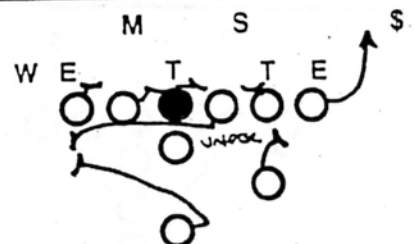
34 DBL MUG



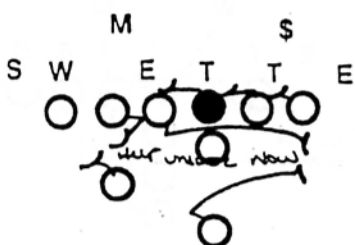
43 UND



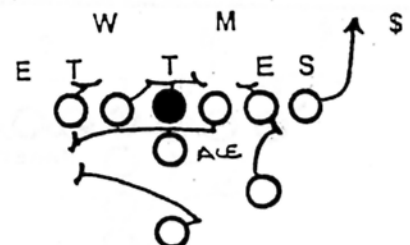
43 OV RAM



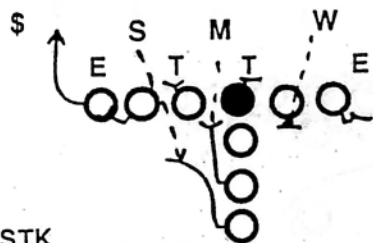
43 OV KC



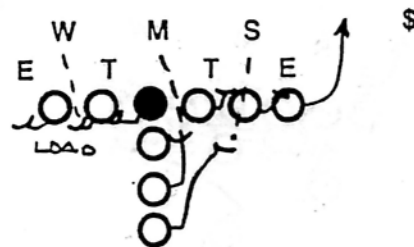
43 UND KC



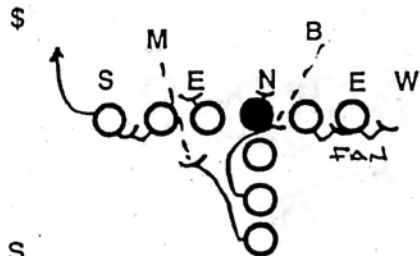
# HLEE / RAY



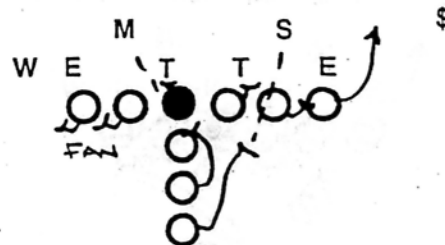
43 OV STK



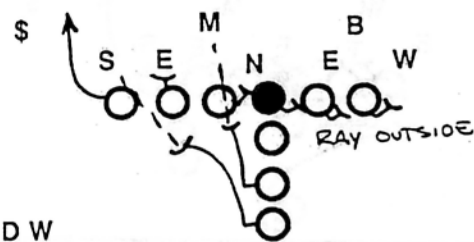
43 STK



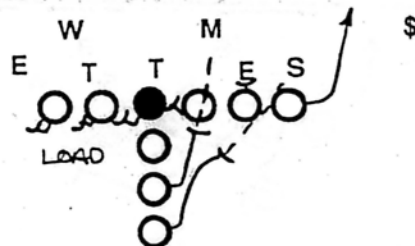
34 OV S



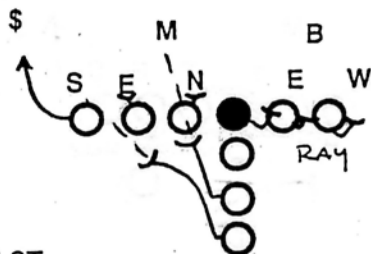
43 OV S



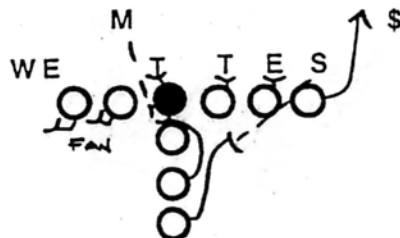
34 UND W



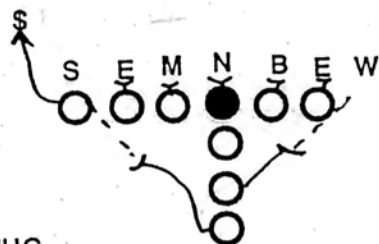
43 UND W



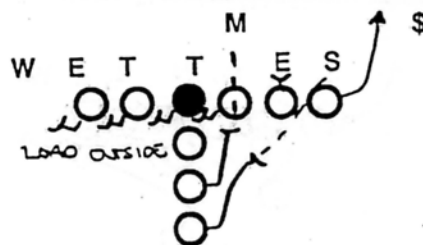
34 SLIDE ST



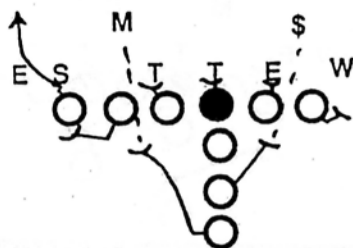
43 OV



34 DBL MUG



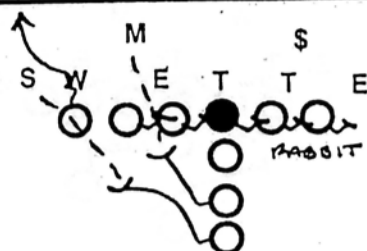
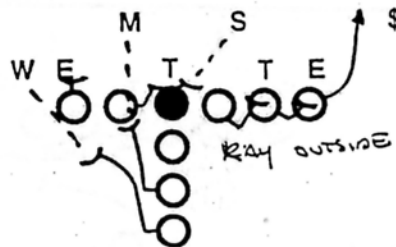
43 UND



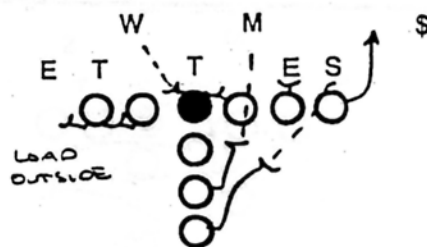
43 OV RAM

✓ OPP

43 OV KC



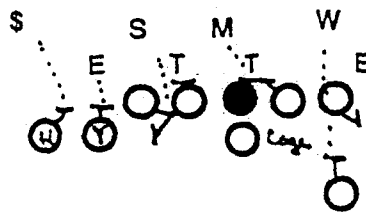
43 UND KC



0tho Rt

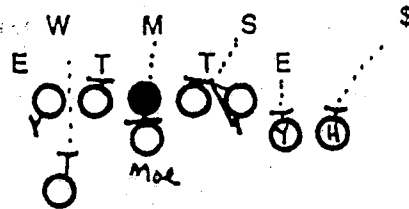
0tho Rt | Lt

0tho Lt

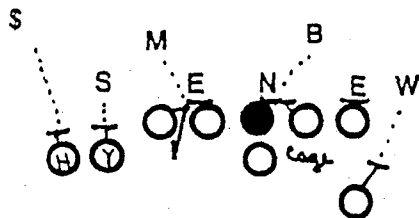


43 OV STK

poss. Rip

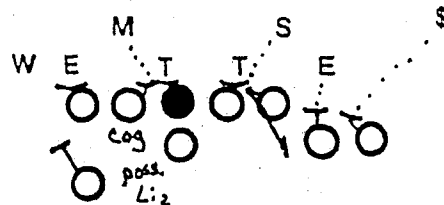


43 STK

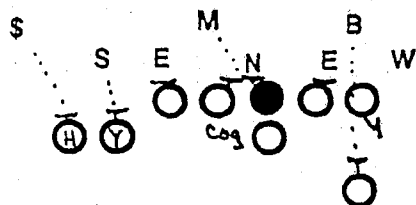


34 OV S

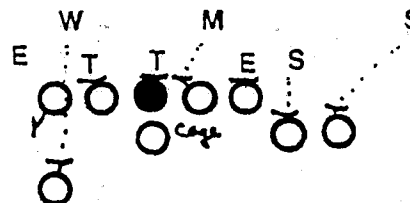
poss. Rip



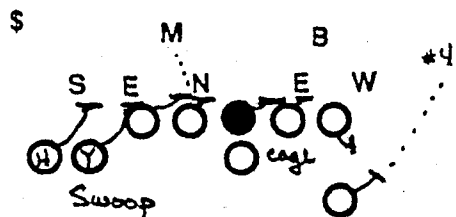
43 OV S



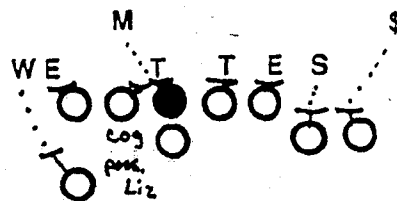
34 UND W



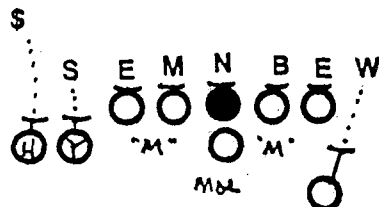
43 UND W



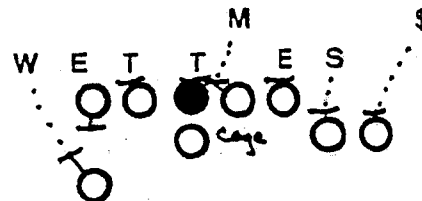
34 SLIDE ST



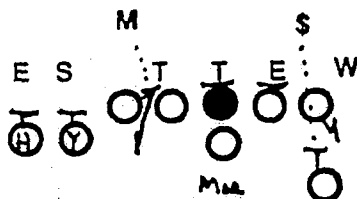
43 OV



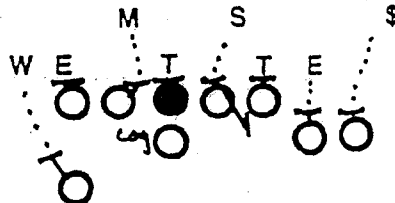
34 DBL MUG



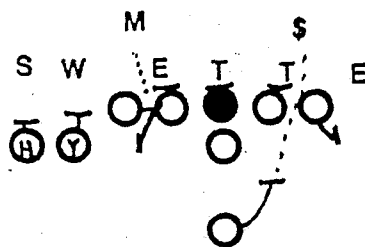
43 UND



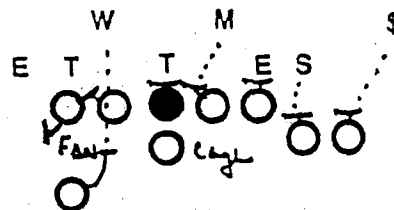
43 OV RAM



43 OV KC



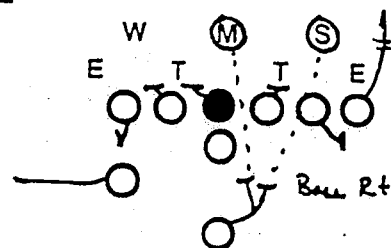
43 UND RAM



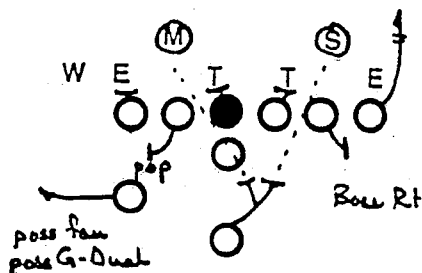
43 UND KC



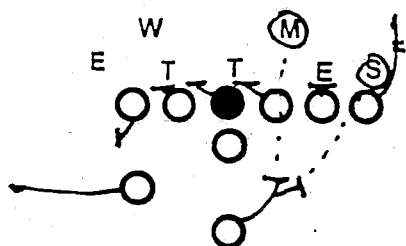
Lug  
Lou  
Lee



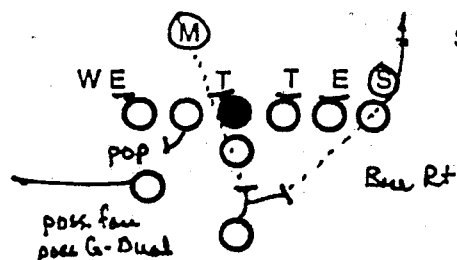
43 STK



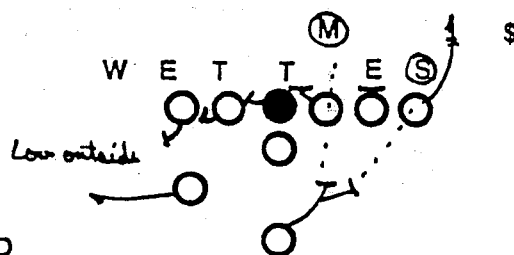
43 OV S



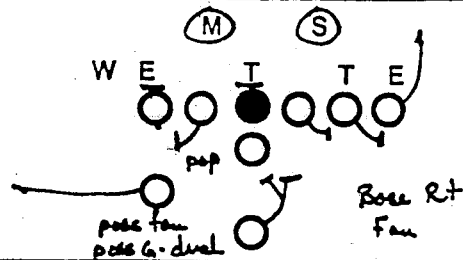
43 UND W



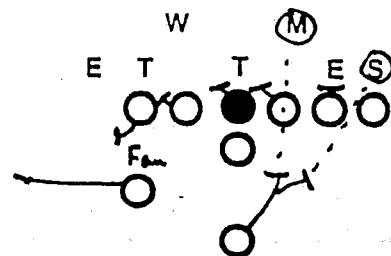
43 OV



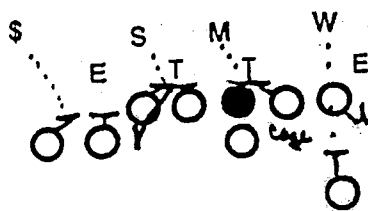
43 UND



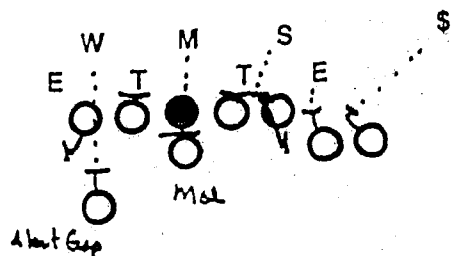
43 OV KC



43 UND KC

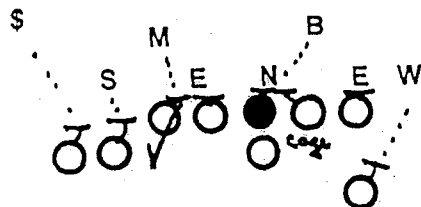
OH<sup>+</sup> LtOH<sup>+</sup> Rt-LtOH<sup>+</sup> Rt

43 STK

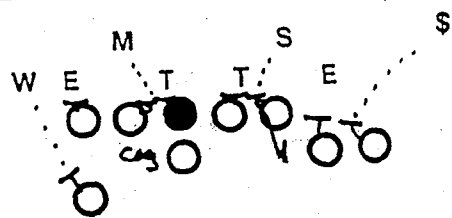


Alert Gap

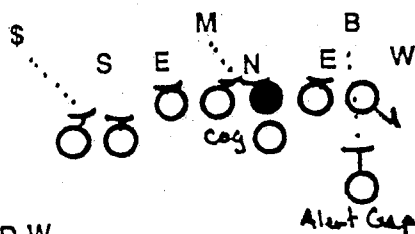
43 OV STK



34 OV S

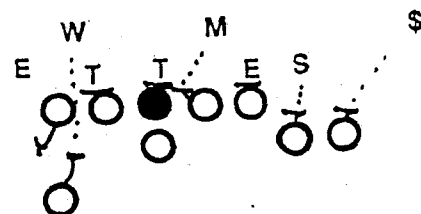


43 OV S



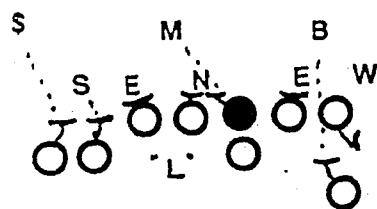
34 UND W

Alert Gap



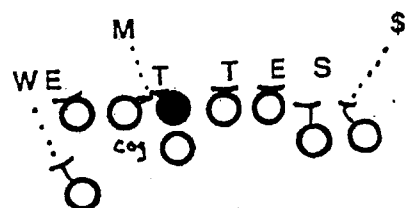
43 UND W

Alert Gap - Hand R

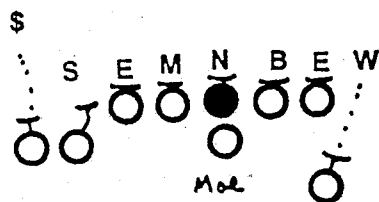


34 SLIDE ST

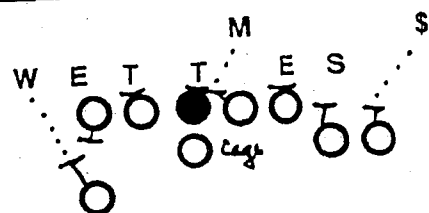
Alert Gap



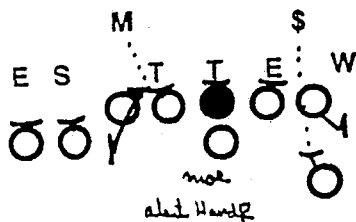
43 OV



34 DBL MUG

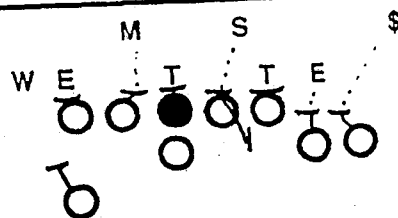


43 UND

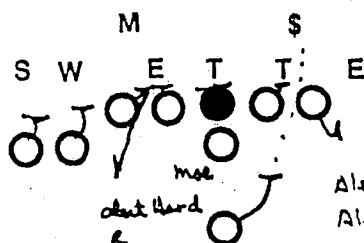


43 OV RAM

Alert Hand R

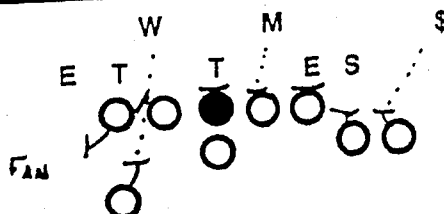
Alert Gap  
Alert Hand L

43 OV KC



43 UND RAM

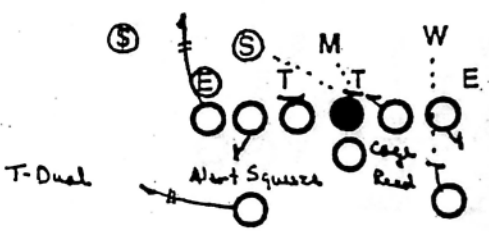
Alert Hand R

Alert Gap  
Alert Hand L

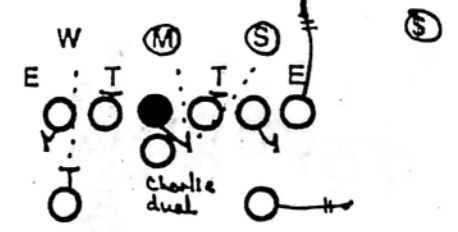
43 UND KC

Scat R/C  
(Qk. Scat)

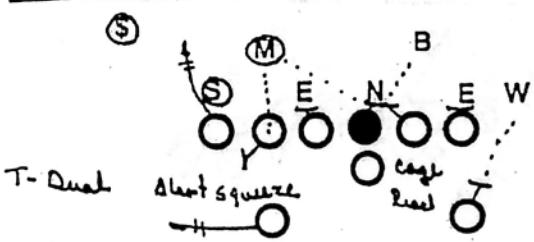
Line is responsible  
for 4 down, Mike  
& Sam.



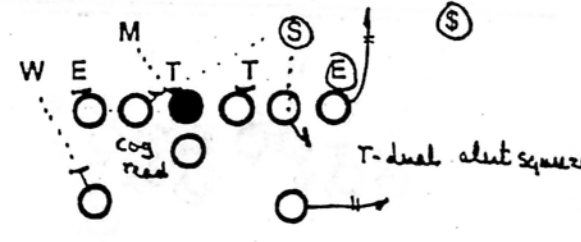
43 OV STK



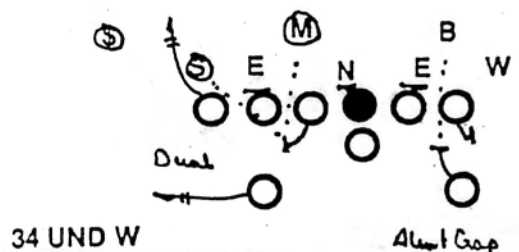
43 STK Alert Gap



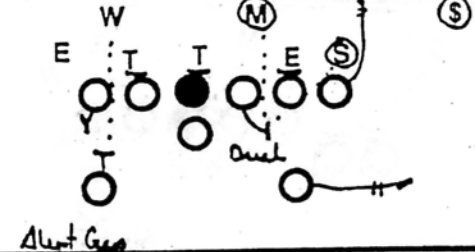
34 OV S



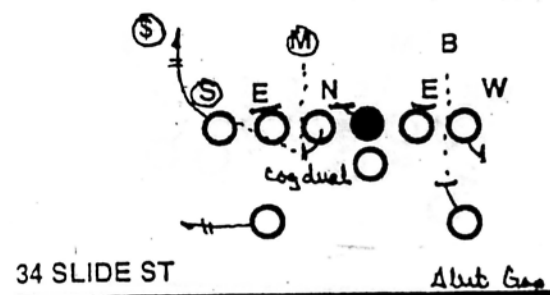
43 OV S



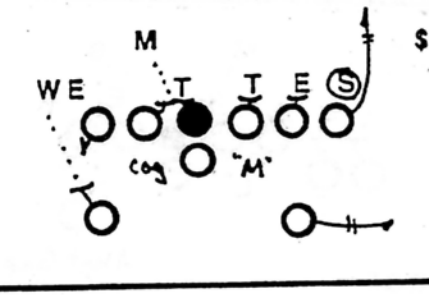
34 UND W



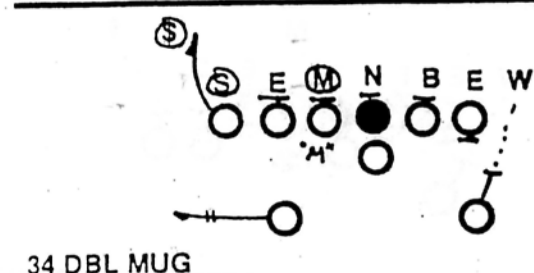
43 UND W Alert Gap



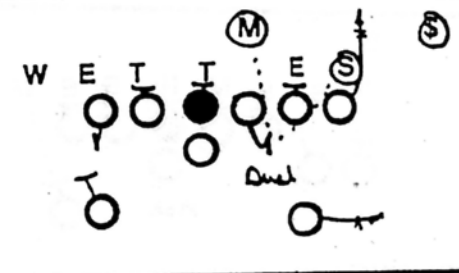
34 SLIDE ST



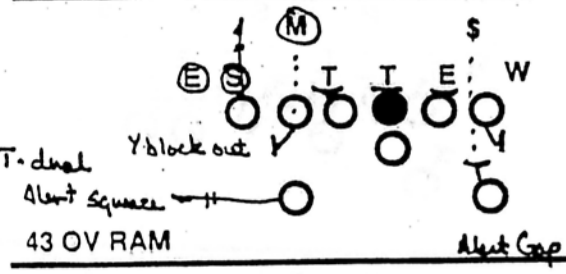
43 OV



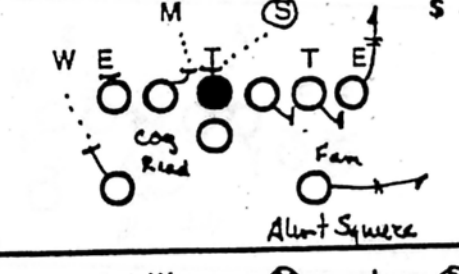
34 DBL MUG



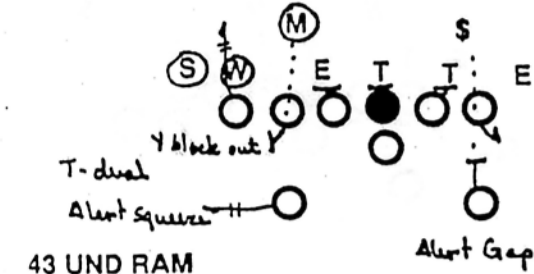
43 UND



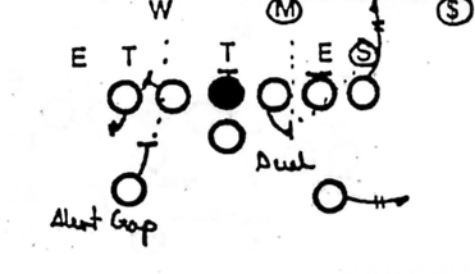
43 OV RAM



43 OV KC



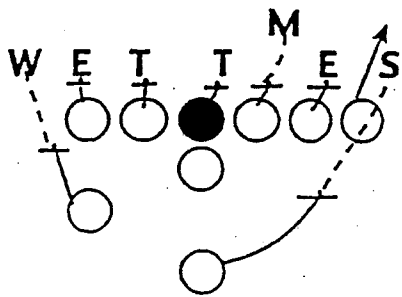
43 UND RAM



43 UND KC

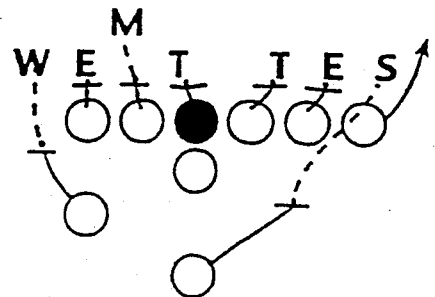
# "RIGHT - RIP"

RIGGIN



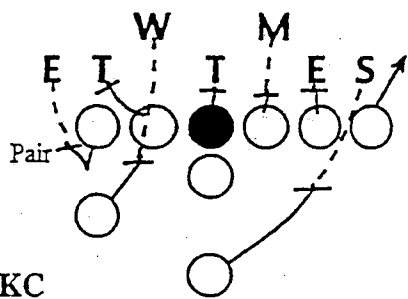
43 Under

LEGGIN



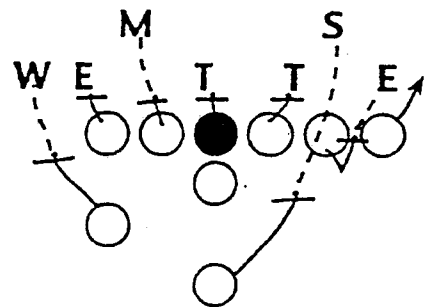
43 Over

RIGGIN, FAN



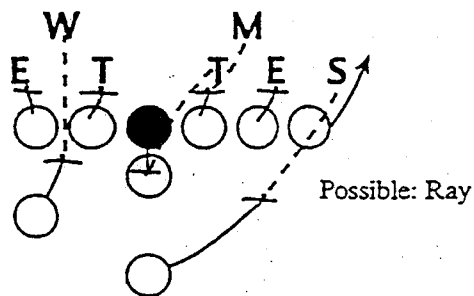
43 Under KC

LEGGIN



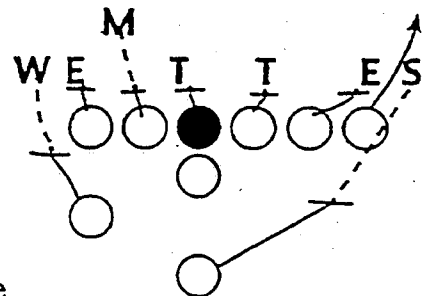
43 Over S

HOLE M

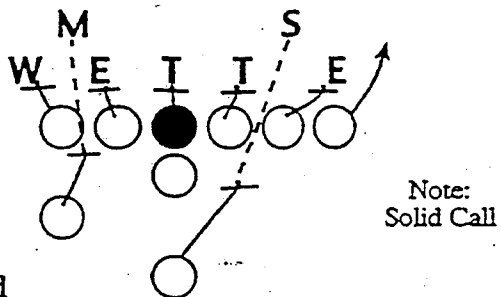


43 Boss

LEGGIN

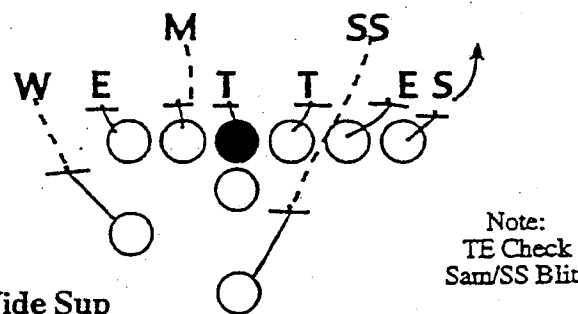


43 Over Wide



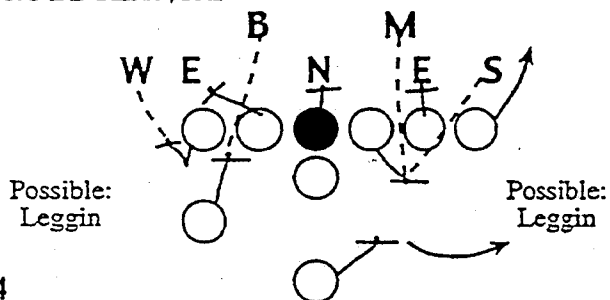
43 Over Solid

LEGGIN



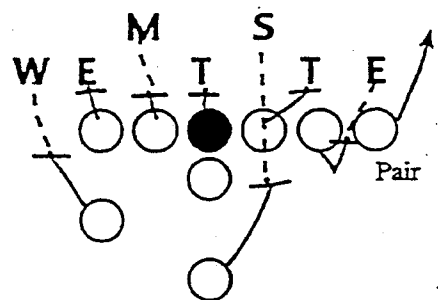
43 Over Wide Sup

H & RG DB READ, FAN

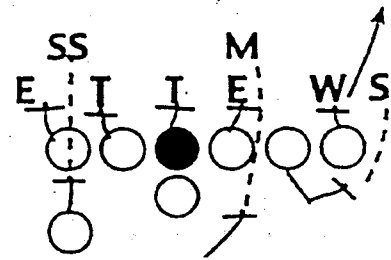
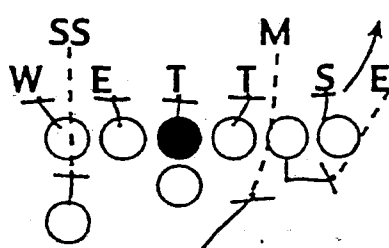


3-4

FAN, LEGGIN

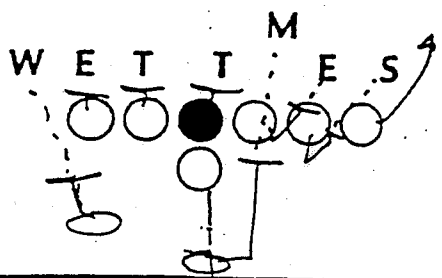


43 Over KC



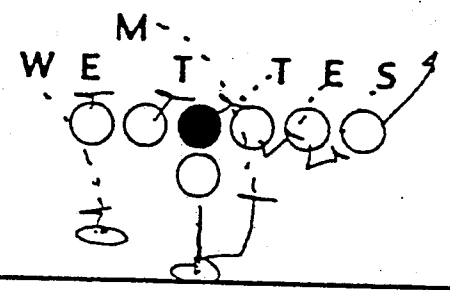
Note:  
Solid Cal

FAN S



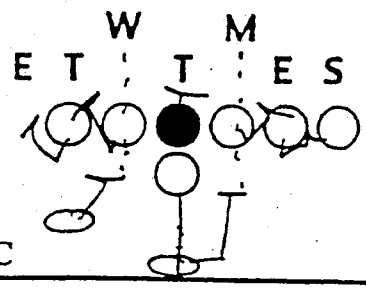
43 Under

RAKE S



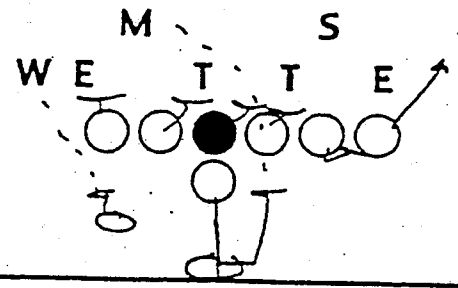
43 Over

FAN S



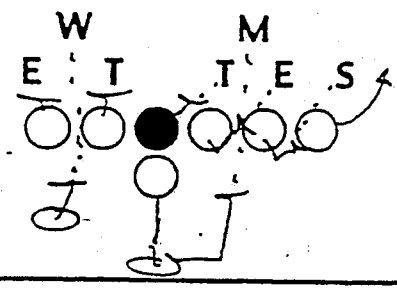
43 Under KC

Rock S



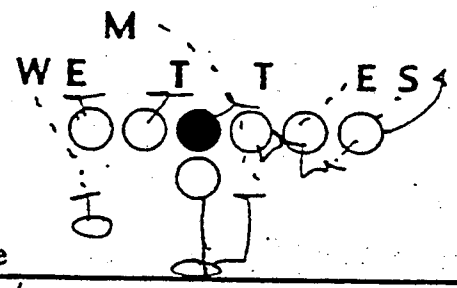
43 Over S

RAKE S



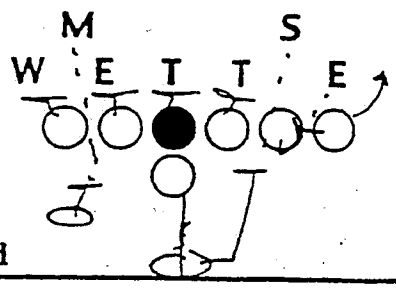
43 Boss

RAKE S



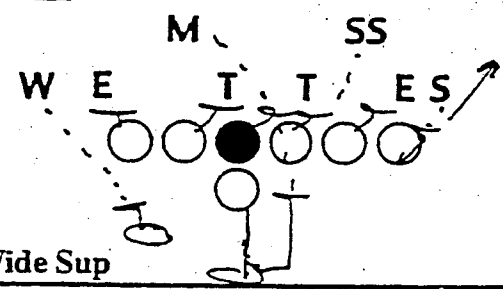
43 Over Wide

FAN



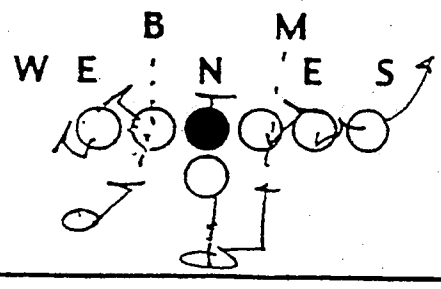
43 Over Solid

Rock S



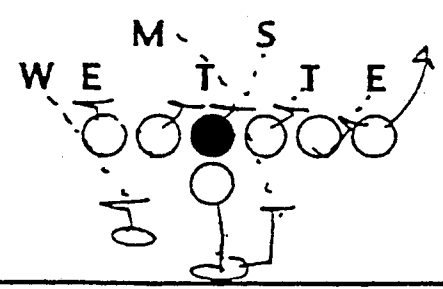
43 Over Wide Sup

FAN

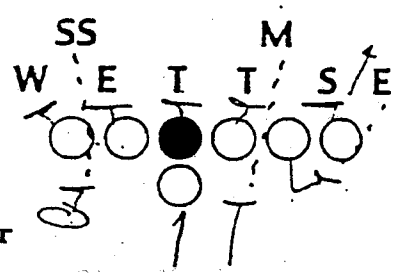


3-4

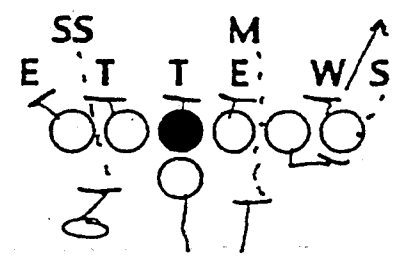
Rock S



43 Over KC

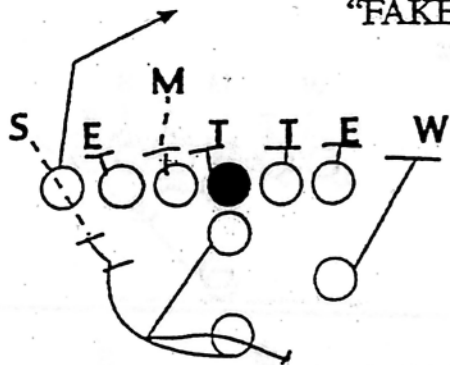


43 Over Bear

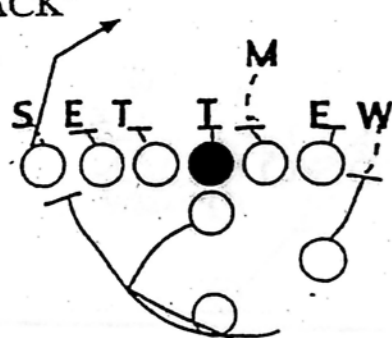


43 Under Bear

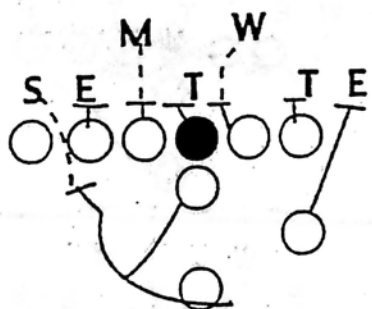
"FAKE GUT THROW BACK"



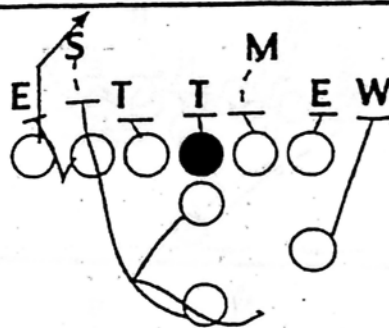
43 Under



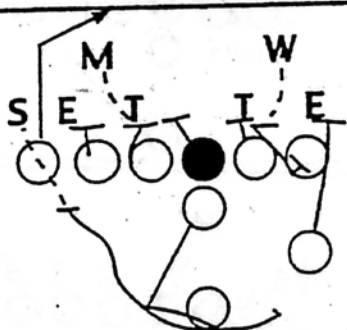
43 Over



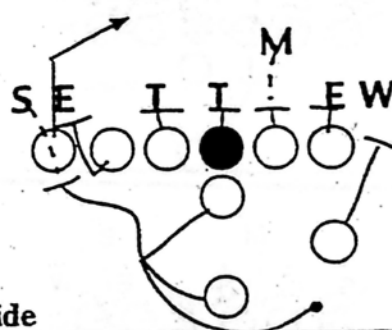
43 Under KC



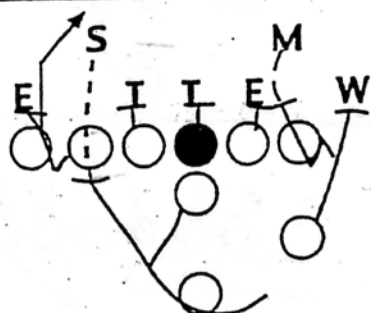
43 Over S



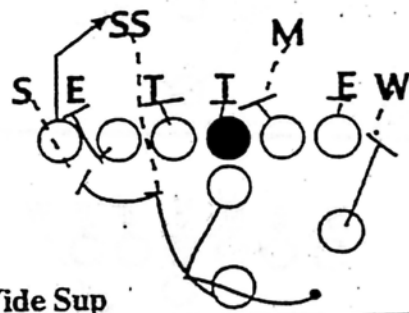
43 Boss



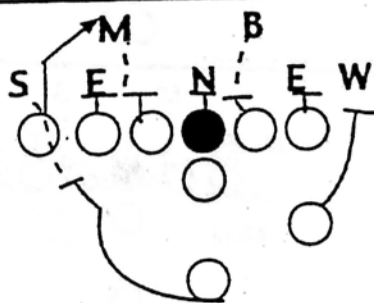
43 Over Wide



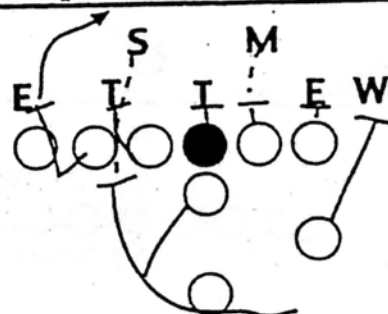
43 Over Solid



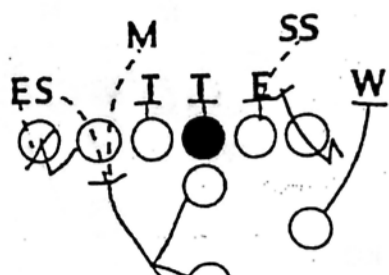
43 Over Wide Sup



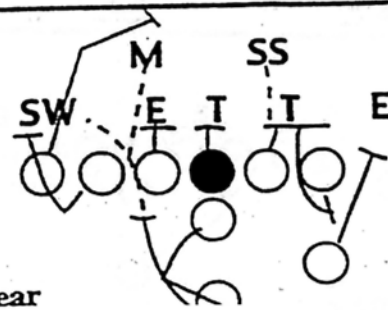
3-4



43 Over KC

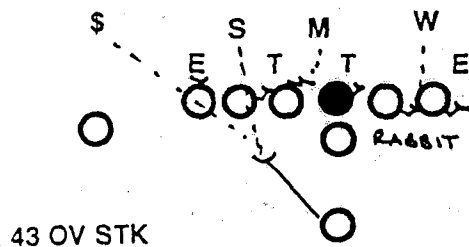


43 Over Bear

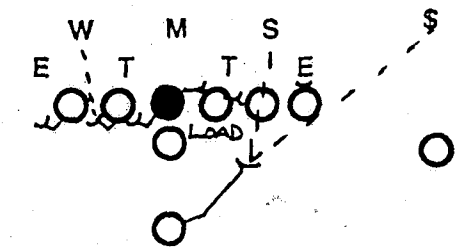


43 Under Bear

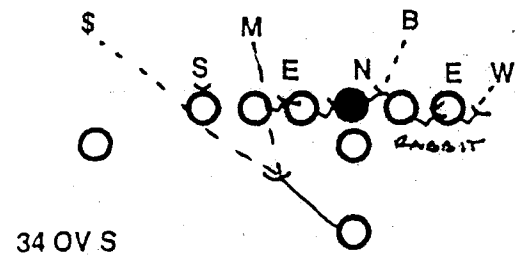
S-Lwh = ROLK



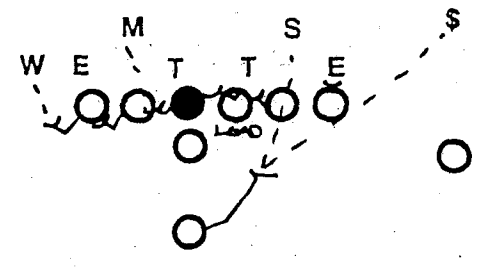
43 OV STK



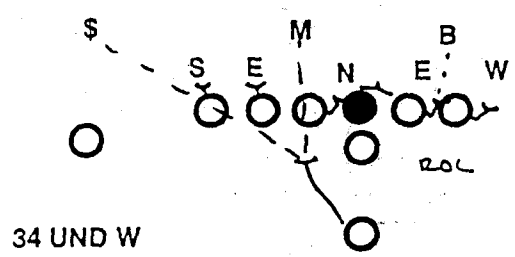
43 STK



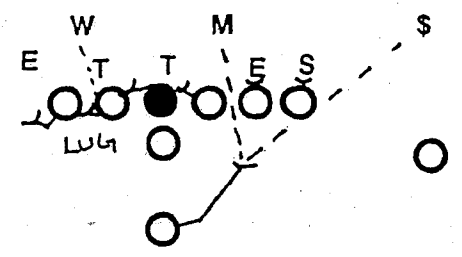
34 OV S



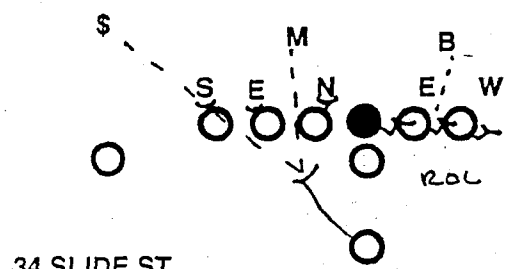
43 OV S



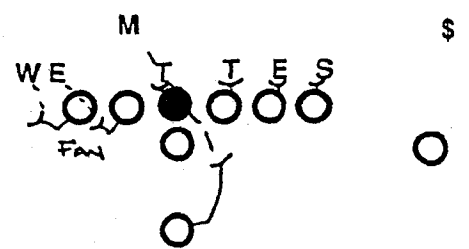
34 UND W



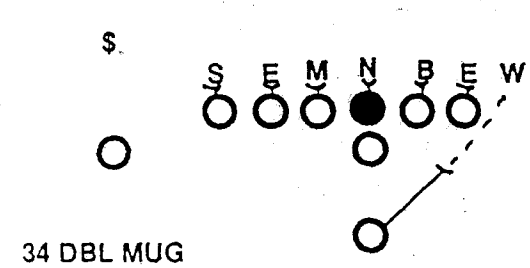
43 UND W



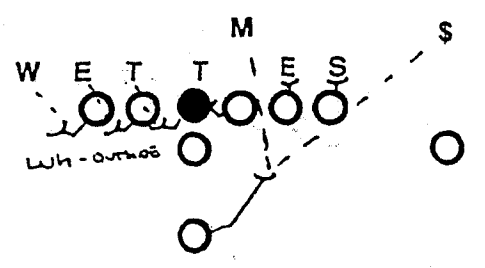
34 SLIDE ST



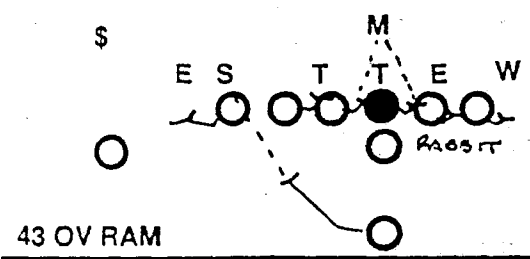
43 OV



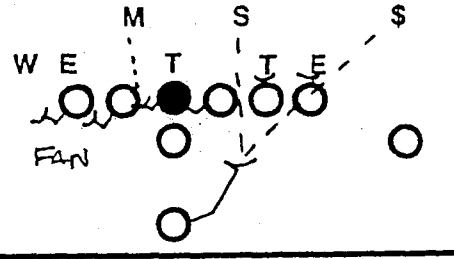
34 DBL MUG



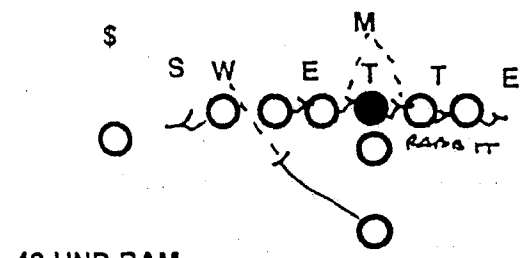
43 UND



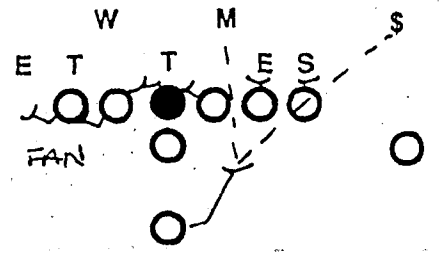
43 OV RAM



43 OV KC

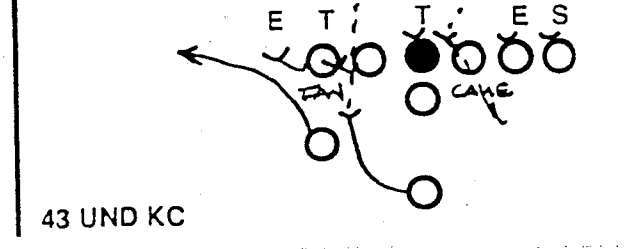
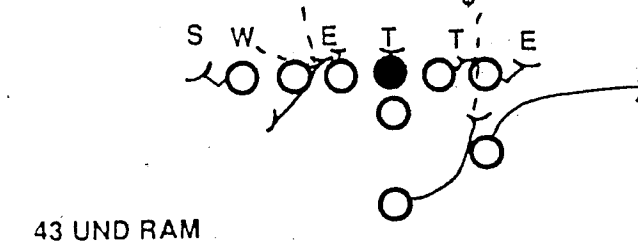
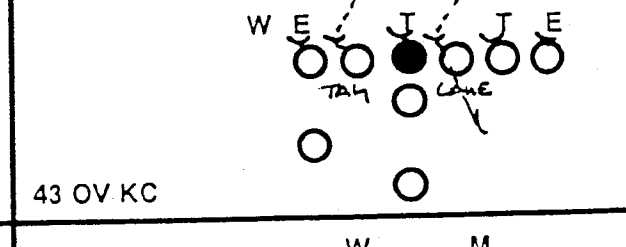
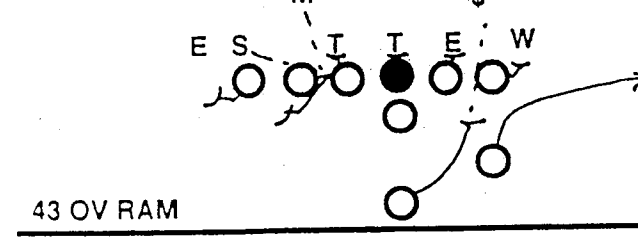
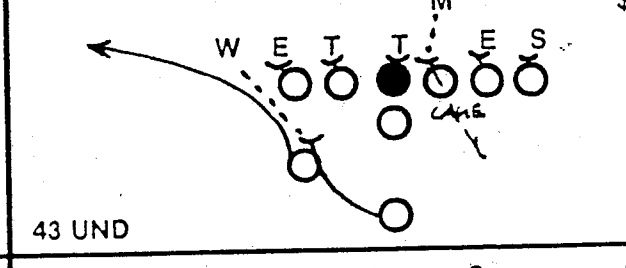
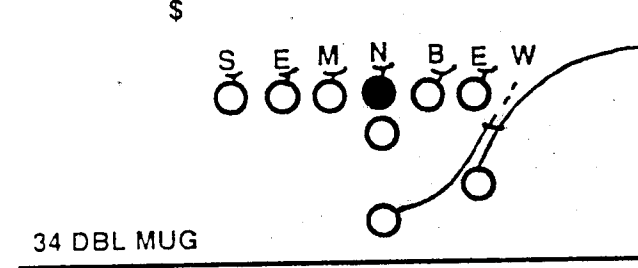
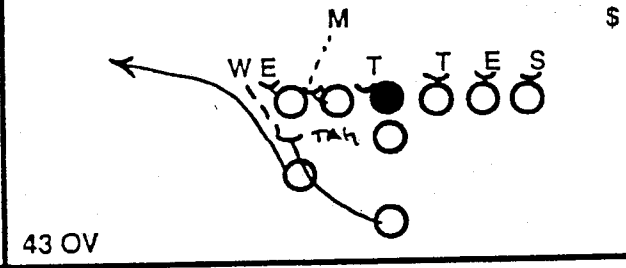
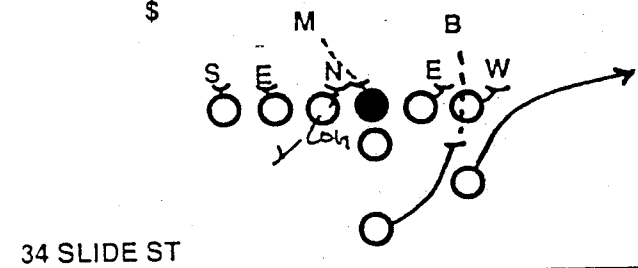
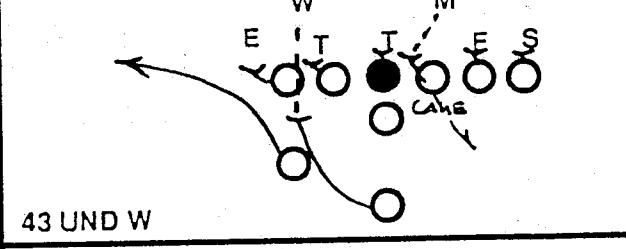
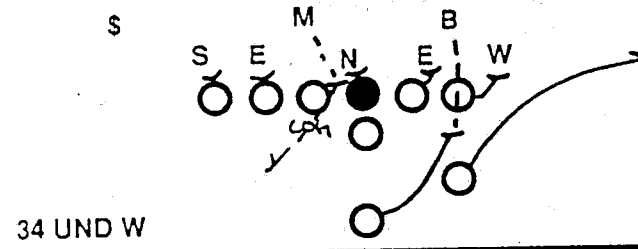
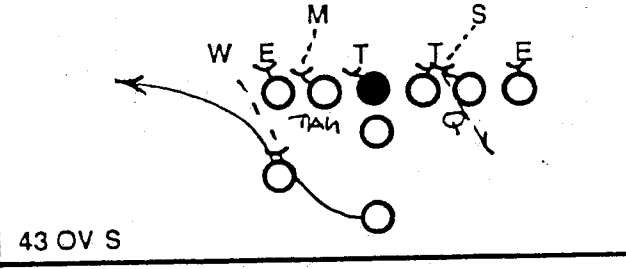
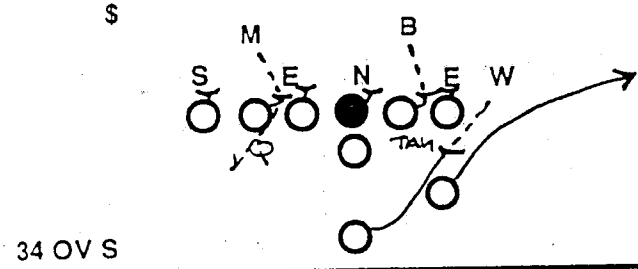
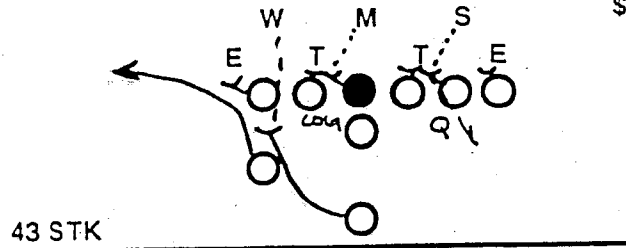
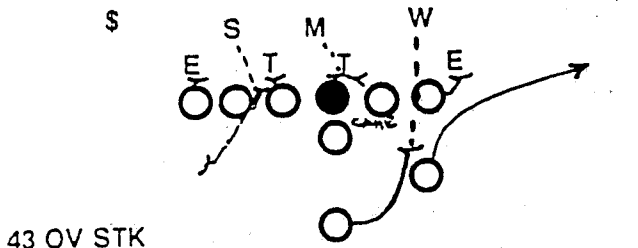


43 UND RAM



43 UND KC

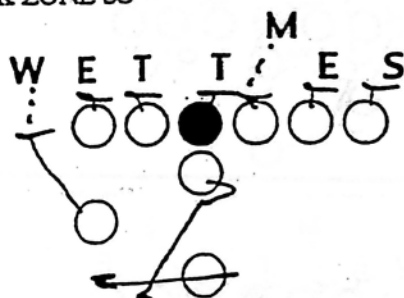
# FIRE SLANT





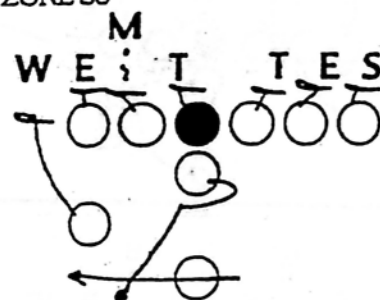
# "TOSS PASS LT/RT"

SWAP, CHECK ZONE SS



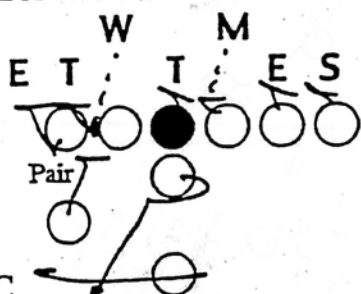
43 Under

READ, CHECK ZONE SS



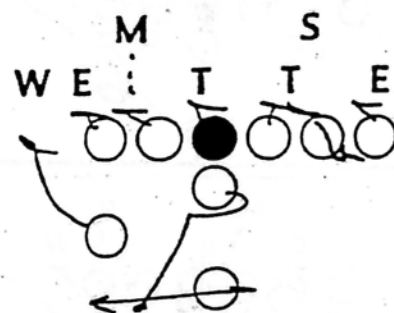
43 Over

FAN, SWAP, CHECK ZONE SS



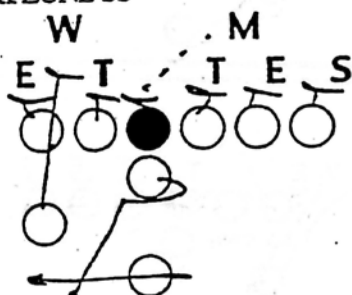
43 Under KC

READ, SLIP



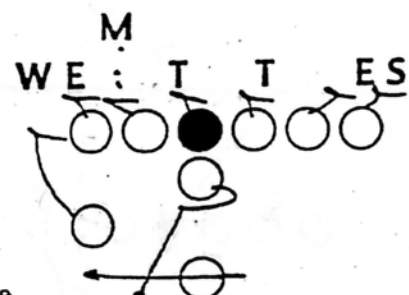
43 Over S

LENNY M, CHECK ZONE SS



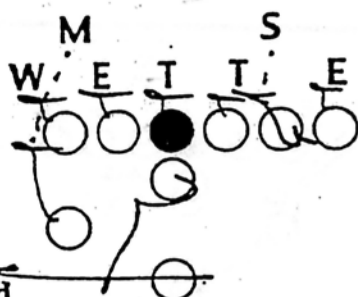
43 Boss

READ, OUT



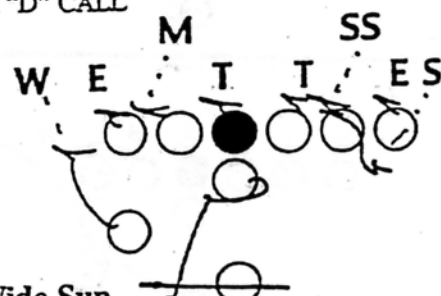
43 Over Wide

SLIP



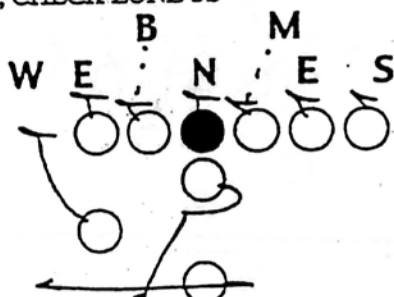
43 Over Solid

READ, SLIP, "D" CALL



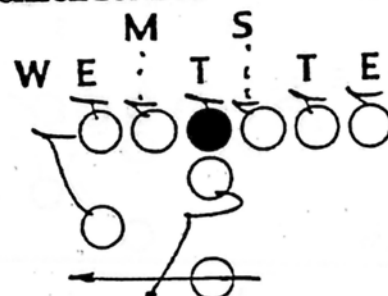
43 Over Wide Sup

READ, SWAP, CHECK ZONE SS

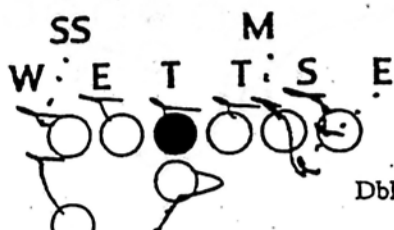


3-4

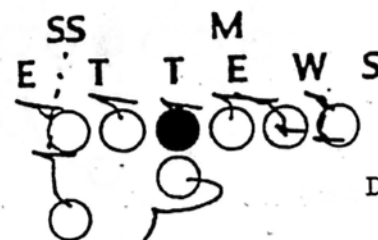
READ, SWAP, CHECK ZONE SS



43 Over KC

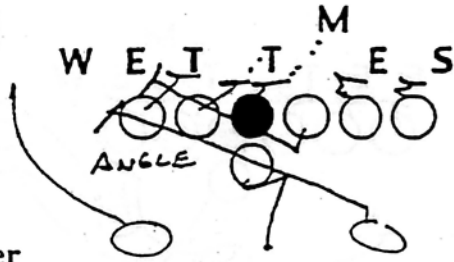


Dbl Bump



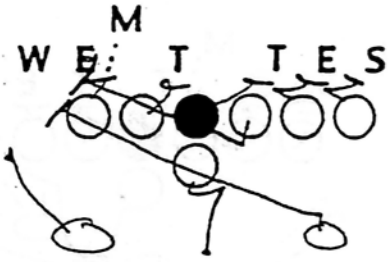
Dbl Bump

Ralph M, check zone SP



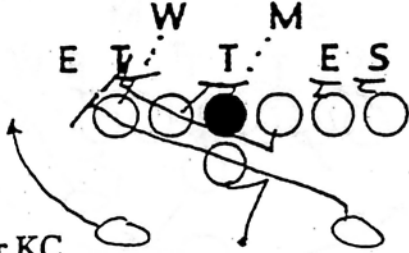
43 Under

Gap it, OFF, check zone SS



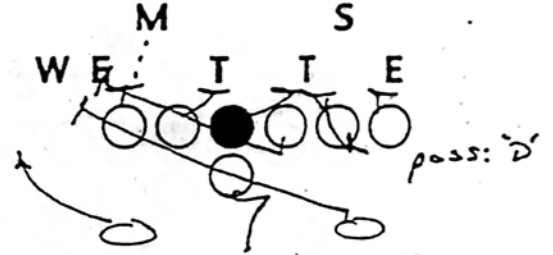
43 Over

Gap it, Ace M, check zone SP



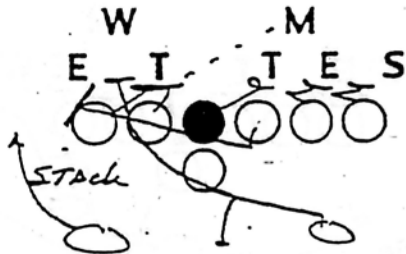
43 Under KC

Gap it, OFF, SLAM



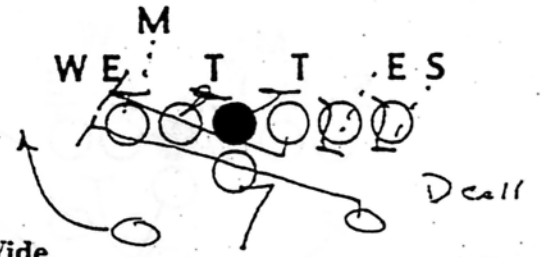
43 Over S

Queen M, check zone SP



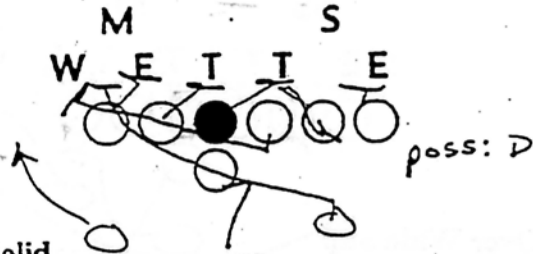
43 Boss

Gap it, OFF, SLAM



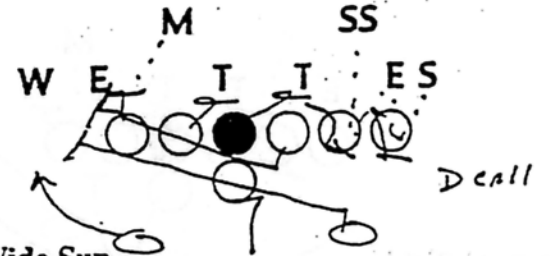
43 Over Wide

ANGLE, OFF, SLAM



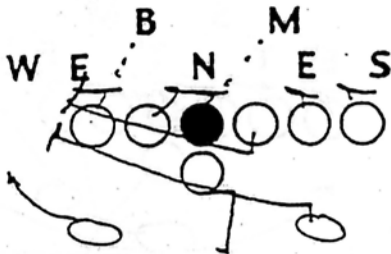
43 Over Solid

Gap it, OFF, SLAM



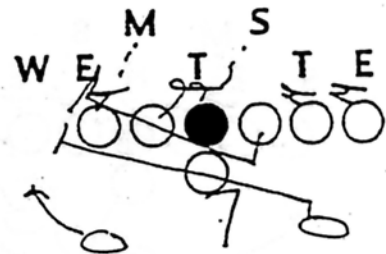
43 Over Wide Sup

Gap it, Ace M, check zone SP



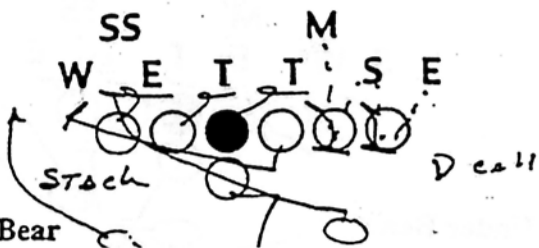
3-4

Gap it, Ace S, check zone SP



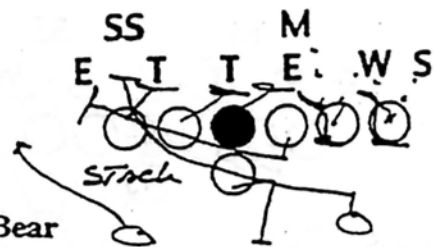
43 Over KC

ANGLE, OFF, SLAM

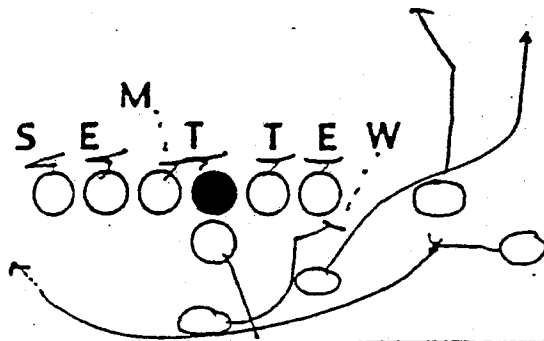


43 Over Bear

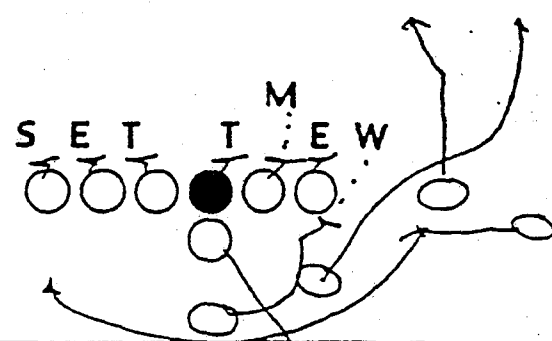
ANGLE, OFF, SLAM



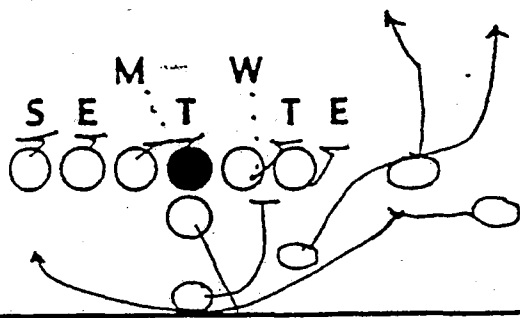
43 Under Bear



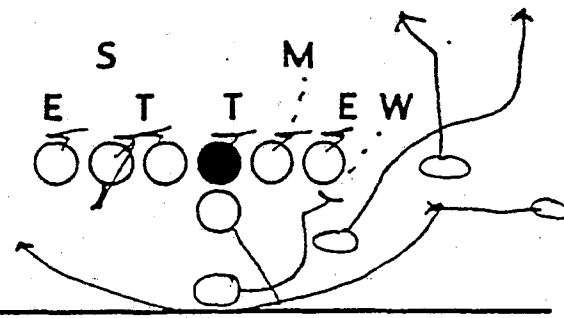
43 Under



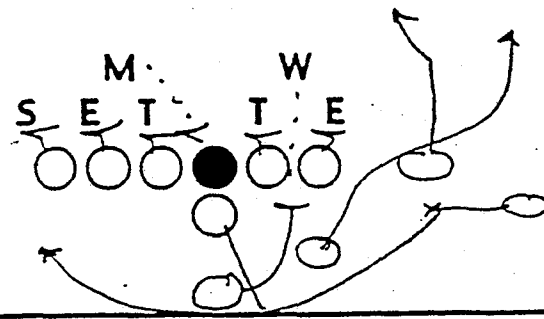
43 Over



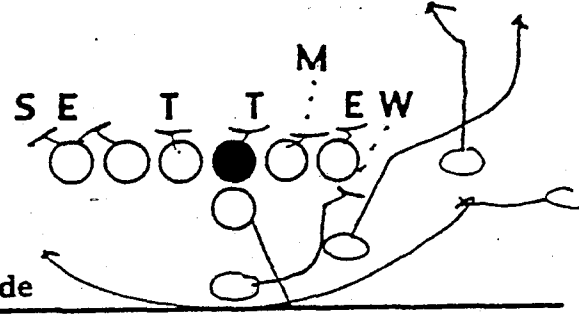
43 Under KC



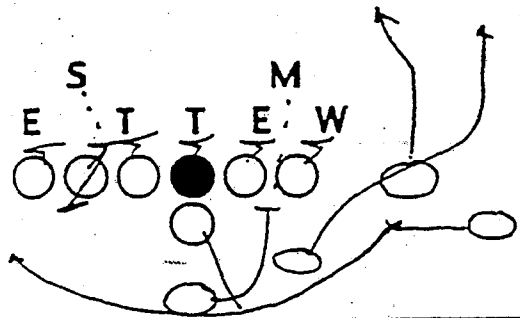
43 Over S



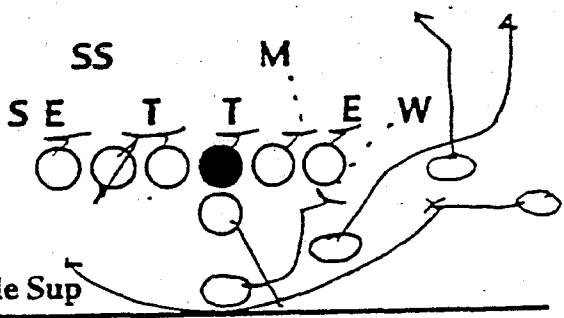
43 Boss



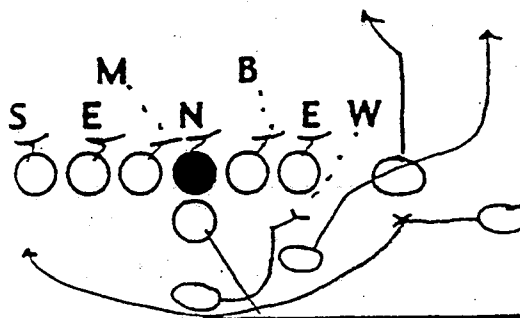
43 Over Wide



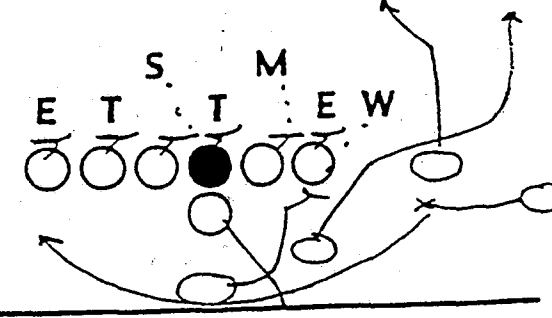
43 Over Solid



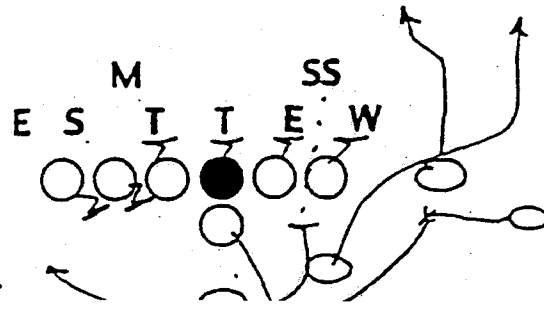
43 Over Wide Sup



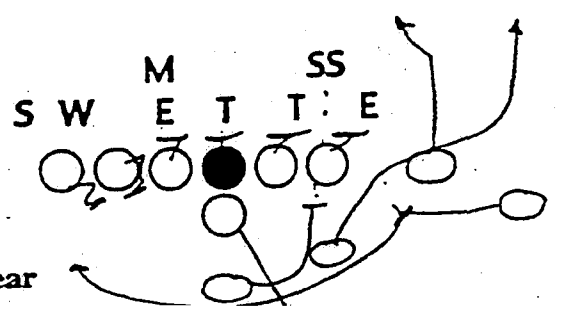
3-4



43 Over KC



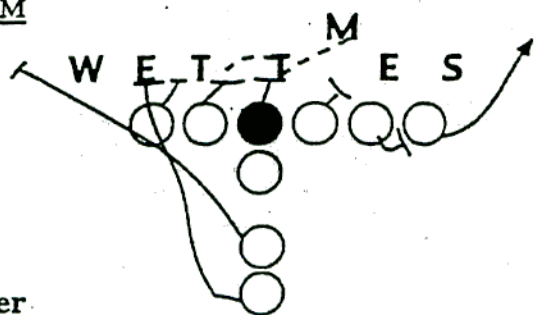
43 Over Bear



43 Under Bear

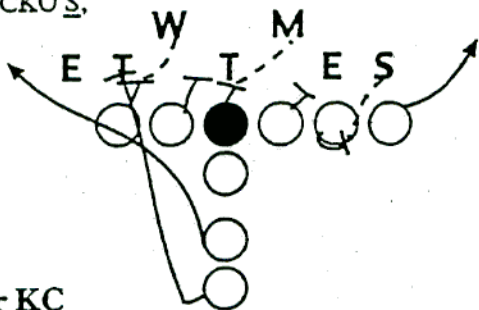
# "FIRE PASS LT"

RALPH M



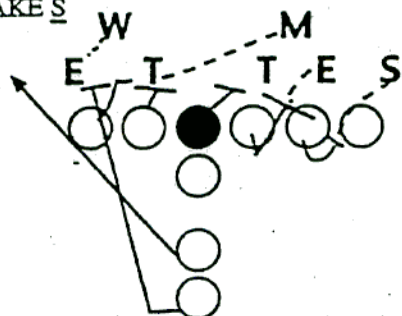
43 Under

GAP IT, ROCKO S



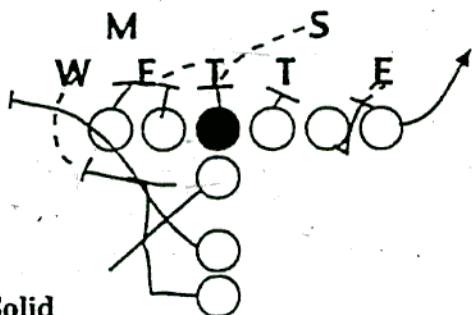
43 Under KC

DUECE M, RAKE S



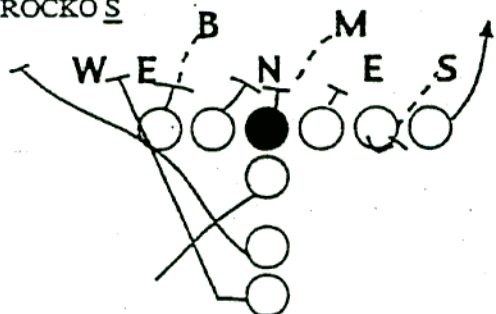
43 Boss

RALPH S



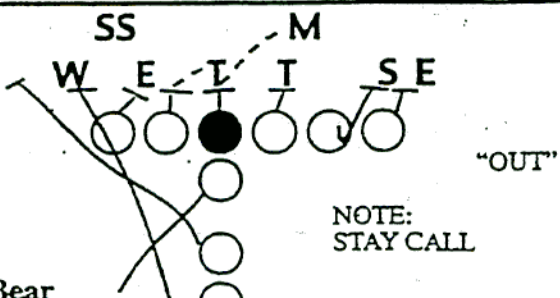
43 Over Solid

GAP IT, ROCKO S



3-4

RALPH M

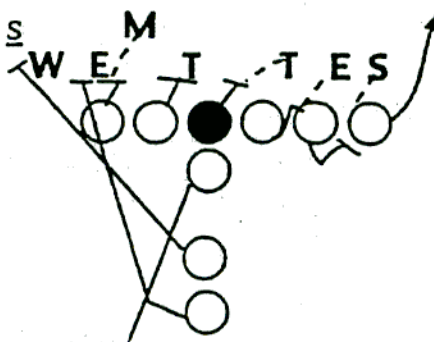


43 Over Bear

NOTE:  
STAY CALL

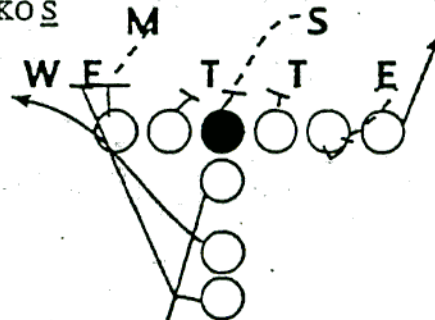
"OUT"

GAP IT, RAKE S



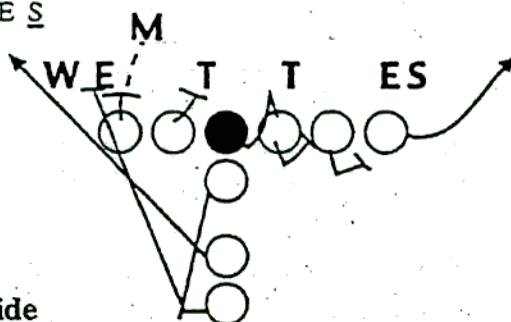
43 Over

GAP IT, ROCKO S



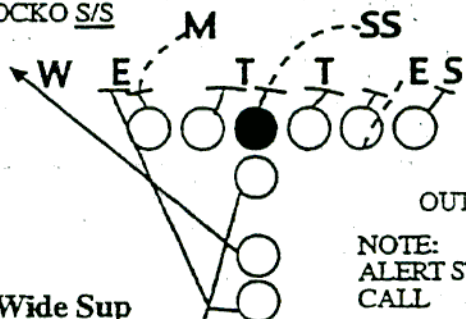
43 Over S

GAP IT, RAKE S



43 Over Wide

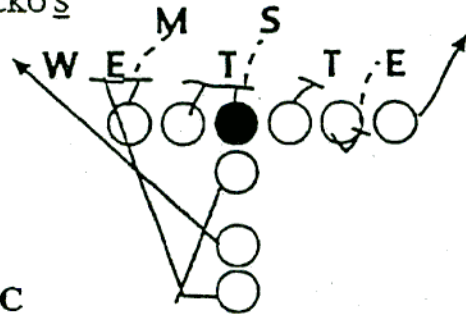
GAP IT, ROCKO S/S



43 Over Wide Sup

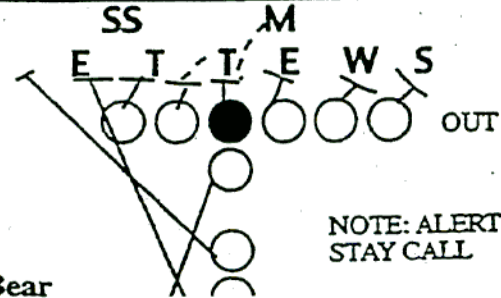
OUT  
NOTE:  
ALERT STAY  
CALL

GAP IT, ROCKO S



43 Over KC

RALPH M



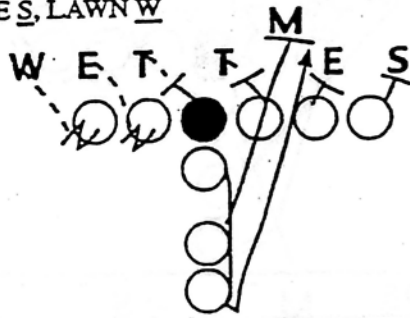
43 Under Bear

NOTE: ALERT  
STAY CALL

OUT

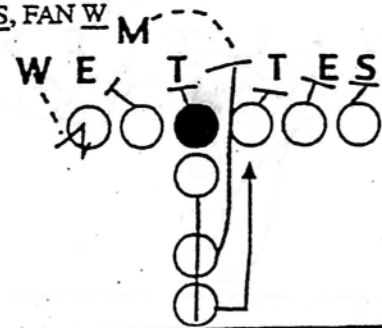
# "BUBBLE PASS"

CHECK ZONE S, LAWN W



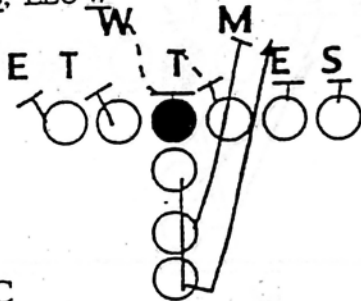
43 Under

CHECK ZONE S, FAN W



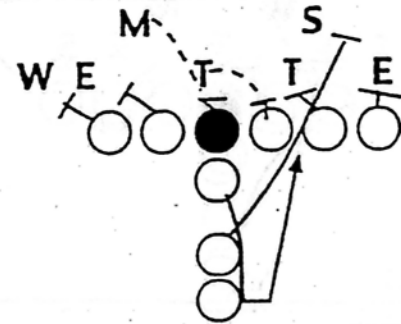
43 Over

CHECK ZONE S, LEO W



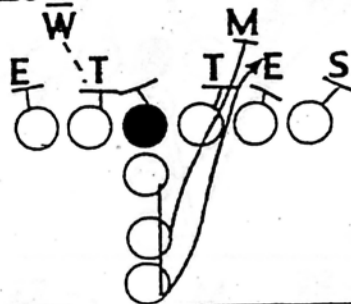
43 Under KC

LESTER M



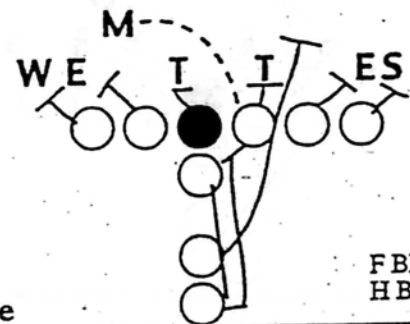
43 Over S

CHECK ZONE S, LEO W



43 Boss

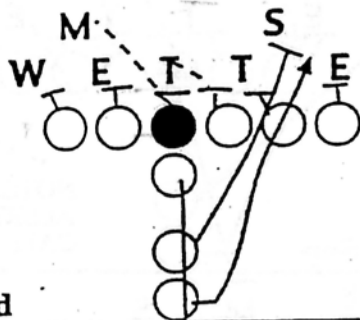
OUT, FAN W



43 Over Wide

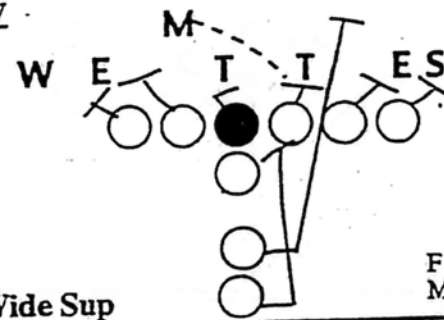
F BLOCK S/S  
H BLOCK M

LESTER M



43 Over Solid

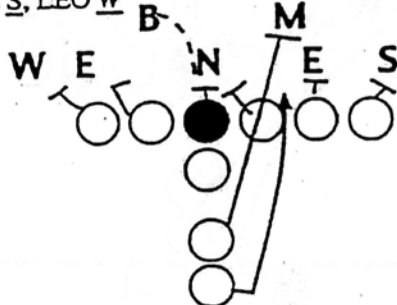
OUT, FAN W



43 Over Wide Sup

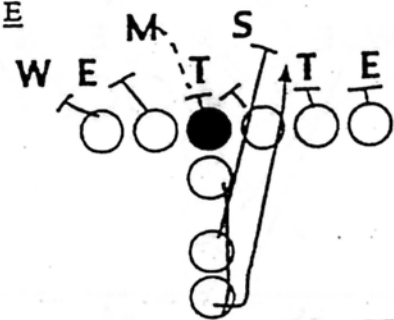
F BLOCK S/S  
M BLOCK M

CHECK ZONE S, LEO W



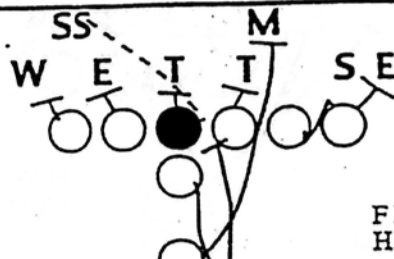
3-4

CHECK ZONE E



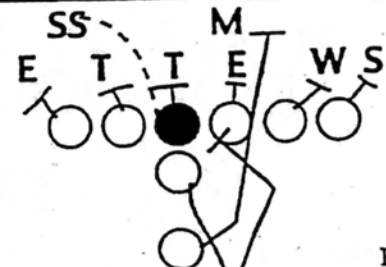
43 Over KC

OUT



F BLOCK M  
H BLOCK S/S

OUT



F BLOCK M

## 43 Under Bear

# PASS

RIP / LIZ

Page #

|                         |       |
|-------------------------|-------|
| 022 F SHOOT / SWING     | 26-1  |
| 078 STOP / F FLAT       | 26-2  |
| 085 & 087               | 26-3  |
| 087 PUMP                |       |
| 093 & 5-6-7             | 26-4  |
| 096 DEEP                |       |
| 097 PUMP                | 26-5  |
| 428                     | 26-6  |
| 428 F DELAY             |       |
| 438 RUN IT H FAKE CROSS | 26-7  |
| SEAM 495 OUT            | 26-8  |
| 585                     | 26-9  |
| 585 OUT                 |       |
| 585 F FAKE CROSS        |       |
| 787                     |       |
| 73 SNAP                 | 26-10 |
| 741                     | 26-11 |
| 841                     |       |
| 341 F FLAT              |       |
| 864 F HOOK              | 26-12 |
| 894 RICKY / LUCKY       | 26-13 |
| 940 RICKY / LUCKY       | 26-14 |
| 989 F RUB / SNEAK       | 26-15 |
| 989 PUMP F RUB / SNEAK  |       |
| 989 BACKS CROSS         |       |



SCAT / QUICK SCAT

|                            | <u>Page #</u> |
|----------------------------|---------------|
| QUICK SCAT 261 F FLAT      | 27-1          |
| QUICK SCAT 363 F FLAT      | 27-2          |
| 361 F FLAT                 |               |
| 364 F FLAT                 |               |
| 048 RUN IT F SHOOT / SWING | 27-3          |
| 095 F POST / SWING         | 27-6          |
| 095 F POST / SNEAK         |               |
| 335 F CROSS / OUT          | 27-5          |
| 364 F FLAT / SWING         | 27-6          |
| 370 F SHOOT / PUMP / SWING | 27-7          |
| 495 F CROSS / OUT          | 27-8          |
| 525 F POST / SWING         | 27-9          |
| 525 H POST / SWING         |               |
| 525 Z POST / SWING         |               |
| GONE 525 H POST            | 27-10         |
| 686 F CROSS / OUT          | 27-11         |
| 383 F CROSS / OUT          |               |
| 76 SWING                   | 27-12         |
| 795 F UNDER / OUT          | 27-13         |
| 491 F UNDER / OUT          |               |
| 795 F UNDER / OUT          |               |
| 839 F FLAT                 | 27-14         |
| 339 F FLAT                 |               |
| 858 F ARROW / OUT          | 27-15         |
| 871 F FLAT                 | 27-16         |
| Y OPTION                   | 27-17         |
| Z ARROW                    | 27-18         |
| Z TEEN                     | 27-19         |

ACE / QUICK ACE

Page #

|                        |       |
|------------------------|-------|
| QUICK ACE 239 F FLAT   | 28-1  |
| 239 PIGEON             |       |
| QUICK ACE 262 FLAT     | 28-2  |
| QUICK ACE 363 F SEAM   | 28-3  |
| 363 PUMP F SEAM        |       |
| 192 F CORNER           | 28-4  |
| 192 F CORNER / BALLOON |       |
| 339 F FLAT             | 28-5  |
| 592 F CORNER / SWING   | 28-6  |
| 748 F DRAG             | 28-7  |
| 896 F FLAT             | 28-8  |
| 940 F CORNER           | 28-9  |
| 99 H BALLOON           | 28-10 |
| 99 R BALLOON           |       |
| 799 H BALLOON          | 28-11 |

*ACE HOT*

Page #

940 F ARROW / SWING

29-1

940 F STOP / SWING

SLIDE / QUICK SLIDE

Page #

|                   |                  |      |
|-------------------|------------------|------|
| QUICK SLIDE 191   |                  | 30-1 |
|                   | 101 F POST       |      |
|                   | 393              |      |
| 16 PUMP / H SWING |                  | 30-2 |
| 588 RUN IT F DRAG |                  | 30-3 |
|                   | 587 F DRAG       |      |
|                   | 587 SHAKE F DRAG |      |
|                   | 824 H DRAG       |      |
| 79 H FLAT         |                  | 30-4 |
|                   | 84 H DRAG        |      |
|                   | 66 H FLAT        |      |
| H SEAM / F DRAG   |                  | 30-5 |
|                   | H OPTION S       |      |
|                   | H CORNER         |      |

**GONE**

**Page #**

525 H POST / SEAM

31-1

839 H FLAT

31-2

239 F FLAT

839 H FLAT

871 H SWING

31-3

944 H FAKE CROSS

31-4

944 H CROSS

DOUBLE OUT

31-5

DOUBLE POST

99 Y CROSS

**FIRE PASS**

Page #

32-1

212 F FLAT

042 F FLAT

56 F FLAT

71 F FLAT

71 F FLAT

32-2

724 F FLAT

79 F FLAT

86 F FLAT

072 PUMP F FLAT

096 F FLAT

078 STOP F FLAT

616 F FLAT

ACT 6/7

Page #

33-1

295 LUCKY / RICKY

279 LUCKY

33-2

544 LUCKY / RICKY

744 LUCKY

744 PUMP LUCKY

548 LUCKY

33-3

668 F DRAG

864 F DRAG

33-4

787 SHAKE F DRAG

788 RUN IT F DRAG

428

34-1

744 PUMP

585

34-2

989

34-3

989 PUMP



CHARLIE 5/4

Page #

SEAM 418

35-1

616

585

SEAM 478

35-2

TRAP PASS

Page #

905 H SEAM

36-1

905 F SEAM

202 H FLAT

BUBBLE PASS

Page #

37-1

101 READ

909 STOP

303 READ

## BOOTS / NAKEDS

Page #

FAKE BELLY NAKED 215

38-1

FAKE BELLY NAKED 124

FAKE PITCH NAKED 215

FAKE GUT THROWBACK SEAM 478

38-2

FAKE GUT THROWBACK 824

FAKE PRESS NAKED 924 F FLAT

38-3

FAKE PRESS NAKED R.I. 215

FAKE TOSS NAKED 215

38-4

FAKE TOSS NAKED 124

COUNTER PASS

Page #

COUNTER PASS 505 SQUIRREL

39-1

COUNTER PASS SEAM 408

COUNTER PASS SEAM 407

COUNTER PASS 88

COUNTER PASS 44 SPIN

COUNTER PASS 9 DOUBLE PUMP

39-2

COUNTER PASS SEAM 405 SQUIRREL

# BRONCO

Page #

022 STOP H SHOOT / SWING

40-1

078 H FLAT

40-2

078 PUMP FLAT

078 STOP FLAT

087 FLAT

428 F DELAY

40-3

SEAM 478 F FLAT / HOOK

40-4

548 RICKY / LUCKY

40-5

585

40-6

585 BACKS CROSS

585 STOP

383

787

787 PUMP

40-7

686 PUMP F RUB / SNEAK

40-8

686 PUMP BACKS CROSS

844 RICKY / LUCKY

40-9

940 RICKY / LUCKY

40-10

989 F RUB / SNEAK

40-11

989 BACKS CROSS

989 PUMP F RUB / SNEAK

NICKEL ACE

Page #

|                        |       |
|------------------------|-------|
| QUICK ACE 239 F FLAT   | 41-1  |
| QUICK ACE 262 F FLAT   | 41-2  |
| 192 F CORNER           | 41-3  |
| 192 F CORNER / BALLOON |       |
| 239 F FLAT             | 41-4  |
| 339 F FLAT             | 41-5  |
| 495 F DRAG             | 41-6  |
| 495 F CROSS / OUT      |       |
| 748 F DRAG             | 41-7  |
| 835 F SEAM             | 41-8  |
| 839 F FLAT             | 41-9  |
| 896 F FLAT             | 41-10 |
| 940 F CORNER           | 41-11 |
| 999 H BALLOON          | 41-12 |
| 99 H BALLOON           |       |
| SEAHAWK                | 41-13 |

ROCKET / LASER

Page #

COB

43-1

BALLOON

SLICK

STOP

DIG

SAIL

43-2

SEAHAWK



# NICKEL SCAT

## Page #

|                            |       |
|----------------------------|-------|
| 048 RUN IT F SHOOT / SWING | 44-1  |
| 095 F POST / SWING         | 44-2  |
| 343 F DRAG / SNEAK         | 44-3  |
| 493 F DRAG                 |       |
| 364 F FLAT / SWING         | 44-4  |
| 370 F SHOOT / PUMP / SWING | 44-5  |
| 395 F SHOOT / SNEAK        | 44-6  |
| 322 F SHOOT / SNEAK        |       |
| 525 F POST / SWING         | 44-7  |
| 525 H POST / SWING         |       |
| 535 F FAKE POST / SWING    | 44-8  |
| TRIPLE POST                |       |
| 71 F FLAT                  | 44-9  |
| 795 F UNDER / OUT          | 44-10 |
| 491 F UNDER / OUT          |       |
| 835 F SEAM                 | 44-11 |
| 839 F FLAT                 | 44-12 |
| 339 F FLAT                 |       |
| 839 F UNDER / OUT          | 44-13 |
| 339 F UNDER / OUT          |       |
| Y JUKE                     | 44-14 |
| Y OPTION                   | 44-15 |
| YO YO                      |       |
| Z ARROW                    | 44-16 |
| Z TEEN                     | 44-17 |

078 STOP H FLAT

45-1

078 PUMP H WIDE

078 H WIDE

087 H WIDE

077 H WIDE

088 RUN IT H WIDE

45-2

087 H WIDE

088 SPECIAL H WIDE

087 SHAKE H WIDE

084 H WIDE

X HOOK

45-3

X 7

X 7 PUMP

SPIN CORNERS

X 4

**SMOKE**

Page #

525 H POST / SWING

47-1

H CHOICE

47-2

Z UNDER

47-3

212 H FLAT

48-1

996 H SEAM / F DELAY

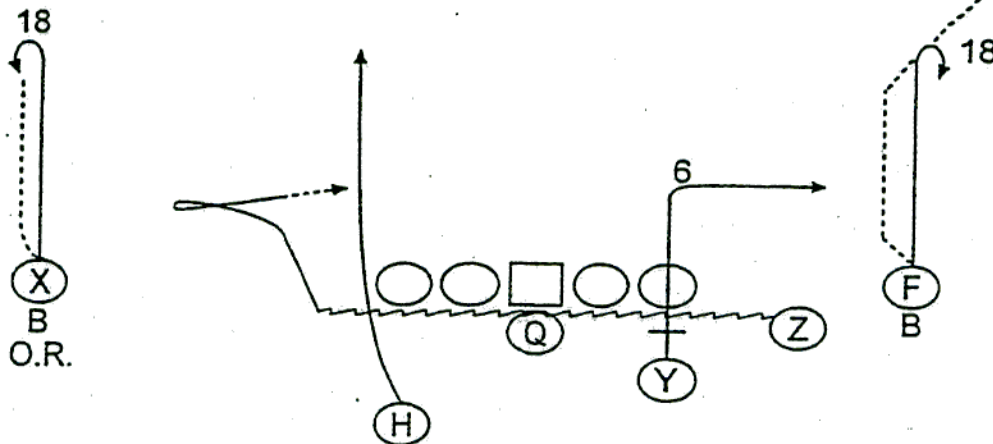
48-2

Z UNDER

48-3

# Z UNDER

FLEX RT ZOOM SMOKE H CREASE / Z UNDER



## ASSIGNMENTS

X: 5 ROUTE. RUN-IT.

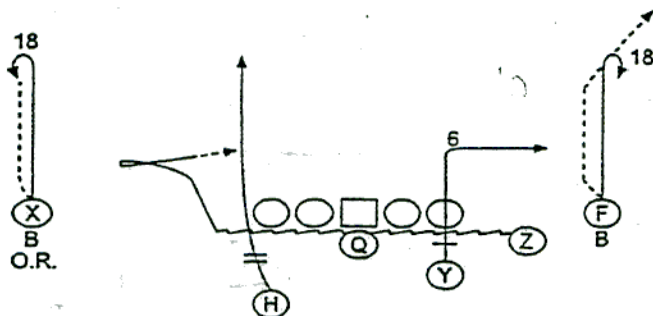
Y: CHECK. OUT ROUTE.

Z: UNDER ROUTE.

F: 5 ROUTE. READ-IT.

H: CREASE ROUTE. HOT.

FLEX RT ZOOM LOU H CREASE / Z UNDER



## NOTES

QB: 7 STEP DROP. H - Z - X.

## PROTECTIONS

SMOKE - LOU/RAY

## FORMATIONS-MOVEMENTS

FLEX ZOOM

TRIPS RT OTTO LT X HOOK

## ASSIGNMENTS

TRIPS RT OTTO LT X 7

**TRIPS RT OTTO LT SPIN CORNERS**  
(Red Zone)

TRIPS RT OTTO LT X 7 PUMP

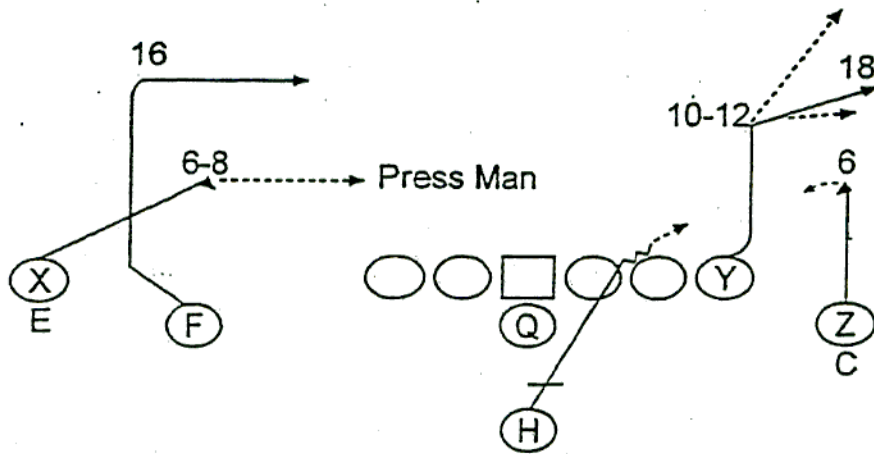
TRIPS RT OTTO LT X 4

## NOTES

## PROTECTIONS

# SEAHAWK

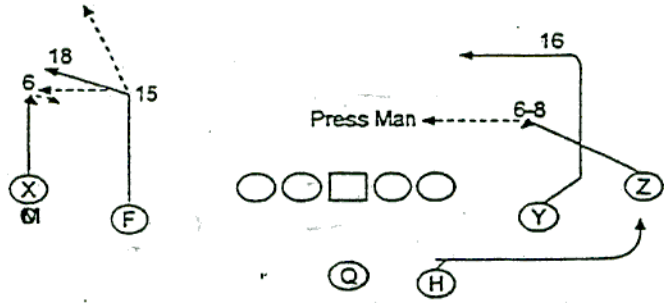
DOUBLE RT ACE RT SEAHAWK



## ASSIGNMENTS

- X: INSIDE 1 ROUTE. HOT.
- Y: 7 ROUTE. HOT.
- Z: 2 SMASH ROUTE. HOT.
- F: REVERSE SEAM 4 ROUTE.
- H: CHECK. STRONGSIDE SNEAK.

## RIFLE RT ROCKET SEAHAWK



## NOTES

QB: 7 STEP DROP. F - X - H vs ZONE.  
Y - Z vs PRESS MAN.

## PROTECTIONS

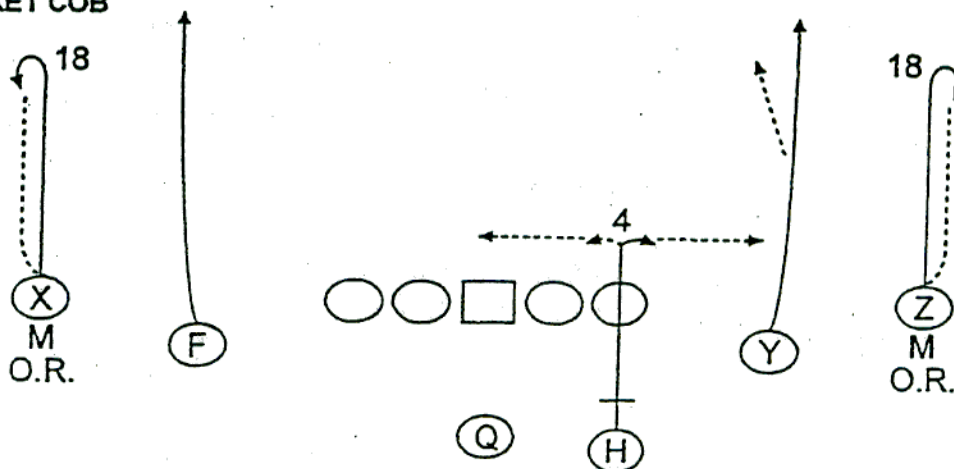
ACE - LOU/RAY

## FORMATIONS-MOVEMENTS

DOUBLE - DUAL  
- RIFLE ROCKET

# ROCKET / LASER PASSES

RIFLE RT ROCKET COB



## ASSIGNMENTS

X: 5 ROUTE. RUN-IT.

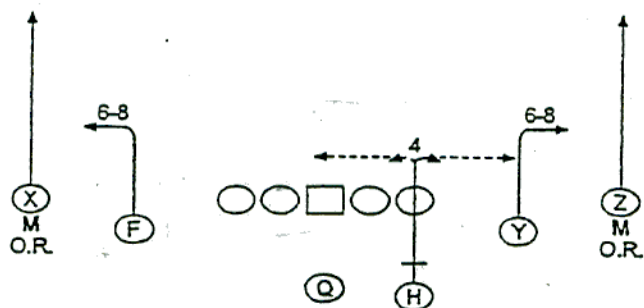
Y: SEAM ROUTE. READ M.F.O. or M.F.C.

Z: 5 ROUTE. RUN-IT.

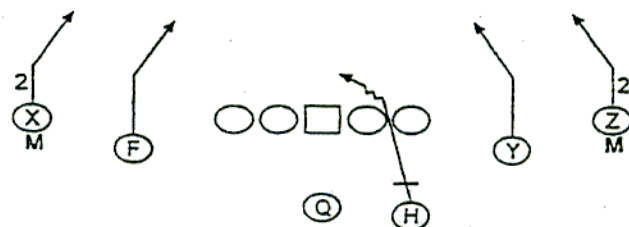
F: SEAM ROUTE.

H: CHECK. BALLOON ROUTE.

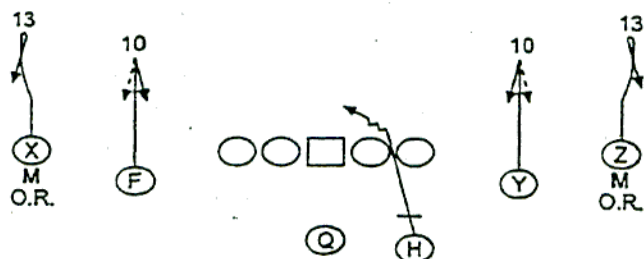
RIFLE RT ROCKET BALLOON



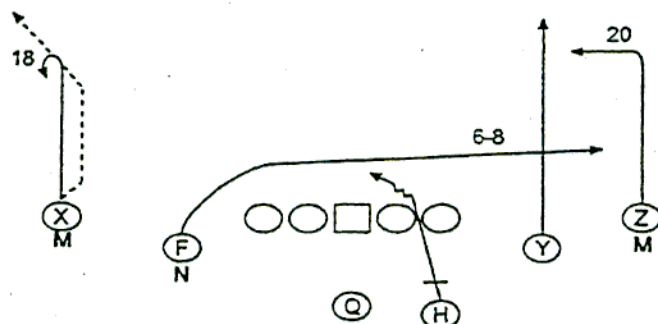
RIFLE RT ROCKET SLICK



RIFLE RT ROCKET STOP



RIFLE RT ROCKET DIG



## NOTES

QB: 5 STEP DROP IN GUN. F - Y - H vs M.F.C.  
X or Z AWAY FROM ROTATION. Y - H vs M.F.O.

## PROTECTIONS

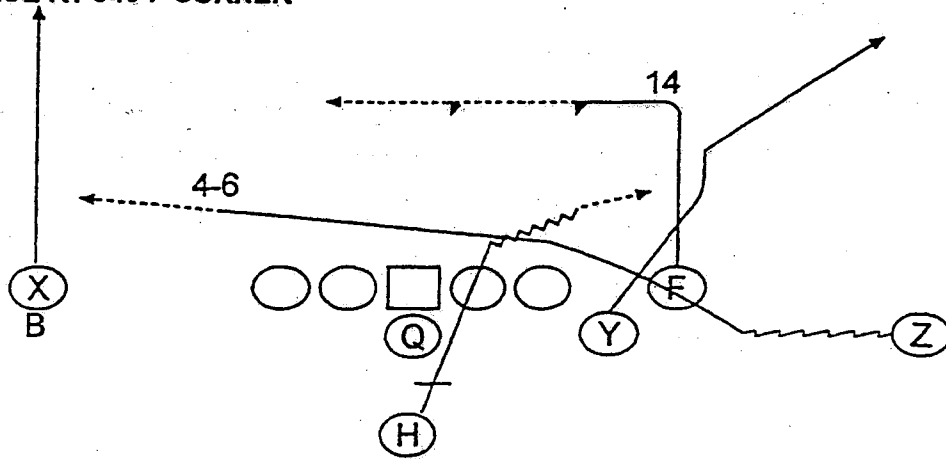
ACE

## FORMATIONS-MOVEMENTS

TRIGGER



BUNCH RT ZIP ACE RT 940 F CORNER



X: 9 ROUTE.

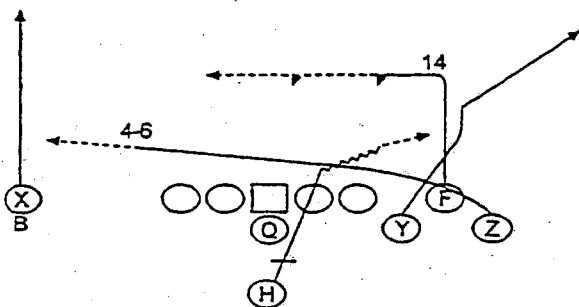
Y: 4 ROUTE.

Z: ZERO ROUTE. READ MAN/ZONE. HOT.

F: CORNER ROUTE.

H: CHECK. STRONGSIDE SNEAK.

**BUNCH RT ACE RT 940 F CORNER**



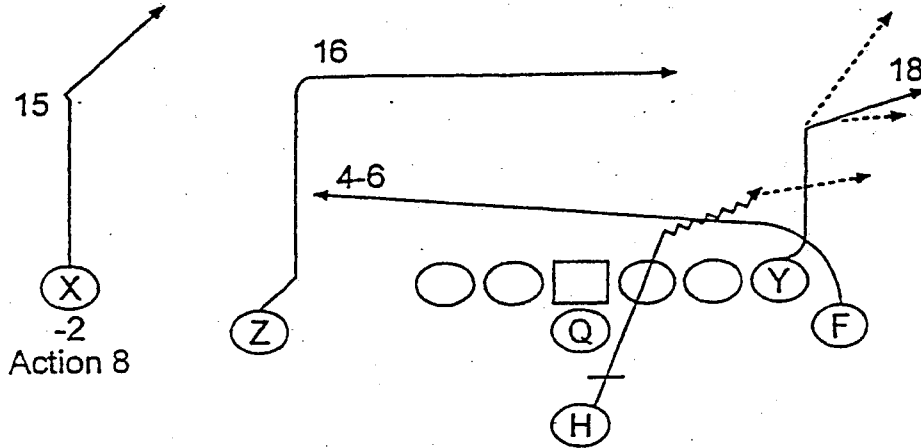
QB: 7 STEP DROP. Y-Z-H vs ZONE. Z-Y vs MAN.  
X BASED ON COVERAGE.

ACE - RIP/LIZ - BRONCO

**JACK ZIP - SPLIT FLING**  
**- BUNCH - BUNCH ZIP**  
**- JACK FLING**

# 748 F DRAG

FLANK RT ACE RT 748 F DRAG



## ASSIGNMENTS

X: ACTION 8 ROUTE.

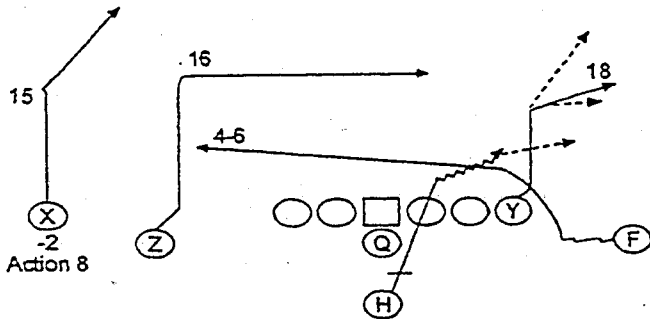
Y: 7 ROUTE.

Z: INSIDE 4 ROUTE.

F: DRAG ROUTE. HOT.

H: CHECK. STRONGSIDE SNEAK.

FLEX RT FLIP ACE RT 748 F DRAG



## NOTES

QB: 7 STEP DROP. CHECK X vs QUARTERS. Z - F - H.

## PROTECTIONS

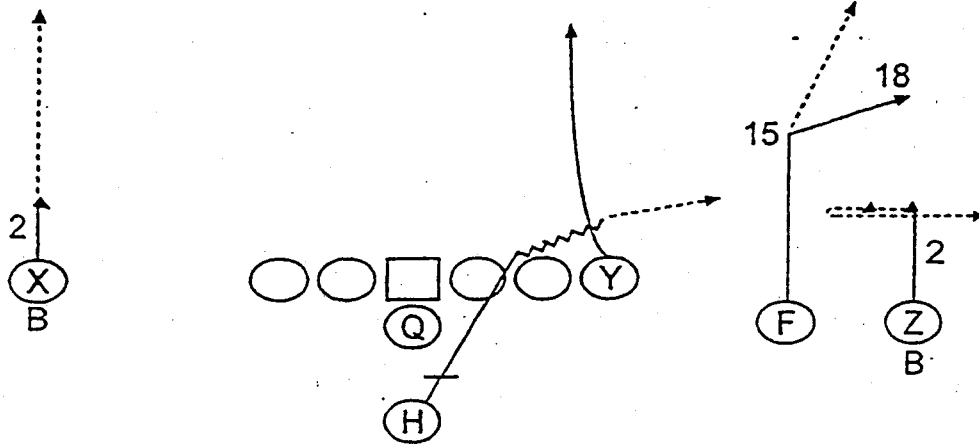
ACE

## FORMATIONS-MOVEMENT

FLANK - FLEX FLIP

# 192 F CORNER

TWINS RT ACE RT 192 F CORNER



## ASSIGNMENTS

X: 1 ROUTE.

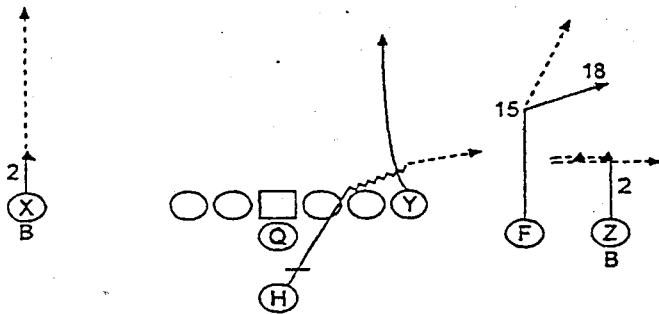
Y: 9 ROUTE.

Z: 2 ROUTE. SMASH ROUTE.

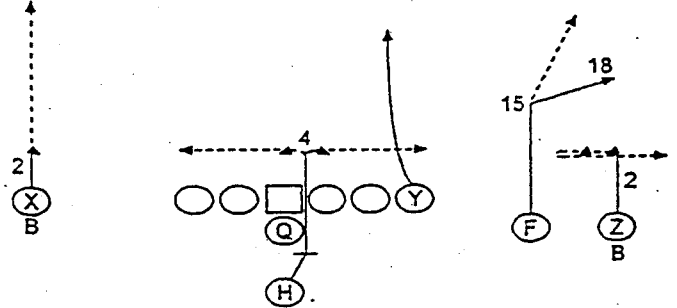
F: CORNER ROUTE.

H: CHECK. STRONGSIDE SNEAK.

TREY RT ACE RT 192 F CORNER



TWINS RT ACE RT 192 F CORNER / BALLOON



## NOTES

QB: 5 STEP DROP FOR HITCHES. Y - H vs COVER 2.  
F - H vs PRESS MAN.

## PROTECTIONS

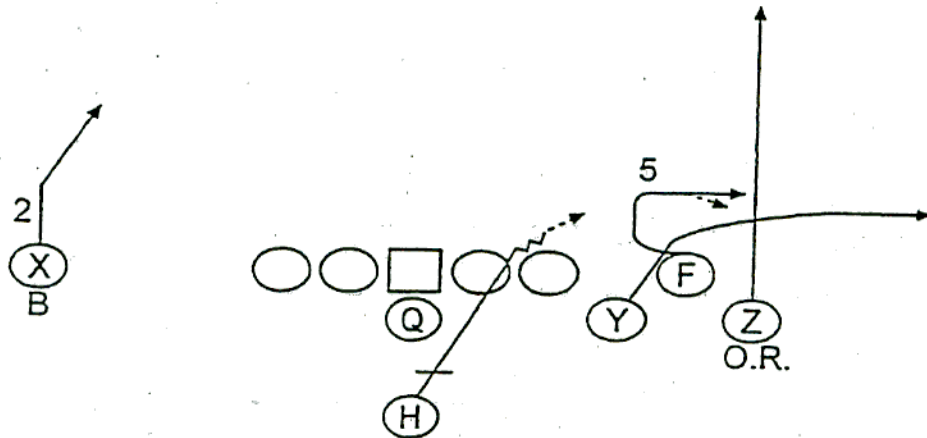
ACE

## FORMATIONS-MOVEMENT

TWINS - TREY

# 239 F FLAT

BUNCH RT QUICK ACE RT 239 F FLAT



## ASSIGNMENTS

X: 2 ROUTE. SLANT.

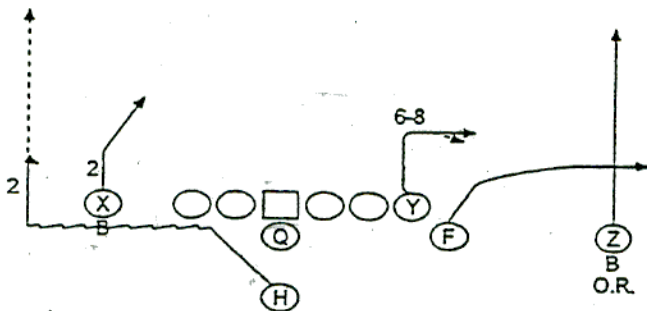
Y: QUICK 3 ROUTE.

Z: 9 ROUTE.

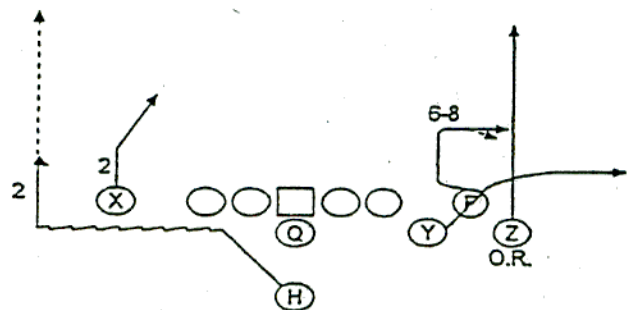
F: FLAT ROUTE.

H: CHECK. STRONGSIDE SNEAK.

### TRIPS RT TEX GONE RT 239 F FLAT



### BUNCH RT TEX GONE RT 239 F FLAT



## NOTES

QB: 3 STEP DROP. TAKE X - H. F - Y - X vs COVER 8 or 5.

## PROTECTIONS

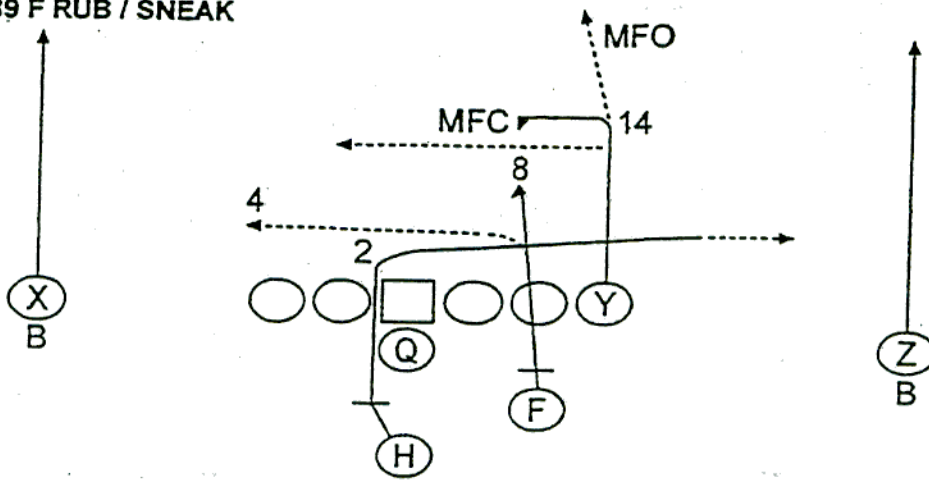
QUICK ACE

## FORMATIONS-MOVEMENTS

TRIPS - TRIPS MOTION  
- BUNCH

# 989 F RUB / SNEAK

JACK RT LIZ 989 F RUB / SNEAK



## ASSIGNMENTS

X: 9 ROUTE.

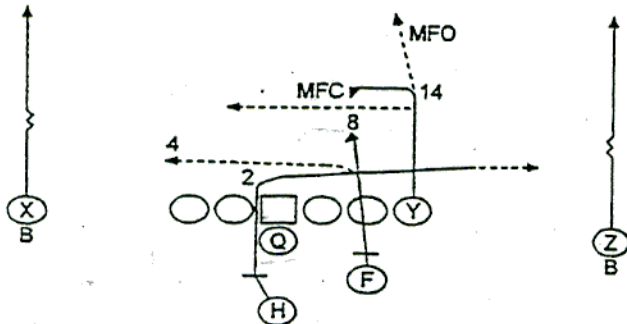
Y: 8 ROUTE.

Z: 9 ROUTE.

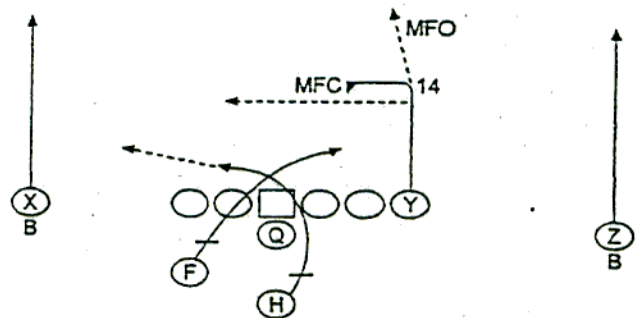
F: CHECK. RUB ROUTE.

H: CHECK. SNEAK ROUTE.

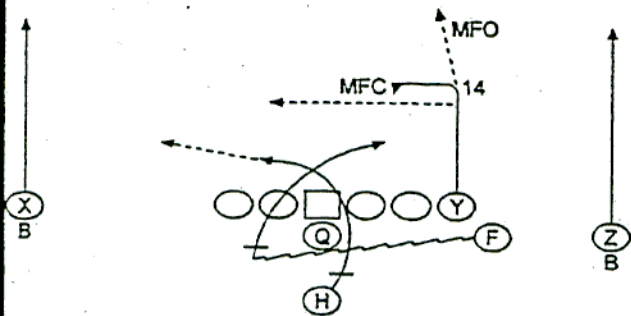
JACK RT LIZ 989 PUMP F RUB / SNEAK



QUEEN RT RIP 989 BACKS CROSS



DEUCE RT JAM RIP 989 BACKS CROSS



## NOTES

QB: 5 STEP DROP. X or Y BASED ON 1 on 1 & PERSONNEL. PUMP Y to Z vs COVER 2.

## PROTECTIONS

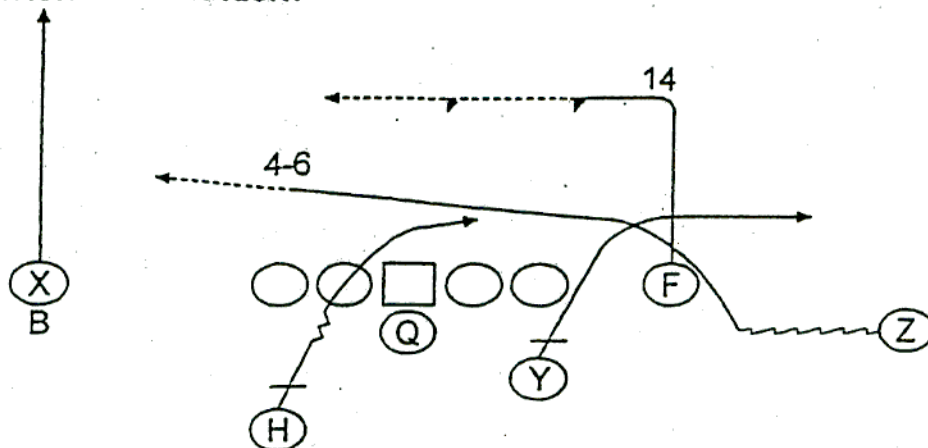
RIP/LIZ

## FORMATIONS-MOVEMENT

JACK - TRIPS MOTION  
- DEUCE JAM - QUEEN

# 940 RICKY / LUCKY

BUNCH RT ZIP BRONCO RT 940 RICKY



## ASSIGNMENTS

X: 9 ROUTE.

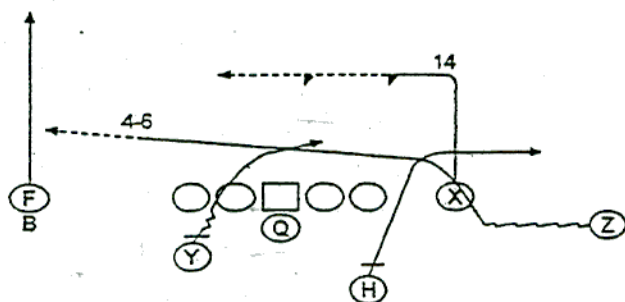
Y: CHECK. FLAT ROUTE.

Z: ZERO ROUTE.

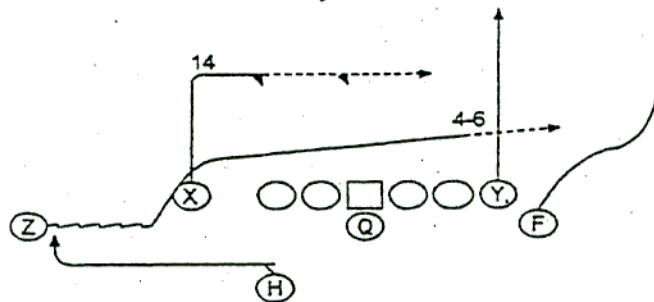
F: 4 ROUTE.

H: CHECK. SNEAK ROUTE.

FLEET LT ZIP BRONCO RT 940 RICKY



FLOAT RT ZIP SCAT RT 940 F SHOOT / SWING



## NOTES

QB: 7 STEP DROP. F - Z - H vs ZONE.  
Z - F - H vs MAN.

## PROTECTIONS

BRONCO - ACE - SCAT

## FORMATIONS-MOVEMENT

BUNCH ZIP - FLEX ZIP

JACK RT LIZ 585

18

MFO

MFC

14

18

X

B

O

O

Q

O

O

Y

F

Z

B

H

**ASSIGNMENTS**

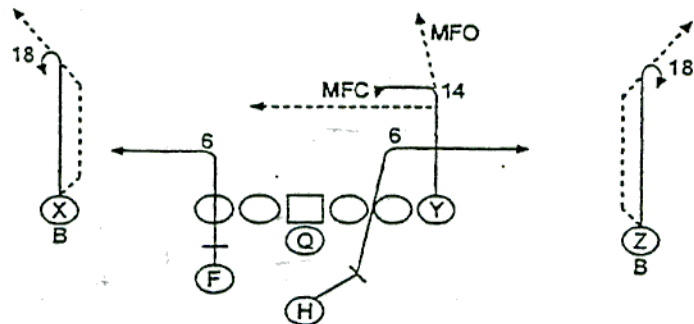
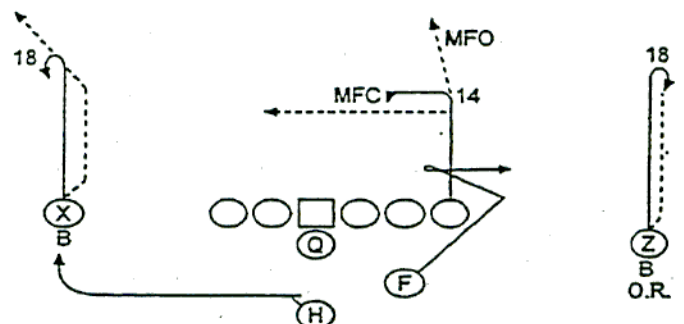
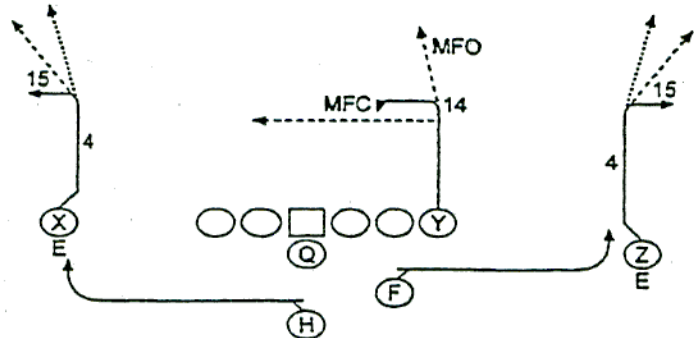
X: 5 ROUTE. READ-IT.

Y: 8 ROUTE.

Z: 5 ROUTE. READ-IT.

F: CHECK. SWING ROUTE.

H: CHECK. SWING ROUTE.

**QUEEN RT RIP 585 OUT****JACK RT SCAT RT 585 F FAKE CROSS****JACK RT LIZ 787****NOTES**

QB: 7 STEP DROP. X - H. Z - F vs WEAK ROLL.

**PROTECTIONS**

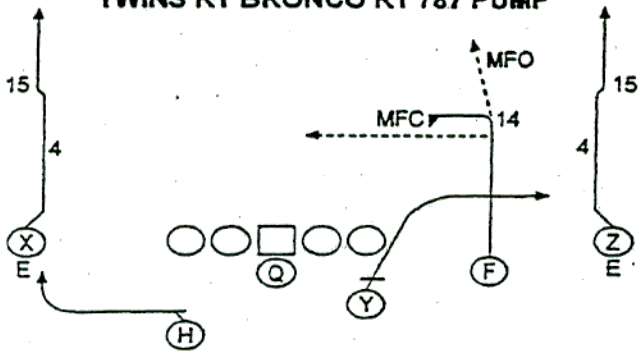
RIP/LIZ - SCAT

**FORMATIONS-MOVEMENTS**

I - JACK - TRIPS MOTION

#1

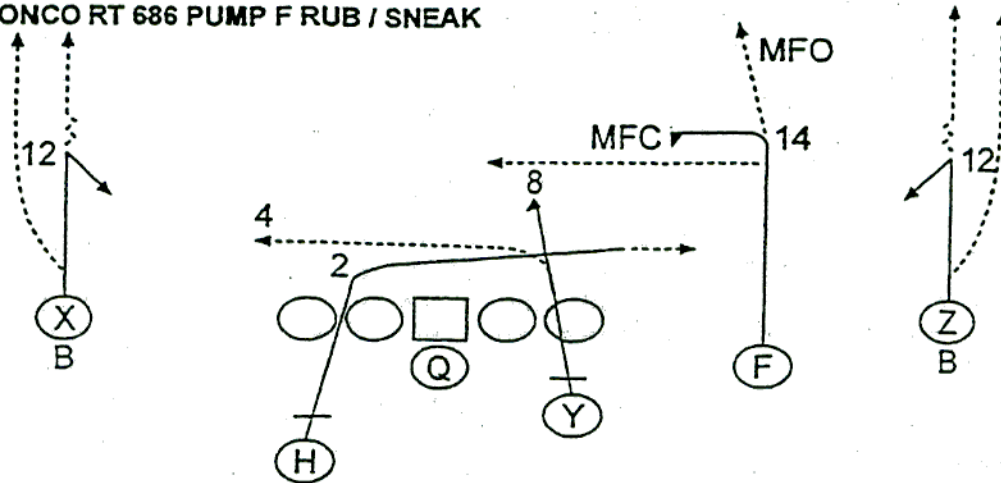
## TWINS RT BRONCO RT 787 PUMP





# 686 PUMP F RUB / SNEAK

TWINS RT BRONCO RT 686 PUMP F RUB / SNEAK



## ASSIGNMENTS

X: CORNER OFF - 6 ROUTE. CORNER PRESS - 9 PUMP. CORNER ROLL - 9 ROUTE.

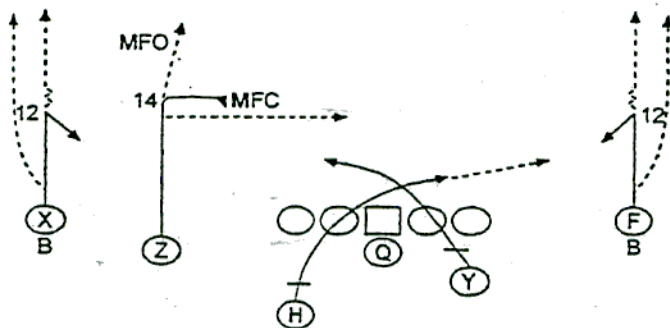
Y: CHECK. RUB ROUTE.

Z: CORNER OFF - 6 ROUTE. CORNER PRESS - 9 PUMP. CORNER ROLL - 9 ROUTE.

F: INSIDE 8 ROUTE. READ M.F.O. or M.F.C.

H: CHECK. SNEAK ROUTE.

FLEX RT BRONCO LT 686 PUMP BACKS CROSS



## NOTES

QB: 5 STEP DROP. 7 STEP DROP vs COVER 2.  
CHOICE OF X or Z TO SNEAK. F - H vs COVER 2.  
CORNERS OFF, GO AWAY FROM THE DROP-IN  
SAFETY. WORK AS 989 VS. COVER 2.

## PROTECTIONS

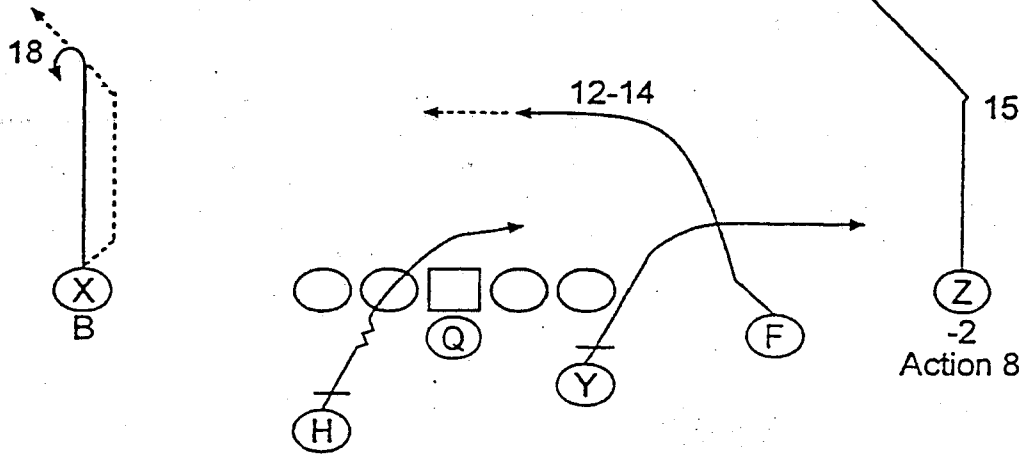
BRONCO

## FORMATIONS-MOVEMENTS

TWINS - FLEX - TREY

# 548 RICKY / LUCKY

TWINS RT BRONCO RT 548 RICKY



## ASSIGNMENTS

X: 5 ROUTE. READ-IT.

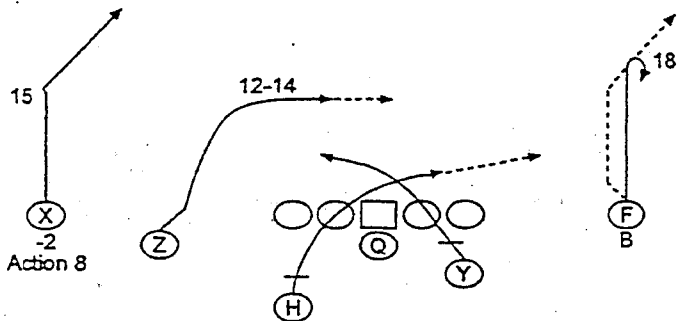
Y: CHECK. FLAT ROUTE.

Z: ACTION 8 ROUTE.

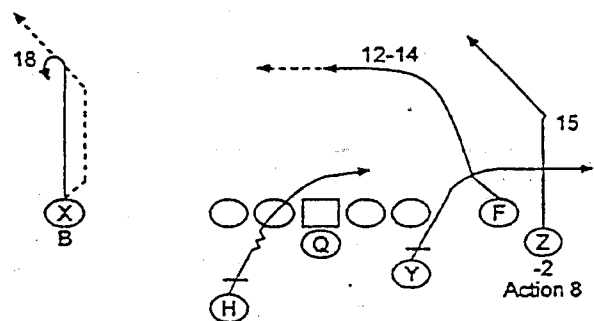
F: INSIDE 4 ROUTE.

H: CHECK. SNEAK ROUTE.

FLEX RT BRONCO LT 548 BACKS CROSS



BUNCH RT BRONCO RT 548 RICKY



## NOTES

QB: 7 STEP DROP. X - H vs M.F.C.  
(Z) - F - H vs ANY WEAK CLOUD.

## PROTECTIONS

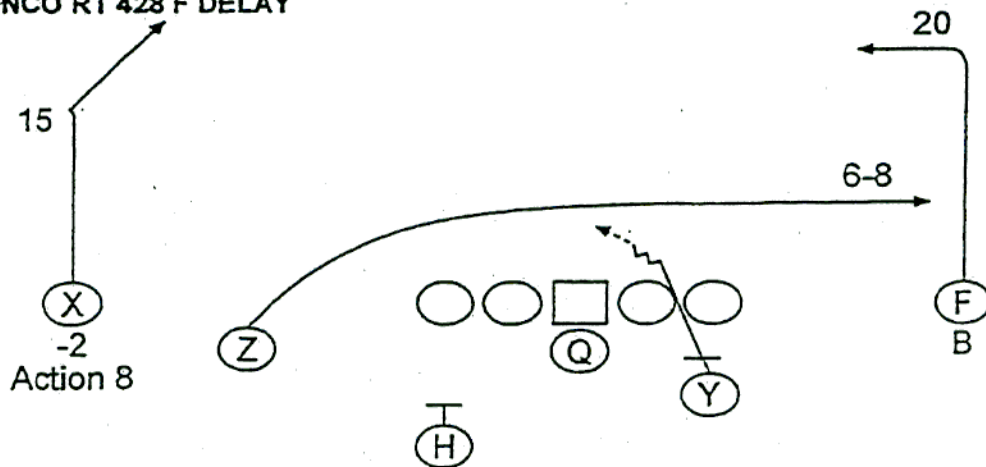
BRONCO

## FORMATIONS-MOVEMENT

TWINS - FLEX - BUNCH

# 428 F DELAY

FLEX RT BRONCO RT 428 F DELAY



## ASSIGNMENTS

X: ACTION 8 ROUTE.

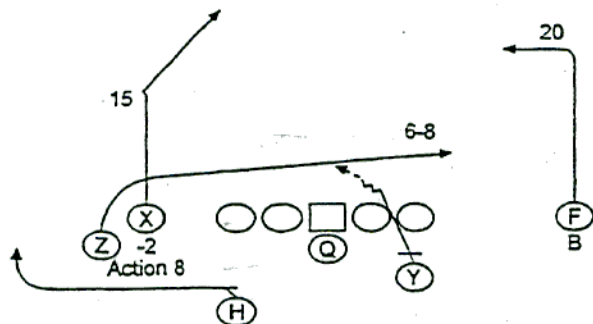
Y: CHECK. DELAY ROUTE.

Z: 2 ROUTE. DON'T READ. CONTINUE THRU.

F: 4 ROUTE.

H: CHECK. SWING ROUTE.

FLEET RT BRONCO LT 428 F DELAY



## NOTES

QB: 7 STEP DROP. X - Z - F.

## PROTECTIONS

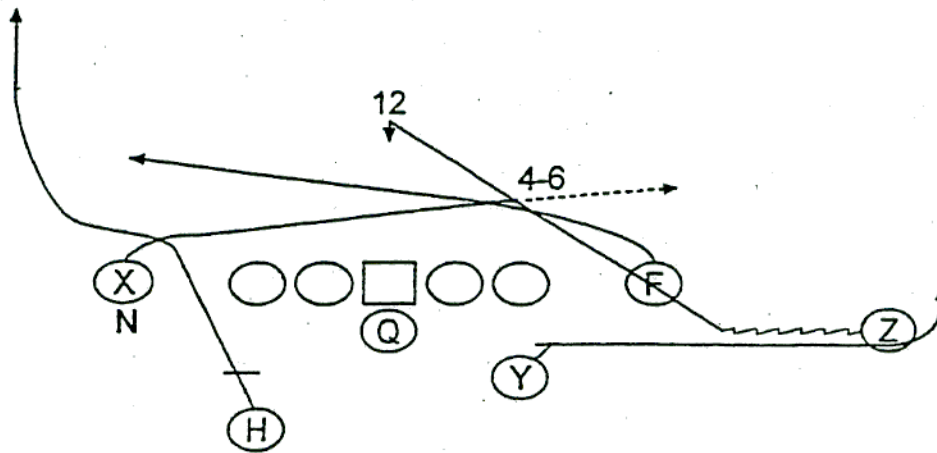
BRONCO

## FORMATIONS-MOVEMENTS

FLEX - FLEX ZIP - FLEET  
- FLEET ZIP

# 022 STOP H SHOOT / SWING

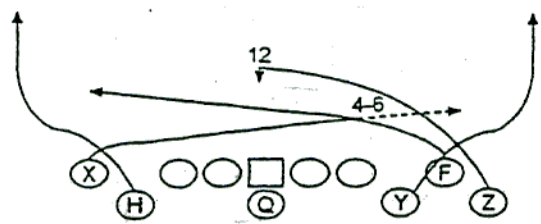
BUNCH RT ZIP BRONCO LT 022 STOP H SHOOT / SWING



## ASSIGNMENTS

- X: ZERO ROUTE. READ MAN/ZONE.
- Y: CHECK. SWING ROUTE.
- Z: 2 STOP ROUTE.
- F: 2 ROUTE. STAY ON THE MOVE.
- H: CHECK. SHOOT ROUTE.

TRAILER BUNCH RT GONE RT 022 STOP SHOOT



## NOTES

QB: 7 STEP DROP. Z - X - F.

## PROTECTIONS

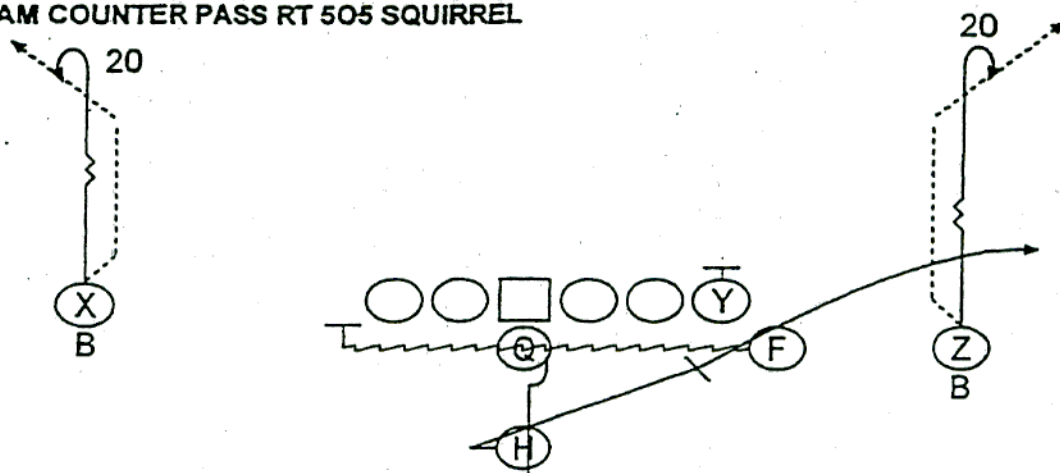
BRONCO WEAK - GONE

## FORMATIONS-MOVEMENT

BUNCH - BUNCH ZIP

# COUNTER PASS

DEUCE RT JAM COUNTER PASS RT 505 SQUIRREL



## ASSIGNMENTS

X: 5 SQUIRREL ROUTE.

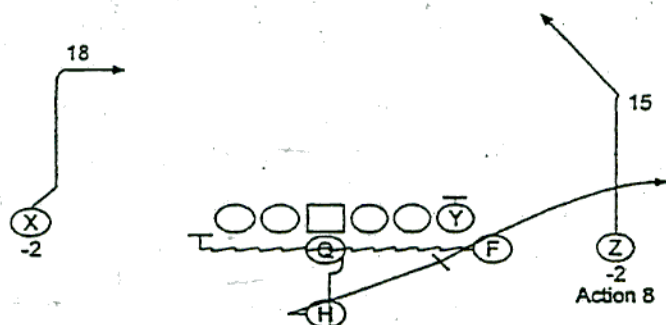
Y: PROTECTION.

Z: 5 SQUIRREL ROUTE.

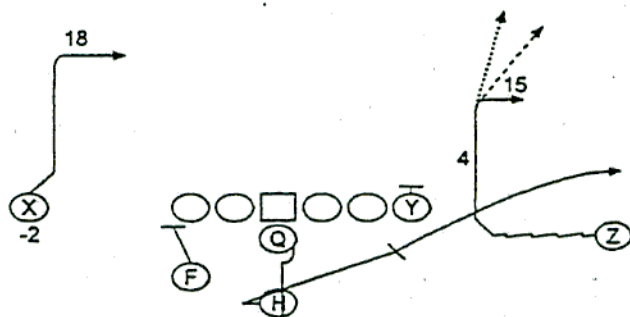
F: PROTECTION.

H: FAKE COUNTER. CHECK. FLAT ROUTE.

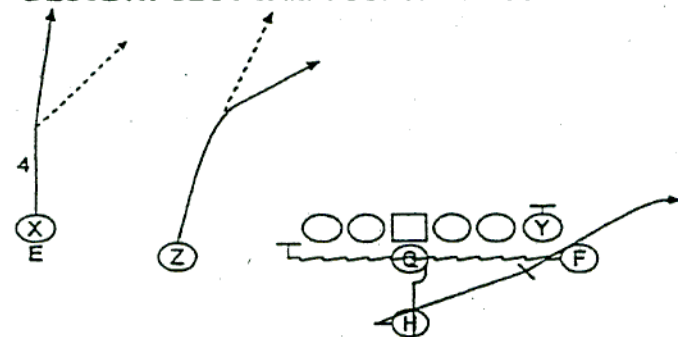
DEUCE RT JAM COUNTER PASS RT SEAM 408



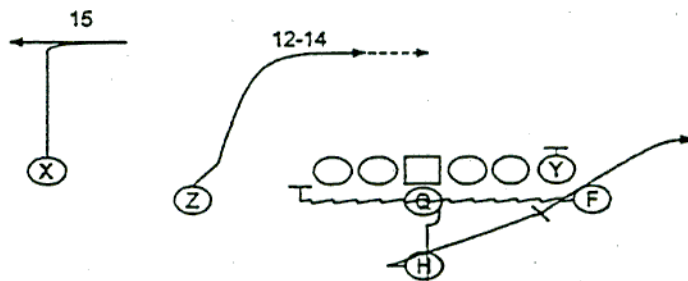
QUEEN RT ZIP COUNTER PASS RT SEAM 407



DEUCE RT SLOT JAM COUNTER PASS RT 88



DEUCE RT SLOT JAM COUNTER PASS RT 44 SPIN



## NOTES

QB: FAKE COUNTER. SET 10 YDS DEEP STRONG "A" GAP.

## PROTECTIONS

COUNTER PASS

## FORMATIONS-MOVEMENTS

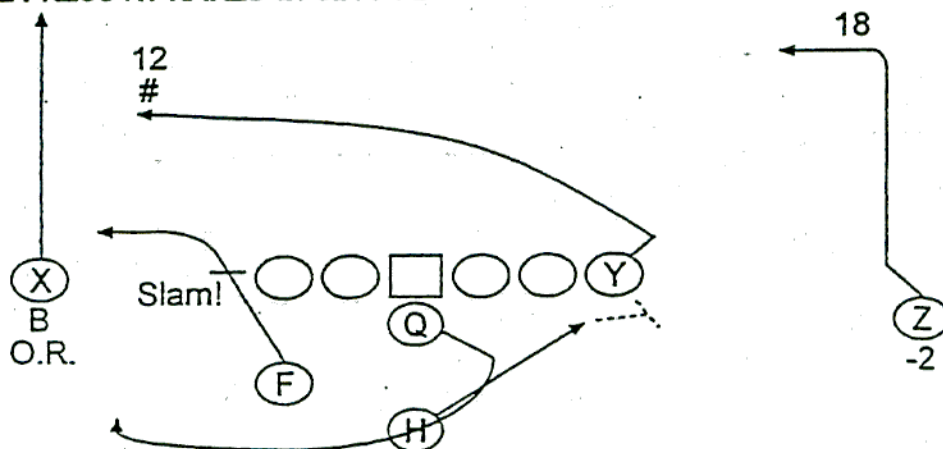
DEUCE JAM - DEUCE SLOT JAM  
- QUEEN ZIP - JACK TITE JAM

DEUCE LT JAM FAKE GUT LT THROWBACK SEAM 478



# FAKE PRESS NAKED

QUEEN RT FAKE PRESS RT NAKED LT 924 F FLAT



## ASSIGNMENTS

X: 9 ROUTE.

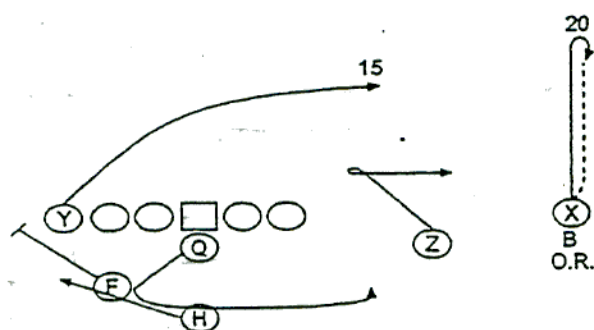
Y: ACTION 2 ROUTE. 12-14 YARDS DEEP.

Z: SEAM 4 ROUTE.

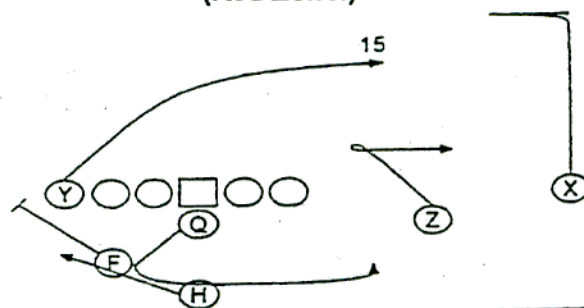
F: BLUFF THE EDGE (GUT COURSE). RUN FLAT ROUTE.

H: FAKE PRESS. BLOCK #4 OFF THE EDGE.

JACK LT SLOT FAKE PRESS LT R.I. NAKED 215



JACK LT SLOT FAKE PRESS LT R.I. NAKED 215  
(Red Zone!)



## NOTES

QB: FAKE PRESS. ARC WEAK ON NAKED. NEGOTIATE  
EDGE DEFENDER. F - Y. F - X - Y vs CLOUD.

## PROTECTIONS

FAKE PRESS NAKED

## FORMATIONS-MOVEMENTS

QUEEN - DEUCE JAM  
- FIT DEUCE ZOOM  
- JACK SLOT

# FAKE BELLY BOOT

FAR RT- FAKE BELLY RT, BOOT LT

20

20-25

20

15

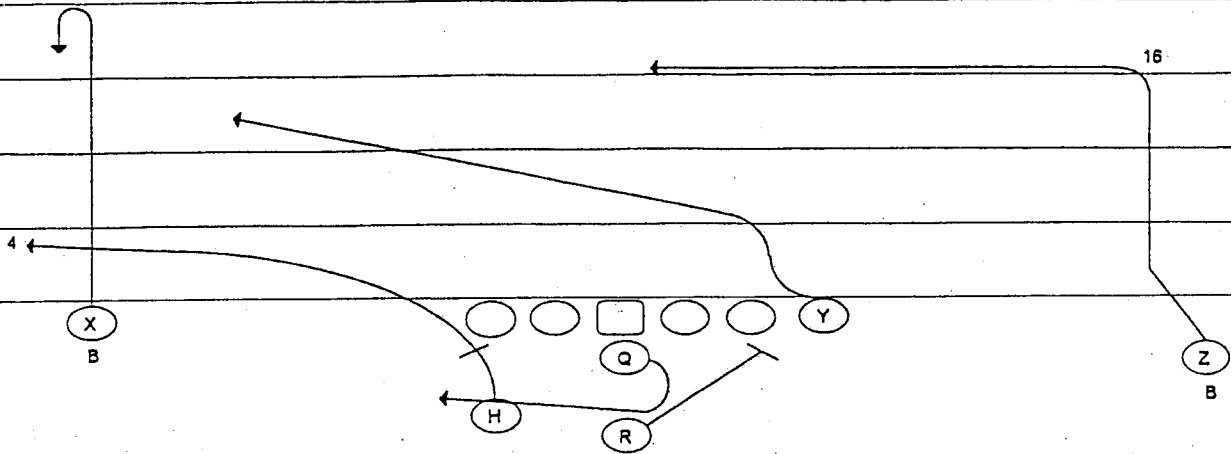
15

10

10

5

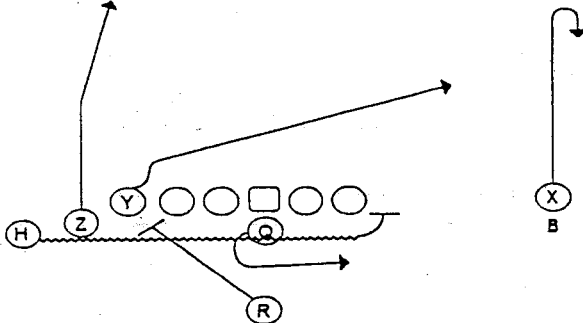
5



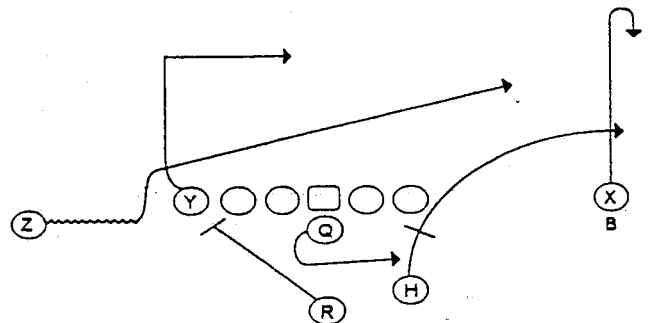
## ASSIGNMENTS

- X: (#1 Weak) Run-it 5 route at 20 - 25 yards. You must outside release.
- Y: (#2 Strong) Run a Deep 2 route 10-12 yards deep. Work between the Numbers and the Hash.
- Z: (#1 Strong) Run 6 route at 18 yards and hunt up the hole. Bluff the SS on Zip.
- H: (#2 Weak) Seal the outside leg of the tackle, release and run a Flat.
- R: Fake Belly.

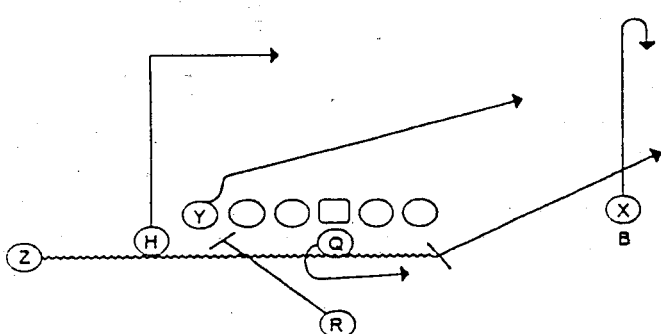
TOWER LT WHIZ- FAKE BELLY LT "BLOCK" 20



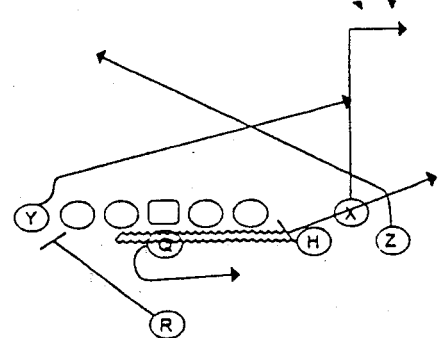
FAR LT- FAKE BELLY BOOT RT Z DRAG



FLANK LT ZAP- FAKE BELLY LT BOOT RT



CLUSTER LT ORBIT- FAKE BELLY LT BOOT RT PICK



## QB PROGRESSION / READS

Be aware of possible quick pressure. Work Flat-Y Cross to X Deep 5 route. Possible backside 6.

## BLITZ ADJUST

QB built in "Hot" route to Flat.

## PROTECTION

Boot Rt or Lt  
Counter Boot

## FORMATION / MOVEMENT

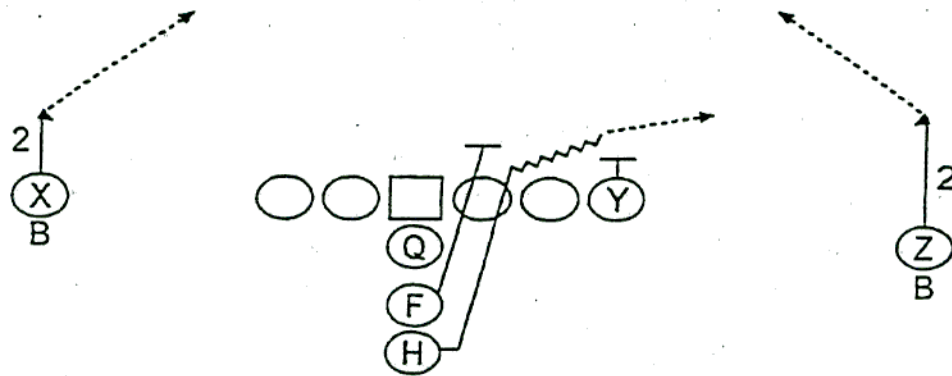
Jet

\* Possible Hag Counter Boot action.



# BUBBLE PASS 101 READ

I RT BUBBLE PASS RT 101 READ



## ASSIGNMENTS

X: HITCH vs CORNER OFF. SLANT vs PRESS or CLOUD.

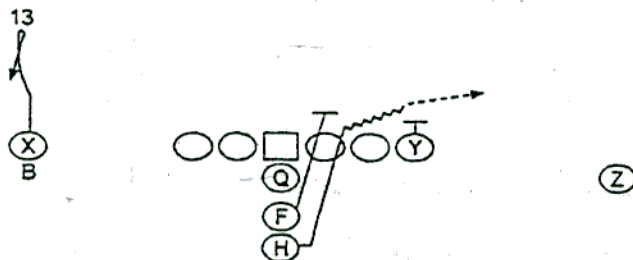
Y: PROTECTION.

Z: HITCH vs CORNER OFF. SLANT vs PRESS or CLOUD.

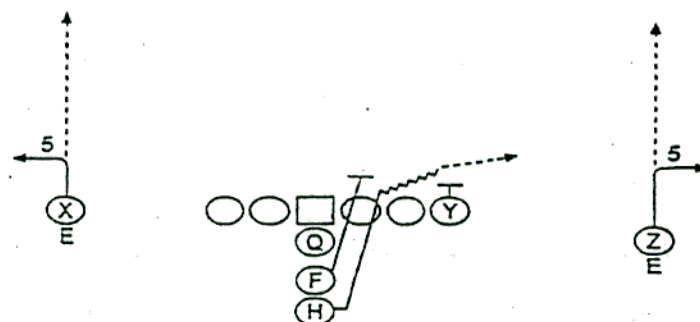
F: PROTECTION.

H: SHORTEN ALIGNMENT. FAKE BUBBLE (NO DELAY). GO FAST.

I RT BUBBLE PASS RT 909 STOP



I RT BUBBLE PASS RT 303 READ



## NOTES

QB: 3 STEP DROP WITH TOKEN FAKE.  
CHOICE of X or Z.

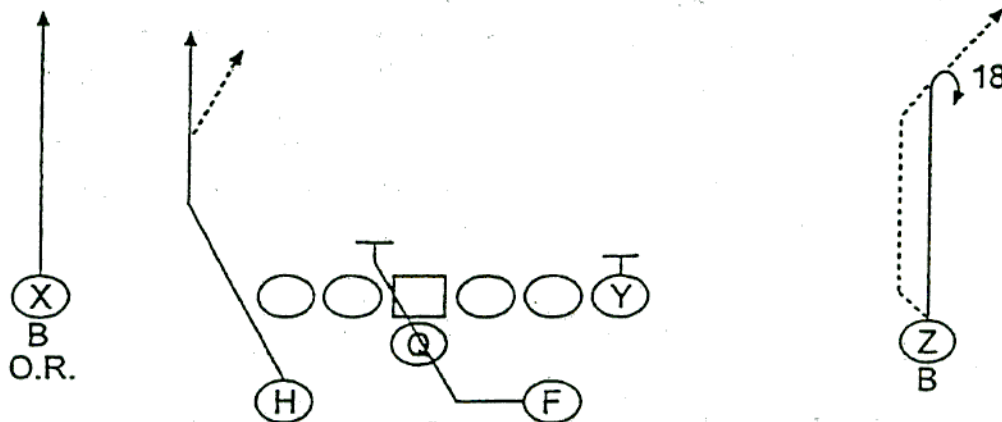
## PROTECTIONS

BUBBLE PASS

## FORMATIONS-MOVEMENTS

# TRAP PASS 905 H SEAM

SPLIT RT TRAP PASS LT 905 H SEAM



## ASSIGNMENTS

X: 9 ROUTE.

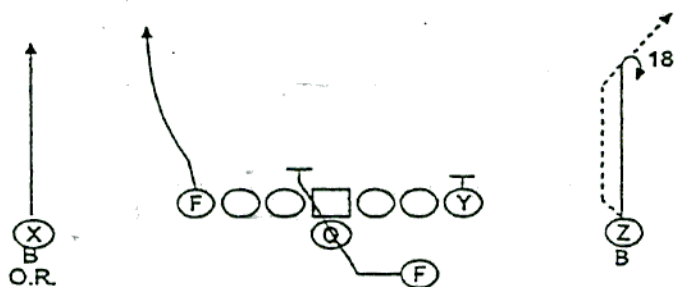
Y: PROTECTION.

Z: 5 ROUTE.

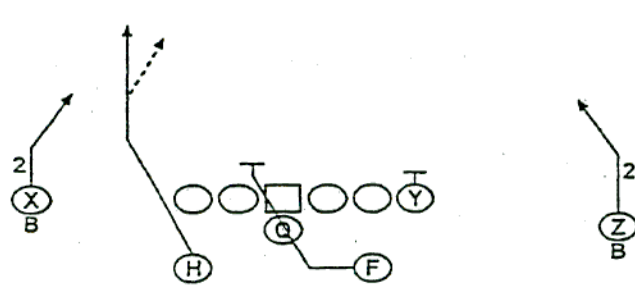
F: FAKE TRAP LT. PROTECTION.

H: SEAM ROUTE.

DEUCE RT TRAP PASS LT 905 F SEAM



SPLIT RT TRAP PASS LT 202 H FLAT



## NOTES

QB: FAKE TRAP LT. 5 STEPS AFTER FAKE. H - X - Z.

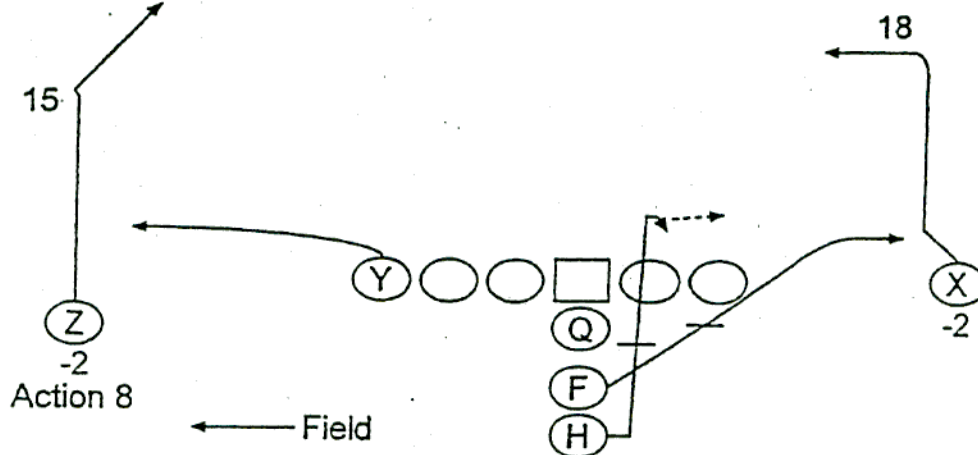
## PROTECTIONS

TRAP PASS

## FORMATIONS-MOVEMENTS

SPLIT - STEM DEUCE  
- FIT DEUCE ZOOM

I LT CHARLIE 4 SEAM 418



## ASSIGNMENTS

X: SEAM 4 ROUTE.

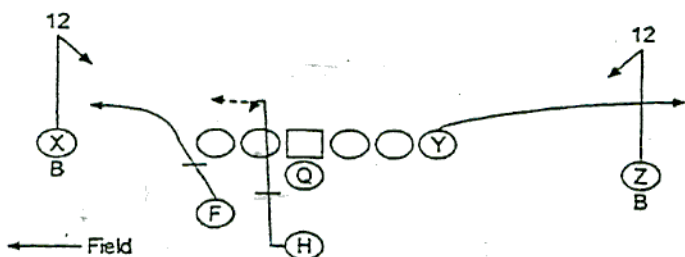
Y: TEEN ROUTE.

Z: ACTION 8 ROUTE.

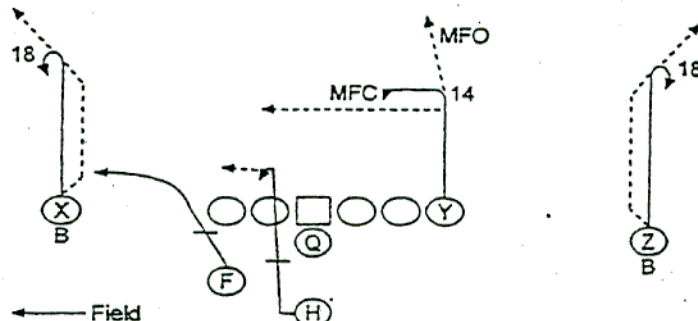
F: CHECK. FLAT ROUTE.

H: CHECK. CHECK DOWN ROUTE.

QUEEN RT CHARLIE 5 616



QUEEN RT CHARLIE 5 585



## NOTES

QB: PLAY FAKE. 7 STEP DROP. (F) - X - H.

## PROTECTIONS

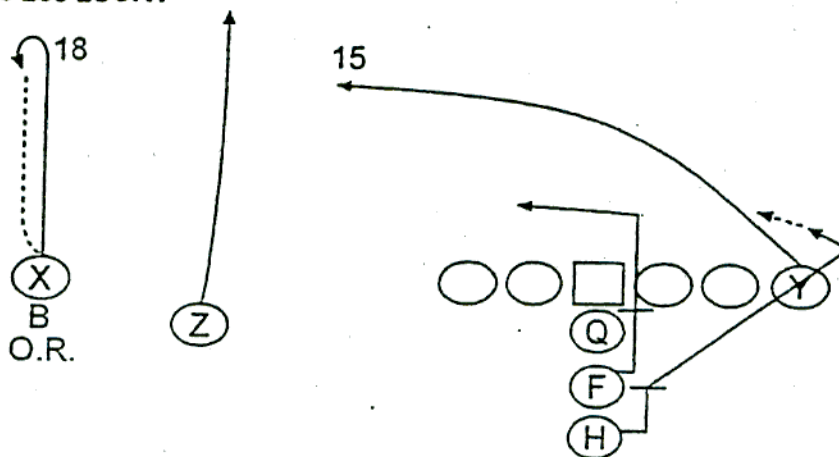
CHARLIE 4/5

## FORMATIONS-MOVEMENTS

I - QUEEN

# ACT 6/7 295 LUCKY / RICKY

I RT SLOT ACT 6 295 LUCKY



## ASSIGNMENTS

X: 5 ROUTE. RUN-IT. MUST OUTSIDE RELEASE.

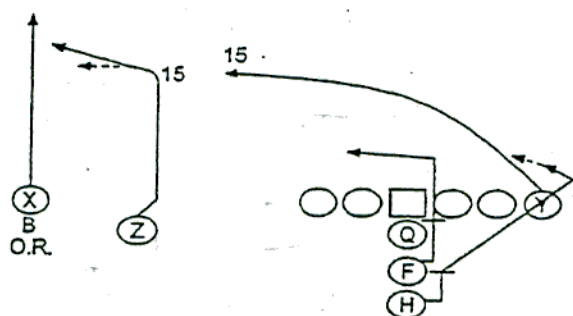
Y: ACTION 2 ROUTE.

Z: INSIDE 9 ROUTE. OUTSIDE RELEASE, SEAM.

F: CHECK. DRAG ROUTE.

H: CHECK. CROSS ROUTE.

I RT SLOT ACT 6 279 LUCKY



## NOTES

QB: PLAY FAKE. 7 STEP DROP. Y - F - H.

## PROTECTIONS

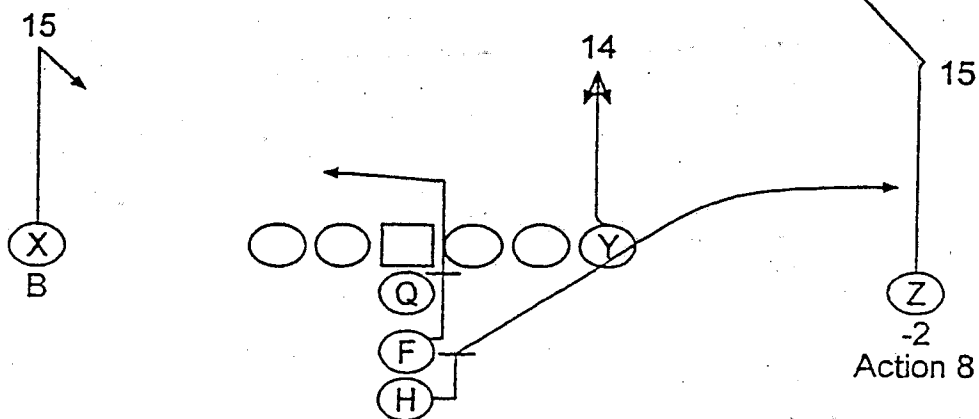
ACT 6/7

## FORMATIONS-MOVEMENT

I SLOT

# ACT 6/7 668 F DRAG

I RT ACT 6 668 F DRAG



## ASSIGNMENTS

X: 15 YARD 6 ROUTE.

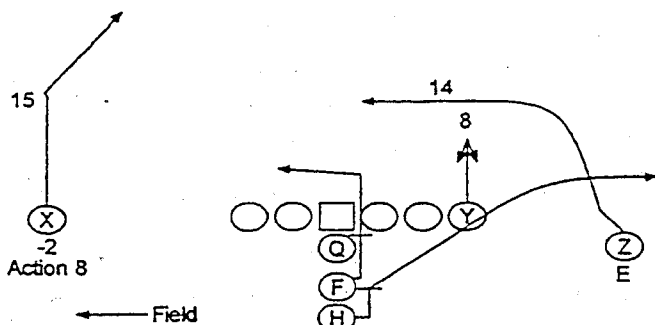
Y: Y "STICK" ROUTE.

Z: ACTION 8 ROUTE.

F: CHECK. DRAG ROUTE.

H: CHECK. FLAT ROUTE.

I RT ACT 6 864 F DRAG



## NOTES

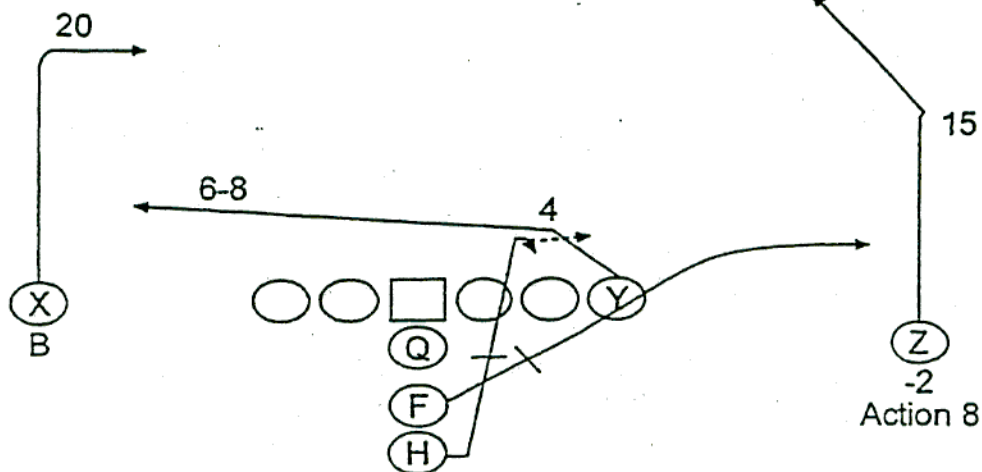
QB: PLAY FAKE. 7 STEP DROP. Y - F - X vs M.F.O.  
(Z) - Y - F/H vs WEAK CLOUD.

## PROTECTIONS

ACT 6/7

## FORMATIONS-MOVEMENT

IRT ACT 4 428



## ASSIGNMENTS

X: 4 ROUTE.

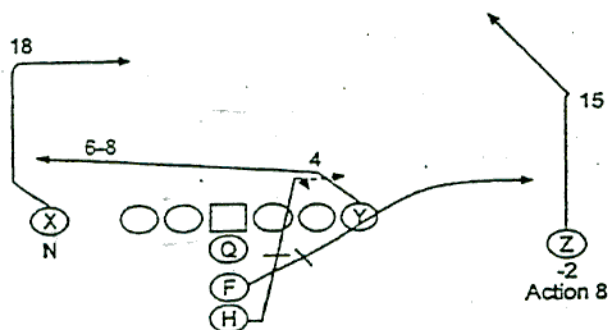
Y: 2 ROUTE. STAY ON THE MOVE. RUN AS IF MAN.

Z: ACTION 8 ROUTE.

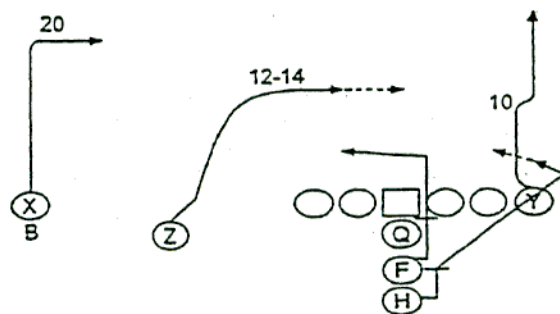
F: CHECK. FLAT ROUTE.

H: CHECK. CHECK DOWN ROUTE.

IRT ACT 4 428



IRT SLOT ACT 4 744 PUMP



## NOTES

QB: PLAY FAKE. 7 STEP DROP. X - Y - H.

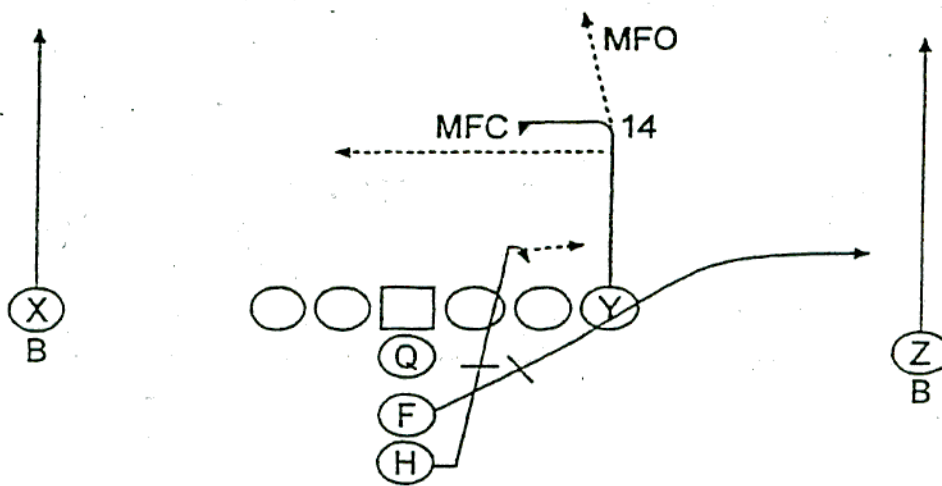
## PROTECTIONS

ACT 4/5

FORMATIONS-MOVEMENT

1 - 1 SLOT - 1 ZIP

I RT ACT 4 989



## ASSIGNMENTS

X: 9 ROUTE.

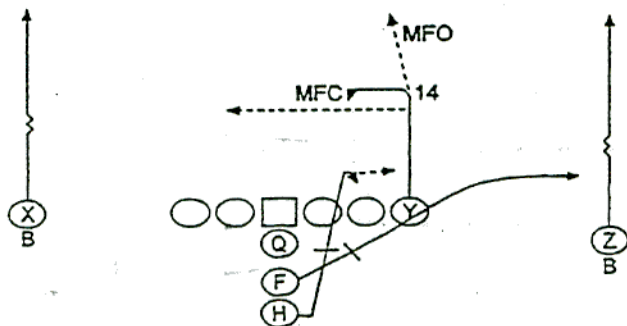
Y: 8 ROUTE.

Z: 9 ROUTE.

F: CHECK. FLAT ROUTE.

H: CHECK. CHECK DOWN ROUTE.

I RT ACT 4 989 PUMP



## NOTES

QB: PLAY FAKE. 5 STEP DROP vs M.F.C. 7 STEPS vs M.F.O. CHOICE X or Z vs M.F.C. X or AWAY FROM ROTATION. PUMP Y - Z - H vs M.F.O.

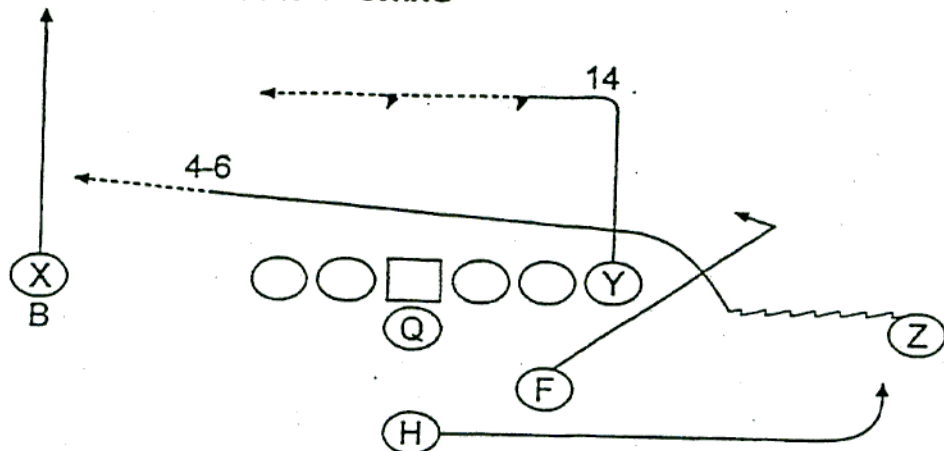
## PROTECTIONS

ACT 4/5

## FORMATIONS-MOVEMENTS

# 940 F ARROW / SWING

JACK RT ZIP ACE RT HOT 940 F ARROW / SWING



## ASSIGNMENTS

X: 9 ROUTE.

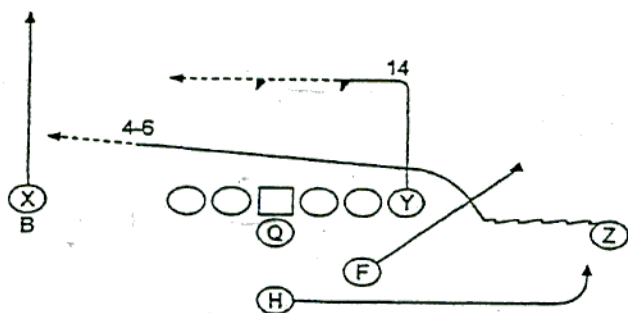
Y: 4 ROUTE.

Z: ZERO ROUTE.

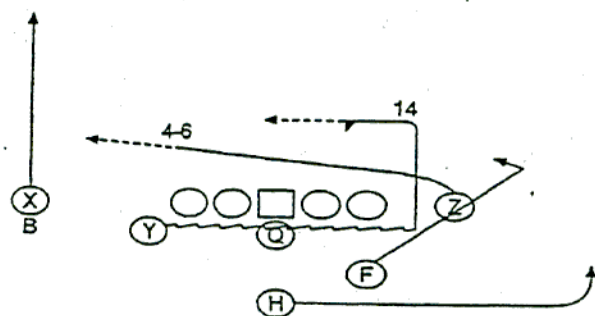
F: ARROW ROUTE. HOT.

H: SWING ROUTE. HOT.

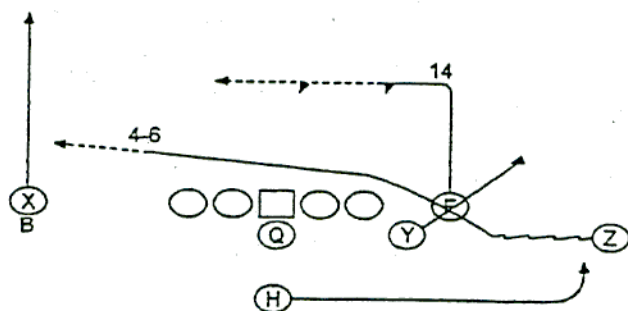
JACK RT ZIP ACE RT HOT 940 F STOP / SWING



JACK RT FLING ACE RT HOT 940 F ARROW / SWING



BUNCH RT ZIP ACE RT 940 F STOP / SWING



## NOTES

QB: 7 STEP DROP. F - H - Z.  
F - Z as DEFENSE EXPANDS.

## PROTECTIONS

ACE HOT - ACE

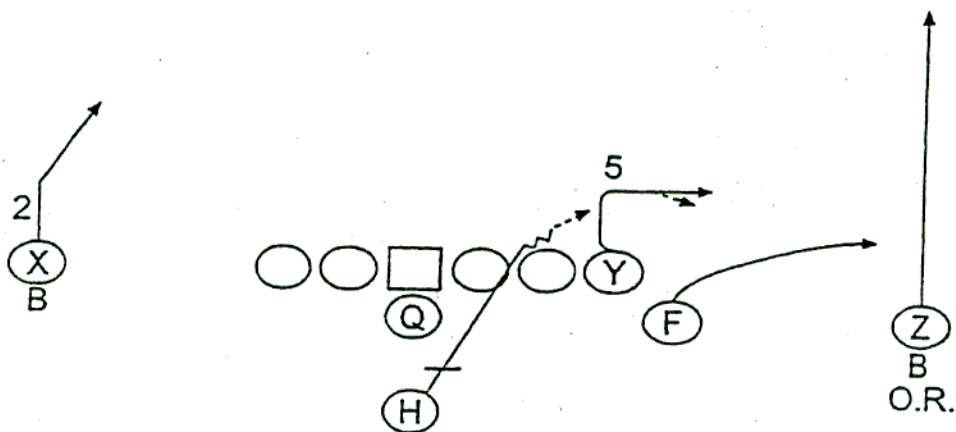
## FORMATIONS-MOVEMENTS

JACK ZIP - JACK FLING  
- BUNCH ZIP



# 239 FFLAT

TRIPS RT QUICK ACE RT 239 F FLAT



## ASSIGNMENTS

X: 2 ROUTE. SLANT.

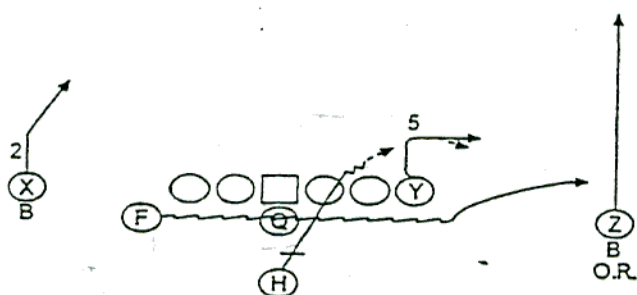
Y: QUICK 3 ROUTE.

Z: 9 ROUTE.

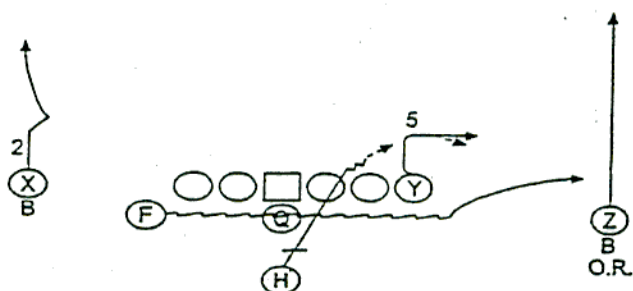
F: FLAT ROUTE.

H: CHECK. STRONGSIDE SNEAK.

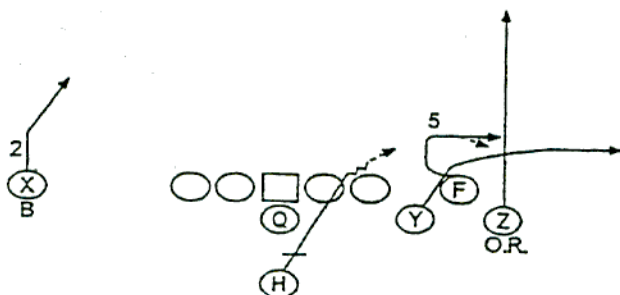
### TRIPS RT MOTION QUICK ACE 239 F FLAT



### TRIPS RT MOTION QUICK ACE 239 PIDGEON



### BUNCH RT QUICK ACE RT 239 F FLAT



## NOTES

QB: 3 STEP DROP. TAKE X - H. F - Y - X vs COVER 8 or 5.

## PROTECTIONS

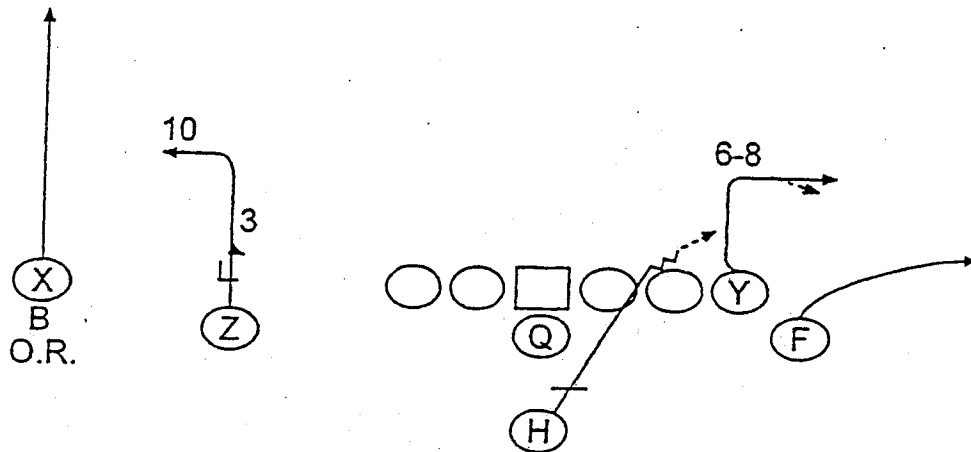
QUICK ACE

## FORMATIONS-MOVEMENTS

TRIPS - TRIPS MOTION  
- BUNCH

# 339 F FLAT

FLANK RT ACE RT 339 F FLAT



## ASSIGNMENTS

X: 9 ROUTE. MUST OUTSIDE RELEASE.

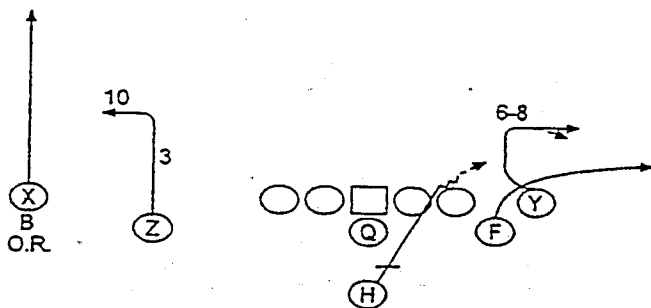
Y: 3 ROUTE.

Z: 3 ROUTE.

F: FLAT ROUTE.

H: CHECK. STRONGSIDE SNEAK.

FLANK RT FAY ACE RT 339 F FLAT



## NOTES

QB: 5 STEP DROP. Z - H vs CORNERS OVER or MAN.  
F - Y - H vs 3 ON 2.

## PROTECTIONS

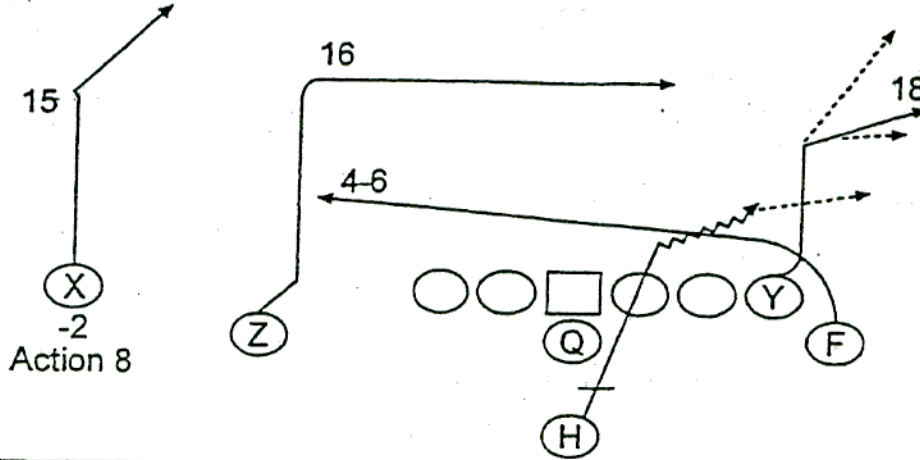
ACE

## FORMATIONS-MOVEMENTS

FLANK

# 748 F DRAG

FLANK RT ACE RT 748 F DRAG



## ASSIGNMENTS

X: ACTION 8 ROUTE.

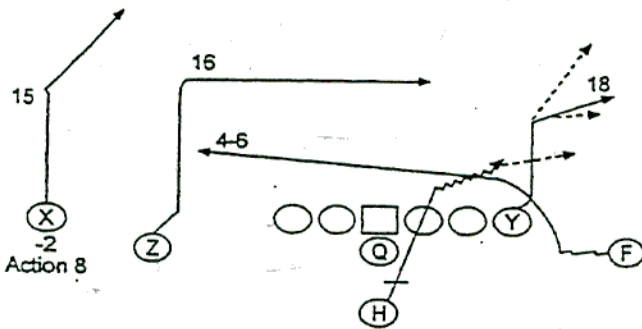
Y: 7 ROUTE.

Z: INSIDE 4 ROUTE.

F: DRAG ROUTE. HOT.

H: CHECK. STRONGSIDE SNEAK.

FLEX RT FLIP ACE RT 748 F DRAG



## NOTES

QB: 7 STEP DROP. CHECK X vs QUARTERS. Z - F - H.

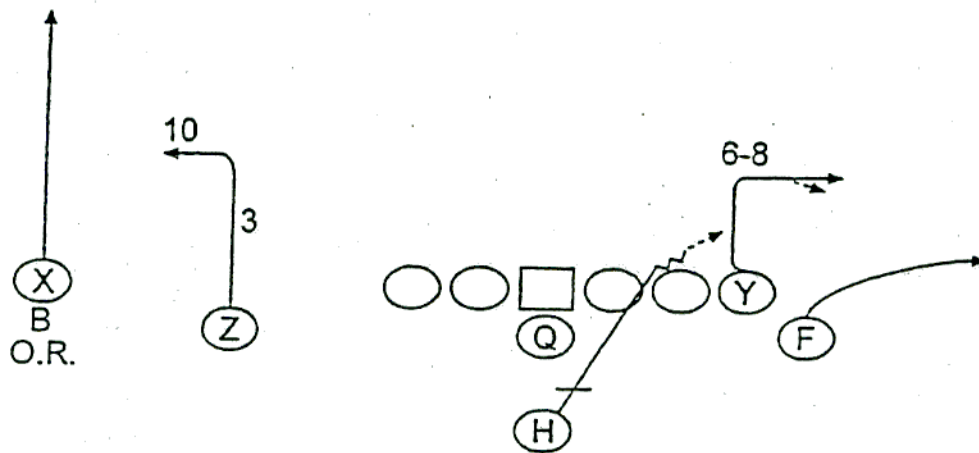
## PROTECTIONS

ACE

## FORMATIONS-MOVEMENTS

FLANK - FLEX FLIP

FLANK RT ACE RT 339 F FLAT

**ASSIGNMENTS**

X: 9 ROUTE. MUST OUTSIDE RELEASE.

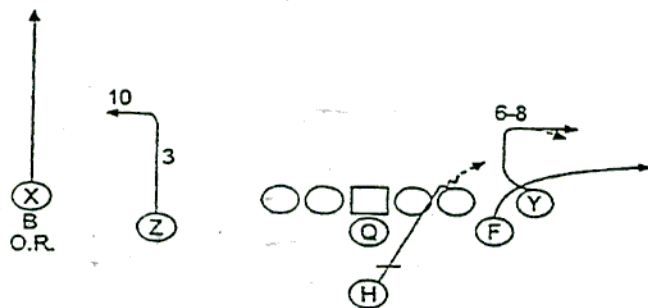
Y: 3 ROUTE.

Z: 3 ROUTE.

F: FLAT ROUTE.

H: CHECK. STRONGSIDE SNEAK.

FLANK RT FAY ACE RT 339 F FLAT

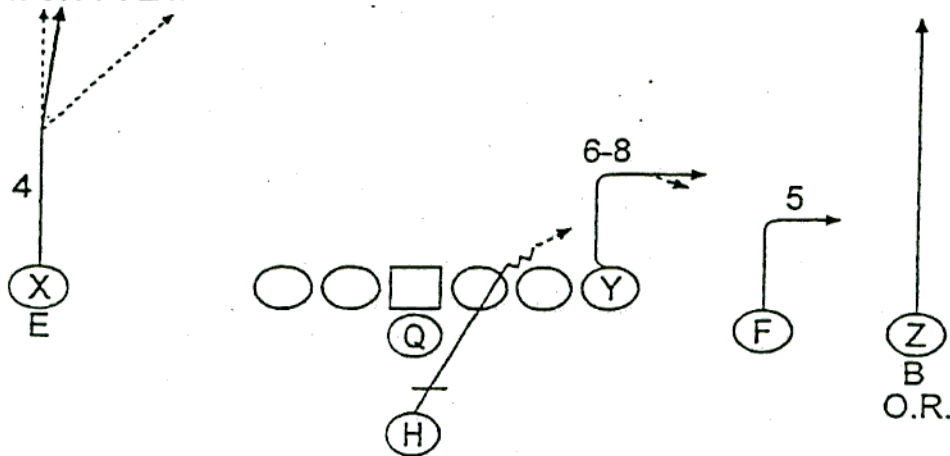
**NOTES**QB: 5 STEP DROP. Z - H vs CORNERS OVER or MAN.  
F - Y - H vs 3 ON 2.**PROTECTIONS**

ACE

**FORMATIONS-MOVEMENTS**

FLANK

TWINS RT ACE RT 839 F FLAT



# ASSIGNMENTS

- X: 8 ROUTE.
- Y: 3 ROUTE.
- Z: 9 ROUTE. MUST OUTSIDE RELEASE.
- F: FLAT ROUTE.
- H: CHECK. STRONGSIDE SNEAK.

## NOTES

QB: 5 STEP DROP. X BASED ON COVERAGE.  
F - Y - H. (Z) vs COVER 2 IF FREE RELEASE.

## PROTECTIONS

ACE - SCAT

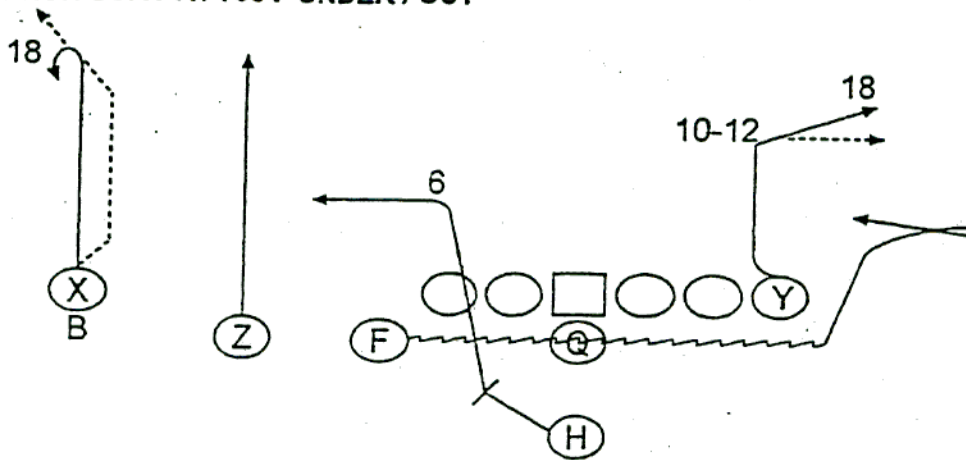
## FORMATIONS-MOVEMENTS

TRIPS - TWINS

## JACK - TRIPS

# 795 F UNDER / OUT

FLANK RT MOTION SCAT RT 795 F UNDER / OUT



## ASSIGNMENTS

X: 5 ROUTE. READ-IT.

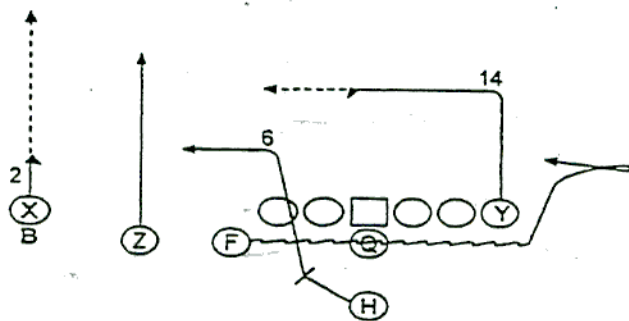
Y: 7 ROUTE. HOT.

Z: 9 ROUTE.

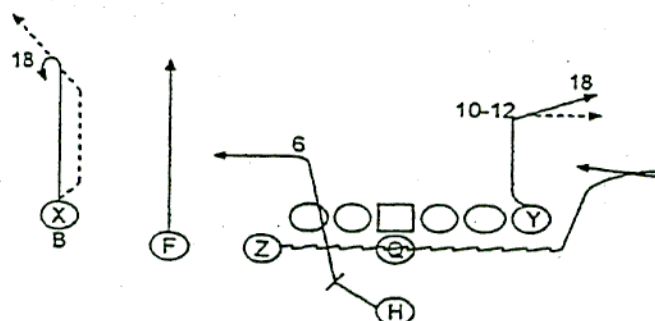
F: UNDER ROUTE.

H: CHECK. OUT ROUTE.

FLANK RT MOTION SCAT RT 491 F UNDER / OUT



FLANK RT FUZZ MOTION SCAT RT 795 F UNDER / OUT



## NOTES

QB: 7 STEP DROP. F - Y.

## PROTECTIONS

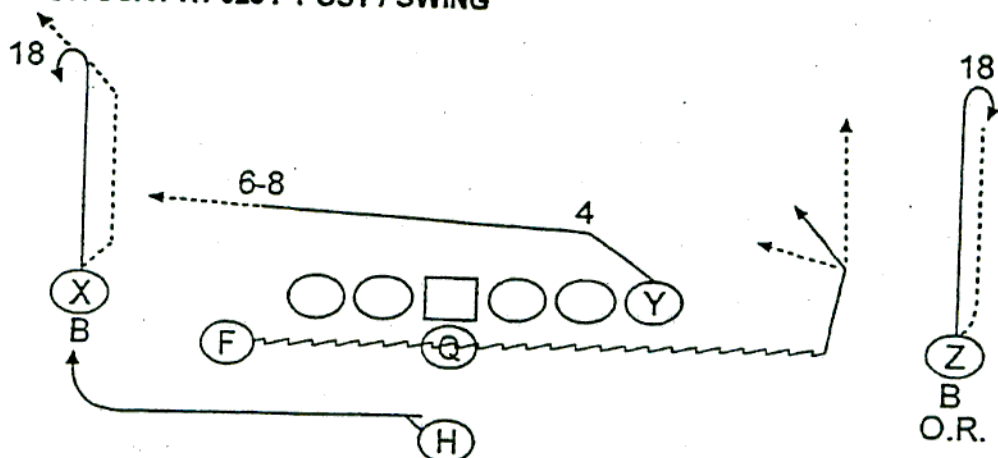
SCAT

## FORMATIONS-MOVEMENT

FLANK CHANGE - FLANK MOTION  
- FLANK FUZZ MOTION

# 525 F POST / SWING

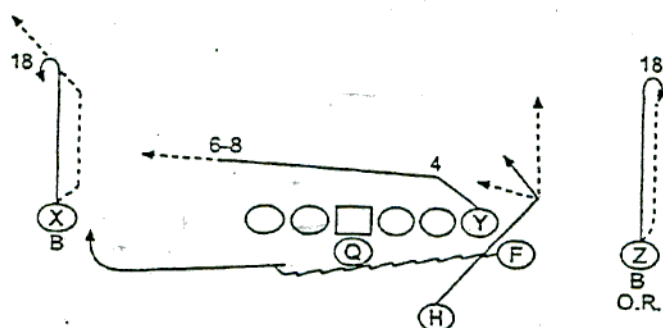
TWINS RT MOTION SCAT RT 525 F POST / SWING



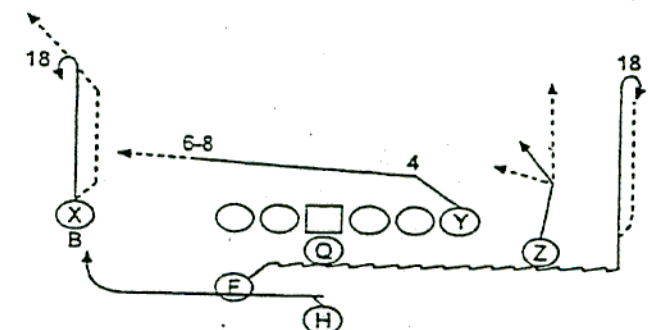
## ASSIGNMENTS

- X: 5 ROUTE. READ-IT.
- Y: 2 ROUTE. READ MAN/ZONE. HOT.
- Z: 5 ROUTE. RUN-IT. MUST OUTSIDE RELEASE.
- F: POST ROUTE. HOT.
- H: CHECK. SWING ROUTE.

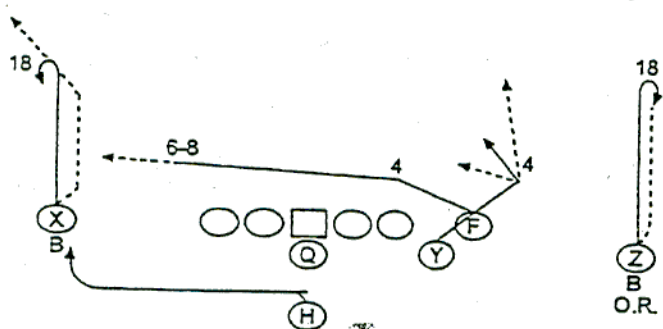
DEUCE RT JAM SCAT RT 525 H POST / SWING



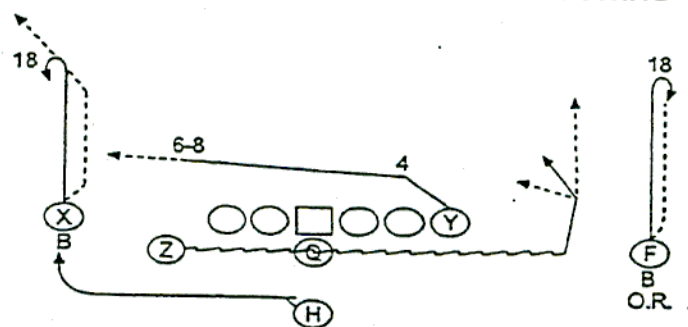
QUEEN RT BUZZ SCAT RT 525 Z POST / SWING



TRIPS RT FAY SCAT RT 525 F POST / SWING



TREY RT ZOOM SCAT RT 525 F POST / SWING



## NOTES

QB: 5 STEP DROP. F - Y - X/H.

## PROTECTIONS

SCAT - GONE

## FORMATIONS-MOVEMENTS

SPLIT - JACK - TWINS  
- TWINS MOTION - DEUCE JAM

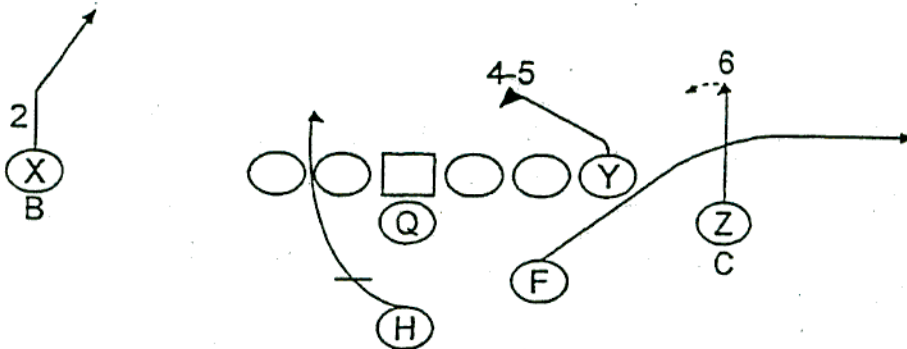


## TRIPS RT MOTION SCAT RT 335 F CROSS / OUT



# 261 F FLAT

JACK RT QUICK SCAT RT 261 F FLAT



## ASSIGNMENTS

X: 2 ROUTE. SLANT.

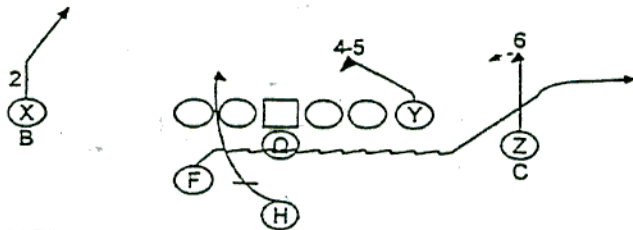
Y: QUICK 6 ROUTE.

Z: 1 ROUTE. RUN-IT.

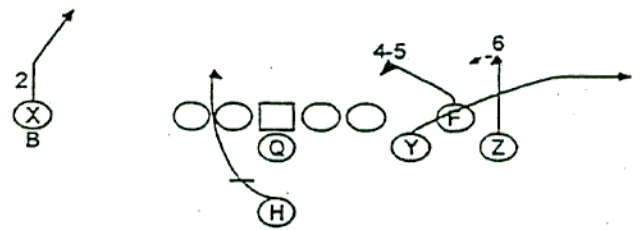
F: FLAT ROUTE. HOT.

H: CHECK. CHECK DOWN ROUTE.

QUEEN RT MOTION QUICK SCAT RT 261 F FLAT



BUNCH RT QUICK SCAT RT 261 F FLAT



## NOTES

QB: 3 STEP DROP. X BASED ON COVERAGE. F - Z - Y.

## PROTECTIONS

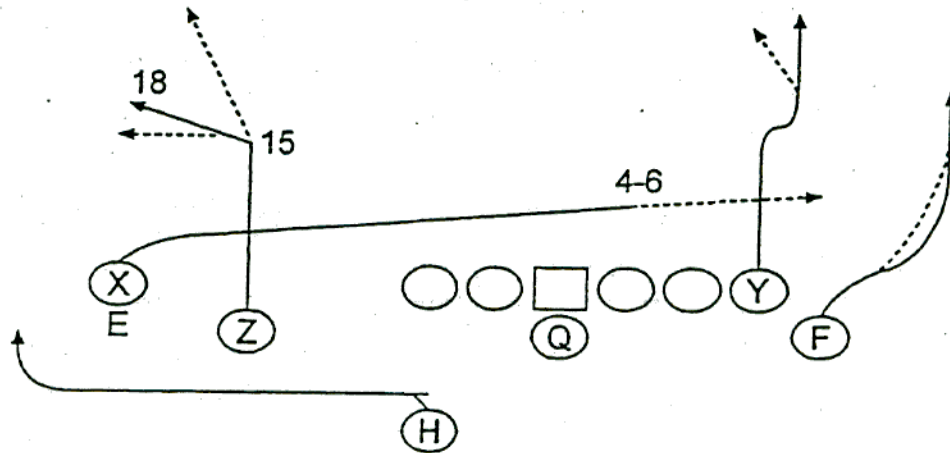
QUICK SCAT - QUICK ACE

## FORMATIONS-MOVEMENTS

FLANK - JACK SLOT  
- JACK SLIP

# 370 F SHOOT / PUMP / SWING

FLANK RT SCAT RT 370 F SHOOT / PUMP / SWING



## ASSIGNMENTS

X: ZERO ROUTE.

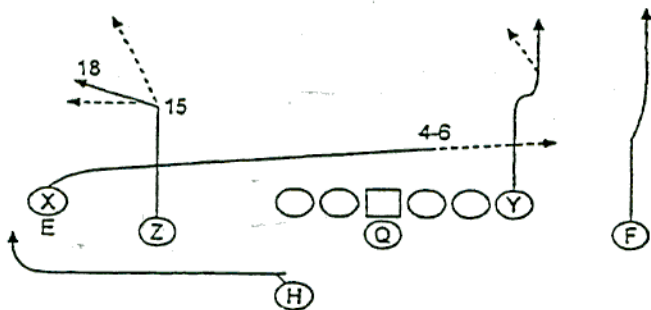
Y: 3 PUMP ROUTE. READ THE MIDDLE. HOT.

Z: 7 ROUTE.

F: SHOOT ROUTE.

H: CHECK. SWING ROUTE.

FLEX RT SCAT RT 370 F SHOOT / PUMP / SWING



## NOTES

QB: 7 STEP DROP. KEY NEAREST DEEP DEFENDER. Y - F - X.

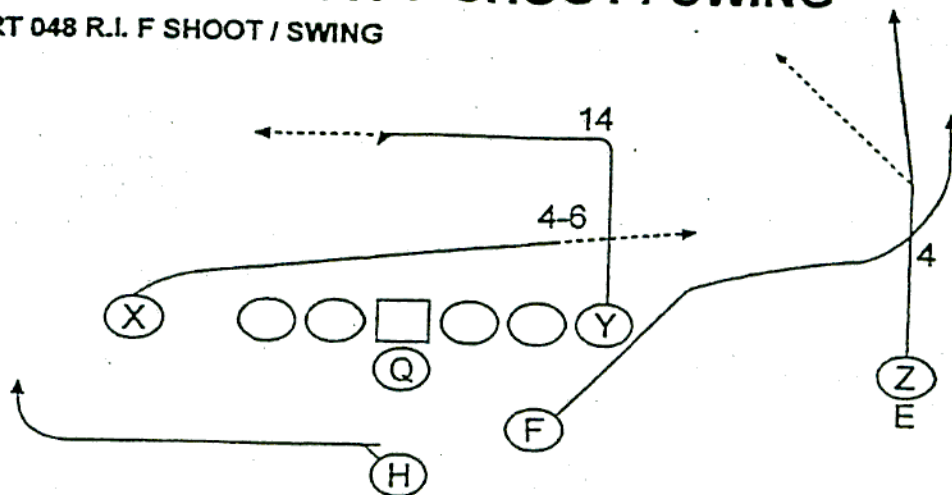
## PROTECTIONS

SCAT

## FORMATIONS-MOVEMENTS

FLANK - FLEX

JACK RT SCAT RT 048 R.I. F SHOOT / SWING



X: ZERO ROUTE.

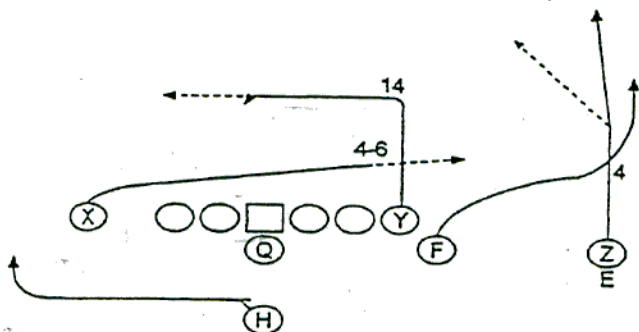
Y: 4 ROUTE.

Z: 8 RUN-IT ROUTE.

F: SHOOT ROUTE. HOT.

H: CHECK. SWING ROUTE LATE.

TRIPS RT SCAT RT 048 R.I. F SHOOT / SWING



## NOTES

QB: 7 STEP DROP. FIND X. X - H vs ZONE.  
X - Y vs MAN. Z IF EVERYTHING IS SET.

## PROTECTIONS

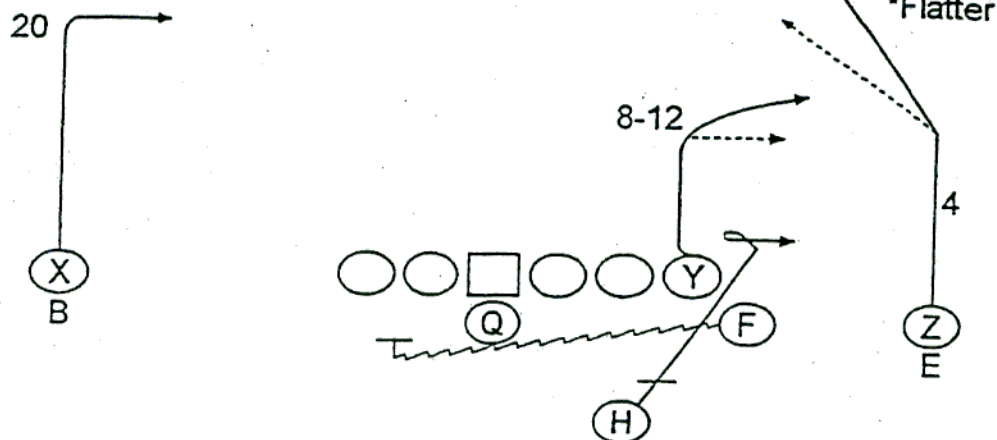
SCAT

## FORMATIONS-MOVEMENTS

## JACK - TRIPS

# 438 RUN IT H FAKE CROSS

DEUCE RT JAM RIP 438 R.I. H FAKE CROSS



## ASSIGNMENTS

X: 4 ROUTE.

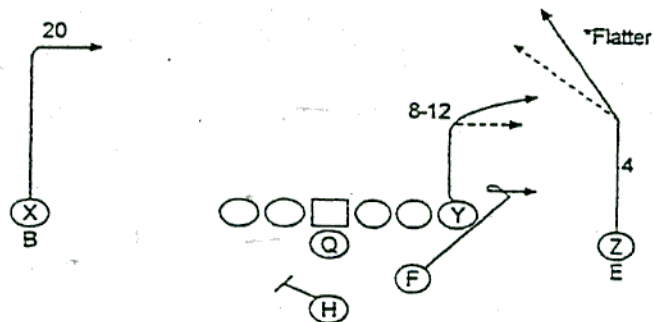
Y: 3 ROUTE. FRONT FLAG.

Z: 8 RUN-IT. NEAR UP-RIGHT.

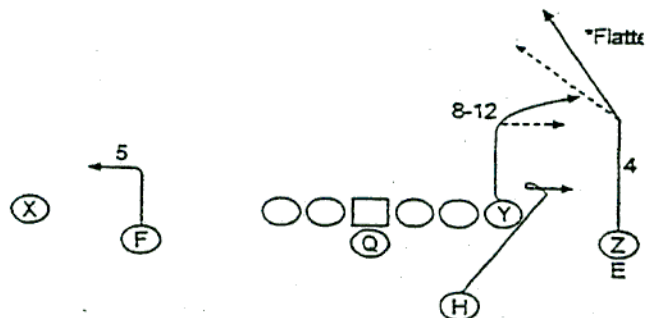
F: PROTECTION.

H: CHECK. FAKE CROSS ROUTE.

## JACK RT SCAT RT 438 R.I. F FAKE CROSS



## DOUBLE RT GONE RT 438 RUN IT H FAKE CROSS



## NOTES

QB: RED ZONE. QUICK 7 STEP DROP.  
(Z) - Y - H.

## PROTECTIONS

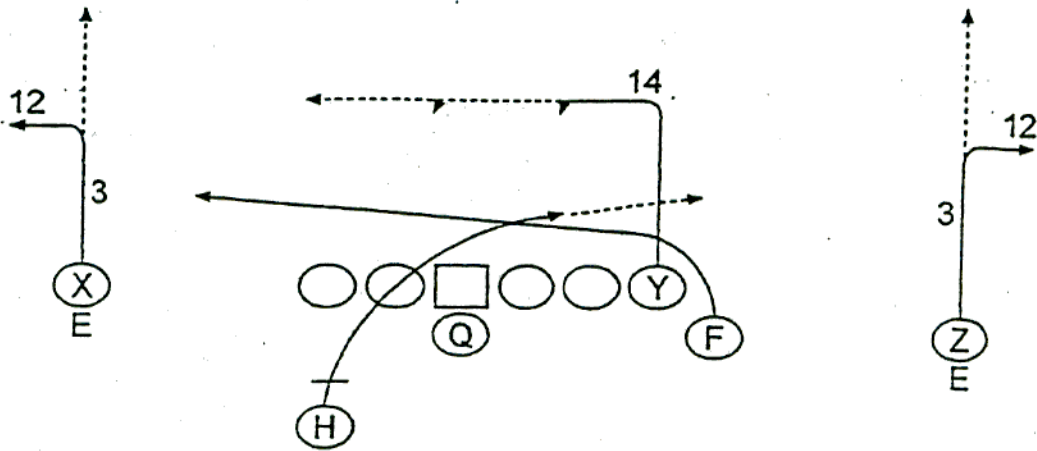
GONE - SCAT - RIP/LIZ

## FORMATIONS-MOVEMENT

DOUBLE - JACK  
- DEUCE JAM

# 343 F DRAG / SNEAK

TRIPS RT SCAT RT 343 F DRAG / SNEAK



## ASSIGNMENTS

X: 3 ROUTE.

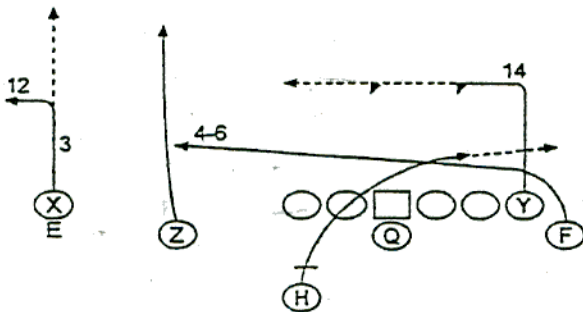
Y: 4 ROUTE.

Z: 3 ROUTE.

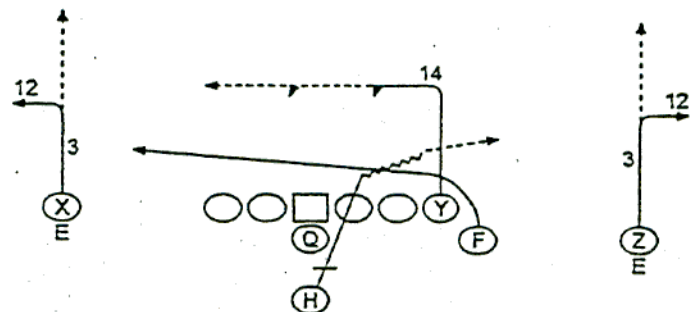
F: DRAG ROUTE. HOT.

H: CHECK. SNEAK ROUTE.

FLANK RT SCAT RT 493 F DRAG



TRIPS RT ACE RT 343 F DRAG



## NOTES

QB: 5 STEP DROP OUTSIDE. 7 STEP INSIDE. X or Z  
BASED ON CORNERS. Y - F - H vs ZONE.  
F - Y - H vs MAN.

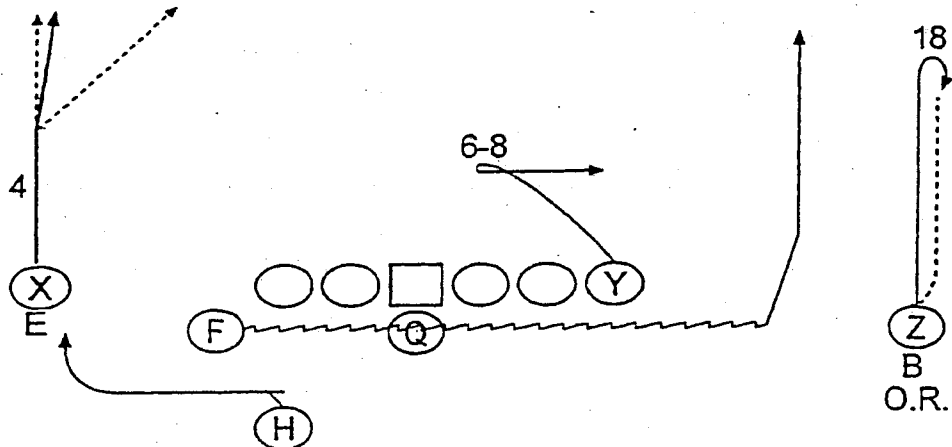
## PROTECTIONS

SCAT - ACE

## FORMATIONS-MOVEMENTS

FLANK - TRIPS

TWINS RT MOTION SCAT RT 835 F SEAM



## ASSIGNMENTS

X: 8 ROUTE.

Y: PIVOT 3 ROUTE.

Z: 5 ROUTE. RUN-IT.

F: SEAM ROUTE.

H: CHECK. SWING ROUTE LATE.

## NOTES

QB: 7 STEP DROP. X BY COVERAGE (5 STEP).  
F - Z - Y vs M.F.C. F - Y vs M.F.O.

## PROTECTIONS

SCAT

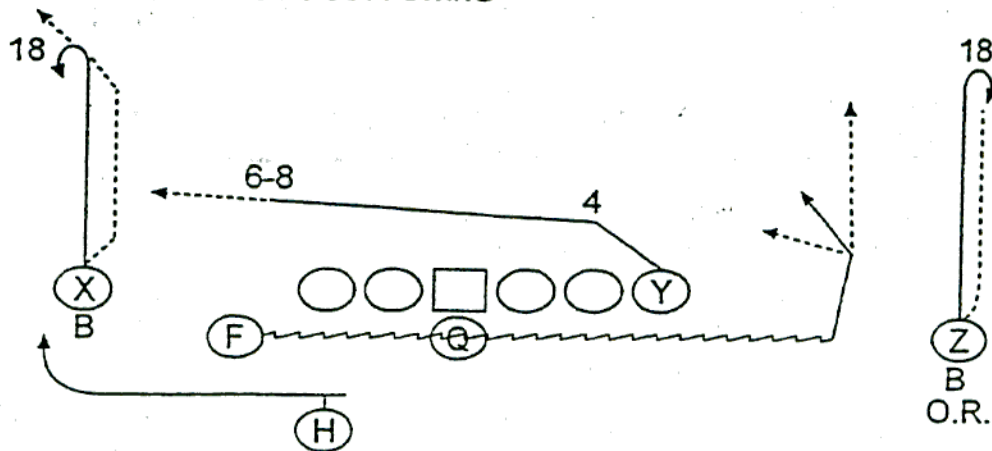
## FORMATIONS-MOVEMENT

TWINS - TWINS MOTION  
- TREY



# 525 F POST / SWING

TWINS RT MOTION SCAT RT 525 F POST / SWING



## ASSIGNMENTS

X: 5 ROUTE. READ-IT.

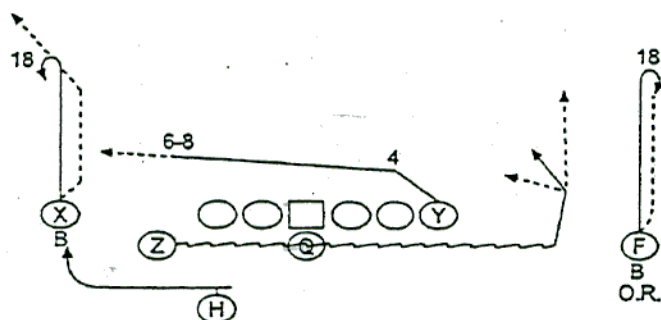
Y: 2 ROUTE. READ MAN/ZONE. HOT.

Z: 5 ROUTE. RUN-IT. MUST OUTSIDE RELEASE.

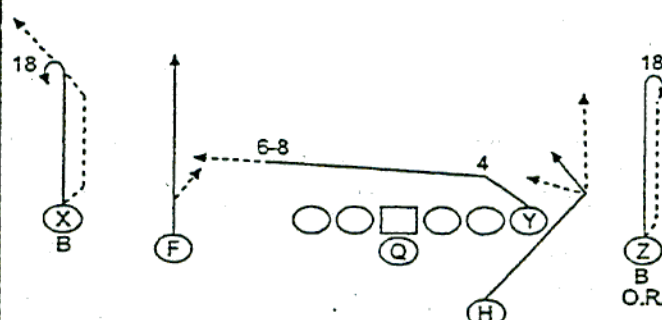
F: POST ROUTE. HOT.

H: CHECK. SWING ROUTE.

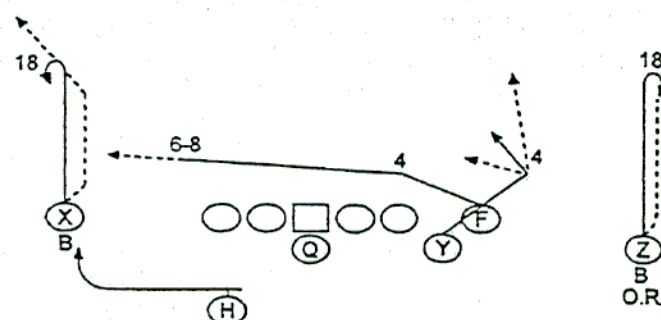
TREY RT ZOOM SCAT RT 525 F POST / SWING



DOUBLE RT GONE RT 525 H POST



TRIPS RT FAY SCAT RT 525 F POST / SWING



## NOTES

QB: 5 STEP DROP. F - Y - X/H.

## PROTECTIONS

SCAT - GONE

## FORMATIONS-MOVEMENT

SPLIT - JACK - TWINS  
- TWINS MOTION - DEUCE JAM  
- TREY ZOOM - TRIPS CHANGE



# FIRE SLANT X-4

I RT- FIRE SLANT LT 4

20

20

15

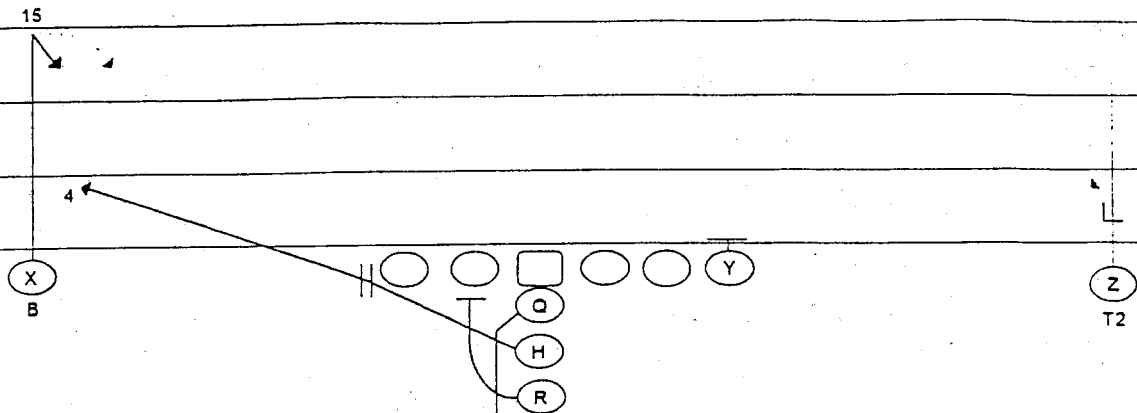
15

10

10

5

5



## ASSIGNMENTS

X: (#1 Weak) Run-it 15 yard 4 route.

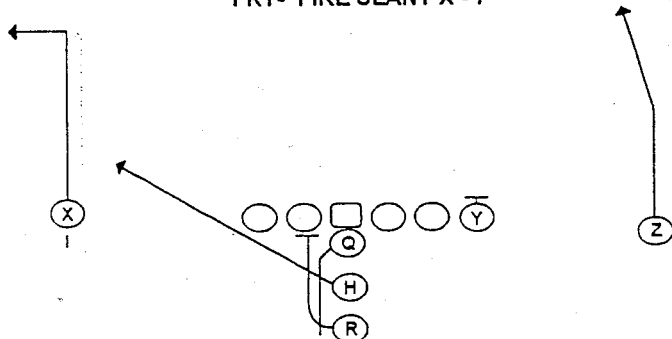
Y: Protection.

Z: (#1 Strong) Run Deep 8 route. Base alignment. Sight adjust.

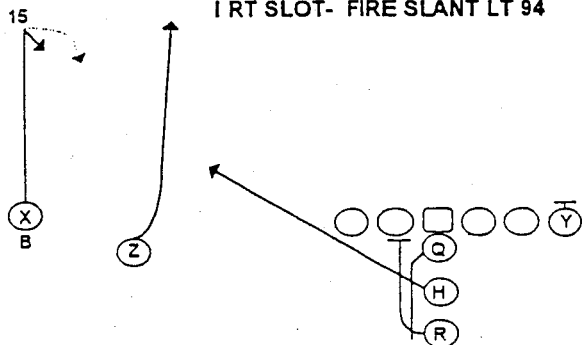
H: (#2 Weak) Hot release, run Flat.

R: Fake Slant, execute Slant protection.

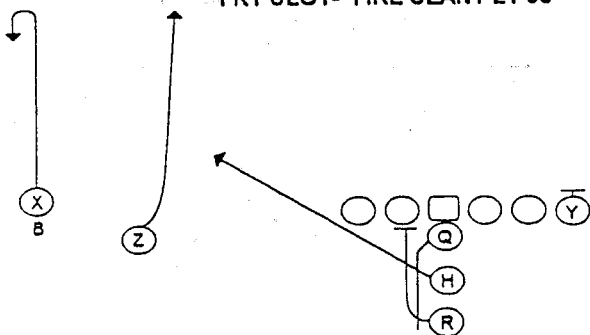
I RT- FIRE SLANT X -7



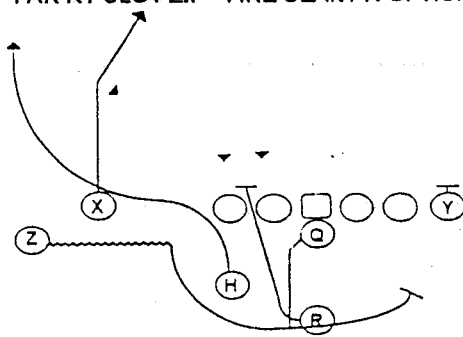
I RT SLOT- FIRE SLANT LT 94



I RT SLOT- FIRE SLANT LT 95



FAR RT SLOT ZIP- FIRE SLANT X OPTION FAKE REVERSE



## QB PROGRESSION / READS

Open up and fake slant. Work up field route to H and the Check Down.

## BLITZ ADJUST

W/S Blitz:  
QB #2 Weak (H Hot in Flat)

Strong Dog or Blitz:  
QB #1 strong

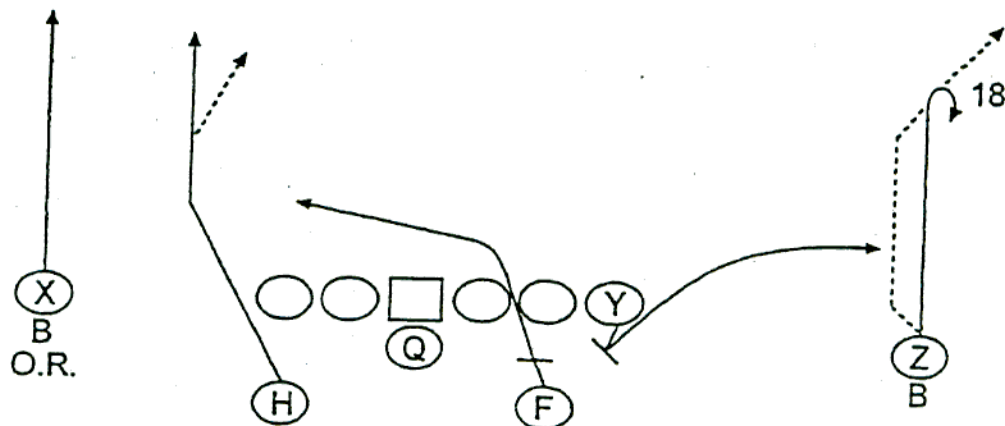
## PROTECTION Fire Slant

## FORMATION / MOVEMENT

I, Far ( Zoom, Zip)  
I, Far Slot (Zoom, Zip)

# H SEAM / F DRAG

SPLIT RT.SLIDE RT H SEAM / F DRAG



## ASSIGNMENTS

X: 9 ROUTE.

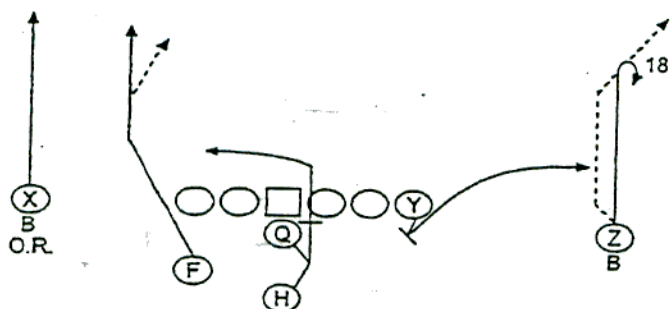
Y: CHECK. FLAT ROUTE LATE.

Z: 5 ROUTE. READ-IT.

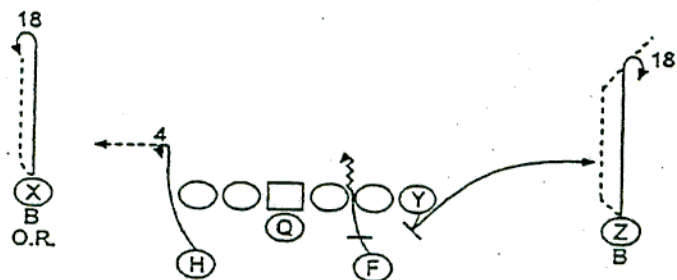
F: CHECK. DRAG ROUTE.

H: SEAM ROUTE.

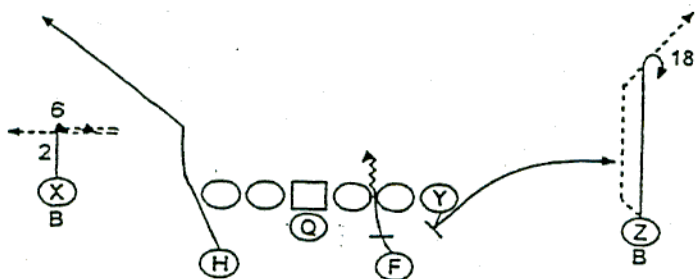
QUEEN RT "R" SLIDE RT H SEAM / F DRAG



SPLIT RT SLIDE RT H OPTION 5



SPLIT RT SLIDE RT H CORNER



## NOTES

QB: 7 STEP DROP. H - F. Z BASED ON COVERAGE.

## PROTECTIONS

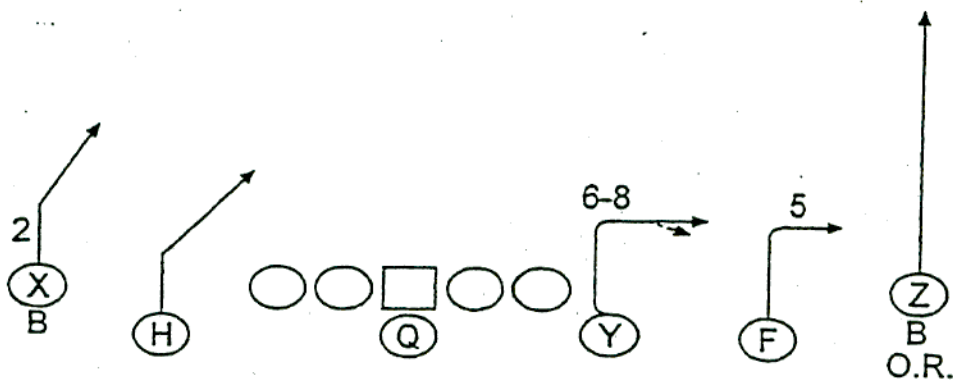
SLIDE

## FORMATIONS-MOVEMENTS

SPLIT - QUEEN

# DOUBLE OUT

TRAILER RT GONE RT DOUBLE OUT



## ASSIGNMENTS

X: 2 ROUTE.

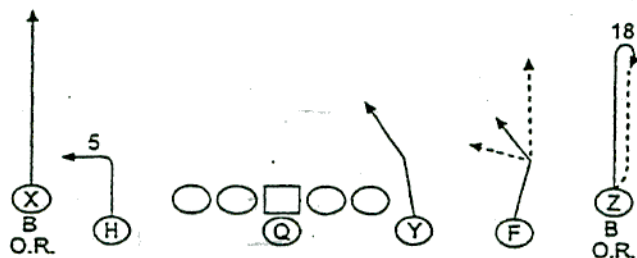
Y: 3 ROUTE.

Z: 9 ROUTE.

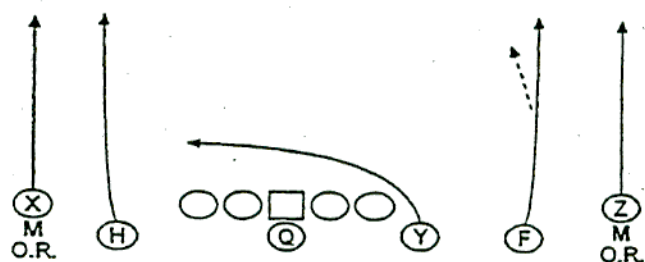
F: 6 YARD OUT.

H: 2 ROUTE / POST.

### TRAILER RT GONE RT DOUBLE POST



### TRAILER RT GONE RT 99 Y CROSS



## NOTES

QB: 5 STEP DROP. GO WEAK vs STRONG CLOUD.  
H - X. F - Y - H vs STRONG.

## PROTECTIONS

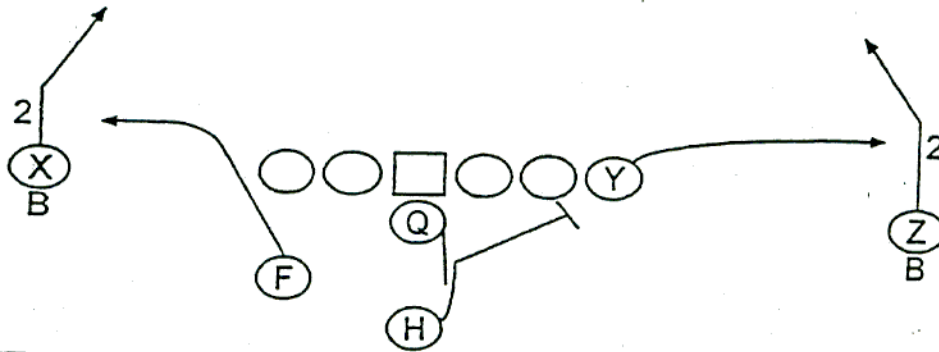
GONE

## FORMATIONS-MOVEMENT

TRAILER

# FIRE PASS

QUEEN RT FIRE PASS RT 212 F FLAT



## ASSIGNMENTS

X: 2 ROUTE.

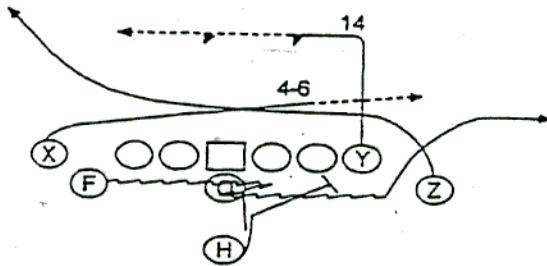
Y: TEEN ROUTE.

Z: 2 ROUTE.

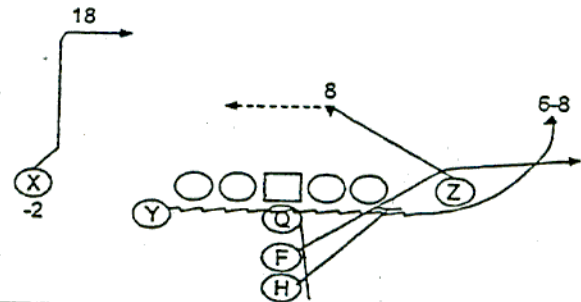
F: FLAT ROUTE.

H: FAKE. PROTECTION.

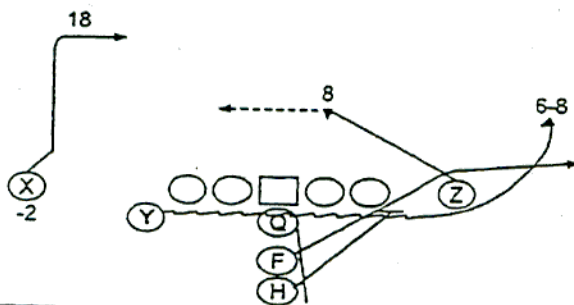
TRIPS RT MISSILE FIRE PASS RT 042 F FLAT



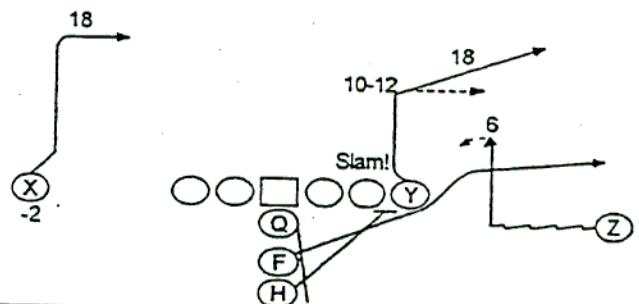
I RT FLING FIRE PASS RT 56 F FLAT



I RT FLING FIRE PASS RT 56 F FLAT



I RT ZIP FIRE PASS RT 71 F FLAT



## NOTES

QB: 3 STEP DROP. Z - Y or X - F.

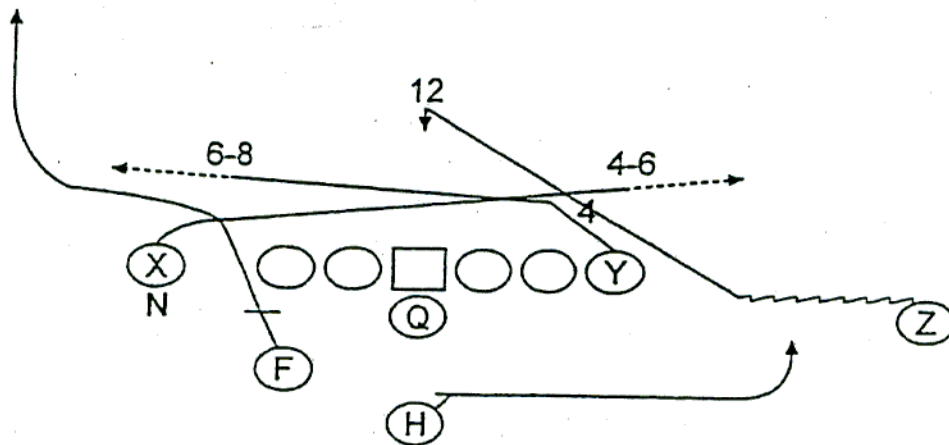
## PROTECTIONS

FIRE PASS

## FORMATIONS-MOVEMENTS

QUEEN - TRIPS MISSILE  
- I FLING - I ZIP

QUEEN RT ZIP RIP 022 STOP F SHOOT / SWING



## ASSIGNMENTS

X: ZERO ROUTE. SIT DOWN vs ZONE. RUN THRU vs MAN.

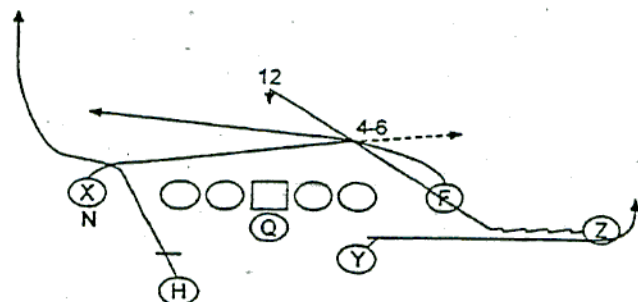
Y: 2 ROUTE. CONTINUE THRU vs ALL COVERAGES.

Z: 2 STOP ROUTE. STOP OVER THE BALL, POP BACK TO QB.

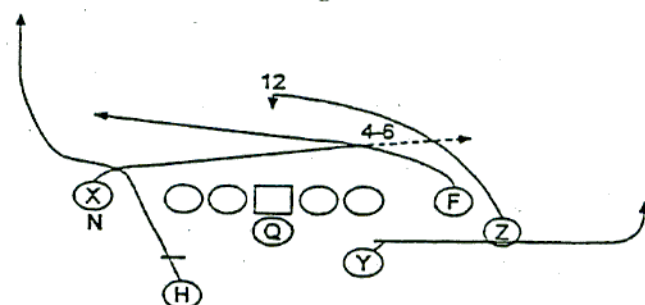
F: CHECK SHOOT ROUTE.

H: CHECK SWING ROUTE.

BUNCH RT ZIP BRONCO LT 022 STOP H SHOOT / SWING



BUNCH RT BRONCO LT 022 STOP H SHOOT / SWING



## NOTES

QB: 7 STEP DROP. Z - X - Y.

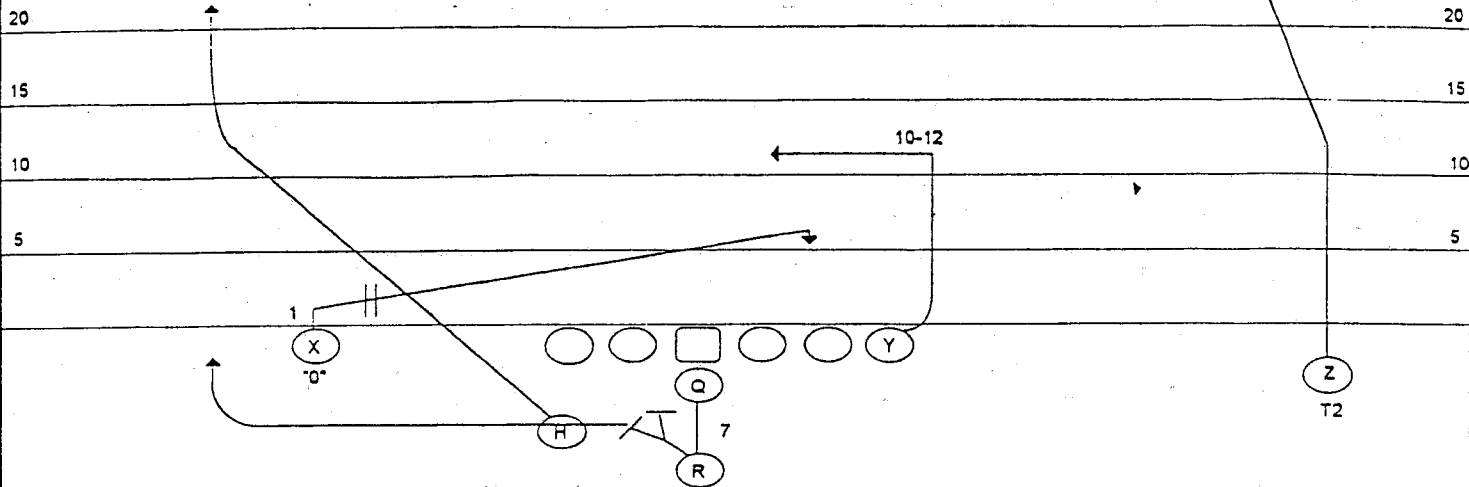
## PROTECTIONS

RIP/LIZ - BRONCO

## FORMATIONS-MOVEMENTS

BUNCH ZIP  
QUEEN ZIP

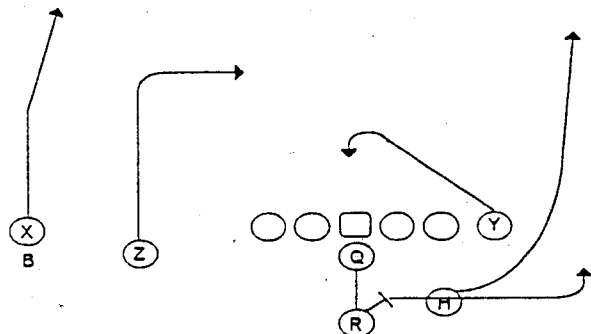




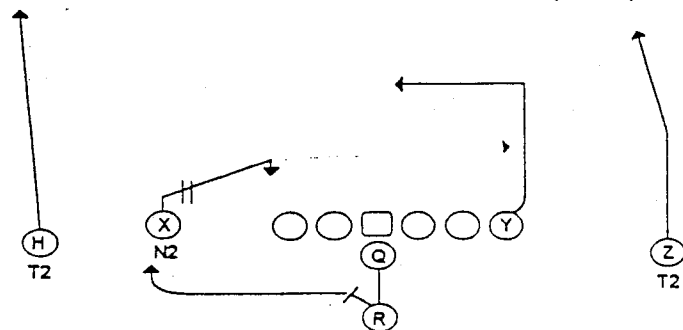
### ASSIGNMENTS

- X: (#1 Weak) Run 0 route. Alert sight adjust.
- Y: (#2 Strong) Run 6 route at 10-12 yards deep.
- Z: (#1 Strong) Run Deep 8 at 15 yards.
- H: (#2 Weak) Run Tight Shoot route.
- R: (#3 Strong) Check protection assignment, run swing.

### NEAR RT SLOT- LUCKY 268 SHOOT/ SWING



### DUAL RT- RAY 068 SHOOT/ SWING (CHRIS)



### QB PROGRESSION / READS

7 step drop. Glance deep and then work up and the 0 and the 6 routes to the CB M/M vs the Shoote route.

### BLITZ ADJUST

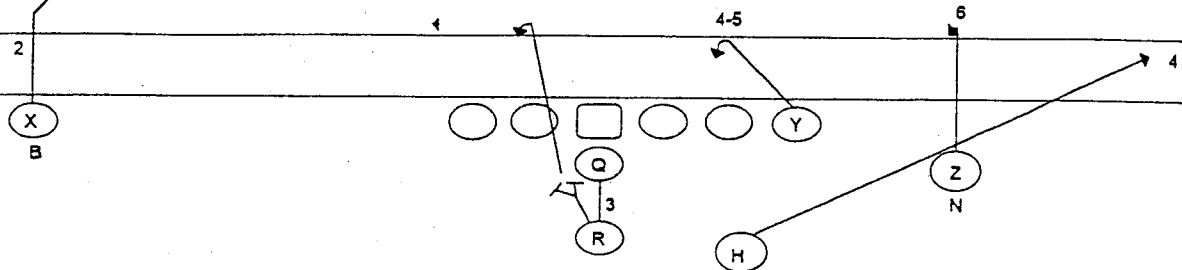
W/S:  
H should pick-up or hot to X

Strong Dog or Blitz:  
Y should block SS

### PROTECTION

Lou/ Ron  
Lucky/ Ricky

### FORMATION / MOVEMENT



## ASSIGNMENTS

X: (#1 Weak) Run Quick 8 route. Align in Base. Get inside of press.

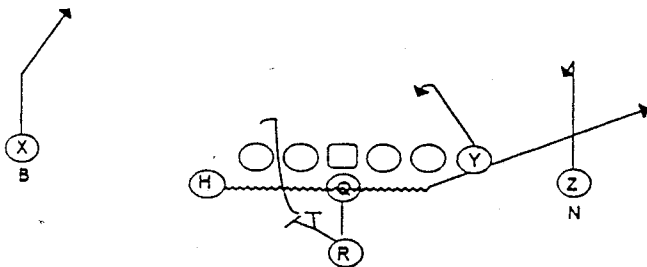
Y: (#2 Strong) Run Quick 4 route 4-5 yards deep. Best release.

Z: (#1 Strong) Run Quick 4 route 6 yards deep. No conversion. Align in a Nasty split.

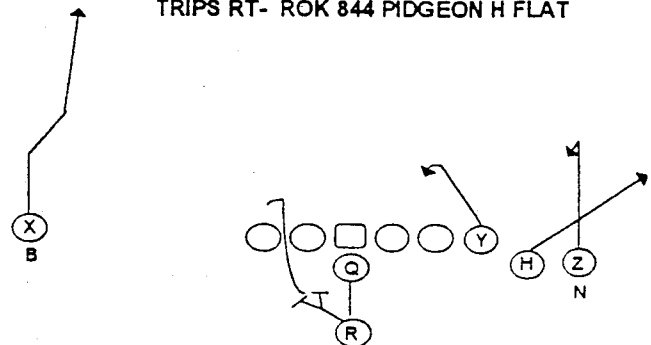
H: (#3 Strong) Run Quick Flat. Hot release.

R: Block slide protection and check down Leak.

## DOC RT MOTION- ROK 844 H FLAT



## TRIPS RT- ROK 844 PIDGEON H FLAT



## QB PROGRESSION / READS

Quick 3 or 5 step drop. If Y is 1/1, take him to the Check Down. If working strong, go H-Z-Y.

## BLITZ ADJUST

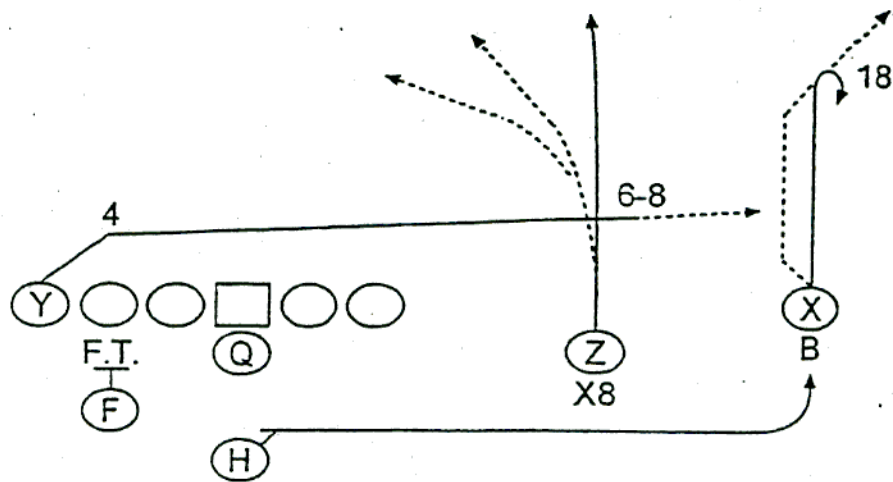
Built in

## PROTECTION

Rok/ Lug

## FORMATION / MOVEMENT



**ASSIGNMENTS**

X: 5 ROUTE. READ IT.

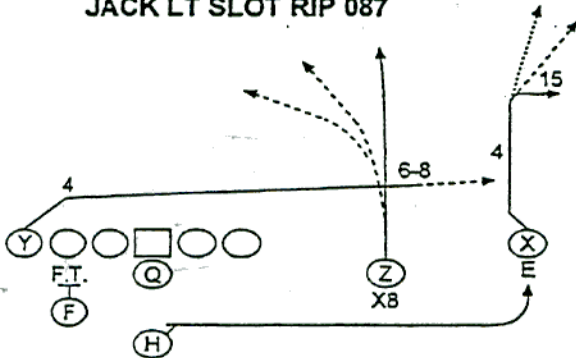
Y: ZERO ROUTE. READ MAN/ZONE. 2 ROUTE PRINCIPLES.

Z: CROSSING 8 ROUTE.

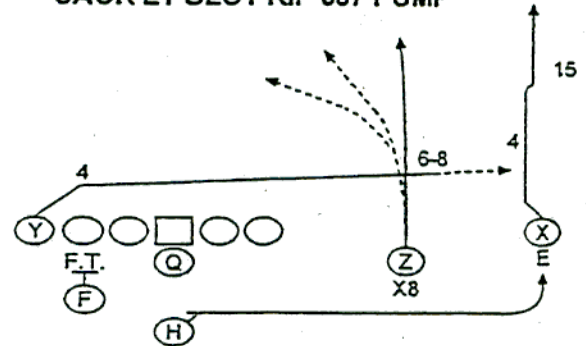
F: PROTECTION.

H: CHECK. SWING ROUTE.

JACK LT SLOT RIP 087



JACK LT SLOT RIP 087 PUMP

**NOTES**

QB: 7 STEP DROP. X - H - Y. Z vs PRESS MAN.

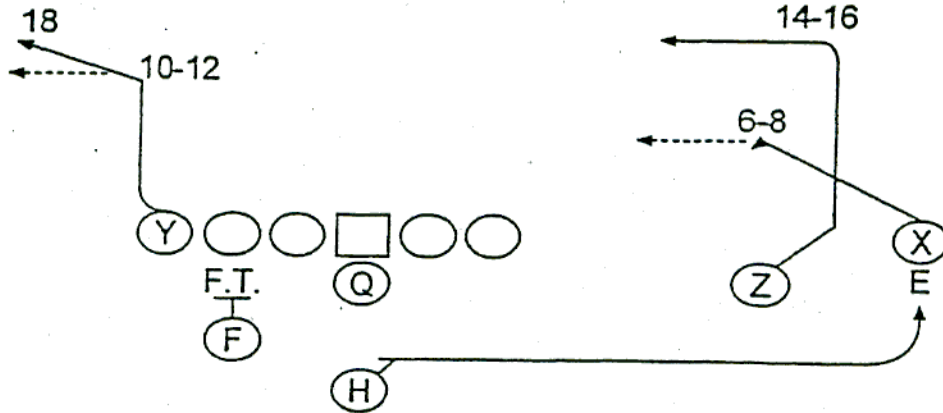
**PROTECTIONS**

RIP/LIZ

**FORMATIONS-MOVEMENTS**

JACK SLOT - I SLOT

## JACK LT SLOT RIP 741



## ASSIGNMENTS

X: 1 ROUTE. HOOK 2 YDS FROM HASH, 6-8 YDS DEEP. RUN AWAY vs PRESS MAN.

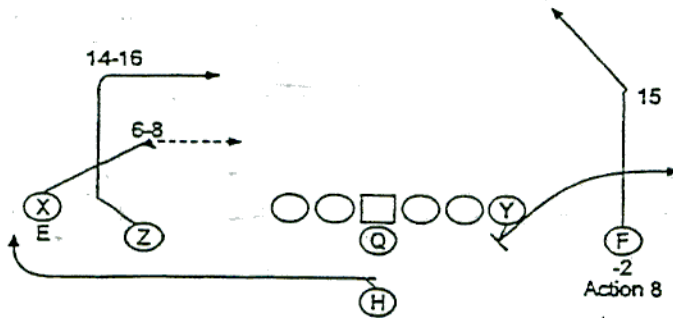
Y: 7 ROUTE.

Z: OUTSIDE RELEASE SEAM 4 ROUTE.

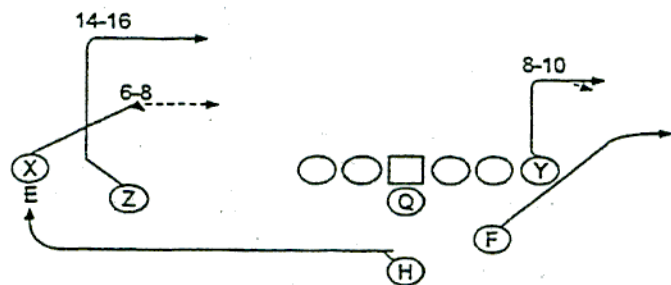
F: PROTECTION.

H: CHECK. SWING ROUTE.

## FLEX RT LIZ 841



## JACK RT SLOT SCAT RT 341 F FLAT



## NOTES

QB: 7 STEP DROP. (X) - Z - H.

## PROTECTIONS

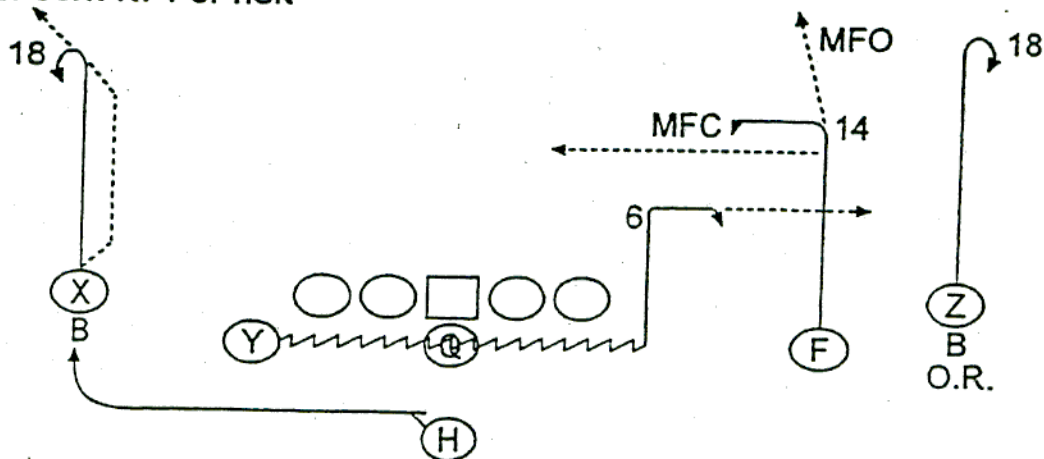
RIP/LIZ - SCAT

## FORMATIONS-MOVEMENTS

JACK SLOT - FLEX

# Y OPTION

TWINS RT FLY SCAT RT Y OPTION



## ASSIGNMENTS

X: 5 ROUTE. READ-IT.

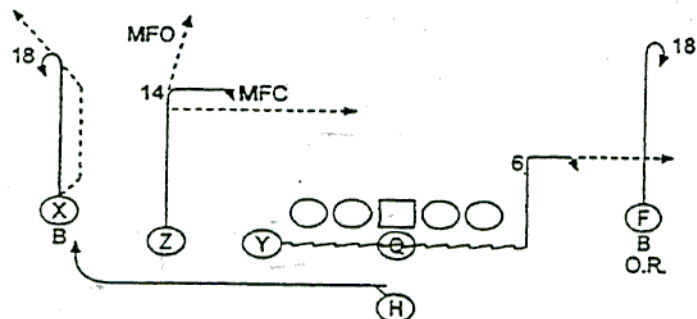
Y: OPTION ROUTE.

Z: 5 ROUTE. MUST OUTSIDE RELEASE.

F: 8 ROUTE.

H: CHECK. SWING ROUTE.

FLEX RT FLY SCAT RT Y OPTION



## NOTES

QB: 5 STEP DROP. Y - F vs M.F.O. Y - Z vs M.F.C.

## PROTECTIONS

SCAT - LOU/RAY

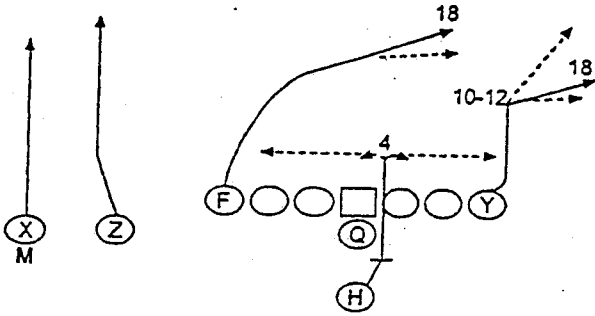
## FORMATIONS-MOVEMENT

FLEX - FLEX FLY - TWINS  
- TWINS FLY

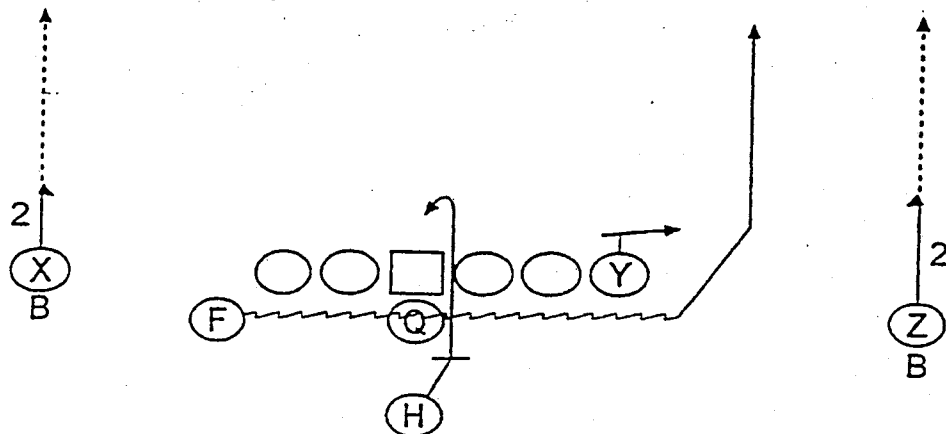
# 99 H BALLOON CONTINUED

#1

TWINS RT ACE RT 799 H BALLOON



## TRIPS RT MOTION QUICK SLIDE 191



## ASSIGNMENTS

X: 1 ROUTE.

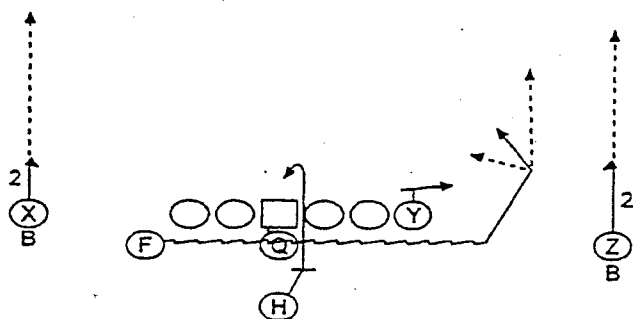
Y: PROTECTION. FLAT ROUTE LATE.

Z: 1 ROUTE.

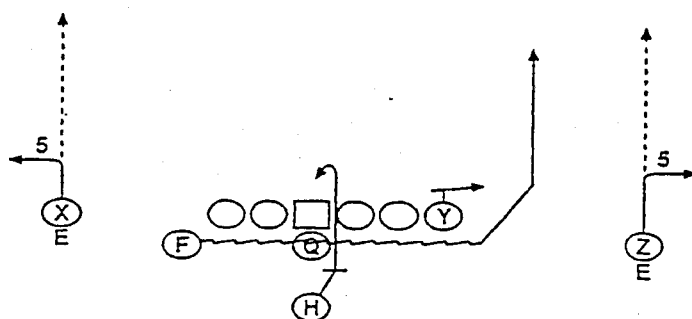
F: SEAM ROUTE.

H: CHECK. CHECK DOWN.

## TWINS RT MOTION QUICK SLIDE 101 F POST



## TRIPS RT MOTION QUICK SLIDE 393



## NOTES

QB: 3 STEP DROP. CHOICE of X or Z.  
PUMP F to Z vs 2 DEEP.

## PROTECTIONS

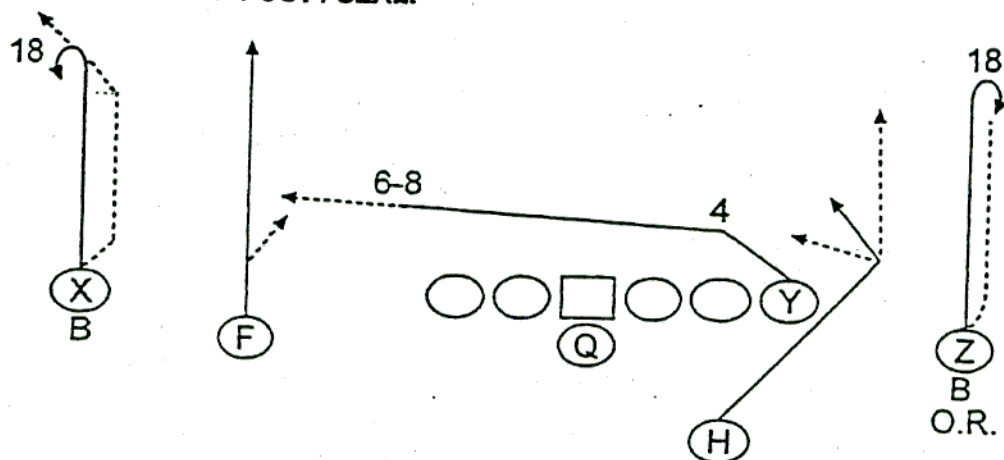
QUICK SLIDE

## FORMATIONS-MOVEMENTS

TRIPS MOTION  
TWINS MOTION

# 525 H POST / SEAM

DOUBLE RT GONE RT 525 H POST / SEAM



## ASSIGNMENTS

X: 5 ROUTE.

Y: 2 ROUTE.

Z: 5 ROUTE.

F: SEAM ROUTE. INSIDE 9 ROUTE.

H: POST ROUTE.

## NOTES

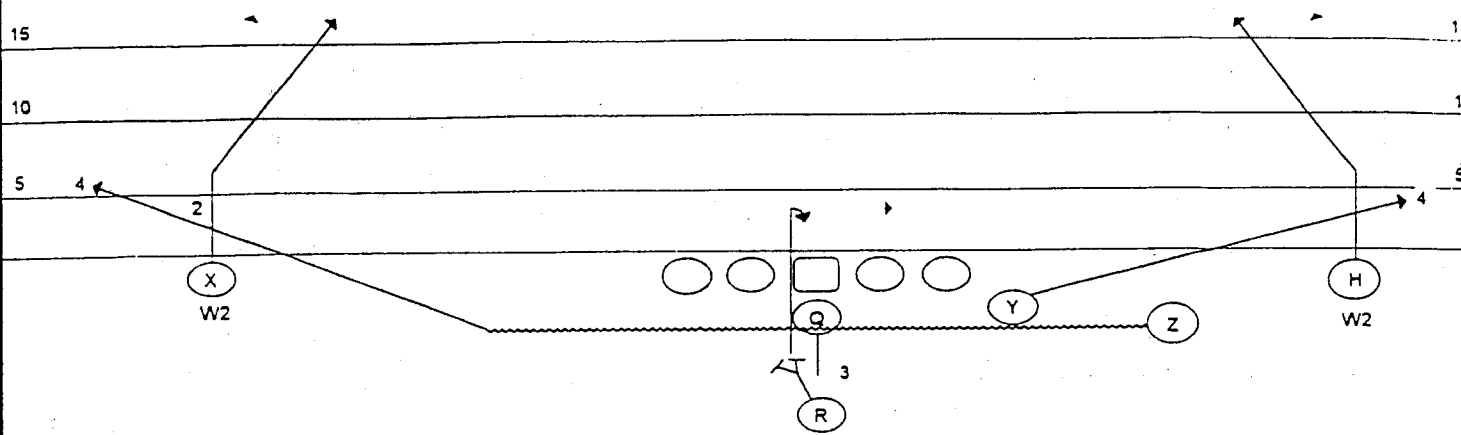
QB: 5 STEP DROP. H - Y - X.

## PROTECTIONS

GONE

## FORMATIONS-MOVEMENTS

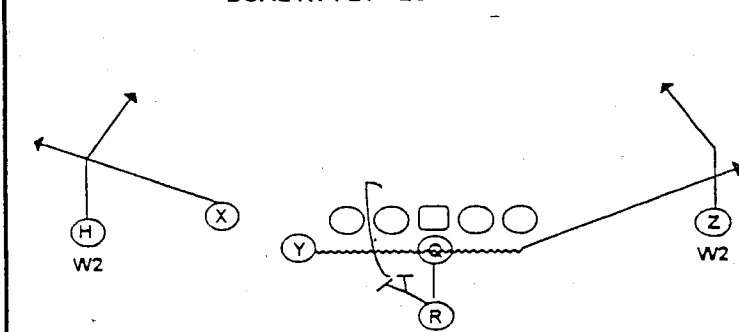
DOUBLE



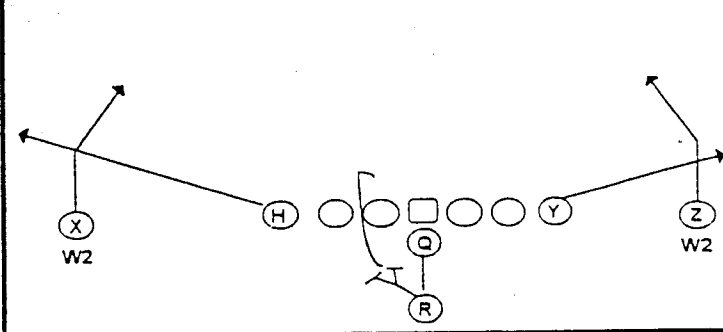
ASSIGNMENTS

- X: (#1 Weak) Run Quick 8 route. Align in a Wide 2. Get inside of press.
- Y: (#2 Strong) Run Quick 1 route 4 yards deep. Outside release.
- Z: (#2 Weak) Run Quick Inside 1 route 4 yards deep.
- H: (#1 Strong) Run Quick 8 route. Align in Base and get inside of press.
- R: Block slide protection and check down to the Numbers.

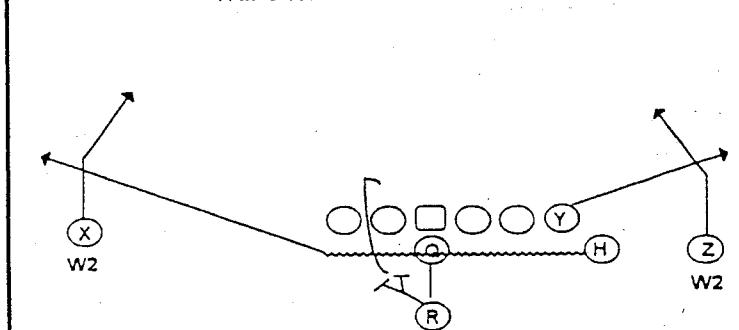
DUAL RT FLY- LUG 818 H FLAT



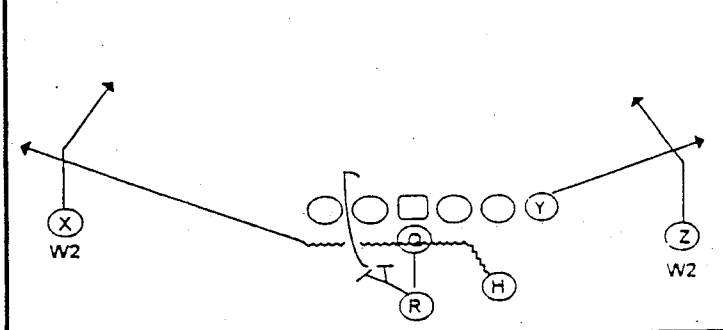
DEUCE RT- LUG 818 H FLAT



TRIPS RT WHIZ- LUG 818 H FLAT



STRONG RT WHIZ- LUG 818 H FLAT



QB PROGRESSION / READS

3 step drop. Hit and hang on the back leg working the Flat to the Slant to R on the Hook - no run away. Make a quick decision working away from the Curl defender or Corner Roll.

BLITZ ADJUST

W/S:  
Built in (Beat w/ ball)  
  
Strong Dog or Blitz:  
Built in (Beat w/ ball)

PROTECTION

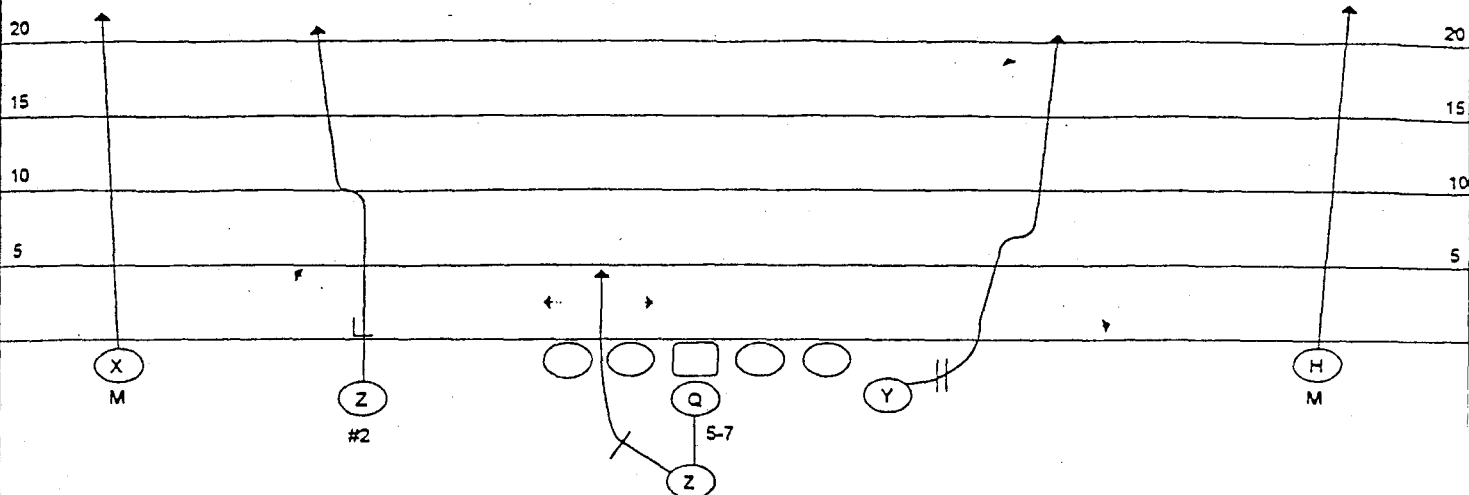
Rok/ Lug  
Quick

FORMATION / MOVEMENT

Flex Z Orbit  
Dual X Orbit  
Flex Fly  
Doc Orbit

# FLEX RT- SCAT RT DOUBLE PUMP

# SCAT DOUBLE PUMP



## ASSIGNMENTS

X: (#1 Weak) Run 9 route. Max alignment.

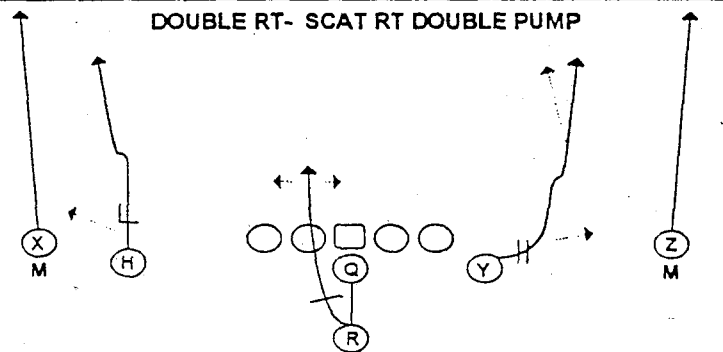
Y: (#2 Strong) Hot release. Run Pump route. MFO - bend, MFC pump to the Numbers.

Z: (#2 Weak) Pump and work to the Numbers. YOU CANNOT BEND. Sight adjust.

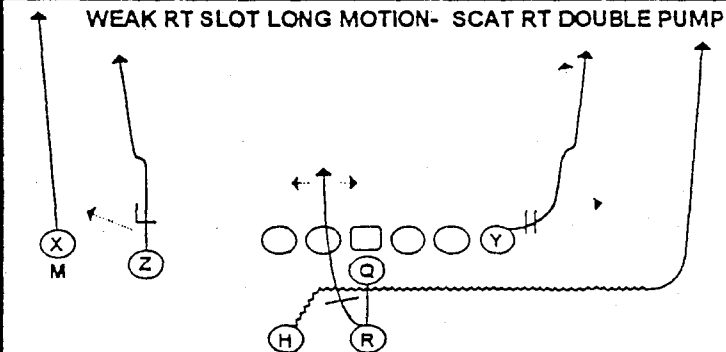
H: (#1 Strong) Run 9 route. Use Max alignment, or press.

R: (#3 Weak) Check protection assignment. Run Check Down route. Vs M/M, run away from leverage.

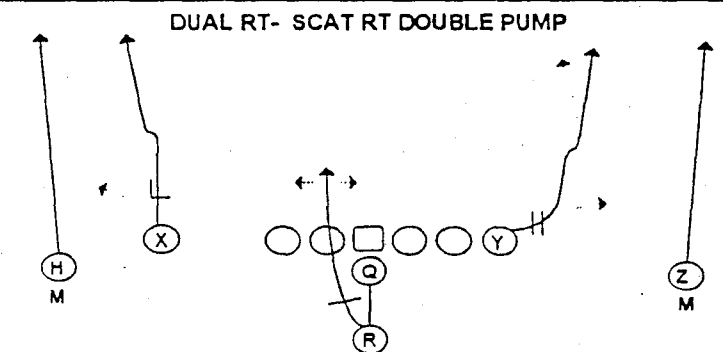
### DOUBLE RT- SCAT RT DOUBLE PUMP



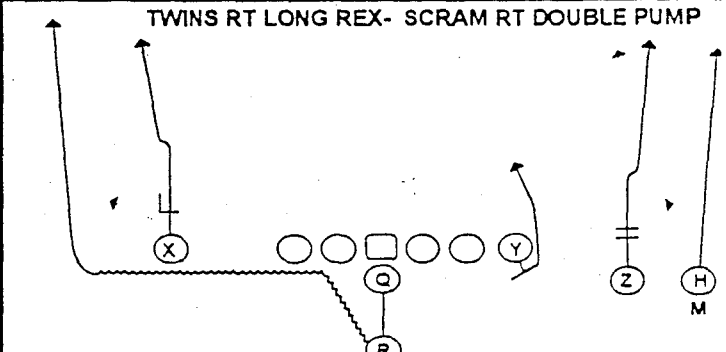
### WEAK RT SLOT LONG MOTION- SCAT RT DOUBLE PUMP



### DUAL RT- SCAT RT DOUBLE PUMP



### TWINS RT LONG REX- SCRAM RT DOUBLE PUMP



## QB PROGRESSION / READS

Call side progression. 5-7 step drop. MFO- work deep to short (Bend - Fade - Check Down)  
MFC- look off FS, Pump to Check Down. Alert outside 9's vs press man no deep help.

## BLITZ ADJUST

W/S:

QB - #2 Weak (S.A.)

Strong Dog or Blitz:

QB #2 strong

(Y - Flat)

Aware of Scram, and

Shot call

## PROTECTION

Scat/ Scram/ Turn

## FORMATION / MOVEMENT

Flex (Zoom)

Flank Long Roy Scram

Dual (Fly)

Trips Long Rex Scram

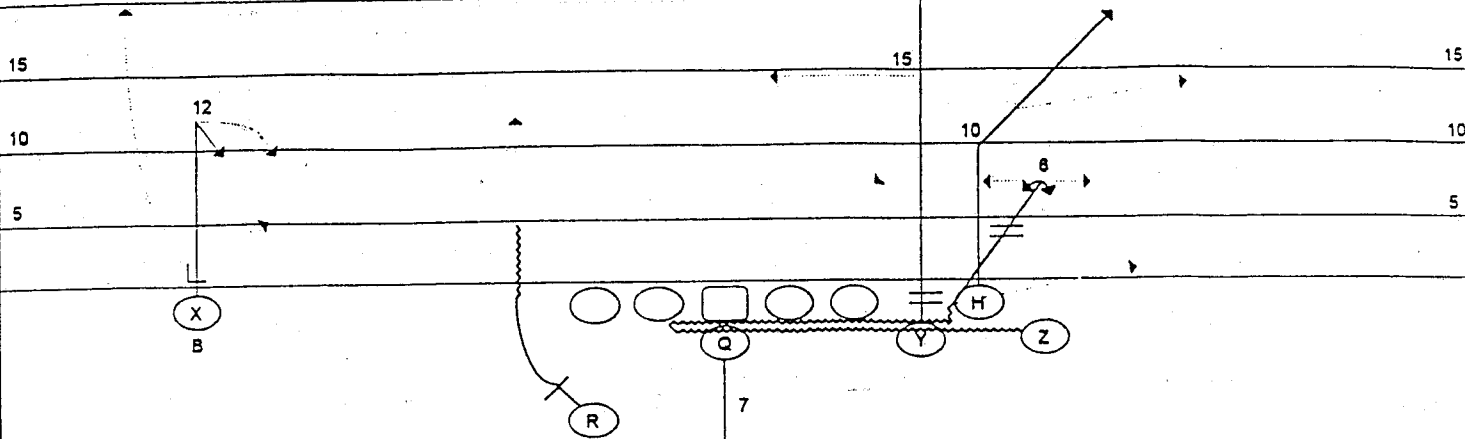
Trade Leap

Storm Flex Zoom

Flex Opposite Zoom

Shop Trips Long Whiz



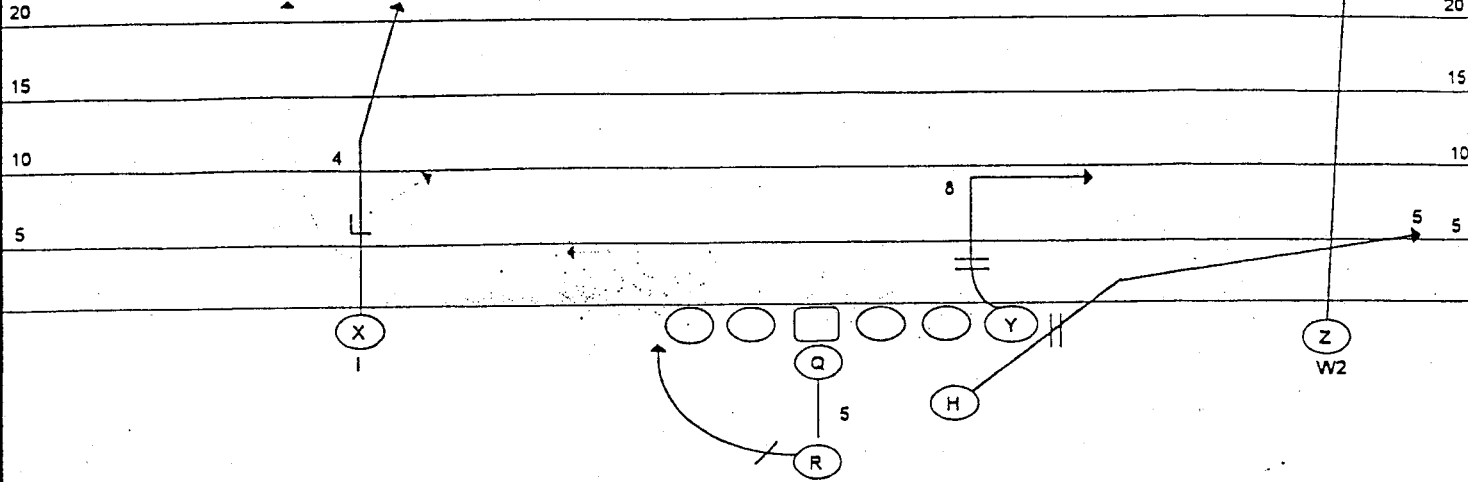


|   |  |   |
|---|--|---|
|   |  |   |
|   |  |   |
| <b>QB PROGRESSION / READS</b><br>Strongside progression with a controlled 7 step drop. MFO: 9 route to Dodge to Crab. MFC: 7 route Dodge to Crab. Alert Read 9 and weakside 6 route vs soft corner or press no deep help. | <b>BLITZ ADJUST</b><br>W/S:<br>QB - #1 Weak<br><br>Strong Dog or Blitz:<br>QB #1 strong (Dodge)<br>#2 pop alert hot rules. | <b>PROTECTION</b><br>Scat/ Scram<br><hr/> <b>FORMATION / MOVEMENT</b><br>Bunch Zoom<br>Tower Orbit<br>Float Zeke<br>Far Wing Motion |

# SCAT 839 FLAT/ RIM

"PANTHER"

NEAR RT- SCAT RT 839 FLAT/ RIM



## ASSIGNMENTS

X: (#1 Weak) Run 8 route with Fade conversion. Align in a Inside alignment and sight adjust.

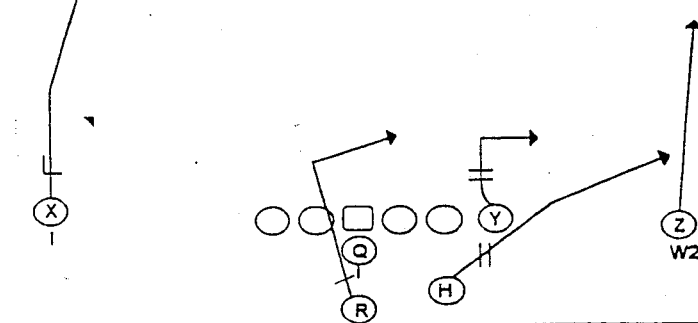
Y: (#2 Strong) Run an Inside 3 route at 8 yards. Inside release.

Z: (#1 Strong) Run a 9 route. You must outside vs a hard corner.

H: (#3 Strong) Hot release and run a Flat.

R: Check protection assignment, run Rim.

NEAR RT SCAT RT PANTHER BACKS RT



## QB PROGRESSION / READS

5 step drop. MFC: strong side progression, H is Hot to Flat, Z - H - Y, weakside - X to Rim.  
MFO: (H) Flat - Y - R.

## BLITZ ADJUST

W/S:

QB - #1 Weak

Strong Dog or Blitz:  
Flat to H or pop to  
#2 strong.

## PROTECTION

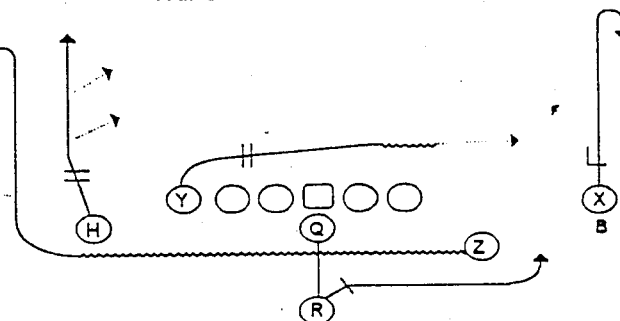
Scat

## FORMATION / MOVEMENT

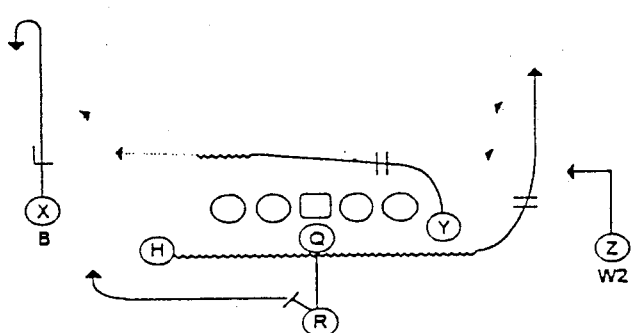
"T" Formations  
Doc Motion  
Trips (Orbit)  
Far Motion  
Far Wing Long Motion



R: (#2 Weak) Check protection assignment, run Swing.



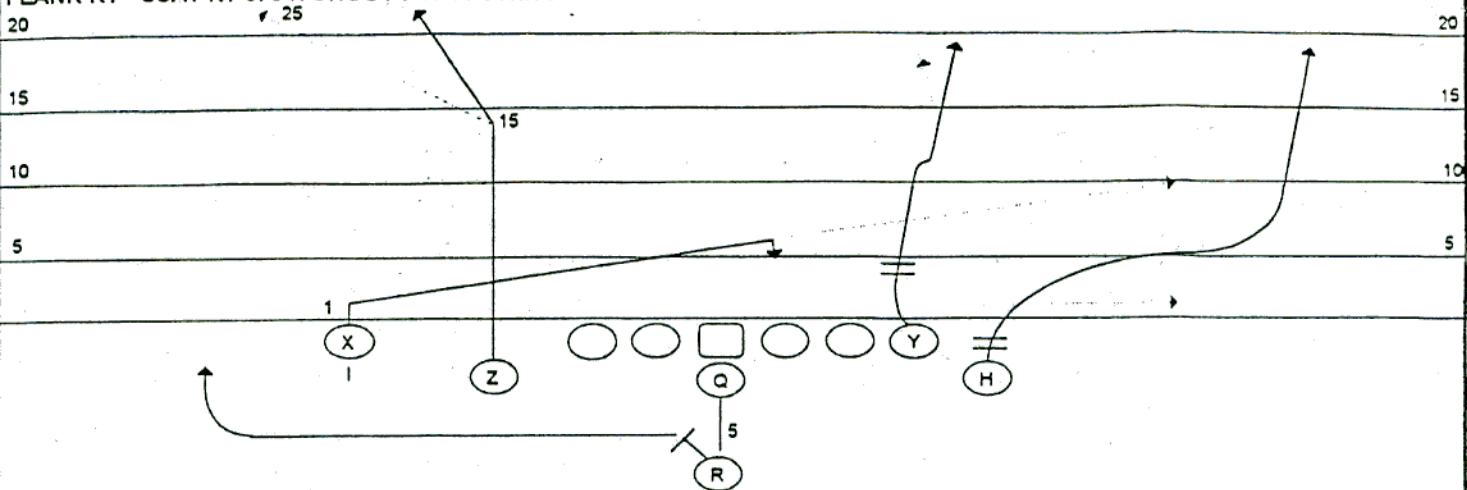
DOUBLE RT MOTION- SCAT RT POST MAGGIE



PROTECTION  
Scat

QB - Built in - pop to #3  
strong, Quick Post.

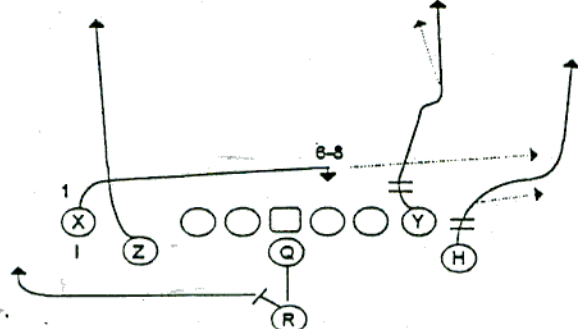
\*X - 6-in the Green Zone.



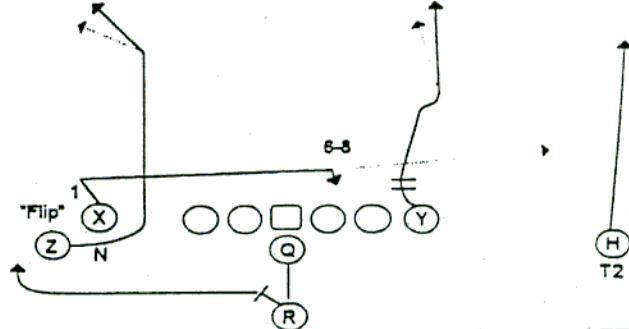
## ASSIGNMENTS

- X: (#1 Weak) 0 route 6-8 yards. In zone settle between off Hook and Curl. Vs man, stutter or staircase and run away flat. Get underneath a wall player. In motion to Float, keep the 0 route.
- Y: (#2 Strong) Alert pop, run inside 3 pump route. Inside release.
- Z: (#2 Weak) Inside 7 route. In motion to Float, keep the 7 route.
- H: (#1 Strong) Hot release, run Shoot route.
- R: (#3 Weak) Check protection assignment, run swing.

## FLANK RT- SCAT RT 392 H SHOOT PUMP/ SWING



## FLEET RT- SCAT RT 370 H SHOOT PUMP/ SWING



## QB PROGRESSION / READS

5 Step drop strongside progression. MFC of MFO work Shoot/ Pump to 0 route. M/M no deep help, may choose Z on the Corner.

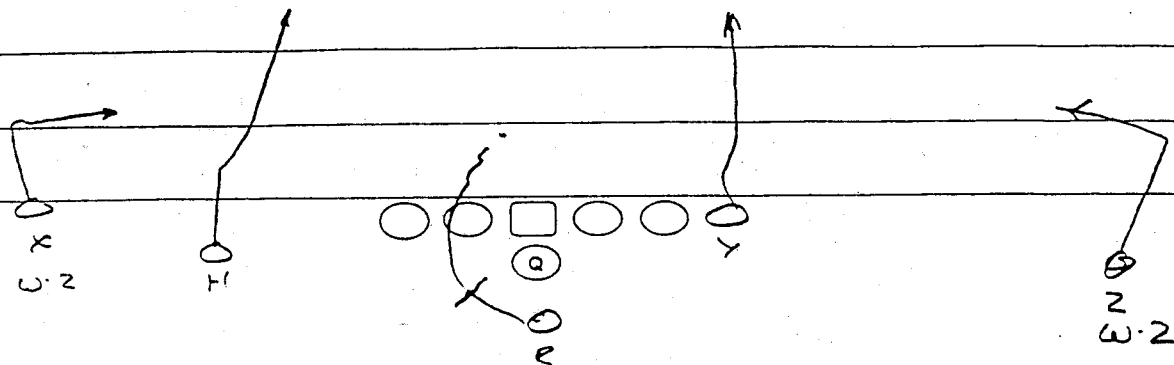
## BLITZ ADJUST

W/S:  
QB - #1 Weak  
Strong Dog or Blitz:  
QB - pop to Y or Flat

## PROTECTION

Scat

## FORMATION / MOVEMENT



# ASSIGNMENTS

- X: (#1 WR) WIDE OUTSIDE RELEASE. RUN A FLAT QK 8, W-2 ALIGN.
- Y: (#2 STG) INSIDE RELEASE, QK SEAM.
- Z: (#1 STG) WIDE OUTSIDE RELEASE, RUN A FLAT QK 8, W-2 ALIGN.
- H: (#2 WR) WIDEN DEFENDER & UNDERCUT HIM INSIDE ON QK SEAM RTE.
- R: CHECK PROTECTION ASSIGNMENT, RUN CHECK DOWN RTE.

QB PROGRESSION / READS

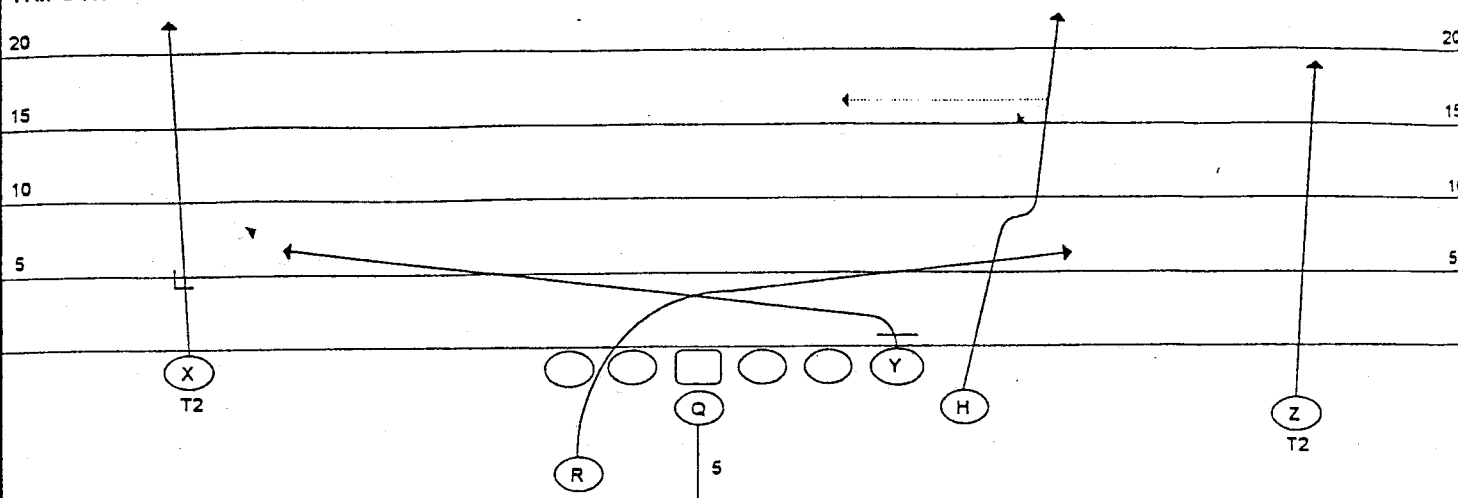
BLITZ ADJUST

PROTECTION  
QK SEAT OR ROK LUT.

FORMATION / MOVEMENT  
"O" FORMATIONS,

TRIPS RT- OH RT 989 OVER

OH 989 OVER



### ASSIGNMENTS

X: (#1 Weak) 9 route. Sight adjust. Tight 2 alignment.

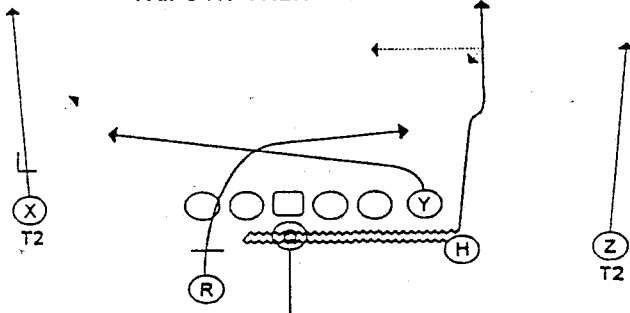
Y: (#3 Strong) Check #3, Cross route which is part of the Over.

Z: (#1 Strong) Run 9 route. Tight 2 alignment.

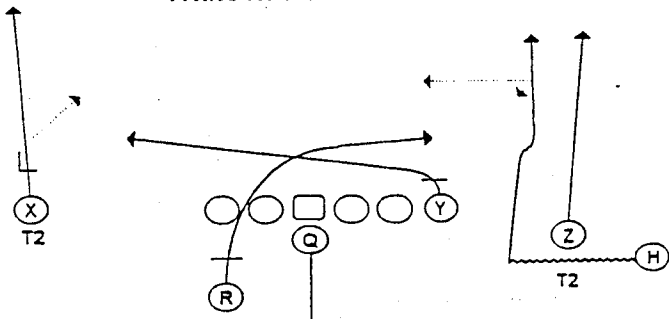
H: (#3 Strong) Check SS, run three way middle 8 route.

R: (#2 Weak) Check protection assignment, run Sneak part of the Over.

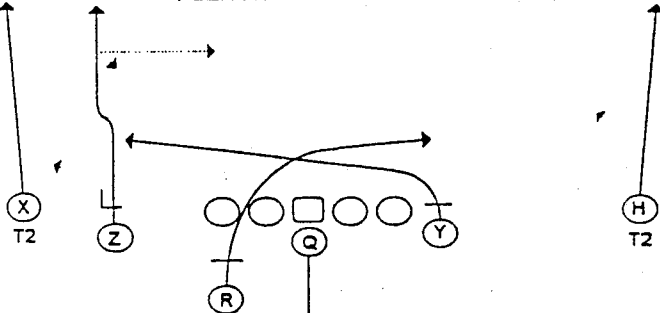
#### TRIPS RT ORBIT- OH RT 989 OVER



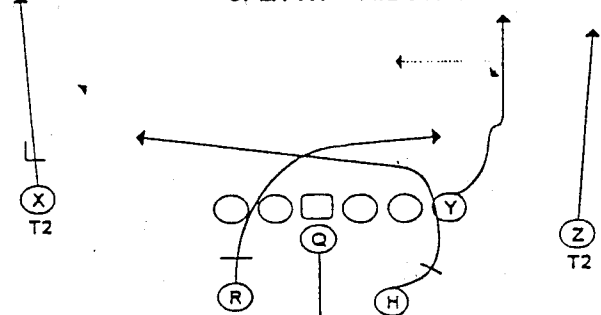
#### TWINS RT HIP- OH RT 989 OVER



#### FLEX RT- OH RT "SHOT" 989 OVER



#### SPLIT RT- MID 989 OVER



### QB PROGRESSION / READS

Strongside progression. Alert #1 weak MFO deep to short inside out (H or Z Fade to Over) MFC work deep to short outside in (Z or H adj. to over) deep zone drops - over is best choice.

### BLITZ ADJUST

W/S Blitz:  
QB #1 Weak  
Slot (#2 Weak)

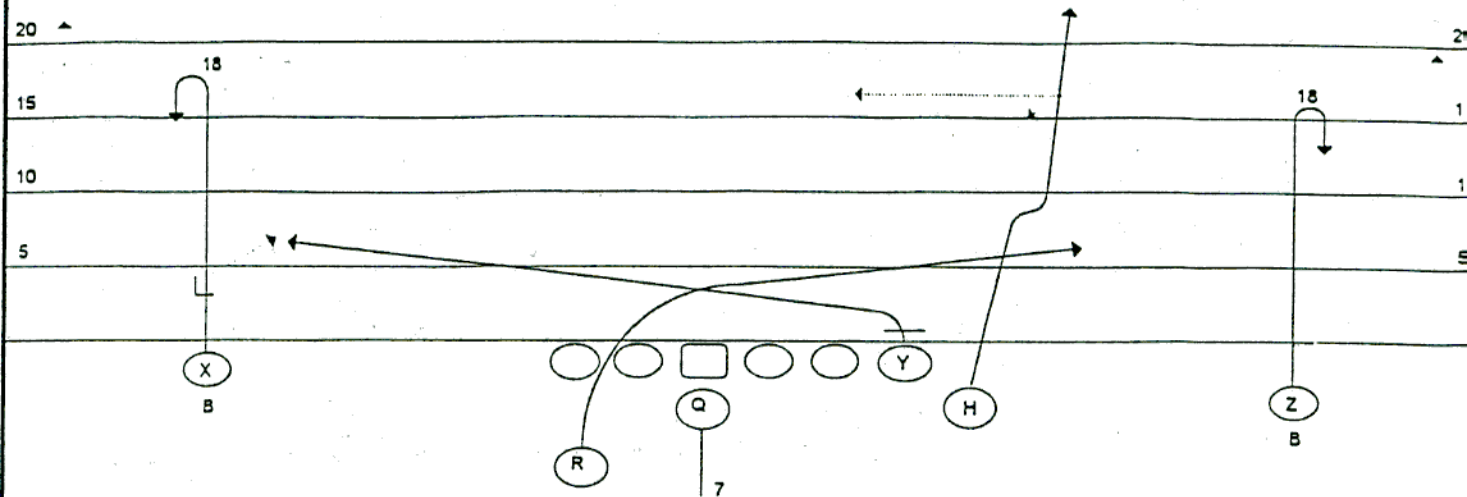
Strong Dog or Blitz:  
Picked up unless "Shot"

### PROTECTION

OH's RT or OH's LT  
(Nickel & Regular)  
Bronco in Nickel. Possible  
Rip/Liz or Fan

### FORMATION / MOVEMENT

Trips Zoom Twins  
Doc Motion Dbl Motion  
Cannon(Scat) Far Motion



## ASSIGNMENTS

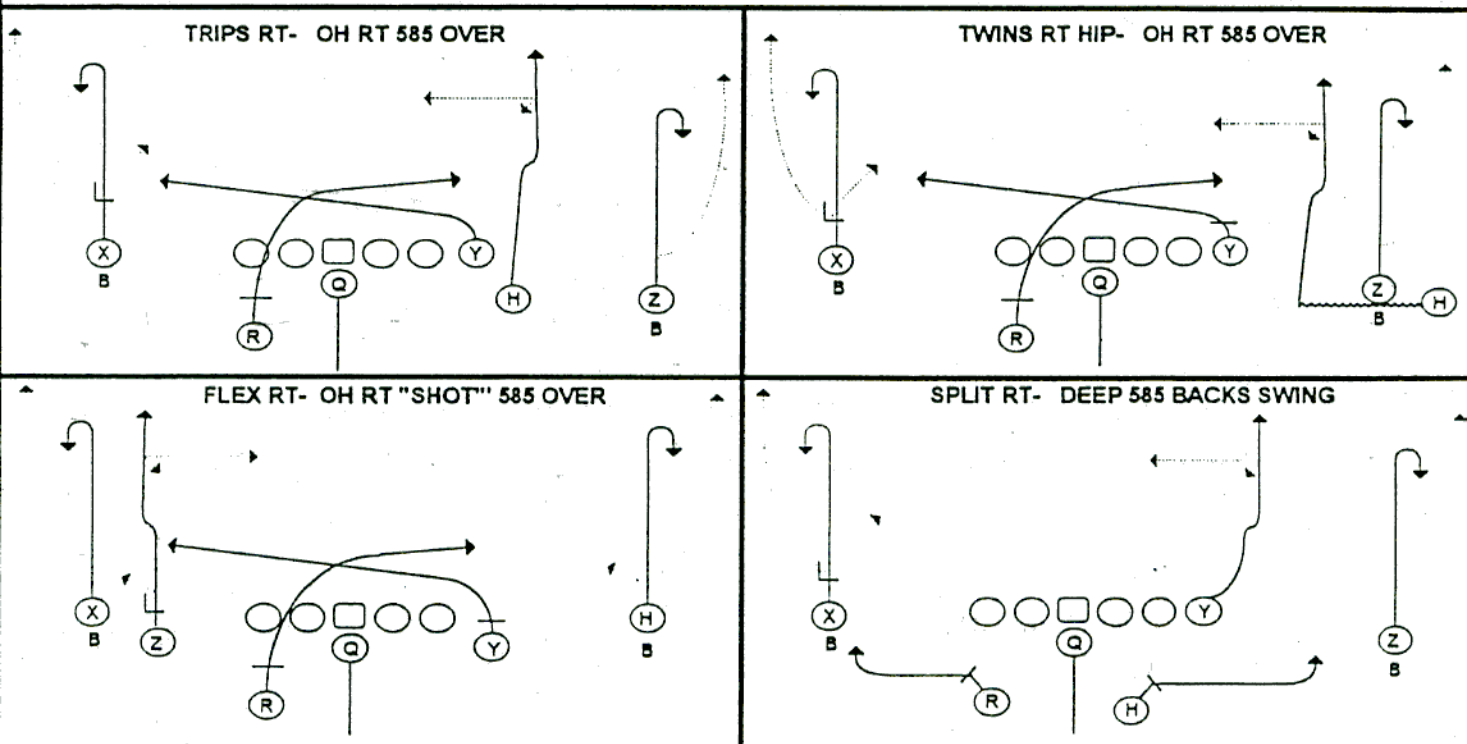
X: (#1 Weak) 5 route. Fade conversion. Sight adjust. Base alignment.

Y: (#3 Strong) Check #3, Cross route which is part of the Over.

Z: (#1 Strong) Run 5 route. Fade conversion. Base alignment.

H: (#3 Strong) Check SS, run three way middle 8 route.

R: (#2 Weak) Check protection assignment, run Sneak part of the Over.



## QB PROGRESSION / READS

Strongside progression. Alert #1 weak. 7 step drop. MFO work deep to short side inside out (H or Z Fade to Over) MFC deep to short outside in (Z or H adj. to over).

## BLITZ ADJUST

W/S Blitz:  
QB #1 Weak  
Slot (#2 Weak)

Strong Dog or Blitz:  
Picked up unless "Shot"

## PROTECTION

OH's RT or OH's LT  
(Nickel & Regular)  
Bronco in Nickel. Possible  
Rip/Liz or Fan

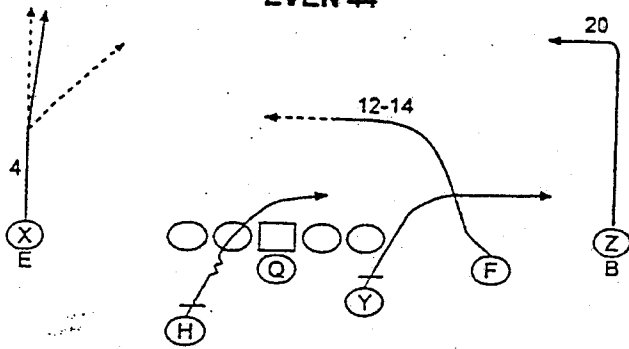
## FORMATION / MOVEMENT

Trips Zoom      Twins  
Doc Motion      Dbl Motion  
Cannon(Scat)      Far Motion (2 Back)  
Triple

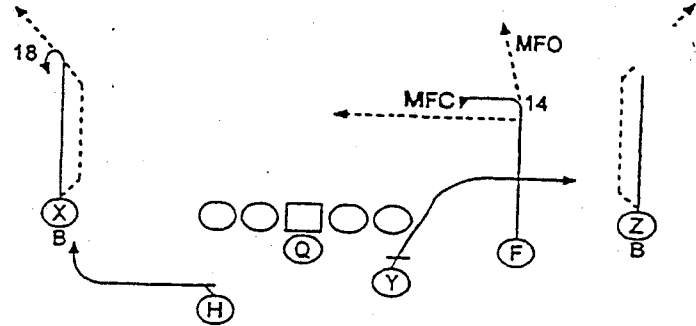
# RED BALL

#1

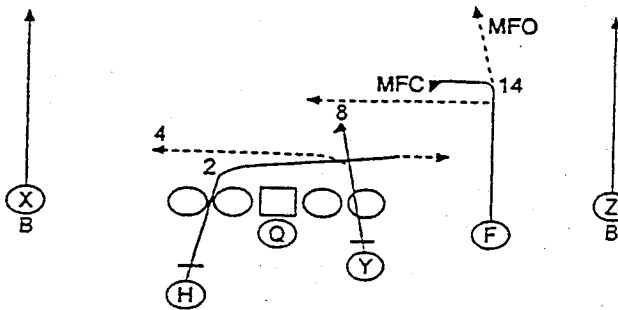
EVEN 44



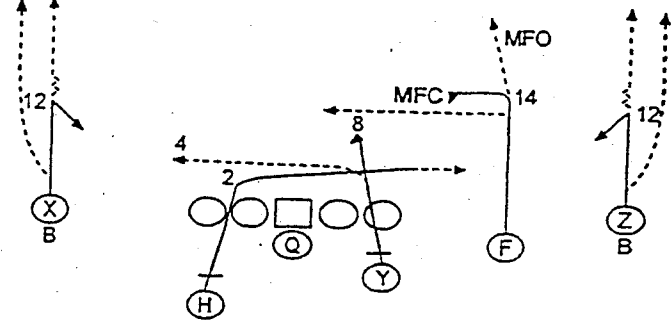
EVEN 85



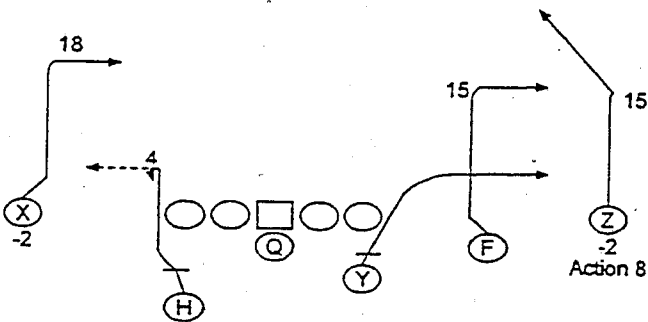
EVEN 89



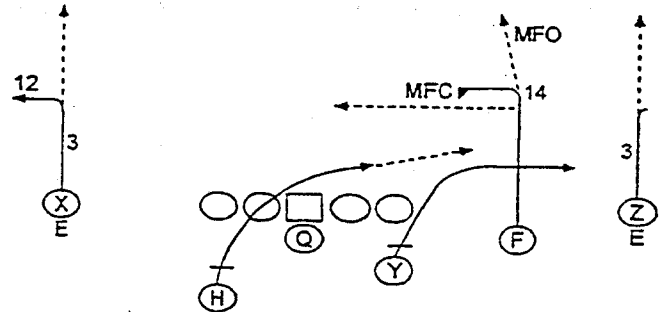
EVEN 86



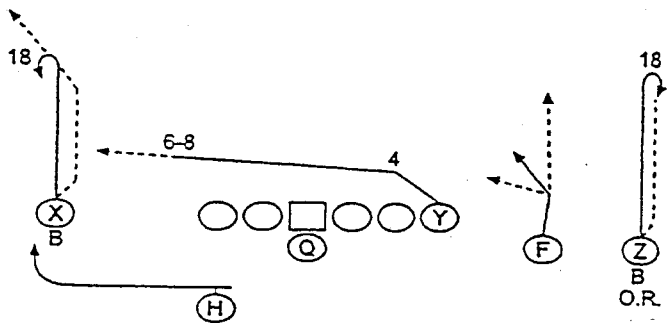
EVEN 78



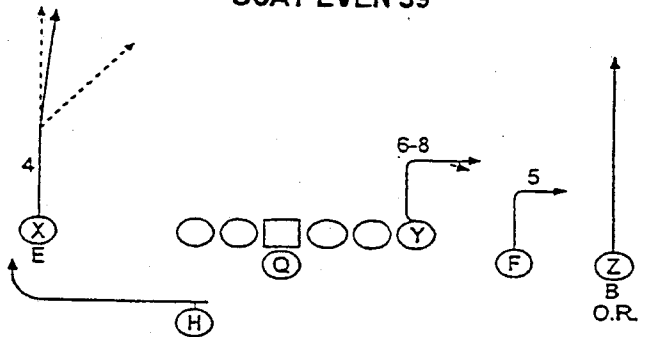
EVEN 83



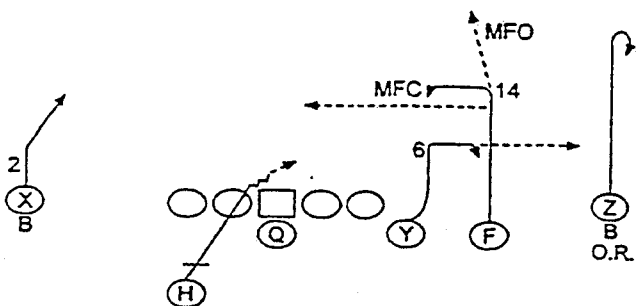
SCAT EVEN 25



SCAT EVEN 39



SCAT EVEN YO YO





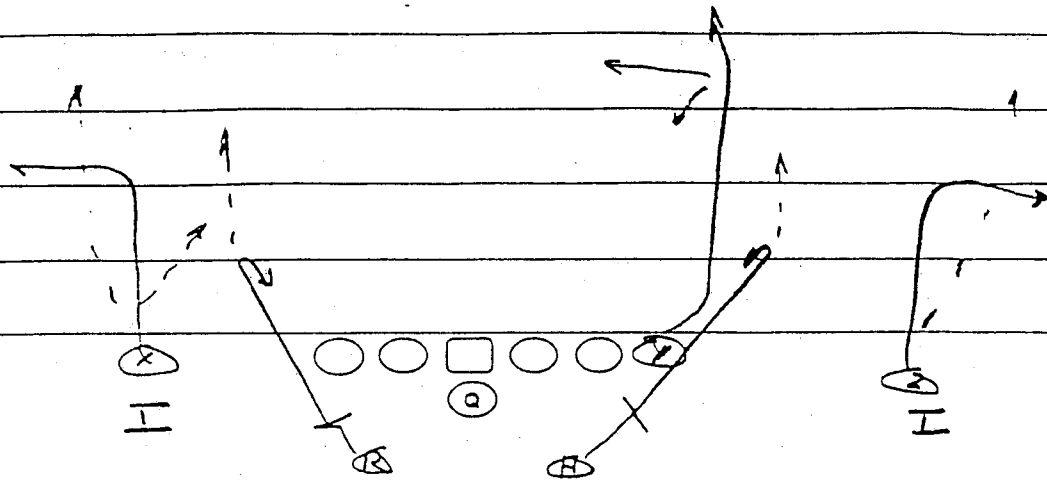
SPLIT RT. MID  
383 RKS SIT

20

15

10

5



### ASSIGNMENTS

- X: (#1 WEAK) 3 RTE. SIGHT ADJUST. FADE CONVERSION. INSIDE ALIGN.
- Y: (#2 STRONG) OUTSIDE RELEASE, 8 RTE.
- Z: (#1 STRONG) 3 RTE. FADE CONVERSION. INSIDE ALIGN.
- H: (#3 STRONG) CHECK PROTECTION ASSIGNMENT. SIT RTE.
- R: (#2 WEAK) CHECK PROTECTION ASSIGNMENT. SIT RTE.

QB PROGRESSION / READS

BLITZ ADJUST

PROTECTION

FORMATION / MOVEMENT

DEEP 648 H. FLAT/BUG

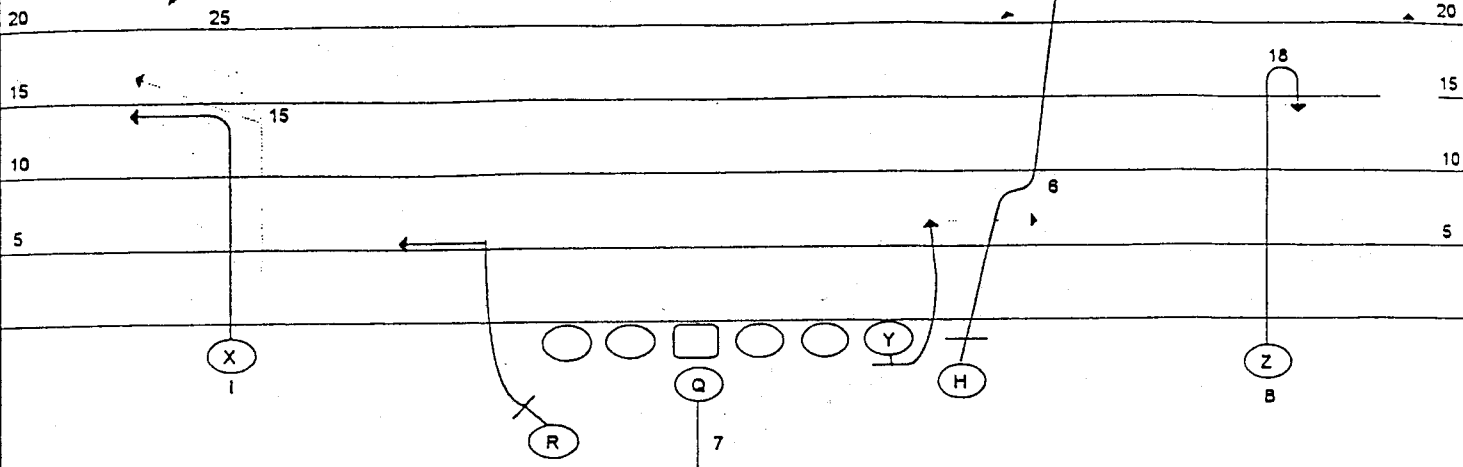


R: (#2 WEEK) CHECK PROTECTION ASSIGNMENT, RUN SWING RTS.

**FORMATION / MOVEMENT**

# OH 735 PUMP BACKS (LEFT or RIGHT)

TRIPS RT OH 735 PUMP BACKS LEFT



## ASSIGNMENTS

X: (#1 Weak) Run 7 route. Sight adjust off #4. Inside alignment.

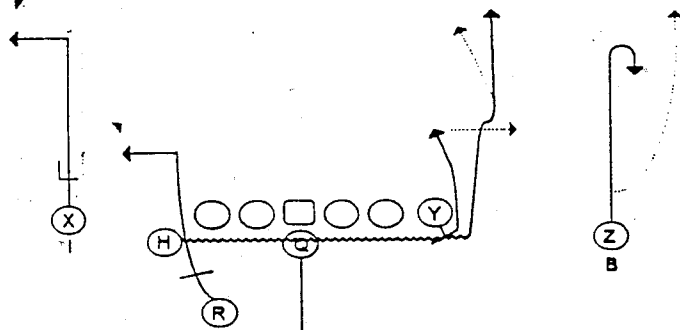
Y: (#3 Strong) Check #3, Delay part of Backs left or right.

Z: (#1 Strong) Run 5 route. Fade conversion. Pump at 6 yards. Base alignment.

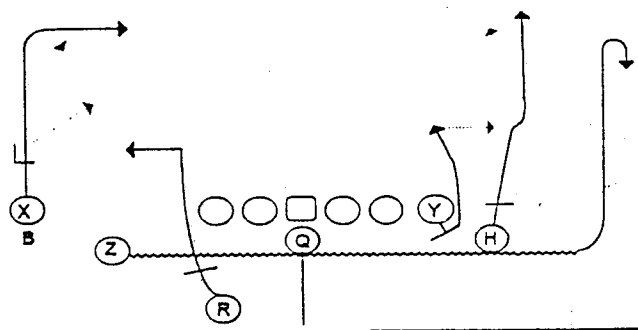
H: (#2 Strong) Check SS, run 3 Pump Seam. MFO bend.

R: (#2 Weak) Check protection assignment, run wide part of Backs left or right.

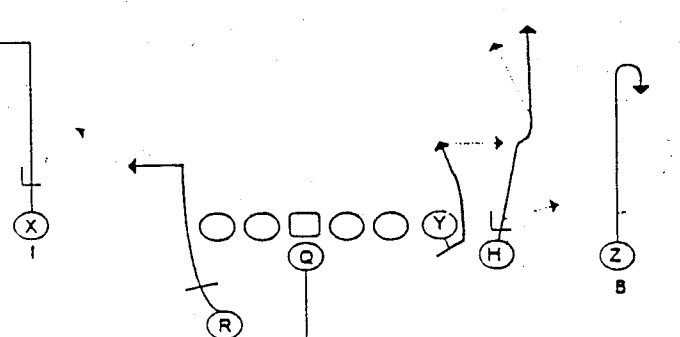
### DOC RT MOTION- OH RT 735 PUMP BACKS LT



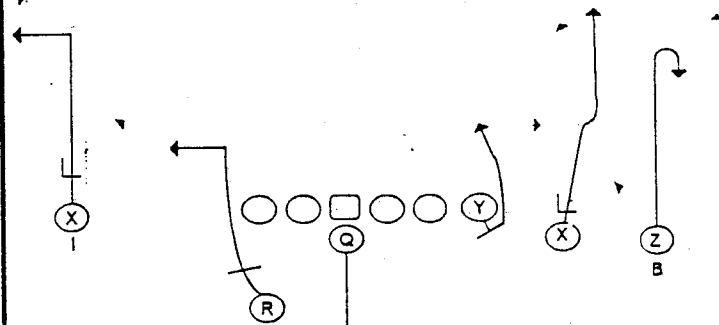
### DOC RT MOTION- OH RT 635 PUMP BACKS LT



### TWINS RT- OH RT SHOT RT 735 PUMP BACKS LEFT



### TRADE RT- OH RT SHOT RT 735 PUMP BACKS LEFT



### QB PROGRESSION / READS

Weakside progression. 7 step drop. Stay weak working deep to short to leak. MFO with FS working weak, you may work off bend of H Pump to delay.

### BLITZ ADJUST

W/S Blitz:  
QB - 31 Weak

Strong Dog or Blitz:  
Picked up unless "Shot"

### PROTECTION

OH's RT or OH's LT  
(Nickel & Regular)  
Bronco in Nickel. Possible  
Rip/Liz or Fan

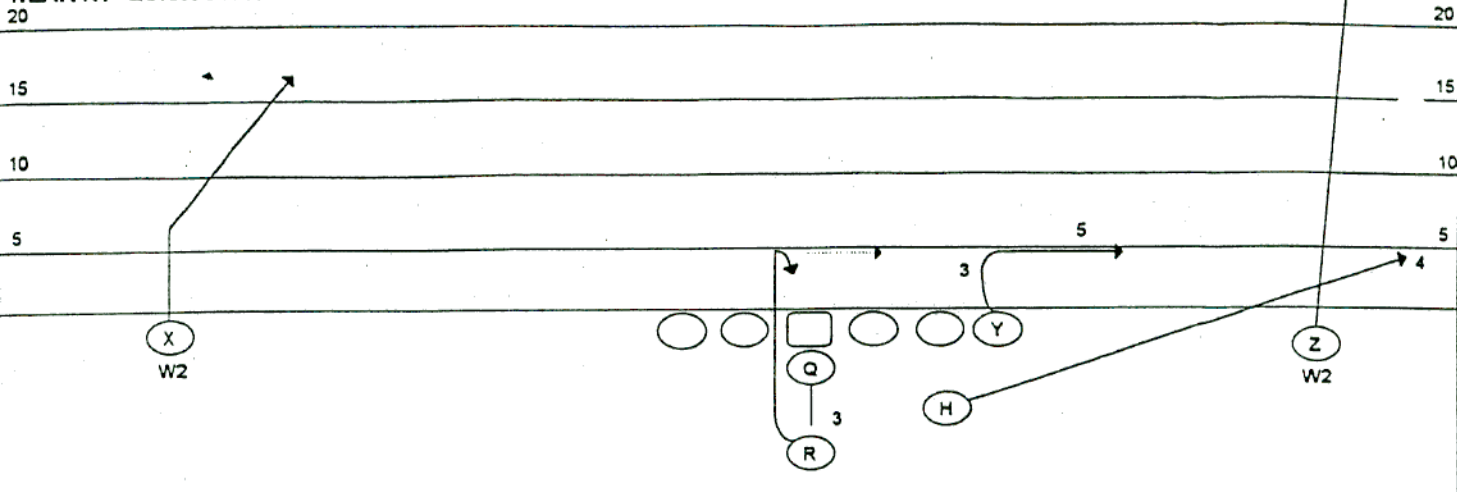
### FORMATION / MOVEMENT

Trips Orbit      Trade  
Twins (Hip)      Dbl Motion  
Fan Motion

# QUICK SCAT 839 FLAT/ LEAK

"PANTHER"

NEAR RT- QUICK SCAT 839 FLAT/ LEAK



## ASSIGNMENTS

- X: (#1 Weak) Run Quick 8 route Slant. Wide 2 alignment.
- Y: (#2 Strong) Run Quick 3 route at 5 yards. Inside release.
- Z: (#1 Strong) Run Quick 9 route. You must outside release.
- H: (#2 Strong) Run Quick Flat route.
- R: Check protection assignment, run Leak.

|  |  |
|--|--|
|  |  |
|  |  |

### QB PROGRESSION / READS

3 step strongside progression Z-H-Y-R.  
Alert for #1 weak.

### BLITZ ADJUST

W/S:  
QB - #1 Weak

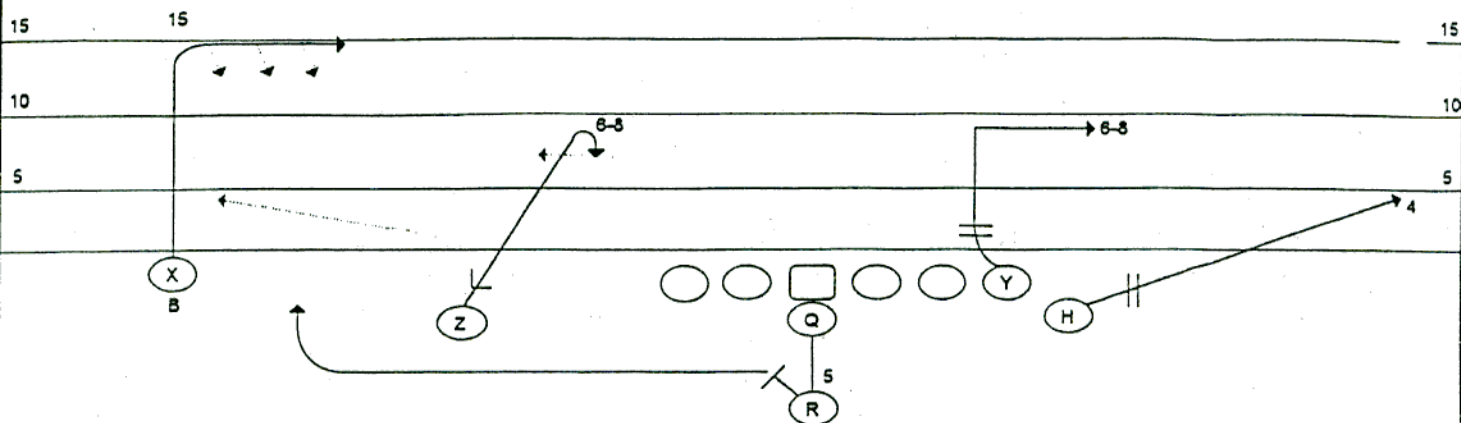
Strong Dog or Blitz:  
Built in

### PROTECTION

Quick Scat, Rok/ Lug, Rifle

### FORMATION / MOVEMENT

|            |              |
|------------|--------------|
| Near       | Double Motio |
| Doc Motion | Twins        |
| Trips Zoom |              |
| Trips      |              |
| Triple     |              |



## ASSIGNMENTS

X: (#1 Weak) Run a 6 "hunt it" route. In Float, you still have the 6.

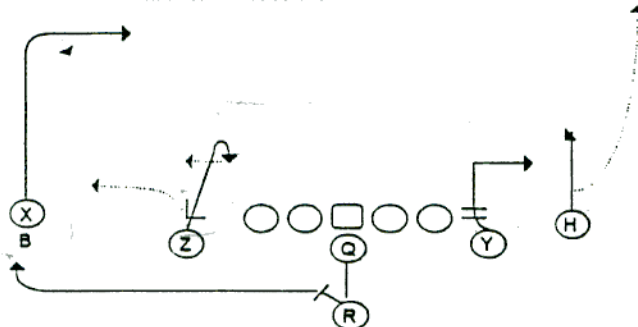
Y: (#2 Strong) Alert pop, run inside 3 route 6-8 yards deep. Inside release. Stem no higher than the inside defender.

Z: (#2 Weak) Inside 4 route 6-8 yards deep. Sight adjust. Press the inside defender and make him think you are crossing. In Float, you still have the Inside 4.

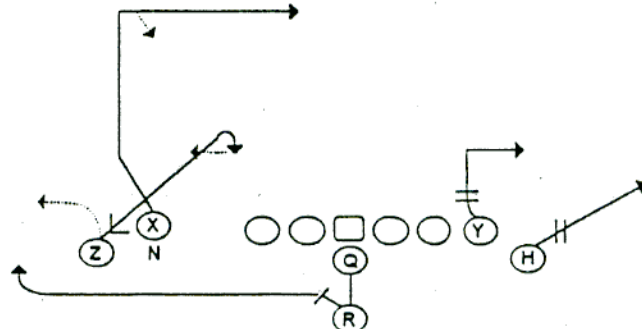
H: (#1 Strong) Hot release, run Flat route. If detach, run Hitch.

R: (#3 Weak) Check protection assignment, run swing.

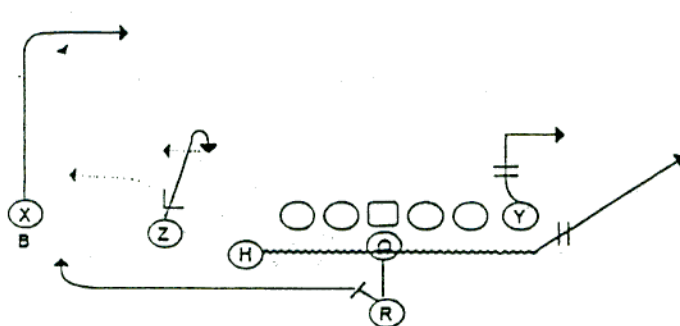
## FLEX RT- SCAT RT 346 HITCH/ SWING



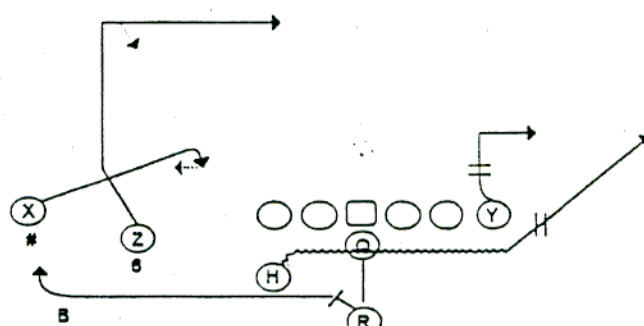
## FLOAT RT- SCAT RT 346 FLAT/ SWING



## DOC RT SLOT MOTION- SCAT RT 346 H FLAT/ SWING



## FAR RT MOTION- SCAT RT 346 TANGO H FLAT/ SWING



## QB PROGRESSION / READS

5 Step drop strongside progression. Flat to 3 to inside 4 or R. Same read on Hitch. Z will start his route like a post, if the defense dictates it. You can work Z-X-R.

## BLITZ ADJUST

W/S:

QB - #2 Weak

Strong Dog or Blitz:  
QB - pop to #2 strong  
or Flat built in.

## PROTECTION

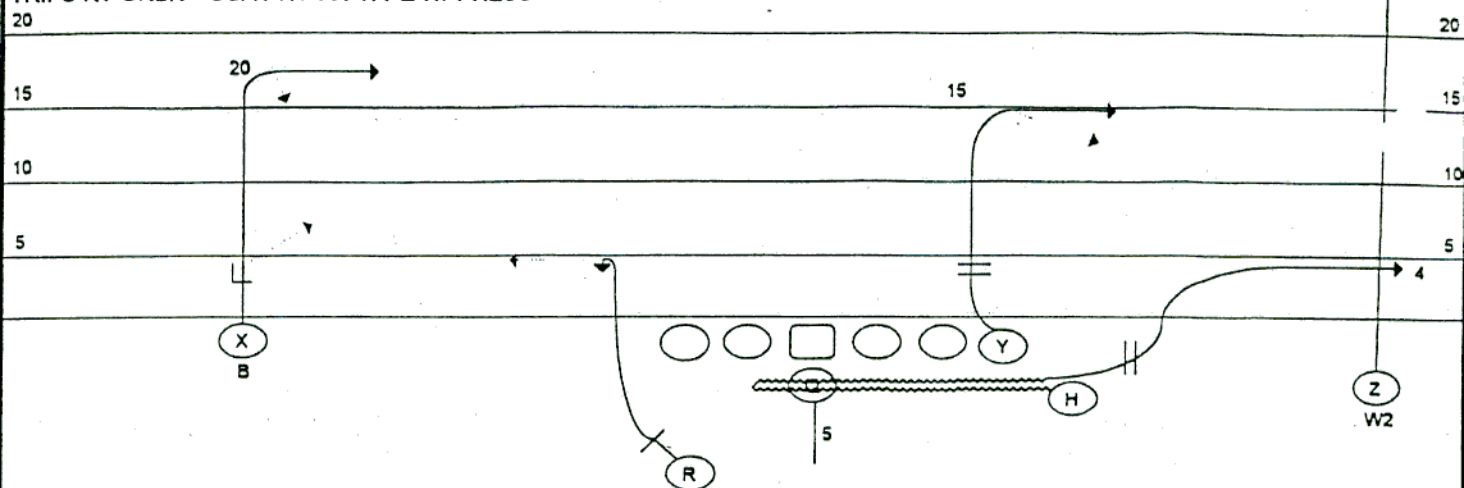
Scat

## FORMATION / MOVEMENT

**FORMATION / MOVEMENT**

# SCAT 659 H FLAT PRESS

TRIPS RT ORBIT- SCAT RT 659 H FLAT/ PRESS



## ASSIGNMENTS

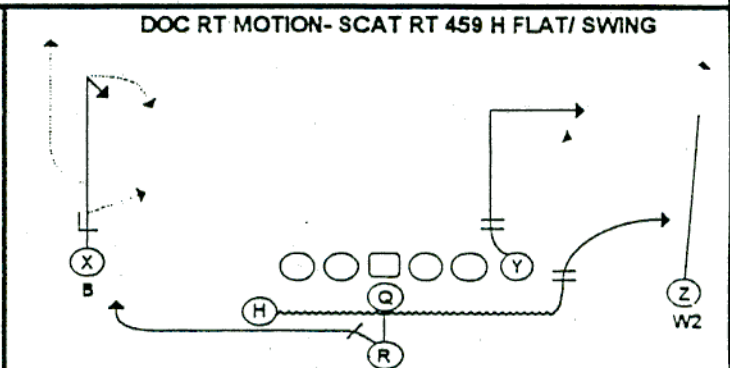
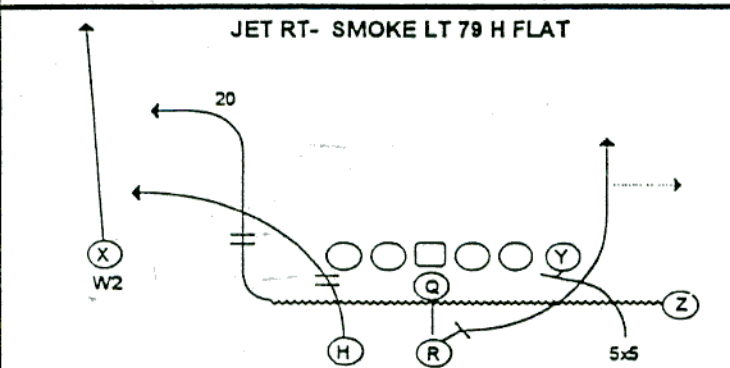
X: (#1 Weak) 20 yard 6 route. Sight adjust. Convert to a 4 route vs. Quads.

Y: (#3 Strong) Alert pop, run 5 route. Inside release.

Z: (#1 Strong) Run the 9 route. Use the fastest release, you must get deep fast.

H: (#2 Strong) Hot release, run Flat route.

R: (#2 Weak) Check protection assignment, run Press route.



## QB PROGRESSION / READS

Strongside progression, control 7 step drop. Throw off outside underneath coverage. M/M work Z to Y.

## BLITZ ADJUST

W/S:  
WR/QB #1 weak

Strong Dog or Blitz:  
Built in

## PROTECTION

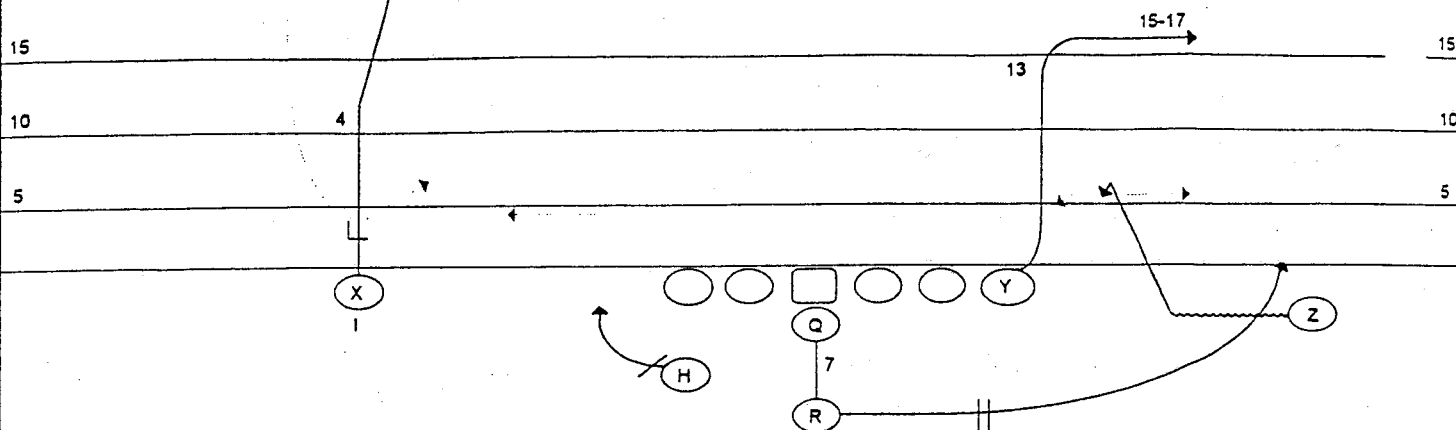
Scat

## FORMATION / MOVEMENT

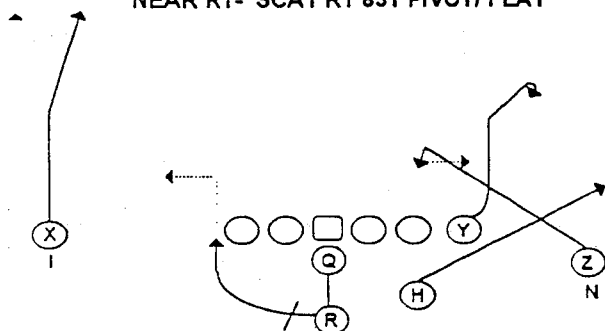
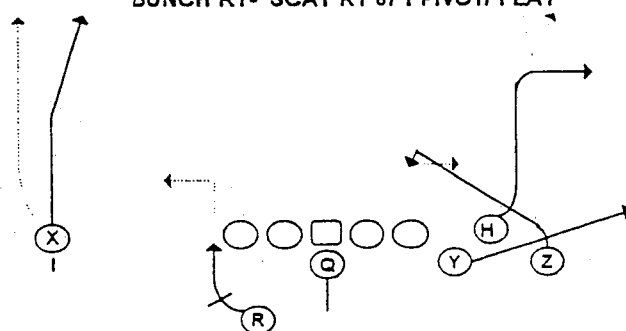
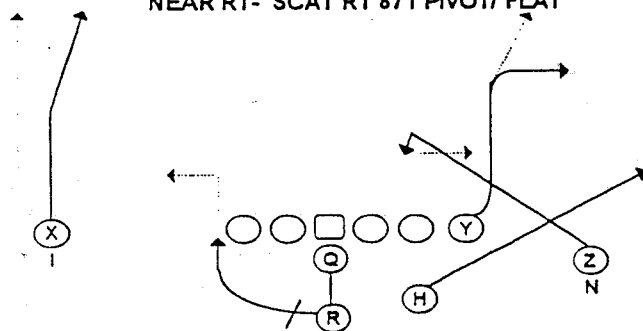
Trips (Zoom)  
Triple  
Twins

20

20

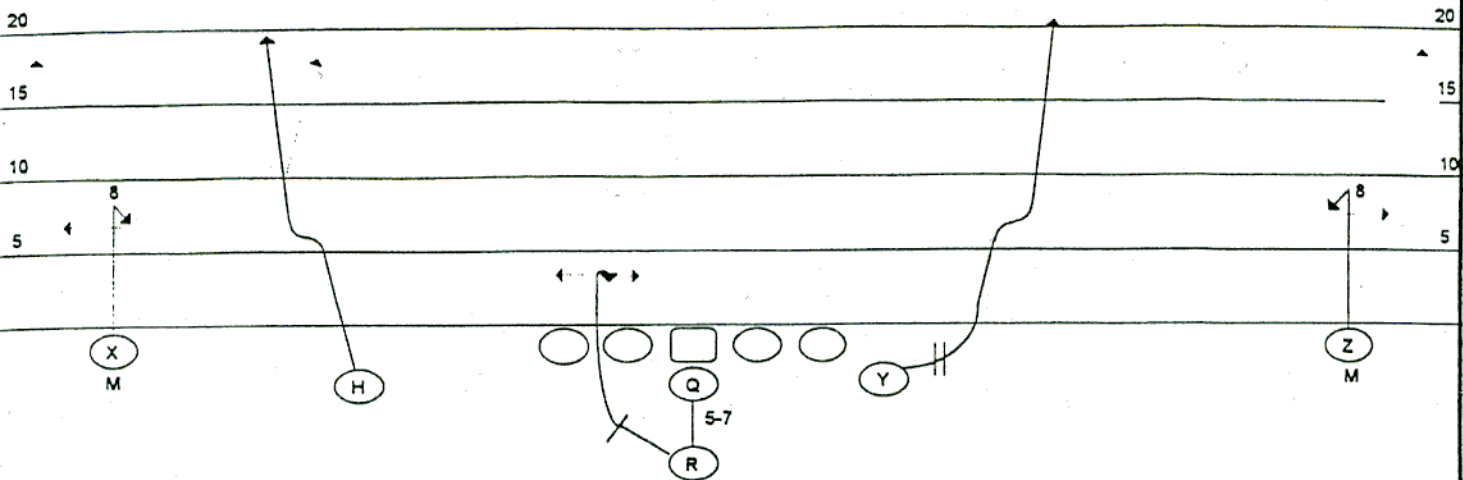


**R:** Hot release on Speed Swing route (Flat route on "Pivot").



**FORMATION / MOVEMENT**

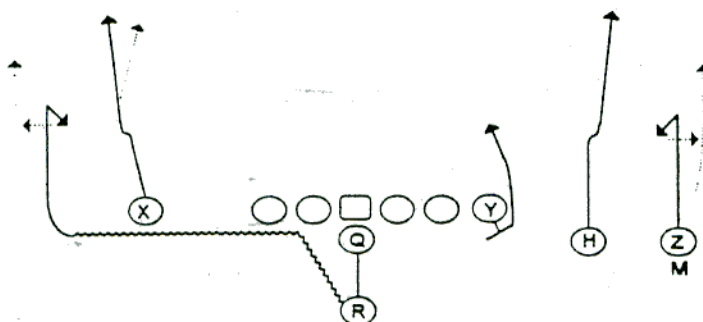




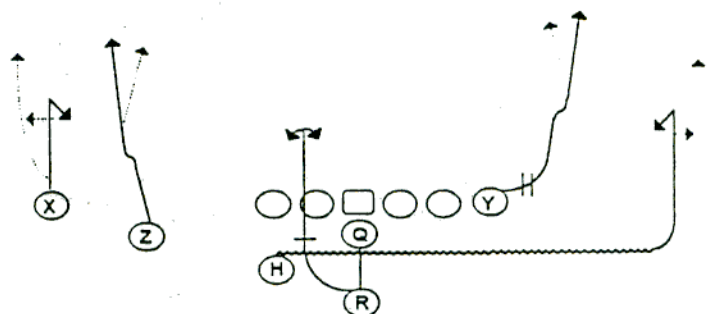
# ASSIGNMENTS

- X: (#1 Weak) Run a short 4 route. Fade conversion with a Max alignment.
- Y: (#2 Strong) Hot release. Run 3 Pump route on the inside edge of the numbers.
- Z: (#1 Strong) Run a short 4 route. Fade conversion with a Max alignment.
- H: (#2 Weak) Run 9 route. MFC: stay on the inside edge of the numbers. MFO: Bend.
- R: (#3 Weak) Check protection assignment. Run a Check Down route.

## TWINS RT LONG REX- SCRAM RT SHOT VERTICALS



## FAR RT LONG MOTION - SCAT RT VERTICALS



## QB PROGRESSION / READS

Stretched 5 or 7 step drop, hit and throw.  
MFC: work away from the FS to Short 4 to R.  
MFO: work bender to Check Down.

## BLITZ ADJUST

Built in.

## PROTECTION

Scat, Lou/ Ron, Shot

## FORMATION / MOVEMENT

Double (Fly, Zoom)  
Dual  
Far Slot, Long Motion  
Trips, Long Rex

# SCAT X DRAG H FLAT/ SWING

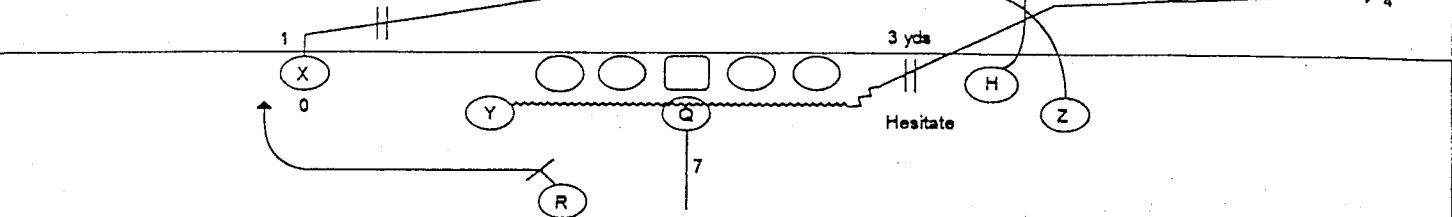
BUNCH RT FLY- SCAT X DRAG H FLAT/ SWING

20

15

10

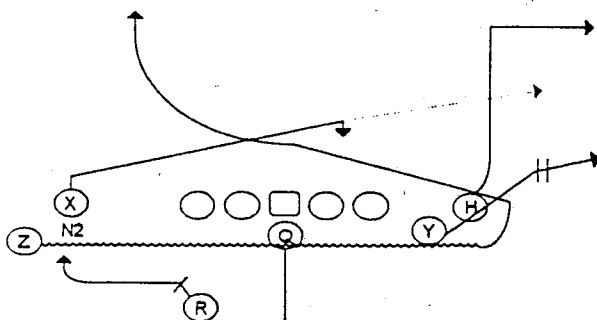
5



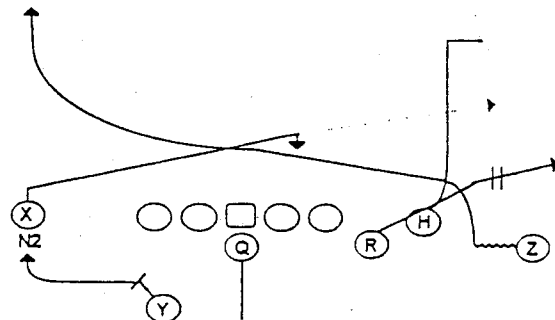
## ASSIGNMENTS

- X: (#1 Weak) Run 0 route. Rub underneath the 2 route. Work off the Off Hook Defender, run away vs M/M. Use an Nasty 2 alignment.
- Y: (#3 Strong) Alert pop, run 1 route. Hesitate on the release.
- Z: (#1 Strong) Run 2 route at 5-7 yards. Deepen after the mesh. No zone read.
- H: (#2 Strong) Run 7 route. Outside release vs press.
- R: (#2 Weak) Check protection assignment, run Swing (possible full time)

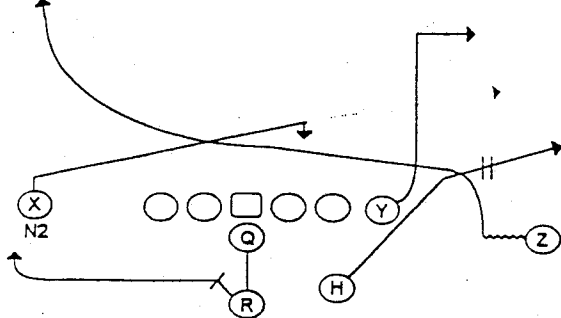
### BUNCH RT ZOOM- SCAT X DRAG H FLAT/ SWING



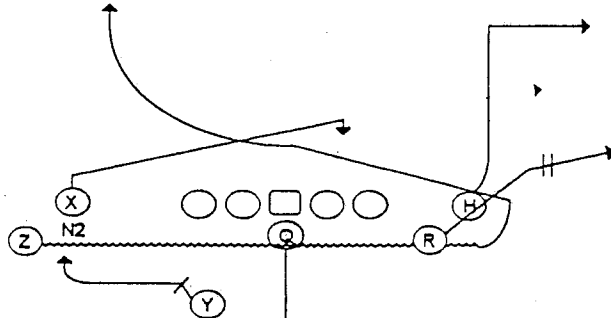
### STORM BUNCH RT ZIP- SCAT X DRAG H FLAT/ SWING



### NEAR RT ZIP- SCAT RT 072 H FLAT/ SWING



### STORM BUNCH RT ZOOM- SCAT RT X DRAG H FLAT/ SWING



### QB PROGRESSION / READS

Strongside progression. Control 7 step drop. Work Flat to Corner to Crossing route. You can work on the 7 route if you have the time and come off to the Flat late. Down and Distance can change priority.

### BLITZ ADJUST

W/S:  
QB- #1 or Flat route strong

Strong Dog or Blitz:  
QB #3 strong- Flat route

### PROTECTION

Scat

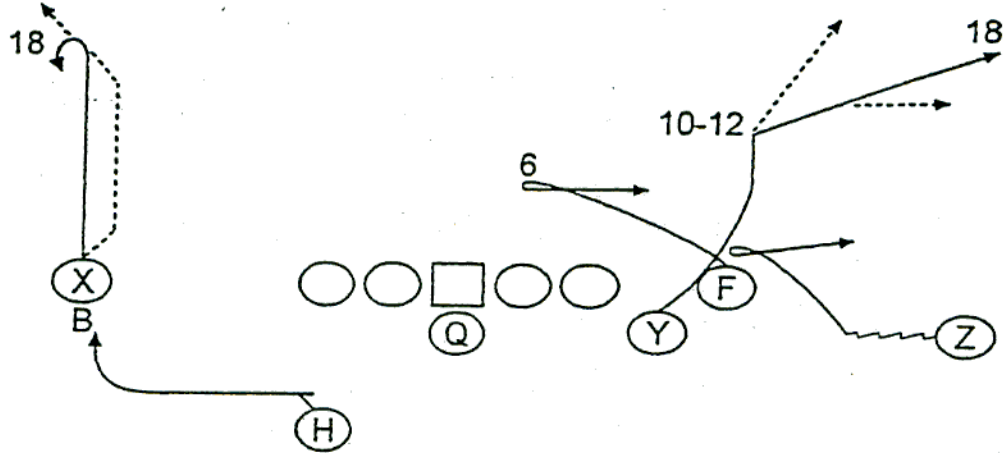
### FORMATION / MOVEMENT

Shop to Bunch Rt  
Z Orbit

FLEX - FLEX FLY - TWINS  
- TWINS FLY

# Z TEEN

BUNCH RT ZIP SCAT RT Z TEEN



## ASSIGNMENTS

X: 5 ROUTE. READ-IT.

Y: 7 ROUTE.

Z: TEEN ROUTE.

F: PIVOT 6 ROUTE.

H: CHECK. SWING ROUTE.

## NOTES

QB: 5 STEP DROP. Z - F - Y.

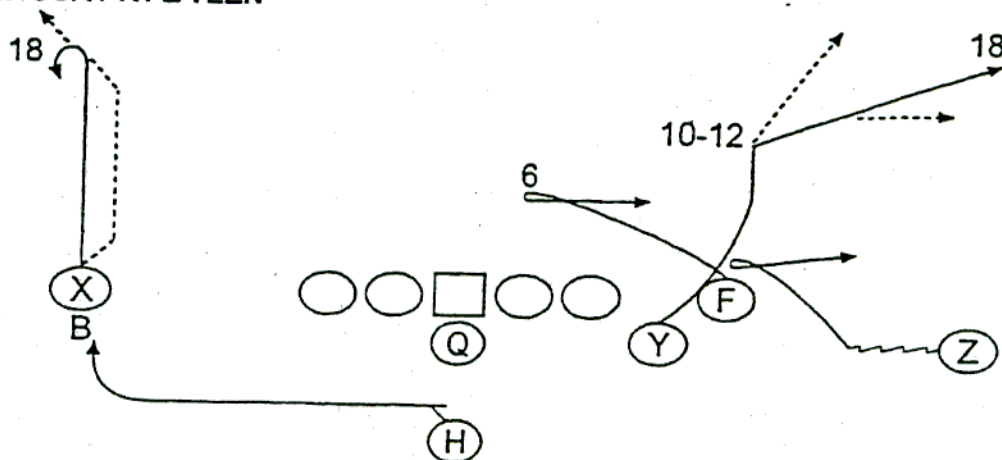
## PROTECTIONS

SCAT

## FORMATIONS-MOVEMENTS

BUNCH ZIP

BUNCH RT ZIP SCAT RT Z TEEN



## ASSIGNMENTS

X: 5 ROUTE. READ-IT.

Y: 7 ROUTE.

Z: TEEN ROUTE.

F: PIVOT 6 ROUTE.

H: CHECK. SWING ROUTE.

## NOTES

QB: 5 STEP DROP. Z - F - Y.

## PROTECTIONS

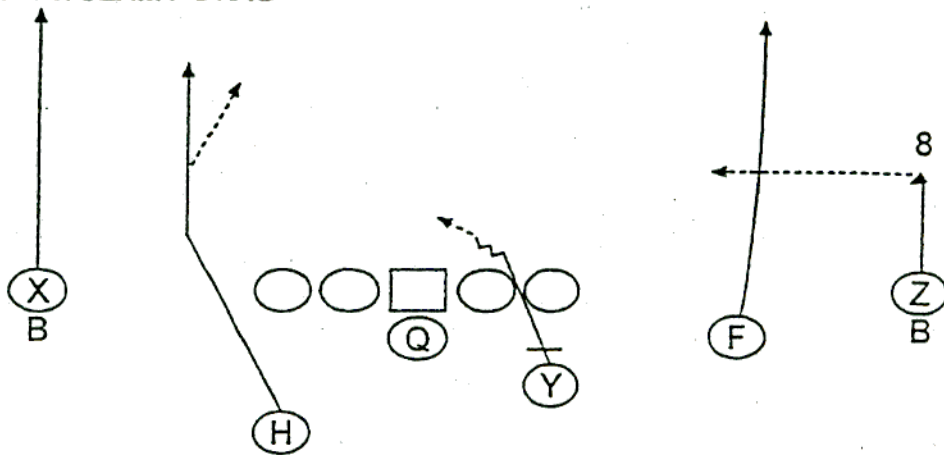
SCAT

## FORMATIONS-MOVEMENTS

BUNCH ZIP

# 996 H SEAM / F DRAG

TWINS RT LOU 996 H SEAM F DRAG



## ASSIGNMENTS

- X: 9 ROUTE.
- Y: CHECK. DRAG ROUTE.
- Z: 8 YARD 6 ROUTE. HUNT-IT ACROSS FIELD.
- F: SEAM ROUTE.
- H: SEAM ROUTE. HOT. READ M.F.C. or M.F.O.

## NOTES

QB: 7 STEP DROP. H - Y - Z.

## PROTECTIONS

LOU/RAY - SMOKE

## FORMATIONS-MOVEMENT

TWINS

## THE CONCLUSION



## THE CONCLUSION

## THE CONCLUSION

## THE CONCLUSION

## THE CONCLUSION

## THE CONCLUSION

## THE CONCLUSION

## THE CONCLUSION



## THE CONCLUSION



## THE CONCLUSION



## THE CONCLUSION

## THE CONCLUSION

## THE CONCLUSION

## THE CONCLUSION

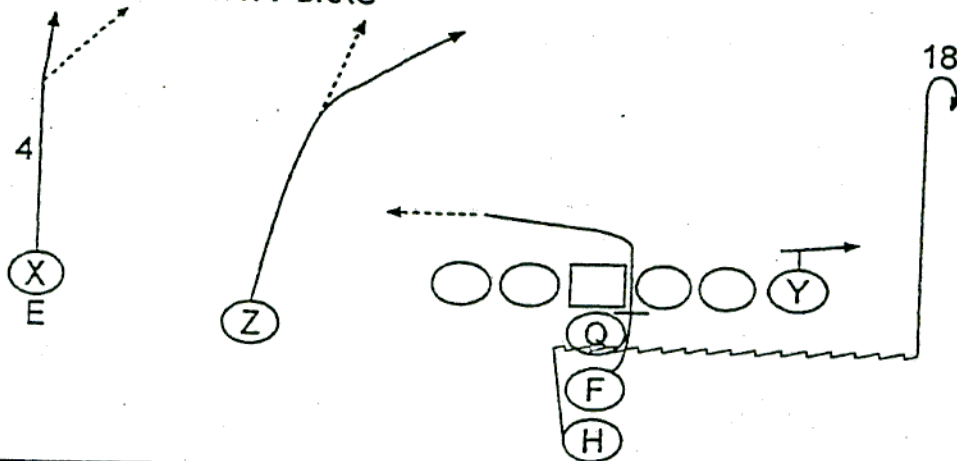
## THE CONCLUSION

## THE CONCLUSION



# 588 RUN IT F DRAG

I RT SLOT TOY SLIDE RT 588 RUN IT F DRAG



## ASSIGNMENTS

X: 8 RUN-IT.

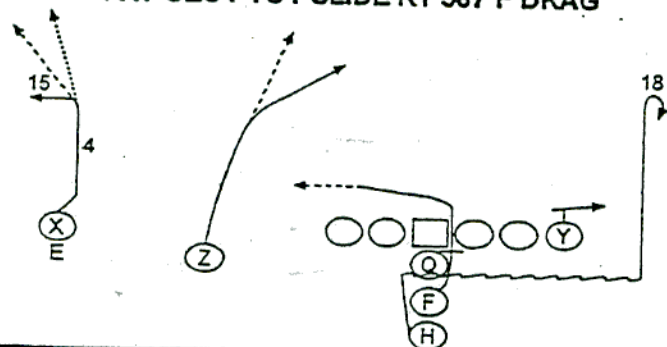
Y: PROTECTION. FLAT ROUTE LATE.

Z: INSIDE CROSSING 8 ROUTE.

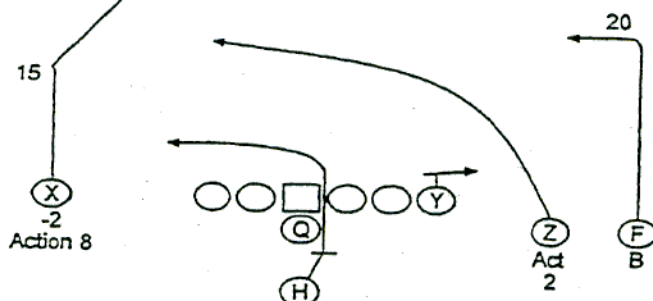
F: CHECK. CHECK DOWN ROUTE.

H: TOY MOTION. 5 ROUTE.

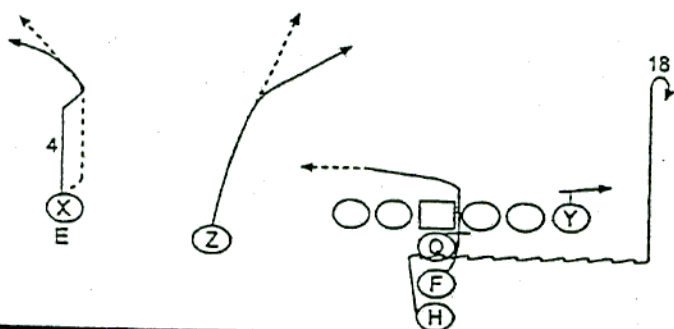
I RT SLOT TOY SLIDE RT 587 F DRAG



TREY RT SLIDE RT 824 H DRAG



I RT SLOT TOY SLIDE RT 587 SHAKE F DRAG



## NOTES

QB: 5 STEP DROP. X - F vs ZONE. Z - F vs MAN.

## PROTECTIONS

SLIDE

## FORMATIONS-MOVEMENTS

I SLOT TOY - TREY - TWINS



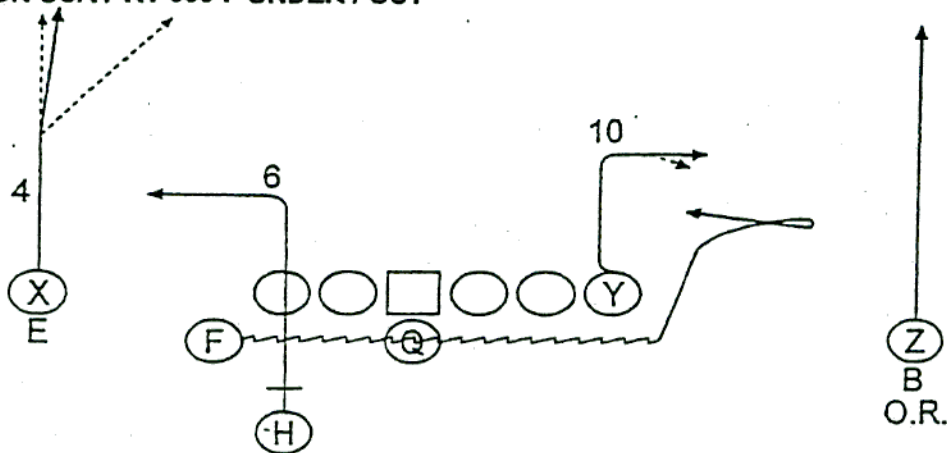
[illegible]

H: CHECK. SWING ROUTE.

FLANK - FLEX

# 839 F UNDER / OUT

TRIPS RT MOTION SCAT RT 839 F UNDER / OUT



## ASSIGNMENTS

X: 8 ROUTE.

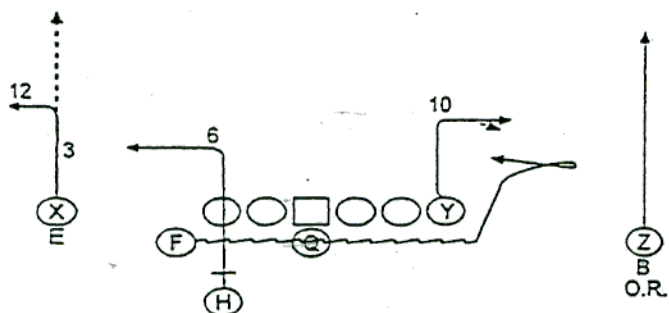
Y: 10 YARD 3 ROUTE.

Z: 9 ROUTE. HOT.

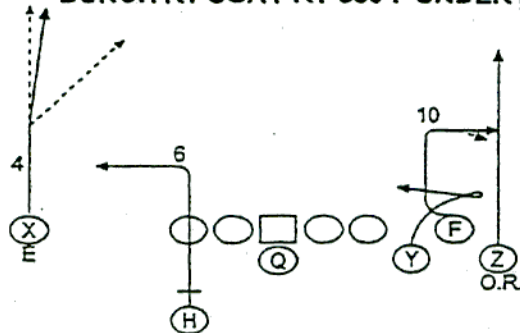
F: UNDER ROUTE.

H: CHECK. OUT ROUTE.

TRIPS RT MOTION SCAT RT 339 F UNDER / OUT



BUNCH RT SCAT RT 839 F UNDER / OUT



## NOTES

QB: 7 STEP DROP. F - Y - H. X BASED ON COVERAGE.

## PROTECTIONS

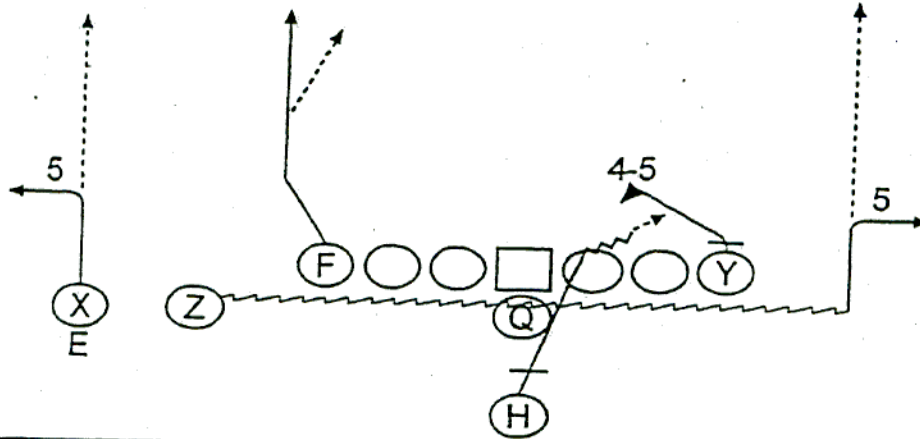
SCAT

## FORMATIONS-MOVEMENTS

TRIPS - TRIPS MOTION  
- BUNCH - BUNCH FLY

# 363 F SEAM

DEUCE RT ZOOM QUICK ACE RT 363 F SEAM



## ASSIGNMENTS

X: QUICK 3 ROUTE.

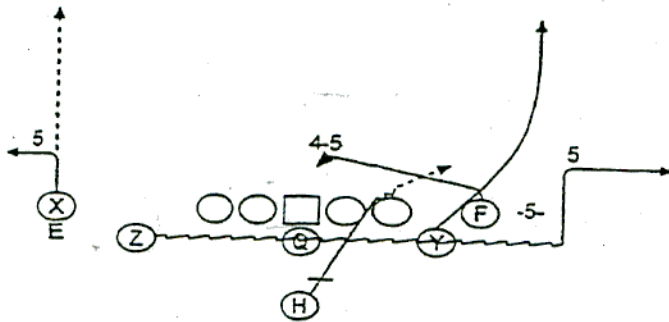
Y: SHORT 6 ROUTE.

Z: QUICK 3 ROUTE.

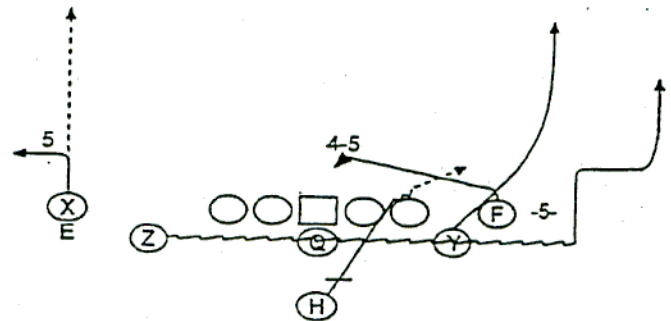
F: SEAM ROUTE.

H: CHECK. STRONGSIDE SNEAK.

BUNCH RT ZOOM QUICK ACE RT 363 F SEAM



BUNCH RT ZOOM QUICK ACE RT 363 PUMP F SEAM



## NOTES

QB: 3 STEP DROP to X or Z. QUICK 5 to Z IN ZOOM.  
CHOICE or X or Z. Y - H as CHECKDOWN.

## PROTECTIONS

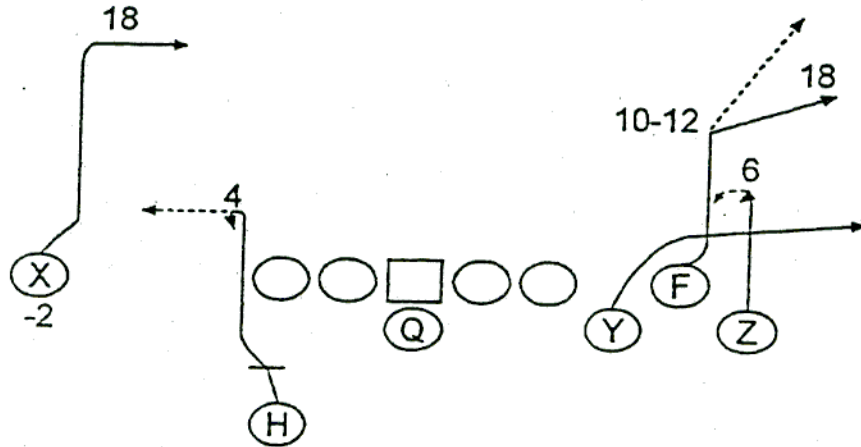
QUICK ACE

## FORMATIONS-MOVEMENTS

DEUCE ZOOM - FIT DEUCE  
ZOOM - BUNCH ZOOM

# 71 F FLAT

BUNCH RT SCAT RT 71 F FLAT



## ASSIGNMENTS

X: SEAM 4 ROUTE.

Y: FLAT ROUTE. HOT.

Z: 1 ROUTE. RUN-IT.

F: 7 ROUTE.

H: CHECK. HOOK ROUTE.

## NOTES

QB: 5 STEP DROP. Y - Z - F. X - H vs STRONG CLOUD.

## PROTECTIONS

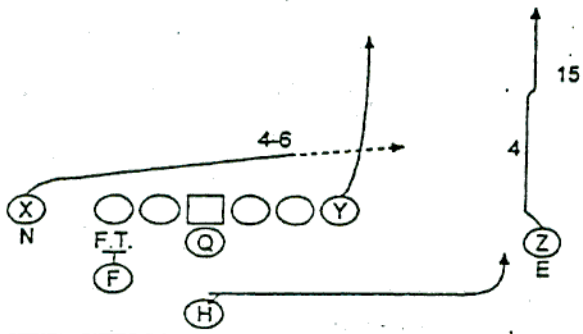
SCAT - ACE

## FORMATIONS-MOVEMENTS

BUNCH - BUNCH ZIP  
- BUNCH ZOOM

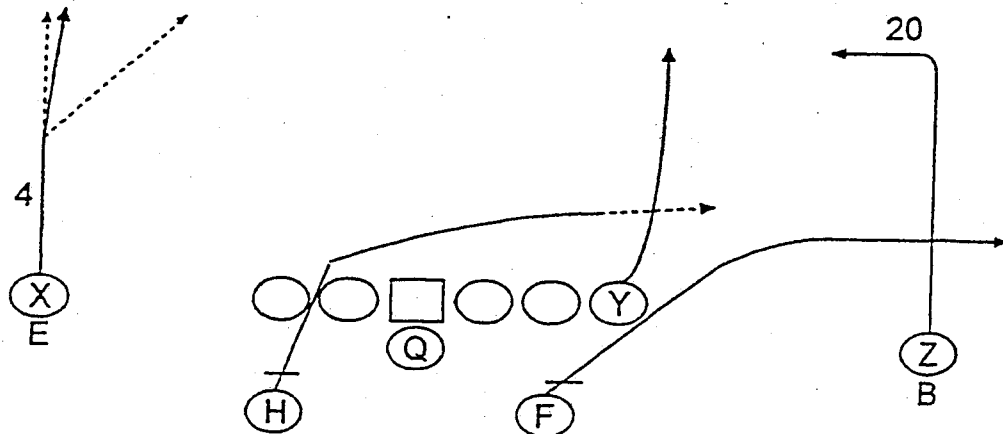
#1

QUEEN RT RIP 097 PUMP



SPLIT RT LIZ 894 RICKY

094 RICKY / LUCKY



## ASSIGNMENTS

X: 8 ROUTE.

Y: CLEARING 9 ROUTE.

Z: 4 ROUTE.

F: CHECK. FLAT ROUTE.

H: CHECK. SNEAK.

## NOTES

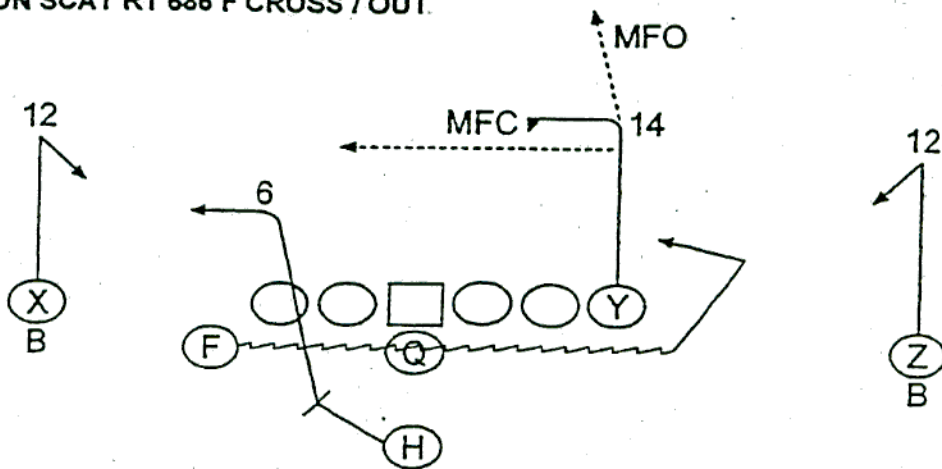
QB: 7 STEP DROP. X BASED ON COVERAGE. Z - H - F.

## PROTECTIONS

RIP/LIZ - ACE

## FORMATIONS-MOVEMENTS

SPLIT - JACK - TRIPS



## ASSIGNMENTS

X: 6 ROUTE.

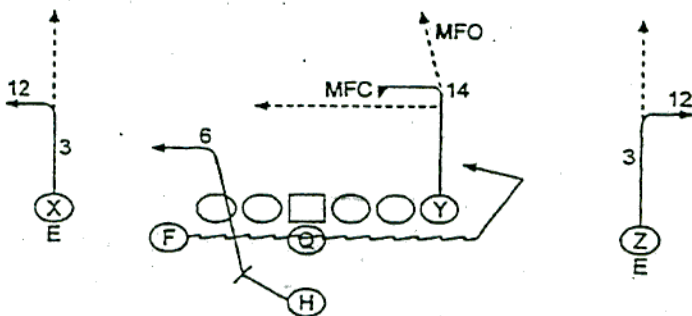
Y: 8 ROUTE. HOT.

Z: 6 ROUTE.

F: CROSS ROUTE. HOT.

H: CHECK. OUT ROUTE.

## TRIPS RT MOTION SCAT RT 383 F CROSS / OUT



## NOTES

QB: 5 STEP DROP. F - Y vs M.F.O. F - Z vs M.F.C.

## PROTECTIONS

SCAT

## FORMATIONS-MOVEMENTS

TRIPS MOTION - JACK  
- SPLIT

[illegible]

X: 8 ROUTE.  
Y: 5 ROUTE.  
Z: CROSSING 8 ROUTE. HOT.  
F: ARROW ROUTE. HOT.  
H: CHECK. OUT ROUTE.

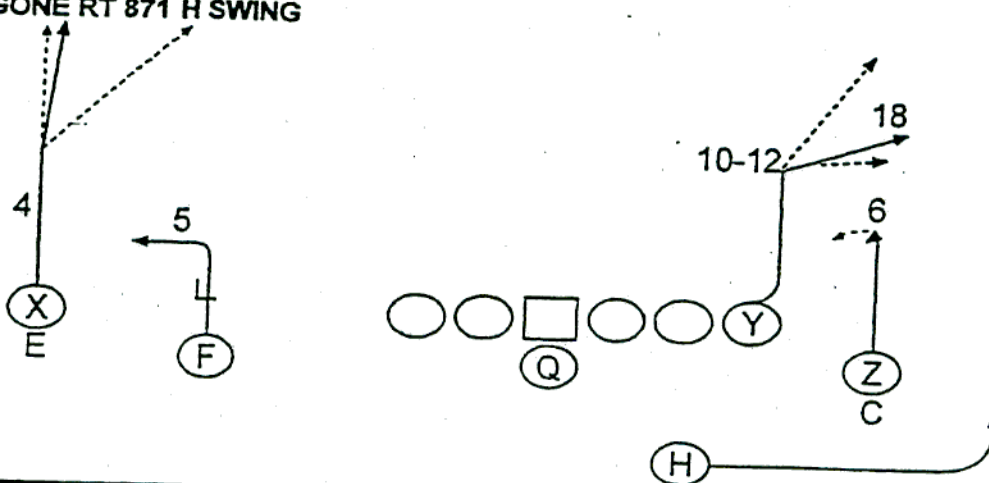
QB: RED ZONE ONLY. 5 STEP DROP. Z - F - Y.

## SCAT

BUNCH ZIP - JACK ZIP  
- JACK FLING



DOUBLE RT GONE RT 871 H SWING



## ASSIGNMENTS

X: 8 ROUTE.

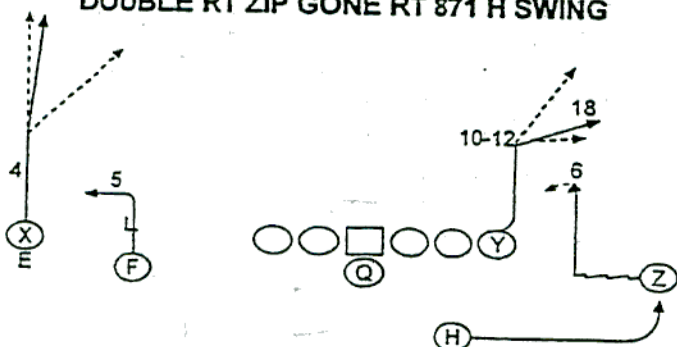
Y: 3 ROUTE.

Z: 1 ROUTE. NO CONVERSION.

F: FLAT ROUTE / QUICK 3 ROUTE. HOT.

H: SWING ROUTE. HOT.

DOUBLE RT ZIP GONE RT 871 H SWING



## NOTES

QB: 5 STEP DROP. Z - H - Y.

## PROTECTIONS

GONE

## FORMATIONS-MOVEMENTS

DOUBLE - DOUBLE ZIP

# LUCKY/ RICKY 760 H WHEEL/ SWING

NEAR RT ZIP- 760 H SHOOT/ SWING

20

15

10

5

1

## ASSIGNMENTS

X: (#1 Weak )Run 7 route.Sight adjust off #4. Inside alignment.

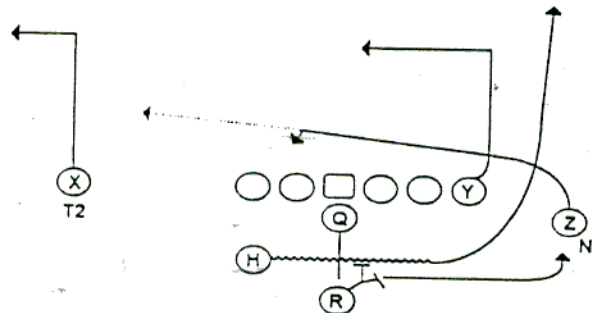
Y: (#2 Strong) Run 6 route at 10-12 yards. Outside release.

Z: (#1 Strong) Run 0 route. In zone settle between the Hooks. Vs M/M, run away.

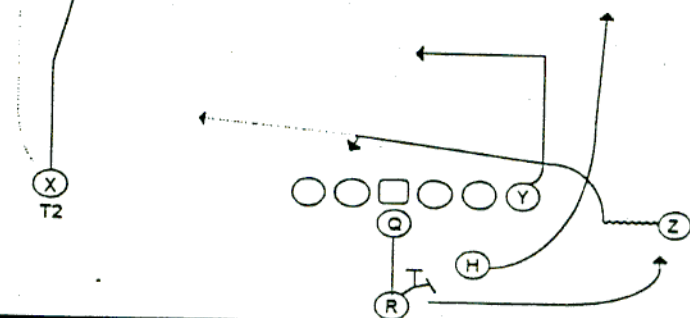
H: (#3 Strong) Check, run Wheel.

R: (#4 Strong) Check protection assignment, run swing.

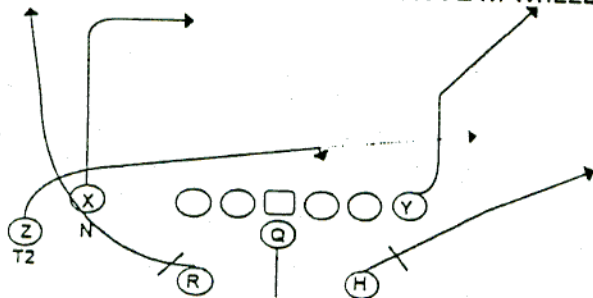
FAR MOTION- LEE 360 H SHOOT/ SWING



NEAR RT ZIP- LUCKY 860 H SHOOT SWING "ZORRO"



SPLIT RT FLOAT SLOT- DEEP 760 FLAT/ WHEEL



## QB PROGRESSION / READS

Quick 7 step drop if LB on H is in M/M. If so, the H is the 1st read, otherwise go to Z to Y. If X is singled, he is the priority.

## BLITZ ADJUST

W/S:  
QB - #1 Weak

Strong Dog or Blitz:  
Lucky will pick it up  
Lee, QB \$& #1 strong

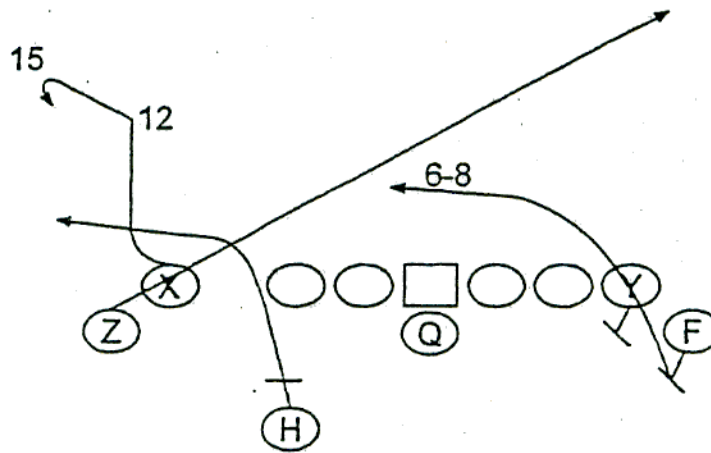
## PROTECTION

Lou/ Ron  
Lucky/ Ricky

## FORMATION / MOVEMENT

Trade Ox  
TwinsTrips Zip

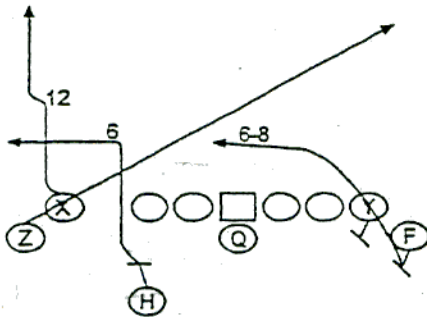
FLOAT RT OTTO LT 078 STOP H FLAT



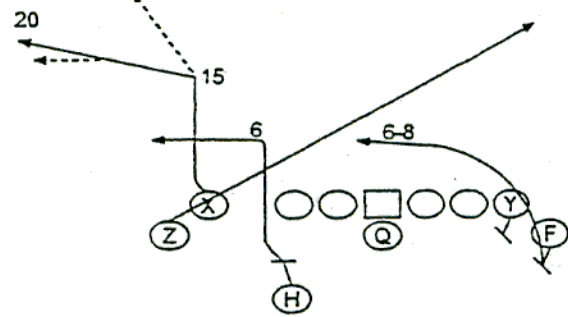
# ASSIGNMENTS

- X: 7 STOP ROUTE.
- Y: PROTECTION.
- Z: CROSSING 8 ROUTE.
- F: CHECK. DEEP ZERO ROUTE.
- H: CHECK. FLAT ROUTE.

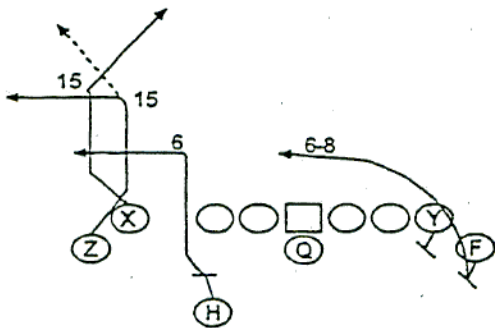
FLOAT RT OTTO LT 078 PUMP H WIDE



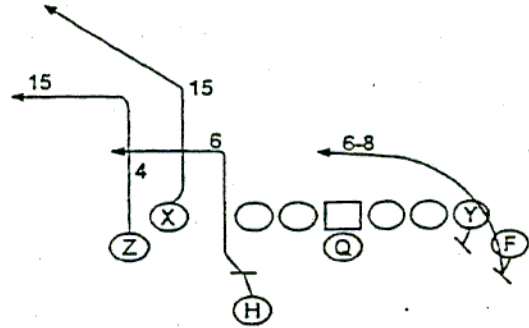
FLOAT RT OTTO LT 078 H WIDE



FLOAT RT OTTO LT 087 H WIDE



FLOAT RT OTTO LT 077 H WIDE



## NOTES

QB: 7 STEP DROP. X - H - F. Z vs PRESS MAN.

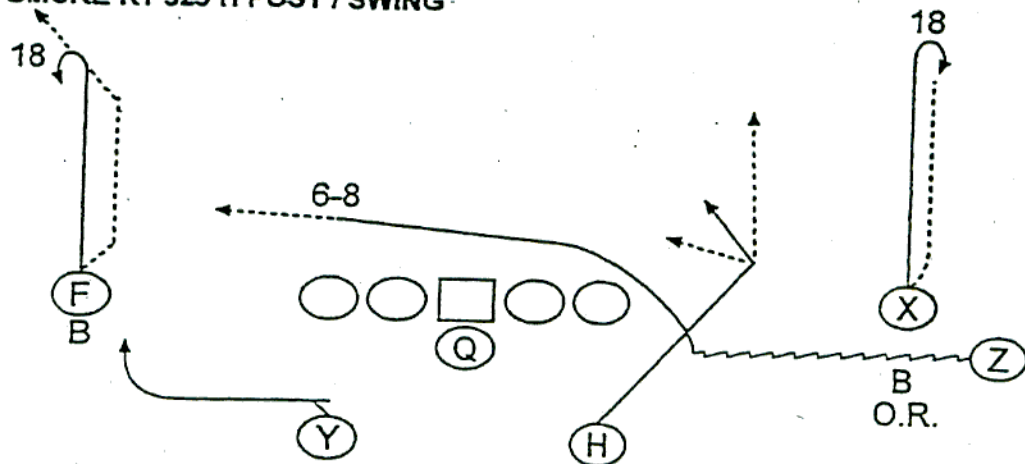
## PROTECTIONS

OTTO

## FORMATIONS-MOVEMENTS

FLOAT - FLOAT ZIP

# FLEX LT ZIP SMOKE RT 525 H POST / SWING



## ASSIGNMENTS

- X: 5 ROUTE. RUN-IT.
- Y: CHECK. SWING ROUTE.
- Z: 2 ROUTE. HOT.
- F: 5 ROUTE. READ-IT.
- H: POST ROUTE. HOT.

## NOTES

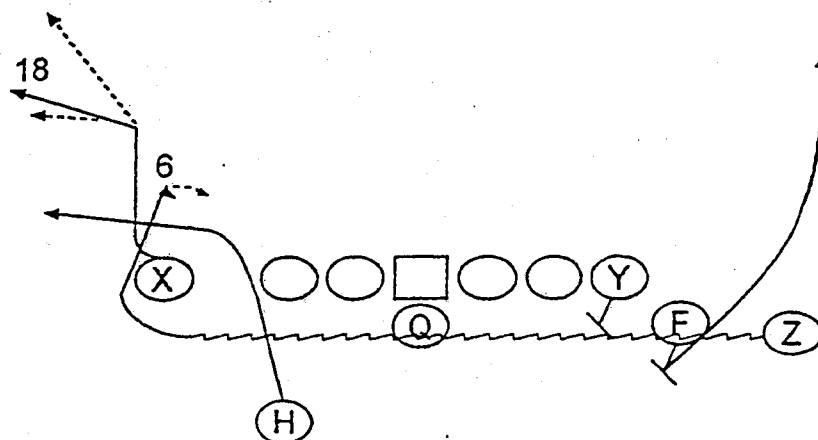
QB: 5 STEP DROP. H - Z - F.

## PROTECTIONS

SMOKE - LOU/RAY

## FORMATIONS-MOVEMENTS

FLEX ZIP



## ASSIGNMENTS

X: 7 ROUTE. MUST OUTSIDE RELEASE.

Y: PROTECTION.

Z: 1 ROUTE. RUN-IT.

F: CHECK. SEAM ROUTE.

H: FLAT ROUTE. HOT.

## NOTES

QB: 5 STEP DROP. H - Z. X vs PRESS MAN.

## PROTECTIONS

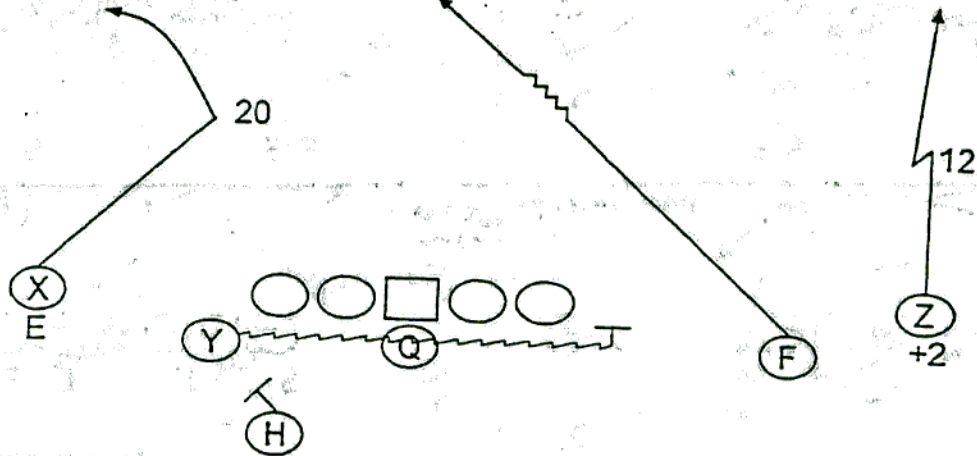
SCRAM

## FORMATIONS-MOVEMENTS

FLOAT - FLOAT ZIP/ZOOM

# BOMB 729

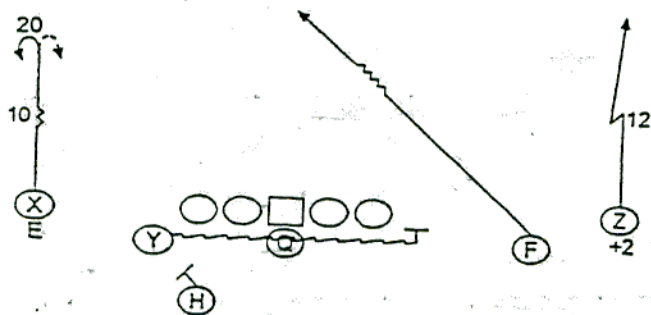
TWINS RT FLY SPEED BOMB 729



## ASSIGNMENTS

- X: DEEP 7 ROUTE. BLUFF CROSSING 8. BREAK ON 7 AT THE HASH 20 YDS DEEP. ADJUST ANGLE.
- Y: PROTECTION.
- Z: 9 PUMP ROUTE.
- F: CROSSING 8 PUMP ROUTE.
- H: PROTECTION.

TWINS RT FLY SPEED BOMB 529 PUMP



## NOTES

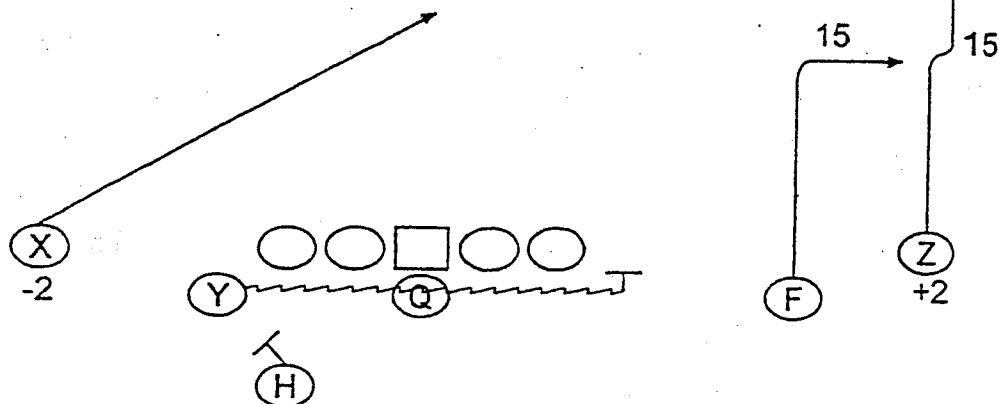
QB: SPEED COURSE. SET-UP 8 YDS DEEP ON HASH.  
X - F.

## PROTECTIONS

SPEED

## FORMATIONS-MOVEMENTS

TWINS FLY



## ASSIGNMENTS

X: CROSSING 8 ROUTE.

Y: PROTECTION.

Z: DEEP 9 PUMP ROUTE.

F: 15 YARD 3 ROUTE.

H: PROTECTION.

## NOTES

QB: SPEED COURSE. PULL-UP OUTSIDE HASH  
8-10 YARD DEEP. PUMP 3 ROUTE ON THE  
RUN - HIT 9 PUMP. TAKE 3 ROUTE IF OPEN.

## PROTECTIONS

SPEED

## FORMATIONS-MOVEMENTS

TWINS FLY

## RED BALL (2 Minute)

The QB will initiate Red Ball by calling a play in the huddle and pre-empt the call by saying, "Go to Red Ball."

The receivers will always line up in the previous formation. The QB will call out "Red Ball" if he wants to stay in Red Ball. He will make a huddle signal with his hands and call "Huddle" if he wants to huddle.

The QB will make a protection call by calling odd or even. Odd or even is automatically Bronco Left (odd) or Bronco Right (even). If any other protection is used, the protection will be preceded by a directional call (odd or even). For example, "Scat even, scat even," indicates Scat Right. The protection will be called twice in the cadence and will include the play itself. The last 2 digits of the normal play call will identify the play. For example: "Even 44, Even 44," would mean Bronco Right 844 Ricky. "Scat Even 25, Scat Even 25" would mean Scat Right 525 F-Post/SW. The snap count is always second sound, "Set – hut," after the play called. The whole call at the line would be something like this:

"Even 85, Even 85, Set – Hut." (Bronco Right 585)

Buzz words may replace some numbers to identify plays. Runs are called by using buzz words preceded by Even or Odd. For example:

"Even Post, Even Post" (60 Post)

In order to stop the clock or "kill it", the QB will call "61, 61." The receivers must get into any convenient legal formation as fast as possible. Offensive line gets lined up as quickly as possible. The ball is snapped on the first sound after the second "61."

### Red Ball Menu:

Bronco: (Even, Odd)

844 Lucky/Ricky (44)

585 F-Flat/SW (85)

989 F-Rub/Sneak (89)

686 Pump F-Rub/Sneak (86)

Sm 478 F-Flat/Hook (78)

383 F-Flat/Sneak (83)



5. TWO MINUTE WARNING.
6. REFEREE STOPS PLAY BECAUSE OF CROWD NOISE (25 SECOND CLOCK STARTS ON READY FOR PLAY).
7. TEAM TIME OUT.

**THE CLOCK STOPS BUT STARTS ON REF'S READY FOR PLAY SIGNAL:**

1. ANY OFFICIAL'S TIME OUT (AFTER A REFEREE'S TIME OUT, THE GAME CLOCK IS STARTED WITH THE REFEREE'S WHISTLE IF THE CLOCK WAS RUNNING).
2. QB SACKED WHILE ATTEMPTING TO PASS (5 SECOND DELAY).
3. INJURED PLAYER REMOVED FROM THE GAME (CHARGED TIME OUT INSIDE TWO MINUTE WARNING – IF NO TIME OUTS LEFT AND CLOCK WAS RUNNING, 10 SECOND RUNOFF).
4. PENALTY DURING THE LAST TWO MINUTES WHEN FOUL OCCURRED WITH CLOCK RUNNING (10 SECOND RUNOFF).

**QB 2 MINUTE REMINDERS**

1. Avoid a sack whenever possible. Get rid of the ball! If a sack occurs, check sideline for huddle call. We may change to a 4 minute mode based on field position before the half.
2. Remember, you only have to complete one of four passes to keep a drive going.
3. Once we are down to one time out the QB will use it in one of the following situations:
  - A. 4th down regardless of time on the clock.
  - B. Once we are inside 20 seconds, regardless of the down & distance, and we need a TD to win. The receiver or RB with the ball at the whistle is responsible for calling time out.
  - C. At 5 seconds when we need a field goal to win and we are within range.